

**LIST OF M.PHIL DISSERTATIONS SUBMITTED BY THE SCHOLARS
OF B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA**

Sr. no	Acc. No.	Name of the Scholar	Guiding Teacher	Subject of Dissertation	Remark
1	M.Phil D-23	Smt. Bayaskar Uma	Dr. G. V. Pargaonkar	A study of Effect of Gymnastic floor Exercise Training Programme on certain motor fitness components of boys aged 10 to 12years.	YCMOU 2010
2	M.Phil D-24	Shr. Jaiswal RainKumar	Dr. G. K. Dhokrat	A study of Effect of Medicine Ball Exercises for the promotion of selected Motor Fitness components and skills in Football for the boys aged 14-16 years	YCMOU 2010
3	M.Phil D-31	Kateshiya Rajesh Ramaniklal	Dr. S. D. Chavan	Effect of selected Yoga Practices and Relaxation Technique on selected Psycho-physical variables for Army Wing girls N.C.C. Senior Wing Cadets in Mumbai City	(YCMOU) 2010
4	M.Phil D-32	Bhat Suntosh Jayendra	Dr. S. D. Chavan	Chatratrapati Awardee Kulbahadur Thapa :a Case study from Training point of View	(YCMOU) 2009
5	M.Phil D-33	Pawar Prajakti Gurudatta	D. G. K. Dhokrat	A Study of the utility of Suryanamaskar for the promotion of Flexibility, Muscular Strength and Endurance of Artificial Sports Climbing for girls aged 12 to 14 years	(YCMOU) 2007-09
6	M.Phil D-34	Rakhe Jayant Vasantrao	Dr. S. D. Chavan	A Study of the effect of Specific Exercises Training Programme for the Promotion of selected fitness components and serving ability in Volleyball for boys between 16 to 18 years	(YCMOU) 2007-09
7	M.Phil D-35	Shinde Sandeep Sadashivrao	Dr. S. D. Chavan	A Study of effect of Plyometric Training Programme for the promotion of selected Motor Fitness Components and skill Performance in Volleyball Boys aged 17 to 19 years	(YCMOU) 2010
8	M-Phil D-36	Bhate Bhushan Laxman	Dr. K. K. Asai	Establishing Norms for evaluation of selected fitness components of Secondary School Children in Thane District	(YCMOU) 2010
9	MPhil D-37	Kawade Rohini Chanrakant	Dr. G. V. Pargaonkar	Utility of Yoga Practices for the Promotion of Health Related Physical Fitness and selected Athletic Events for D.Ed College Girls aged 18 to 20 years	(YCMOU)
10	MPhil D-38	Waghamare Nitin Datta	Dr. G. V. Pargaonkar	A comparative study of selected Motor Fitness Components of Tribal and Urban School girls aged 11 to 13 years of Thane District	(YCMOU)
11	M.Phil D-47	Shinde Sachin Balu	Dr.S.D.Chavan	A Comparison of Selected Physical fitness Component of Higher Secondary School Children Belonging to Rural & Urban Areas of Thane District	(YCMOU) 2008-2010
12	M.Phil D-48	Sekar P.	Dr.T.K.Bera	Burn of syndrome of School level players participating in individual and team sports.	(YCMOU) 2008-2010
13	M.Phil	Kamble	Dr. J. M.	Effect of Progressive Relaxation	(YCMOU)

	D-50	Sumit Damodar	Dhope	Training Programme for the promotion of Motor Co-ordination and performance in Football for Boys 13 to 15 years.	2008-2010
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