

## Digitalized Format for Self Appraisal Report

Year of Appraisal **2018-19**

Code No. (B.P.Ed.) - 114031

(M.P.Ed.) – 124045

### *Profile of the Teacher Education Institution*

1. **Name of the institution** :  
Bombay Physical Culture Association's College of Physical Education.
2. **Address for communication**  
Bharatiya Krida Mandir, Naigaum Cross Road , Wadala, Mumbai – 400 031.(Maharashtra)
3. **Phone No. (with STD Code)** : 022-2416 86 09
4. **Fax No.** : 022-2417 24 57
5. **E-mail** : bpcacpemumbai@gmail.com  
bpcacpe@vsnl.net
6. **Date of establishment of the institution:** 20.06.1978

7. **Course(s) offered**

1	2	3	4	5
Name of the course in full	Stage/level	Duration	Year of starting the course	Intake approved
B.P.Ed.	Graduate	Two yrs.	June, 1978	100
M.P.Ed.	PG level	Two yrs.	October, 2005	25

8. **Name of the University/Examining Body to which the institution is affiliated :**  
University of Mumbai.

9. **Number and date of the order of the** : •B.P.Ed.  
**Regional Committee granting** WRC/OAPW0117/114031/2015/147104  
**recognition/Permission (course wise)** Dated 31.05.2015  
•M.P.Ed.  
WRC/2-32/85-86/2016/C-2418  
Dated 28.08.2006 & Public Notice of WRC  
dated 15.04.2009

10. **Mode of selection of candidates** :

	Yes	No
(a) Centralized test at the state level	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(b) Test conducted by the university	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(c) Test conducted by the institution	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(d) Test conducted by an independent agency	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(e) Based on marks obtained in the qualifying examination	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(f) By the management	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**11. Criteria for admission :**

	Yes	No
(a) As per NCTE norms	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(b) Norms superior to NCTE	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(c) In relaxation of NCTE norms with respect to minimum percentage of marks	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(d) In relaxation of NCTE norms with respect to qualifying course	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(e) In relaxation of special eligibility provisions of NCTE norms such as participation in national/regional/state/university level events	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(f) In relaxation of professional experience	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(g) In relaxation of professional experience and performance in qualifying course	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**12. Academic calendar of the outgoing academic session (B.P.Ed. 1<sup>st</sup> Year)**

	D	D	M	M	Y	Y
(a) Start of admission	2	9	0	8	1	8
	D	D	M	M	Y	Y
(b) Closure of admission	2	5	1	0	1	8
	D	D	M	M	Y	Y
(c) Start of teaching	1	8	0	9	1	8
	D	D	M	M	Y	Y
(d) Last teaching day	0	2	0	5	1	9
(e) Number of teaching days	2	1	0			
(f) Number of days of vacation/break during the academic session	0	3	1			

**Academic calendar of the outgoing academic session (B.P.Ed. 2<sup>nd</sup> Year)**

	D	D	M	M	Y	Y
(g) Start of admission	2	7	0	6	1	8
	D	D	M	M	Y	Y
(h) Closure of admission	2	1	0	8	1	8
	D	D	M	M	Y	Y
(i) Start of teaching	0	9	0	7	1	8
	D	D	M	M	Y	Y
(j) Last teaching day	0	2	0	5	1	9
(k) Number of teaching days	2	2	6			
(l) Number of days of vacation/break during the academic session	0	3	1			

**Academic calendar of the outgoing academic session (M.P.Ed.-1<sup>st</sup> Year)**

	D	D	M	M	Y	Y
(a) Start of admission	3	0	0	8	1	8
	D	D	M	M	Y	Y
(b) Closure of admission	2	3	1	0	1	8
	D	D	M	M	Y	Y
(c) Start of teaching	1	8	0	9	1	8
	D	D	M	M	Y	Y
(d) Last teaching day	0	2	0	5	1	9

(e) Number of teaching days 

2	1	0
---	---	---

(f) Number of days of vacation/break during the academic session 

0	3	1
---	---	---

**Academic calendar of the outgoing academic session (M.P.Ed.-2<sup>nd</sup> year)**

(a) Start of admission 

D	D	M	M	Y	Y
1	2	0	7	1	8

(b) Closure of admission 

D	D	M	M	Y	Y
0	2	1	1	1	8

(c) Start of teaching 

D	D	M	M	Y	Y
0	9	0	7	1	8

(d) Last teaching day 

D	D	M	M	Y	Y
0	2	0	5	1	9

(e) Number of teaching days 

2	2	6
---	---	---

(f) Number of days of vacation/break during the academic session 

0	3	1
---	---	---

**13. Practice Teaching at School**

(a) Total number of practicing teaching days (B.P.Ed.) 

3	0
---	---

  
(M.P.Ed.) Advance Coaching 

2	0
---	---

(b) Minimum number of practice teaching lessons given by each student (B.P.Ed.) 

3	0
---	---

(M.P.Ed.) 

0	4
---	---

**14. Pre-practice teaching at the institution**

(a) Number of pre-practice teaching days (B.P.Ed.) 

1	5
---	---

  
(simulated/micro-teaching/any other) (M.P.Ed.) 

1	5
---	---

(b) Minimum number of pre-practice teaching lessons given by each student (B.P.Ed. & M.P.Ed.) 

0	5
---	---

(c) Total number of demonstration lessons held (B.P.Ed.) 

1	5
---	---

  
(M.P.Ed.) 

0	4
---	---

**15. Examinations**

(a) Number of sessional tests held for each paper (B.P.Ed. & M.P.Ed.) 

4
---

(b) Number of assignments for each paper (B.P.Ed.) 

0	3
---	---

  
(M.P.Ed.) 

0	4
---	---

(c) Date of commencement of annual examination 

D	D	M	M	Y	Y
1	1	0	2	1	9

  
(B.P.Ed.-I) Seme-I  
Seme-II 

2	2	0	5	1	9
---	---	---	---	---	---

  
(B.P.Ed.-II) Seme-III  
Seme-IV 

0	3	1	2	1	8
---	---	---	---	---	---

  
(M.P.Ed.-I) Seme-I 

2	3	0	5	1	9
---	---	---	---	---	---

  
Seme-II 

1	1	0	2	1	9
---	---	---	---	---	---

  
Seme-III 

2	2	0	5	1	9
---	---	---	---	---	---

  
(M.P.Ed.-II) Seme-III 

0	3	1	2	1	8
---	---	---	---	---	---

  
Seme-IV 

2	3	0	5	1	9
---	---	---	---	---	---

(d) Date of declaration of result (B.P.Ed.) Not Declared 

D	D	M	M	Y	Y
-	-	-	-	-	-

  
(M.P.Ed.) Not Declared 

-	-	-	-	-	-
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(e) Date of submission of dissertation (Post-graduate course) 

D	D	M	M	Y	Y
0	3	0	6	1	9

**16. Scheme of examination (B.P.Ed. & M.P.Ed.-I & II)**

(a) External examination only 

Yes	No
	X

(b) Internal and external examinations 

✓	
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(c) Internal examination only

	X
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**17. Student support and progression (B.P.Ed. 2017-18)**

**Note - As per NCTE direction the B.P.Ed. Programme is converted into two years Programme from 2015 onwards. The following data is of the students appeared in the first year Programme of B.P.Ed. of the year 2017-18i.e first half of 2018**

**(B.P.Ed- I. 2017-18)**

(a)	Number of students who appeared in the final examination	<table border="1"><tr><td>0</td><td>8</td><td>1</td></tr></table>	0	8	1
0	8	1			
(a)	Number of students who passed in the examination	<table border="1"><tr><td>0</td><td>8</td><td>1</td></tr></table>	0	8	1
0	8	1			
(b)	Number of students who failed in the examination	<table border="1"><tr><td>0</td><td>0</td><td>0</td></tr></table>	0	0	0
0	0	0			
(c)	Number of students who joined higher studies	<table border="1"><tr><td>N</td><td>I</td><td>L</td></tr></table>	N	I	L
N	I	L			
(d)	Number of students who took up teaching employment	<table border="1"><tr><td>N</td><td>I</td><td>L</td></tr></table>	N	I	L
N	I	L			
(e)	Number of students who secured employment through the institution	<table border="1"><tr><td>N</td><td>I</td><td>L</td></tr></table>	N	I	L
N	I	L			

**(B.P.Ed- II. 2017-18)**

(a)	Number of students who appeared in the final examination	<table border="1"><tr><td>0</td><td>6</td><td>9</td></tr></table>	0	6	9
0	6	9			
(b)	Number of students who passed in the examination	<table border="1"><tr><td>0</td><td>6</td><td>9</td></tr></table>	0	6	9
0	6	9			
(c)	Number of students who failed in the examination	<table border="1"><tr><td>0</td><td>0</td><td>0</td></tr></table>	0	0	0
0	0	0			
(d)	Number of students who joined higher studies	<table border="1"><tr><td>0</td><td>2</td><td>0</td></tr></table>	0	2	0
0	2	0			
(e)	Number of students who took up teaching employment	<table border="1"><tr><td>0</td><td>4</td><td>5</td></tr></table>	0	4	5
0	4	5			
(f)	Number of students who secured employment through the institution	<table border="1"><tr><td>0</td><td>1</td><td>2</td></tr></table>	0	1	2
0	1	2			

**(M.P.Ed- I. 2017-18)**

(a)	Number of students who appeared in the final examination	<table border="1"><tr><td>0</td><td>2</td><td>5</td></tr></table>	0	2	5
0	2	5			
(b)	Number of students who passed in the examination	<table border="1"><tr><td>0</td><td>2</td><td>5</td></tr></table>	0	2	5
0	2	5			
(c)	Number of students who failed in the examination	<table border="1"><tr><td>0</td><td>0</td><td>0</td></tr></table>	0	0	0
0	0	0			
(d)	Number of students who joined higher studies	<table border="1"><tr><td>N</td><td>I</td><td>L</td></tr></table>	N	I	L
N	I	L			
(e)	Number of students who took up teaching employment	<table border="1"><tr><td>N</td><td>I</td><td>L</td></tr></table>	N	I	L
N	I	L			
(f)	Number of students who secured employment through the institution	<table border="1"><tr><td>N</td><td>I</td><td>L</td></tr></table>	N	I	L
N	I	L			

**(M.P.Ed- II. 2017-18)**

(a)	Number of students who appeared in the final examination	<table border="1"><tr><td>0</td><td>2</td><td>5</td></tr></table>	0	2	5
0	2	5			
(b)	Number of students who passed in the examination	<table border="1"><tr><td>0</td><td>2</td><td>5</td></tr></table>	0	2	5
0	2	5			
(c)	Number of students who failed in the examination	<table border="1"><tr><td>0</td><td>0</td><td>0</td></tr></table>	0	0	0
0	0	0			
(d)	Number of students who joined higher studies	<table border="1"><tr><td>0</td><td>0</td><td>6</td></tr></table>	0	0	6
0	0	6			

18. (e) Number of students who took up teaching employment 

0	1	8
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- (f) Number of students who secured employment through the institution 

0	0	5
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**Teaching Resources (B.P.Ed. &M.P.Ed.-I & II)**

- |  | Yes  | No                       |   |   |
|--|--|--------------------------|---|---|
| (a) Principal/Head of the Department is in position                    | <input checked="" type="checkbox"/>  | <input type="checkbox"/> |   |   |
| (b) Number of teachers employed on full-time basis                     | <table border="1" style="display: inline-table;"><tr><td>0</td><td>9</td></tr></table> |                          | 0 | 9 |
| 0  | 9  |                          |   |   |
| (c) Number of teachers employed on part-time basis                     | <table border="1" style="display: inline-table;"><tr><td>0</td><td>0</td></tr></table> |                          | 0 | 0 |
| 0  | 0  |                          |   |   |
| (d) Number of Guest lecturers engaged (M.P.Ed.)                        | <table border="1" style="display: inline-table;"><tr><td>0</td><td>1</td></tr></table> |                          | 0 | 1 |
| 0  | 1  |                          |   |   |
| (e) Number of teachers on regular scale of pay                         | <table border="1" style="display: inline-table;"><tr><td>0</td><td>9</td></tr></table> |                          | 0 | 9 |
| 0  | 9  |                          |   |   |
| (f) Number of teachers on consolidated remuneration                    | <table border="1" style="display: inline-table;"><tr><td>0</td><td>0</td></tr></table> |                          | 0 | 0 |
| 0  | 0  |                          |   |   |
| (g) Number of teachers with qualifications as per NCTE norms           | <table border="1" style="display: inline-table;"><tr><td>0</td><td>9</td></tr></table> |                          | 0 | 9 |
| 0  | 9  |                          |   |   |
| (h) Number of teachers yet to qualify NET/SET                          | <table border="1" style="display: inline-table;"><tr><td>0</td><td>1</td></tr></table> |                          | 0 | 1 |
| 0  | 1  |                          |   |   |
| (i) Number of teachers yet to obtain post-graduate degree in education | <table border="1" style="display: inline-table;"><tr><td>0</td><td>0</td></tr></table> |                          | 0 | 0 |
| 0  | 0  |                          |   |   |
| (j) Number of teachers without school experience                       | <table border="1" style="display: inline-table;"><tr><td>0</td><td>4</td></tr></table> |                          | 0 | 4 |
| 0  | 4  |                          |   |   |

**19. Professional Development of Teachers (B.P.Ed. &M.P.Ed.-I & II)**

- (a) Number of teachers who attended in-service courses during the preceding year 

0	0
---	---
- (b) Number of teachers enrolled in part-time post-graduate course in education (M.Ed./M.A.(Education)/M.Phil) 

0	0
---	---
- (c) Number of teachers enrolled in full-time post-graduate course in education (M.Ed./M.A.(Education)/M.Phil) 

0	0
---	---
- (d) Number of teachers enrolled in Ph.D. programme 

0	0
---	---
- (e) Number of teachers who participated in seminars/conferences/workshops 

0	9
---	---
- (f) Number of papers published by the teachers 

1	3
---	---
- (g) Number of teachers who received professional recognition/awards 

0	0
---	---

**20. Land and Building (B.P.Ed. &M.P.Ed.)**

- |  | Yes                                 | No                                  |
|--|-------------------------------------|-------------------------------------|
| (a) Institution functions from its own building                  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| (b) Institution functions from a rented building                 | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| (c) Institution building is under construction                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| (d) Institution building is shared for running another course(s) | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| (e) Title of the land is on free-hold ownership basis            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| (f) Title of the land is on long-lease as per law                | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |

**21. Educational Technology (B.P.Ed. &M.P.Ed.-I & II)**

- (a) Number of computers with supporting accessories 

4	2
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Yes No

22.	(b)	Access to Internet	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
	✓					
	(c)	Number of hands - on experience hours provided to each student per week	<table border="1"><tr><td>0</td><td>2</td></tr></table>	0	2	
	0	2				
	(d)	Number of education related CD-ROMs available	<table border="1"><tr><td>0</td><td>7</td><td>5</td></tr></table>	0	7	5
	0	7	5			
	(e)	Number of education related video-cassettes available	<table border="1"><tr><td>0</td><td>1</td><td>5</td></tr></table>	0	1	5
	0	1	5			
	(f)	Number of education related audio-cassettes available	<table border="1"><tr><td>0</td><td>2</td><td>5</td></tr></table>	0	2	5
	0	2	5			
(g)	Website of the institution	<table border="1"><tr><td>Yes</td><td>No</td></tr><tr><td>✓</td><td></td></tr></table>	Yes	No	✓	
Yes	No					
✓						
(h)	Availability of LCD projector	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓			
✓						
(i)	Availability of OHP	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓			
✓						
(j)	Availability of TV	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓			
✓						
(k)	Availability of VCR	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓			
✓						
(l)	Availability of public-address system	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓			
✓						

**Library resources (B.P.Ed. &M.P.Ed.-I & II) -- (2018-19)**

(a)	Number of books in the library	<table border="1"><tr><td>0</td><td>6</td><td>8</td><td>8</td><td>4</td></tr></table>	0	6	8	8	4
0	6	8	8	4			
(b)	Number of books added to the library during the preceding year	<table border="1"><tr><td>0</td><td>2</td><td>1</td><td>1</td></tr></table>	0	2	1	1	
0	2	1	1				
(c)	Total Number of educational journals/periodicals being subscribed	<table border="1"><tr><td>0</td><td>3</td><td>3</td></tr></table>	0	3	3		
0	3	3					
(d)	Number of encyclopedias available in the library	<table border="1"><tr><td>3</td><td>4</td></tr></table>	3	4			
3	4						
(e)	Number of books available in the reference section of the library	<table border="1"><tr><td>0</td><td>1</td><td>5</td><td>0</td></tr></table>	0	1	5	0	
0	1	5	0				
(f)	Total seating capacity in the library	<table border="1"><tr><td>0</td><td>6</td><td>0</td></tr></table>	0	6	0		
0	6	0					

**23. Sports and Physical Education Resources (B.P.Ed. &M.P.Ed.-I & II)**

Institution has		Yes	No		
(a)	Playground (football/hockey etc.)	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(b)	Playground (football/hockey etc.) of another institution on sharing basis	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(c)	Gymnasium/Multipurpose hall	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(d)	Facilities for gymnasium	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(e)	Facilities for athletics	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(f)	Facilities for Health Education	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(g)	Facilities for Anatomy Lab	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(h)	Facilities for Physiology Lab	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					

**Organization and Management**

24.	Institution is	Yes	No				
		<table border="1"><tr><td></td><td></td></tr></table>			<table border="1"><tr><td></td><td></td></tr></table>		
(a)	Government owned	<table border="1"><tr><td></td><td>X</td></tr></table>		X			
	X						
(a)	Aided (B.P.Ed.)	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓				
✓							

- (b) Unaided (M.P.Ed.) 

✓	
---	--
- (c) University Department 

	X
--	---
25. (a) Minimum emoluments (basic pay and allowances) paid to teachers on regular appointment is (B.P.Ed.) 

6	1	4	5	2
---	---	---	---	---
- (b) Minimum emoluments (basic pay and allowances) paid to teachers on adhoc service is 

-	-	-	-	-
---	---	---	---	---
- (c) Minimum consolidated remuneration paid to teachers is 

-	-	-	-	-
---	---	---	---	---
- (d) Per lecture honorarium paid to guest lecturers is (M.P.Ed.) 

4	0	0
---	---	---
26. (a) Salaries are paid in cash 

Yes	No
	X
- (b) Salaries are paid through account payee cheque 

✓	
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27. (a) Salaries are disbursed each month 

Yes	No
✓	
- (b) Teachers are paid salary for the vacation period 

✓	
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#### Expenditure and Receipts (2017-18)(B.P.Ed.)

28. (a) Salaries paid to teaching staff during the preceding financial year 

1	2	8	3	0	5	5	9
---	---	---	---	---	---	---	---
- (b) Salaries paid to non-teaching staff during the preceding financial year 

-	2	1	5	9	1	0	0
---	---	---	---	---	---	---	---
- (c) Amount spent on utilities during the preceding financial year 

1	5	6	8	3	0	6
---	---	---	---	---	---	---
- (d) Amount spent on purchase of books and journals for the library during the preceding financial year 

-	-	1	3	1	5	5
---	---	---	---	---	---	---
- (e) Amount spent on purchase of equipment during the preceding financial year 

-	1	1	6	5	9	4
---	---	---	---	---	---	---
- (f) Amount spent on purchase of furniture during the preceding financial year 

-	-	-	-	-	-	-
---	---	---	---	---	---	---
- (g) Amount spent on capital expenditure during the preceding financial year 

-	-	-	-	-	-	-
---	---	---	---	---	---	---
- (h) Amount spent on contingencies during the preceding financial year 

-	-	3	3	7	5	1
---	---	---	---	---	---	---

#### Expenditure and Receipts (2017-18)(M.P.Ed.)

28. (a) Salaries paid to teaching staff during the preceding financial year 

-	-	3	0	7	8	0	0
---	---	---	---	---	---	---	---
- (b) Salaries paid to non-teaching staff during the preceding financial year 

-	-	1	3	6	4	0	0
---	---	---	---	---	---	---	---
- (c) Amount spent on utilities during the preceding financial year 

-	-	6	3	6	4	9	7
---	---	---	---	---	---	---	---
- (d) Amount spent on purchase of books and journals for the library during the preceding financial year 

-	-	-	1	0	8	5	2
---	---	---	---	---	---	---	---
- (e) Amount spent on purchase of equipment 

	-	-	-	-	-	-	-
--	---	---	---	---	---	---	---

	during the preceding financial year								
(f)	Amount spent on purchase of furniture during the preceding financial year		-	-	-	-	-	-	-
(g)	Amount spent on capital expenditure during the preceding financial year		-	-	-	-	-	-	-
(h)	Amount spent on contingencies during the preceding financial year	-	-	-	2	3	1	9	4

**For B.P.Ed.**

29.	(a)	Amount carried forward from the previous financial year	-	-	-	-	-	-	-	
	(b)	Receipts from fees (tuition and all other fees) during the preceding financial year	-	1	7	1	0	6	1	0
	(c)	Receipts from donation during the preceding financial year	-	-	-	-	-	-	-	-
	(d)	Receipts from consultancies and extension programmes during the preceding financial year	-	-	-	-	-	-	-	-
	(e)	Amount of grants received from the governments during the preceding financial year	1	4	9	8	9	6	5	9
	(f)	Income from investments during the preceding financial year	-	1	0	5	0	9	6	

**For M.P.Ed.**

29.	(a)	Amount carried forward from the previous financial year	<table><tr><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr></table>	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-			
	(b)	Receipts from fees (tuition and all other fees) during the preceding financial year	<table><tr><td>-</td><td>-</td><td>8</td><td>3</td><td>4</td><td>9</td><td>7</td><td>5</td></tr></table>	-	-	8	3	4	9	7	5
	-	-	8	3	4	9	7	5			
	(c)	Receipts from donation during the preceding financial year	<table><tr><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr></table>	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-			
(d)	Receipts from consultancies and extension programmes during the preceding financial year	<table><tr><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr></table>	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-				
(e)	Amount of grants received from the governments during the preceding financial year	<table><tr><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td></tr></table>	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-				
(f)	Income from investments during the preceding financial year	<table><tr><td>-</td><td>-</td><td>2</td><td>6</td><td>3</td><td>7</td><td>4</td><td></td></tr></table>	-	-	2	6	3	7	4		
-	-	2	6	3	7	4					

	Yes	No
30. Excess of expenditure over income	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Amount of excess of Expenditure over Income (B.P.Ed.)	-	2	0	7	5	0	4
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Amount of excess Expenditure over income (M.P.Ed.)	-	3	2	6	5	9	4
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31.
The institutional accounts of the preceding financial year have been audited

✓

**Endowment fund and Reserve Fund**

32.
(a)
Amount of Endowment fund (M.P.Ed.)

-

5

0

0

0

0

0

(b)
Amount of Reserve fund (M.P.Ed.)

3

0

0

0

0

0

(c)
Amount of Reserve fund (B.P.Ed.)

5

0

0

0

0

0

(d)
Endowment fund is maintained jointly with NCTE

Yes

No

✓

33.     **Resume of the institution**

Brief appraisal of the overall performance of the institution during the preceding academic session and plans for future development is enclosed herewith.

(Signature of the Head of the Institution/Principal)

Signature of Secretary

**Bombay Physical Culture Association's  
College of Physical Education,  
Bharatiya Krida Mandir, Naigaum Cross Road,  
Wadala, Mumbai – 400 031. (Maharashtra)**

**Code No. (B.P.Ed.) : 114031**

**(M.P.Ed.) : 124045**

**BRIEF APPRAISAL OF THE OVERALL PERFORMANCE AND PLANS FOR FUTURE  
DEVELOPMENT OF THE INSTITUTION FOR THE ACADEMIC SESSION 2018-19.**

The Institution has started its 40<sup>th</sup> batch of B.P.Ed. and 21<sup>st</sup> batch of M.P.Ed. course on 18<sup>th</sup> September, 2018. The students were admitted through Common Entrance Test (CET) conducted by the Government of Maharashtra State, Director of Higher Education, Pune.

The details regarding the overall performance of the institution during the academic session 2018-19, is as under :

**I ACADEMIC ACTIVITIES/PROGRAMMES**

The College has organized following various curricular, co-curricular and extracurricular activities for B.P.Ed.&M.P.Ed. courses during the year 2018-19.

**1.1 Inauguration of two years BPED Programme**

Inauguration of 40<sup>th</sup> batch of second year B.P.Ed. Programme and 21<sup>st</sup> batch of M.P.Ed. Programme was organized on 9<sup>th</sup> July 2018. For the Inaugural function Shri. Sanjay Baburao Shete, President of Bombay Physical Culture Association, Mumbai was present. Whereas, first year programme of two years BPED & MPED for the year 2018-19 was started on 18<sup>th</sup> September 2018.

**1.2 House Formation :**

For systematic and effective training of B.P.Ed. Programme the House Formation has been conducted in the first week of October of first year students. Both the male and female students were classified equally into three homogeneous groups (Houses) each viz. *Anand, Pratap, Sangram* (male) and *Pragati, Shakti* House (female), by taking into consideration their physical fitness and other achievements.

**1.3 Practice Teaching:**

All the students of the B.P.Ed. first and second year programme were distributed into 7 teaching methods of academic subjects (optional teaching method) by taking into consideration their choice as well as subjects at the graduation level. Students were introduced with the microteaching, bridge lessons and practice-teaching in schools. Before sending them to different schools for practice teaching the students were well prepared under the guidance of concerned method teacher. Model lessons, Demonstration lessons, Audio-Video feedback as well as Discussion sessions were held from time to time, for the purpose. During the second term of the course, the students along with teachers were sent to different schools in small groups for conducting *Practice Teaching Lessons* of Physical Education as well as academic subjects. They were well prepared by conducting micro teaching, Simulation lessons prior to actual practice teaching in schools.

**1.4 Transaction of Theory and Practicals :**

Theory and practical classes were conducted throughout the year as per the syllabus of B.P.Ed. and M.P.Ed. Programme.

**1.5 Terminal Examinations :**

First and Second Terminal Examinations of B.P.Ed. (First and Second year) and M.P.Ed. (first and second year) Programmes in Theory and Practicals were conducted at the end of each semester.

**1.6 Inter House Competitions/ Intramurals/Athletic Training Camp and Annual Athletic Meet :**

In order to train the B.P.Ed. students in Athletic events, 7 days special Training Camp followed by one day Athletic Meet was organized on Standard size Synthetic

track at University Sports Complex, Marine Lines, Mumbai, during the month of February, 2018.

Further, for B.P.Ed. Programme on every Saturday, during practical hours, *Inter-house competitions* on various minor games, lead up games, relays as well as non-standard sports were conducted throughout the year. The intramurals of B.P.Ed. & M.P.Ed. Programmes (Inter House competition) in Volleyball, Hockey, Handball, Kabaddi and Kho-Kho were also organized and conducted by the students.

### **1.7 Information and Communication Technology (ICT) :**

The college has provided computer laboratory with 34 computers and all other required software and hardware including internet facility. The institution has included ICT curriculum by revising the existing syllabus of B.P.Ed. course w.e.f. the year 2014-15. Minimum 20 hrs. hand on experience of ICT has provided to the students as directed by the N.C.T.E. The M.P.Ed. students were also trained in computer application particularly in use of computers and SPSS software for research in Physical Education and Sports.

## **II CO-CURRICULAR & EXTRA CURRICULAR ACTIVITIES**

### **2.1 Hiking cum Trekking :**

As a part of training, one day *Hiking Cum Trekking Programme* to **Matheran** for first year BPED students and one day Picnic to 'Elephanta Caves' for second year BPED students was organized on 20<sup>th</sup> July, 2018. All the teachers and students successfully organized and enjoyed the Hiking, Trekking and Picnic programme.

### **2.2 Celebration of National Days :**

On the occasions of Independence Day and Republic Day Flag Hosting Ceremony was organized, followed by Inter-House Patriotic Group-Singing Competitions

### **2.3 Election of students council** was held in the month of September, 2018

### **2.4 Value Added Courses :**

In order to improve the professional qualities of the students *Value-added courses such as official classes and examinations of Volleyball, Kabaddi, Kho-Kho, Langadi, Athletics & Certificate Course in Personal Fitness Training and Certificate Course in fitness course Management* were conducted in collaboration with various *District Level Sports Organizations*. All the students appeared and successfully completed the said examinations.

### **2.5 Group singing Training:**

Three days camp was organized in which the students were trained in various national / patriotic group songs, under the guidance of famous musician and artist Mr. Somnath Parab. Independence Day was celebrated the flag were hoisted by the hands of Shri. Sanjay Shete President BPCA Mumbai, Dr. G.V. Pargaonkar Principal was present on the occasion. After the flag hoisting, Inter house patriotic Group Singing Competition was organized. On the same day all the students along with three faculty Dr. R.R. Dhakne, Dr. K.J. Maru and Dr. N.O. Joshi participated in the programme organized by Cultural Department Government of Maharashtra at Minitheater, Prabhdevi, Dadar.

### **2.6 Celebration of National Sports day (Elocution Competition and Friendly Match)**

'National Sports Day' was celebrated on 29<sup>th</sup> August, 2018 by organizing Elocution Competition on 'Why to Play'. The winners of the same were felicitated in the presence of Hon'ble President of B.P.C.A. On the same day friendly match between M.P.Ed. students (Jr Vs. Sr) was also conducted.

### **2.7 Teachers Day (Self Government and Elocution Competition)**

On 5<sup>th</sup> September, 2018 Teachers day was celebrated by conducting Self Government Programme followed by Elocution Competition on 'Role of Physical Education in National Education'. On the same day elocution competition were organized for students of Master Degree on 'Awakening of Wisdom Through Quality'.

### **2.8 Constitution Day**

On 26<sup>th</sup> November, 2018 'Constitution Day' was organized in which students were acquainted with various aspects of constitution through speeches, discussion and exhibition.

### **2.9 Inter School Lezium Competition**

As a regular activity of Institution, Inter School Lezium competition was organized on 29<sup>th</sup> Jan., 2019, in which about 1500 boys & girls of 17 schools were participated.

**2.10 Inter School Hind Trophy (Kabaddi, Kho-Kho &Langdi)**

Institution with the help of college students and faculty had successfully organized 75<sup>th</sup> Inter School Hind Trophy Competition of school children in Kabaddi, Kho-Kho &Langadi during 8<sup>th</sup> to 10<sup>th</sup> January 2019 in which 972 boys and 660 girls of different schools were participated.

**2.11 Marathi Bhasha Gaurav Din**

On 17<sup>th</sup> February 2019 'Marathi Bhasha Gaurav Din' was celebrated on this occasion students read rhymes and poetry, some students deliver lecture on 'Vikas Marathi Bhashecha (development of Marathi language).

**2.12 University Degree Distribution Ceremony**

On 17<sup>th</sup> May, 2019 University Degree Distribution function was organized in the college President of the Institution Shri.Sanjay Shete presided over the function, Dr.G.V. Pargaonkar, Principal of the college was present on the occasion.

**2.13 International Day of Yoga**

International day of Yoga was organized on 21<sup>st</sup> June 2018 in which all the teachers were participated, on this occasion. Shri.DilipPotdar, Yoga expert had deliver lecture on 'Yoga demonstration and meditation'.

**2.14 Scout & Guide Training Camp**

To provide training and experience, six days Scout & Guide training camp was organized as a part of curricular activities at Shantivan near Panvel during 17-22 Dec.,2018.

**2.15 VachanPrerna Din**

15<sup>th</sup> Oct.,2018 on the occasion of birth anniversary of President of India late Dr.APJ Abdul Kalam 'VachanPrerna Din' was celebrated the function was presided by Prin.Dr.G.V. Pargaonkar.

**2.16 Inter-Collegiate Tug of War Competition**

The college organized Inter Collegiate Tug of War Competition in collaboration with AkhilBharatiyaVidyarthiParishad (ABVP) Mumbai on 15<sup>th</sup> January, 2019 in which 12 colleges affiliated to University of Mumbai were participated.

**2.17 Workshop on Sports Injury and First Aid Management**

In collaboration with Gayo Fitness Academy the college has organized National Level Workshop on Sports Injury and First Aid Management during February 2-3, 2019, in which 188 participants were present.

**2.18 Leprosy Awareness Programme**

In collaboration with Acworth Leprosy Hospital, Mumbai, the college has organized lecture on Leprosy research, rehabilitation and education on 9<sup>th</sup> February, 2019.

**2.19 Participation of Students and Teachers in International Conference**

21 students were attend and participated in the International Conference on "Sports Psychology and Yogic Sciences" organized by Dr. Ambedkar College, Nagpur on 16<sup>th</sup> & 17<sup>th</sup> January, 2019. In which the following students have presented their papers and posters-

- List of students presented paper :**

Sr. No.	Name of the Students	Title of the Paper
1	Ambrita More, Dr. Neetu Joshi (Asstt. Prof)	A Study of Effect of Plyometric Training Programme of Self Concept of Artistic Gymnasts of Mumbai City (I Place)
2	Jaspreet Kaur, DrNeetu Joshi (Asstt. Prof)	Effect of Judo Training Programme on Aggression of College Students of Mumbai Suburban
3	BhagyashriBhilare, AdarshKalapurathu, Dr. SushamaChougule (Asstt. Prof)	Effect of Specific Training Programme on Aggression of Kabaddi Players of Mumbai (III Place)
4	PratikshaKshirsagar, Priyesh D'Souza	A Comparative Study of Pre Competitive Anxiety Between Junior

	Dr. R.R. Dhakne (Asstt. Prof)	College Volleyball and Football Players of Mumbai
5	Ganesh Yadav, Gayasuddin Balwar, Dr. G.K. Dhorkat (Asstt. Prof)	Comparative Study on Aggression between Karate and Boxing Players of Mumbai City

Sr. No.	Name of the Students	Title of the Paper
6	Anwaruzzama Khan Manoj Verma	A Comparative Study of Mental Health Between Volleyball and Cricket School Players Aged 12 to 14 Years of Thane City
7	Deepali Torkadi, Atul Shinde	Effect of Football Training Programme on the Stress of Students of Mumbai
8	Swapnali Tambi	Effect of Specific Training Programme on Stress of Softball Players of Navi Mumbai (II Place)

• **List of students Poster Presentation Groups :**

Sr. No.	Name of the Students	Title of the Paper
1	Shwetali Kode Dipali Patil Sachin Girane Madhuri Gaikhe	Effect of Yogic Practices on Anxiety of National Cadet Corps of Mumbai (II Place)
2	Deepali Torkadi Snehal Khobarekar Pradnya Dound	Effect of Aerobic Exercises on Mental Health of Junior College Girls (III Place)
3	Vaishali Gupta Bhagyashri Bhilare Madhuri Gaikhe Yogesh Bankar	Effect of Yogic Practices on General Wellbeing of Senior College of Mumbai (I Place)

**2.20 Participation of Students and Teachers in National Workshop**

National Workshop on ‘Research Methodology in Sports & Exercises Psychology’ from 16<sup>th</sup> to 22<sup>nd</sup> January, 2019

**The List of students and faculty members who attended the said workshop**

Sr. No.	Name of the Students	Class
1	Vaishali Gupta	M.P.Ed.-II
2	Priya Jadhav	M.P.Ed.-II
3	Snehal Khule	M.P.Ed.-II
4	Jagruti Patil	M.P.Ed.-II
5	Aishwarya Shinde	M.P.Ed.-II
6	Deepali Torkadi	M.P.Ed.-II
7	Randhir Bagal	M.P.Ed.-II
8	Mayur Chavan	M.P.Ed.-II
9	Sanjay Darawade	M.P.Ed.-II
10	Ajay Dhundle	M.P.Ed.-II
11	Anil Ganganmalle	M.P.Ed.-II
12	Bhavesh Gulvi	M.P.Ed.-II
13	Saroj Shyamnarayan	M.P.Ed.-II
14	Dipali Patil	Ph.D. Scholar
15	Dr. Rajendra Dhakne	Asstt. Prof.
16	Dr. Neetu Josh	Asstt. Prof.

## 2.20 Blood Donation Camp

The college organized Blood Donation Camp of college students in collaboration with Sir J.J. Hospitals Government of Maharashtra on 12<sup>th</sup> April, 2019 in which 81 students donated their blood for social and national cause.

## 2.21 Campus Interview

Campus interview was conducted on 16<sup>th</sup> May, 2018 from 11.30 am onwards. Around 4 company & schools were present on the day for conducting Campus Interview. B.P.Ed I year programme Students gave interview for part time coaches post, whereas B.P.Ed II year & M.P.Ed programme students gave interview for Physical Education teachers post. During the same our students got exposure and learnt how to face interview & some of them will be definitely recruited in the institutions.

The companies participated in Campus Interview were as follows -

1. Mr. Azeem Durrani,  
Academic Director  
Moonstar Global School,  
Next to Tanwar Nagar TMC Gate,  
Kausa, Mumbra, Thane – 400 612  
Tel. No: 022 25355558  
Email.id: knoworld@gmail.com
2. Mr. Sanket Shette,  
Unistar Sports,  
Unistar Sporting Excellence Pvt Ltd,  
108, Prithvivandan CHS, Lower Parel E, Mumbai – 400 013  
Tel.No: 9664766472  
Email.id: [sanket.shetye@unistarsports.com](mailto:sanket.shetye@unistarsports.com)
3. Mrs. Amruta Karkhanis,  
D.S. High School,  
Next to Guru Nank High School,  
Sion, Mumbai  
Mob.No: 9820590484
4. Miss. Khyati Oza  
Manager – HR.,  
Imperial International Sports Academy (IISA),  
Malad (W), Mumbai – 400 064

## III EXTENSION ACTIVITIES/PROGRAMMES ORGANIZED :

The students and the teachers of the College were deputed for conducting various games and sports as Officials, as a part of linkage/collaboration established with various schools, colleges and other sports organizations/Go's/NGo's of Greater Mumbai. Further in order to provide training and experience of organization the teachers and students have successfully organized and conducted the following competitions of various institutions and schools-

- Suryanamaskar Competition organized by Suvidhyalaya High School (Borivali) on 30<sup>th</sup> July, 2018.
- SFI Archery Competition held at D.Y. Patil Stadium, Nerul organized by Swatantraveer Savarkar Archery Academy on 13<sup>th</sup> & 14<sup>th</sup> December, 2018.
- Inter School Gymnastic Competitions of Mumbai Schools Sports Association during Dec.08-09, 2018 and Jan.11, 12 & 13, 2019
- Thane District Schools Sports Meet organized by Education Department of Thane Zilha Parishad on 8<sup>th</sup> January, 2019 at Badlapur, Thane.
- Annual Sports Competition organized by Gokhale Education Societies College of Education, held at Kamgar Maidan, Parel on 8<sup>th</sup> February, 2019.
- 22<sup>nd</sup> Maharashtra State Inter University Sports Meet 2018 organized the University of Mumbai during February 14-18, 2019
- Distribution of State Level Sports Awards (Shiv Chhatrapati Award) organized by Government of Maharashtra at Gateway of India on 17<sup>th</sup> February, 2019

- 57<sup>th</sup> Sunk Rock – Gateway Sea Swimming Race 2019 on February 24, 2019 at Gateway of India.
- Talent Display organized by Mumbai City Gymnastic Association on 2<sup>nd</sup> March 2019.

#### IV RESEARCH ACTIVITIES CONDUCTED BY THE COLLEGE

**Ph.D. Registered /Awarded :** Since the University of Mumbai has approved this college in 1996 as **Post Graduate Research Centre**, with an intake of 30 Ph.D. scholars. Till today 47 students of the Research Centre have been awarded Ph.D. degree of the University of Mumbai. At present there are 09 Ph.D. guides are available under whom 30 students have been registered for Ph.D. degree of the University of Mumbai. During the year the following 12 research scholars of the college have been awarded Ph.D. degree of the University of Mumbai.

Sr. No.	Name of the Scholar	Name of the Guiding Teacher
1	Smt. Chougule Sushama Narayan	Dr. R.R. Dhakne
2	Shri. Kateshiya Rajesh Ramniklal	Dr. G.K. Dhokrat
3	Shri. Tambare Sachin Hari	Dr. R.R. Dhakne
4	Smt. Lobo Mini Charlotte	Dr. R.R. Dhakne
5	Smt. Shelatkar Veena Sandeep	Dr. R.R. Dhakne
6	Shri. Pawar Sunil Bhagwan	Dr. G.K. Dhokrat
7	Shri. Kateshiya Rajesh Ramniklal	Dr. G.K. Dhokrat
8	Shri. Salve Vishal Suresh	Dr. G.K. Dhokrat
9	Smt. Gill Monica	Dr. G.V. Pargaonkar
10	Smt. Gill Monica	Dr. G.V. Pargaonkar
11	Shri. Sandeepkumar Rampal	Dr. G.V. Pargaonkar
12	Shri. Gaikwad Ramanand Nagnath	Dr. K.K. Asai

#### V. PARTICIPATION AND PRESENTATION IN CONFERENCE/WORKSHOPS/SEMINARS

Sr. No.	Name of the Teacher	Theme of the Seminar/Conference/Symposia (please specify whether it was a Seminar/Conference/Symposia as the case may be)	Name of the Organizer	Date & Place	Title of the Paper presented/read
1	Dr. R.R. Dhakne Asstt Prof.	Workshop on 'New API as per UGC Amendments',	University of Mumbai & Vidya Prasarak Mandals K.G. Joshi College of Arts & N.G. Bedekar College of Commerce, Thane.	July 06, 2018	Participated
		National Workshop on "Research Methodology in Sports & Exercise Psychology"	National Sports University, Imphal, Manipur.	Jan. 16-22, 2019	Participated
		Workshop on Sports Injuries Early Identification & Management	University of Mumbai & B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	February 02-03, 2019	Participation
2	Dr. G.K. Dhokrat Asso. Prof.	1 <sup>st</sup> Conference on Interdisciplinary Approach in Sports	Faculty of Sports Science, university Negeri Yogyakarta, Indonesia	October, 26-27, 2018	Positive Mental Health and Its Association With Posture : With Reference to School Children
3	Dr. N.O. Josh Asstt. Prof.	Workshop on 'New API as per UGC Amendments',	University of Mumbai & Vidya Prasarak Mandals K.G. Joshi College of Arts & N.G. Bedekar College of Commerce, Thane.	July 06, 2018	Participated
		3 <sup>rd</sup> National Conference on Self-Employability Skills Development in Physical Education & Sports Sciences	Department of Physical Education & IQAC S.G.B. Amravati University	Dec. 13-14, 2018	"Effect of Specific Training Programme on Optimum Health of Kho-Kho players of Mumbai".

		National Workshop on “Research Methodology in Sports & Exercise Psychology”	National Sports University, Imphal, Manipur.	Jan. 16-22, 2019	Participated
		Workshop on Sports Injuries Early Identification & Management	University of Mumbai & B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	February 02-03, 2019	Participation

Sr. No.	Name of the Teacher	Theme of the Seminar/Conference/Symposia (please specify whether it was a Seminar/Conference/Symposia as the case may be)	Name of the Organizer	Date & Place	Title of the Paper presented/read
4	Dr. S.N. Chougule Asstt. Prof.	National Level Seminar on Gender Equality and Women Empowerment	Adarsh College of Arts, Nijampur-Jaitane	October 20, 2018	Status of Women in Indian Sports
		National Conference on Role of Physical Education and Other Disciplines in Enhancing the Performance of Players and Fitness	IQAC, Badnera-Amravati	December 24, 2018	The Role of Technology in Sports
		International Congress on Renaissance in Sports Strategies, Challenges and Choices	National College, Tamil Nadu	January 06-10, 2019	Dawn of Kabaddi as an Indigenous Sport
		Workshop on Sports Injuries Early Identification & Management	University of Mumbai & B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	February 02-03, 2019	Participation
		1 <sup>st</sup> International Conference in Education	Department of Special Education, SNDT University	January 18-19, 2019	Be the Difference : Equality and Equity in Education
		International Multidisciplinary Conference on 'World Road to Cashless Economy	Clara's College of Commerce, Varsova, Mumbai-61,	March, 16, 2019	Golden Year for Fitness
		Multidisciplinary International Conference on Changing Perspectives in Management, Humanities, Science & Technology	A.E.Kalsekar Degree college Kansa, Mumbra, Thane	March, 23, 2019	Battle with Generalized anxiety disorder.
5	Dr. K.J. Maru Asstt. Prof.	Workshop on 'New API as per UGC Amendments'	University of Mumbai & Vidya Prasarak Mandal's K.G. Joshi College of Arts and N.G. Bedekar College of Commerce, Thane	July 6, 2018	Participated
		3 <sup>rd</sup> National Conference on Self-Employability Skills Development in Physical Education & Sports Sciences	Department of Physical Education & IQAC S.G.B. Amravati University	Dec. 13-14, 2018	Effect of Super Set Weight Training on Post Skill Performance Perceived Exertion Rate of Judo Players
		NAAC sponsored symposium 'Measures for Quality Enrichment and Sustenance in Higher Education Institutions	University of Mumbai	January 18, 2018	Effect of Pranayama and Mudras on Emotional Stability and over-all Adjustment of Junior College students
		Workshop on Sports Injuries Early Identification & Management	University of Mumbai & B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	February 02-03, 2019	Participation
6	Dr. R.C. Kawade Asstt. Prof.	Workshop on Sports Injuries Early Identification & Management	University of Mumbai & B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	February 02-03, 2019	Participation
7	Dr. R.N. Shelke Asstt. Prof.	Workshop on Sports Injuries Early Identification & Management	University of Mumbai & B.P.C.A's college Physical Education, Wadala Mumbai – 400 031.	February 02-03, 2019	Participation

## VI PUBLICATION OF BOOKS/RESEARCH PAPERS /ARTICLES BY FACULTY:-

1	<b>Dr. N.O. Joshi</b> “Effect of Judo Training Programme on Aggression of College Students of
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	Mumbai Suburban”, <b>Research Chronicler e-ISSN 2347-503X- International Multidisciplinary Research Journal-Digital Edition-Feb-2019, Vol. No. 88-93,</b>
	<b>Dr. N.O. Joshi</b> “A Study of Effect of Plyometric Training Programme on Self Concept of Artistic Gymnasts of Mumbai City”, <b>Research Chronicler e-ISSN 2347-503X- International Multidisciplinary Research Journal-Digital Edition-Feb-2019, Vol.No.38-43,</b>

2	<b>Dr. S. N. Chougule</b> “Status of Women in Indian Sports”, <b>ISBN:978-93-87129-95-5, National Level Seminar, 20<sup>th</sup> October, 2018.</b>
	<b>Dr. S. N. Chougule</b> “The Role of Technology in Sports”, <b>ISSN:2349-638X Impact Factor:4.574, National Conference, Peer Reviewed and Indexed Journal, 24<sup>th</sup> December, 2018.</b>
	<b>Dr. S. N. Chougule</b> “Dawn of Kabaddi as an Indigenous Sport”, <b>ISSN:2320-5202, UGC Sponsored International Congress, 6<sup>th</sup> to 10<sup>th</sup> January, 2019.</b>
	<b>Dr. S. N. Chougule</b> “Gender Discrimination: Burning Issue in Sports”, <b>ISBN 978-93-82884-99-6, International Conference, January 18-19, 2019.</b>
	<b>Dr. S. N. Chougule</b> “One Day-Day one”, <b>ISSN:2278-487X p-ISSN:2319-7668, IOSR-Journal, March, 2019.</b>
	<b>Dr. S. N. Chougule</b> “Golden Years for Fitness”, <b>ISSN:2394-7780 Volume 6, Issue 1 (XXXVIII) Journal No.63571, International Multidisciplinary Conference, 16<sup>th</sup> March, 2019.</b>
	<b>Dr. S. N. Chougule</b> “Battle with Generalized anxiety disorder”, <b>ISSN:2394-7780 Volume 6, Issue 1 (XXXV) Journal No.63571, Internal Multidisciplinary Conference, 23<sup>rd</sup> March, 2019.</b>
3	<b>Dr. K.J. Maru</b> , “Effect of Super Set Weight Training on Recovery Heart Rate of Judo Players”, <b>e-ISSN 2347-503X, p-ISSN-2347-5021, Vol. VII. SPL, Issue-I-Feb 2019</b>
	<b>Dr. K.J. Maru</b> , “Effect of Taekwondo Training For the Promotion of Mental Health of School Girls”, <b>Ajanta-ISSN2277-5730-Impact Factor – 5.5, Vol. VII. SPL, Issue-I-Jan-March 2019</b>

## VII OTHER IMPORTANT REPRESENTATION/POSITION/ACHIEVEMENT OF THE FACULTY & STUDENTS

- 7.1 Dr. G.V.. Pargaonkar, worked as **IQAC Member** of Dr. Amberdkar College of Commerce and Economics, Wadala, Mumbai – 31.
- 7.2 Dr. G.V. Pargaonkar, worked as **Member (Subject Expert) on Research and Recognition Committee** for the subject of Physical Education under the faculty of Inter-disciplinary studies of SavitribaiPhule Pune University and the University of Mumbai.
- 7.3 Dr. G.V. Pargaonkar, worked **on scrutiny /committee** of **Shivaji University for Director of Sports & Physical Education** post.
- 7.4 Dr. G.V. Pargaonkar, worked as Expert **on the committee** appointed by the **NAAC for preparing revised manual of ARA for Teacher Education Institution** on 12-13 February, 2019, Bengaluru.
- 7.5 Dr. G.K. Dhokrat, worked as **Visiting Team Member of NCTE** for affiliation of B.Ed. Integrated programme of IASE, GANDHI VIDYA MANDIR, Sardarshar, DistChuru, Rajasthan on 24<sup>th</sup>& 25<sup>th</sup> August, 2018
- 7.6 Dr. G.K. Dhokrat, worked as **Visiting Team Member of NCTE** for affiliation of B.P.Ed.Programme of Mangalore University, Mangalore on 28<sup>th</sup> February & 1<sup>st</sup> March, 2019.
- 7.7 Dr. G.K. Dhokrat, worked as **Chairperson in National Conference** on Anti-Doping, Physical Education & Sports Science, Organized by **SRTM University, Nanded** on 27-28 March, 2019
- 7.8 Dr. N.O. Joshi worked as **Chairperson at the International Conference** on Sports Psychology & Yogic Sciences held between 16-17<sup>th</sup> February, 2019 Organized by **Department of Physical Education & Sports & IQAC**, Dr.Ambedkar College, Deekshabhoomi, Nagpur.
- 7.9 Dr. N.O. Joshi worked as an **Examiner by National Sports University**, Imphal, Manipur for the Semester Examination of II & III Semester 2018-19 (May) B.Sc. (Sports Coaching), B.P.E.S, M.A.(Sports Psychology)Subjects: II Semester M.A.(Sports Psychology)- Social Psychology in Sports, III Semester B.P.E.S – Movement Education
- 8.0 Dr. N.O. Joshi worked as an **Examiner by Lakshmibai National Sports University, Gwalior**

for the Semester VI Examination 2018-19 of II & III Semester 2018-19 (May) B.Sc. (Sports Coaching), B.P.E.S, M.A.(Sports Psychology)Subjects: II Semester M.A.(Sports Psychology)- Social Psychology in Sports, III Semester B.P.E.S – Movement Education

### VIII. ACHIEVEMENTS OF ALUMNI ASSOCIATION:

The ‘Sports Training Centre’ which is conducted by ‘Alumni Association’ of the institution for the school going children aged 5-15 years, since 1993. During the year 20 students and 09 students secured positions/places in State and National Level Sports Competition respectively. About 160 school going children were provided sports training, throughout the year (i.e. six days in a week and every day from 6.00 p.m. to 9.00 p.m.)

### IX PARTICIPATION AND ACHIEVEMENT OF STUDENTS IN UNIVERSITY SPORTS :

During the year 2018-19 the following 65 students of B.P.Ed. &M.P.Ed. participated in various intercollegiate /Inter-University Sports Competition and become eligible for getting additional 10 grace marks due to their excellent performance

Sr. No.	Name of the Candidates in full	Level	Game/Sports	Place
1	/BhusareKajalSudamrao	Inter-Collegiate	Handball Taekwondo	4 <sup>th</sup> Place 8 <sup>th</sup> Place
2	/DedhiaDevanshiShailesh	Inter-Collegiate	Handball	4 <sup>th</sup> Place
3	/Gaykar Ashwini Anant	Inter-Collegiate	Ball Badminton	8 <sup>th</sup> Place
4	/KamtheAnuradhaDattatray	Inter-Collegiate	Ashwamedha Kho-Kho 4X100 M Relay	Participation 5 <sup>th</sup> Place
5	/KhedekarMeghanaRohidas	Inter-Collegiate	Ball Badminton	8 <sup>th</sup> Place
6	/LuharKailaskumariDevaram	Inter-Collegiate	Tug of War Yoga	7 <sup>th</sup> Place 6 <sup>th</sup> Place
7	/Navarat Neha Gajanan	Inter-Collegiate	Ball Badminton Yoga	8 <sup>th</sup> Place 7 <sup>th</sup> Place
8	/Pal Pooja Sadanand	Inter-Collegiate	Handball Softball Ball Badminton Tug of War	4 <sup>th</sup> Place 4 <sup>th</sup> Place 8 <sup>th</sup> Place 7 <sup>th</sup> Place
9	/PatilKarishmaGunaji	Inter-Collegiate	Handball Softball Ball Badminton	4 <sup>th</sup> Place 4 <sup>th</sup> Place 8 <sup>th</sup> Place
10	/Pawar Anju Kisan	Inter-Collegiate	Ball Badminton	8 <sup>th</sup> Place
11	/PawarKashmira Prakash	Inter-Collegiate	Ball Badminton	8 <sup>th</sup> Place
12	/Shinde Gauri Satish	Inter-Collegiate	Tug of War Softball	7 <sup>th</sup> Place 4 <sup>th</sup> Place
13	/SingatkarMayuriRavindra	Inter-Collegiate	Handball Ball Badminton	4 <sup>th</sup> Place 8 <sup>th</sup> Place
14	/Thakkar Radhika Ajay	Inter-Collegiate	Softball Handball Ball Badminton Tug of War	4 <sup>th</sup> Place 4 <sup>th</sup> Place 8 <sup>th</sup> Place 7 <sup>th</sup> Place
15	/Yadav Nisha Bhagwandas	Inter-Collegiate	Yoga	7 <sup>th</sup> Place
16	ChavanRohitKashinath	Inter-Collegiate	Taekwondo	6 <sup>th</sup> Place
17	JadhavHarshalEknath	Inter-Collegiate	4X100 M Relay	3 <sup>rd</sup> Place
18	Kadam Akshay Anil	All India Inter University	Softball	All India Participation
19	KavadeRajatRajendra	Inter-Collegiate	Malkhamb	6 <sup>th</sup> Place
20	More Tejas Sunil	Inter-Collegiate	4X100 M Relay	3 <sup>rd</sup> Place

21	NanheOmkarVitthal	Inter-Collegiate	Handball	3rd Place All India Participation
22	Patil Aditya Gokul	Inter-Collegiate	Malkhamb	3rd Place All India Participation
23	RajeYash Rajesh	Inter-Collegiate	Judo	2nd Place
<b>Sr. No.</b>	<b>Name of the Candidates in full</b>	<b>Level</b>	<b>Game/Sports</b>	<b>Place</b>
24	RanePrathamesh Sanjay	Inter-Collegiate	Handball	3rd Place All India Participation
25	Rathod Ajay Pravinbhai	Inter-Collegiate	4X100 M Relay	3rd Place
26	Roy Suhotro	Inter-Collegiate	Handball	3rd Place
27	Singh PrafullYashwant	Inter-Collegiate	Judo	2nd Place
28	ThoraveAvinashSambhaji	Inter-Collegiate	Shot put	6th Place
29	Tiwari Shyamsunder Rajesh	Inter-Collegiate	4X100 M Relay	3rd Place
30	VhalgadeAnkushDadaji	Inter-Collegiate	Handball	3rd Place
31	/BhoilkarSusmitaRohidas	Inter-Collegiate	Softball Handball 4X100 Relay	4th place 4th place 5th Place
32	/GawandChetnaSuhas	Inter-Collegiate	Handball Softball	4th place 4th place (All India)
33	/Jadhav Aparna Deepak	Inter-Collegiate	4X400 Relay	6th place
34	/JadhavTejashri Sunil	Inter-Collegiate	Handball Javelin Throw	4th place 6th place
35	/JotshiShivani Sunil	Inter-Collegiate	Softball	4th place
36	/Kadam JosanaSambhaji	Inter-Collegiate	Yoga	7th place
37	/KapureHemangiSurendra	All India	Softball Handball	4th place (All India) 4th place (All India)
38	/KashidRupaliPandurang	Inter-Collegiate	Yoga 4X400 Relay	7th place 6th place
39	/Kore SamikshaRamakant	Inter-Collegiate	4X100 Relay	5th place
40	/MalviyaRinkuNenmal	Inter-Collegiate	Badminton	8th place
41	/PatilHarshadaGajanan	Inter-Collegiate	Softball Handball	4th place 4th place
42	/PatilKrutika Anil	Inter-Collegiate	Yoga	7th place
43	/Rane Pooja Vinod	Inter-Collegiate	Tug of War Badminton	6th place 8th place
44	/RaneVaibhaviAvinash	Inter-Collegiate	4X100 Relay	5th place
45	/Sayed Itrat Zahra Zafar	Inter-Collegiate	Softball	4th place
46	/ShindeSnehal Vijay	Inter-Collegiate	Tug of War Softball	6th place 4th place
47	/ShitapNamrata Sadashiv	Inter-Collegiate	Handball Taekwondo	4th place 7th place
48	/Singh Shweta Rajesh	Inter-Collegiate	Badminton Softball Handball	8th place 4th place 4th place
49	/SitapRiddhi Raghunath	Inter-Collegiate	Badminton Softball	8th place 4th place
50	Bhattacharya Rathin Kumar	Inter-Collegiate	Handball	3rd place
51	BhoirBhushanSudhakar	Inter-Collegiate	Handball	3rd place

52	BoradeRiteshRajendra	Inter-Collegiate	Handball	3rd place
53	Gurav Bharat Devdas	Inter-Collegiate	Handball	3rd place
54	Lad RajendraRamkrushna	Inter-Collegiate	Handball	3rd place
55	LokegaonkarPranilPandurang	Inter-Collegiate	Handball	3rd place
56	Mangela Naresh Ravi	Inter-Collegiate	Handball	3rd place

Sr. No.	Name of the Candidates in full	Level	Game/Sports	Place
57	Nijai Abhishek Sahadev	Inter-Collegiate	Handball 400 M. Hurdle	3rd place 3rd place
58	PatilDipesh Krishna	Inter-Collegiate	Handball	3rd place
59	Patil Karan Rajendra	Inter-Collegiate	Handball Decathlon	3rd place 4th place
60	ShetkarJagannathSahadev	Inter-Collegiate	Archery	2nd place(All India)
61	ShindeRameshwarSomeshwar	Inter-Collegiate	Softball Baseball Handball	All India All India 3rd place
62	/KalamkarDipali Prakash	Inter-Collegiate	4X400 Relay	6th place
63	/Meher Priyanka Chintaman	Inter-Collegiate	Softball	4th place
64	/PawarSamruddhi Ashok	Inter-Collegiate	Tug of War	6th place
65	/Solanki TejalKisan	Inter-Collegiate	Handball Softball	4th place 4th place
66	DeshmukhYashrajArun	Inter-Collegiate	Handball	3rd place
67	/GaikheMadhuri Kailas	Inter-Collegiate	Handball	4th place

**X. PLANS FOR THE FUTURE DEVELOPMENTS OF THE INSTITUTION :**

1. To start Diploma/Certificate course in Yoga for Teacher Educators.
2. To start certificate course in Sports Management for Physical Education Teachers.
3. To conduct Work Shops/Orientation courses for past students as well as in service Physical Education. Teachers on information and communication Technology Literacy.
4. To provide training in various sports and games to school children with the help of past students of the institution.
5. To Establish more linkage with various GO's and NGO's for further Quality enhancement
6. Furtherance of Researcher Training Drive (RTD) with a view to form a separate body which will look after the generation and dissemination of Physical Education and Sports knowledge.
7. To apply to UGC for autonomous status of the college

While concluding this brief appraisal of the overall performance and plans for future of the institution, it can be said that the college is functioning successfully by taking sincere efforts for the promotion of teacher education in Physical Education and Sports in India. All the teachers, non-teaching staff and alumni are spontaneously and actively involved in the quality enhancement process of the institution. Most importantly, the strong support, self-less encouragement and constant inspiration of the management of the institution, truly work, as one of the secretes of success and achievements of this teacher – education institution.

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**ANNUAL CALENDAR\*****B. P. Ed. Programme (2018-19) First Year (SEMESTER-I & II)**

DATE	ACTIVITIES/PROGRAMMES
<b>SEMESTER I</b>	
18 <sup>th</sup> Sept., 2018	<ul style="list-style-type: none"> <li>Inauguration of 40<sup>th</sup> Batch</li> <li>Introduction of the Institution &amp; Programme</li> </ul>
19 <sup>th</sup> Sept., 2018	<ul style="list-style-type: none"> <li>Commencement of Theory &amp; Practicals</li> <li>Introduction of the Syllabus</li> </ul>
29 <sup>th</sup> Sept., 2018	House Formation (Classification of Students)
1 <sup>st</sup> Oct., 2018	Selection of Optional Methods
6 <sup>th</sup> Oct., 2018	Inter House Competitions begins (Tunnel Pass Relay & Kangaroo Relay)
13 <sup>th</sup> Oct., 2018	VachanPrerana Din (Birth Anniversary of former President of India Dr.A.P.J. Abdul Kalam)
17 <sup>th</sup> Oct., 2018	Cleanliness Campaign and DaseraPoojan
18 <sup>th</sup> Oct., 2018	<b>Holiday - (Dasera)</b>
20 <sup>th</sup> Oct., 2018	Inter House Competition (Tad Pole/Bounce & Pass Relay)
22 <sup>nd</sup> – 30 <sup>th</sup> Oct., 2018	ICT and Computer Application begins
31 <sup>st</sup> Oct., 2018	Celebration of National Unity Day (Birth Anniversary of Saradar V. Patel)
3 <sup>rd</sup> Nov., 2018	Inter House Competition (Baroda Lezim)
4 <sup>th</sup> - 11 <sup>th</sup> Nov., 2018	<b>Diwali Vacation</b>
12 <sup>th</sup> Nov., 2018	Model Lesson (School subject)
14 <sup>th</sup> – 24 <sup>th</sup> Nov., 2018	Micro Teaching Lessons
1 <sup>st</sup> Dec., 2018	Inter House Competition (Dakhani Lezim)
15 <sup>th</sup> Dec., 2018	Organisation Of Inter School Lezim Competition
24 <sup>th</sup> Dec., 2018 to 1 <sup>st</sup> Jan., 2019	<b>WINTER BREAK</b>
10 <sup>th</sup> - 12 <sup>th</sup> Jan., 2019	Organisation Of Inter School Competition In Kabaddi, Kho-Kho & Langadi (Hind Trophy)
19 <sup>th</sup> Jan., - 28 <sup>th</sup> Feb., 2019	Organisation Of Inter House Competition (Aerobics)
21 <sup>st</sup> – 23 <sup>rd</sup> Jan., 2019	<b>Practical Examination</b>
24 <sup>th</sup> – 25 <sup>th</sup> Jan., 2019	<b>Revision</b>
26 <sup>th</sup> Jan., 2019	<b>Celebration of Republic day</b>
28 <sup>th</sup> – 31 <sup>st</sup> Jan., 2019	<b>Term End Theory Examination</b>
1 <sup>st</sup> - 5 <sup>th</sup> Feb., 2019	Feedback of Internal Assessment & supervised study and preparation of University Examination
6 <sup>th</sup> – 8 <sup>th</sup> Feb., 2019	Probable dates of University Examination of Sem.- I
<b>SEMESTER II</b>	
11 <sup>th</sup> Feb., 2019	<ul style="list-style-type: none"> <li>Commencement of Semester II</li> <li>Introduction of Syllabus</li> </ul>
12 <sup>th</sup> Feb., 2019	Model Lessons in Optional Subjects
14 <sup>th</sup> – 16 <sup>th</sup> Feb., 2019	Organisation Of Simulation Lessons in Physical Education
18 <sup>th</sup> Feb., -	Practice teaching & Internship in Optional Method

16 <sup>th</sup> March, 2019	
28 <sup>th</sup> Feb., 5 <sup>th</sup> &8 <sup>th</sup> March, 2019	Intramurals (Kabaddi, Kho-Kho, Volleyball and Langadi, any three)
23 <sup>rd</sup> March 2019	Annual Prize Distribution Function(Demo. Of Lezim, Aerobics, Mallkhamb, Pyramids etc.)
27 <sup>th</sup> – 29 <sup>th</sup> May 2019	Practical Examination

Pg 1 of 2

## APPENDIX – I

**22**

*B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.*

DATE	ACTIVITIES/PROGRAMMES
30 <sup>th</sup> May- 1 <sup>st</sup> June 2019	Term End Theory Examination
3 <sup>rd</sup> June 2019	<ul style="list-style-type: none"> <li>Feedback of Theory Examination</li> <li>Revision, Supervised study &amp; preparation of University Theory Examination</li> </ul>
4 <sup>th</sup> - 6 <sup>th</sup> June 2019	Probable Dates of University Examination.

*\*Tentative*

### SUMMARY OF ANNUAL CALENDER

#### I. WORKING HOURS FOR SEM. I&SEM. II

- 7.30 a.m. to 01.30 p.m. (Monday to Saturday)

#### II. DURATION OF SEMESTER

- SEM. I: 18<sup>th</sup>Sept., 2018 - 8<sup>th</sup> Feb.,2019
- SEM. II : 11<sup>th</sup> Feb., 2019 - 6<sup>th</sup> June, 2019

#### III. SEMESTERWISE NO. OF WORKING DAYS

- SEM. I : 98 days
- SEM. II : 94 days

#### IV. TOTAL NO. OF DAYS

- 192 Days

#### ANNUAL CALENDAR COMMITTEE

- Dr. G.V. Pargaonkar, (Principal ) :Chairman
- Dr. G. K. Dhokrat (Incharge – Theory) :Member
- Dr. J. M. Hotkar (Incharge –Physical Education Activities) :Member
- Dr.R.R. Dhakne (Sr.Teacher) :Member Co-ordinator

APPENDIX – I

23

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

ANNUAL CALENDAR\*

B. P. Ed. Programme (2018-19) Second Year (SEMESTER-III & IV)

DATE	ACTIVITIES/PROGRAMMES
SEMESTER III	
9 <sup>th</sup> July 2018	<ul style="list-style-type: none"><li>Commencement of Sem.- III</li><li>Introduction of the syllabus</li></ul>
10 <sup>th</sup> July 2018	<ul style="list-style-type: none"><li>Commencement of Practical &amp; Theory classes</li></ul>
20 <sup>th</sup> July 2018	Organization of Hiking and Trekking
3 <sup>rd</sup> - 4 <sup>th</sup> August 2018	Patriotic Group Singing Training
4 <sup>th</sup> August 2018	Inter House Mix Drill Competition
6 <sup>th</sup> - 11 <sup>th</sup> August 2018	Value-Added Certificate Course In Kho-Kho
15 <sup>th</sup> August 2018	<b>Celebration of Independence Day &amp; Inter house Patriotic Group Singing Competition</b>
17 <sup>th</sup> August 2018	<b>Holiday - ( Pateti)</b>
22 <sup>nd</sup> August 2018	Formation of Student Council
29 <sup>th</sup> August 2018	Celebration of National Sports Day
4 <sup>th</sup> Sept., 2018	Cleanliness Campaign (Swacha Bharat Abhiyan)
5 <sup>th</sup> Sept., 2018	Celebration of Teachers Day (Organisation of Self Governance Programme)
7 <sup>th</sup> Sept., 2018	Micro Teaching Demonstration lessons in Physical Education
12 <sup>th</sup> – 17 <sup>th</sup> Sept., 2018	<b>MID TERM BREAK (Ganesh Chaturthi)</b>
18 <sup>th</sup> Sept.,2018	Hands on Experiences in ICT & Computer Applications Begins
19 <sup>th</sup> – 24 <sup>th</sup> Sept. ,2018	Organisation of Micro Teaching lessons in Physical Education
22 <sup>nd</sup> Sept., 2018	Inter House Competition(Non Standard Shuttle Method)
27 <sup>th</sup> - 29 <sup>th</sup> Sept., 2018	Value Added Certificate Course In Langadi
29 <sup>th</sup> Sept., 2018	Inter House Competition(Non Standard Zonal Cum Total/Average Performance Method)
3 <sup>rd</sup> – 7 <sup>th</sup> Oct., 2018	Value Added Certificate Course In Kabaddi
6 <sup>th</sup> Oct., 2018	Organisation of Picnic/ Educational Visit
13 <sup>th</sup> Oct., 2018	VachanPrerana Din (Birth Anniversary of former President of India Dr.A.P.J. Abdul Kalam)
17 <sup>th</sup> Oct., 2018	Cleanliness Campaign and DaseraPoojan
18 <sup>th</sup> Oct., 2018	<b>Holiday - (Dasera)</b>
22 <sup>nd</sup> – 24 <sup>th</sup> Oct., 2018	<b>Term End Theory Examination</b>
29 <sup>th</sup> – 31 <sup>st</sup> Oct., 2018	<b>Practical Examination</b>
31 <sup>st</sup> Oct., 2018	Celebration of National Unity Day(Birth Anniversary of Saradar V. Patel)

3 <sup>rd</sup> Nov., 2018	Inter House Folk Dance Competition
4 <sup>th</sup> - 20 <sup>th</sup> Nov., 2018	<b>Diwali Vacation</b>
21 <sup>st</sup> – 26 <sup>th</sup> Nov., 2018	Revision, Internal Assessment feedback, supervised study and preparation of University Examination
26 <sup>th</sup> Nov., 2018	Celebration of Constitution of India Day
27 <sup>th</sup> – 30 <sup>th</sup> Nov., 2018	Tentative dates of University Examination of Sem.- III

Pg 1 of 2

## APPENDIX – I

**24**

*B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.*

SEMESTER IV	
1 <sup>st</sup> Dec., 2018	<ul style="list-style-type: none"> <li>Commencement of Semester IV</li> <li>Introduction of Syllabus</li> </ul>
2 <sup>nd</sup> Dec., 2018	Commencement of Theory & Practical Classes
15 <sup>th</sup> Dec., 2018	Organisation Of Inter School Lezium Competition
18 <sup>th</sup> – 22 <sup>nd</sup> Dec., 2018	Organisation of Scout & Guide Training Camp
24 <sup>th</sup> Dec., 2018 to 1 <sup>st</sup> Jan., 2019	<b>WINTER BREAK</b>
3 <sup>rd</sup> Jan., 2019	Organisation of Model Lesson in Physical Education
10 <sup>th</sup> - 12 <sup>th</sup> Jan., 2019	Organisation Of Inter School Competition In Kabaddi, Kho-Kho & Langadi (Hind Trophy)
15 <sup>th</sup> - 17 <sup>th</sup> Jan., 2019	Organisation Of Simulation Lessons in Physical Education
18 <sup>th</sup> Jan., - 28 <sup>th</sup> Feb., 2019	Organisation of Practice Teaching lessons of Physical Education in Schools (Thrice in a week)
26 <sup>th</sup> Jan., 2019	<b>Celebration of Republic day</b>
11,13,15,18 & 20 Feb., 2019	Athletic Training on Standard Track
22 <sup>nd</sup> Feb., 2019	Annual Athletic Meet
25 <sup>th</sup> Feb., 2019	Value Added Certificate Course in Volleyball
27 <sup>th</sup> Feb., 2019	Celebration of Marathi Bhasha Gaurav Din
1 <sup>st</sup> March 2019	Field Visit (Physiotherapy & Rehab. Centre)
2 <sup>nd</sup> – 16 <sup>th</sup> March 2019	Value- Added Certificate Course in PFT & FCM
4 <sup>th</sup> , 6 <sup>th</sup> & 8 <sup>th</sup> March 2019	Intramurals (Hockey, Handball, Basketball, Volleyball, any three)
23 <sup>rd</sup> March 2019	Annual Prize Distribution Function
25 <sup>th</sup> – 27 <sup>th</sup> March 2019	Practical Examination
1 <sup>st</sup> – 3 <sup>rd</sup> April 2019	Term End Theory Examination
4 <sup>th</sup> April 2019	Feedback of Theory Examination
5 <sup>th</sup> & 6 <sup>th</sup> April 2019	Revision, Supervised study & preparation of University Theory Examination
8 <sup>th</sup> – 10 <sup>th</sup> April 2019	Probable Dates of University Exam.
10 <sup>th</sup> April 2019	Valedictory Ceremony

*\*Tentative*

## SUMMARY OF ANNUAL CALENDER

### I. WORKING HOURS FOR SEM. III & SEM. IV

- 8.30 a.m. to 02.30 p.m. (Monday to Saturday)

### II. DURATION OF SEMESTER

- SEM. III : 9<sup>th</sup> July 2018 - 3<sup>rd</sup> Nov., 2018
- SEM. IV : 1<sup>st</sup> Dec., 2018 – 4<sup>th</sup> May 2019

### III. SEMESTERWISE NO. OF WORKING DAYS

- SEM. III : 99 days
- SEM. IV : 107 days

### IV. TOTAL NO. OF DAYS



- 206 Days

#### ANNUAL CALENDAR COMMITTEE

- Dr. G.V. Pargaonkar, (Principal ) :Chairman
- Dr. G. K. Dhokrat (Incharge – Theory) :Member
- Dr. J. M. Hotkar (Incharge –Physical Education Activities) :Member
- Dr.R.R. Dhakne (Sr.Teacher) :Member Co-ordinator

Pg2 of 2

### APPENDIX – I

25

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.

## ANNUAL CALENDAR\*

### M. P. Ed. (SEMESTER-I & II) (2018-19)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	18 <sup>th</sup> Sept 2018	Inauguration and Reopening of the College
2	19 Sept 2018	Orientation of the course
3	25 <sup>th</sup> Sept 2018	Selection of specialization games / activities
4	1 <sup>st</sup> Oct 2018	Computer Application Classes begins
5	6 <sup>th</sup> Oct 2018	Practical Classes begins
6	13 <sup>th</sup> Oct 2018	VachanPrerna Din (Birth Anniversary of former Persidentof India dr. A. P .J Abdul Kalam )
7	18 <sup>th</sup> Oct 2018	<b>Holiday</b> (Dasara)
8	20 <sup>th</sup> Oct 2018	ICT and Computer Application Begins
9	27 <sup>th</sup> -28 <sup>th</sup> Oct 2018	Seminar Presentation Course-I
10	31 <sup>st</sup> Oct 2018	Celebration of National Unity Day(Birth Anniversary of Late Sardar V. B. Patel)
11	2 <sup>nd</sup> Nov 2018	Project on Historical Aspects (Course-I)
12	4 <sup>th</sup> -11 <sup>th</sup> Nov. 2018	<b>Diwali Vacation</b>
13	10 <sup>th</sup> -11 <sup>th</sup> Dec. 2018	Seminar Presentation (Course-IV)
14	23 <sup>rd</sup> Dec18-1 <sup>st</sup> Jan 2019	<b>Winter Break</b>
15	12 <sup>th</sup> Jan 2019	Field visit to All India Institute of Medical Rehabilitation
16	18 <sup>th</sup> Jan, 2019	Discussion on given topic (Course-I)
17	26 <sup>th</sup> Jan 2019	Celebration of Republic day
18	28 <sup>th</sup> -29 <sup>th</sup> Jan,2019	<b>First Term Practical Examination</b>
19	2 <sup>nd</sup> -5 <sup>th</sup> Feb, 2019	<b>First Semester Theory Examination</b>
20	6 <sup>th</sup> Feb, 2019	Feedback of First Semester Theory Examination
21	7 <sup>th</sup> -10 <sup>th</sup> Feb, 2019	Supervised study Programme.
22	11 <sup>th</sup> Feb, 2019 onwards	<b>Semester I – University Theory Examination</b>
<b>SEMESTER-II</b>		
1	18.02.2019	Reopening of the Semester-II
2	19.02.2019	Holiday – ChhatrapatiShivajiMaharaj Jayanti
3	20.02.2019	Orientation of the Programme
4	23.02.2019	Internship on B. P. Ed students
5	02.03.2019 to 03.03.2019	Seminar Presentation ( <b>Course VI</b> )

6	07.03.2019	<b>DEMONSTRATION MODEL LESSON AND DISCUSSION</b>
7	08.03.2019	Holiday - Mahashivratri
8	09.03.2019	Advance Coaching Lesson Guidance
9	14.03.2019	<b>Advance Coaching Lesson Begins</b>
10	16.03.2019	Project on Test and Measurement( C-V)

## APPENDIX – I

Pg1 of 2  
**26**

*B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.*

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
11	22.03.2019	Project on Psychological Variables (C-VI)
12	12.04.2019	Project on statistical Application (VII)
13	14.04.2019	<b>Holiday - Dr. Ambedkar Jayanti</b>
14	19.04.2019	Submission of Project
15	06.05.2019 to 09.05.2019	<b>Second Semester Theory Examination</b>
16	10.05.2019	Feedback on II Semester Examination
17	11.05.2019 to 20.05.2019	Supervised study programme
18	22.05.2019 to 29.05.2019	<b>Semester II – University Theory Examination</b>

*\*Tentative*

## SUMMARY OF ANNUAL CALENDAR

### I. WORKING HOURS FOR SEM. I AND SEM. II

- 2.00 p.m to 8.00 p. m (Monday To Saturday)

### II. DURATION OF SEMESTER

- Sem -I 18<sup>th</sup> Sept, 2018 to 8<sup>th</sup> Feb, 2019
- Sem- II 17 Feb, 2019 to 31<sup>st</sup> May, 2019

### III. SEMESTERWISE NO. OF WORKING DAYS

- Sem I : 98 days
- Sem II : 94 days

### VI. TOTAL NO WORKING DAYS

- 192 days

### ANNUAL CALENDAR COMMITTEE (2018-19)

- |                                     |                      |
|-------------------------------------|----------------------|
| • Dr. G.V. Pargaonkar, (Principal ) | :Chairman            |
| • Smt. N.O. Joshi, (Incharge - UG)  | :Member              |
| • Dr. K.K.Asai, (Incharge - ICT)    | :Member              |
| • Dr.R.R. Dhakne                    | :Member Co-ordinator |

**APPENDIX – I****27***B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.***ANNUAL CALENDAR\*****M. P. Ed. (SEMESTER-III & IV) (2018-19)**

DATE	ACTIVITIES/PROGRAMMES
<b>SEMESTER III</b>	
9 <sup>th</sup> July 2018	<ul style="list-style-type: none"> <li>Commencement of Sem.- III</li> <li>Introduction of the syllabus</li> </ul>
10 <sup>th</sup> July 2018	<ul style="list-style-type: none"> <li>Commencement of Practical &amp; Theory classes</li> </ul>
10 <sup>th</sup> -11 <sup>th</sup> August 2018	Seminar Presentation (Course X)
15 <sup>th</sup> August 2018	<b>Celebration of Independence Day &amp; Inter house Patriotic Group Singing Competition</b>
28 <sup>th</sup> - 29 <sup>th</sup> August 2018	Seminar Presentation (Course XI)
5 <sup>th</sup> Sept., 2018	Celebration of Teachers Day (Organisation of Self Governance Programme)
12 <sup>th</sup> – 17 <sup>th</sup> Sept., 2018	<b>MID TERM BREAK (Ganesh Chaturthi)</b>
18 <sup>th</sup> - 19 <sup>th</sup> Sept.,2018	Assignment on fitness Testing (Course X)
24 <sup>th</sup> Sept. ,2018	Practical on Specialization of Athletic Events
6 <sup>th</sup> Oct., 2018	Organisation of Group Discussion (Course XI)
13 <sup>th</sup> Oct., 2018 onwards	Practical on Yogic Practices(Course IX)
24 <sup>th</sup> -27 <sup>th</sup> Oct., 2018	<b>Semester End Theory Examination</b>
29 <sup>th</sup> – 31 <sup>st</sup> Oct., 2018	<b>Practical Examination</b>
1 <sup>st</sup> -3 <sup>rd</sup> Nov., 2018	Internal Assessment feedback
4 <sup>th</sup> - 20 <sup>th</sup> Nov., 2018	<b>Diwali Vacation</b>
21 <sup>st</sup> – 26 <sup>th</sup> Nov., 2018	supervised study and preparation of University Examination
26 <sup>th</sup> Nov., 2018	Celebration of Constitution of India Day
27 <sup>th</sup> – 30 <sup>th</sup> Nov., 2018	Tentative dates of University Examination of Sem.- III
<b>SEMESTER IV</b>	
1 <sup>st</sup> Dec., 2018	<ul style="list-style-type: none"> <li>Commencement of Semester IV</li> <li>Introduction of Syllabus</li> </ul>
2 <sup>nd</sup> Dec., 2018	Commencement of Theory & Practical Classes
7 <sup>th</sup> -8 <sup>th</sup> Dec., 2018	Proposal presentation on Methodology (Dissertation)
18 <sup>th</sup> Dec., 2018	Assignment on Testing Nutritional Aspects
24 <sup>th</sup> Dec., 2018 to 1 <sup>st</sup> Jan., 2019	<b>WINTER BREAK</b>
10 <sup>th</sup> - 12 <sup>th</sup> Jan., 2019	Organisation Of Inter School Competition In Kabaddi, Kho-Kho &Langadi (Hind Trophy)
18 <sup>th</sup> Jan., - 28 <sup>th</sup> Feb.,	Seminar presentation (course XIV)

2019	
26 <sup>th</sup> Jan.,2019	<b>Celebration of Republic day</b>
4 <sup>th</sup> Feb., 2019	Organization of Model Lesson in Advance Coaching in Athletics(Course XIII)
11 <sup>th</sup> -15 <sup>th</sup> Feb., 2019	Organization of Advance Coaching Lesson
25 <sup>th</sup> Feb., 2019	assignment on News Writing (Course XV)

Pgl of 2

**APPENDIX – I**

**28**

*B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031.*

DATE	ACTIVITIES/PROGRAMMES
4 <sup>th</sup> , 6 <sup>th</sup> & 8 <sup>th</sup> March 2019	Intramurals (Hockey, Handball, Basketball, Volleyball, any three)
15 <sup>th</sup> -16 <sup>th</sup> March 2019	Seminar presentation (Course XVI)
23 <sup>rd</sup> March 2019	Annual Prize Distribution Function
25 <sup>th</sup> March 2019	Group Discussion (Course XVI)
1 <sup>st</sup> – 4 <sup>th</sup> April 2019	Semester End Theory Examination
6 <sup>th</sup> April 2019	Feedback of Theory Examination
6 <sup>th</sup> – 10 <sup>th</sup> April 2019	Revision, Supervised study & preparation of University Theory Examination
10 <sup>th</sup> – 14 <sup>th</sup> April 2019	Probable Dates of University Exam.

*\*Tentative*

- TERMS - Third Semester : 09.07.2018 to 03.11.2018
- TOTAL NO. OF WORKING DAYS of SEME-III & IV : 107 days (Including Internal Examination)
- WORKING HOURS : 3.00 p.m. to 8.00 p.m. (Monday to Saturday)

**ANNUAL CALENDAR COMMITTEE (2017-18)**

- Dr. G.V. Pargaonkar, (Principal ) :Chairman
- Dr. K. J. Maru (Incharge - UG) :Member
- Dr. Mrs. N. O. Joshi (Incharge -Dissertation) :Member
- Dr.R.R. Dhakne :Member Co-ordinator

**APPENDIX – I V**

**46**

*B. P. C. A's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI - 400 031*

**B. P. C. A's  
COLLEGE OF PHYSICAL EDUCATION  
WADALA, MUMBAI – 400 031.**

**LIST OF PRACTICING SCHOOL**

Sr. No.	Name of the Schools
1	AbhudyanagarVidyaMandir, Kalachowki, Mumbai
2	Sahkar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)
3	Sahkar Nagar Municipal School (English Medium), Sahakar Nagar, Wadala (W)
4	Shri. SarvajanikBalmandir School, Kalachowki, Mumbai
5	AhilyaVidyamandir, Abhudyanagar, Kalachowki, Mumbai
6	ChhatrapatiShivajiVidyalaya Hindi Medium, Dhravi, Mumbai
7	ChhatrapatiShivajiVidyalaya Marathi Medium, Dhravi, Mumbai
8	ChhatrapatiShivajiVidyalaya English Medium, Dhravi, Mumbai
9	Sane Guruji Vidyalay, Dadar, Mumbai
10	S.S.M. Chunibhai Mehta Girls High School, Kalachowki, Mumbai

## DETAILS OF B.P.Ed. FEE STRUCTURE

Sr. No.	Particulars		B.P.Ed.	
			1 <sup>st</sup> Year	2 <sup>nd</sup> Year
I	<b>Tuition Fees</b>		3000.00	3000.00
II	<b>Other Fees</b>		-	-
	1	Admission Fees	100.00	100.00
	2	Library Fees	500.00	500.00
	3	Laboratory Fees	550.00	550.00
	4	Scout Camp and Picnic	1000.00	1000.00
	5	Sport and Yoga Equipment	1000.00	1000.00
	6	Medical Checkup Fees	50.00	50.00
	7	Souvenir Fees	200.00	200.00
	8	Gymkhana Fees	1000.00	1000.00
	9	First aid fees	100.00	100.00
	10	Costume Fees	1500.00	-
	11	Course Material Fees	1000.00	1000.00
	12	Competition Fees	1000.00	1000.00
III	<b>University Fees</b>		-	-
	1	Examination fee	1965.00	1965.00
	2	Enrolment fee	220.00	-
	3	Convocation Fee	-	250.00
	4	University Fee	150.00	150.00
	5	YuvaRaksha	20.00	20.00
<b>Total ... ..</b>			<b>13355.00</b>	<b>11895.00</b>

**DETAILS OF M.P.Ed. FEE STRUCTURE**

<b>Sr. No.</b>	<b>Particulars</b>	<b>M.P.Ed.</b>	
		<b>1<sup>st</sup> Year</b>	<b>2<sup>nd</sup> Year</b>
1	Tuition Fees	12100.00	12100.00
2	Gymkhana Fees	400.00	400.00
3	Examination fee	2890.00	2890.00
4	Convocation Fee	-	250.00
5	Registration Fees	825.00	-
6	YuvaRaksha	20.00	20.00
7	University Fees	150.00	150.00
8	Development Fees	847.00	847.00
<b>Total ... ..</b>		<b>17232.00</b>	<b>16657.00</b>

**B. P. C. A's  
COLLEGE OF PHYSICAL EDUCATION  
WADALA, MUMBAI – 400 031.**

**Details of Salary Disbursement**

The salary of all the teaching and non-teaching staff members of the institution is disbursed through Nationalized Bank namely “Bank of Maharashtra” Dadar, Mumbai-14, every month. The amount of net salary according to the rules and regulation of the Government and University is credited in to the Saving Bank account of each member of the staff. The amount of Provident Fund of all the staff members is deducted by the State Government from their gross salary and being deposited in their Provident Fund account, every month, maintained by the grant-in-aid authority. Further, the amount of Income Tax (if applicable) and Professional Tax is deducted from their salary and credited to the Government as per rules. 100% salary grant is received from the State Government by the institution every year. The disbursement of the salary grant is audited and approved by the grant-in-aid authority, every financial year.



## *List of documents*

<b>Sr. No.</b>	<b>Particulars</b>	<b>Appendix</b>	<b>Page No.</b>
1	Academic calendar of activities of the preceding session (B.P.Ed. &M.P.Ed.)	I	21-28
2	Copy of time-table of the preceding sessions. (B.P.Ed. &M.P.Ed.)	II	29-40
3	Staff profile (Proforma-1) (B.P.Ed. &M.P.Ed.)	III	41-45
4	List of practicing school (B.P.Ed.)	IV	46
5	Details of fee structure (B.P.Ed. &M.P.Ed.)	V	47-48
6	Details of salary disbursement (B.P.Ed. &M.P.Ed.)	VI	49
7	Copies of FDRs towards maintenance of Endowment and Reserve funds (B.P.Ed. &M.P.Ed.)	VII	50-54
8	Receipt and Expenditure statement account for the preceding financial year with auditors certificate (B.P.Ed.)	VIII	55-64

**APPENDIX – II53**

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