



**B.P.C.A's**  
**College of Physical Education,**  
**Bharatiya Krida Mandir, Naigaon Cross Road,**  
**Wadala, Mumbai - 400031, Tel. 022 24168609**  
e-mail: [bpcacpemumbai@gmail.com](mailto:bpcacpemumbai@gmail.com), URL: [www.bpcacpemumbai.org](http://www.bpcacpemumbai.org)

## BULLETIN 2016-17

### **Principal Desk**



It is a time of both transition and endurance. We are implementing a collective vision that recognizes how the needs of our community are changing – just as our hometown, our country and our world are changing, too. At the same time, we draw strength from knowing that our fundamental values have evolved over the last 38 years and are well anchored in our community. We love learning and discovery. We embrace challenge, and are committed to excellence. We explore new ways of looking at the world, and search for sustainable approaches to how we live and work. We act on our deep responsibility to use our knowledge to serve that world. Together, we are building a future that is open, connected, and purposeful. We are proud of who we are.

### **ACADEMIC ACTIVITIES / PROGRAMMES**

**The college has organized following various curricular, co-curricular and extracurricular activities for B.P.ED. during the year 2016-17**

#### ➤ **Beginning of the academic year**

B. P. C. A's, College of Physical Education, B. P. Ed. (38<sup>th</sup> batch ) course two year programme started on September 20, 2016. The inauguration ceremony was presided over by Shri. Sanjay Baburao Shete. B. P. Ed. Admission to the course was given to



72 degree holders (39 males and 33 females) through the admission process conducted by the Directorate of Higher Education.

➤ **House formation**

For systemic and effective training of B. P. Ed. (38<sup>th</sup> batch ). First year programme, the House formation was conducted in the third week of September, 2016. Both the male and female students were classified equally into six homogeneous groups (Houses) viz. pragati and Shakti, anand pratap sangram and vijay (male) by taking into consideration their physical fitness, games and sports performance as well as cultural achievements.

➤ **Patriotic singing training and inter House competitions**

On 12<sup>th</sup> and 13<sup>th</sup> August, 2016, under the guidance of famous music director Shri Somnath Parab, was organized Patriotic singing training. On 15<sup>th</sup> August, an Independence Day flag salute was celebrated in the presence of the Chairman of the BPCA, Shri. Sanjay Baburao Shete, Principal. Dr. G. V. Pargaonkar, all the teachers, college staff and students. After that, inter-house competitions of patriotic group songs were held. The students spontaneously participated and performed patriotic group singing in a variety of costumes.



➤ **Hiking / Trekking / Picnic**

As a part of organizing and Co-Curricular programs on 15<sup>th</sup> September 2016, a Hiking and Trekking program was held from Lonavla to Rajmachi via Karjat. At that time B. P. Ed. All the trainees of the first year of the course enjoyed nature to the fullest. Also on the same day B. P. Ed. students of the second year experienced the planning and training of the trip at the Elephanta Caves.

➤ **Celebration of Teachers Day**

On 5<sup>th</sup> September, birthday of Dr. Sarvapalli Radhakrishnan, was celebrated in lecture hall. On Teacher's Day, Teachers play a major role in making their students responsible citizens of tomorrow and good human beings. It is impossible to imagine our lives without teachers. They are the cornerstone of our future. On Teacher's Day B. P. Ed. An Elocution competition was organized on the topic of "Contribution



of Physical Education to National Education" for the first year students and a self-governance program was organized for the second year students.

### ➤ **Celebration of National Sports Day**

National Sports Day is celebrated on 29th of August every year in our college. It marks the birth anniversary of Hockey Legend, Major Dhyan Chand, who is regarded as the greatest Hockey player of all times.

On this National Sports Day, an Elocution competition was organized on the theme "Physical Education and the Importance of Sports". Prizes were given to the winners

No. 1: - Mrs. Ashwini Adak

No. 2: - Mrs. Shraddha Lad

No. 3: - Shri. Abhishek Sharma

### ➤ **Organization of Indian Constitution Day**

On November 26, 2016, on the occasion of Constitution Day, a program titled "Constitution Introductory Reading and Poster Exhibition" was organized in the college.

### ➤ **Organization of Inter-Collegiate Sports Competitions (volleyball and wrestling)**

All the teachers and students of the college successfully organized inter-collegiate volleyball and wrestling competitions of Mumbai University from 18th to 20th October, 2016 on behalf of the B.P.C.A's College of Physical Education.



### ➤ **Organization of Inter-School Lezim Competition**

As every year, on behalf of the BPCA, late. Dattaram Lad Trophy Inter-School Lezim Competition was held on December 16, 2016. Around 1000 boys and girls from 11 schools participated in this competition. The first three winning schools were given cash prizes and mementos by the organization. In addition, all the participating schools were given certificates of participation. On the



occasion of the inauguration of this competition, the headmistress of Chhatrapati Shivaji Vidyalaya (Dharavi) Hon. Mrs. Veena Dolwalkar, President of Bombay Physical Culture Association Shri Sanjay Baburao Shete, General Secretary of National Mill Mazdoor Union Govindrao Mohite, Shivchhatrapati Award winner Hon. Dr. Liladhar Chavan, Principal of College



of Physical Education Dr. G. V. Pargaonkar, Members of Bombay Physical Culture Association Mr. Prabhakar Pansare, Deepak Kandalgaonkar, Vijay Kamble, Mrs. Nalini Fadnis, all teachers of B. P. C. A's College, Head of Competition Dr. Rohini Kawade was also present on the occasion.

➤ **Organization of Inter-School Hind Trophy Competition (Kabaddi, Kho-Kho, Langadi)**

This year also the inter-school Hind Trophy competition was organized by the all teachers and students on behalf of the Bombay Physical Culture Association, was successfully organized. About 1488 boys (852 boys and 626 girls) from 124 teams from various schools participated in the Kabaddi, Kho-Kho and Langadi competitions held from January 10 to 13, 2017. In this competition B. P. Ed. students of the course (second year) were given hands-on experience of organizing competitions.



➤ **Athletic training and competitions**

For the students of the B. P. Ed. Course, From March 20 to 25, 2017, athletics training as well as field competitions were held on the international standard synthetic Track at the University Sports Complex, Marine Lines.



➤ **Pride Day of Marathi Language**

Marathi Language Day was celebrated on 17<sup>th</sup> February 2017 in the college. At that time, the students read poetry, recited poems and gave lectures on "Marathi language development".



➤ **Organization of value added courses**

For the B. P. Ed. (Second year) students were introduced the Certificate Course in Personal Fitness Training (CCPFT) and Certificate Course in Fitness Center Management (CCFCM) to enhance the quality for the students of B. P. Ed. (Second year) and Technical Officiating Examinations of Kabaddi, Kho-Kho, Langadi were conducted for the students.

➤ **Convocation Ceremony**

The graduation Convocation ceremony of Mumbai University was held on March 11, 2017 in the college. At that time, the president of the BPCA, Shri. Sanjay Baburao Shete, Dr. G. V. Pargaonkar and an eminent teacher of the college was present.



➤ **International Yoga Day**

All the teachers of the college had participated in the program organized on the occasion of International Yoga Day on June 21, 2016, at that time Mr. Dilip Poddar gave a lecture on Yoga Demonstration and Meditation.



➤ **Organization of one day Workshop**

A one day workshop on 'Maharashtra Public Universities' was organized by College and the Association of Non-Government Colleges, Mumbai on June 23, 2016. At that time, the former Chief Minister Hon. Ashokravji Chavan, MLA Hon. Sharad Pise, Dr. Raju Waghmare, Hon. Kapil Patil, Shikshak Bharti, Hon. Prakash Sonone, Pri. Taywade (Nagpur), Dr. Tukaram Shivare etc. were present on the occasion. About 100 delegates from higher education sector participated in this workshop.



➤ **Organizing Kabaddi Day (Seminar):**

On 15th July 2016, on the occasion of Kabaddi Day, a seminar was organized on the topic "Kabaddi's goal-setting approach". It was attended by B.P.Ed second year students. On the occasion of the award ceremony of the seminar, senior kabaddi player Mr. Sadanand Shete and President of Ideal Sports Academy Hon. Mr. Liladhar Chavan was present.





➤ **Organization of seminar**

On August 2, 2016 a seminar on "Olympic - Truth and Myths" was organized for the students in the college. At that time, Dr. Jaisingh Hotkar and Principal Pargaonkar gave lectures.

➤ **Alumni Reunion and Joy Ceremony**

As the college got "A" grade of NAAC for the period 2016 to 2021, all the alumni Reunion and Joy Ceremony was organized on 13<sup>th</sup> August 2016. At that time, the president of the BPCA, Hon. Shri. Sanjay Shete, Mr. Liladhar Chavan and most of the alumni were present in the college.



➤ **Scout and Guide training camp**

For students of B.P.Ed (2nd year) course on 20<sup>th</sup> February 2017, 6-days 'Scout and Guide Training Camp' was organized in 'Shantivan' near Panvel. Secretary of the BPCA Shri. Dr. Deepak Shete, Director of the College. Pargaonkar, Dr. Sandhya Jinturkar, Pune were the dignitaries visited and appreciated the activities done by the students.



➤ **Reading Inspiration Day**

On the occasion of birth anniversary of scientist and former president of India APJ Abdul Kalam college has celebrate the Vaachan (Reading) Prerna (Inspiration) Diwas (Day) on 15<sup>th</sup> October 2016. College students must do a lot of reading. The Vaachan Prerna Diwas (reading inspiration day) encourage reading habits among students. We also arranged the elocution Competition, poetry reading and storytelling Competition. Our students spontaneously participated in this event.



➤ **Seminar on Awareness of Leprosy**

In collaboration with Acworth municipal Hospital of Leprosy, Wadala Mumbai and BPCA'S College of Physical Education organised Seminar on awareness of Leprosy' in our college on the 10<sup>th</sup> October 2016. Addressing it, Shri Anand Surve, shri M. V. Patil and Shri. S. M. Gupta said that occurrence of fresh cases of leprosy despite various preventive measures is a cause of concern. It was

needed to be studied why the incidents of leprosy were more in some States than the others. All efforts have to be made by various stakeholders to spread awareness about the scientific facts related to the disease and break the myths attached with it.

### **Extension Activity**

The students and the teachers of the college were deputed for conducting various games and sports as officials, as a part of linkage / collaboration established with various schools, colleges and other sports organizations Go's and NGo's of Greater Mumbai.

- 15 students and 01 faculty worked as officials for conducting sports for intellectually disabled children in sadhana vidyalaya, Dadar, Mumai on 14<sup>th</sup> December 2016
- 10 students worked as officials in Annual Sports on 5<sup>th</sup> January 2017 organized by Smt. Kamaladevi Gourimal Mittal College of Arts and Commerce, Malad, Mumbai.
- 42 students alongwith Incharge Prin. Dr. Dhakne and 04 faculty members participated in the National conference on Advances in Applied sports Psychology organized by D. A. V. College Chandigarh, Punjab on 18<sup>th</sup> & 19<sup>th</sup> March 2017.

### **Sports Participation & achievement of students**

During the year 2016-17 the following 60 students of B.P.Ed. & M.P.Ed. Participated in various intercollegiate /Inter-University Sports Competition and become eligible for getting additional 10 grace marks due to their excellent performance.

### **Interschool Lezium competition**

Bombay Physical Culture Association has organised Inter-school Lezium competition known as Late Dattaram Lad Trophy on 16<sup>th</sup> December 2016. About 1000 boys and girls from 11 various schools of Greater Mumbai were participated in the said competitions.