

LIST OF RESERCH PROPOSALS OF P.HD SCHOLARS

Acc. No.	Name of the Research Scholar	Guiding Teacher	Topic	University	Year
Res Prop. Ph.d-1	Varghese Dino	Dr. T. K. Bera	Progressive Muscular Stretching and Relaxation in relation Psycho-physical profiles and Shooting Abilities of Elite Players in Handball	University of Mumbai	Sept-2002
Res Prop. Ph.d-2	Dennis Linda R.	Dr. G. V. Pargaonkar	Assertion of Special Olympics Movement in India	University of Mumbai	Oct-2004
Res Prop. M.R.P.-3	Kadhiravan Vasanthi	Dr. G. V. Pargaonkar	Role of Yoga and Exercises in Psycho-Physiological and Health Related Fitness Problems of Urban House Wives	UGC Minor Research Project	Oct-2005
Res Prop. Ph.d-4	Ganguly Srimanta Kumar	Dr. T. K. Bera	Effect of Yoga Training on Cardio-vascular Fitness of Police Trainees in Maharashtra	University of Mumbai	Oct-2001
Res Prop. Ph.d-5	Waghchaure Madhuri T.	Dr. T. K. Bera	Construction and Standardization of Kho-Kho Skill Test for the Players of 11 to 14 ⁺ years age group	University of Mumbai	Oct-2001
Res Prop. Ph.d-6	Nimkar Nayana	Dr. T. K. Bera	Study on Health Related Physical Fitness of School Students in Pune District	University of Mumbai	Oct-2001

Res Prop. Ph.d-7	Shendkar Deepak Tanaji	Dr. T. K. Bera	Effect of Traditional Teaching and Co-operative Learning Methods on Jumping Performance in Athletics	University of Mumbai	Jun-2002
Res Prop. M.R.P.-8	Pargaonkar G. V.		Development of Norms of Health Related Physical Fitness for Secondary School Children in Greater Mumbai	UGC Minor Research Project	Dec-1998
Res Prop. Ph.d-9	Jinturkar Sandhya S.	Dr. T. K. Bera	Development of an Evaluation system in Physical Education for Standard IV in Primary Education in Maharashtra	University of Mumbai	Sep-2002
Res Prop. Ph.d-10	Asai Kailas K.	Dr. G. V. Pargaonkar	Development of Norms of Health Related Physical Fitness and Body Composition for the Children of Primary Education in Maharashtra	University of Mumbai	Dec-2003
Res Prop. Ph.d-11	Darekar Anita Anil	Dr. T. K. Bera	Standardization of Test Battery of Yogasanas to Evaluate Health Related Physical Fitness of School Children in Maharashtra	University of Mumbai	Jul-2004
Res Prop. Ph.d-12	Dhakne Rajendra R.	Dr. G. V. Pargaonkar	Progressive Muscular Stretching and Relaxation programmes for Psycho-physical performance and Skill Abilities of Elite Volleyball Players	University of Mumbai	Feb-2006
Res Prop. Ph.d-13	Karad Dinesh	Dr. G. V. Pargaonkar	Development and Standardization of Test Battery for Selection of Junior Hockey	University of Mumbai	Jul-2006

	P.		Players in Maharashtra		
Res Prop. Ph.d-14	Jadhav Narayan Mahadev	Dr. G. V. Pargaonkar	Normative Study of Physical Fitness Component for Secondary School Children in Maharashtra State	University of Mumbai	Jan-2008
Res Prop. Ph.d-15	Tambe Rohit Annasaheb	Dr. G. V. Pargaonkar	Establishment of Norms for Health Related Physical Fitness and Motor Fitness Components of Higher Secondary Students in Maharashtra State	University of Mumbai	Jan-2008
Res Prop. Ph.d-16	Benson Mary	Dr. T. K. Bera	Development of Yoga programme for the promotion of Health Related Physical Fitness and Perceptual Ability of Visually Impaired School Boys	University of Mumbai	Feb-2012
Res Prop. Ph.d-17	Chougule Sushma Narayan	Dr. R. R. Dhakne	Contribution of Bombay Physical Culture Association to the Field of Physical Education, Sports and Allied Disciplines	University of Mumbai	Oct-2013
Res Prop. Ph.d-18	Dhokrat Bharti Ghansham	Dr. G. V. Pargaonkar	Effect of Yoga on Postural Deformities, Health Related Physical Fitness and Mental Health of School Children's	University of Mumbai	Jan-2012
Res Prop. Ph.d-19	Gomes Esperanca Alfanzo	Dr. T. K. Bera	Yoga for Performance Recovery in Transitional Phase of Periodization of Footballers in Goa State	University of Mumbai	Feb-2012
Res Prop. Ph.d-20	Gunde Kalpana S.	Dr. T. K. Bera	Physical Exercises and Yoga Practices for Selected Autonomic Functions and Learning Ability in School Children	University of Mumbai	Feb-2012
Res Prop.	Joshi	Dr. G. V. Pargaonkar	Effect of Yoga and Aerobic Exercises on Psycho-physiological parameter and	University of Mumbai	Nov-2011

Ph.d-21	Neetu Omprakash		Health Related Physical Fitness of College Girls with Irregular Menstruation Cycle		
Res Prop. Ph.d-22	Kawade Rohini Chandrakant	Dr. G. V. Pargaonkar	Yogic Practices for Health Related Physical Fitness and Mental Health Ability of Slum areas School girls	University of Mumbai	Nov-2011
Res Prop. Ph.d-23	Lobo Mini Augustine	Dr. R. R. Dhakne	Effect of Complex and Contrast Training Programme for the promotion of Motor Ability and Performance in Football for School Boys	University of Mumbai	Oct-2013
Res Prop. Ph.d-24	Shelatkar Veena Sandeep	Dr. R. R. Dhakne	Evaluation of Sports Injuries in Kabaddi in the Maharashtra State	University of Mumbai	Oct-2013
Res Prop. Ph.d-25	Aher Kiran Prabhakar	Dr. G. K. Dhokrat	Normative Study of Health Related Physical Fitness Components For School Student of Ahmednagar District	University of Mumbai	Oct-2013
Res Prop. Ph.d-26	Bangale Prashant Bhimrao	Dr. R. R. Dhakne	Contribution of YMCA Institution of India with Respect to Achievement, Administration and Facilities of Sports	University of Mumbai	Oct-2013
Res Prop. Ph.d-27	Barreto Avertano Reis	Dr. R. R. Dhakne	A Study on the Utility of Training on Sand and Grass Surfaces for the Promotion of Psycho-Motor Ability and Performance of Footballers of Goa	University of Mumbai	Sep-2013
Res Prop. Ph.d-28	Bhandare Mahendra	Dr. G. K. Dhokrat	Yoga for Reversal of Academic Stress, Examination Anxiety, Body image and Physical Fitness	University of Mumbai	Oct-2013

	Shashikant		Problems of Visually Impaired School Children		
Res Prop. Ph.d-29	Hotkar Jaysingh Malhari	Dr. G. V. Pargaonkar	Role of Yoga in Kinesthetic Perceptual Motor Skills, Co-ordination Abilities and Health Related Fitness of Senior Urban Citizens	University of Mumbai	Aug-2010
Res Prop. Ph.d-30	Joshi Omprakash Shivram	Dr. T. K. Bera	Yoga Exercise Training Programmes for Reversal of Declined States in Health Related Physical Fitness, Mental Health and Emotional Intelligence of School Students	University of Mumbai	Oct-2013
Res Prop. Ph.d-31	Kateshiya Rajesh Ramniklal	Dr. G. K. Dhokrat	Study on Personality Traits and Mental Health of Student Participating in Sports, National Cadet Corps and National Service Scheme of University of Mumbai	University of Mumbai	Sep-2013
Res Prop. Ph.d-32	Khanvilkar Nitin Prabhakar	Dr. G. K. Dhokrat	A Study on Body Image, Body Composition, Eating Disorders and its Effect on Personality Traits of School Children	University of Mumbai	Oct-2013
Res Prop. Ph.d-33	Limbkar Jitendra Laxman	Dr. T. K. Bera	Yoga for Concentration and Accuracy in Rifle Shooting	University of Mumbai	Feb-2012
Res Prop. Ph.d-34	Maru Kishor Jagubhai	Dr. G. V. Pargaonkar	Development of Integrated Exercises Training Module and its Efficacy for the Promotion of Holistic Fitness	University of Mumbai	Nov-2011
Res Prop. Ph.d-35	Pawar Sunil	Dr. G. K. Dhokrat	Study on the Status of Food Habit, Mental Health and Health Related Physical Fitness of ICSC and SSC Board School Children	University of Mumbai	Sep-2013

	Bhagwan		of Thane District		
Res Prop. Ph.d-36	Ray Gopal	Dr. T. K. Bera	Assertion of Government Policy and Physical Education in School and Colleges in West Bangal	University of Mumbai	-2013
Res Prop. Ph.d-37	Salve Vishal Suresh	Dr. G. K. Dhokrat	A Study on Effect of Taekwondo Training Programme on selected Psycho-physical Variables of School Boys	University of Mumbai	Oct-2013
Res Prop. Ph.d-38	Sawant Mahendra Narendra	Dr. G. V. Pargaonkar	Efficacy of Yogic Practices for the Promotion of Academic Achievement, Mental Health and Health Related Physical Fitness Of Adolescent School Students	University of Mumbai	Nov-2011
Res Prop. Ph.d-39	Shelke Rajendra Nana	Dr. G. V. Pargaonkar	Survey of Health Related Physical Fitness and Performance Related Fitness of the Student Dwelling in Non-slum and Slum areas in Greater Mumbai	University of Mumbai	Aug-2011
Res Prop. Ph.d-40	Shigavan Rajesh Gopal	Dr. G. K. Dhokrat	Development of Norms for Motor Fitness Components for Secondary School Students of Mumbai City and Mumbai Suburban	University of Mumbai	Sep-2013
Res Prop. Ph.d-41	Shinde Sachin Balu	Dr. G. K. Dhokrat	Study on Existing Methods and Development of Specific Method as Remedial Measure for Overweight and Obese Urban Adults	University of Mumbai	Sep-2013
Res Prop. Ph.d-42	Shinde Sandeep	Dr. R. R. Dhakne	Construction of Test Battery for the selection of Intercollegiate Volleyball Players of University	University of Mumbai	Oct-2013

	Sadashivrao		of Mumbai		
Res Prop. Ph.d-43	Tambare Sachin Hari	Dr. R. R. Dhakne	A study of Effect of Specific Exercise Programme on Balance, Stability and Performance in Archery	University of Mumbai	Oct-2013
Res Prop. Ph.d-44	Pires Thomas J. B.	Dr. G. V. Pargaonkar	Development of Physical Education and Sports Programme for Institutes of the Intellectually Disabled in the State of Maharashtra	University of Mumbai	Sep-2008
Res Prop. Ph.d-45	Vinay kumar	Dr. R. R. Dhakne	A Critical Evaluation of Physical, Physiological and Morphological Status of the Students Residing in Plane and Hilly Region belonging Uttarakahnd State	University of Mumbai	Oct-2013
Res Prop. Ph.d-46	Gaikwad Ramanand Nagnath	Dr.K.K.Asai	A Critical Study of the Problems of Participation of the Affiliated Colleges of the University of Mumbai in Inter Collegiate Sports Competitions	University of Mumbai	Aug-2015
Res Prop. Ph.d-47	Gill Monica	Dr.G.V.Pargaonkar	An Investigation into the Health Status, Job Satisfaction and Problems face by Teachers of Various Secondary Schools in Greater Mumbai	University of Mumbai	Aug-2015
Res Prop. Ph.d-48	Gill Sonica	Dr.G.V.Pargaonkar	A Critical Evaluation of Health and Psychological Status of Adolescent Children of Various School of Greater Mumbai	University of Mumbai	Aug-2015
Res Prop. Ph.d-49	Jadhav Milind	Dr.G.V.Pargaonkar	A Critical Study of District Level Associations Affiliated to Maharashtra State Kabaddi	University of Mumbai	Aug-2015

	Madhukar		Association with respect to Achievement, Administration and Facilities		
Res Prop. Ph.d-50	Patil Deepak Tanaji	Dr.K.K.Asai	Norms of Health Related Physical Fitness for Secondary Students of International School of Greater Mumbai Aged 11 to 13 Years	University of Mumbai	Aug-2015
Res Prop. Ph.d-51	Punia Sandeep Kumar	Dr.G.V.Pargaonkar	Utility of Integrated Training Module for the Promotion of Relevant General Motor Ability Components and Skills Performance of Junior Handball Players	University of Mumbai	Aug-2015
Res Prop. Ph.d-52	Satpute Vikram Damodar	Dr.G.V.Pargaonkar	Establishment of Norms of Health Related Physical Fitness of School Children Aged 13 to 15 Years of Maharashtra State	University of Mumbai	Aug-2015
Res Prop. Ph.d-53	Shetty Swapnil Anil	Dr.K.K.Asai	Efficacy of Transitional Drill Training Module for the Promotion of General Motor Ability and Skill Performance of School Basketball Players Aged 14 to 16 Years	University of Mumbai	Aug-2015
Res Prop. Ph.d-54	Waghmare Siddharth Digambar	Dr.K.K.Asai	Contribution of ASEEMA Charitable Trust non-government Organization for the Development of Underprivileged Children in Maharashtra State	University of Mumbai	Aug-2015
Res Prop. Ph.d-55	Kamble Sumit Damodar	Dr.K.J.Maru	A Study of Effect of Integrated Training Module on Health Related Physical Fitness and Academic Achievement of Students with Learning Disability Aged 12 to 16 Years	University of Mumbai	Apr-2017

Res Prop. Ph.d-56	Patil Deepali Mahesh	Dr.N.O.Joshi	Effectiveness of Integrated Exercise Training Module on the Basis of Health Related Physical Fitness and Mental Health of Students with Anorexia Nervosa Disorder Aged 16 to 19 Years.	University of Mumbai	Apr-2017
Res Prop. Ph.d-57	Patil Nishant Gopal	Dr.G.V.Pargaonkar	An Investigation into the Occupational Stress and Job Satisfaction of Professional Kabaddi Players of Maharashtra State	University of Mumbai	Apr-2014
Res Prop. Ph.d-58	Dhawde Lalit Manohar	Dr.N.O.Joshi	A Study of Effect of Integrated Exercise Training Module on Motor Fitness Components, Psychological Parameters and Skill of Volleyball Players	University of Mumbai	Apr-2017
Res Prop. Ph.d-59	Raut Prajakta Pramod	Dr.N.O.Joshi	An Investigation of Motor Fitness Components of Urban, Rural and Tribal Area Students of Thane District Aged 12 to 14 Years	University of Mumbai	Apr-2017
Res Prop. Ph.d-60	Jadhav Shital Rupesh	Dr.N.O.Joshi	Effectiveness of Aerobic Training Programme on the basis of Health Related Physical Fitness and Optimum Health of Housewives of Vasai Taluka	University of Mumbai	Apr-2017

The following Research Proposal are not available in the Library.

	Kshirsagar Pratiksha R.	Dr.K.J.Maru	A Study of Effect of Specific Training Programme on Selected Physiological, Health Related Physical Fitness Variables and Skill Performance of Rope Mallakhamb Players Aged 12 to 18 Years	University of Mumbai	Apr-2017
	Verma Manoj R.				
	Kharade Yashodhan Krishna	Dr.G.V.Pargaonkar	Effectiveness of Integrated Training Module on the Basis of General Motor Ability Components and Skills Performance of Football Players	University of Mumbai	May-2019
	Parse Abhijit Vankyat			University of Mumbai	May-2019
	Jadhav Nilesh Babanrao	Dr.G.V.Pargaonkar	Effectiveness of Yogic Practices on the Basis of General Motor Ability and Psychological Variables of Adolescent School Children	University of Mumbai	May-2019
	Chavan Omkar Jayprakash	Dr.J.M.Hotkar	A Study of Effect of Recitation of Gayatri Mantra on Psycho-Physiological Parameters and Health Related Physical Fitness of Housewives Navi Mumbai	University of Mumbai	May-2019
	kolhe Nishant	Dr.G.K.Dhokrat	Effectiveness of Zumba and Aerobics Training Programme on the basis of Health Related Physical Fitness and	University of Mumbai	May-2019

	Ganesh		Psychological Variables of Secondary School Children of Mumbai		
	Tiwari Vimla Rameshchandra	Dr.R.R.Dhakne	Effectiveness of Integrated Stretching and Relaxation Training Programme on the basis of Psycho-Physiological Parameters and Skills Ability of Elite Football Players	University of Mumbai	May-2019
	Shinde Dadasaheb Dattu	Dr.R.R.Dhakne	A Study of Administration, Achievement, Facilities and Problems faced by District Level Associations Affiliated to Maharashtra Amateur Gymnastic Associations	University of Mumbai	May-2019
	Deulkar Rujuta Ulhas	Dr.G.V.Pargaonkar	A Study of Effect of Integrated Training Module on the Basis of Selected Psycho-Physical Variables of Junior National Kabaddi Players of Gujarat State	University of Mumbai	May-2019
	Bhilare Bhagyashree Ajay	Dr.G.V.Pargaonkar	Effectiveness of Integrated Training Module on the basis of General Motor Ability and Performance of Junior Kabaddi Players	University of Mumbai	May-2019

	Rupavate Rupesh Vasant			Universit y of Mumbai	May- 2019
	Nimbalkar- Navande Kavita	Dr.G.V.Pargaonkar	A Critical Study of Present Status and Problem Faced by State Level Sports Associations of Maharashtra State	Universit y of Mumbai	May- 2019
	Kambli Mahendra Sahadev	Dr.R.R.Dhakne	A Study of Effect of Plyometric and Isotonic Training Programme on Motor Fitness Components, Psychological Variables and Skill Abilities of College Football Players of Mumbai	Universit y of Mumbai	May- 2019
	Waidande Harish Maruti				
	Kapoor Jaspreet Kaur	Dr.S.N.Chougule	A Study of Effect of High Intensity Interval Training	Universit y of Mumbai	May- 2019

			Programme on Post Skill Performance of Physiological Variables of Judo Players of Mumbai		
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