



Bombay Physical Culture Association's

College of Physical Education

Wadala, Mumbai, Maharashtra Pin – 400031

Permanently affiliated to the University of Mumbai and aided by the Government of Maharashtra, Recognised by the NCTE & Accredited by NAAC



Established 1978

“बलम् राष्ट्रस्य वर्धनम्”

**Strength for nation building - by empowering youth with
physical, mental, intellectual, emotional and social
fitness blended with integrity and harmony**



Founder 1879-1968
Late Padmashri Dr. Krishnaji Shripad
Alis Bapusaheb Mhaskar

About the Institution

Bombay Physical Culture Association is Situated in the **heart of Mumbai city**, known as **BPCA**, is one of the pioneer voluntary organization rendering invaluable services to humanity for propagating the cultural heritage of India since its inception. Three eminent personalities and great visionaries viz., *Late Padmashree Krishnaji Shripad Alias Bapusaheb Mhaskar, Late Namaskaracharya, J.K. Alias Bhausahab Soman and Patrapandit, Late P.H. Alias Nanasaheb Khadilkar* **established** this Association on 29 June 1935, during British period, with a great Vision 'बलम राष्ट्रस्य वर्धनम्' means **strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony**. In fact, this vision of the institute is based on the universal truth '*Survival of the fittest and true national spirit*', mainly for the promotion of the indigenous games and exercise systems. **Bhartiya Kreed Mandir** is a campus of its own kind in the country having its own stadium and other sports infrastructure specifically designed to conduct Indian games, sports & exercise system.

About the College

Indian system of physical culture among common masses is one of the prime objectives of the BPCA, today strategically the term Physical Education has been accepted globally as a profession with better academic status through University Education. BPCA's College of Physical Education established in 1978, with a view to prepare qualified and competent Physical Educators as well as for promoting Research in Physical Education, Sports Sciences, and rendering Health-Fitness related services to the community.



- Grant in Aid by State Government.
- Admission through CET of Govt. of Maharashtra.
- Availability of Hostel facility. (M&W)
- Placement, Counselling and Career development cell.
- Fees, scholarships, and reservations as per the Government Rules.
- Well-known center for excellence in Physical Education, Sports and Research in the state.
- Qualitative & practically transferable professional training leading towards 100% job opportunity.
- Accredited by NAAC with 'A' Grade (CGPA 3.29)

Infrastructure and Facility

The College has an ideal infrastructure and facilities including computerized library, fully air-conditioned computer laboratory, well-furnished Health Education and Sports Medicine Laboratory, Education Technology and Sports Psychology Laboratory, PG Department, Store Unit, Publication Unit, Indoor Halls, AC Classrooms with acoustic Sound system & Smart Board Facility, Hostels, etc.

Vision

Our vision is “बलम राष्ट्रस्य वर्धनम्” that means strength for nation building ..by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony

Computer Laboratory

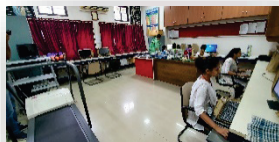


Today *computer literacy and information technology* has become the part and parcel of today's world. Our professionals (i.e., Physical Education) must have abilities to face this new challenge.

To meet the same, the College has made all possible efforts to train all the students in computer applications. For its wide application among the student-teachers and for community services, our college is Established separate Computer Laboratory. computer laboratory, Internet with LAN as well as Wi-Fi connectivity and digital scanning and printing facilities.

Physiotherapy, Athletic Care and Rehabilitation Laboratory

The Physiotherapy, Athletic Care and Rehabilitation Laboratory is provided with devices and equipment in line with the basic requirements. Our students can experience laboratory by taking the opportunity to apply basic first aid and treatment.



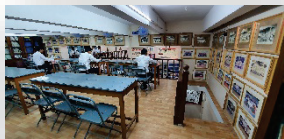
psychology laboratory



The Psychology Lab is equipped with the best psychology apparatus/equipment and some of the best Manuals, questionnaire, inventories, scales and Charts for behavioral research in the field of Physical Education and Sports.

Library

The Library is the heart of the institution. Focusing upon the very important role of the library, our college Library has been growing steadily over the years.



At present the Library possesses a very rich collection of Books, Periodicals, Audio-Visual materials, Bound Volumes E-Resources to cater the changing needs of staff and students fraternity.

Being Physical Education College the collection of library is mainly related to subjects like Books and other material is like Physical Education, Sports, Health Education, Fitness and other allied subjects.

Sports training center run by Alumni Association

Sports Training Center associated with Alumni Association for school going children for the principle 'Catch them Young and Coach them Well' in different games and sports under able guidance in providing ample infrastructure and facilities.



FITNESS CENTRE

BPCA's College of Physical Education has well-furnished Gymnasium (Fitness Centre) with the latest machine and exercise equipment's. Membership is open to all students and staff of the institution as well as for outside society.



Alumni Association

In addition to the up-datement of in-service past students through various programmes and activities, the Association conducts regular 'Sports Training Centre' for school going children belonging to the age group of 5 to 15 yrs. More than 200 school children's every year, take the advantage of this center. Many of them, every year, reach up to the State and National level particularly in Gymnastics, Asanas, Mallakhamb, Acrobatics, Table-tennis, Cricket, Skating, Trampoline, Yoga and Rhythmic Gymnastics.

Research Activities

Various Research activities including Major and Minor Research Project financially supported by University Grants Commission as well as University are being conducted in the Research Centre. 100% of the faculty is being engaged in research activities. Since the inception of Research Centre in 1996, till date 63 scholars have been awarded Ph.D. Degree of the University of Mumbai. 30 scholars are pursuing their doctoral research.

Future Plan

- To initiate Diploma as well as Certificate course in Yoga.
- To start Diploma / Advance diploma courses in Sports Management for Physical Education Teachers.
- To conduct workshop / Orientation courses for past students (Alumni) as well as in-service Physical Education Teachers on Information & Communication Technology Literacy.
- To organize Inter National Conferences / Workshops / Seminars / Symposium on Physical Education Sports sciences, Yoga & Fitness
- To enrich research activities by undertaking Minor Research Projects for the extension of social services mainly on important issues like awareness of Health, Fitness, Wellness and Holistic Health.
- To establish linkage with more GO's and NGO's for Quality enhancement and extension services.

College of Physical Education

BPCA's College of Physical Education is permanently affiliated to the University of Mumbai and aided by the Government of Maharashtra. It also comes under section 2(f) and 12(B) of the UGC act, for receiving central assistance. The College is recognized by the NCTE for conducting B. P. Ed and M. P. Ed. programs. Presently, the College is conducting various programmes viz., ***B.P.Ed, M.P.Ed.*** and ***Ph.D.*** as well as value added courses in Health, Fitness and Management, Technical Officiating of various Games and Sports.

Ours is the **only aided** and leading Institution of Physical Education in the jurisdiction of the University of Mumbai, which has taken initiative in introducing most of the courses of Physical Education. Since its establishment in 1978. Apart from the various courses conducted by the institution, it is significantly contributing by way of undertaking various ***collaborative and extension activities*** and programmes by establishing linkage with the local, national and international GO's and NGO's. Sports Training Center runs by the Alumni Association, from last 24 years has produced about 150 state level and 65 National level players. The ***Research Center*** of the college is conducting various Minor Research Projects, financially supported by the UGC & University of Mumbai as well as undertaking continuous ***Research Training Drive*** (RTD) for enhancing the quality of research in the field of Physical Education and Sports Sciences.

Mission

Facilitating Physical Education - par excellence, preparing a cadre of professionals matching global standards who are not only physically fit but have quest for intellectual excellence through world class research and above all have ability to produce good citizens with healthy body and sound mind having human values with civic responsibilities.



COURSES OFFERED

	Courses	Duration	intake
	Bachelor of Physical Education (B. P. Ed)	2 years	100 Students
	Masters of Physical Education (M. P. Ed)	2 years	25 Students
	Doctor of Philosophy	3 years	30 Students
	Certificate Course in Personal Fitness Tr.	Part time	100 Students
	Certificate Course in Fitness Centre Management	Part time	100 Students

Objectives of the College

- To prepare qualified teachers in the field of Physical Education.
- To render excellent service in Physical Education.
- To provide professional and academic teachers to the secondary schools / Colleges / Universities.
- To serve as a model for other colleges of Physical Education.
- To provide vocational guidance to the people in the field
- To serve as a Center of Excellence for research in Physical Education



Overall

The college is functioning successfully by taking sincere efforts for the promotion of Physical Education and sports in India. All the teaching and non-teaching staff spontaneously and actively contributes for institutions success. Strong support and Co-operation of the Management, their self-less encouragement and constant inspiration, works as one of the secretes of the present success of the college.

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An Institute for Teacher Education,
Training and Research in Physical
Education and Sports Sciences