



B.P.C.A's
College of Physical Education,
Bharatiya Krida Mandir, Naigaon Cross Road,
Wadala, Mumbai - 400031, Tel. 022 24168609
e-mail: bpcacpemumbai@gmail.com, URL: www.bpcacpemumbai.org

BULLETIN 2017-18

Principal Desk

As a Principal of this college, I feel honoured and privileged to be part of an educational institution where every student is a learner and every day is an opportunity to learn and discover. I believe in upholding high standards with an absolute commitment to strive to understand and improve the educational process, using team strategies, while wholly centring on student achievement. Our staff fruitfully employ two diverse strategies that are of Discipline and Accountability to foster a positive learning environment for all our students. Discipline and Accountability may seem like two contrasting forces. While discipline helps nurture trusting relationships, where students feel respected, appreciated and loved by the teachers, Accountability helps develop in students personal responsibility, self control, good decision making skills self confidence, and character building with high moral values.



ACADEMIC ACTIVITIES / PROGRAMMES

The college has organized following various curricular, co-curricular and extracurricular activities for B.P.ED. during the year 2017-18

➤ **Inauguration of two years BPED Programme**

Inauguration of 39th batch of second year B.P.Ed. Programme and 20th batch of M.P.Ed. Programme was organized on 17th July 2017, the function were presided by Shri.Sanjay Baburao Shete, President of Bombay Physical Culture Association, Mumbai. Whereas, first year programme of two years BPED & MPED for the year 2017-18 was started on 15th September 2017.



➤ **House formation**

For systematic and effective training of B.P.Ed. Programme the House Formation has been conducted in the first week of October of first year students. Both the male and female students were classified equally into three homogeneous groups (Houses) each viz. *Anand, Pratap, Sangram* (male) and *Pragati, Shakti* House (female), by taking into consideration their physical fitness and other achievements.

➤ **Practice Teaching:**

All the students of the B.P.Ed. first and second year programme were distributed into 7 teaching methods of academic subjects (optional teaching method) by taking into consideration their choice as well as subjects at the graduation level. Students were introduced with the microteaching, bridge lessons and practice-teaching in schools. Before sending them to different schools for practice teaching the students were well prepared under the guidance of concerned method teacher. Model lessons, Demonstration lessons, Audio-Video feedback as well as Discussion sessions were held from time to time, for the purpose. During the second term of the course, the students along with teachers were sent to different schools in small groups for conducting *Practice Teaching Lessons* of Physical Education as well as academic subjects. They were well prepared by conducting micro teaching, Simulation lessons prior to actual practice teaching in schools.

➤ **Transaction of Theory and Practicals :**

Theory and practical classes were conducted throughout the year as per the syllabus of B.P.Ed. and M.P.Ed. Programme.

➤ **Terminal Examinations :**

First and Second Terminal Examinations of B.P.Ed. (First and Second year) and M.P.Ed. (first and second year) Programmes in Theory and Practicals were conducted at the end of each semester.

➤ **Inter House Competitions/ Intramurals/Athletic Training Camp and Annual Athletic Meet :**

In order to train the B.P.Ed. students in Athletic events, 7 days special Training Camp followed by one day Athletic Meet was organized on Standard size Synthetic track at University Sports Complex, Marine Lines, Mumbai, during the month of March, 2017. Further, for B.P.Ed. Programme on every Saturday, during practical hours, *Inter-house competitions* on various minor games, lead up games, relays as well as non-standard sports were conducted throughout the year. The intramurals of B.P.Ed. & M.P.Ed. Programmes (Inter House competition) in Volleyball, Hockey, Handball, Kabaddi and Kho-Kho were also organized and conducted by the students.



➤ **Information and Communication Technology(ICT) :**

The college has provided computer laboratory with 34 computers and all other required software and hardware including internet facility. The institution has included ICT curriculum by revising the existing syllabus of B.P.Ed. course w.e.f. the year 2014-15. Minimum 20 hrs. hand on experience of ICT has provided to the students as directed by the N.C.T.E. The M.P.Ed. students were also trained in computer application particularly in use of computers and SPSS software for research in Physical Education and Sports.

CO-CURRICULAR & EXTRA CURRICULAR ACTIVITIES

➤ **Hiking cum Trekking :**

As a part of training, one day *Hiking Cum Trekking Programme* to **Matheran** for first year BPED students and one day Picnic to 'Elephanta Caves' for second year BPED students was organized on 29th September, 2017. All the teachers and students successfully organized and enjoyed the Hiking, Trekking and Picnic programme.

➤ **Celebration of National Days :**

On the occasions of Independence Day and Republic Day Flag Hosting Ceremony was organized, followed by Inter-House Patriotic Group-Singing Competitions



➤ **Value Added Courses :**

In order to improve the professional qualities of the students Value-added courses such as official classes and examinations of Volleyball, Kabaddi, Kho-Kho, Langadi, Athletics & Certificate Course in Personal Fitness Training, Certificate Course in Gym Management Training were conducted with the help of concerned District Level Sports Organization. All the students appeared for the said examinations.

➤ **Group singing Training:**

Three days camp on 25th, 26th & 27th July, 2017 was organized in which the students were trained in various national / patriotic group songs, under the guidance of famous musician and artist Mr. Somnath Parab. On 15th August 2017. Independence Day was celebrated the flag were hoisted by the hands of



Shri.Sanjay Shete President BPCA Mumbai, Dr.G.V. Pargaonkar Principal was present on the occasion. After the flag hoisting, Inter house patriotic Group Singing Competition was organized. On the same day all the students along with three faculty Dr. R. R. Dhakne, Dr. K. J. Maru and Dr. N. O. Joshi

participated in the programme organized by Cultural Department Government of Maharashtra at Minitheater, Prabhdevi, Dadar.

➤ **Celebration of National Sports day (Elocution Competition and Friendly Match)**

'National Sports Day' was celebrated on 29th August, 2017 by organizing Elocution Competition on 'Why to Play'. The winners of the same were felicitated in the presence of Hon'ble President of B.P.C.A. On the same day friendly match between M.P.Ed. students (Jr Vs. Sr) was also conducted.

➤ **Teachers Day (Self Government and Elocution Competition)**

On 5th September, 2017 Teachers day was celebrated by conducting Self Government Programme followed by Elocution Competition on 'Role of Physical Education in National Education'. On the same day elocution competition were organized for students of master degree on 'Awakening of Wisdom Through Quality', the function were presided by Dr. M. M. Gharote of Lonavala, Yoga Institute, Lonavala.



➤ **Constitution Day**

On 26th November, 2017 'Constitution Day' was organized in which students were acquainted with various aspects of constitution through speeches, discussion and exhibition.

➤ **Inter School Lezium Competition**

As a regular activity of Institution, Inter School Lezium competition was organized on 29th Jan., 2018 in which about 1500 boys & girls of 17 schools were participated.



➤ **Inter School Hind Trophy (Kabaddi, Kho-Kho & Langdi)**

Institution with the help of college students and faculty had successfully organized 75th Inter School Hind Trophy Competition of school children in Kabaddi, Kho-Kho & Langadi during 10th to 12th January 2018 in which 972 boys and 660 girls of different schools were participated.



➤ Marathi Bhasha Gaurav Din

On 17th February 2018 'Marathi Bhasha Gaurav Din' was celebrated on this occasion students read rhymes and poetry, some students deliver lecture on 'Vikas Marathi Bhashecha (development of Marathi language).

➤ University Degree Distribution Ceremony

On 17th May, 2018 University Degree Distribution function was organized in the college President of the Institution Shri. Sanjay Shete presided over the function, Dr. G. V. Pargaonkar, Principal of the college was present on the occasion.



➤ International Day of Yoga

International day of Yoga was organized on 21st June 2017 in which all the teachers were participated, on this occasion. Shri.Dilip Potdar, Yoga expert had deliver lecture on 'Yoga demonstration and meditation'.



➤ Workshop

One day workshop on 'Maharashtra Public University Act 2016' was organized on 23rd June 2017. On the said occasion, Principals and Heads of various Institutions including Principal Dr. T. A. Shiware, Prin. Vanjari, Dr. Balkrishna Bhosale, Dr. Ravindra Kardhadi, Prin Lahu Pachang, Prin. Suhasini Sant, Prin. Geeta Balkhrishna, Prin. Shobhana Menon, Prin. Geeta Balkrishna, prin. Rajpal Hande, Prin. Uddav Bhosale, Prin Ajay Bhambare, Prin. Rajpal Hande, Prin. Madhu Nair, Prin. V.B. Rokade, Prin. Shirhatti etc. were participated.



➤ Scout & Guide Training Camp

To give training and experience, six days Scout & Guide training camp was organized at Shantivan near Panvel during 17-22 Dec.,2017.



➤ Vachan Prerna Din

15th Oct., 2017 on the occasion of birth anniversary of President of India late Dr. APJ Abdul Kalam 'Vachan Prerna Din' was celebrated the function was presided by Prin. Dr. G.V. Pargaonkar.

➤ National Conference on Sports Psychology :

28th National Level Conference on Sports Psychology had been organized during Dec 28 – 30, 2017 at Bhartiya Krida Mandir, Wadala, Mumbai. The said three days Conference had been organized by B.P.C.A's College of Physical Education under the aegis of Sports Psychology Association of India (SPAI) as well as with the approval & funding of Ministry of Youth, Affairs & Sports, Govt of India. The main theme of the Conference was about, "Contemporary issues of Sports Psychology in the 21st Century".

Hon'ble Vice Chancellor (Acting) of the University of Mumbai Prof. Dr. Devanand Shinde inaugurated 28th National level conference on 28th Dec, 2017 at 10 a.m followed by the Keynote Address of Dr. M.L. Kamlesh. Poster presentation session was organized on second day. On third day, scientific session with panel discussion took place. The Concluding function was held on 30th Dec, 2017 at 2.30 pm in the presence of Hon'ble Mayor of Mumbai Prin. Shri Vishwanath Mahadeshwar. Many eminent speakers & experts in the field of Sports Psychology including Dr. M.L. Kamlesh (Punjab), Dr. Dileep Dureha (Vice Chancellor, Lakshmibai National Institute of Physical Education, Gwalior), Prof. Jayashree Acharya (Gwalior), Dr. K. S. Gurjar (Gwalior), Dr. Reena Kaul (Bangalore), Dr. Anuradha Solanky (New Delhi), Dr. Lalit Sharma (New Delhi), Dr. Anil Ramachandran (Kerala), Dr. Tarasankhar Dey (Goa), Dr. Manmath Manohar Gharote (Director, The Lonavala Yoga Institute, Lonavla), Dr. Tusharkanti Bera (Principal, Bharti Vidyapeeth, Pune), Dr. Gautam Gavli (Mumbai) actively participated and gave their valuable inputs during the conference.

This conference on Sports Psychology had been Patronized by Hon'ble Shri Sanjay Baburao Shete & conducted under the chairmanship of Principal Dr. G.V. Pargaonkar. About 200 delegates from different parts of India became part of this event.



➤ Campus Interview

Campus interview was conducted on 14th May, 2018 from 11.00 am onwards. Around 7 company & schools were present on the day for conducting Campus Interview. B.P.Ed I year programme Students gave interview for part time coaches post, whereas B.P.Ed II year & M.P.Ed programme students gave interview for Physical Education teachers post. Our students definitely has exposure, learnt to face interview & some of them will be definitely recruited in the institutions.



EXTENSION ACTIVITIES/PROGRAMMES ORGANIZED

➤ Organizational experience of various institution/schools

Teachers and students has successfully worked to conduct and organize the following competitions of various institutions and schools.

- Suryanamaskar Competition organized by Suvidhyalaya High School (Borivali) on 19th July, 2017
- Inter School Gymnastic Competitions of Mumbai Schools Sports Association during 17th November to 1st December, 2017
- Talent Display' organized by Mumbai City Gymnastic Association on 17th March 2018
- Inter collegiate Athletic Competitions of University of Mumbai 11th & 12th, Nov., 2017
- Annual sports Competition organized by National Urdu High School on 15th November 2017
- YMCA Athletics Competition held on 15th to 18th November, 2017
- State Level Greeco Roman Competition in Wrestling organized by Mumbai Shahar Talim Sangh held on 12-13 January, 2018
- Mumbai Mayor Trophy Volley ball competition organized by Mumbai City Volleyball held on 5th -7th April, 2018
- Mumbai Mayor Trophy Artistic Gymnastics (Sub Junior) National Championship organized by Mumbai City Gymnastic Association held on 26-28 January, 2018

While concluding, the overall performance and plans for future of the institution, it can be said that the college is functioning successfully by taking sincere efforts for the promotion of teacher education in Physical Education and Sports in India. All the teachers, non-teaching staff and alumni are spontaneously and actively involved in the quality enhancement process of the institution. Most importantly, the strong support, self-less encouragement and constant inspiration of the management of the institution, truly work, as one of the secrets of success and achievements of this teacher – education institution.