

LIST OF MINOR RESEARCH PROJECT

Acc. No.	Name of the Research Scholar	Guiding Teacher	Topic of Minor Research Project	Submitted to	Year
MRP 1	Pargaonkar G. V.	Dr. T. K. Bera	Development of Norms of Health Related Physical Fitness and selected Athletic events for school boy aged 13 to 16 year in Greater Mumbai	UGC	Mar-2002
MRP 2	Chavan S. D.	Dr. T. K. Bera	Effect of Different Exercise Schedules and Progressive Relaxation Programme on psycho-physical profile of Junior Boys Kabaddi players	UGC	Feb-2002
MRP 3	Dhope J. M.	Dr. T. K. Bera	Effect of Progressive Resistance and Aerobic Exercise programmes on Morphological Constituents and Athletic Ability of Physically Under grown School children	UGC	Apr-2002
MRP 4	Dhokrat G. K.	Dr. T. K. Bera	Assertion of Commercialization of Sports in India	UGC	Dec-2003
MRP 5	Asai K. K.	Dr. G. V. Pargaonkar	Development of Norms of Health Related Physical Fitness and Body Composition for the children of Primary Education in Maharashtra	UGC	Apr-2007
MRP 6	Dhakne R. R.	Dr. G. V. Pargaonkar	Progressive Muscular Stretching and Relaxation Programmes for Psycho-physical	UGC	Aug-2009

			Performance and Skill ability of Elite Volleyball Players		
MRP 7	Joshi N. O.	-	Utility of Yogic Practices in dealing the problem of Irregular Menstruation Cycle of College Girls	University of Mumbai	Jul-2016
MRP 8	Dhakne R. R.	-	Integrated Exercise Module for the Holistic Health of the School Children	University of Mumbai	Jul-2016
MRP 9	Dhokrat G.K.	-	Effect of Yoga on Food Deformities and Mental Health of School Children	University of Mumbai	Aug-2016
MRP 10	Chougule S.N.	-	A Study of Specific Training Programme for the Promotion of Health Related Physical Fitness of Intellectually Disable Children	University of Mumbai	June-2017
MRP 11	Hotkar J.N.	-	Effect of Yogic Practices on Mobility Skills, Co-ordination Abilities and Selected Health Related Physical Fitness Components of Elderly People of Navi Mumbai.	University of Mumbai	June-2017
MRP 12	Joshi N.O.	-	A Study of Judo Training Programme for Promotion of Motor Fitness and Psychological Wellbeing of School Girls.	University of Mumbai	June-2017
MRP 13	Kawade R.C.	-	Yogic Practices for Health Related Physical Fitness and Mental Health Abilities of Slum Areas	University of Mumbai	June-2017

			School Girls.		
MRP 14	Maru K.J.	-	A Study of Yogic Practices on Health Related Physical Fitness and General Wellbeing of Senior wing NCC Cadets .	Univer sity of Mumb ai	June-2017
MRP 15	Shelke R.N.	-	A Study of Dance Aerobic Training on Selected Health Related Physical Fitness and Performance Related Fitness of the Students Dwelling in Non-Slum Areas in Greater Mumbai.	Univer sity of Mumb ai	June-2017