

**I. LIST OF TOPICS OF DISSERTATIONS COMPLETED BY B.PC.A.'S  
COLLEGE OF PHYSICAL EDUCATION M.P.ED SCHOLARS**

**Year : 1987**

<b>Sr. No.</b>	<b>Acc. No.</b>	<b>Name of the Scholars</b>	<b>Guiding Teacher</b>	<b>Topic of Dissertation</b>
1	<b>D-1</b>	Trinidad, Philomena	Shri. Kanade	Effects of <b>Yogic Exercises</b> for the Promotion of Physical Fitness and <b>Long Jump</b> .
2	<b>D-2</b>	Mahamulkar S.J.	Shri. Kanade	Effect of Selected <b>Yogic Exercises</b> on Physical Fitness of School Children
3	<b>D-3</b>	Pandey, D.P.	Smt. Usha Menon	Comparative Study of <b>Motor Fitness</b> of Boys Studying in Eighth & Ninth Standard in Different Zones of Bombay
4	<b>D-4</b>	Shukla, H.	Shri. Kendre	A Comparative Study of <b>Anthropometric Measurement</b> of different sportsmen.
5	<b>D-17</b>	Singh, R.P.	Shri. Kanade	Relationship of Selected Strength and Anthropometric variables to Speed Performance
6	<b>D-18</b>	Rohokale, S.	Shri. Pargaonkar	Comparative Study of Anthropometric Variables of Kabaddi and Kho-Kho Players
7	<b>D-55</b>	Duduskar	Shri. Pargaonkar (Bodkhe)	Effect of Leziium Exercise on Selected Physical Variables of Boys and Girls
8	<b>D-56</b>	Mhaske L.K.	Shri. Pargaonkar	An Assessment of Anthropometric Measurement and Strength Characteristics of Wrestler

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9	<b>D-5</b>	Ahivale, R.S.	Shri. Kanade	Comparative Study of Selected <b>Physical Exercises</b> and Selected <b>Yogic Exercises</b> on Physical Education Fitness of School
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				Children
10	<b>D-6</b>	Bakre, A.A.	Smt. Usha Menon	Utility of Professional <b>Physical Education Training Programme</b> in Relation to Selected of Motor Fitness Components of Females
11	<b>D-7</b>	Chavan, S.A.	Smt. Usha Menon	A Study of the Changes that Occur in Selected <b>Anthropometric Measurement</b> and Physiological Variables in Females after two Semesters of Physical Education Classes
12	<b>D-8</b>	Dennis, L. R.	Shri. Kanade	Effect of <b>Breathing Exercises</b> in promotion of Cardiovascular Fitness & 400 m. Run
13	<b>D-9</b>	Jogal, S.R.	Shri. Pargaonkar (Bodkhe)	Utility of <b>Lezium</b> Exercises for the Promotion of Selected Motor Fitness Components

14	<b>D-10</b>	Kadam, L.D.	Shri. Kanade	Effects of <b>yogasans &amp; Meditation</b> on Intelligence.
15	<b>D-11</b>	Mali, B.V.	Shri. Pargaonkar (Bodkhe)	A Study of the <b>Physical Education Facilities</b> available in the Selected Secondary Schools in the Area of Dadar & Matunga, Bombay.
16	<b>D-12</b>	Pandhare, H.S.	Shri. Kendre	A Study of the Effect of <b>Malkhamb Exercises</b> on Anthropometric Measurement of Male
17	<b>D-13</b>	Patil S.R.	Shri. Pargaonkar (Bodkhe)	Effect of <b>Lezium</b> Exercises on Selected Physiological Variables of School Boys
18	<b>D-14</b>	Shri. Phull, H.S.	Shri. Kendre	A Study of the Effects of Twelve Weeks of Training on selected <b>anthropometric and Physiological Characteristics</b> of Male Students in Professional College

19	<b>D-15</b>	Pore, S.B.	Shri. Pargaonkar (Bodkhe)	Utility of Floor Exercise in <b>Gymnastic</b> for the Promotion of Physiological Variables of School Boys
20	<b>D-16</b>	Bodkhe M.	Shri. Kendre	Relationship of Height, Weight and Leg Strength to <b>Standing Broad Jump</b> and <b>Vertical Jump</b>
21	<b>D-34</b>	Jadhav, P.T.	Shri. Kendre	A Survey of Minimum Muscular Fitness of Bombay School Children

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22	<b>D-19</b>	Patil, A.B.	Shri. Kendre	A Study of the Effect of Stepping Exercise on Cardio-Visual Fitness as required in <b>Kabaddi</b>
23	<b>D-20</b>	Mhaske S.G.	Shri. Kendre	A Study of the Effects of <b>Sit-ups Exercise</b> on Abdominal Strength, Circumference and <b>100 M. Running</b> Performance
24	<b>D-21</b>	Pawar, P.A.	Shri. Kureshi	A Study of the Effect of 18" Stepping Up and Down Exercise on <b>Running Long Jump</b>
25	<b>D-22</b>	D'Silva K.J.	Shri. Kanade	A Study of the Utility of <b>Hill Running</b> for the promotion of Speed and <b>400 M. Run</b>
26	<b>D-23</b>	Atre, S.R.	Shri. Kendre	A Study of the Effect of <b>Weight Training</b> on the Muscular Strength of Female <b>Gymnasts</b>
27	<b>D-24</b>	Gokhale, S.	Shri. Pargaonkar	A Study of the Utility of <b>Gymnastics</b> Training for the promotion of Physical Fitness
28	<b>D-25</b>	Jagushte, S.N.	Shri. Kanade	A Study of the Effect of <b>Aerobic Exercises</b> on S.G.O.T. Level
29	<b>D-26</b>	Hegde, A.K.	Shri. Kanade	A Study of the Utility of Uddiyan and Kumbhak After Exhalation for the Promotion of Cardiovascular Fitness as required in <b>Kabaddi</b>

30	<b>D-27</b>	Rakhe, J.V.	Shri. Pargaonkar	A Comparative Study of the Effect of Jump Squall and Stair Climbing on <b>Vertical Jump</b> and <b>Standing Broad Jump</b> performance
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31	<b>D-28</b>	Sansare, M.M.	Shri. Kendre	An Investigation into the Utility of <b>Suryanamaskar</b> for the Promotion of Selected Fitness Measures and Motor skills
32	<b>D-29</b>	Shukla M.P.	Shri. Kureshi	A Study of the Effect of Breathing Exercises on Cardiovascular Fitness of <b>Football</b> Players at Std. VIII and IXth
33	<b>D-30</b>	Shedge, R.A.	Shri. Pargaonkar	Contribution of <b>Yoga</b> to the Field of Physical Education
34	<b>D-31</b>	Adhangale A.A.	Shri. Kuresh	fof"V ik;kaP;k lka/;kP;k O;k;ke izdkjkapk tkxsojhy map mMhoj gks.kk&;k ifj.kkekapk vH;kl
35	<b>D-32</b>	Mandhare, R.P.	Shri. Pargaonkar	A Study of the Effect of Break in <b>professional Physical Education Training</b> Programme on Motor Fitness Components on Male Students
36	<b>D-33</b>	Tandel, R.R.	Shri. Kendre	A Study of the Co-Relation Between Body Weight and Muscular Strength of <b>Football</b> and <b>Hockey</b> Players.
37	<b>D-50</b>	Kennedy, J.D.	Shri. Kanade	A Study of the Utility of Hill Running for the Promotion of Speed and 400 M. Run
38	<b>D-53</b>	Betty, S.N.	Shri. Pargaonkar	A Study of the Effect of Circuit Training for the Promotion of Muscular Strength and Selected Athletic Field Events.
39	<b>D-54</b>	Dalvi, V.	Shri. Pargaonkar	A Study of the Effect of Lezium Exercises on Physical Fitness of School Boys as Judged by the AAHPER Test

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40	<b>D-35</b>	Wable, S.R.	Shri. Kanade	A Study of Utility of <b>Weight Training Exercise</b> for the Promotion of Muscular Fitness & <b>Shotput</b>
41	<b>D-36</b>	Fernandis, C.P.	Shri. Kulkarni	A Study of the <b>Yogic Exercises</b> for the Promotion of Physical Fitness as required for School Female <b>Badminton</b> Players
42	<b>D-37</b>	Parab, S.S.	Shri. Kanade	A Study of the Effect of <b>Yogic Exercises</b> for the Promotion of Cardio Respiratory Endurance as required in <b>folk-dance</b>
43	<b>D-38</b>	Shinde, M.A.	Shri. Kulkarni	A Comparative Study of the <b>General Motor Abilities</b> of Sports Women During the Three Phases of the Menstrual Cycle.
44	<b>D-39</b>	Borkar, M.H.	Shri. Kureshi	A Study of the Utility Selected Indigenous Exercises for the Promotion of Physical Fitness as required in <b>Kabaddi</b>
45	<b>D-40</b>	Mathew S.	Shri. Kanade	A Study of the Utility of Selected Joint Exercises for the Development of Physical Fitness as required in <b>Basketball</b> Players

46	<b>D-41</b>	Paigude, P.D.	Shri. Kulkarni	A Study of the Effect of the <b>Malkhamb</b> Activity for the Promotion of the Physical Fitness & <b>Shotput</b>
47	<b>D-42</b>	Patil, A.G.	Shri. Pargaonkar	A Comparative Study of Performance of <b>Rural And Urban Elementary School Children</b> in Selected Fundamental Skills in the Area of Raidgad District
48	<b>D-43</b>	Patil, S.J.	Shri. Pargaonkar	A Comparative Study of <b>Motor Fitness</b> and Performance in Selected Fundamental Skills of Boys Belonging to Urban and Tribal Area of Thane Dist.
49	<b>D-44</b>	Yadav, H.B.	Shri. Pargaonkar	A Study of the Effect of <b>Circuit Training</b> on Skin Development in <b>Soccer</b>

50	<b>D-45</b>	Yadav, S.J.	Shri. Kendre	A Study of the Relation- ship Between Body Weight & Selected Motor Qualities & Motor skills of <b>Soccer</b> Players.
51	<b>D-46</b>	Nair, Suhas	Shri. Roy	Construction of <b>Physical Fitness Test Norms</b> for Bombay School Children
52	<b>D-47</b>	Waikul, C.D.	Shri. Kanade	A Study of the Utility of <b>Rope Skipping</b> Exercises for the Promotion of <b>Physical Fitness</b> and <b>Vertical Jump</b>
53	<b>D-48</b>	Jankar, V.P.	Shri. Kendre	The Survey of the Problem while Implementing the <b>Syllabus of Physical Education</b> of Std. IX in Secondary School in Andheri Area
54	<b>D-49</b>	Naik, S.M.	Shri. Kanade	A Comparative Study of <b>Deaf and Dumb Children, Normal Children</b> in Relation to Physical Fitness and Anthropometric Measurement
55	<b>D-51</b>	Mathew S.	Shri. Kanade	A Study of the Utility of Selected Joint Exercises for the Development of Physical Fitness as required by <b>Basketball</b> Players
56	<b>D-52</b>	Parab, S.S.	Shri. Kanade	A Study of the Effect of <b>Yogic Exercises</b> for the promotion of Cardio respiratory Endurance as required in <b>Folk Dance</b>
57	<b>D-57</b>	Chougule S.N.	Shri. Kendre	A Comparative Study of different Proportion of <b>Fartlek and slow continuous Running</b> Training on Selected Physical Physiological Variables, Body Composition and <b>1500 Mtrs. Run</b> Performance for Girls of 14-16 years of age.
58	<b>D-58</b>	Dhokrat B.G.	Shri. Pargaonkar	A Study of the Effect of Six Weeks <b>Lezium</b> Training Programme on physical Fitness for Boys Aged 11 to 13 years

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59	<b>D-59</b>	Jatkar J.D.	Shri. Dhope	A Study of the Effect of <b>Isotonic Exercises</b> for the promotion of Motor Fitness Components & Servicing Ability in <b>Volley ball</b> for Girls between the age Gp. of 14 to 16 years
60	<b>D-60</b>	Mery K.	Shri. Dhakne	A Study of the effect of <b>Circuit Training</b> for the Promotion of Muscular Strength And <b>Long Jump</b> Performance of Boys between the Age group of 13 to 16 years
61	<b>D-61</b>	Pawar S.N.	Shri. Pargaonkar	A Comparative Study of <b>Physical Education Facilities</b> Available in Secondary English Medium & Marathi Medium Aided Schools in Greater Mumbai
62	<b>D-62</b>	Rane S.M.	Shri. Dhope	A Study of problems in Implementing the <b>Physical Education Syllabus</b> at High School Level for Std. V to VII in Greater Mumbai
63	<b>D-63</b>	Vartak, M.V.	Shri. Dhakne	A Study of the Effect of Selected <b>Asans</b> on Flexibility, Endurance and Power of High school Girls aged 14 to 16 years.
64	<b>D-64</b>	Vartak S.R.	Shri. Chavan	A Study of the Effect of <b>Box Jumping</b> Exercise for the Promotion of Motor Fitness Components and performance in <b>Running Long Jumps</b> for Boys Aged 11 to 13 years
65	<b>D-65</b>	Chougule S.N.	Shri. Dhope	A Study of the Effect of Selected <b>Yogic Exercises</b> for the Promotion of Physical Fitness as measured by <b>AAHPER</b> Youth Fitness Test for Boys of the Age Group 14 to 16 years.
66	<b>D-66</b>	D'Souza I.	Shri. Kendre	An Experimental Study of Speed and Endurance Dominated Training Programme on Selected Physical Physiological variables and 600 mtrs. Run performance of Girls Aged 12 to 14 years
67	<b>D-67</b>	Khan	Shri. Kendre	A Study of Selected <b>Medicine Ball</b>

		I.A.		<b>Exercises</b> for the Promotion of Selected Motor Fitness Components and <b>Basketball skill Test</b> for High School Boys Aged Between 14 to 18 years.
68	<b>D-68</b>	Mishtra R.D.	Shri. Dhope	A Study of the Effect of Up and Down <b>Hill Running</b> on <b>Stride Length</b> and <b>200 mtrs., Run</b> Performance for Male Athlete between the Age Group of 14 to 16 years.
69	<b>D-69</b>	Padave P.V.	Shri. Dhakne	A Study of Effect of Selected Exercise on Blood Pressure, Pulse Rate, Respiratory Rate and Skill Development in <b>Handball</b> for the Girls of Age Group between 12 to 15 years
70	<b>D-70</b>	Pashte Y.N.	Shri. Chavan	An Investigation into the <b>facilities</b> Available for <b>Physical Education</b> in <b>Junior Colleges</b> of Greater Mumbai.
71	<b>D-71</b>	Patil D.J.	Shri. Dhakne	A Study of the Effect of Six Weeks <b>Weight Training Programme</b> for the promotion of certain Physical and Physiological Variables of 16 to 18 years Aged <b>Kabaddi</b> Players.
72	<b>D-72</b>	Pattekar S.N.	Shri. Dhakne	A Study of the Effect of Eight Weeks <b>Karate Training</b> for the promotion of Physical Fitness as measured by <b>AAHPER Youth Fitness Test</b> for Boys of 14-16 years Age Group
73	<b>D-73</b>	Raut, J.M.	Shri. Chavan	A Study of the Utility of <b>Sand Running</b> for the Promotion of Speed Power Agility and Performance in <b>100 mtr. Run</b> for Boys Aged 13 to 15 years.
74	<b>D-74</b>	Waingankar S.G	Shri. Kendre	A Study of Effect of <b>Plyometric Exercises</b> on Speed, Strength Endurance Flexibility and Selected Athletic Events performance for College Male <b>Athlete</b> of 18 to 23 years Age.
75	<b>D-75</b>	Gokarn	Shri. Chavan	An Investigation of the <b>Physical Education facilities</b> Available in selected

		M.R.		Aided & Non-Aided <b>Primary Schools</b> in Area of Andheri to Goregaon in Mumbai.
76	<b>D-76</b>	Limbkar J.L.	Shri. Pargaonkar	A Comparative Study of <b>Talent in Sports</b> of Boys Belonging to selected Municipal School & Private Schools of Greater Mumbai.

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77	<b>D-78</b>	Achwal S.	Shri. Pargaonkar	An Experimental Study of the Effect of Selected <b>Yogic Exercises</b> on Physical Fitness of Girls aged 12 to 14 years.
78	<b>D-79</b>	Gunde K.	Shri. Pargaonkar	A Study of the Effects of <b>Suryanamaskar</b> for the Promotion of Flexibility and motor skills of Boys between Age Group of 12 to 14 years.
79	<b>D-80</b>	Jogalekar A.	Shri. Dhope	A Study of the Effect of <b>Yogic Exercises</b> for the Promotion of physical Fitness and <b>Badminton</b> skills of College Girls of Age Between 18 to 20 years
80	<b>D-81</b>	Narkhede R.K.	Shri. Chavan	A study of the Effect of Six Weeks <b>Weight Training programme</b> on Selected Physical Fitness variables of Female <b>Kabaddi</b> Players for the Age Group of 16 to 19 years.
81	<b>D-82</b>	Thomas A.	Shri. Dhakne	A Study on the Effect of <b>Medicine Ball</b> Exercises on certain Physiological variables and overhead Volley Pass skill Performance in <b>Volleyball</b> for the Age Group 14-16 years Boys.
82	<b>D-83</b>	Bandarkar R.R.	Shri. Dhokrat	A Study of the Effect of <b>Depth Jumping</b> on Leg Strength and <b>Long Jump</b> performance for Boys of Age Group of 14 to 16 years.
83	<b>D-84</b>	Bansode A.D.	Shri. Dhakne	A Study of the Effect of Selected <b>Medicine Ball</b> Exercise for the promotion of selected Motor Fitness Components and Skills in

				<b>Volleyball</b> for the Boys between the Age Group of 12 to 14 years
84	<b>D-85</b>	Dewoolkar P.D.	Shri. Chavan	A Study of the Effect of Six Weeks <b>Rope Skipping</b> Exercises Programme on selected Motor Fitness Components and performance in <b>Long jump</b> and <b>100 meter Run</b> for Boys between the Age Group of 12 to 14 years
85	<b>D-86</b>	Dhavale B.B.	Shri. Dhope	A Study of the Effects of Ten Weeks <b>Gymnastics Training</b> programme on Selected Physical Fitness variables and Motor skill for the Boys between the Age Group of 9 to 11 years.
86	<b>D-87</b>	Dolas S.D.	Shri. Chavan	Effect of <b>Kho-Kho</b> Play on selected Physical Fitness Ability of 15 to 17 years Age Group Boys
87	<b>D-88</b>	Ghaware S.V.	Shri. Pargaonkar	A Study of the Effect of Selected <b>Joint Exercises</b> on Certain Physical Fitness variables of 14 to 18 years Male <b>Kabaddi</b> Players.
88	<b>D-89</b>	Jitekar B.G.	Shri. Pargaonkar	A Study of the Effects of Six Weeks and <b>Running Training Programme</b> for the promotion of Speed Endurance Strength and <b>600 mts. Run</b> performance of Boys between the age Group of 12 to 16 years.
89	<b>D-90</b>	Koyande S.M.	Shri. Dhope	A Study of the Effects of <b>Kabaddi</b> Game Practice on Selected Physical Fitness Variables and Anthropometric Measures of 18 to 22 years Age Group Male Kabaddi Players.
90	<b>D-91</b>	Machado S.	Shri. Chavan	A Study of Relationship between Explosive Strength (Power) and Flexibility with selected Volleyball skills of College Male <b>Volleyball</b> Players Age Group 18 to 23 years.
91	<b>D-92</b>	More P.S.	Shri. Dhokrat	A Comparative Study of the <b>Sports Talent</b> of Selected Municipal Schools and private Schools of Greater Mumbai for Girls

				Between the Age group of 11 to 14 years.
92	<b>D-93</b>	Mundhe G.B.	Shri. Dhorkat	A Study of the Effects of selected <b>Plyometric Exercises</b> for the promotion of selected Motor Fitness Components and performance in <b>Hip step Jump</b> for boys of 16 to 18 years Age.

93	<b>D-94</b>	Naik P.P.	Shri. Dhakne	A Study of the Effects of Six Weeks <b>Malkhamb Training</b> programme on Selected Physical Fitness variables of Boys between the Age Group of 8 to 12 years.
94	<b>D-95</b>	Temkar K.S.	Shri. Chavan	A Study of the Effects of the Break in <b>Physical Education Training Programme</b> on Selected Physical Fitness variable of Male Students for the Age Group of 22 to 24 years.
95	<b>D-96</b>	Shri. Thale S.P.	Shri. Dhakne	A Study of the Effects of Six Weeks <b>Lezium</b> Training Programme on Physical Fitness for Girls Age Group of 11 to 13 yrs.
96	<b>D-97</b>	Shri. W,agh V.N.	Shri. Pargaonkar	A Study of the Effect of <b>Circuit Training</b> for the Promotion of skill Development of Female <b>Basketball</b> Players between the Age Group of 12 to 14 years.
97	<b>D-98</b>	Shri. Adhav P.R.	Shri. Dhokrat	An Experimental Study of the Effects Eight Weeks <b>Gymnastics</b> Training Programme on Selected Physical & Physiological variables for Boys of the Age group 8 to 12 years.
98	<b>D-99</b>	Shri.Wara dkar S.V.	Shri. Dhokrat	A Study of the Effects of <b>Eccentric and Concentric Contraction Exercise Training Programme</b> on Selected Anthropometric Measurements and Body

				Composition of 18 to 20 years male students.
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99	<b>D-101</b>	Smt. Chavan A.	Shri. Dhakne	A Study of the Effect of Selected <b>Yogic Exercise</b> for the promotion of Certain Physical & Physiological variables of the Girls Aged to 16 to 18 years.
100	<b>D-102</b>	Smt. Mohite N.R.	Shri. Dhope	A Study of the Effect of <b>Aerobic</b> Exercises Training Programme on selected Morphological and Physiological variables of the Girls Aged 12 to 15 years.
101	<b>D-103</b>	Smt. Save V.V.	Shri. Chavan	A Study of the effect of Selected <b>Yogic Exercises</b> on <b>Health Related physical fitness</b> of House wives Aged 35 to 40 years.
102	<b>D-104</b>	Smt. Sethi N.S.	Shri. Pargaonkar	Development of standard Norms of <b>Health Related Physical Fitness</b> for Vth Standard Boys of Municipal Schools in Greater Mumbai
103	<b>D-105</b>	Smt. Shirsat C.C.	Shri. Dhokrat	An Experimental Study of the Effect of Selected <b>Yogic practices</b> on <b>Health Related Physical Fitness</b> of the Girls aged 18 to 20 years.

104	<b>D-106</b>	Shri. Afsar H.	Shri. Pargaonkar	A Study of the Effect of the <b>Weight Training</b> programme for the Skill Development of <b>Volleyball</b> for the Boys Aged 12 to 16 years.
105	<b>D-107</b>	Shri. Amberkar J.P.	Shri. Dhope	A Study of the Effect of Selected Resistance Exercises for the Promotion certain Physical Fitness variables of <b>Football</b> players between the Age Group of 16 to 18 years.

106	<b>D-108</b>	Shri. D'Mello G.J.	Shri. Chavan	An Investigation of the <b>Physical Education facilities</b> Available in selected Aided And Non Aided Secondary schools in Greater Mumbai.
107	<b>D-109</b>	Shri. Jadhav R.P.	Shri. Dhakne	A Study of the Effect of Selected Exercises for the promotion of Physical Fitness Component and selected Skills in <b>Volleyball</b> for the Boys Aged 14 to 18 years
108	<b>D-110</b>	Shri. Joshi O.S.	Shri. Dhokrat	A Comparative Study of the Effect of Six Weeks <b>Rope Skipping</b> Training Programme on Cardio respiratory Efficiency for Boys between the Age Group of 12 to 14 years.
109	<b>D-111</b>	Shri. Kate G.B.	Shri. Pargaonkr	An Evaluation of <b>Physical Education and Sports Programmes</b> in Colleges Affiliated to Kokan Agriculture University of Maharashtra.
110	<b>D-112</b>	Shri. Khade M.N.	Shri. Dhope	A Comparative Study of the Effect of <b>Aerobic Exercises</b> Training Programme on Selected Physical Fitness variables of <b>Kho-Kho</b> Players for Boys and Girls aged Between 14 to 16 years.
111	<b>D-113</b>	Shri. Kolambkar R.T.	Shri. Chavan	A study of the Effect of <b>Weight Training Exercises</b> on Physical fitness Variables of Subject Junior <b>Kabaddi</b> Players.
112	<b>D-114</b>	Shri. Kumbhar S.B.	Shri. Dhakne	A Study of the Effect of Selected <b>Stretching Exercises</b> for the Promotion of physical Fitness Components and Performance in Long Jump for Students Ages 17 to 19 years.
113	<b>D-115</b>	Shri. Kunder N.V.	Shri. Dhokat	An Experimental Study of the Effect of progressive <b>Stretching Exercise</b> Training Programme on Stride Length, Reaction Time and Frequency in <b>100 M. Run</b> for students Aged 14 to 16 years.
114	<b>D-116</b>	Shri. Madke	Shri. Dhakne	A Study of the Utility of Selected Exercises & <b>Weight Training</b> for the Promotion of

		S.M.		Physical Fitness As required in <b>Volleyball</b> for Boys Aged to 14 to 16 years.
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115	<b>D-117</b>	Shri. Mane P.B.	Shri. Dhope	A Study of the Effect of <b>Hill Running Training</b> Programme for the Promotion of Speed and Selected <b>Athletic Events</b> for Boys Aged 12 to 14 years.
116	<b>D-118</b>	Shri. Ali M.R.	Shri. Chavan	A Study of the effect of <b>Circuit Training</b> programme on Physical Components and development in Jump shot skill of <b>Basketball</b> for boys age group of 12 to 14 yrs.
117	<b>D-119</b>	Shri. Pawar C.M.	Shri. Pargaonkar	A Study of the Contributions of B.P.C.A. to the fields of Physical Education and Sports.
118	<b>D-120</b>	Shri. Pawar R.B.	Shri. Dhokrat	A Study of the Problems in Implementing the <b>Physical Education Syllabus</b> at High School Level for Std. VIII to X in Greater Mumbai.
119	<b>D-121</b>	Shri. Pawar S.S.	Shri. Pargaonkar	A Survey of Minimum <b>Muscular Fitness</b> of Municipal School Children in Greater Mumbai.
120	<b>D-122</b>	Shri. Sangle S.V.	Shri. Dhope	An Experimental Study of Effectiveness of <b>Suryanamaskar</b> for the Promotion of Physical Fitness of <b>Kabaddi</b> players in the Age Group of 12 to 14 years.
121	<b>D-123</b>	Shri. Shinde D.D.	Shri. Chavan	A Study of the Effect of Eight Weeks <b>Gymnastic</b> Training programme on Physical Fitness of School Children Residing in slums of Greater Mumbai.

122	<b>D-124</b>	Shri. Tiwade S.W.	Shri. Dhakne	A Study of the Effect of <b>Fartlek and slow Running</b> Training Programme on Selected Physiological Variables Performance of <b>1500 meters Run</b> for Boys Aged 14 to 16 years.
123	<b>D-125</b>	Shri. Yadav R.B.	Shri. Dhokrat	A Study of the Effect of Selected <b>Asanas</b> on Endurance and Muscular Flexibility of High School Boys Aged 14 to 16 years.
<b>Year : 2006-07</b>				
124	<b>D-128</b>	Aher Ankur Bhikaji	Dr. G.K. Dhokrat	A Study of Effect of Selected Exercises Training Programme for the Promotion of Certain Physical Fitness Components and Skills in <b>Fencing</b> for Girls Aged 14 to 16 years
125	<b>D-129</b>	/Bayaskar Uma Bhagwan	Dr. G.V. Pargaonkar	A Study of Effect of <b>Gymnastics</b> Floor Exercises Training Programme on Certain Physical Fitness Components for Boys Aged 8 to 10 years
126	<b>D-130</b>	Chavan Sanjay Rangrao	Prof. R.R. Dhakne	An Investigation into the Contribution and Present Status of <b>Akhadas</b> in the Area of Mumbai City District

127	<b>D-131</b>	/Chopadekar Prajakti Rajaram	Dr. S.D. Chavan	A Study of the Effect of <b>Pranayama</b> on Cardiovascular Fitness of <b>Basketball</b> Female Players Aged 12 to 14 years
128	<b>D-132</b>	Das Agnel Vincent	Dr. G.V. Pargaonkar	A Study of the Effect of Six Weeks <b>Circuit Training</b> Programme for the Promotion of Selected Motor Fitness Components and Skills in <b>Hockey</b> for Female Players Aged 14 to 16 years

129	<b>D-133</b>	/Dombé Rohini Vijaykumar	Dr. J.M. Dhope	A Study of the Effect of <b>Suryanakaskar</b> for the Promotion of Motor Fitness of female <b>Kho-Kho</b> Players Aged 14 to 16 years
130	<b>D-134</b>	/Ganu Gayatri Avinash	Dr. G.K. Dhokrat	A Study of Effect of <b>Box Jumping</b> Exercises Training Programme for the Promotion of Skill Performance in <b>Volleyball</b> for Boys Aged 12-14 years
131	<b>D-135</b>	Ghonsalves Rojer Walter	Dr. S.D. Chavan	An Investigation in to the <b>Gymnasium Facilities</b> Available in Degree Colleges Affiliated to the University of Mumbai in the Area of Mumbai Suburban District
132	<b>D-136</b>	/Hujare Minal Govind	Prof. R.R. Dhakne	A Survey of <b>Physical Education and Sports Facilities</b> and programmes of Junior Colleges in the Area of Vasai and Virar Region of Thane District
133	<b>D-137</b>	/Jadhav Meena Jyotiram	Dr. G.V. Pargaonkar	A Study of the Effect of Six Weeks <b>Aerobic</b> Exercises Training Programme on Selected <b>Anthropometric</b> variables and <b>Body Composition</b> of girls aged 17 to 19 years
134	<b>D-138</b>	/Jadhav Shraddha Milind	Dr. S.D. Chavan	A Study of Effect of <b>Yoga Practices</b> for the Promotion of Selected Physical Fitness Components for Boys Aged 16 to 18 years
135	<b>D-139</b>	/Jagdale Sujata Laxman	Dr. J.M. Dhope	A Study of the Effect of <b>Specific Exercises</b> Training Programme on Skill Performance for Female <b>Volleyball</b> Players Aged 17 to 19 years
136	<b>D-140</b>	Jogdande Babu Govindrao	Dr. J.M. Dhope	An Investigation into the <b>Physical Education Facilities</b> Available in Junior Colleges for implementing Successfully the recent <b>Curriculum of Physical Education</b> in Mumbai City District
137	<b>D-141</b>	Kateshiya Rajesh Ramniklal	Dr. G.K. Dhokrat	Contribution of a First Lady Officer in N.C.C. Army Wing Lt. Col. Neela Pandit to National Cadet Corps – A Case Study

138	<b>D-142</b>	/Kaur Sukhjit Parmajit S. Amar	Dr. G.K. Dhokrat	A Study of Effect of <b>Hypoxic Breathing</b> Training Programme on Performance and Endurance of Male Swimmers Aged 12 to 14 years
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139	<b>D-143</b>	/Khutwad Priya Ramchandra	Prof. R.R. Dhakne	An Experimental Study of Utility of Six Weeks <b>Sand Running</b> Training Programme for the Promotion of Cardiovascular Endurance and Performance in <b>Long Distance Running</b> for Girls Aged 14 to 16 years
140	<b>D-144</b>	Mane Sanjay Antu	Dr. G.V. Pargaonkar	A Study of Effect of Selected <b>Yoga Practices</b> on Coordination and Reaction Time for Junior Division <b>N.C.C.</b> Cadet
141	<b>D-145</b>	/Mhatre Vaishali Prakash	Dr. G.V. Pargaonkar	An Experimental Study of the Effect of Selected <b>Medicine Ball Exercises</b> Training Program on Selected Motor Fitness Components and Skills in <b>Handball</b> for Boys Aged 12 to 14 years
142	<b>D-146</b>	Palande Mahesh Lahu	Dr. J.M. Dhope	A Study of the Effect of <b>Circuit Training</b> Programme on Selected Physical Fitness Components and Playing Ability of <b>Kho-Kho</b> Sub Junior Female Players
143	<b>D-147</b>	Pawar Sujit Ganpat	Dr. G.K. Dhokrat	A Comparative Study of <b>Infrastructure and Facilities</b> available for Physical Education Subject Between English Medium and Marathi Medium Secondary Schools in Thane City
144	<b>D-148</b>	Pires Thomas Joaquim Blaise	Prof. R.R. Dhakne	A Critical Evaluation of the Physical Education and sports Programmes Implemented by Various Institutions of <b>Intellectually Disabled</b> Children in the Area of Greater Mumbai

145	<b>D-149</b>	Sankpal Nitin Shankar	Dr. G.V. Pargaonkar	Personality <b>Profile of Shri. Aba Nagoji Naik</b> and His Contribution to the Field of Physical Education and Sports
146	<b>D-150</b>	/Sawant Vandana Kiran	Dr. S.D. Chavan	A Study of the Effect of <b>Circuit Training</b> Programme on Speed, Agility and Endurance of <b>Kho-Kho</b> Players for Girls Aged 16 to 19 years.
147	<b>D-151</b>	Sharma Rajeshkumar Lekharam	Dr. S.D. Chavan	An Investigation in to the Utility of <b>Rope Skipping</b> Exercises for the Promotion of Selected Physical Fitness Variables for Boys Aged 12 to 14 years
148	<b>D-152</b>	Sthavarmath Sandesh Gurushanttya	Dr. J.M. Dhope	An Experimental Study of Effect of <b>Medicine Ball Exercises</b> Training Programme on <b>Shot Put</b> Performance of Boys Aged 14 to 16 years
149	<b>D-153</b>	Waghmare Nitin Datta	Dr. G.K. Dhokrat	A Study of Effect of <b>Rhythmic Exercises</b> Training Programme on Selected <b>Anthropometric Variables</b> and <b>Body composition</b> for Boys Between the Age Group of the 12 to 14 years

<b>Year : 2007- 08</b>				
150	<b>D-159</b>	Bhoir Himali Madhukar	Dr. G.V. Pargaonkar	A Study of Effect of Eight Weeks <b>Judo Training</b> Programme on Selected Physical Fitness Variables for Boys Aged 10 to 12 Years.
151	<b>D-160</b>	Gupta Sandhya Rajkumar	Dr. S.D. Chavan	A Study of Effect of Six Weeks <b>Roller Hockey Skating</b> Training Programme on Selected Motor Fitness Components of School <b>Hockey</b> Players for Boys Aged 12 to 14 Years.
152	<b>D-161</b>	Narkhede Rashmi	Dr. J.M. Dhope	A Study of Effect of Selected Resistance Exercises Training Programme for the Promotion of Strength and Playing Ability

		Ulhas		of <b>Kabaddi</b> Players for Boys Aged 14 to 16 Years.
153	<b>D-162</b>	Parab Grishmi Anant	Dr. G.K. Dhokrat	A Study of Effect of Eight Weeks <b>Aerobics</b> Training Programme For the Promotion of Health Related Physical Fitness of Junior College Girls.
154	<b>D-163</b>	Patil Sonal Kisan	Shri. J.M. Hotkar	A Study of Effect of <b>Judo</b> Training Programme on Certain Motor Fitness Components of School Girls Aged 10 to 12 Years.
155	<b>D-164</b>	Rumde Supriya Deepak	Dr. G.V. Pargaonkar	A Study of Effect of <b>Circuit Training</b> Programme for the Promotion of Selected Motor Fitness Components and shooting performance in <b>Handball</b> for Boys Aged 12 to 14 years.
156	<b>D-165</b>	Shelatkar Veena Sandip	Dr. S.D. Chavan	A Study of Effect of <b>Circuit Training</b> Programme on Selected Motor Fitness Components of <b>Kabaddi</b> Junior School Girls.
157	<b>D-166</b>	Ansari Mohammad Akhtar	Dr. J.M. Dhope	A Study of Effect of <b>Weight Training</b> Programme for the Promotion of Strength and Playing Ability of <b>Volleyball</b> Players at School Level for boys Aged 14-16 Years.
158	<b>D-167</b>	Bangale Prashant Bhimrao	Dr. G.K. Dhokrat	A Study of Effect of Selected <b>Plyometric Exercises</b> on Vertical Jumping ability and Jump Shot Skill of <b>Basketball</b> for Boys Aged 16-19 years.
159	<b>D-168</b>	Kadam Sunil Dhondiram	Shri. R.R. Dhakne	A Study of Effect of Indian Traditional Exercises on <b>Health Related Physical Fitness</b> for Mumbai Municipal School Children Aged 10-12 years.
160	<b>D-169</b>	Kamble Sumit Damodar	Shri. J.M. Hotkar	A Study of Effect of <b>Suryanamaskar</b> For the Promotion of <b>Health Related Physical Fitness</b> of Boys Aged 12 to 14 years.

161	<b>D-170</b>	Kanojia Arvind Harishchandra	Dr. G.V. Pargaonkar	A Study of Effect of <b>Yogic Practices</b> for the Promotion of Physical Fitness and Physiological Variables for Boys Aged 11 to 13 years.
162	<b>D-171</b>	Karale Mahendra Shamrao	Dr. S.D. Chavan	An Experimental Study of Utility of <b>Yoga</b> for the Promotion of Co-ordination and Reaction Time for Junior Boys <b>Kabaddi</b> Players.
163	<b>D-172</b>	Khan Akhtar Asir	Dr. J.M. Dhope	An Investigation into The <b>Facilities</b> Available for the implementation of <b>Physical Education Curriculum</b> in D.Ed. Colleges of Greater Mumbai.
164	<b>D-173</b>	Mhatre Jitendra Jaihind	Dr. G.K. Dhokrat	A Study of Effect of <b>Circuit Training</b> Programme on Certain Physical Fitness Components and Skills in <b>Football</b> for Boys Aged 14-16 Years.
165	<b>D-174</b>	Padkil Sachin Mahadev	Shri. R.R. Dhakne	A Critical Evaluation of <b>Physical Education Programme</b> implemented by <b>CBSE and ICSE</b> Schools in the Area of Mumbai Suburb District.
166	<b>D-175</b>	Patil Arvind Anant	Shri. J.M. Hotkar	A Study of Effect of Certain Exercises Training Programme for the Promotion of Selected Physical Fitness Components and Skills Performance in <b>Football</b> at School Level .
167	<b>D-176</b>	Patil Pravin Pundlik	Dr. G.V. Pargaonkar	A Study of the Effect of Certain Physical Exercises for the promotion of Selected Motor Fitness Components and Performance in <b>Long Jump</b> for Boys aged 12 to 14 Years.
168	<b>D-177</b>	Sawant Yogesh Sudam	Dr. S.D. Chavan	A Study of Effect of <b>Hill Running</b> Training Programme for the Promotion of Speed, Strength, Endurance, Agility and Playing Ability of <b>Kho-Kho</b> Players for Girls Aged 16 to 19 years.

169	<b>D-178</b>	Shah Rizwan Basir	Dr. J.M. Dhope	A Study of Effect of <b>Up and Down Hill Running</b> Training Programme on the Performance of Selected <b>Athletic</b> Events For Boys Aged 12 to 14 years.
170	<b>D-179</b>	Shinde Prashant Moreshwar	Dr. G.K. Dhokrat	An Experimental Study of Effect of <b>Plyometric Exercises</b> Training Programme for the Promotion of Selected Physical Fitness Variables and Skill Performance in <b>Handball</b> for Boys Aged 12 to 14 Years.
171	<b>D-180</b>	Shinde Sachin Balu	Shri. R.R. Dhakne	A Study of Effect of <b>Circuit Training</b> Programme for the Promotion of Performance in <b>Basketball</b> for Boys Aged 12 to 14 years.

172	<b>D-181</b>	Singh Bhavesh Chandrade v	Shri. J.M. Hotkar	A Critical Study of the Problems Faced by Secondary Schools for Successful <b>Teaching-Learning of Physical Education</b> in Mumbai City District.
173	<b>D-182</b>	Sontakke Milind Sadashiv	Dr. S.D. Chavan	A Study of Effect of <b>Fartlek</b> Training Programme on Speed, Cardiovascular Endurance, Agility and Muscular Strength of <b>Kho-Kho</b> Players for Boys Aged 14 to 16 Years.
174	<b>D-183</b>	/Rajak Reena Ashok	Dr. G.V. Pargaonkar	An Experimental Study on Utility of <b>Yoga</b> for the Promotion of Selected Physical Fitness Variables of <b>Judo</b> Players for Boys Aged 10-14 Years.
<b>Year: 2008 - 09</b>				
175	<b>D-184</b>	Chavan Nilam Anant	Shri. G.V. Pargaonkar	A Study of effect of eight week s <b>Aerobic</b> Training Programmme on Body Fat and selected <b>Anthropometric measurement</b> of obese girls aged 12-14 years.

176	<b>D-185</b>	Chavan Rashmi Chandrak ant	Shri. S. D. Chavan	A Study of effect of <b>Medicine Balll Excercises</b> Training Programmme on selecte motor fitness components and <b>Shot Put</b> Performance on girls aged 12 to 14 years.
177	<b>D-186</b>	Deshpand e Shradha Ramesh	Shri J. M. Dhope	A Study of effect of <b>Kabaddi</b> game practice Training Programme on selected health related fitness components for boys aged 12 to 14 years.
178	<b>D-187</b>	Dicholkar Swati Baburao	Shri. G. K Dhokrat	A study of effect of <b>Suryanamaskar</b> for the promotion of strength and playing ability of <b>Kabaddi</b> players for girls aged 12-14 years.
179	<b>D-188</b>	Ghorpade Aarti Pandharin ath	Shri. R. R. Dhakne	Effect of the <b>Yoga Practices</b> for the promotion of balance , reaction, time and performance in 10 Meters Rifle Shooting for girls aged 18 - 24 years.
180	<b>D-189</b>	Jadhav Reema Janardan	Shri. J. M. Hotkar	A Study of effect of specific <b>Weight Training</b> Programme on selected physical fitness components and playing ability of Kabaddicollege male players.
181	<b>D-190</b>	Jadhav Reshma Vishnu	Shri. G. V. Pargaonkar	A Study of effect of <b>Aerobics</b> Training Programme on selected physical fitness components of school girls aged 13 to 15 years.
182	<b>D-191</b>	Kamble Sadhana Vijay	Shri. S. D. Chavan	A study of effect of <b>Taekwondo</b> Basic Training Programme on selected motor fitness components of girls aged 17 to 19 years.
183	<b>D-192</b>	Mhatre Suvidya Naresh	Shri. J. M. Dhope	A utility of effect of <b>Suryanamaskar</b> for the promotion of selected physical fitness components and performance in <b>100 meters run</b> for boys aged 14 - 16 years.
184	<b>D-193</b>	Nagaonkar Vandana Vishwas	Shri. G. K. Dhokrat	Effect of Undergraduate <b>Professional Physical Education</b> Training Programme for the promotion of selected physical fitness variables for female students aged

				21 to 29 years.
185	<b>D-194</b>	Patil  Pallavi Subhash	Shri. R. R. Dhakne	A study of effect of eight week <b>Taekwando</b> Training Programme on selected motor fitness components for boys aged 12 to 14 years.
186	<b>D-195</b>	Shetty  Rohini Prabhakar	Shri. R. R. Dhakane	A Study of effect of <b>Excercise Training</b> Programme on Selected motor performance components and playing ability of <b>Kabaddi</b> players aged 12 to 14 years.
187	<b>D-196</b>	Ambre Deepak  Shantaram	Shri. J. M. Hotkar	A study of effect of <b>Kho-Kho</b> Traing Programme for the promotion of selected motor fitness components for boys aged 12 to 14 years.
188	<b>D-197</b>	Andhale Shankar  Baburao	Shri. G. V. Pargaonkar	Effect of eight week <b>Langadi</b> Training Programme for the promotion of selected motor fitness components and performance of <b>Long Jumps</b> for boys aged 123 to 14 years.
189	<b>D-198</b>	Burkhav Sanjay  Walter	Shri. S. D. Chavan	Effect of eight week specific Training Programme for the promotion of speed, endurance, strength and <b>400 meters Running</b> performance of boys aged 15 to 17 years.
190	<b>D-199</b>	Dhillon Ranjodh Singh	Shri. G, V. Pargaonkar	Effect of specific Training Programme for the promotion of selected motor fitness components and skill performance in <b>Football</b> for boys aged 12 to 14 years.
191	<b>D-200</b>	Khanvilkar Nitin Prabhakar	Shrri. G. K. Dhokrat	A Study of effect of specific <b>Weight Training</b> Programme in lower extremities and performance of penalty kick in <b>Football</b> for boys aged 16 to 19 years.
192	<b>D-201</b>	Mali  Atul	Shri. R. R. Dhakne	Effect of <b>Suryanamaskar</b> for the promotion of selected motor fitness components for male <b>Kho-Kho</b> players

		Vishnu		aged 14 -16 years.
193	<b>D-202</b>	Vijayan Marvavar Natraj	Shri. J. M. Hotkar	Effect of Silambam self defense activity for the promotion of selected motor fitness components and performance in <b>Shot Put</b> for boys aged 12 - 14 years.

194	<b>D-203</b>	Parab Govind Ramchandra	Shri. G. V. Pargaonkar	Effect of specific Training Programme for the promotion of selected physical fitness components and performance in <b>Handball</b> for school girls aged 12to14yrs.
195	<b>D-204</b>	Patil Arun Padmakar	Shri. S. D. Chavan	Effect of eight weeks <b>Plyometric Training</b> Programme for the promotion of selected motor fitness components and performance in Long Jump for boys aged 12 to 14 years.
196	<b>D-205</b>	Pawar Sunil Bhagwan	Shri. J. M. Dhope	A comparative study of <b>Physical Education Programme</b> and facilities provided in S.S.C. and C.B.S.C Board Schools in the area of Thane District
197	<b>D-206</b>	Poshampellu Nilesh Ramesh	Shri. G. K. Dhokrat	A Study of difficulties encountered by selected Mumbai City District level <b>Sports Associations</b> and suggestions to overcome them.
198	<b>D-207</b>	Saitawadekar Promise Prakash	Shri. R. R. Dhakne	A Study of effect of specific Training Programme on selected physical fitness components and performance in <b>Football</b> for boys aged 10 - 12 years.
199	<b>D-208</b>	Shirke	Shri. G. V. Pargaonkar	A Study of Effect of specific Training Programme in selected motor fitness components and playing ability of Junior

		Sandeep Suresh		Boys <b>Kabaddi</b> Players.
200	<b>D-209</b>	Salve Sudam Pandharinath	Shri. J. M. Hotkar	Effect of break in undergraduate <b>Professional Physical Education</b> Training Programme on selected physical fitness variables for female students aged 21 to 29 years.
<b>Year : 2009 - 10</b>				
201	<b>D-210</b>	Agrahari Shradha Kumari Shambhu Prasad	Dr. G. V. Pargaonkar	Effect of Yogic Practices for the promotion of <b>Health Related Physical Fitness</b> components of School Girls.
202	<b>D-211</b>	Ambolkar Madhura Harishchandra	Dr. J. M. Dhope	Effect of <b>Lezium</b> Training Program on Cardio Vascular Endurance , Strength and <b>100 Meters Running</b> performance of School Girls
203	<b>D-212</b>	Banger Archana Yamanaji	Dr. G. K. Dhokrat	Effect of <b>Circuit Training</b> Programme on Motor Fitness Components on Female <b>Taekwondo</b> Players
204	<b>D-213</b>	Dange Rohini Ananadrao	Shri. R. R. Dhakane	Effect of regular participation in Physical Education Activities on <b>Health Related Physical Fitness</b> of School Boys
205	<b>D-214</b>	Gaikwad Shital Vishwas	Dr. K. K. Asai	Effect of <b>Aerobic</b> Training Programme for the promotion of Motor Fitness Components and <b>Athletic</b> events for School Boys
206	<b>D-215</b>	Jawale Vaishali Balu	Dr. G. V. Pargaonkar	Effect of Specific Exercise Training Programme on Motor Performance and Playing Ability in <b>Kabaddi</b> for School Boys

207	<b>D-216</b>	Kale Rekha Manik	Dr. J. M. Dhope	Effect of <b>Yogic Practices</b> on Academic Achievement and Psychological parameters of School Girls
208	<b>D-217</b>	Lokhande Vijaya Maruti	Dr. G. K. Dhokrat	Effect of Undergraduate Professional <b>Physical Education Training</b> Programme for the promotion of <b>Physical Fitness Variables</b> of Male Trainees
209	<b>D-218</b>	Meher Kishori Mohan	Shri. R. R. Dhakne	A Comparison of selected Physical Fitness and Motor Fitness components between <b>Kabaddi</b> and <b>Kho-Kho</b> Male School Players
210	<b>D-219</b>	Mokal Aruna V.	Dr. K. K. Asai	Effect of <b>Aerobics</b> Exercises Training Programme for the Promotion of Health Related Physical Fitness of School Girls
211	<b>D-220</b>	Raut Rupali Mohan	Dr. G. V. Pargaonkar	A Comparison of <b>Anthropometric Variables</b> and Physical Fitness Components between <b>Kabaddi</b> and <b>Kho-Kho</b> Male Students
212	<b>D-221</b>	Thakur Kanchan A.	Dr. J. M. Dhope	Effect of <b>Specific Training Programme</b> on Speed, Cardio Vascular Endurance, Agility and Muscular Strength of Female <b>Boxers</b>
213	<b>D-222</b>	Yadav Manisha Ramujagir	Dr. G. K. Dhokrat	Effect of <b>Specific Training Programme</b> for the promotion of Motor Fitness Components and performance in <b>High Jump</b> of School Boys
214	<b>D-223</b>	Akul Rahul Suresh	Shri. R. R. Dhakne	Effect of <b>Plyometric Exercises</b> for the promotion of selected Motor Fitness Components and Playing Ability of Male <b>Kho-Kho</b> Players
215	<b>D-224</b>	Chatur Nilesh	Dr. K. K. Asai	Effect of <b>Lezium</b> Exercises in Motor Fitness components and performance in <b>Athletic Events</b> for School Boys

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216	<b>D-225</b>	Desai Ravindra Baburao	Dr. G. V. Pargaonkar	Effect of <b>Specific Training Programme</b> for the promotion of Motor Fitness Components and Performance in <b>Boxing</b> for School Boys
217	<b>D-226</b>	Desai Sudan Satyawar	Dr. J. M. Dhope	Effect of <b>Circuit Training</b> Programme on Selected Physical Fitness Components and <b>Football</b> Performance of the School Boys
218	<b>D-227</b>	Gonsalves Sylvan Peter	Dr. G. K. Dhokrat	Relationship of Height and Weight to the performance of College Male <b>Volleyball</b> Players

219	<b>D-228</b>	Jadhav Madanrao Vilasrao	Shri. R.R. Dhakane	Effect of Break in Undergraduate Professional Physical <b>Education Training Programme</b> on <b>Physical Fitness</b> Variable
220	<b>D-229</b>	Jadhav Milind Madhukar	Dr. K. K. Asai	Effect of <b>Plyometric Exercises</b> Training Programme for the promotion of Motor Fitness Components and Performance in <b>Triple Jump</b> for School Boys
221	<b>D-230</b>	Mane Sanjay Vithoba	Dr. G. V. Pargaonkar	Effect of <b>Plyometric Exercises</b> Training Programme for the promotion of Motor Performance components and skills in <b>Volleyball</b> for School Boys
222	<b>D-231</b>	Patil Anant G.	Dr. J. M. Dhope	A Comparative study of Motor Fitness Components between the rural and urban Elementary School children in Raigad District
223	<b>D-232</b>	Patil	Dr. G. V.	Effect of <b>Rope Skipping</b> Programme for

		Tushar C.	Pargaonkar	the promotion of Health Related Fitness components and performance in <b>Long Jump</b> for School Children
224	<b>D-233</b>	Salve Vishal Suresh	Shri. R. R. Dhakne	Effect of <b>Taekwondo</b> Training Programme on Health Related Fitness components and performance in <b>Long Jump</b> of Boys
225	<b>D-234</b>	Zende Vasant Gajaba	Shri. J. M. Hotkar	An analytical study of the <b>Sports News Coverage</b> in the Times of India_ Daily published in Mumbai
<b>Year 2010-11</b>				
226	<b>D-235</b>	Chavan Meena Atmaram	Dr. G. V. Pargaonkar	Efficiency of Aerobics for the promotion of Motor Fitness and performance in <b>Long Jump</b> for Boys aged 12 to 14 years.
227	<b>D-236</b>	Kothekar Vrushali Mahadeo	Dr. J. M. Dhope	Effect of <b>Kho-Kho</b> Training on Physical and Psychological variables of School Girls aged 12 to 14 years
228	<b>D-237</b>	Mahadik Trupti Vilas	Dr. G. K. Dhokrat	A Comparative study of the effect of <b>Pranayama</b> and <b>Aerobics</b> for the promotion of Cardio-vascular endurance of School girls aged 12 to 14 years.
229	<b>D-238</b>	Parab Anagha Vasant	Dr. K. K. Asai	Effect of <b>Suryanamaskaras</b> on Cardio-vascular endurance and flexibility of Junior <b>Kabaddi</b> girls
230	<b>D-239</b>	Yesare Sudha Rajaram	Shri. J. M. Hotkar	Effect of Rhythmic Exercises for the promotion of Health Related <b>Physical Fitness</b> of girls aged 12 to 14 years

231	<b>D-240</b>	Aher Kiran Prabhakar	Dr. G. V. Pargaonkar	Relationship between flexibility and strength of school Volleyball players with skill performance.
232	<b>D-241</b>	Gaikwad Valmik Ramdas	Dr. J. M. Dhope	A Comparative study of selected Motor Fitness Components of <b>Volleyball</b> and <b>Cricket</b> Players
233	<b>D-242</b>	Gondke Sandip Ganpat	Dr. G. K. Dhokrat	Effect of <b>Dand</b> and <b>Baithakas</b> in selected physical fitness components and playing ability of male <b>Kho-Kho</b> players
234	<b>D-243</b>	Kambli Mahendra Sahadev	Dr. R. R, Dhakane	Effect of <b>Dance</b> on Health Related Physical Fitness components of <b>Intellectually Disabled Students</b>
235	<b>D-244</b>	Kharat Sameer Maruti	Shri. J. M. Hotkar	A Study on the evaluation of the physical education facilities available in selected <b>Hearing Impaired schools</b> of Mumbai City
236	<b>D-245</b>	Medhekar Chandrakant Yashwant	Dr. G. V. Pargaonkar	A Critical study in the difficulties faced in <b>teaching-learning process of Physical Education</b> in Junior College of Thane District
237	<b>D-246</b>	Musale Jitendra Dhondiba	Dr. J. M. Dhope	Utility of Body <b>Built Up Exercises</b> for the promotion of physical fitness components and performance in <b>Athletic</b> events of boys aged 12 to 14 years
238	<b>D-247</b>	Pandav Sachin Bhagwan	Dr. G. K. Dhokrat	A comparative study of selected motor fitness components between <b>Volleyball</b> and <b>Kho-Kho</b> players
239	<b>D-248</b>	Patil	Dr. R. R,	A Comparative study of <b>Sports NewsCoverage</b> between Marathi and

		Sagar Piraji	Dhakane	Englsih <b>Newspapers</b> published in Mumbai
240	<b>D-249</b>	Patil Vishal Pandurang	Shri. J. M. Hotkar	Utility of <b>Suryanamaskaras</b> for the promotion of Physical Fitness of Junior College Students
241	<b>D-250</b>	Pawar Santosh Tukaram	Dr. G. V. Pargaonkar	Effect of Specific Exercises for the promotion of Motor Fitness and performance in <b>Athletics</b> of boys 12 to 14 years.
242	<b>D-251</b>	Rodrigues Sylvester Casesar	Dr. J. M. Dhope	A Comparative Study of selected physical and psychological variables between <b>Football</b> and <b>Basketball</b> Players
243	<b>D-252</b>	Rupwate Rupesh Vasant	Dr. G. K. Dhokrat	Effect of <b>Karate</b> Training Programme on Motor Fitness Components of boys aged 12 to 14 years
244	<b>D-253</b>	Shigvan Rajesh Gopal	Dr. R. R, Dhakane	Utility of Yoga for the promotion of Health Related Physical Fitness of <b>Intellectually Disabled students</b>
245	<b>D-254</b>	Singh Devendra Ramavatar	Dr. K. K. Asai	Utility of <b>Gymnastics</b> Training for the promotion of selected variables of General Motor Ability of Boys aged 12 to 14 years

246	<b>D-255</b>	Thakur Milind P.	Dr. G. V. Pargaonkar	Effect of <b>Fencing</b> Training on General Motor Ability of Boys aged 13 to 15 years
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247	<b>D-256</b>	Toppo Udayvir Ezechiell	Dr. J. M. Dhope	A critical analysis on Difficulties faced by <b>Handball Clubs</b> of Mumbai City
248	<b>D-257</b>	Vartak Prasad Sharad	Dr. G. K. Dhokrat	Effect of <b>Suryanamaskaras</b> on Flexibility and Muscular endurance of school boys aged 12 to 14 years
249	<b>D-258</b>	Yadaav Prasad Shrirang	Dr. K. K. Asai	Effect of <b>Basketball</b> Training on Agility and Speed of school boys aged 13 to 15 years
250	<b>D-259</b>	Yadav Ravindra Deviprasad	Dr. K. K. Asai	Effect of <b>Yogic Practices</b> for the promotion of Health Related Physical Fitness of Slow Learners
<b>Year 2011-12</b>				
251	<b>D-260</b>	Ambokar Sonam Chandrakant	Dr. G. V. Pargaonkar	Effect of Yoga Practices on Motor fitness and performance in <b>Rope Mallakhamb</b>
252	<b>D-261</b>	Bachhe Jyoti Suresh	Dr. J. M. Dhope	Effect of <b>Suryanamaskaras</b> on Physical Fitness of low fit girls aged 12 to 14 Years
253	<b>D-262</b>	Ballal Savita Yeshwant	Dr. G. K. Dhokrat	Effect of Aerobics for the promotion of General Motor Ability of <b>Kabaddi</b> players for girls aged 13 to 15 Years
254	<b>D-263</b>	Chandekar Philomina Benjamin	Dr. R. R, Dhakane	Effect of certain Multiple Jump Exercise for the promotion Motor Fitness and performance in <b>Long Jump</b> for boys aged 15 to 17 Years

255	<b>D-264</b>	Debnath Krishnapriya Babul	Shri. J. M. Hotkar	Effect of <b>Handball</b> game on Motor Fitness of School Boys aged 13-15 Year
256	<b>D-265</b>	Kakulte Versha Pandurang	Dr. G. V. Pargaonkar	Utility of playing <b>Atya-Patya</b> game for the promotion of Physical Fitness of School girls aged 14to 16 Years
257	<b>D-266</b>	Karekar Reshma Shubhash	Dr. J. M. Dhope	A Survey on the <b>Parental Attitude</b> towards Physical activity of Secondary School children in Mumbai
258	<b>D-267</b>	Lobo Mini Augustine	Dr. G. K. Dhokrat	Effect of Specific Training Programme for the promotion of skills in <b>Football</b> for Intellectually Challenged Students
259	<b>D-268</b>	Mangale Advaita Ashok	Dr. R. R, Dhakane	A Study of Effect of Participation in <b>Kabaddi</b> Training Program on General Motor abilities of Girls

260	<b>D-269</b>	Nagare Pramila Ganesh	Shri. J. M. Hotkar	Effect of <b>Aerobics</b> training in Motor Fitness and performance in <b>Handball</b> of girls aged 12 – 14 years
261	<b>D-270</b>	Sasane Priya Prakash	Dr. G. V. Pargaonkar	A Comparison of Motor fitness between <b>Volleyball</b> and <b>Throwball</b> Female players
262	<b>D-271</b>	Tandel	Dr. J. M.	Effect of Specific Training programme on motor fitness and performance in <b>100m</b>

		Pradnya Tukaram	Dhope	<b>Running</b> for boys aged 12-14 Years
263	<b>D-272</b>	Bhopi Suhas Harish	Dr. G. K. Dhokrat	Effect of Circuit Training on Motor fitness and Performance in <b>200 meters Run</b> of Boys aged 12-14 Years.
264	<b>D-273</b>	Damale Sanjay Dinkar	Dr. R. R, Dhakane	Effect of <b>Yoga Practices</b> on Health Related Physical fitness of Slow Learners
265	<b>D-274</b>	Gupta Nilesh Kamraj	Shri. J. M. Hotkar	A Comparative Study of Motor fitness between <b>Cricket and Football</b> Players for Boys aged 14 to 16 Years.
266	<b>D-275</b>	Jadhav Nilesh Babanrao	Dr. G. V. Pargaonkar	Effect of <b>Suryanamaskaras</b> on Health Related Physical fitness components of boys aged 13 to 15 Years
267	<b>D-276</b>	Parab Sachin Bhagwan	Dr. J. M. Dhope	Effect of Indian Club exercises on motor fitness and performance of <b>Judo player</b> for boys 14 to 16 Years .
268	<b>D-277</b>	Pinjari Shrikant Shankar	Dr. G. K. Dhokrat	Effect of Physioball exercise on Motor fitness and skill Performance in <b>Volleyball</b> for School boys aged group 13-15 Years.
269	<b>D-278</b>	Rane Hitesh Dashrath	Dr. R. R, Dhakane	Effect of Progressive Muscular stretching programme on physical fitness Variables and skill in <b>Volleyball Players</b>
270	<b>D-279</b>	Sharma Ajay Satyadeo	Shri. J. M. Hotkar	Effect of Plyometric Exercises programme in motor fitness on skill performance of <b>Volleyball boys 15 to 17</b> years.

271	<b>D-280</b>	Sharma Yogesh Kamalnain	Dr. G. V. Pargaonkar	Effect of <b>Weight Training</b> programme on motor fitness components and skill performance of Softball players for boys aged 17 to 19 years.
272	<b>D-281</b>	Shendkar Ashok Baban	Dr. J. M. Dhope	A Comparative Study of Health related Physical fitness <b>D.T.Ed and Degree</b> Collage Students.
273	<b>D-282</b>	Tambare Sachin Hari	Dr. G. K. Dhokrat	Effect of <b>Judo Training</b> on motor fitness of School boys aged 13-15 years
274	<b>D-283</b>	Vade Surendra ganpat	Dr. R. R, Dhakane	A <b>Critical Evaluation</b> of the problems faced by the physical Education Teacher of D.T.Ed Collage of Mumbai City.
275	<b>D-284</b>	Yadav Kiran Sheshmani	Shri. J. M. Hotkar	A Comparative Study of motor fitness and Psychological variable between <b>Football</b> and <b>Handball</b> Players for Boys aged 13 to 15 Years.

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276	<b>D-285</b>	Khanvilkar Chaitra Deepak	Dr. J. M. Dhope	Effects of <b>Specific Skill Drills</b> on selected Motor Fitness Components and Skill Development in <b>Cricket</b> for aged 13-15 years
277	<b>D-286</b>	Mohite Lila Mahadev	Dr. J. M. Dhope	Effect of <b>Yogic Practices</b> for the promotion of selected <b>Morphological and Physiological Variables</b> of School Girls aged 12 to 14 years
278	<b>D-287</b>	Patil Priyanka	Dr. G. V. Pargaonkar	A critical Study of the status and problem faced in promoting <b>Wrestling</b> in Raigad District

		Gajanan		
279	<b>D-288</b>	Thakur Vaishali Dhanaji	Dr. G. V. Pargaonkar	Utility of <b>Traditional Women's Activites</b> for promotion of Motor Fitness Components of Professional Physical Education College Girls
280	<b>D-289</b>	Adidraavid Gopinath Govindan	Dr. J. M. Dhope	Efficacy of <b>Plyometric Training</b> on Vertical Jump and Spiking ability in <b>Volleyball</b> for Boys of aged 12-14 years
281	<b>D-290</b>	Gore Sanjay Gangaram	Dr. G. K. Dhokrat	Effect of <b>Aerobics</b> for the promotion of Health Related Physical Fitness of School Girls aged 12 to 14 years
282	<b>D-291</b>	Javkar Abhishek Mohan	Dr. R. R,	Effect of <b>Pranayama</b> on certain Physiological variables of Elderly Citizens
283	<b>D-292</b>	Khan Jameel Sarafatulla	Shri. J. M. Hotkar	Effect of <b>Circuit Training</b> Programme for the Skill Performance of District level <b>Basketball</b> Players
284	<b>D-293</b>	Kharade Yashodhan Krishna	Dr. K. K. Asai	Utility of <b>Circuit Training</b> for the Skill Development of <b>Football</b> for boys aged 13 to 15 years
285	<b>D-294</b>	Kharat Rahul Arjun	Smt. N.O. Joshi	Effect of <b>Aerobics</b> for the promotion of Motor Fitness Variables of Male <b>Kho-Kho</b> Players aged 17 to 19 years
286	<b>D-295</b>	Malve Manik Karbhari	Dr. G. K. Dhokrat	Effect of certain <b>Indian Exercises</b> on selected Motor Fitness Components and Skill Performance of Male <b>Kabaddi</b> Players

287	<b>D-296</b>	Metkar Anil Ashok	Dr. R. R,	A Study of Gender Differences in Relation to Comparative Study of <b>Anxiety and Mental Health</b> of <b>Kho-Kho</b> Players aged 13 to 15 years
288	<b>D-297</b>	Nadar Lawrence Kumar	Shri. J. M. Hotkar	A Comparative study of Motor Fitness Components of <b>Football</b> and <b>Handball</b> players aged 12 to 14 years
289	<b>D-298</b>	Pal Ashok Ramnath	Dr. K. K. Asai	Utility of <b>Weight Training</b> in Promoting Skill Performance of <b>Volleyball</b> players aged 14 to 16 years
290	<b>D-299</b>	Patode Sachin Bhimrao	Smt. N.O. Joshi	Efficacy of <b>PEC Activites</b> design by BCI for the promotion of Health Related Physical Fitness among School Children
291	<b>D-300</b>	Rozario Agnel James	Dr. G. K. Dhokrat	Efficacy of <b>Specific Training</b> on Motor Fitness and performance in <b>Soccer</b> of School Boys aged 13 to 15 years
292	<b>D-301</b>	Satpute Vikram Damodher	Dr. R. R,	Utility of Progressive <b>Muscular Stretching and Relaxation</b> programme for the Promotion of Skill Performance in <b>Volleyball</b> for Boys 13 to 15 years
293	<b>D-302</b>	Shaikh Fraz Ainul Hassan	Shri. J. M. Hotkar	Effect of <b>Karate</b> Training on Motor Fitness Components of School Boys aged 13 to 15 years
294	<b>D-303</b>	Sharma Shakti Ramnath	Dr. K. K. Asai	Effect of <b>Zanj Dance</b> on Health Related Physical Fitness of Boys aged 12-14 Years
295	<b>D-304</b>	Shetty	Smt. N.O.	Effect of <b>Specific Exercises</b> suggested by NBA in improving <b>Basketball</b> Skill

		Swapnil Anil	Joshi	performance to School Boys aged 14 to 16 years
296	<b>D-305</b>	Shinde Amrut Vijay	Dr. G. K. Dhokrat	Effect of <b>Plyometric Training</b> on Certain Motor Fitness Components and playing ability in <b>Karate</b> of school children
297	<b>D-306</b>	Thombare Krishna Lahu	Dr. R. R,	Effect of <b>Specific Training</b> in promoting selected Motor Fitness Components and performance in certain <b>Athletic Events</b> for Boys aged 13 to 15 years
298	<b>D-307</b>	Waghmare Siddharth Digambar	Shri. J. M. Hotkar	A comparative study of <b>Anxiety and Stress</b> level of <b>Karate</b> and <b>Taekwondo</b> players of Mumbai City District aged 12 to 14 years
299	<b>D-308</b>	Yadav Dinesh Shivnarayan	Dr. K. K. Asai	Utility of <b>Plyometric Exercises</b> for the promotion of selected Motor Fitness Components and Skills of <b>Football</b> players aged 13 to 15 years

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300	<b>D-313</b>	Alphanso Albina D.	Dr. G. V. Pargaonkar	A Comparative Study of <b>Mental Health</b> between Physical Education And Other Subject Teachers of Mumbai Suburban District
301	<b>D-314</b>	Chavan Amruta Arun	Dr. G. K. Dhokrat	A Comparative Study of Competitive <b>Sports Anxiety</b> and Achievement of <b>Motivation</b> among Football and Volleyball Male Players Aged 13-15 Years.
302	<b>D-315</b>	Dhanlaxhmi Krishnan	Dr. R. R, Dhakne	Critical Evaluation of Competitive Sports <b>Anxiety</b> Level of Elite <b>Athlete</b> Aged 16 to 18 Years.

303	<b>D-316</b>	Gill Monika	Dr. G. V. Pargaonkar	A Comparative Study of <b>Personality Traits</b> between Students of BMC School and ICSE School of Mumbai Aged 13 to 15 Years.
304	<b>D-317</b>	Hake Swati Tukaram	Shri. J. M. Hotkar	Effect of <b>Plyometric Exercises</b> on Selected Motor Fitness Components and Performance of Taekwondo Players for Boys Aged 14 to 16 Years.
305	<b>D-318</b>	Lohar Aarti Deepak	Dr. K. K. Asai	Utility of <b>Plyometric Exercises</b> for the Promotion of Selected Motor Fitness Components and Performance of <b>Taekwondo</b> Players for Girls Aged 17 -19 Years.
306	<b>D-319</b>	Lopes Cencia T.	Smt. N. O. Joshi	A Comparison between <b>Personality Traits</b> between <b>Volleyball</b> and <b>Karate</b> School level players
307	<b>D-320</b>	More Seema Prakash	Dr. G. K. Dhokrat	Effect of <b>Zanj Dance</b> Training on selected Motor Fitness Components of Girls Aged 12 to 14 Years
308	<b>D-321</b>	Patil Hemangi Jagadish	Dr. R. R. Dhakne	Contribution of Vasai Taluka Kala Krida Mohotsav for the Promotion of Sports, Games and Cultural Activities – <b>A CaseStudy</b> .
309	<b>D-322</b>	Patnaik Sheetal Narendra	Shri. J. M. Hotkar	Effect of <b>Plyometric Training</b> for the Promotion of Motor Fitness Components and Performance in <b>Volleyball</b> for School Boys Aged 13 to 15 Years.
310	<b>D-323</b>	Sonavane Mallika	Dr. K. K. Asai	Effect of <b>Circuit Training</b> on Selected Motor Fitness Components and Skill Abilities in <b>Handball</b> Girls Players Aged 13 to 15 Years.

		Dhananjay		
311	<b>D-324</b>	Yerzal Hemangi	Smt. N. O. Joshi	Contribution of Ramakant Achrekar for the Promotion of <b>Cricket – A Case Study</b> .
312	<b>D-325</b>	Bhapkar Yogesh Baban	Dr. G. K. Dhokrat	Effect of <b>Aerobics Dance Training</b> for the Promotion of Selected Motor Fitness Components for School Boys Aged 12 – 14 Years
313	<b>D-326</b>	Chachar Sandeep Kashinath	Dr. R. R. Dhakne	Effect of Specific Training on Speed, Power, Agility and Reaction Time of Elite Male <b>Boxers</b> Aged 16 to 18 Years.
314	<b>D-327</b>	Chandan Rohith Narayana	Shri. J. M. Hotkar	A Study of Sports Competitive <b>Anxiety and Stress</b> Level of <b>Football</b> and <b>Volleyball</b> Players of School Level for boys Aged 14 years
315	<b>D-328</b>	Chaudhary Dipanshu Pramod	Dr. K. K. Asai	Effect of <b>Baseball Training</b> on Selected Motor Performance Components of Boys Aged 17-19 Years
316	<b>D-329</b>	Javir Samadhan Babaji	Smt. N. O. Joshi	Effect of <b>Yogic Practices</b> for the Promotion of Health Related Physical Fitness Variables for boys aged 12 to 14 Years.
317	<b>D-330</b>	Padawale Ankush Babu	Dr. G. K. Dhokrat	Effect of Up and Down <b>Hill Running</b> Training on Performance of Selected <b>Athletics</b> Events for Boys Aged 16 to 18 Years.
318	<b>D-331</b>	Patil Deepak Tanaji	Dr. R. R. Dhakne	Effect of <b>Circuit Training</b> on Selected Motor Fitness Components and Performance of School Level <b>Kho-Kho</b> Players Aged 13 to 15 Years.
319	<b>D-332</b>	Patil	Shri. J. M.	A Survey of Present Status of Various Clubs Affiliated to Mumbai City <b>Kabaddi</b>

		Nishant Gopal	Hotkar	Association
320	<b>D-333</b>	Salunkhe Deepak Shankar	Dr. K. K. Asai	Effect of Specific Exercise Training on Motor Performance and Playing Ability in <b>Kabaddi</b> for School Boys Aged 13 to 14 Years
321	<b>D-334</b>	Salve Vikrant Suresh	Smt. N. O. Joshi	Effect of <b>Taekwondo Training</b> on Selected Motor Fitness Components and <b>Competitive State Anxiety</b> for Boys Aged 13-15 Years
322	<b>D-335</b>	Punia Sandeep Kumar Rampal	Dr. G. K. Dhokrat	Utility of <b>Plyometric Exercises</b> for the Promotion of Selected Motor Fitness Components and Skill Abilities of <b>Handball</b> Players for Boys Aged 13-15 Years
323	<b>D-336</b>	Shelar Sachin Sadanand	Dr. R. R. Dhakne	Effect of <b>Malkhamb</b> Exercises Training Programme on General Motor Ability of <b>Kho-Kho</b> Players Aged 13-15 Years
324	<b>D-337</b>	Yadav Sanjay Chandrabali	Shri. J. M. Hotkar	A Survey on <b>Facilities</b> Available for <b>Physical Education</b> in Schools of State SSC Board and CBSE Board of Western Suburban of Greater Mumbai
<b>Year 2014-15</b>				
325	<b>D-338</b>	Gill Sonica	Dr. G.V. Pargaonkar	A Comparative Study of <b>Personality</b> and <b>Mental Health</b> between Aided and <b>NGO's</b> School Students of Mumbai City
326	<b>D-339</b>	Mphoprekar Vidya Subhash	Smt.S.N. Chougule	Contribution of <b>B.P.C.A's Sports Training Centre</b> for the promotion of Physical Education and Sports among School Children
327	<b>D-340</b>	Patil	Smt. N. O.	A Comparative Study of <b>Mental Health</b> and <b>Personality</b> Profiles of Girls between

		Dipali Mahesh	Joshi	S.N.D.T University and Mumbai University
328	<b>D-341</b>	Saha Vandana Subrato	Smt. N. O. Joshi	Efficacy of <b>Pranayamas</b> and <b>Mudras</b> of Selected <b>Psychological Parameters</b> of Professional Physical Education Female Students
329	<b>D-342</b>	Agaskar Vijay Sanjayao	Dr. G.K. Dhokrat	Effect of <b>Circuit Training</b> for the Promotion of Speed, Strength and Performance in selected <b>Track &amp; Field Events</b>
330	<b>D-343</b>	Kamble Somnath Ravindra	Dr. R. R. Dhakne	Effect of <b>Circuit Training</b> on the selected Motor Performance Components and Performance in <b>Basketball</b> of School Boys aged 12-14 years
331	<b>D-344</b>	Maddirala Venu Bhoomanand am	Shri. J. M. Hotkar	An Investigation into the <b>Facilities</b> and Problems faced by the <b>Clubs</b> affiliated to Mumbai City District <b>Volleyball</b> Association
332	<b>D-345</b>	Malandkar Hitesh Dilip	Dr. K. K. Asai	Utility of <b>Suryanamaskaras</b> for the promotion of Health Related Physical Fitness of School Boys
333	<b>D-346</b>	Shah Ameerullah Azeemullah	Dr.K.J.Maru	Effect of <b>Taekwondo</b> training for the promotion of Health Related Physical Fitness of School Boys
334	<b>D-347</b>	Sonawane Somnath Anand	Dr. G.K. Dhokrat	Effect of <b>Scientific Training</b> Program on Motor Fitness Components on <b>Badminton</b> Players Boys and Girls Aged 11 to 15
335	<b>D-348</b>	Vahwale Ram Balasaheb	Dr. R. R. Dhakne	Utility of <b>N.C.C</b> Training of the promotion of Physical Fitness and <b>Personality Traits</b> of school boys
<b>Year 2015-16</b>				
336	<b>D-351</b>	Agarwal	Dr.G.V.	A Comparative Study of <b>Job</b>

		Meenakshi Pravin	Pargaonkar	<b>Satisfaction</b> and Problem face by Secondary <b>Physical Educators &amp; Coaches</b> Recruited by School Management and Outsourced Agencies.
337	<b>D-352</b>	Batawale Chanda Bhagoji	Smt.S.N. Chougule	Utility of Specific Training Programme for the Promotion of Health Related Physical Fitness of <b>Intellectually Disabled Children</b> .
338	<b>D-353</b>	Bhadrike Yogita Ramesh	Dr.K.K.Asai	A Study of Effect of <b>Taekwondo</b> Training Programme on Physical Fitness of College Boys.
339	<b>D-354</b>	Jadhav Pooja Deepak	Dr.K.K.Asai	A Study of Effect of Integrated Training Module for the Promotion of Motor and Skill Performance of <b>Taekwondo</b> Player aged 10-12 Years.
340	<b>D-355</b>	Jamkar Pooja Gajanan	Dr.K.J. Maru	Efficacy of <b>Judo</b> Training Programme for the Promotion of Health Related Physical Fitness and Psychological Variables of School Boys aged 12-14 Years.
341	<b>D-356</b>	Kshirsagar Pratiksha Rajendra	Dr.K.J. Maru	Effect of <b>Yogic Practices</b> on Health Related Physical Fitness and <b>General Wellbeing</b> of Senior Wing Girls of NCC.
342	<b>D-357</b>	Kulkarni Anagha Anil	Dr.G.V. Pargaonkar	Effectiveness of Integrated Physical Activity Programme on the basis of Physical Fitness and <b>Psychological Parameters</b> of <b>Children's Home Girls</b> aged 13 to 16 Years of Greater Mumbai.
343	<b>D-358</b>	Malkar Priyanka Ramakant	Dr. N.O. Joshi	Efficacy of <b>Judo</b> Training Programme for the Promotion of Motor Fitness and Psychological Wellbeing of School Girls aged 12-14 Years.
344	<b>D-359</b>	Misal Ashwin A.	Dr.R.R. Dhakne	A Study of Difficulties faced by Women <b>Kabaddi Clubs</b> Affiliated to Mumbai City Kabaddi Associations.
345	<b>D-360</b>	Salvi Nikita Tulshiram	Dr.N.O. Joshi	Effect of <b>Aerobic</b> Training Programme on Motor Fitness and Psychological Variables of <b>Taekwondo</b> Players aged 12-14 Years.
346	<b>D-361</b>	Uniyal Kanika	Dr.N.O. Joshi	Effect of <b>Aerobic</b> Training Programme on <b>Psychophysiological Parameters</b> of School Girls Aged 12-14 Years.
347	<b>D-362</b>	Noronha Samir Arnold	Dr.R.R. Dhakne	Efficacy of <b>Football</b> Training Programme on Selected Health Related Physical Fitness of School Boys Aged 12-14 Years.
348	<b>D-363</b>	Pawar	Dr.G.K.	A Comparative Study of <b>Parents Attitude</b>

		Ketan Vilas	Dhokrat	towards Physical Education and Sports between ICSE and State Board School.
349	<b>D-364</b>	Verma Manoj Rambahadur	Dr.G.K. Dhokrat	Effect of <b>Traditional Exercises</b> Training Programme on Health Related Physical Fitness and <b>Mental Health</b> of Junior College Boys.
350	<b>D-365</b>	Wani Harshal Ravindra	Shri. J.M.Hotkar	Effect of <b>Meditation</b> Practice on Stress of School Children.
<b>Year 2016-17</b>				
351	<b>D-366</b>	Fernandes Rachel Edward	Dr.G.V. Pargaonkar	Effectiveness of <b>Yogic Exercises</b> on the Basis of <b>Health Related Physical Fitness</b> and <b>Psychological Well-being</b> of School Boys aged 12 to 14 Years of Thane City.
352	<b>D-367</b>	Humbe Pratima Vitthal	Smt.S.N. Chougule	Effectiveness of <b>Circuit Training</b> Programme on the basis of <b>Motor Fitness Components</b> and <b>Aggression</b> of Students aged 12 to 14 years of Mumbai City.
353	<b>D-368</b>	Jadhav Priyanka Vijay	Dr. R.C. Kawade	Effectiveness of <b>Yogic Practices</b> on the basis of <b>Motor Fitness Components</b> and <b>Self Concept</b> of NCC College Girls Aged 17 to 19 years of Mumbai City.
354	<b>D-369</b>	Save Trupti Nandakumar	Dr. N.O.Joshi	Effectiveness of <b>Integrated Exercise Training Module</b> on the basis of <b>Health Related Physical Fitness</b> and <b>Psychological Parameter</b> of Students aged 12 to 14 year of Mumbai City.
355	<b>D-370</b>	Tiwari Vimala Rameshchandra	Dr. N.O. Joshi	An Investigation of <b>Anorexia</b> and <b>Social Competence</b> of Students aged 14 to 16 years of Mumbai City.
356	<b>D-371</b>	Chavan Omkar Jayprakash	Dr.R.R. Dhakne	A Study of Effect of <b>Chess Training</b> Programme on the basis of <b>General Mental Ability</b> of Students aged 8 to 10 years of Mumbai City.
357	<b>D-372</b>	Gawade Mandar Nitin	Dr.G.K. Dhokrat	Effectiveness of <b>Aerobic Training</b> Programme on <b>Motor Fitness Components and Playing Ability</b> of Secondary School Kho-Kho Players aged 12 to 14 years of Mumbai Suburban.
358	<b>D-373</b>	Kolhe Nishant Ganesh	Dr.G.K. Dhokrat	A Study of Effect of <b>Football Training</b> Programme on the basis of <b>Motor Fitness Components</b> and <b>Stress</b> of Students

359	<b>D-374</b>	Thorat Kiran Raghunath	DR. K.J. Maru	Development of <b>Mathematical Model</b> on the basis of <b>Sedentary Life Style</b> and Physical Fitness Level as Predictors of the Health Risk among Adolescents of Mumbai Suburban.
360	<b>D-375</b>	Waidande Harish Maruti	DR.J.M. Hotkar	A Study of Effect of <b>Aerobic Training</b> Programme on the basis of Selected <b>Motor Fitness Components</b> and <b>Aggression</b> of <b>Boxers</b> aged 14 to 16 years of Mumbai City.
361	<b>D-376</b>	Yeram Ankesh Arvind	Dr.R.R. Dhakne	A Study of Effect of <b>Football Training</b> Module on the Basis of <b>Skill Abilities</b> and <b>Psychological Parameter</b> of Football Players aged 13 to 15 years of Mumbai Suburban.
<b>Year 2017-18</b>				
362	<b>D-377</b>	Baviskar Ichha Sudesh	Dr. N.O. Joshi	A Study of Effect of Tchoukball Training Programme on Selected General Motor Abilities and Psychological Parameters of School Students Aged 12 to 14 Years of Mumbai
363	<b>D-378</b>	Bhilare Bhagyashri Ajay	Dr.S.N. Chougule	A Study of Effect of Specific Training Programme on <b>Motor Fitness Components</b> and <b>Psychological Variables</b> of <b>Kabaddi</b> Players Aged 12 to 14 Years of Mumbai City
364	<b>D-379</b>	Figueiredo Loveena Esmero	Dr.R.C. Kawade	A Study of Effect of Specific Training Programme on Selected <b>Skill Performance</b> of <b>Basketball</b> Players Aged 12 to 14 Years of Mumbai
365	<b>D-380</b>	Kapoor Jaspreet Kaur	Dr. N.O. Joshi	Effectiveness of <b>Judo</b> Training Programme on the Basis of <b>Motor Fitness Components</b> and <b>Aggression</b> of College Students Aged 16 to 18 Years of Mumbai Suburban
366	<b>D-381</b>	Karkera Pratiksha Rajendra	Dr.S.N. Chougule	A Study of Effect of <b>Tabata Training</b> on <b>Physical Fitness Variables</b> of School Students Aged 12 to 14 Years of Mumbai
367	<b>D-382</b>	Kode Shwetali Mohan	Dr.R.C. Kawade	A Study of Effect of <b>Yogic Practices</b> on <b>Health Related Physical Fitness</b> and <b>Anxiety</b> of <b>National Cadet Corps</b> Aged 17 to 19 Years of Mumbai
368	<b>D-383</b>	More Ambrita Shridhar	Dr. N.O. Joshi	A Study of Effect of <b>Plyometric Training</b> Programme <b>Explosive Power</b> and Selected <b>Psychological Variables</b> of <b>Artistic Gymnast</b> Aged 12 to 16 Years of Mumbai

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369	<b>D-384</b>	Phadatare Shubhangi Prakash	Dr.S.N. Chougule	A Study of Effect of <b>Volleyball</b> Training Programme on <b>Health Related Physical Fitness</b> and <b>Psychological Parameters</b> of School Students Aged 12 to 14 Years of Mumbai City
370	<b>D-385</b>	Ramteke Pragati Nilkanthrao	Dr.R.C. Kawade	A Study of Effect of <b>Yogic Practices</b> on <b>Health Related Physical Fitness</b> of School Students Aged 12 to 14 Years of Mumbai
371	<b>D-386</b>	Sakharkar Manisha Janardan	Dr. N.O .Joshi	A Study of Effect of Specific Training Programme on <b>Motor Fitness</b> and <b>OptimumHealth</b> of <b>Kho-Kho</b> Players Aged 12 to 14 Years of Mumbai
372	<b>D-387</b>	Tambe Swapnali Arun	Dr.S.N. Chougule	A Study of Effect of Specific Training Programme on <b>Motor Fitness</b> and <b>Stress</b> of <b>Softball</b> Players Aged 12 to 14 Years of Navi Mumbai
373	<b>D-388</b>	Verma Divya Karan	Dr.R.C. Kawade	A Comparative Study of <b>Pre Competitive Anxiety</b> Between Junior College <b>Volleyball</b> and <b>Football</b> Players Aged 16 to 18 Years of Mumbai
374	<b>D-389</b>	Balmiki Rajeshkumar Rajendra	Dr.R.R. Dhakne	A Study of Effect of <b>Yogic Practices</b> on <b>Health Related Physical Fitness</b> and <b>Mental Health</b> of Women of Non-Teaching Staff aged 20 to 30 years of Mumbai.
375	<b>D-390</b>	Balwar Gayasuddin Shahabuddin	Dr.G.K. Dhokrat	A Comparative Study of Selected <b>Anthropometric Measurements</b> and <b>Psychological Variables</b> between <b>Karate</b> and <b>Boxing</b> Players aged 16 to 18 years of Mumbai City.
376	<b>D-391</b>	Dias Royal Basco	DR.J.M .Hotkar	A Comparative Study of <b>Motor Fitness Components</b> between School Level Table <b>Tennis</b> and <b>Badminton</b> Players Aged 12 to 14 years of Palghar District.
377	<b>D-392</b>	Ghadshi Manoj Shantaram	DR. K.J. Maru	A Study of Effect of <b>Football</b> Training Programme on <b>Health Related Physical Fitness</b> of School Students aged 12 to 14 years of Mumbai Suburban.
378	<b>D-393</b>	Khan Anwaruzzam a Badruzzama	Dr.K.K. Asai	A Comparative Study of <b>Health Related Physical Fitness</b> and <b>Mental Health</b> between <b>Volleyball</b> and <b>Cricket</b> School Players aged 12 to 14 years of Thane City.
379	<b>D-394</b>	Khobarekar	Dr.R.R.	A Study of Effect of <b>Complex Training</b>

		Snehal Achyut	Dhakne	<b>Programme</b> on Selected <b>Motor Fitness Components</b> and <b>Skill Performance</b> of <b>Volleyball</b> Players aged 12 to 14 years of Mumbai.
380	<b>D-395</b>	Mhapankar Vishal Vishnu	Dr.G.K. Dhokrat	A Study of Effect of <b>Specific Drill Training</b> Programme <b>Softball</b> Skill Performance of Softball Players aged 18 to 20 years of Navi Mumbai
381	<b>D-396</b>	Parab Krishnaprati k Uday	DR. K.J. Maru	A Comparative Study of <b>Job Satisfaction</b> between Mumbai City and Mumbai Suburban Professional <b>Kabaddi</b> Players recruited through Kabaddi Game.
382	<b>D-397</b>	Patel Kalpesh Shashikant	Dr.K.K. Asai	A Study of Effect of <b>Plyometric Training</b> Programme on the <b>Jumping</b> Performance of School <b>Athletes</b> Aged 12 to 14 Years.
383	<b>D-398</b>	Pisal Anil Ramesh	Dr.G.K. Dhokrat	A Study of Effect of Specific Training Programme on <b>Defensive Ability</b> of <b>Kho-Kho</b> Players aged 12 to 14 years of Mumbai
384	<b>D-399</b>	Yadav Abhishek Vinayshankar	DR.J.M. Hotkar	A Comparative Study of <b>Aggression</b> and <b>Risk Taking Abilities</b> between <b>Judo</b> and <b>Wrestling</b> Inter Collegiate Players of University of Mumbai
385	<b>D-400</b>	Yadav Ganesh Chhotelal	DR. K.J. Maru	A Study of Effect of Specific <b>Weight Training</b> Programme on <b>Post Skill Performance Heart Rate Recovery</b> and <b>Perceived Exertion Rate</b> of <b>Judo</b> Players aged 16 to 18 years of Mumbai.
386	<b>D-401</b>	Mohite Harshad Hanumant	Dr.J.M.Hotkar	A Comparision of <b>Yoga Training</b> Programme and <b>Folk Dance</b> Training Programme on Health Related Physical Fitness Component of <b>House Wives</b> of 40-50 Year of Navi Mumbai
Year 2018-19				
387	<b>D-402</b>	Dound Pradnya Swapnil	Dr. R.C. Kawade	A Study of Effect of <b>Yoga Training on Health Physical Fitness</b> and Psychological <b>Wellbeing</b> of School Students of Navi Mumbai
388	<b>D-403</b>	Gaikhe Madhuri Kailas	Dr. N.O. Joshi	Effectiveness of <b>Aerobic Training</b> on the Basis of <b>Body Composition, Body Mass Index</b> and <b>Anthropometric Measurements</b> of Obese Adolescent School Girls of Mumbai
389	<b>D-404</b>	Gupta Vaishali	Dr. S.N. Chougule	Effectiveness of <b>Rope Skipping</b> Training on the Basis of Cardiovascular Endurance and

		Prakash		Co-Ordination of Students of Mumbai
390	<b>D-405</b>	Jadhav Priya Sundar	Dr. R.C. Kawade	A Study of Effect of <b>Kabaddi Training</b> on Motor Fitness and <b>Mental Health</b> of School Students of Palghar District
391	<b>D-406</b>	Kamble Sanjivani Sunil	Dr. N.O. Joshi	A Study of Effect of <b>Specific Training</b> on Physical Fitness and Vital Capacity of School <b>Kabaddi</b> Players of Mumbai
392	<b>D-407</b>	Khule Snehal Ramesh	Dr. S.N. Chougule	Effectiveness of <b>Taekwondo Training</b> on the Basis of <b>Motor Fitness</b> Components and Aggression of Students of Thane District
393	<b>D-408</b>	Patil Jagruti Parag	Dr. R.C. Kawade	A Study of Effect of <b>Specific Training</b> on Skills and Self Concept of <b>Kho-Kho</b> Players of Mumbai
394	<b>D-409</b>	Shinde Aishwarya Devendra	Dr. N.O. Joshi	A Study of Effect of <b>Laughing Exercise Training</b> on Vital Capacity and Stress of <b>Secondary School Students</b> of Thane District
395	<b>D-410</b>	Torkadi Deepali Satyawar	Dr. S.N. Chougule	Effectiveness of <b>Hindustani Classical Sangeet Ragas</b> on the Basis of Psycho-Physiological Parameters of School Children
396	<b>D-411</b>	Bagal Randhir Dadaso	Dr. R.R. Dhakne	A Comparative Study of General <b>Motor Abilities</b> of Students of First Year and Second Year Degree Programme of Physical Education of Mumbai
397	<b>D-412</b>	Chavan Mayur Anil	Dr. G.K. Dhokrat	Effectiveness of <b>Aerobics Training</b> on the Basis of Motor Fitness and Self Concept of School Students of Mumbai
398	<b>D-413</b>	Dundle Ajay Bhagwan	Dr. G.K. Dhokrat	Effectiveness of <b>Specific Training</b> on the Basis of <b>Motor Fitness</b> Components and Skills of <b>Kabaddi</b> Players of Mumbai
399	<b>D-414</b>	D'Souza Priyesh Valerian	Dr. K.J. Maru	A Comparative Study of <b>Social Competence</b> and <b>Emotional Maturity</b> of Boys and Girls School <b>Volleyball</b> Players of Mumbai
400	<b>D-415</b>	Girane Sachin Suresh	Dr. R.R. Dhakne	A Study of Effect of <b>Langdi Training</b> on Skills of School <b>Kho-Kho</b> Players of Palghar District
401	<b>D-416</b>	Gulvi Bhavesh Ramdas	Dr. G.K. Dhokrat	Effectiveness of <b>Zumba Dance Training</b> on the Basis of Health Related Physical Fitness and Performance of <b>100 MetersRunners</b> of Thane
402	<b>D-417</b>	Kalapurathu Adarsh Murali	Dr. K.J. Maru	A Study of Effect of <b>Specific Training</b> on Health Related Physical Fitness and <b>GeneralWell-Being</b> of School Students of

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403	<b>D-418</b>	Saroj Shyamnarayan Chhotelal	Dr. K.J. Maru	Effectiveness of Specific Training on the Basis of Motor Fitness and Performance of <b>Shot put</b> Throwers of Mumbai
404	<b>D-419</b>	Sharma Abhilash Dineshkumar	Dr. R.N. Shelke	A Study of Effect of <b>Mix Drill Training</b> on Coordination and Stress of School Students of Mumbai
405	<b>D-420</b>	Shinde Atul Sambhaji	Dr. R.R. Dhakne	A Study of Effect of <b>Yogic Practices</b> on <b>Strength Flexibility</b> and <b>lung Capacity</b> of School Students of Navi Mumbai
406	<b>D-421</b>	Yadav Sunil Lallan	Dr. G.K. Dhokrat	Effectiveness of <b>Pilates Training</b> on the Basis of Health Related Physical Fitness of Students of Mumbai