Digitalized Format for Self Appraisal Report Year of Appraisal <u>2017-18</u> Code No. (B.P.Ed.) - 114031

(M.P.Ed.) - 124045

Profile of the Teacher Education Institution

- Name of the institution : Bombay Physical Culture Association's College of Physical Education.
 Address for communication
- Bharatiya Krida Mandir, Naigaum Cross Road , Wadala, Mumbai 400 031.

3.	Phone No. (with STD Code)	:	022-2416 86 09
4.	Fax No.	:	022-2417 24 57
5.	E-mail	:	bpcacpe@vsnl.net bpcacpemumbai@gmail.com

- 6. Date of establishment of the institution: 20.06.1978
- 7. Course(s) offered

		•		
1	2	3	4	5
Name of the course in	Stage/level	Duration	Year of starting	Intake
full			the course	approved
B.P.Ed.	Graduate	Two yrs.	June, 1978	100
M.P.Ed.	PG level	Two yrs.	October, 2005	25

8. Name of the University/Examining Body to which the institution is affiliated : University of Mumbai.

9. Number and date of the order of the : •B.P.Ed. Regional Committee granting WRC/OAPW0117/114031/2015/147104 recognition/Permission (course wise) Dated 31.05.2015 •M.P.Ed. WRC/2-32/85-86/2016/C-2418

WRC/2-32/85-86/2016/C-2418 Dated 28.08.2006& Public Notice of WRC dated 15.04.2009

10.	Mode of selection of candidates :	
(a)	Centralized test at the state level	Yes No ✓
(b)	Test conducted by the university	X
(c)	Test conducted by the institution	X
(d)	Test conducted by an independent agency	X
(e)	Based on marks obtained in the qualifying examination	\checkmark
(f)	By the management	X

11. Criteria for admissi

11.	Crit	ceria for admission :	V. NI
	(a)	As per NCTE norms	Yes No ✓
	(b)	Norms superior to NCTE	X
	(c)	In relaxation of NCTE norms with respect to percentage of marks	o minimum X
	(d)	In relaxation of NCTE norms with respect to qualify	ving course X
	(e)	In relaxation of special eligibility provisions of N such as participation in national/regional/state/univ events	
	(f)	In relaxation of professional experience	X
	(g)	In relaxation of professional experience and perf qualifying course	formance in X
12.	Aca	demic calendar of the outgoing academic session(
	(a)	Start of admission	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
	(b)	Closure of admission	D D M M Y Y 1 2 1 0 1 7 D D M M Y Y
	(c)	Start of teaching	D D M M Y Y 1 5 0 9 1 7 D D M M Y Y
	(d)	Last teaching day	D D M M Y Y 3 0 0 4 1 8
	(e)	Number of teaching days	2 2 0
	(f)	Number of days of vacation/break during the acade	emic session 0 2 6
	Aca	demic calendar of the outgoing academic session (
	(g)	Start of admission	D D M M Y Y 1 0 0 7 1 7 D D M M Y Y
	(h)	Closure of admission	D D M M Y Y 0 6 0 9 1 7
	(i)	Start of teaching	D D M M Y Y 1 7 0 7 1 7 D D M M Y Y
	(j)	Last teaching day	D D M M Y Y 3 0 0 4 1 8
	(k)	Number of teaching days	2 2 6
	(1)	Number of days of vacation/break during the acade	emic session $0 2 6$
Acad	emic o	calendar of the outgoing academic session (M.P.Ed	
	(a)	Start of admission	D D M M Y Y 2 1 0 9 1 7 2 D M M Y Y
	(b)	Closure of admission	D D M M Y Y 2 4 1 0 1 7 P P M M Y Y
	(c)	Start of teaching	D D M M Y Y 1 5 0 9 1 7 D D M M Y Y
	(d)	Last teaching day	D D M M Y Y 3 0 0 4 1 7
	(e)	Number of teaching days	2 2 0
	(f)	Number of days of vacation/break during the acade	emic session 0 2 6

Acad	Academic calendar of the outgoing academic session (M.P.Ed2 nd year)		
	(a)	Start of admissionDDMMYY 2 4 0 5 1 7	
	(b)	Closure of admission $ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	
	(c)	Start of teaching 1 5 0 9 1 7	
	(d)	D D M Y Y Last teaching day 3 0 0 4 1 7	
	(e)	Number of teaching days 2 2 6	
	(f)	Number of days of vacation/break during the academic session $\begin{bmatrix} 0 & 2 & 6 \end{bmatrix}$	
13.	Pract (a)	Tice Teaching at School3Total number of practicing teaching days (B.P.Ed.)3(M.P.Ed.) Advance Coaching2	
	(b)	Minimum number of practice teaching lessons given by each 3 0 student (B.P.Ed.) (M.P.Ed.) 0 4	
14.	Pre-p	practice teaching at the institution	
	(a)	Number of pre-practice teaching days (B.P.Ed.)1(simulated/micro-teaching/any other)(M.P.Ed.)	
	(b)	Minimum number of pre-practice teaching lessons given by each 0 5 student(B.P.Ed. &M.P.Ed.)	
	(c)	Total number of demonstration lessons held (B.P.Ed.)15(M.P.Ed.)04	
15.		ninations	
	(a)	Number of sessional tests held for each paper (B.P.Ed. &M.P.Ed.)	
	(b)	Number of assignments for each paper (B.P.Ed.)03(M.P.Ed.)04	
	(c)	Date of commencement of annual examinationDDMMY(B.P.EdI)Seme-I060218	
		Seme-II150518(B.P.EdII)Seme-III111217	
		(B.P.EdII)Seme-III 1 1 1 2 1 7 Seme-IV 2 3 0 5 1 8	
		(M.P.EdI)Seme-I	
		Seme-II 1 5 0 5 1 8 (M.P.EdII)Seme-III 1 1 1 2 1 7	
		Seme-IV 2 3 0 5 1 8	
	(d)	D D M M Y Y Date of declaration of result (B.P.Ed.) Not Declared $$	
	(u)	(M.P.Ed.) Not Declared	
		D D M M Y Y	
	(e)	Date of submission of dissertation300518(Post-graduate course)	
16.	Sah	eme of examination (B.P.Ed. & M.P.EdI & II)	
10.		Yes No	
	(a)	External examination only	
	(b)	Internal and external examinations \checkmark	
	(c)	Internal examination only X	

17. Student support and progression (B.P.Ed. 2016-17)

(B.P.Ed- I. 2016-17)

(a)	Number of students who appeared in the final examination	0 7 2
(a)	Number of students who passed in the examination	0 7 2
(b)	Number of students who failed in the examination	0 0 0
(c)	Number of students who joined higher studies	N I L
(d)	Number of students who took up teaching employment	N I L

(e) Number of students who secured employment through the N I L institution

(B.P.Ed- II. 2016-17)

(a)	Number of students who appeared in the final examination	0 8 6
(b)	Number of students who passed in the examination	0 8 6
(c)	Number of students who failed in the examination	0 0 0
(d)	Number of students who joined higher studies	0 0 5
(e)	Number of students who took up teaching employment	0 3 5
(f)	Number of students who secured employment through the	e 0 1 0

(M.P.Ed- I. 2016-17)

institution

(a)	Number of students who appeared in the final examination	0 2 5
(b)	Number of students who passed in the examination	0 2 5
(c)	Number of students who failed in the examination	0 0 0
(d)	Number of students who joined higher studies	N I L
(e)	Number of students who took up teaching employment	N I L
(f)	Number of students who secured employment through the institution	N I L

(M.P.Ed- II. 2016-17)

18.	(a)	Number of students who appeared in the final examination	0 2 5
10.	(b)	Number of students who passed in the examination	0 2 5
	(c)	Number of students who failed in the examination	0 0 0
	(d)	Number of students who joined higher studies	0 0 2
	(e)	Number of students who took up teaching employment	0 1 8
	(f)	Number of students who secured employment through the institution	0 0 5

Teaching Resources (B.P.Ed. & M.P.Ed.-I & II)

			Yes No
	(a)	Principal/Head of the Department is in position	\checkmark
	(b)	Number of teachers employed on full-time basis	0 9
	(c)	Number of teachers employed on part-time basis	0 0
	(d)	Number of Guest lecturers engaged (M.P.Ed.)	0 1
	(e)	Number of teachers on regular scale of pay	0 9
	(f)	Number of teachers on consolidated remuneration	0 0
	(g) (h)	Number of teachers with qualifications as per NCTE norms Number of teachers yet to qualify NET/SET	0 9 0 1
	(i)	Number of teachers yet to obtain post-graduate degree in educat	ion 0 0
	(j)	Number of teachers without school experience	0 0
19.	Prof	fessional Development of Teachers (B.P.Ed. &M.P.EdI & II)	
	(a)	Number of teachers who attended in-service courses during preceding year	g the $0 3$
	(b)	Number of teachers enrolled in part-time post-graduate cour education (M.Ed./M.A.(Education)/M.Phil)	se in 0 0
	(c)	Number of teachers enrolled in full-time post-graduate cour education (M.Ed./M.A.(Education)/M.Phil)	se in 0 0
	(d)	Number of teachers enrolled in Ph.D. programme	0 0
	(e)	Number of teachers who participated in seminars/confere workshops	nces/ 0 9
	(f)	Number of papers published by the teachers	1 3
	(g)	Number of teachers who received professional recognition/awar	rds 0 2
20.	Lan	d and Building (B.P.Ed. &M.P.Ed.)	Yes No
	(a)	Institution functions from its own building	\checkmark
	(b)	Institution functions from a rented building	X
	(c)	Institution building is under construction	X
	(d)	Institution building is shared for running another course(s)	X
	(e)	Title of the land is on free-hold ownership basis	\checkmark
	(f)	Title of the land is on long-lease as per law	\checkmark
21.	Edu	icational Technology (B.P.Ed. &M.P.EdI & II)	
	(8	a) Number of computers with supporting accessories	4 2
	(1	b) Access to Internet	Yes No
	(0	c) Number of hands - on experience hours provided to each stu week	dent per 0 2
	(0	d) Number of education related CD-ROMs available	0 7 5



	(e	e) Number of education related video-cassettes available	0 1 5
	(f) Number of education related audio-cassettes available	0 2 5
22.	(g	y) Website of the institution	Yes No
	(ł		
	(i		\checkmark
	G		
	(k		\checkmark
	(1) Availability of public-address system	\checkmark
Libra	ry res	ources (B.P.Ed. &M.P.EdI & II) (2017-18)	
	(a)	Number of books in the library 0 6	6 7 3
	(b)	Number of books added to the library during the preceding year 0	1 2 0
	(c)	Total Number of educational journals/periodicals being subscribed	0 3 1
	(d)	Number of encyclopedias available in the library	3 3
	(e)	Number of books available in the reference section of the $\boxed{0}$ library	1 5 0
	(f)	Total seating capacity in the library	0 6 0
23.		ts and Physical Education Resources (B.P.Ed. & M.P.EdI & tution has	II) Yes No
23.			,
23.	Insti	tution has	Ýes No ✓
23.	Insti (a)	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on	Ýes No ✓
23.	Insti (a) (b)	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis	Ýes No ✓
23.	Insti (a) (b) (c)	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall	Ýes No ✓
23.	Insti (a) (b) (c) (d)	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium	Ýes No ✓
23.	Insti (a) (b) (c) (d) (e)	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium Facilities for athletics	Ýes No ✓
	Insti (a) (b) (c) (d) (c) (d) (e) (f) (g) (h)	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium Facilities for gymnasium Facilities for athletics Facilities for Health Education Facilities for Anatomy Lab Facilities for Physiology Lab	Ýes No ✓
Organ	Insti (a) (b) (c) (d) (c) (d) (e) (f) (g) (h) nizatio	 Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium Facilities for athletics Facilities for Health Education Facilities for Anatomy Lab Facilities for Physiology Lab Fan and Management 	Ýes No ✓
	Insti (a) (b) (c) (d) (c) (d) (e) (f) (g) (h) nizatio Insti	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium Facilities for athletics Facilities for thealth Education Facilities for Anatomy Lab Facilities for Physiology Lab on and Management tution is	Yes No \checkmark \land
Organ	Insti (a) (b) (c) (d) (c) (d) (e) (f) (g) (h) nizatio	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium Facilities for gymnasium Facilities for athletics Facilities for Health Education Facilities for Anatomy Lab Facilities for Physiology Lab on and Management tution is Government owned	Yes No \checkmark
Organ	Insti (a) (b) (c) (d) (c) (d) (e) (f) (g) (h) nizatio Insti	tution has Playground (football/hockey etc.) Playground (football/hockey etc.) of another institution on sharing basis Gymnasium/Multipurpose hall Facilities for gymnasium Facilities for athletics Facilities for thealth Education Facilities for Anatomy Lab Facilities for Physiology Lab on and Management tution is	Yes No \checkmark \land

	(c)	University Department X
25.	(a)	Minimum emoluments (basic pay and allowances) paid $6 0 8 0 4$ to teachers on regular appointment is (B.P.Ed.)
	(b)	Minimum emoluments (basic pay and allowances) paid
	(c)	Minimum consolidated remuneration paid to teachers is
	(d)	Per lecture honorarium paid to guest lecturers is (M.P.Ed.) 5 0 0
		Yes No
26.	(a)	Salaries are paid in cash
	(b)	Salaries are paid through account payee cheque
27.	(a)	Salaries are disbursed each monthYesNo✓
	(b)	Teachers are paid salary for the vacation period \checkmark
Expe	nditu	re and Receipts (2016-17)(B.P.Ed.)
28.	(a)	Salaries paid to teaching staff during the 2 6 7 0 7 3 3 5 preceding financial year
	(b)	Salaries paid to non-teaching staff during the - 4 5 0 5 3 2 6 preceding financial year
	(c)	Amount spent on utilities during the 2 0 1 8 4 1 6 preceding financial year
	(d)	Amount spent on purchase of books and journals for the library during the preceding financial year
	(e)	Amount spent on purchase of equipment during the preceding financial year
	(f)	Amount spent on purchase of furniture during
	(g)	Amount spent on capital expenditure during the preceding financial year
	(h)	Amount spent on contingencies during the preceding financial year
Expe	nditu	re and Receipts (2016-17)(M.P.Ed.)
28.	(a)	Salaries paid to teaching staff during the <u> 5 0 8 9 0 0</u> preceding financial year
	(b)	Salaries paid to non-teaching staff during the <u> 1 8 8 7 5 0</u> preceding financial year
	(c)	Amount spent on utilities during the - 6 5 2 4 5 4 preceding financial year
	(d)	Amount spent on purchase of books and <u></u> journals for the library during the preceding financial year
	(e)	Amount spent on purchase of equipment <u></u>

	(f)	Amount spent on purchase of furniture during <u> 1 0 2 0 0</u> the preceding financial year
	(g)	Amount spent on capital expenditure during <u></u> the preceding financial year
	(h)	Amount spent on contingencies during the 8 3 6 3 preceding financial year
For]	B.P.E	d.
29.	(a)	Amount carried forward from the previous <u></u> financial year
	(b)	Receipts from fees (tuition and all other fees) - 1 4 7 2 1 9 0 during the preceding financial year
	(c)	Receipts from donation during the preceding <u></u> financial year
	(d)	Receipts from consultancies and extension programmes during the preceding financial year
	(e)	Amount of grants received from the <u>3 1 2 1 3 4 4 4</u> governments during the preceding financial year
	(f)	Income from investments during the - 1 0 6 7 4 0 preceding financial year
For I	M.P.E	d.
29.	(a)	Amount carried forward from the previous <u></u> financial year
	(b)	Receipts from fees (tuition and all other fees) - 1 2 4 1 7 7 0 during the preceding financial year
	(c)	Receipts from donation during the preceding <u></u> financial year
	(d)	Receipts from consultancies and extension programmes during the preceding financial year
	(e)	Amount of grants received from the <u></u> governments during the preceding financial year
	(f)	Income from investments during the <u> 3 1 2 3 9</u> preceding financial year
		Yes No
30.	Exc	ess of expenditure over income \checkmark
		ount of excess of Income over Expenditure P.Ed.) - 3 4 4 9 0 2 Yes No
	Exc	ess of expenditure over income \checkmark

31. The institutional accounts of the preceding financial year have been audited

Endowment fund and Reserve Fund

- **32.** (a) Amount of Endowment fund (M.P.Ed.)
 - (b) Amount of Reserve fund (M.P.Ed.)
 - (c) Amount of Reserve fund (**B.P.Ed.**)
 - (d) Endowment fund is maintained jointly with NCTE

33. Resume of the institution

Brief appraisal of the overall performance of the institution during the preceding academic session and plans for future development is enclosed herewith.

(Signature of the Head of the Institution/Principal)

Signature of Secretary

-	5	0	0	0	0	0
		-	-	-	-	-
	3	0	0	0	0	0
	5	0	0	0	0	0

Yes	No
\checkmark	

.

 \checkmark

Bombay Physical Culture Association's College of Physical Education, Bharatiya Krida Mandir, Naigaum Cross Road, Wadala, Mumbai – 400 031. (Maharashtra)

Code No. (B.P.Ed.) : 114031 (M.P.Ed.) : 124045

BRIEF APPRAISAL OF THE OVERALL PERFORMANCE AND PLANS FOR FUTURE DEVELOPMENT OF THE INSTITUTION FOR THE ACADEMIC SESSION 2017-18.

The Institution has started its 39thbatch of B.P.Ed. and 20th batch of M.P.Ed. course on 15thSeptember, 2017. The students were admittedthrough Common Entrance Test (CET) conducted by the Government of Maharashtra State, Director of Higher Education, Pune.

The details regarding the overall performance of the institution during the academic session 2017-18, is as under :

I ACADEMIC ACTIVITIES/PROGRAMMES

The College has organized following various curricular, co-curricular and extracurricular activities for B.P.Ed.&M.P.Ed. courses during the year 2017-18.

1.1 Inauguration of two years BPEd Programme

Inauguration of 39th batch of second year B.P.Ed. Programme and 20th batch of M.P.Ed. Programme was organized on 17th July 2017, the function were presided by Shri.SanjayBaburaoShete, President of Bombay Physical Culture Association, Mumbai. Whereas, first year programme of two years BPED &MPEdfor the year 2017-18was started on 15th September 2017.

1.2 House Formation :

For systematic and effective training of B.P.Ed. Programme the House Formation has been conducted in the first week of October of first year students. Both the male and female students were classified equally into three homogeneous groups (Houses) each viz. *Anand, Pratap, Sangram*(male) and *Pragati, Shakti* House (female), by taking into consideration their physical fitness and other achievements.

1.3 Practice Teaching:

All the students of the B.P.Ed. first and second year programme were distributed in to 7 teaching methods of academic subjects (optional teaching method) by taking in to consideration their choice as well as subjects at the graduation level. Students were introduced with the microteaching, bridge lessons and practice-teaching in schools. Before sending them to different schools for practice teaching the students were well prepared under the guidance of concerned method teacher. Model lessons, Demonstration lessons, Audio-Video feedback as well as Discussion sessions were held from time to time, for the purpose.During the second term of the course, the students along with teachers were sent to different schools in small groups for conducting *Practice Teaching Lessons* of Physical Education as well as academic subjects. They were well prepared by conducting micro teaching, Simulation lessons prior to actual practice teaching in schools.

1.4 Transaction of Theory and Practicals :

Theory and practical classes were conducted throughout the year as per the syllabus of B.P.Ed. and M.P.Ed. Programme.

1.5 Terminal Examinations :

First and Second Terminal Examinations of B.P.Ed. (First and Second year) and M.P.Ed. (first and second year)Programmesin Theory and Practicals were conducted at the end of each semester.

1.6 Inter House Competitions/ Intramurals/Athletic Training Camp and Annual Athletic Meet :

In order to train the B.P.Ed. students in Athletic events, 7 days special Training Camp followed by one day Athletic Meet was organized on Standard size Synthetic track at University Sports Complex, Marine Lines, Mumbai, during the month of March, 2017.

Further, for B.P.Ed. Programme on every Saturday, during practical hours, *Interhouse competitions* on various minor games, lead up games, relays as well as nonstandard sports were conducted throughout the year. The intramurals of B.P.Ed. &M.P.Ed. Programmes(Inter House competition) inVolleyball, Hockey, Handball,Kabaddi and Kho-Kho were also organized and conducted by the students.

1.7 Information and Communication Technology(ICT) :

The college has provided computer laboratory with 34 computers and all other required software and hardware including internet facility. The institution has included ICT curriculum by revising the existing syllabus of B.P.Ed. course w.e.f. the year 2014-15. Minimum 20 hrs. hand on experience of ICT has provided to the students as directed by the N.C.T.E. The M.P.Ed. students were also trained in computer application particularly in use of computers and SPSS software for research in Physical Education and Sports.

II CO-CURRICULAR & EXTRA CURRICULAR ACTIVITIES

2.1 Hiking cum Trekking :

As a part of training, one day *Hiking Cum Trekking Programme*to **Matheran**for first year BPEd students and one day Picnic to 'Elephanta Caves' for second year BPEd students was organized on 29th September, 2017. All the teachers and students successfully organized and enjoyed the Hiking, Trekkingand Picnic programme.

2.2 Celebration of National Days :

On the occasions of Independence Day and Republic DayFlag Hosting Ceremony was organized, followed byInter-House Patriotic Group-Singing Competitions

2.3 Election of students council was held in the month of October, 2017

2.4 Value Added Courses :

In order to improve the professional qualities of the studentsValue-added courses such as official classes and examinations of Volleyball, Kabaddi, Kho-Kho, Langadi, Athletics &Certificate Course in Personal Fitness Training, Certificate Course in Gym Management Training were conducted with the help of concerned District Level Sports Organization. All the students appeared for the said examinations.

2.5 Group singing Training:

Three days camp on 25th, 26th& 27th July, 2017 was organized in which the students were trained in various national / patriotic group songs, under the guidance of famous musician and artist Mr. SomnathParab. On 15th August 2017. Independence Day was celebrated the flag were hoisted by the hands of Shri.SanjayShete President BPCA Mumbai,Dr.G.V. Pargaonkar Principal was present on the occasion. After the flag hoisting, Inter house patriotic Group Singing Competition was organized. On the same day all the students along with three faculty Dr. R.R.Dhakne, Dr.K.J. Maru and Dr.N.O.Joshi participated in the programme organized by Cultural Department Government of Maharahstra at Minitheater, Prabhdevi, Dadar.

2.6 Celebration of National Sports day (Elocution Competition and Friendly Match) 'National Sports Day' was celebrated on 29thAugust, 2017 by organizing Elocution Competition on 'Why to Play'. The winners of the same were falicited in the presence of Hon'ble President of B.P.C.A. On the same day friendly match between M.P.Ed. students (Jr Vs. Sr) was also conducted.

2.7 Teachers Day (Self Government and Elocution Competition)

On 5th September, 2017 Teachers day was celebrated by conducting Self Government Programme followed by Elocution Competition on 'Role of Physical Education in National Education'. On the same day elocution competition were organized for students of master degree on 'Awakening of Wisdom Through Quality', the function were presided by Dr.M.M.Gharote of Lonavala, Yoga Institute, Lonavala.

2.8 Constitution Day

On 26th November, 2017 'Constitution Day' was organized in which students were acquainted with various aspects of constitution through speeches, discussion and exhibition.

2.9 Inter School Lezium Competition

As a regular activity of Institution, Inter School Lezium competition was organized on 29thJan.,2018 in which about 1500 boys & girls of 17 schools were participated.

2.10 Inter School Hind Trophy (Kabaddi, Kho-Kho &Langdi)

Institution with the help of college students and faculty had successfully organized 75thInter School Hind Trophy Competition of school children in Kabaddi, Kho-Kho &Langadi during 10th to 12th January 2018 in which 972 boys and 660 girls of different schools were participated.

2.11 Marathi Bhasha Gaurav Din

On 17th February 2018 Marathi Bhasha Gaurav Din' was celebrated on this occasion students read rhymes and poetry, some students deliver lecture on 'Vikas Marathi Bhashecha (development of Marathi language).

2.12 University Degree Distribution Ceremony

On 17thMay, 2018 University Degree Distribution function was organized in the college President of the Institution Shri.Sanjay Shete presided over the function, Dr.G.V. Pargaonkar,Principal of the college was present on the occasion.

2.13 International Day of Yoga

International day of Yoga was organized on 21st June 2017 in which all the teachers were participated, on this occasion. Shri.DilipPotdar, Yoga expert had deliver lecture on 'Yoga demonstration and meditation'.

2.14 Workshop

One day workshop on 'Maharashtra Public University Act 2016' was organized on 23rd June 2017. On the said occasion, Principals and Heads of various Institutions including Principal Dr. T. A. Shiware, Prin. Vanjari, Dr. BalkrishnaBhosale, Dr. RavindraKardhadi, PrinLahuPachang, Prin. SuhasiniSant, Prin. GeetaBalkhrishna, Prin. ShobhanaMenon, Prin. GeetaBalkrishna, prin. RajpalHande, Prin. UddavBhosale, Prin Ajay Bhambare, Prin. RajpalHande, Prin. Madhu Nair, Prin. V.B. Rokade, Prin. Shirhatti etc. were participated.

2.15 Scout & Guide Training Camp

To give training and experience, six days Scout & Guide training camp was organized at Shantivan near Panvel during 17-22 Dec.,2017.

2.16 VachanPrerna Din

15th Oct.,2017 on the occasion of birth anniversary of President of India late Dr.APJ Abdul Kalam 'VachanPrerna Din' was celebrated the function was presided by Prin.Dr.G.V. Pargaonkar.

2.17 National Conference on Sports Psychology :

28th National Level Conference on Sports Psychology had been organized during Dec 28 – 30, 2017 at BhartiyaKridaMandir, Wadala, Mumbai. The said three days Conference had been organized by B.P.C.A's College of Physical Education under the aegis of Sports Psychology Association of India (SPAI) as well as with the approval & funding of Ministry of Youth, Affairs & Sports, Govt of India. The main theme of the Conference was about, "Contemporary issues of Sports Psychology in the 21st Century".

Hon'ble Vice Chancellor (Acting) of the University of Mumbai Prof. Dr. DevanandShinde inaugurated 28th National level conference on 28th Dec, 2017 at 10 a.m. followed by the Keynote Address of Dr.M.L.Kamlesh. Poster presentation session was organized on second day. On third day, scientific session with panel discussion took place. The Concluding function was held on 30th Dec, 2017 at 2.30 pm in the presence of Hon'ble Mayor of Mumbai Prin. Shri VishwanathMahadeshwar. Many eminent speakers & experts in the field of Sports Psychology including Dr.M.L.Kamlesh (Punjab), Dr.DileepDureha (Vice Chancellor, Lakshmibai National Institute of Physical Education, Gwalior), Prof. Jayashree (Gwalior), Dr.K. Gurjar (Gwalior), Dr.ReenaKaul Acharya Ş. (Bangalore), Dr.AnuradhaSolanky (New Delhi), Dr. Lalit Sharma (New Delhi), Dr. Anil Ramachandran (Kerala), Dr. TarasankharDey (Goa), Dr. Manmath Manohar Gharote (Director, The Lonavala Yoga Institute, Lonavla), Dr.TusharkantiBera (Principal, Bharti Vidyapeeth, Pune), Dr. GautamGavli (Mumbai) actively participated and gave their valuable inputs during the conference.

This conference on Sports Psychology had been Patronized by Hon'ble Shri Sanjay BaburaoShete& conducted under the chairmanship of Principal Dr. G.V. Pargaonkar. Dr. Neetu Joshi was the Organizing Secretary of the conference. The important aspects of Sports Psychology including Mental Preparation of Athlete, Body Mind Approach, various psychological techniques & skill training method, Physiological aspects of Sports Psychology, etc were particularly focused by way of presenting Lead talks & scientific papers followed by fruitful discussions. About 200 delegates from different parts of India became part of this event.

	TITLE OF THE PAPER
nakne	A Study of Body Mass Index in Relation to Motor Fitness Components of School Going Children
	Involved in Physical Fitness
olheDr.G.K.Dhokrat	A Study of Effect of Football Training Programme
	on the basis of Stress of Students aged 12 to 14
·	years of Mumbai City
	A Comparison of Selected Physical Fitness and Motor Fitness Components of Higher Secondary
ΠΟΚΙΑΙ	School boys belonging to Slum and Non Slum
	Areas of Mumbai District
g M. Hotkar	A Brief Review of History of Sports Psychology
wari, Dr.Neetu	An Investigation on Anorexia of Students aged
•	14 to 16 years of Mumbai City
	Effect of Aerobic Training Programme on
re, Dr.Neetu Joshi	Personality of Taekwondo Players aged 12-14 Years
	Tears
awade	Effect of Yoga on Cardiovascular Endurance of
	Slum Area Girls of Mumbai
igueiredo,	A Study of Effect of Football Training Programme
nougule	on the basis of Agility of Students aged 12 to 14
	Years of Mumbai City
lraShelke	Survey of Muscular Strength of School Students
	dwelling in Non-Slum & Slum Areas in Greater Mumbai
aiche Coment	
liisha Samant	Availability of Learning Resources in Sports Psychology
	olheDr.G.K.Dhokrat inde nokrat g M. Hotkar wari, Dr.Neetu vi, 'e, Dr.Neetu Joshi awade igueiredo,

Following Faculty members of the college presented the Paper:

Following Students of the college presented the Paper:

SR.NO	PRESENTER	TITLE OF THE PAPER
1	Rajesh Kateshiya (Ph.D)	Effect of Selected Yoga Practices and Relaxation Technique on Selected Psycho-Physical Variables for Army Wing Girls N.C.C. Senior Wing Cadets in Mumbai City
2	ManojVerma (Ph.D)	Effect of Pranayama and Mudras on Emotional Stability & Over-All Adjustment of Junior College Students
3	SachinTambare (Ph.D)	Effect of Judo Training on Flexibility
4	Ramanand Gaikwad (Ph.D)	Utility of Progressive Muscular Stretching and Relaxation Programme for the Promotion of Skill Performance of Volleyball for Boys 13 to 15 Years
5	Rajesh Shigavan (Ph.D)	Utility of Yoga Training for the Promotion of Health Related Physical Fitness of Intellectually Disabled Students
6	Sonica Gill (Ph.D)	A Fitterfly School Survey for BMI Values and Classification Using Indian Academy of Paediatrics Standards
7	SumitKamble (Ph.D)	Effect of Progressive Relaxation Training Programme for the Promotion of Motor Coordination and Performance in Football Boys Aged 13 to 15 Years
8	Swapnil Shetty (Ph.D)	Effect of Specific Training Programme on the Skill Performance of the Basketball Players

9	Deepak Patil (Ph.D)	Effect of Circuit Training Programmed on Selected Motor Fitness Components and Performance Of School Level Kho-Kho Players Aged 13 to 15 Years
10	Monica Gill (Ph.D)	A Fitterfly School Survey for VO ₂ Max Values and Classifications Using Fitness Gram Standards
11	SiddharthWaghmare (Ph.D)	A Comparative Study of Anxiety and Stress Level of Karate and Taekwondo Players of Mumbai City District aged 12 to 14 Years

SR.NO	PRESENTER	TITLE OF THE PAPER
12	DipaliPatil	Effectiveness of Yogic Mudras Training on Mental Health of
	(Ph.D)	Professional Physical Education Female Students
13	LalitDhawde,	A Comparative Study of Selected Physiological Variables of
	NishantPatil	Male Kabaddi and Kho-Kho Players
14	Ambrita More,	Effect of Aerobic Training Programme on Playing Ability of
	JagrutiPatil	Secondary School Kho-Kho Players
	(M.P.Ed – II)	
15	Abhishek Yadav,	A Study of Effect of Football Training Programme on the
	SnehalKhobarekar	Basis of Muscular Endurance of Students Aged 12 to 14
	(M.P.Ed – II)	Years of Mumbai City
16	PratikshaKarkera,	Effect of Aerobic Training on Stress of School girls aged 12
	Vaishali Gupta, B.	to 14 years
	Bhilare (M.P.Ed- II)	
17	SwapnaliTambe,	A Study of Effect of Football Training Programme on the
	ShubhangiPhadtare	basis of Cardiovascular endurance of Students aged 12 to
		14 years of Mumbai City

Following Students of the college presented Posters:

Groups	Presenters	Class	Topics				
	RohitChandan	Delegate	Sports Competitive Anxiety and Stress of				
Ι		Mumbai	Football and Volleyball Players aged 14				
	ShyamsunderSaroj	M.P.Ed - I	Years				
	RajeshkumarBalmiki	M.P.Ed - II					
	KrishnapratikParab	M.P.Ed - II					
II	Nikita Salvi	Delegate	Effect of Aerobic Training Programme on				
		Mumbai	Personality of Taekwondo Players aged 12-				
	ShubhangiPhadtare	M.P.Ed - II	14 Years				
	PradnyaDound	M.P.Ed - I					
	Dr.Neetu Joshi	Asst.Prof					
III	OmkarChavan	Delegate	Effect of Chess Training Programme on				
		Mumbai	General Mental Ability				
	Dr. R.R.Dhakne	Asst.Prof					
		BPCA					
IV	Harish Waidande	Delegate	Effect of Aerobic Training Programme on				
	Kiran Thorat	Mumbai	the Basis of Aggression of Boxers Aged 14				
			to 16 Years of Mumbai City				
v	PratikshaKarkera	M.P.Ed - II	Effect of Yogic practices on General				
,	BhagyashriBhilare	M.P.Ed - II	Wellbeing of Senior Wing Girls of NCC				
,	SanjivaniKamble	M.P.Ed - I					
	Vaishali Gupta	M.P.Ed - I					
VI	Ganesh Yadav	M.P.Ed - II	A Comparative Study of Anxiety and				
	Anwaruzzama Khan	M.P.Ed - II	Stress Level of Karate and Judo Players of				
	HarshadMohite	M.P.Ed - II	Mumbai City District				
	SachinGirane	M.P.Ed - I					
	MayurChavan	M.P.Ed - I	(III Place)				
VII	NishantKolhe	Delegate	Effect of Judo Training Programme on				
,		Mumbai	Stress of School Boys aged 12-14 Years				
	Kalpesh Patel	M.P.Ed - II					
	GayasuddinBalwar	M.P.Ed - II					
	Yogesh Bankar	M.P.Ed - I					
VIII	Anil Pisal	M.P.Ed - II	A Comparative Study of Competitive				
	RandhirBagal	M.P.Ed - I	Sports Anxiety among Football and				
	AdarshKalapurathu	M.P.Ed - I	Volleyball Players				
	Mandar Parab	M.P.Ed - I					
	Abhilash Sharma	M.P.Ed - I					

IX	AtulShinde	M.P.Ed - I	A Comparative Study of Aggression
	ManojGhadshi	M.P.Ed – II	Between Judo and Wrestling Inter-
	Abhishek Yadav	M.P.Ed – II	Collegiate Players of University of Mumbai
	Sunil Yadav	M.P.Ed – I	
X	LoveenaFigueiredo	M.P.Ed – II	Effectiveness of Yogic Exercises on the
	PriyaJadhav	M.P.Ed – I	basis of Psychological Well-being of School
	Ambrita More	M.P.Ed – II	boys aged 12 to 14 years of Thane City

Groups	Presenters	Class	Topics	
XI	Dr.R.R.Dhakne	Asst.Prof	The Science and Psychology of Motivation	
		BPCA	for Athletes	
	OmkarChavan	Delegate		
		Mumbai	(II Place)	
	Ansel Arakal	M.P.Ed – I		
	Royal Dias	M.P.Ed – II		
XII	PratikshaKshirsagar	Ph.D	Effect of Aerobic Exercises On Mental	
	SnehalKhule	M.P.Ed – I	Health of Junior College Girls	
	AishwaryaShinde	M.P.Ed – I		
	MadhuriGaikhe	M.P.Ed – I		
XII	DipaliPatil	Ph.D	Effect of Pranayama on Anxiety	
	Manisha Sakharkar	M.P.Ed – II	Professional Physical Education Female	
	ShwetaliKode	M.P.Ed – II	Students aged 20 to 25 Years	
	SanjuDarawade	M.P.Ed – I		
	Ajay Dundle	M.P.Ed – I		
XIII	ManojVerma	Ph.D	Effect of Traditional Exercises Training	
	Anil Gaganmalle	M.P.Ed - I	programme on Mental Health of Jun	
	SachinGirane	M.P.Ed - I	College Boys	
	BhaveshGulvi	M.P.Ed - I		
XIV	Vimala Tiwari	Delegate	An Investigation of Social Competence of	
		Mumbai	Students aged 14-16 Years of Mumbai	
	PriyeshD'souza	M.P.Ed - I	City	
	PragatiRamteke	M.P.Ed - II		
	Dr.Neetu Joshi	Asst.Prof	(Ist Place)	
		BPCA		

In the Poster Competition, Group No.XIV received Ist Place, Group XI received IInd Place & Group No. VI received IIIrd Place.

It was indeed a very fruitful experience. As an Organizing Secretary, I extend my heartfelt gratitude & thanks to Dr.G.V.Pargaonkar for trusting & having faith.

2.18 Campus Interview

Campus interview was conducted on 14th May, 2018 from 11.00 am onwards. Around 7 company & schools were present on the day for conducting Campus Interview. B.P.Ed I year programme Students gave interview for part time coaches post, whereas B.P.Ed II year & M.P.Edprogramme students gave interview for Physical Education teachers post. Our students definitely has exposure, learnt to face interview & some of them will be definitely recruited in the institutions.

 Mr. AzeemDurrani, Academic Director Moonstar Global School, Next to Tanwar Nagar TMC Gate, Kausa, Mumbra, Thane – 400 612 Tel. No: 022 25355558 Email.id: knoworld@gmail.com

- Mr.SanketShette, Unistar Sports, Unistar Sporting Excellence Pvt Ltd, 108, Prithvivandan CHS,Lower Parel €, Mumbai – 400 013 Tel.No: 9664766472 Email.id: <u>sanket.shetye@unistarsports.com</u>
- Suffah English School, Plot.No.7, 3rdSantSavta Lane, Near Balaji Hospital,Mustafa Bazar, Byculla (E), Mumbai – 400 027 Tel. No: 65155570 / 5

- Mr.ManishChotrani&Dr.MeeraChotrani Champs, Scientific Fitness training For Athletes & Sports Enthusiasts, 16/128 Anand Nagar, Vakola Police Station Road, Off WE Highway, Santacruz East, Mumbai – 400 055 Tel.No: 022 26680014
- Mrs.AmrutaKarkhanis,
 D.S.High School,
 Next to Guru Nank High School,
 Sion, Mumbai
 Mob.No: 9820590484
- Ms.KausarFruitwala, Principal, Niyaz National School, OuchitPada, Bhiwandi
- Mr.SanjayPatil&Mr.Pnkaj Mali, Marcos Quay Sporting Excellence Pvt Ltd, Pace House, 5th Floor, JVPD road.no.1, 7 Swastika Society, Vile Parle (W), Mumbai – 400 056

III EXTENSION ACTIVITIES/PROGRAMMES ORGANIZED :

The students and the teachers of the College were deputed for conducting various games and sports as Officials, as a part of linkage/collaboration established with various schools, colleges and other sports organizations/Go's/NGo's of Greater Mumbai.

- 3.1 15 students had successfully organized Athletic Competition organized by SadhanaVidyalayaDadar for Deaf intellectually challenged and physically challenged students.
- 3.2 **Organizational experience of various institution/schools** : Teachers and students has successfully worked to conduct and organize the following competitions of various institutions and schools.
- SuryanamaskarCompetition organized by SuvidhyalayaHigh School (Borivali) on 19th July, 2017.
- Inter School Gymnastic Competitions of Mumbai Schools Sports Association during 17th November to 1st December, 2017.
- Talent Display' organized by Mumbai City Gymnastic Association on 17th March 2018.
- Inter collegiate Athletic Competitions of University of Mumbai 11th& 12th, Nov., 2017.
- Annual sports Competition organized by National Urdu High School on 15thNovember 2017.
- YMCA Athletics Competition held on 15th to 18th November, 2017.
- State Level Greeco Roman Competition in Wrestling organized by Mumbai ShaharTalimSangh held on 12-13 January, 2018
- Mumbai Mayor Trophy Volley ball competition organized by Mumbai City Volleyball held on 5th -7th April, 2018.
- Mumbai Mayor Trophy Artistic Gymnastics (Sub Junior) National Championship organized by Mumbai City Gymnastic Association held on 26-28 January, 2018.

IV RESEARCH ACTIVITIES CONDUCTED BY THE COLLEGE

4.1 Workshop and Seminars organized by the college

Conducted State LevelWorkshop on Research Methodology for M.P.Ed. & Ph.D. Scholar as well as out side researchers by Prof. Dr. D.N. Sansanwal during 7th to 12thMay, 2018.

4.2 Ph.D. Registered /Awarded :

Since the University of Mumbai has approved this college in 1996 as **Post Graduate Research Centre**, with an intake of 30 Ph.D. scholars. At present there are 06 Ph.D. guides are available under whom 23 students have been registered for Ph.D. degree of the University of Mumbai. During the year one student Shri. Gopal Ray is awarded Ph.D. degree and other two students submitted their synopsis.

Sr. No.	Name of the Teacher	Theme of theSeminar/Conference/Sym posia (please specify whether	Name of the Organizer	Date & Place	Title of the Paper presented/ read
		it was a Seminar/Conference/Sympos ia as the case may be)			
1	Dr. G.V. Pargaon kar	Refresher Couse in Research Methodology in teacher Education	Dept of Education, SavitraibaiPhule Pune University	Sept. 2017	Resource Person
	Principal	National Symposium on 'Challenges and Problems of Teacher Education in India'	Kadambini College of Education, Garbhari, Nazir Bazar, Medinipur, West Bangal	February, 02-03, 2018	Resource Persona
		International Conference on Issues and New Ideas in Sports Management,	VigyanBhawan, VishwaYuvak Kendra, New Delhi.	March, 08-10, 2018	Resource Person
2	Dr. R.R. Dhakne Asstt. Prof.	28 th National Conference of Sports Psychology Contemporary Issues of Sports Psychology in the 21 st Century	B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	Dec. 28-30, 2017	Effect of Pranayama and Mudras on Emotional Stability and over-all Adjustment of Junior College students
3	Dr. G.K. Dhokrat Asso. Prof.	International Conference on Physical Education, Fitness and Sports Science 2017	Osmania University, Hydrabad, Telangana State	August, 19-20, 2017	Experimental Study on Management of Foot Deformities in School Girls with reference to Yoga
		International Conference on Sports Management 2017	Ton Due Thang University, Vietnam	Sept, 14-15, 2017	The role of Sports Management in developing the global sports industry.
		4 th International Conference on Future Prospective of Physical Education, Sport Sciences and Yogic Sciences	Department of Physical Education, S.G.B. Amravati University, Amravati	Dec. 15-16, 2017	Effect of Yoga Intervention Technique on Positive mental health of School Children carrying Postural Depositaries .
4	Dr. J.M. Hotkar Asstt. Prof.	International Conference on Physical Education, Fitness and Sports Science 2017	Osmania University, Hydrabad, Telangana State	August, 19-20, 2017	Participated
5	Dr. N.O. Joshi Asstt.	National Level Conference on Current Trends in Physical Education & Yoga	Indira Gandhi (Sr.) College, CIDCO, Nanded	Feb., 16, 2018	Chair Person
	Prof.	National Level Conference on Current Trends in Physical Education & Yoga	Indira Gandhi (Sr.) College, CIDCO, Nanded	Feb., 16, 2018	Resource Person
6	Smt S.N. Chougule Asstt.	National Symposium 'Towards Formulation of An alternative Democratic Education Policy'	BUCTU, University of Mumbai	June, 17, 2017	Participated
	Prof.	National Seminar on Enhancing Employability through Effective Communication & Life skill	M.L. Dahanukar College of Commerce, Department of English	July, 08, 2017	Dealing with stress at work place.
		11 th Dr. Mani Kamerkar Memorial National Seminar	Sathaye college,	Sept., 23, 2017	Challenge Paved by Women Gender discrimination of workplace
		28 th National Conference of Sports Psychology Contemporary Issues of Sports Psychology in the 21 st Century	B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	Dec. 28-30, 2017	A Study of Effect of Football Training Programme on the basis of Agility of students aged 12 to 14 years of Mumbai city.
		Multidisciplinary International Conference 'Emerging Issues in Contemporary India: Local and Global Perspectives'	A.E. Kalsekar Degree College	March, 17, 2018	Effect of Yoga and Aerobics Training Programme for the Promotion of Health Related Physical Fitness of School Girls.
7	Dr. K.K. Asai Asstt. Prof.	International Conference on Physical Education, Fitness and Sports Science 2017	Osmania University, Hydrabad, Telangana State	August, 19-20, 2017	Effect of Karate Training Programme for the promotion of Physical Fitness of School boys.
		28 th National Conference of Sports Psychology	B.P.C.A's college Physical Education,	Dec. 28-30,	Participated

V. PARTICIPATION AND PRESENTATION IN CONFERENCE/WORKSHOPS/SEMINARS

Contemporary Issues of	Wadala Mumbai – 400	2017	
Sports Psychology in the	031.		
21 st Century			
International Conference on	RamniranjanJhunjhunw	January,	Effect of Concentric
Contemporary Movements	ala College of Arts.	19-20.	Contracting Exercise
in Sports Tourism,	Tantric	2018	Training Recog, Psyc. On
Management, Research,			selected Anthropometric
Sports and Yogic Sciences			Measurement and Body
			Composition of 18 to 20
			years male students;

Sr. No.	Name of the Teacher	Theme of theSeminar/Conference/Sym posia (please specify whether it was a Seminar/Conference/Sympos ia as the case may be)	Name of the Organizer	Date & Place	Title of the Paper presented/ read
8	Dr. K.J. MaruAss tt. Prof.	National Workshop on Research Methodology in Social Science	Gokhale Education Society's college of Education and Research, Parel	July-Aug. 31-5, 2017	Application of SPSS in Social Science Research
		28 th National Conference of Sports Psychology Contemporary Issues of Sports Psychology in the 21 st Century	B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	Dec. 28-30, 2017	Effect of Pranayama and Mudras on Emotional Stability and over-all Adjustment of Junior College students
9	Dr. R.C. Kawade Asstt. Prof.	28 th National Conference of Sports Psychology Contemporary Issues of Sports Psychology in the 21 st Century	B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	Dec. 28-30, 2017	Effect of Yoga on Cardio Vascular Endurance of Slum area girls of Mumbai.
		International Conference on Contemporary Movements in Sports Tourism, Management, Research, Sports and Yogic Sciences	RamniranjanJhunjhunw ala College of Arts. Tantric	January, 19-20. 2018	Effect of Yoga on Muscular Endurance of Slum Area girls of Mumbai.
		International Conference cum Workshop 'Emerging Trends in Sports Sciencs'	University of Mumbai Dept. of Phy, Edn. &DhirajlalTalakchandSa nkalchand Shah College of Commerce	March 26-28, 2018	Role of Yoga & Sports
10	Dr. R.N. ShelkeA sstt. Prof.	28 th National Conference of Sports Psychology Contemporary Issues of Sports Psychology in the 21 st Century	B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	Dec. 28-30, 2017	Survey of Muscular Strength of School Students dwelling in Non-Slum and Slum areas in Greater Mumbai
		International Conference in Physical Education and Sports Science on Emerging Trends in Fitness and Sports Science	Department of Arts (Phy.Edn.) Manipal University Jaipur	Jan. 05-07, 2018	A Comparative Study of Body Fat Percentage of the Students Dwelling in non- slum and slum areas in Greater Mumbai
		28 th Mumbai Mayor Trophy Sub-Junior Artistic Gymnastics National Championship 2017-18	Maharashtra Amateur Gymnastics Association	Jan., 26-28, 2018	Participation
		State Gymnastics Championship 2017-18	Maharashtra Amateur Gymnastics Association	Feb., 24-25, 2018	Participation
11	Mrs.M.A. SamantL ibrarian	28 th National Conference of Sports Psychology Contemporary Issues of Sports Psychology in the 21 st Century	B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	Dec. 28-30, 2017	Availability of Learning Resources in Sports Psychology.
		International Conference on Contemporary Movements in Sports Tourism, Management, Research, Sports and Yogic Sciences	RamniranjanJhunjhunw ala College of Arts. Tantric	January, 19-20. 2018	Learning, resources in Fitness and Wellness

VI PUBLICATION OF BOOKS/RESEARCH PAPERS /ARTICLES BY FACULTY:-

1	Dr. G.V. Pargaonkar, Authored Book on 'Sports Management' (As per NCTE B.P.Ed. prescribed syllabus)		
	Friends Publication, India, ISBN No. 978-81-7216-5628, New Delhi, 2017		
	Dr. G.V. Pargaonkar, Authored Book on 'Sports Psychology' (As per NCTE B.P.Ed. prescribed syllabus)		
	Friends Publication, India, ISBN No. 978-81-7216-550-5, New Delhi, 2017		
2	Dr. G.K. Dhokrat,"Experimental Study on Management of Foot Deformities in School Girls : With referee to		
	Yoga" International Journal of Health, Physical Education & Computer Science in Sports, ISSN 2231-3265,		
	Vol27 No. 2, Quarterly (July to Sept 2017)		
	Dr. G.K. Dhokrat,"A Comparison of Selected Motor Fitness Components of Girl Students Dwelling in non		
	slum and slum areas in Thane District " Scholarly Research Journal for Humanity Science & English		
	Language, ISSN 2348-3083, SJ Impact Factor 2016		

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	Dr. G.K. Dhokrat," A Study of Effect of Football Training Programme on the Basis of Stress of Students Aged
	12 to 14 Years of Mumbai City " Contemporary Issues of Sports Psychology in the 21st Century, ISBN-978-93-
	5291-8799.
	Dr. G.K. Dhokrat," A Comparative study of Selected Physical Fitness Components of Higher Secondary School
	Children Belonging to Non Slum And Slum Areas in Mumbai District " Scholarly Research Journal for
	Interdisciplinary Studies, online ISSN 2278-8808, /SJIF 2016=6.17
3	Dr. J.M. Hotkar, "Yoga-a Perfect Strength Developmental Remedy for Seniors", Entire Research, ISSN 0975-
	5020, January, 2018
	Dr. J.M. Hotkar, "A Brief Review of History of Sports Psychology" ISBN 978-93-5291-879-9, January, 2018
4	Dr. K.K. Asai, "Effect of Karate Training Programme for the Promotion of Physical Fitness of School
	Boys", International Journal of Health, Physical Education and Computer Science in Sports, Vol. No. 27,
	ISSN 2231-3265, July-Sept, 2017
	Dr. K.K. Asai,"Effect of Eccentric and Concentric Contraction Exercise Training Programme on selected
	Anthropometric Measurements and Body Composition of 18 to 20 Years Male Students " Entire Research, ,
	ISSN-0975-5020, January. 2018
5	Dr. K.J. Maru, "Effect of Pranayama and Mudras on Emotional Stability & Over-all Adjustment of Junior
	College Students", ISBN No. 978-93-5291-879-9
6	Dr. R.C. Kawade, "Effect of Yoga on Cardiovascular Endurance of Slum Area Girls of Mumbai ",ISBN No.
	978-93-5291-879-9
	Dr. R.C. Kawade, "Role of Yoga in Sports", ShodhSangam Special Issue: ISSN 2249-717X, March, 2018
	Dr. R.C. Kawade, "Effect of Yoga on Muscular Endurance of Slum Area Girls of Mumbai", Entire Research,
	Vol-X, Issue-II : ISSN0975-5020, April, 2018
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7 **Dr. R.N. Shelke**, "Survey of Muscular Strength of School Students Dwelling in Non-Slum and Slum areas in Greater Mumbai", **ISBN:978-93-5291-879-9**

VII OTHER IMPORTANT REPRESENTATION/POSITION/ACHIEVEMENT OF THE FACULTY & STUDENTS

- 7.1 Dr. G.V.. Pargaonkar, worked as **IQAC Member** of Dr. Amberdkar College of Commerce and Economics, Wadala, Mumbai 31.
- 7.2 Dr. G.V. Pargaonkar, worked as *Member (Subject Expert) on Research and Recognition Committee* for the subject of Physical Education under the faculty of Inter-disciplinary studies of SavitribaiPhule Pune University and University of Mumbai.
- 7.3 Dr. G.V. Pargaonkar, worked on *LIC of Continuation of recognition of Ph.D. degree in the subject of Education* of G.E.S. college of Education, Parel, appointed by the University of Mumbai.
- 7.4 Dr. G.V. Pargaonkar, worked on scrutiny /committee of University of Mumbai for Minor Research Project.
- 7.5 Dr. G.K. Dhokrat, worked as **Convener in accommodation & Transport** committee of 28th National Conference of Sports Psychology organized by B.P.C.A.'s College of Physical Education
- 7.6 Dr. G.K. Dhokrat, worked as **as Technical Official in 22nd senior Greeko Roman State Level Wrestling Competition** org. by Mumbai ShaharTalimSangh Mumbai.
- 7.7 Dr. G.K. Dhokrat, worked as **Technical Official in 28th Mumbai Mayor Trophy** Sub-Junior Artistic Gymnastics national Championship 2017-18
- 7.8 Dr. N.O. Joshi, worked as *Examiner at L.N.I.P.E., Gwalior*
- 7.9 Dr. N.O. Joshi, worked as Official in 28th Mumbai Mayor Trophy Sub-Junior Artistic Gymnastics national Championship 2017-18
- 7.10 Dr. K.K. Asai worked as an Offical of 28th Mumbai Mayor Trophy Sub-Junior Artistic Gymnastics national Championship 2017-18
- 7.11 Dr. K.K. Asai worked as a "Organizing committee Member, International Conference on Contemporary Movements in Sports Tourism, Management Research, sports and Yogic Science organized by RamnirajanJhunjhunwala college, Ghatkopar.
- 7.12 **Dr. K.K. Asai** worked as **an Examiner and Moderator** of University of Mumbai for the Program of A6513/B.P.Ed. Sem.III CBSGS 2 Years
- 7.13 **Dr. K.K. Asai** worked as **an Examiner of BharatiVidyapeeth University,** Pune, for the M.P.Ed. Programme.
- 7.14 **Dr. K.K. Asai** worked as **an Examiner of BharatiVidyapeeth University,** Pune, for the B.P.Ed. Programme
- 7.15 Dr. K.J. Maru invited Technical Official in 28th Mumbai Mayor Trophy Sub-Junior Artistic Gymnastics national Championship 2017-18
- 7.16 Dr. K.J. Maru worked as Technical Official in 22nd senior Greeko Roman State Level Wrestling Competition org. by Mumbai ShaharTalimSangh Mumbai.

- 7.17 Dr. K.J. Maru worked as Joint Organizing Secretaries of 28th National Conference of Sports Psychology organized by B.P.C.A.'s College of Physical Education, Wadala, Mumbai-31.
- 7.18 Dr. R.C. Kawade worked **as Examiner in Inter School Lezium Competition** at Raja ShivajVidyamandir, Thane
- 7.19 Dr. R.N. Shelke worked in Organizational Setup of State level Greco-Roman Wrestling Competition.

VIII. ACHIEVEMENTS OF ALUMNI ASSOCIATION:

The 'Sports Training Centre' which is conducted by 'Alumni Association' of the institution for the school going children aged 5-15 years, since 1993. During the year 20 students and 09 students secured positions/places in State and National Level Sports Competition respectively. About 160 school going children were provided sports training, throughout the year (i.e. six days in a week and every day from 6.00 p.m. to 8.00 p.m.)

IX PARTICIPATION AND ACHIEVEMENT OF STUDENTS IN UNIVERSITY SPORTS :

During the year 2016-17 the following 65 students of B.P.Ed. &M.P.Ed. participated in various intercollegiate /Inter-University Sports Competition and become eligible for getting additional 10 grace marks due to their excellent performance

Sr. No.	Name of the Candidates in full	Level	Game/Sports	Place
1	/BhoilkarSusmitaRohidas	Inter-Collegiate	Softball	7 th Place
			Handball	5 th Place
			Baseball	7 th Place
2	/DhadgaSapana Vasant	Inter-Collegiate	Baseball	7 th Place
3	/GawandChetnaSuhas	Inter-Collegiate	Softball	7 th Place
			Handball	5 th Place
			Baseball	7 th Place
4	/Jadhav Aparna Deepak	Inter-Collegiate	Handball	5 th Place
			Baseball	7 th Place
			4 X 400 m relay	1 st Place
			4 X 100 m relay	3 rd Place
5	/JadhavTejashri Sunil	Inter-Collegiate	Softball	7 th Place
			Handball	5 th Place
			Baseball	7 th Place
6	/Kadam JosanaSambhaji	Inter-Collegiate	Softball	7 th Place
			Baseball	7 th Place
7	/KapureHemangiSurendra	Inter-	Softball	7 th Place
			Handball	7 th Place
		Collegiate	Baseball	7 th Place
8	/KashidRupaliPandurang	Inter-Collegiate	Handball	5 th Place
9	/Kore SamikshaRamakant	Inter-Collegiate	Softball	7 th Place
			Baseball	7 th Place
			4 X 100 m relay	3 rd Place
10	/PatilHarshadaGajanan	Inter-Collegiate	Softball	7 th Place
			Handball	5 th Place
11	/PatilKrutika Anil	Inter-Collegiate	Softball	7 th Place
			Baseball	7 th Place
			Tug of War	8 th Place
12	/Rane Pooja Vinod	Inter-Collegiate	Softball	7 th Place
			Baseball	7 th Place
			Tug of War	8 th Place
13	/ShindeSnehal Vijay	Inter-Collegiate	Tug of War	8 th Place
14	/ShitapNamrata Sadashiv	Inter-Collegiate	Handball	5 th Place
15	/Singh Shweta Rajesh	Inter-Collegiate	Softball	7 th Place
			Handball	5 th Place
			Baseball	7 th Place
16	/SitapRiddhi Raghunath	Inter-Collegiate	Taekwondo	7 th Place
17	BhalaSomnathLaxman	Inter-Collegiate	Ascending &	6 th Place
			Descending	
18	BhoirBhushanSudhakar	Inter-Collegiate	Tug of War	8 th Place
19	Bhosale Gaurav Santosh	Inter-Collegiate	Ascending &	6 th Place
			Descending	
20	BodkeOmkar Vilas	Inter-Collegiate	Yoga	5 th Place
			Mallakhamb	8 th Place
21	Gurav Bharat Devdas	Inter-Collegiate	Tug of War	8 th Place
22	Ansari Mohammad	5 th Place		

	IshaqMohammade Husain		5000 m Run	8 th Place
	ishaqiionanimade musam		Ascending &	6 th Place
23	JadhavRatnadeep Manohar	Inter-Collegiate	Descending Yoga	5 th Place
24	KaziMohd Zaid Riyaz	Inter-Collegiate	Tug of War	8 th Place
25	Nijai Abhishek Sahadev	Inter-Collegiate	Ascending &	6 th Place
20			Descending	7 th Place
Sr.	Name of the Candidates in	Level	Long Jump Game/Sports	Place
No.	full		Game, Sports	
26	PatilDipesh Krishna	Inter-Collegiate	Ascending & Descending	6 th Place
27	Patil Karan Rajendra	Inter-Collegiate	Ascending & Descending	6 th Place
28	ShetkarJagannathSahadev	All India	Archery	5 th Place
29	ShindeRameshwarSomeshwar	Inter-Collegiate	Tug of War	8 th Place
30	Shinde Sushant Shailendra	Inter-Collegiate	Ascending & Descending	6 th Place
31	ThoratNiteshDhanji	Inter-Collegiate	Ascending &	6 th Place
32	Yadav RahulkumarRamavtar	Inter-Collegiate	Descending Yoga	5 th Place
33	/AndhariYashashri Narayan	Inter-Collegiate	Yoga	6 th Place
34	/BalkhandeDipaliYashavant	Inter-Collegiate	Yoga	6 th Place
25	-	Inter Caller' (Wrestling	2 nd Place
35	/Chaturvedi Pooja	Inter-Collegiate	Handball Cross Country	5 th Place 4 th Place
			Taekwondo	2 nd Place
36	/DigeMayuriTulshiram	Inter-Collegiate	Yoga	6th Place
37	/KalamkarDipali Prakash	Inter-Collegiate	Cross Country 5 km. walking	4 th Place 5 th Place
			4 X 400 m relay	1st Place
38	/Kudu Pooja Raghunath	Inter-Collegiate All India	Tug of War Handball	8 th Place 5 th Place
39	/Lohakare Kanchan Tanaji	Inter-Collegiate	Taekwondo	8 th Place
40	/MauryaSnehaOmprakash	Inter-Collegiate	Softball Baseball	7 th Place 7 th Place
41	/Meher Priyanka Chintaman	Inter-Collegiate	Tug of War Softball	8 th Place 7 th Place
		All India	Baseball Tug of War	7 th Place 8 th Place
42	/NaikPranitaMadhukar	Inter-Collegiate	Tug of War	8 th Place
43	/NalawadeVarshaMangesh	Inter-Collegiate	Softball handball Javelin Throw	7 th Place 5 th Place 6 th Place
44	/Nar Shwetali Suresh	Inter-Collegiate	4 X 400 m relay	1 st Place
45	/PadviDivya Suresh	Inter-Collegiate	4 X 100 m relay Cross Country	3 rd Place 4 th Place
			5000 m. Run	5 th Place
46	/PatilSheetal Milind	Inter-Collegiate	Cross Country	4 th Place
48	/PawarRohini Ramesh	Inter-Collegiate	Tug of War Wrestling	8 th Place 7 th Place
49	/PawarSamruddhi Ashok	Inter-Collegiate	Softball	7 th Place
			Handball Tug of War	5 th Place 8 th Place
			Wrestling	8 th Place
50	/ReenManpreet Kaur Jagjit Singh	Inter-Collegiate	Taekwondo	6 th Place
51	/SargarChhaya Ananda	Inter-Collegiate	Taekwondo	3 rd Place
52	/Solanki TejalKisan	Inter-Collegiate	Softball Handball	7 th Place 5 th Place
			Baseball	7 th Place
53	/SurveReshma Ramesh	Inter-Collegiate	4 X 400 m relay	1st Place
			4 X 100 m relay Cross Country	3 rd Place 4 th Place
E 4	/Suryavanshi Manisha Kailash	Inter-Collegiate	Cross Country	4 th Place
54	/ Our yu vuriorii reariioriu reariuori	0		
54 55	DeshmukhYashrajArun	Inter-Collegiate	Handball Tug of War	5 th Place 8 th Place

56	Joshilkar Vinay Shivaji	Inter-Collegiate	Tug of War	8 th Place
57	Kadam VaibhavRamchandra	Inter-Collegiate	Hammer Throw	6 th Place
58	Kamble Ajay Gautam	Inter-Collegiate	Tug of War	8 th Place
59	PagareSagar Raju	Inter-Collegiate	Tug of War	8 th Place
Sr. No.	Name of the Candidates in full	Level	Game/Sports	Place
60	Shinde Swapnil Satish	Inter-Collegiate	Yoga	5 th Place
61	Varma AnandkumarJaiprakash	Inter-Collegiate	Boxing	3 rd Place
62	/KhuleSnehal Ramesh	All India	Fencing	1 st Place
63	Parab Mandar Mohan	Inter-Collegiate	Taekwondo	6 th Place
64	Sharma Abhilash Dinesh	Inter-Collegiate	Tug of War	8 th Place
65	KalapurathuAdarshMuralidhar	Inter-Collegiate	Tug of War	8 th Place

X. PLANS FOR THE FUTURE DEVELOPMENTS OF THE INSTITUTION :

- 1. To start Diploma/Certificate course in Yoga for Teacher Educators.
- 2. To start certificate course in Sports Management for Physical Education Teachers.
- 3. To conduct Work Shops/Orientation courses for past students as well as in service Physical Education. Teachers on information and communication Technology Literacy.
- 4. To provide training in various sports and games to school children with the help of past students of the institution.
- 5. To Establish more linkage with various GO's and NGO's for further Quality enhancement
- 6. Furtherance of Researcher Training Drive (RTD) with a view to form a separate body which will look after the generation and dissemination of Physical Education and Sports knowledge.

While concluding the appraisal of the overall performance and plans for future of the institution, it can be said that the college is functioning successfully by taking sincere efforts for the promotion of teacher education in Physical Education and Sports in India. All the teachers, non-teaching staff and alumni are spontaneously and actively involved in the quality enhancement process of the institution. Most importantly, the strong support, self-less encouragement and constant inspiration of the management of the institution, truly work, as one of the secretes of success and achievements of this teacher – education institution.

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

B. P. Ed. PROGRAMME(SEMESTER-I) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	15.09.2017	Re-opening of the college
2	16.09.2017	• Commencement of Practical & Theory classes
		• Orientation of the B.P.Ed Programme
3	18.09.2017	House Formation (classification of students)
4	29.09.2017	Organisation of Hiking Cum Trekking
5	30.09.2017	Holiday - (Dasera)
6	01.10.2017	Beginning of Saturday Competition
7	05.10.2017	Selection of Optional Method
8	07.10.2017	Organization of Demonstration of Micro Teaching Lessons &
		Discussion (Optional method)
9	09.10.2017	Micro Teaching Lessons begins
10	10.10.2017	Organisation Cleanliness campaign
11	12.10.2017	ICT classes Begins
12	16.10.2017 to	Diwali Vacation
	28.10.2017	
13	01.11.2017	Holiday-(Muharram)
14	02.11.2017	Holiday-(Gandhi Jayanti)
15	04.11.2017	Organisation of elocution competition
16	10.112017	Organisation assignment on yog education
17	12.11.2017	Election Students Council
18	15.11.2017	Celebration of VachanPrerana Din
19	26.11.2017	Celebration of Constitution Day
20	27.11.2017	Project on Value Education
21	23.12.2017 to	Winter Break
	27.12.2017	
22	28.12.2017 to	Participation of National Conference on Sports Psychology
	30.12.2017	
23	10.01.2018 to	Organization in Inter School Hind Trophy Competition
	12.01.2018	
24	22.01.2018 to	First Term Practical Examination
	24.01.2018	
25	26.01.2018	Celebration of Republic Day
26	28.01.2018 to	First Semester Theory Examination
	31.01.2018	
27	01.02.2018	Feedback of first term theory examination and Supervise Study
28	6.02.2018	Semester I – University Theory Examination

TERMS -First Semester : 15..09.2017 to 30.01.2018

- TOTAL NO. OF

: 116 days (Including Internal Examination)

WORKING DAYS of SEME-I

: 8.30 a.m. to 02.30 p.m. (Monday to Saturday)

WORKING HOURS

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. K. Asai (Incharge Theory Programme)
- Dr. J. M. Hotkar (Incharge -Practicum Programme)

:Chairman :Member :Member

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* Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

APPENDIX – I

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

B. P. Ed. PROGRAMME (SEMESTER-II) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	10.02.2018	Re-opening of the college (Seme-II)
2	11.02.2018	Orientation of the Course, theory and Practical Begins
3	12.02.2018	Holiday(MahaShivratri)
4	15.02.2018	Demonstration of model lesson and discussion (optional method)
5	19.02.2018	Holiday(ChhatrapatiShivajiMaharaj Jayanti)
6	20.02.2018	Simulation lesson begins
7	24.02.2018	Practice teaching in optional method begins
8	30.02.2018	Organisation of Project work on health education (C-V)
9	10.03.2018	Assignment on project on officiating
10	19.02.2018	Holiday (Shiv Jayanti)
11	23.02.2018 to	Orientation Athletics training on university sports complex
	28.02.2018	
12	03.03.2018	Holiday (Dhuliwandan)
13	16.03.2018	Organisation of Annual Athletic Meet
14	26.03.2018 to 27.03.208	Organisation of play field marking
15	29.03.2018	Holiday (Mahavir Jayanti)
16	30.03.2018	Holiday (Good Friday)
17	02.04.2018	Organisation of Intramural Competition
18	14.04.2018	Holiday (Dr.Ambedkar Jayanti)
19	24.04.2018 to	Semester II – Theory Examination
	26.04.2018	
20	28.04.2018	Feedback on Theory Examination
21	02.05.2018	Supervised study
	on wards	
22	15.05.2018	Semester II – University Theory Examination

• TERMS - II Semester : 10..02.2018 to 15.05.2018

• TOTAL NO. OF WORKING DAYS of SEME-II

: 8.30 a.m. to 02.30 p.m. (Monday to Saturday)

105 days (Including Internal Examination)

:Chairman

:Member

:Member

:Member Co-ordinator

WORKING HOURS

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. K. Asai (Incharge Theory Programme)
- Dr. J. M. Hotkar (Incharge -Practicum Programme)
- Dr. .R.R. Dhakne

* Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

B. P. Ed. PROGRAMME (SEMESTER-III) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	17.07.2017	Re-opening of the college
2	18.07.2017	• Commencement of Practical & Theory classes
		• Orientation of the B.P.Ed Programme begins
3	20.07.2017	Beginning of Saturday Competition
4	15.08.2017	Celebration of Independence Day
5	17.08.2017	Holiday – (Pateti)
6	18.08.2017	Organization of Demonstration of Micro Teaching Lessons &
		Discussion (Physical Education)
7	25.08.2017	Holiday – (Ganesh Chaturthi)
8	29.08.2017	Preparation of micro teaching Lesson & Feedback
9	30.08.2017	Holiday –(Anant Chaturdashi)
10	03.09.2017 to	Organization of Micro Teaching Lesson
	06.09.2017	
11	05.09.2017	Self Governed Programme followed by Celebration of
		Teachers Day
12	08.09.2017	ICT Classes Begins
13	13.09.2017	Assignment on Fitness
14	15.09.2017	Cleanliness Campaign
15	30.09.2017	Holiday – (Dasera)
16	01.10.2017	Holiday – (Muharram)
17	02.10.2017	Celebration of Mahatma Gandhi Jayanti , Inter-House
		Elocution Competition
18	12.10.2017	Project on Nutrition
19	19.10.2017 to	Diwali Vacation
	09.11.2017	
20	12.11.2017 to	Organisation of Fitness Center Management Course
	18.11.2017	
21	20.11.2018	Third Term Practical Examination
22	28.11.2017 to	Third Semester Theory Examination
	30.11.2017	
23	01.12.2017	Feedback ofthird Semester Theory Examination
24	02.12.2017	Supervised study programme
	onwards	
25	12.12.2017	Organisation of Inter School Lezium Competition
26	13.12.2017	Semester III – University Theory Examination
27	17.12.2017 to	Organisation of Scout & Guide Training Camp
	22.12.2017	
28	28.12.2017 to	Participation in National Conference on Sports Psychology
	30.12.2017	

• TERMS - First Semester : 1

: 17.07.2017 to 24.12.2017

TOTAL NO. OF
 WORKING DAYS of SEME-III

: 112 days (Including Internal Examination)

- WORKING HOURS
- : 7.30 a.m. to 01.30 p.m. (Monday to Saturday)
- ANNUAL CALENDAR COMMITTEE (2017-18)
- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. K. Asai (Incharge Theory Programme)
- Dr. J. M. Hotkar (Incharge Practicum Programme)
- Dr. .R.R. Dhakne

:Chairman :Member :Member :Member Co-ordinator * Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

APPENDIX – I

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

B. P. Ed. PROGRAMME (SEMESTER-IV) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	02.01.2018	Re-opening of the college (Seme-IV)
2	03.01.2018	Orientation of the Course, Practical Begins and theory begins
3	11.01.2018 to	Organisation of model lesson and discussion (Physical Education)
	13.01.2018	
4	16.01.2018	Organisation of simulation lesson
5	20.01.2018	School lessons and internship begins
6	26.01.2018	Celebration of Republic day
7	04.02.2018	Assignment on statistics
8	16.02.2018	Organisation of project on measurement and evaluation
9	19.02.2018	Holiday (Shiv Jayanti)
10	27.02.2018	Organisation of field visit
11	06.03.2018	Holiday (Dhuliwandan)
12	13.03.2018 to 14.03.2018	Organisation of project on biomechanics
13	29.03.2018	Holiday (Mahavir Jayanti)
14	30.03.2018	Holiday (Good Friday)
15	02.04.2018	Organisation of Intramural Competition
16	12.04.2018	Assignment sport injuries
17	14.04.2018	Holiday (Dr. Ambedkar Jayanti)
18	04.05.2018 to	Semester IV – Theory Examination
	06.05.2018	
19	07.04.2018	Feedback on Theory Examination
20	08.05.2018	Supervised study
	Onwards	
21	25.05.2018	Semester IV – University Theory Examination

- : 02.01.2018 to 15.05.2018 TERMS - First Semester
 - : 112 days (Including Internal Examination)
- WORKING DAYS of SEME-IV

TOTAL NO. OF

- : 7.30 a.m. to 01.30 p.m. (Monday to Saturday)
- WORKING HOURS

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. K. Asai (Incharge Theory Programme)
- Dr. J. M. Hotkar (Incharge -Practicum Programme) •
- Dr. .R.R. Dhakne •

* Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

:Chairman :Member :Member :Member Co-ordinator

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

M. P. Ed. PROGRAMME (SEMESTER-I) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	15.09.2017	Inauguration and Reopening of the College
2	29.09.2017	Orientation of the course
3	28.09.2017	Selection of specialization games / activities
4	26.08.2017	Practical Classes begins
5	01.10.2017	Computer Application Classes begins
6	12.10.2017	Project on Historical Aspects (Course-I)
7	16.10.2017 to 28.10.2017	Diwali Vacation
8	29.10.2017	ICT Begins.
9	03.11.2017 to 06.11.2017	Seminar Presentation (Course-I)
10	20.11.2017	Assignment on Testing of physiological Variables
11	19.12.2017	SET/NET Preparatory Workshop
12	23.12.2017 to	Winter Break
	27.12.2017	
13	28.12.2017 to 30.12.2017	Participation of National Conference on Sports Psychology
14	04.01.2018	Seminar Presentation (Course-IV)
15	22.01.2018 to 24.01.2018	First Term Practical Examination
16	26.01.2017	Celebration of Republic Day
17	28.01.2018 to 31.01.2018	First Semester Theory Examination
18	01.02.2018	Feedback of first term theory examination and Supervise Study
19	6.02.2018	Semester I – University Theory Examination

• TERMS - First Semester : 15.09.2017 to 24.12.2017

TOTAL NO. OF : 116 days (Including Internal Examination) WORKING DAYS of SEME-I

WORKING HOURS

: 3.00 p.m. to 8.00 p.m. (Monday to Saturday)

:Chairman

:Member

:Member

:Member Co-ordinator

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. J. Maru (Incharge UG)
- Dr. Mrs. N. O. Joshi (Incharge -Dissertation)
- Dr. .R.R. Dhakne

* Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

M. P. Ed. PROGRAMME (SEMESTER-II) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	10.02.2018	Re-opening of the college (Seme-II)
2	11.02.2018	Orientation of the Course
3	12.02.2018	Holiday(MahaShivratri)
4	15.02.2018	Internship on B.P.Ed. students begins (C-V)
5	19.02.2018	Holiday(ChhatrapatiShivajiMaharaj Jayanti)
6	20.02.2018	Practical Begins
7	30.02.2018	Organisation of Project work on Test and Measurement (C-V)
8	03.03.2018	Holiday (Dhuliwandan)
9	10.03.2018	Seminar Presentation (C-VI)
10	16.03.2018	Organisation of Testing Psychological variables (C-VI)
11	18.03.2018	Organisation of Advance Coaching Lesson (C-VIII)
12	22.03.2018	Project on Statistical Application
13	23.03.2018 to 24.03.2018	Seminar Presentation (C-VI)
14	26.03.2018 to 27.03.208	Workshop on SPSS
15	29.03.2018	Holiday (Mahavir Jayanti)
16	30.03.2018	Holiday (Good Friday)
17	02.04.2018	Organisation of Intramural Competition
18	14.04.2018	Holiday (Dr.Ambedkar Jayanti)
19	24.04.2018 to	Semester II – Theory Examination
	26.04.2018	
20	28.04.2018	Feedback on Theory Examination
21	02.05.2018	Supervised study
	on wards	
22	15.05.2018	Semester II – University Theory Examination

• TERMS - Second Semester

: 10.02.2018 to 15.05.2018

• TOTAL NO. OF WORKING DAYS of SEME-II 119 days (Including Examination)

- WORKING HOURS
- : 3.00 p.m. to 8.00 p.m. (Monday to Saturday)

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. J. Maru (Incharge UG)
- Dr. Mrs. N. O. Joshi (Incharge -Dissertation)
- Dr. .R.R. Dhakne

:Chairman :Member :Member :Member Co-ordinator

* Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR*

M. P. Ed. PROGRAMME (SEMESTER-III) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES	
1	17.07.2017	Inauguration and Reopening of the College	
2	18.07.2017	Orientation of the course	
3	19.07.2017	Selection of specialization games / activities	
4	01.08.2017	Project : Assignment on Fitness Testing	
5	15.08.2017	Celebration of Independence Day	
6	17.08.2017	Holiday (Parsi New Year)	
7	25.09.2017	Holiday – (Ganesh Chaturthi)	
8	26.08.2017	Practical Classes begins	
9	29.08.2017	Celebration of National Sports Day	
10	31.082017	Holiday – (Anant Chaturthi)	
11	01.092017 to 03.09.2017	Seminar Presentation (Course-X)	
10	02.09.2017	Holiday- (Bakari Id)	
11	05.09.2017	Celebration of Teacher's Day	
12	12.09.2017	Discussion On Given Topic (Course-XI)	
13	30.09.2017	Holiday (Dasara)	
14	03.10.2017 to 06.10.2017	Seminar Presentation (Course-XI)	
15	01.10.2017	Holiday (Muharrum)	
16	02.10.2017	Holiday (Mahatma Gandhi Jayanti)	
17	12.10.2017	Practical Of Yogic Practices begins (Course-IX)	
18	16.10.2017 to 28.10.2017	Diwali Vacation	
19	23.11.2017 to 25.11.2017	First Term Practical Examination	
20	28.11.2017 to 01.12.2017	First Semester Theory Examination	
21	2.12.2017	Feedback of First Semester Theory Examination	
20	3.12.2017 onwards	Supervised study Programme	
22	08.12.2017 to 16.12.2017	Semester III – University Theory Examination	
23	19.12.2017	SET/NET Preparatory Workshop	
24	23.12.2017 to 27.12.2017	Winter Break	
25	28.12.2017 to 30.12.2017	Organisation of National Conference on Sports Psychology	

• TERMS - First Semester : 28.07.2017 to 24.12.2017

: 112 days (Including Internal Examination)

WORKING DAYS of SEME-III • WORKING HOURS

TOTAL NO. OF

: 3.00 p.m. to 8.00 p.m. (Monday to Saturday)

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. J. Maru (Incharge UG)
- Dr. Mrs. N. O. Joshi (Incharge -Dissertation)
- Dr.R.R. Dhakne

:Chairman :Member :Member :Member Co-ordinator * Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

APPENDIX – I

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031

ANNUAL CALENDAR*

M. P. Ed. PROGRAMME (SEMESTER-IV) (2017 - 2018)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	02.01.2018	Re-opening of the college (Seme-IV)
2	03.01.2018	Orientation of the Course
3	11.01.2018 to 13.01.2018	Participation in Interschool Sports Event Management (C-XV)
4	16.01.2018	Practical Begins (C-XIII)
5	26.01.2018	Celebration of Republic day
6	04.02.2018	Assignment of News writing on Competition/Tournament attended (C-XV)
7	10.02.2018	Demonstration of Advance Coaching lesson (C-XIII)
8	16.02.2018	Advance Coaching Lesson begins [Athletic (C-XIII)]
9	19.02.2018	Holiday (Shiv Jayanti)
10	27.02.2018	Assignment on Nutritional Aspects (C-XIV)
11	06.03.2018	Holiday (Dhuliwandan)
12	13.03.2018 to 14.03.2018	Organisation of Seminar – (C-XIV)
13	29.03.2018	Holiday (Mahavir Jayanti)
14	30.03.2018	Holiday (Good Friday)
15	02.04.2018	Organisation of Intramural Competition
16	12.04.2018	Discussion on given topics (C-XVI)
17	14.04.2018	Holiday (Dr. Ambedkar Jayanti)
18	18.04.2018	Assignment on Recent Sports Policies (C-XVI)
19	19.04.2018 to 27.04.2018	Preparation and Submission of Dissertation (C-XVII)
20	04.05.2018 to 06.05.2018	Semester IV – Theory Examination
21	07.05.2018	Feedback on Theory Examination
22	08.05.2018 Onwards	Supervised study
23	25.05.2018	Semester IV – University Theory Examination

• TERMS - Second Semester

WORKING HOURS

- : 10.02.2018 to 15.05.2018
- TOTAL NO. OF : WORKING DAYS of SEME-IV
 - : 3.00 p.m. to 8.00 p.m. (Monday to Saturday)

119 days (Including Examination)

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal)
- Dr. K. J. Maru (Incharge UG)
- Dr. Mrs. N. O. Joshi (Incharge -Dissertation)
- Dr. .R.R. Dhakne

:Chairman :Member :Member :Member Co-ordinator * Above calendar is Tentative, right to change in the above calendar is to the Principal of the college.

APPENDIX – I V

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION WADALA, MUMBAI – 400 031.

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools
1	Sahkar Nagar Municipal School (Marathi, Hindi and English Medium), Sahakar Nagar, Wadala (W)
2	Shri. SarvajanikBalmandir School, Kalachowki, Mumbai
3	AhilyaVidyamandir, Abhudyanagar, Kalachowki, Mumbai
4	SaraswatiVidyamandir, Mahim, Mumbai
5	ChhatrapatiShivajiVidyalaya Hindi Medium, Dhravi, Mumbai
6	ChhatrapatiShivajiVidyalaya Marathi Medium, Dhravi, Mumbai
7	ChhatrapatiShivajiVidyalaya English Medium, Dhravi, Mumbai
8	KarmveerBhauraoPatilVidyalaya Marathi Medium, Sion, Mumbai
9	KarmveerBhauraoPatilVidyalaya English Medium, Sion, Mumbai
10	Sane Guruji Vidyalay, Dadar, Mumbai
11	Sharadashram High School English Medium, Dadar, Mumbai
12	Sharadashram High School Marathi Medium, Dadar, Mumbai

APPENDIX -V

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031

Sr. No.	Particulars		B.P.Ed.	
			1 st Year	2 nd Year
Ι	Tuition Fees		3000.00	3000.00
II	Other Fees		-	-
	1	Admission Fees	100.00	100.00
	2	Library Fees	500.00	500.00
	3	Laboratory Fees	550.00	550.00
	4	Scout Camp and Picnic	1000.00	1000.00
	5	Sport and Yoga Equipment	1000.00	1000.00
	6	Medical Checkup Fees	50.00	50.00
	7	Souvenir Fees	200.00	200.00
	8	Gymkhana Fees	1000.00	1000.00
	9	First aid fees	100.00	100.00
	10	Costume Fees	1500.00	-
	11	Course Material Fees	1000.00	1000.00
	12	Competition Fees	1000.00	1000.00
III	University Fees		_	-
	1	Examination fee	1820.00	1820.00
	2	Enrolment fee	220.00	-
	3	Convocation Fee	-	250.00
	4	University Fee	130.00	130.00
	5	YuvaRaksha	20.00	20.00
		Total	13190.00	11720.00

DETAILS OF B.P.Ed. FEE STRUCTURE

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B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031

Sr.	Particulars	M.P.Ed.		
No.		1 st Year	2 nd Year	
1	Tuition Fees	12100.00	12100.00	
2	Gymkhana Fees	400.00	400.00	
3	Examination fee	2820.00	2820.00	
4	Convocation Fee	-	250.00	
5	Registration Fees	825.00	-	
6	YuvaRaksha	20.00	20.00	
7	University Fees	130.00	130.00	
8	Development Fees	847.00	847.00	
	Total	17142.00	16567.00	

DETAILS OF M.P.Ed. FEE STRUCTURE

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION WADALA, MUMBAI – 400 031.

Details of Salary Disbursement

The salary of all the teaching and non-teaching staff members of the institution is disbursed through Nationalized Bank namely "Bank of Maharashtra"Dadar, Mumbai-14, every month. The amount of net salary according to the rules and regulation of the Government and University is credited in to the Saving Bank account of each member of the staff. The amount of Provident Fund of all the staff members is deducted by the State Government from their gross salary and being deposited in their Provident Fund account, every month, maintained by the grant-in-aid authority. Further, the amount of Income Tax (if applicable) and Professional Tax is deducted from their salary and credited to the Government as per rules. 100% salary grant is received from the State Government by the institution every year. The disbursement of the salary grant is audited and approved by the grant-in-aid authority, every financial year.

List of documents

Sr. No.	Particulars	Appendix	Page No.
1	Academic calendar of activities of the preceding session (B.P.Ed. &M.P.Ed.)	Ι	23-30
2	Copy of time-table of the preceding sessions. (B.P.Ed. &M.P.Ed.)	II	31-42
3	Staff profile (Proforma-1) (B.P.Ed. &M.P.Ed.)	III	43-47
4	List of practicing school (B.P.Ed.)	IV	48
5	Details of fee structure (B.P.Ed. &M.P.Ed.)	V	49-50
6	Details of salary disbursement (B.P.Ed. &M.P.Ed.)	VI	51
7	Copies of FDRs towards maintenance of Endowment and Reserve funds (B.P.Ed. &M.P.Ed.)	VII	52-56
8	Receipt and Expenditure statement account for the preceding financial year with auditors certificate (B.P.Ed.)	VIII	57-66