

**LIST OF PH.D. THESIS SUBMITTED BY THE SCHOLARS OF
B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA**

Sr. No.	Acc. No.	Name of the Research Scholar	Guiding Teacher	Subject of Dissertation	Language	Year
1	Th-1	Shri. M.M. Gharote	Dr. T.K. Bera	A Study of the Contributions of Swami Kuvalayananda to the fields of Yoga and Physical Education	English	1998
2	Th-9	Shri. S.D. Chavan	Dr. T.K. Bera	Effects of Different Exercise Schedules and Progressive Relaxation Programme on Psycho-Physical Profiles of Junior Boys Kabaddi Players	English	2002
3	Th-10	Shri. J.M. Dhope	Dr. T.K. Bera	Effect of Progressive Resistance and Aerobic Exercise Programmes on Morphological Constituents and Athletic Ability of Physically Under grown School Children.	English	2002
4	Th-11	Shri. G.V. Pargaonkar	Dr. T.K. Bera	Development of Norms of Health Related Physical Fitness and Selected Athletic Events for Boys aged 14 to 16 years in Greater Mumbai.	English	2003
5	Th-12	Shri. S.A.Sonawane	Dr. T.K. Bera	An Analytical Study on Physical Fitness and Psychosocial Factors as Predictor of Mental Health.	English	2003
6	Th-13	Shri. G.K. Dhokrat	Dr. T.K. Bera	Assertion of Commercialization of Sports in India.	English	2004
7	Th-14	Smt. MadhuriWaghchoure	Dr. T.K. Bera	Construction and Standardization of Kho-Kho Skill Test for the Players of 11 to 14 years age group.	English	2004
8	Th-18	Shri. SrimantkumarGanguli	Dr. T.K. Bera	Effect of Yoga Training on Cardiovascular fitness of Police Trainees in Maharashtra	English	2005
9	Th-22	Shri. Dino Vergese	Dr. T.K. Bera	Progressive Muscular stretching and relaxation in relation to psycho-physical profiles and shooting ability of elite players in Handball	English	2007
10	Th-25	Shri. Deepak T Shendker	Dr. T.K. Bera	Effect of Traditional teaching and co-operative learning methods on Jumping performance in Athletics	English	2007

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11	Th-33	Smt. Kadhiravan Vasanthis	Dr. G. V. Pargaonkar	Role of Yoga and Exercises in Psycho-physiological and health related fitness problems of Urban Housewives	English	2007
12	Th-35	Shri. SandhyaJit urkar	Dr. T.K. Bera	Development of an evaluation system in physical education for standard I to IV in Primary Education in Maharashtra	English	2007
13	Th-38	Smt. Nayana D. Nimkar	Dr. T.K. Bera	Study on Health related Physical Fitness of School Students in Pune District	English	2008
14	Th-39	Shri. KailashAsai	Dr. G. V. Pargaonkar	Development of norms of Physical fitness and body composition for children of Primary Education in Maharashtra	English	2008
15	Th-51	Shri.RajendraDhakne	Dr. G. V. Pargaonkar	Progressive Muscular Stretching and Relaxation Programmes for Psycho – Physical Performance and Skill Abilities of Elite Volleyball players	English	2010
16	Th-58	Smt.LindaR. Dennis	Dr.G.V. Pargaonkar	Assertion of Special Olympic Movement in India	English	2011
17	Th-59	Shri. Narayan MahadevJadhav	Dr.G.V. Pargaonkar	Normative Study of Physical Fitness Components For Secondary School Children in Maharashtra State	English	2010
18	Th-67	Shri Rohit Annasaheb Tambe	Dr. G. V. Pargaonkar	Establishment of Norms for Health Related Fitness and Motor Fitness Components in Maharashtra State	English	2012
19	Th-90	Shri Thomas J. B. Pires	Dr. G. V. Paragaonkar	Development of Physical Education and Sports Programme for Institute of the Intellectually Disabled in the State of Maharashtra	English	Mar-2014
20	Th-106	Smt. Neetu Omprakash Joshi	Dr.G.V. Pargaonkar	Effect of Yoga and Aerobic Exercises on Psycho-physiological Parameters and Health Related Physical Fitness of College Girls with Irregular Menstruation Cycle	English	February-2015
21	Th-107	Shri. KishorJagubhai Maru	Dr. G V. Pargaonkar	Development of Integrated Exercises Training Module and its Efficacy for the Promotion of Holistic Fitness	English	February-2015
22	Th-108	Smt. Esperanca A. J. Afonso	Dr. T. K. Bera	Yoga for Performance Recovery in Transitional Phase of Periodization	English	March-2015

				of Footballers in Goa States		
23	Th-109	Smt. Mary Benson	Dr. T. K. Bera	Development of Yoga Program for the Promotion of Health Related Physical Fitness and Perceptual Ability of Visually Impaired School Boys	English	March -2015
24	Th-110	Smt. KalpanaShivappa Gunde	Dr. T. K. Bera	Physical Exercises and Yoga Practices for Selected Autonomic Functions and Learning Abilities in School Children	English	March -2015
25	Th-111	Shri. JitendraLaxman Limbakar	Dr. T. K. Bera	Yoga Concentration and Accuracy in Rifle Shooting	English	March -2015
26	Th-116	KawadeRohiniChandrakant	Dr.G.V.Pargaonkar	Yogic Practices for the Health Related Physical Fitness and Mental Health Abilities of Slum Areas School Girls	English	Dece -2015
27	Th-129	Barreto Avertano Reis	Dr.R.R.Dhakne	A Study on the Utility of Training on Sand and Grass Surfaces for the promotion of Psychomotor Ability and Performance of Footballers of Goa.	English	May-2016
28	Th-130	Joshi Omprakash Shivram	Dr.G.V.Pargaonkar	Yoga and Exercise Training Programmes for Reversal of declined status in Health Related Physical Fitness, Mental Health and Emotional Intelligence of School Students	English	May-2016
29	Th-131	Sawant Mahendra Narendra	Dr.G.V.Pargaonkar	Efficacy of Yogic Practices for the Promotion Of Academic Achievement, Mental Health and Health Related Physical Fitness of Adolescent School Students	English	June-2016
30	Th-132	Shelke Rajendra Nana	Dr.G.V.Pargaonkar	Survey of Health Related Physical Fitness and Performance Related Fitness of the Students Dwelling in Non-Slum and Slum Areas in Greater Mumbai	English	May-2016
31	Th-133	Hotkar Jaising Malhari	Dr.G.V.Pargaonkar	Role of yoga in Kinesthetic Perceptual Motor Skill, Co-ordination Abilities and Health Related fitness of Senior Urban Citizens	English	Oct-2016

32	Th-134	Aher Kiran Prabhakar	Dr.G.K.Dhokrat	Normative Study of Health Related Physical Fitness Components for School Students of Ahemednagar District	English	Nov-2016
33	Th-135	Dhokrat Bharati Ghansham	Dr.G.V.Pargaonkar	Effect of Yoga on Postural Deformities, Health Related Physical Fitness and Mental Health of School Children.	English	Nov-2016
34	Th-136	Shinde Sachin Balu	Dr.G.K.Dhokrat	Study on Existing Methods and Development of Specific Method as Remedial Measure for Overweight and Obese Urban Adults	English	Dec-2016
35	Th-137	Shinde Sandeep Sadashivrao	Dr.R.R.Dhakne	Construction of Test Battery for the selection of Inter-Collegiate Volleyball Players of University of Mumbai	English	Dec-2016
36	Th-141	Gopal Ray	Dr.G.V.Pargaonkar	Assertion of Government Policy on Physical Education in School and Colleges in West Bengal	English	May-2017
37	Th-150	Chougule Sushama Narayan	Dr.R.R.Dhakne	Contribution of Bombay Physical Culture Associations to the Fields of Physical Education, Sports and Allied Disciplines.	English	Oct-2017
38	Th-151	Tambare Sachine Hari	Dr.R.R.Dhakne	A Study of Effect of Specific Exercise Program on Balance, Stability and Performance in Archery	English	March-2018
39	Th-152	Gaikwad Ramanand Nagnath	Dr.K.K.Asai	A Study of the Problems of Participation of the Affiliated Colleges of the University of Mumbai in Inter Collegiate SportsCompetitions	English	May-2018
40	Th-153	Lobo Mini Augustine	Dr.R.R.Dhakne	Effect of Complex and Contrast Training Programme for the Promotion of Motor Abilities and Performance in Football for School Boys.	English	May-2018
41	Th-154	Punia Sandeep Kumar Rampal	Dr.G.V.Pargaonkar	Utility of Integrated Training Module for the Promotion of Relevant General Motor Ability Components	English	Oct-2018

				and Skill Performance of Junior Handball Players.		
42	Th-155	Gill Monica Victor Singh	Dr.G.V.Pargaonkar	An Investigation into the Health Status, Job Satisfaction and Problem faced by Teachers of Various Secondary Schools in Greater Mumbai	English	Nov-2018
43	Th-156	Gill Sonica Victor Singh	Dr.G.V.Pargaonkar	A Critical Evaluation of Health and Psychological Status of Adolescent Children of Various School of Greater Mumbai	English	Nov-2018
44	Th-157	Kateshiya Rajesh Ramniklal	Dr.G.K.Dhokrat	Study on Personality Traits and Mental Health of Students Participating in Sports, National Cadet Corps and National Service Scheme of University of Mumbai	English	Dec-2018
45	Th-158	Pawar Sunil Bhagwan	Dr.G.K.Dhokrat	Study on the Status of Food Habits, Mental Health and Health Related Physical Fitness of ICSC and SSC Board School Students of Thane District	English	Dec-2018
46	Th-159	Salve Vishal Suresh	Dr.G.K.Dhokrat	A Study on Effect of Taekwondo Training Program on Selected Psycho-physicalVariables of School Boys	English	Dec-2018
47	Th-160	Shelatkar Veena Sandeep	Dr.R.R.Dhakne	Evaluation of Sports Injuries in Kabaddi in the Maharashtra State	English	Dec-2018
48	Th-161	Shigwan Rajesh	Dr.G.K. Dhokrat	Development of Norms for Motor Fitness Components for Secondary School Students of Mumbai City and Mumbai Suburban	English	Dec-2018
49	Th-172	Khanvilkar Nitin Prabhakar	Dr.G.K. Dhokrat	A Study on Body Image, Body Composition, Eating Disorders and it's Effect on Personality Traits of School Children	English	August -2019
50	Th-173	Patil Deepak Tanaji	Dr. K. K. Asai	Norms of Health Related Physical Fitness for Secondary	Universit y of Mumbai	Octobe r-2019

				Students of International Schools of Greater Mumbai aged 11 to 13 years		
51	Th-177	Jadhav Milind Madhukar	Dr. G. V. Pargaonkar	A Critical Study of District Level Associations Affiliated to Maharashtra State Kabaddi Association with respect to Achievement, Administration and Facilities.	University of Mumbai	February-2020
52	Th-178	Raut Prajakta Pramod	Dr.N.O.Joshi	An Investigation of Motor Fitness Components of Urban, Rural & Tribal Area Students of Thane District Aged 12 to 14 Years	University of Mumbai	September-2020
53	Th-179	Satputate Vikram Damodar	Dr. G. V. Pargaonkar	Establishment of Norms of Health Related Physical Fitness for School Children Aged 13 to 15 years of Maharashtra State.	University of Mumbai	November - 2020
54	Th-180	Kamble Sumit Damodar	Dr. K. J. Maru	A Study of Effect of Integrated Training Module on Health Related Physical Fitness and Academic Achievement of Students with Learning Disability Aged 12 to 16 Years.	University of Mumbai	March - 2021
55	Th-181	Kshirsagar Pratiksha Rajendra	Dr. K. J. Maru	A Study of Effect of Specific Training Programme on Selected Physiological, Health Related Physical Fitness Variables and Skill Performance of Rope Mallkhamb Players 12 to 18 years	University of Mumbai	March - 2021
56	Th-182	Patil Nishant Gopal	Dr. K. J. Maru	An Investigation into the Occupational Stress and Job Satisfaction of Professional Kabaddi Players of Maharashtra State.	University of Mumbai	March - 2021
57	Th-183	Verma Manoj Rambhadur	Dr. K. J. Maru	Development of Mathematical Module on the Basis of Health Related Physical Fitness as Predictor of Health Fitness among Adolescent of Mumbai District	University of Mumbai	March - 2021

