B. P. C. A's,

College of Physical Education

Wadala, Mumbai, Maharashtra

www.bpcacpemumbai.org

SELF STUDY REPORT

For

IV CYCLE OF ACCREDITATION

Submitted To:

NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

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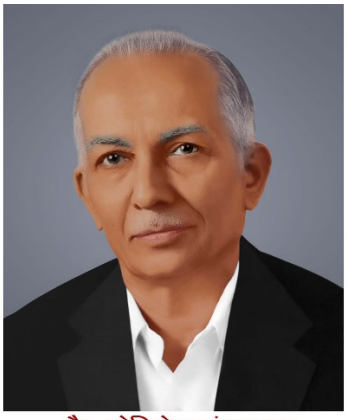
Ex. Mayor, Mumbai



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Bapusaheb Mhaskar (1879–1969)

FOUNDERS

Bombay Physical Culture Association

Estd. 29th June, 1935

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I. EXECUTIVE SUMMARY

1.1 INTRODUCTORY NOTE

Bombay Physical Culture Association is Situated in the **heart of Mumbai city**, known as **BPCA,** is one of the pioneer voluntary organization rendering invaluable services to humanity for propagating the cultural heritage of India since its inception.

Three eminent personalities and great visionaries viz., *Late Padmashree Krishnaji Shripad Alias* **Bapusaheb Mhaskar***, Late Namaskaracharya, J.K. Alias* ***Bh*****ausaheb Soman** *and Patrapandit, Late P.H. Alias* **Nanasaheb Khadilkar established** this Association on 29 June 1935, during British period, with a great Vision 'बलम राष्ट्रस्य वर्धनम' means **strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony.** In fact, this vision of the institute is based on the universal truth '*Survival of the fittest and true national spirit'*, mainly for the promotion of the indigenous games and exercise systems. **Bhartiya Kreeda Mandir** is a campus of its own kind in the country having its own stadium and other sports infrastructure specifically designed to conduct Indian games, sports & exercise system.

Although propagation of Indian system of physical culture among common masses is one of the prime objectives of the BPCA, today strategically the term Physical Education has been accepted globally as a profession with better academic status through University Education. This gave birth to **BPCA's College of Physical Education** in 1978, with a view to prepare qualified and competent Physical Educators as well as for promoting Research in Physical Education, Sports Sciences and allied disciplines and for rendering Health-Fitness related services to the community.

BPCA's College of Physical Education is permanently affiliated to the University of Mumbai and aided by the Government of Maharashtra. It also comes under section 2(f) and 12(B) of the UGC act, for receiving central assistance. The College is recognized by the NCTE for conducting B. P. Ed and M. P. Ed. programs. Presently, the College is conducting various programmes viz., ***B.P.Ed, M.P.Ed.*** and ***Ph.D.*** as well as value added courses in Health, Fitness and Management, Technical Officiating of various Games and Sports.

Ours is the **only aided** and leading Institution of Physical Education in the jurisdiction of the University of Mumbai, which has taken initiative in introducing most of the courses of Physical Education. Since its establishment in 1978, the College is sincerely working with a **Mission** *of facilitating Physical Education - par excellence, preparing a cadre of professionals matching global standards who are not only physically fit but have quest for intellectual excellence through world class research and above all have ability to produce good citizens with healthy body and sound mind having human values with civic responsibilities.* During last 43 years, the institution has produced more than 4000 Secondary Physical Educators, about 600 Masters and 58 Ph.D. scholars who are working in various Schools, Colleges, and Universities not only in the state but also at National Level & abroad.

The College has an ***ideal infrastructure*** and facilities including computerized library, fully air-conditioned computer laboratory, well furnished Health Education and Sports Medicine Laboratory, Education Technology and Sports Psychology Laboratory, PG Department, Store Unit, Publication Unit, Indoor Halls, Class Rooms with Smart Board Facility, Hostels, etc. for imparting various activities, programmes, conferences and workshops of the institution.

Apart from the various courses conducted by the institution, it is significantly contributing by way of undertaking various ***collaborative and extension activities*** and programmes by establishing linkage with the local, national and international GO's and NGO's. Sports Training Center, runs by the Alumni Association, from last 24 years has produced about 150 state level and 65 National level players. The ***Research Center*** of the college is conducting various Minor Research Projects, financially supported by the University of Mumbai as well as undertaking continuous ***Research Training Drive*** (RTD) for enhancing the quality of research in the field.

Over all, the College enjoys good reputation in the jurisdiction of the University of Mumbai, State of Maharashtra and Society. By taking into cognizance the achievement and academic excellence of the college during last five years and after its second Assessment and Accreditation by the NAAC, the College was re-accredited by NAAC with "A" Grade (CGPA 3.29) in the III cycle in the year 2016.

1.2 STRENGTH, WEAKNESS, OPPORTUNITIES AND CHALLENGES

1.2.1 Institutional Strength

- *College has strong historical background (Physical Culture).*
- *Effective and well planned UG, PG and Ph.D. programs.*
- *Highly qualified (all faculty members with Ph. D. degree), dedicated and experienced staff.*
- *Health, Fitness and wellness awareness initiatives and activities.*
- *Supportive and compassionate management.*
- *Well qualified and reputed parent body and the college.*
- *Infrastructure is in accordance with NCTE norms for all the courses.*
- *Student centric teaching learning process and correctives assessment techniques.*
- *Organization of various social cultural and educational activities*
- *Well-furnished and computer assisted Library with large collection of books and periodicals.*
- *Administrative building with internet connectivity.*
- *100% placement opportunities*

1.2.2 Institutional Weaknesses

- *Restriction on appointment of permanent staff from Government of Maharastra.*
- *Need to improve alumni support.*
- *Falling short of conducting Major Research Project.*
- *Canteen facility on the campus to be provided.*

1.2.3 Institutional Opportunities

- *Encouraging consultancy services.*
- *Establishing linkages with TEIs in Physical Education to enhance research culture*
- *Developing various diploma and certificate courses to produce qualified Physical Education, sports and fitness professionals.*
- *Facilitating faculty to undertake Minor and Major Research Project in Sports sciences for community.*
- *Potential of becoming an excellent physical education, sports science and research centre for society.*

1.2.4 Institutional Challenges

- *Maintaining contact with alumni and stake holders.*
- *To control private companies and agencies with untrained professionals entering in the professions.*
- *No government job in future.*
- *Nonprofessional approach of state government toward physical education in schools and colleges.*
- *Financial challenges for development in future due to non-salary grants by Government of Maharashtra.*

Summary of the Institution

Overall the college enjoys a good reputation in the jurisdiction of University of Mumbai, Maharashtra state & Society. Apart from the various courses conducted by the institution it is significantly contributing by way of undertaking various collaborative and extension activities and programs by establishing linkage with the local, national and international Go's & NGo's. The research centre of the college is conducting various Minor Research Project financially supported by University of Mumbai, a centre is undertaking continues Research Training Drive (RTD) for enhancing the quality of research in different fields of Physical Education.

The infrastructure and facilities for conducting UG, PG and various program and events of Physical Education and allied disciplines are adequate which include computerized library, ICT, Human Performance Lab, Sports Medicine Lab, Educational Technology and Sports Psychology Laboratory, Indoor Halls, Classrooms with Smart Boards and Hostel.

By taking the cognizance of achievements of the institutions in academics, Sports participations and research outputs, the college was awarded "Best College Awards," and secured 8th place in top ten position (among 864 affiliated colleges in University of Mumbai). The college was Accredited by NAAC with "A" grade (CGPA 3.29) in the III cycle.

1.3 CRITERION WISE SUMMERY

Criterion I - Curricular Aspects

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The college is recognised by NCTE & Govt. of Maharashtra and permanently affiliated to University of Mumbai for conducting UG & PG program in Physical Education. Thus curriculum is as per the syllabus formed by the University of Mumbai. The curriculum is designed so as to complete it in stipulated time as per the NCTE (100 days per semester, excluding examination). To implement the said program the institution prepared yearly plan & formed various departmental committees, such as, examination, internal evaluation, and intramural, time table and extension activity. These committees gave their respective plans in the beginning of the year and accordingly initiatives were taken by the head of the institutions. The teaching and evaluation plans were discussed at length in the IQAC meeting and if necessary the changes were made accordingly in the plans. The institute ensured that the curriculum of the various programs being conducted by the college has some thrust on various national issues like National Integration, Health, Fitness and wellness, Environment, ICT, Social Harmony, Value Education which have been introduced in the curriculum in the form of units, sub-units in theory, practical's, co-curricular, extra-curricular activities.

- **Introduction of Courses**

The institute being the pioneer in the field-initiated University approved certificate course in Personal Fitness Training (CCPFT) and Certificate Course in Fitness Centre Management (CCFCM) as well as various value added courses are being introduced by the institution.

- **Academic Flexibility**

The UG & PG programs are having choice based system wherein students are having choice to opt the options for examinations as per the syllabus which is of CBSGS pattern of the University of Mumbai.

- **Curriculum Enrichment**

As per the need of the hour and to enrich students' ability in officiating and conducting various competitions the institute has introduced value added courses in association with affiliated Associations of Games and Sports viz. Kabaddi, Kho-Kho, Langadi, Athletics, Volleyball and Wrestling to certify students by way of conducting district level official classes and examinations. The certified students get an opportunity in the organizational setups of above-mentioned associations as per their ability.

- **Feedback Mechanism**

There is formal mechanism to obtained feedback from various stakeholders of the institute. The feedback received from the stakeholders is discussed in the IQAC meeting and necessary changes are made which helps the institute for better functioning and improving the output quality.

Criterion II – Teaching – Learning and Evaluation

- **Student Enrollment and Profile**

The whole of process of B.P.Ed and M.P.Ed. admissions are being conducted and monitored by the Government of Maharashtra through **State Common Entrance Test (CET)** cell, Maharashtra state, Mumbai. The admission notifications are published well in advance by Govt. of Maharashtra through CET cell on their URL https://cetcell.mahacet.org which gives the details of the application procedures of B.P.Ed. & M.P.Ed. programs. The students qualified for the said program are allotted to the various colleges as per the Norms prescribed by Govt. of Maharashtra, category wise. The link to this information is available on our College interactive website www.bpcacpemumbai.org . Also the college has established CET cell monitored by faculty and alumni to help aperient students seeking admission to UG and PG programs mentioned above.

- **Mentoring System**

For supervising, coordinating, controlling and understanding the college has housing system. The faculty members act as a mentor for these houses. The student having problems with respect to learning, academic and physical education activities are being given extra attention after the college hour by respective faculty and alumni. All facilities Viz. Library, Computer Lab, Laborites are made available for these students after the working hours and special guidance are provided to them to overcome their problems.

- **Evaluation Process and Reforms**

The college has well qualified faculty which are continuously involved in updating their knowledge to render quality teaching and research activities so as to achieve professional proficiency. The IQAC of the college ensure strict implementation of Academic Calendar by monitoring activities and reviewing them periodically for change if necessary. The college follows various modalities of conducting continuous internal evaluation (CIE) as prescribed in the respective syllabus of UG & PG. The college has also adapted variety of assessment tools such as open book test, oral exam, presentations, discussion, symposium, report writing etc. The teaching and learning in the Institute is aligned with the program and learning outcomes. The feedback is collected from students pertaining to the teaching – academic and physical education activities, college facility and practice teaching. The feedback received is discussed in IQAC meeting and necessary actions are taken and implemented in the planning of the next academic year Calendar.

Criterion III – Research and Outreach activities

College has Research Center affiliated to University of Mumbai. The teaching faculty is actively involved in conducting and promoting research culture among the students. During last four years the college has completed Eight Minor Research Project funded by University. The student has choice of opting Research Project as dissertation in PG & introduced research methodology as an essential course in PG thus strengthening the culture of research. College has Research Advisory Committee (RAC) to help control and monitor the research work being done by the students of research centre. A special booklet is prepared by the institute providing necessary information about the rules and regulations of the research centre. The College has well

equipped human performance laboratory to fulfill the testing needs of the students. 8 faculty members are recognized Guide of University of Mumbai. Till date 58 students have been awarded Ph. D. degree and 28 students are pursuing their Ph.D. related research at the centre. About 150 research papers have been published in recognised, referred and peer reviewed research journals in the field of Physical Education and Sports Science.

Criterion IV – Infrastructure and Learning Resources

The College has adequate infrastructure, facilities and the resources needed to conduct curricular, co-curricular, extra-curricular and research activities. The college campus area is 7669.04 sq. mts. Which consists of Administrative building with Lecture hall, ICT Lab., Human performance lab., well-furnished Library and Reading room, Administrative office, Multipurpose halls, Multipurpose ground, Gymnastic centre. The maintenance of the same is done by college and Management.

The college has partially automated library. Library has collection of text books, references books, e-books, e-journal, CD's, National and International Journals. Separate reading facility is provided in the library for research scholar and faculties. The students and teachers are provided with remote access to multiple journals and resources through the data based INFLIBNET. The OPAC modules provide access to library member to check on the available library resource. The entire administrative building has Wi-Fi facility and also equipped with LCD Projection system. The ICT has been sufficiently strengthened with computer to student's ratio 1:5. The staff members have their own laptop and used them with full capacity for teaching learning and assessment purpose. A proper filtered drinking water facility is made available in the administrative building. College has hostel facility for boys and girls.

The college has its maintenance policy in placed for maintenance of various departments like drinking water facilities, ICT related equipment, UPS system. AMC is also placed and its functions according to the policy stated in it.

Criterion V – Student support and Progression

Learner centered teaching method are adopted and implemented to render quality education by way of providing conducive, healthy and supportive environment. The college has land for various students' activities such as Curricular and co- Curricular activities, cultural and extension activities for the overall development of students. Various Government scholarships are made available for students. The college also helps economically and socially backward students by providing them finance through "Earn and Learn" scheme, ANGC (Association of non-Government colleges) Scholarship and "Maratha Bhagini Samaj" Scholarship. Considering the eligibility qualification in higher education the NET & SET examination classes and workshops is initiated from the year 2015-16 and has been active since then. The student are provided the support for overall development through carrier guidance, Cancelling, soft skills development, remedial teaching etc. Grievance redressal cell, anti-ragging committee, Women's Grievance redressal cell are constituted in the college for students Grievance cell. The college has an active student council and much of the college events, activities and programs are conducted

with their support. The college Placement cell is active and has been successful in assisting students on campus and off campus placement. More than 40% of outgoing student are benefited about 40% student have chosen higher education in last three academic session. The college has alumni association, the regular meetings are held and activities conducted the Gymnastic center of the institute is being functioned through alumni.

Criterion VI – Governance, Leadership and Management

The Vision and Mission of the institute is in tuned with the education policy of higher education based on commitment toward excellence, achieving educational objectives and empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony for nation building. The college practices decentralization and participative management system through CDC, IQAC & committees for administration and welfare of students. The IQAC designed perspective plan (2019-2024) for augmentation of academic, administrative and infrastructural facilities. All the AQAR's, Academic Calendars, upcoming events and future plans are in place and uploaded on the website and deployment is done through the various committees.

The college authorities have taken very important initiatives such as Green Audit (Environment, Water, Waste, and Energy) along with academic, administrative and financial audits. The performance of the teaching staff is assessed through the appraisal system. The faculty members are assessed during the teaching process and at the end of the academic year, if necessary it is discussed with the faculty for future improvement. Various welfare measures like FDP, Seminar, workshops, and conferences are organised for teaching staff for the benefit of teaching for professional development. Non-teaching staff of the college are also encouraged to participate in training programmes, and workshops related to various administrative software. The ICT used effectively in teaching and learning system with progressive increase in the used of new technology for better teaching learning process and efficiency. The college has implemented paper less documentation process.

Criterion VII – Institutional Values and Best Practices

The institution campus is green, clean, user friendly & conducive. The college promotes and encourages using of public transport and restricted the use of vehicle. The college celebrate National days, organizes Patriotic group singing training, celebrate National Sports day, Constitution day, Marathi bhasha Gaurav din, International day of Yoga, and conduct Scout & Guide training camp for the promotion of National Integration, Patriotism, Social Values and Ethics. The code of conduct for students are explained to students in the beginning the academic year to make them aware about their behavior conduct during their presence on the campus.

The college activities like Intramural program and MoU with practice teaching school to help in conducting their various sports and other activities. A few best practices are run by the college. College also has very well planned and executed mentoring system. The student and faculty participate in activities like competition for visually impaired students as a part of social commitment.

I.
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The College has adequate infrastructure, facilities and the resources needed to conduct curricular, co-curricular, extra-curricular and research activities. The college campus area is 7669.04 sq. mts. Which consists of Administrative building with Lecture hall, ICT Lab., Human performance lab., well-furnished Library and Reading room, Administrative office, Multipurpose halls, Multipurpose ground, Gymnastic centre. The maintenance of the same is done by college and Management.

The college has partially automated library. Library has collection of text books, references books, e-books, e-journal, CD's, National and International Journals. Separate reading facility is provided in the library for research scholar and faculties. The students and teachers are provided with remote access to multiple journals and resources through the data based INFLIBNET. The OPAC modules provide access to library member to check on the available library resource. The entire administrative building has Wi-Fi facility and also equipped with LCD Projection system. The ICT has been sufficiently strengthened with computer to student's ratio 1:5. The staff members have their own laptop and used them with full capacity for teaching learning and assessment purpose. A proper filtered drinking water facility is made available in the administrative building. College has hostel facility for boys and girls.

The college has its maintenance policy in placed for maintenance of various departments like drinking water facilities, ICT related equipment, UPS system. AMC is also placed and its functions according to the policy stated in it.

Criterion V – Student support and Progression

Learner centered teaching method are adopted and implemented to render quality education by way of providing conducive, healthy and supportive environment. The college has land for various students' activities such as Curricular and co- Curricular activities, cultural and extension activities for the overall development of students. Various Government scholarships are made available for students. The college also helps economically and socially backward students by providing them finance through "Earn and Learn" scheme, ANGC (Association of non-Government colleges) Scholarship and "Maratha Bhagini Samaj" Scholarship. Considering the eligibility qualification in higher education the NET & SET examination classes and workshops is initiated from the year 2015-16 and has been active since then. The student are provided the support for overall development through carrier guidance, Cancelling, soft skills development, remedial teaching etc. Grievance redressal cell, anti-ragging committee, Women's Grievance redressal cell are constituted in the college for students Grievance cell. The college has an active student council and much of the college events, activities and programs are conducted

with their support. The college Placement cell is active and has been successful in assisting students on campus and off campus placement. More than 40% of outgoing student are benefited about 40% student have chosen higher education in last three academic session. The college has alumni association, the regular meetings are held and activities conducted the Gymnastic center of the institute is being functioned through alumni.

Criterion VI – Governance, Leadership and Management

The Vision and Mission of the institute is in tuned with the education policy of higher education based on commitment toward excellence, achieving educational objectives and empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony for nation building. The college practices decentralization and participative management system through CDC, IQAC & committees for administration and welfare of students. The IQAC designed perspective plan (2019-2024) for augmentation of academic, administrative and infrastructural facilities. All the AQAR's, Academic Calendars, upcoming events and future plans are in place and uploaded on the website and deployment is done through the various committees.

The college authorities have taken very important initiatives such as Green Audit (Environment, Water, Waste, and Energy) along with academic, administrative and financial audits. The performance of the teaching staff is assessed through the appraisal system. The faculty members are assessed during the teaching process and at the end of the academic year, if necessary it is discussed with the faculty for future improvement. Various welfare measures like FDP, Seminar, workshops, and conferences are organised for teaching staff for the benefit of teaching for professional development. Non-teaching staff of the college are also encouraged to participate in training programmes, and workshops related to various administrative software. The ICT used effectively in teaching and learning system with progressive increase in the used of new technology for better teaching learning process and efficiency. The college has implemented paper less documentation process.

Criterion VII – Institutional Values and Best Practices

The institution campus is green, clean, user friendly & conducive. The college promotes and encourages using of public transport and restricted the use of vehicle. The college celebrate National days, organizes Patriotic group singing training, celebrate National Sports day, Constitution day, Marathi bhasha Gaurav din, International day of Yoga, and conduct Scout & Guide training camp for the promotion of National Integration, Patriotism, Social Values and Ethics. The code of conduct for students are explained to students in the beginning the academic year to make them aware about their behavior conduct during their presence on the campus.

The college activities like Intramural program and MoU with practice teaching school to help in conducting their various sports and other activities. A few best practices are run by the college. College also has very well planned and executed mentoring system. The student and faculty participate in activities like competition for visually impaired students as a part of social commitment.

2. PROFILE

2.1 BASIC INFORMATION

Name and Address of the College/Institution:	
Name	Bombay Physical Culture Association's, College of Physical Education.
Address	Bharatiya Kreeda Mandir, Naigaon Cross Road, Wadala, Mumbai- 400 031.
City	Mumbai
State	Maharashtra
Pin	400 031
Website	www.bpcacpemumbai.org

Contacts For Communication					
Designation	Name	Telephone with STD code	Mobile	Fax	Email
(I/C) Principal	Dr. G. K. Dhokrat	022-24168609	+91 9930295833	022-24172457	ghansham1964@gmail.com
IQAC Co-ordinator	Dr. R. R. Dhakne	022-24168609	+91 9821316213	022-24172457	drrrdhakne@gmail.com

Status of the Institution	
Institution Status	Grant-in-aid

Type of Institution	
By Gender	Both (Male & Female)
By shift	Yes:- Morning and Evening

Recognized Minority Institution	
It is a recognized minority institution	No

Establishment Details	
College of Physical Education established on..	June 1978

State	University Name	Document
Maharashtra	University of Mumbai	View Document

Details of UGC Recognition		
Under Section	Date	View Document
2(f) of UGC	05-07-1994	View Document
12 B of UGC	05-07-1994	View Document

Details of recognition/approval by statutory/regulatory bodies like AICTE, NCTE, MCI, DCI, PCI, RCI etc.				
Statutory / Regulatory Authority	recognition/approval details Institution/Department programme	Day, Month And Year (dd-mm-yyyy)	Validity in Months	Remarks
NCTE	View Document	13/05/2006	NA	NA

Recognition	
Is the college recognized by UGC as a College with Potential for Excellence (CPE)	No
Is the College recognized for its performance by any other governmental agency	Yes Rashtriya Ucchatar Shiksha Abhiyan (RUSA)

Location and Area of campus.				
Campus Type	Address	Location*	Campus Area in Acres	Built up Area sq. mts.
Main campus area	Bharatiya Kreeda Mandir, Naigaon Cross Road, Wadala, Mumbai-400 031.	Mumbai	1.8950 Acres (i.e. 7669.04 sq. mts)	3525.75 sq. mts

2.2 ACADEMIC INFORMATION

Details of Programmes Offered by the College (Give Data for Current Academic year 2020-2021)						
Programme Leve	Name of Programme/Course	Duration in Months	Entry Qualification	Medium of Instruction	Sanctioned Strength	No. of Students Admitted
UG	B.P.Ed. UG	24	Graduation	English/ Marathi/ Hindi	100	96
PG	M.P.Ed., PG	24	B.P.Ed.	English/ Marathi/ Hindi	25	24
Doctorate (Ph. D.)	Ph.D. Doctorate	36	M.P.Ed. & Guideline given by UGC time to time.	English	30	30

Position Details of Faculty & Staff in the College

Teaching Faculty												
	Professor				Associate Professor				Assistant Professor			
	Male	Female	Others	Total	Male	Female	Others	Total	Male	Female	Others	Total
Sanctioned by the UGC/University/ state Govt.	10 + 01 as per Government Roster											
Recruited/ Through CAS	00	00	00	00	01	00	00	**01**	05	03	00	**08**
Yet to Recruited	00	00	00	00	00	00	00	00	00	00	00	00
Sanctioned by the management / society or other authorized bodies	00	00	00	00	00	00	00	00	00	00	00	00
Recruited	00	00	00	00	00	00	00	00	00	00	00	00
Yet to Recruited	00	00	00	00	00	00	00	00	00	00	00	00

Non-Teaching staff				
	Male	Female	Others	Total
Sanctioned by the UGC/University/ state Govt.	01	02	00	03
Recruited	00	02	00	00
Yet to Recruit	00	02	00	02
Sanctioned by the management / society or other authorized bodies	01	00	00	01
Recruited	01	00	00	**01**
Yet to Recruit	00	00	00	00

Technical staff				
	Male	Female	Others	Total
Sanctioned by the UGC/University/ state Govt.	08	00	00	08
Recruited	00	00	00	00
Yet to Recruit	04	00	00	**04**
Sanctioned by the management / society or other authorized bodies	00	00	00	00
Recruited	00	00	00	00
Yet to Recruit	00	00	00	00

Qualification Details of the Teaching Staff

Permanent Teachers										
Highest Qualification	Professor			Associate Professor			Assistant Professor			Total
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D. Sc./D.Litt/LLD	00	00	00	00	00	00	00	00	00	00
Ph. D.	00	00	00	**01**	00	00	**05**	**03**	00	09
M.Phil	00	00	00	00	00	00	**03**	**03**	00	06
PG	00	00	00	00	00	00	00	00	00	00

Temporary Teachers										
Highest Qualification	Professor			Associate Professor			Assistant Professor			Total
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D. Sc./D. Litt /LLD	00	00	00	00	00	00	00	00	00	00
Ph. D.	00	00	00	00	00	00	00	00	00	00
M. Phil	00	00	00	00	00	00	00	00	00	00
PG	00	00	00	00	00	00	00	00	00	00

Part Time Teachers										
Highest Qualification	Professor			Associate Professor			Assistant Professor			Total
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D. Sc./D. Litt /LLD	00	00	00	00	00	00	00	00	00	00
Ph. D.	00	00	00	00	00	00	00	00	00	00
M. Phil	00	00	00	00	00	00	00	00	00	00
PG	00	00	00	00	00	00	00	00	00	00

Details of Visiting / Guest Faculties				
Number of Visiting / Guest Faculty engaged with the college?	Male	Female	Others	Total
	10	07	00	**17**

Provide the following details of students enrolled in the college during the current academic year

Programme		From the state where college is located	From other states of India	NRI students	Foreign students	Total
UG	Male	56	00	00	00	**56**
	Female	43	00	00	00	**43**
	Others	00	00	00	00	**00**
PG	Male	16	00	00	00	**16**
	Female	09	00	00	00	**09**
	Others	00	00	00	00	**00**
Doctoral (Ph.D)	Male	23	00	00	00	**23**
	Female	06	00	00	00	**06**
	Others	00	00	00	00	**00**

Provide the following details of students admitted to the college during the last four academic years									
Programme		2016-17		2017-18		2018-19		2019-20	
		B.P.Ed.	M.P.Ed.	B.P.Ed.	M.P.Ed.	B.P.Ed.	M.P.Ed.	B.P.Ed.	M.P.Ed.
SC	Male	07	01	05	00	06	02	07	03
	Female	05	01	01	02	02	00	05	01
	Others	00	00	00	00	00	00	00	00
ST	Male	04	00	05	02	05	01	01	00
	Female	04	00	02	00	01	00	06	00
	Others	00	00	00	00	00	00	00	00
OBC	Male	06	02	11	03	04	04	11	03
	Female	06	01	09	00	07	04	09	01
	Others	00	08	00	00	00	00	00	00
General	Male	20	10	26	11	48	09	46	07
	Female	14	00	16	07	20	04	13	09
	Others	00	02	00	00	00	00	00	00
Other	Male	02	02	05	00	04	00	06	01
	Female	04	00	00	00	02	01	04	00
	Others	00	00	00	00	00	00	00	00
	Total	**72**	**25**	**80**	**25**	**99**	**25**	**99**	**25**

3. Extended Profile

1. Students

1.1 Number of students on roll year wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
B. P. Ed.	148	177	194	192	195
M. P. Ed.	50	50	50	50	50
Ph. D.	30	30	30	30	30

1.2 Number of Seats sanctioned year wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
B. P. Ed.	200	200	200	200	200
M. P. Ed.	50	50	50	50	50
Ph. D.	30	30	30	30	30

1.3 Number of seats earmarked for reserved category as per GOI/ State Govt. rule year wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
B. P. Ed.	38	38	38	31	41
M. P. Ed.	07	07	12	09	08
Ph. D.	10	10	07	09	07

1.4 Number of outgoing / final year students who appeared for final examination year wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
B. P. Ed.	68	80	97	97	95
M. P. Ed.	25	25	25	25	24
Ph. D.	10	02	11	02	06

1.5 Number of graduating students' year-wise during last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
B. P. Ed.	68	80	97	97	95
M. P. Ed.	25	25	25	25	24
Ph. D.	-NA-	-NA-	-NA-	-NA-	-NA-

1.6 Number of students enrolled (admitted) year-wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
B. P. Ed.	100	72	88	100	100
M. P. Ed.	25	25	25	25	24
Ph. D.	12	15	16	14	20

2. Teachers

2.1 Number of full-time teachers' year wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
Number	10	10	10	10	10

2.2 Number of Sanctioned posts year wise during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21
Number	10+01	10+01	10+01	10+01	10+01

3. Institution:

3.1 Total expenditure excluding salary year wise during the last five years (INR in lakhs)

Year	2016-17	2017-18	2018-19	2019-20	2020-21
Number	2035983	1697279	2019750	2046192	785453

3.2 Number of Computers in the institution for academic purposes: -

Response : In our institution there are 42 computers for Teaching learning purpose.

4. Quality Indicators Framework (QIF)

Criterion 1 – Curricular Aspects

1.1 Curriculum Planning

1.1.1 Institution has a regular in-house practice of planning and/or reviewing, revising curriculum and adopting it to local context/situations

Response:

The planning of the curriculum is done according to the syllabus of the university of Mumbai.

The academic plan is prepared and developed by the teachers for physical activities and the theory course. During the faculty meetings the respective Incharge present their academic planning and accordingly the timetable planned and prepared. While planning the curriculum the priority is given to the syllabus of state board, schools of Board of Delhi and some International schools. During the student induction program the principal and the Incharge of the respective programs gives the detailed information about curriculum, assessment process and academic plans. The content is delivered in three languages (English, Hindi & Marathi). For practical session the students are divided into 3-4 groups so that teacher can give attention to every member of the group. For theory classes the students divided into two divisions for imparting knowledge effectively, better student teacher ratio and accessibility of teacher.

The curricular content is reviewed and discussed from time to time and necessary changes and modification are done with the help of competent authority like BOS of the parent University and NCTE guidelines periodically.

The college has initiated various add on certificate courses so that the learner will be benefitted along with their UG & PG programs. To understand the present scenario and the status of Physical Education in the country the college organised various curricular and co-curricular activities such as seminar, conferences, workshops, industrial visits & lecture series by Luminaries of the field, to make student aware of the field with the lates t information.

The students are assessed periodically with various modes/strategies which helps in understanding the need, issues, problems faced by the learner during their academic achievements, this also help faculties to modify their teaching learning methodology as per the need of the learner. The students with the issues/problems pertaining to the practical and theory aspects are given special remedial teaching classes to minimize/overcome their problems and improve their achievement. The college has well established monitoring system which observe & monitor the academic progress of the learners. The internship program is planned and implemented with the help of nearby schools. After the program the feedback is taken from the respective schools and necessary changes are made for improving teaching learning ability of the learner. *'During last 20 to 22 months due to pandemic and the Lockdown of the schools in the Mumbai the institution tried to incorporate its own internship strategies by way of conducting practice teaching lessons in peer group only (Learner residing in same locality) and accordingly monitored the practice teaching lesson online and necessary guideline/suggestion were provided'.*

The classrooms are well equipped with internet facility, LCD projector and have conducive environment for effective teaching learning. Both learner and faculty can avail the facilities of computerized library, ICT Lab and other facilities for better and effective implementation of various courses and programs. … … … … … … … …(Appendix 1)

(Curriculum planning)

1.1.2 At the institution level the curriculum planning, and adoption are a collaborative report. Indicate the person involved the curriculum planning process during the last academic year. 1. Faculty of the institution 2. Head / Principal of the institution 3. School including practice teaching school. 4. Employer 5. Experts 6. Students 7. Alumni

(In house Persons) … … … … …(Appendix 2)

1.1.3 While planning institutional curriculum, focus is kept on the Programme Learning Outcomes (PLOs) and Course Learning Outcomes (CLOs) for all Programmes offered by the institution, which are stated and communicated to teachers and students through 1. Website of the Institution 2. Prospectus 3. Student induction programme. 4. Orientation programme for teachers.

(Teacher Orientation Program) (Students Induc. program) (Appendix 3 & 4)

1.2 Academic Flexibility

1.2.1 Curriculum provides adequate choice of courses to students as optional / electives including pedagogy courses for which teachers are available

(Elective course) (Data Templet) (Data Templet) … … … … … … … … … (Appendix 5)

1.2.2 Average number of Value added courses offered during the last five years

Response: 1.8

Year	2021-20	2020-19	2019-18	2018-17	2017-16	Total
Total number of Value added offered	09	09	09	09	09	09

CCPFT Policy … … …(Appendix 6)

1.2.3 Percentage of students enrolled in the value -courses mentioned at 1.2.2 during the last five years

Response: 95.27

Year	2021-20	2020-19	2019-18	2018-17	2017-16	Total
Total number of students enrolled in the value added course	--	99	97	79	68	343

DATA Templet

1.2.4 students are encouraged and facilitated to undergo self-study courses online/offline in several ways through

1. Provision in the Timetable
2. Facilities in the library
3. Computer lab facilities
4. Academic advice /Guidance

Response:

Data Templet Document Document Document **(Appendix 7 A, B & C)**

1.2.5 Percentage of students who have completed self-study courses (online/offline, beyond the curriculum) during the last five years

Response:

Data Templet Document Document Document **(Appendix 8)**

1.2.5.1 Number of students who have completed self-study courses (online/offline, beyond the curriculum) during the last five years

Response:

1.3 Curriculum Enrichment

1.3.1 Curriculum of the institutions provides opportunities for the students to acquire and demonstrate knowledge, skills, values and attitudes related to various learning areas.

Response:

The curriculum content pedagogy, psychology, science based content courses which forms a very strong theoretical base. It helps in understanding education at variety of level, learning processes, enhancement of learning strategies and learner needs in technology as well as role of teacher as facilitator. To impart real life school experience practice teaching and internship are the heart of teaching learning process. The college insist on internship and practice teaching in the school of different boards as well as different medium i.e. Government/ private, primary/secondary, SSC, CBSE, ICSE etc. This experience of the school internship provide opportunities to the students to acquired and demonstrate knowledge, skill, values & attitudes related to various learning areas. The college also organizes debate, discussion, presentation, field project for B.P.Ed. & M.P.Ed. students to share their views and demonstrate knowledge. This will gives a clear insite in understanding of the field of Physical Education allied disciplines.

The another initiative taken by the institution in providing students with information, skills, knowledge about sports, cultural and national integration intramural and inter-house programme are the integral part of the syllabus. Participation in above mentioned programme is inculcate all the required skills and values to be a teacher/coach/organizer and official. The whole organizing part is learner-centric and they actively participate in the same under the guidance /direction of the faculty as Incharge of the above-mentioned programme. The students prepare schedule, poster and invitations using their creativity. The college also organize some of the inter collegiate

competition/tournaments and also participate in this competition organize by the home university. This provides an opportunity to the students to compete at competitive level. Students are also exposed to work as volunteer at national and international marathon organize by the club/association. The students are also given exposure to work as an official at different competitions organize by various schools, DSO Competitions, MSSA Competitions to equipped students with all the required and necessary skills, knowledge for becoming a good official.

The college also provide knowledge to conduct fitness testing, skill testing for the groups as well as individual to understand the procedural part of the fitness testing and skill testing. The college also organizes seminar, conferences and symposia, workshops in which the B.P.Ed and M.P.Ed learner actively involved in organizational setups. They are also provided an opportunity to present the topics in the seminar, conferences, symposia, workshops etc. The social activities like Athletic competition for elderly people, competition for blinds, blood donation camp, fitness awareness programme inculcate the social responsibility and dignity of labor in the learner.

Document evidence: … …**(Appendix 9)**

1.3.2 Institution familiarizes students with the diversities in school system in India as well as in an international and comparative perspective.

Response:

To live up to particular standard in the changing and competitive atmosphere in the field of Sports and Physical Education. College organizes practice teaching lessons and internship with the schools of state government and central government. The college tries to provide students to conduct the practice teaching lessons in the schools with diversified system such as socio-economic level, intelligence, academic achievement, socio environment factors etc. Through these experience learner understand the real job situation that they are going to face in future.

College adopt rotational system of groups of the students to different schools. The group of the trainee teachers are made to visit the allotted school in advance to take a general review of the scenario, meet teachers in the schools for unit of teaching and to meet the working staff of the school for getting help during the internship so that they can prepare and practice their teaching lesson accordingly. The learner conduct their lesson in schools with diversity i.e. primary/secondary, education/Co-education, regional language i.e. Marathi, English & Hindi medium schools. They are also provided experience with schools having no/small/large play field area and with less/sufficient equipment schools to enhance their creativity in conducting Physical Education Activities. The college also take initiative to provide the experience by way of allotting students in important event like cultural programme, national programme, sports day & other social activities.

The internship programme are planned in such a way that the learners are exposed to have an experience in working with the schools located in city as well as Urban area so as to understand the problem that they are going faced to the in future. The student have to conduct various tests prescribed in the syllabus and keep the record of the same. This help them to understand assessment system and their variation.

Apart from providing experience of working at diversified schools the college also organizes presentation programme, talks by experts/experienced teachers, workshops on Physical Education to understand the changing strategies in Physical Education to familiarize students with physical education programme at national as well as international scenario. The college also seeks feedback from practice teaching schools about the performance of the learners.

Evidence Document … … **(Appendix 10 A & B)**

1.3.3 Students derive professionally relevant understanding and consolidate these into professional acumen from the wide range of curricular experiences provided during Teacher Education programme.

Response:

The college conduct variety of programme to impart experience and to acquired & acquaint the skills required to be a good Physical Education Teacher. Practice lessons are the integral part of student-teacher development programme organize systemically. Before exposing students in real life school teaching experience they are made to undergo systematically planned micro as well as macro lessons programme on peer groups. Under the micro teaching the student have to conduct variety of lessons on the optional teaching subjects as well as games and sports to professionally prepare them before actual practice teaching lesson.

College plans and organizes various curricular as well as co-curricular events such as English Speaking course, educational visit, Camp, Fitness and Skill testing, Personal fitness and Gym Management Cert. course etc. The learner gain professional experiences so as to understand and deal with the situation and consolidate into their professional acumen and strong skill set. Apart from practice teaching lessons, internship programme, curricular and co-curricular activities college also take initiatives to identifying schools and allotting students to these school for conducting physical education activities, sports day celebration, conducting sports and games and managing sporting events and competitions of these schools on their request. To enhance and inculcate the creativity the organizational, managerial skills and communication skills the theory and practical courses are planned to monitor and create a conducive environment for the development of the above mentioned skills. Pedagogies practice are learnt through theory and practical courses. (The college has initiated special programme on pedagogic practices which is named as **T**eaching **P**hysical **E**ducation **P**ractice (TPEP) for learner to learn pedagogic skills and also apply them in classroom teaching situations.)

Evidence Evidence … …**(Appendix 11 A & B)**

1.4 Feedback system

1.4.1 Mechanism is in place for obtaining structured feedback on the curriculum – semester wise from various stakeholder. Structured feedback is obtained from

1. Students
2. Teachers
3. Employers
4. Alumni
5. Practice teaching schools/**TEI**

Response:

Only two from above Students and Practice teaching schools

1.4.2 Feedback collected from stakeholders is processed and action is taken; feedback process adopted by the institution comprises the following

Response:

Criterion 2 – Teaching-learning and Evaluation

2.1 Student Enrollment and Profile

2.1.1 Average Enrollment percentage of students during the last five years.

Response:

Year	2016-18	2017-19	2018-2020	2019-2021	2020-2022	Total
No. of students enrolled of BPEd.	72	88	100	100	100	460
Percentage per year	72%	88%	100%	100%	100%	
∑ of Percentage	15	18	20	20	20	
No. of students enrolled of MPEd.	25	25	25	25	25	125
Percentage per year	100%	100%	100%	100%	100%	
∑ of Percentage	20	20	20	20	20	

NCTE ORDER , UNIVERSITY INTAK CAPA. LETTER, CET LIST (Appendix 12 A, B & C) (Enrolment)

2.1.2 Percentage of seats filled against reserved categories (SC, ST, OBC) as per applicable reservation policy during the last five years.

Response:

2.1.2.1 Number of students enrolled form the reserved categories during last five years.

Year	2016-18	2017-19	2018-2020	2019-2021	2020-2022	Total
Number of students enrolled from reserved categories	45	45	50	40	49	229
Seats earmarked for reserved categories	50%	50%	50%	50%	50%	50%
Percentage year wise	90%	90%	100%	80%	100%	
∑ of Percentage	18%	18%	10%	17%	19%	

Govt. copy of reserved category, 2020-21 student admitted list, 2016-17 /2017-18, 2018-19 admission list category wise list – SC, ST & OBC

(Govt. Circular) … …(Appendix 13)

2.1.3 Percentage of students enrolled from EWS and Divyangjan categories during last five years.

(Enrolment and Profile) … …(Appendix 14)

2.2 Honoring Student Diversity

2.2.1 Assessment process is in place at entry level to identify different learning needs of students and their level of readiness to undergo professional education programme and also the academic support provided to students.

Response:

The entry level assessment process developed by institution is in place to check the physical abilities of the needy admitted learner helps the college to prepare and planned strategies to ensure that each student gets the best opportunities to be successful in achieving the academic goals. Needed to become competent teachers the entry level assessment is important to identify the requirement of the student support activities.

The admission process consists of online theory and offline practical examination conducted by state Government. The theory tests assess students general knowledge and basic aptitude to become Physical Education teacher and physical fitness assess students physical readiness to become P.E. Teacher. The norms and standard of passing this entry level examination is governed by State Government.

The learning need assessment takes place when student enter college. During the induction program the students are made aware about the new environment, a detail information about institutional educational policies, processes, practices and educational and cultural activities. In the beginning the students are divided in to groups and are allotted their Mentor. Student's induction cover a number of different aspects (SAGE).

- Socializing:- *Meeting other new students, understanding social and cultural background of the students as well as economically status of the newly admitted students.*
- Association:- *Visit to various department, various labs and library to form association with the teachers and librarian.*
- Governing:- *The student are made aware about the rules, regulation which are made for their support and helping them in achieving the academic excellence.*
- Experience:- *The newly admitted students are given experience about subject lecture, physical activity, importance of communication and other universal human values.*

The purpose of the induction programme is to enable student to become familiar with physical and intellectual resources of the institute. To enable student to understand and have better relationship with the faculty members to have fruitful teaching learning experience. The Mentor-Mentee system enable students facing problem related to academic, physical & psychological problem through well-structured M-M network.

This intensive entry level process helps the institution in understanding learner and optimize institutions teaching learning process. It helps in

developing learner centric programme and developing professional teachers of higher understanding of Sports and Physical Education field.
(Entry level performance) … …(Appendix 15)

2.2.2 Mechanisms are in place to honour student diversities in terms of learning needs; student diversities are addressed on the basis of the learner profiles identified by the institution through 1. Mentoring / Academic Counselling 2. Peer feedback/Tutoring 3. Remedial Learning Engagement 4. Learning Enhancement /Enrichment inputs 5. Collaborative tasks 6. Assistive Devices and Adaptive Structures (for the differently abled) 7. Multilingual interactions and inputs

Response:
(Mentoring Document) … …(Appendix 16)

2.2.3 There are institutional provisions for catering to differential student needs; appropriate learning exposures are provided to students

Response:
(Students needs document) … …(Appendix 17)

2.2.4 Student-Mentor ratio for the last completed academic year

Response:

2.2.4.1 Number of Mentor in the Institution
(Students Mentor Ratio Data List)

2.3 Teaching learning process

2.3.1 Multiple mode approach to teaching learning is adopted by teachers which includes experiential learning, participative learning, problem solving methodologies, brain storming, focused group discussion, online mode, etc. for enhancing student learning

Response:

The college ensures the use of student centered method and adopt various teaching and assessment strategies for better teaching learning approach, enabling overall development of the students. The following activities are been regularly conducted by the college to make the learning activities more student centric.

- **Experiential learning:**
  The teaching learning process at the institution is focus on experiential learning. The various courses / subjects that learnt by the students are then practically applied in controlled setting during Physical Education lesson and ground activities. The college organizes field trips & visits to well-known and outstanding educational institutions, modernized & well equipped sports facilities, sports stadium to get experience and during the visit the students held interaction with the authorities of the institution so has to understand and to get latest information about the tools equipment's and their applicability. The above mentioned events organize by the college helps in experiential learning, understanding and implement skills, knowledge in real life situation. The organization of intramural by the students

guided by faculties builds organizational skills & managerial skills in students. The theory course of management in sports and physical education provide theoretical understanding about organization and management of the events. The organization of fitness, skill & physiological testing provide ample opportunity for students to bridge the gap between theory and actual practice. There are lots of problem solving projects such as statistics, measurement and evaluation, sports injuries & biomechanics given to the students. They deal with this problem solving projects and provide solutions. The internship programme exposed them to work in real life situation and provides an opportunity to use the various learnt skills in to practice.

- Participatory learning:
  The college is utilizing participatory learning so that students can effectively associate with the learning cycle. In this learning various strategies like group discussion, assignment and projects are given to students so that they can improve the quality such as communication skills, co-operative learning and leadership qualities. The organization of cultural activities, National days, National sports day, Sanvidhan din, Prerana din, Marathi Rajbhasha din provides an opportunity to the students to show their talent and inbuilt qualities. The cleanliness campaign, sports for blinds, elderly people and tree plantation inculcate the quality of social responsibility among the students

- Collaborative learning:
  Most of the activities are collaborative wherein, students learn and co-create. Each students has his own unique way of learning ideas, doing activities and skill application. The group projects, internship groups and activities make them work in collaboration and share the learning experiences. Working in a small group makes student learnt more effectively with creative ideas.

- Online mode:
  The pandemic situation has been demanding both teacher and students with new online mode of teaching. Initially this mode was difficult to utilize as not all the teachers are familiar with the technology but at the time passes both teacher and students have been well versed with the online mode of the teaching learning and are using different online mode effectively to transfer to the students.

The college and staff have been in to implementing learner centered, innovative strategies to enhance teaching learning process

(Modes of Teaching learning) … …(Appendix 18)

2.3.2 Percentage of teachers integrating ICT (excluding use of PPT) for effective teaching with Learning Management System (LMS), Swayam Prabha, e-Learning Resources and others during the last five years

Response:

Year	2016-17	2017-18	2018-19	2019-20	2020-21
LMS	NIL	NIL	NIL	NIL	NIL

(Data templet)

2.3.3 Students are encouraged to use ICT support (mobile-based learning, online material, podcast, virtual laboratories, learning apps etc.) for their learning including on field practice.

Response:

(ICT Learning) … … (Appendix 19)

2.3.4 ICT support is used by students in various learning situations such as 1. Understanding theory courses 2. Practice teaching 3. Internship 4. Out of classroom activities 5. Biomechanical and Kinesiological activities 6. Field sports

Response:

(Mechanical Analysis) (Lesson Plan) (Lesson plan Relevant Docs)
… …(Appendix 20 A, B & C)

2.3.5 Continual mentoring is provided by teachers for developing professional attributes in students

Response:

The college has well planned and continual monitoring system to reduce stress of the students and for developing professional attributes.

- Mentoring and guidance of optional subject and Physical Education subject lesson- the students of B. P. Ed. Admitted in first year are divided in to groups with faculty as a mentor. These students have one to one communication with the concern faculty member. They seek the guidance pertaining to physical education lesson as well as school subjects. The concern faculty member discuss the issue raised by the mentee and accordingly solved the issues. The mentor-mentee is ratio is to approximately 1:15/17

- Mentor for Research:
  Master degree students are divided among the faculty member for research guidance, paper presentation & poster presentation. The informal meetings are held regarding the guidance of research topics selected by the students for their dissertation work. As and when there is conference, seminar & workshops. The students are instructed to participate and necessary guidance for paper as well as poster presentation are provided to them. The mentor-mentee is ratio is to approximately 1:3

- Mentoring for organization of Intramural:
  The students gets chance to organize intramural, inter-house competition, athletic meet and other curricular activities throughout the year. The respective faculties as activity Incharge discussed the administrative and procedural part about the organization the above mentioned events/programmes. The necessary inputs are given to the organization group for effective and successful organization of the events. The mentor-mentee is ratio is to approximately 1:15/16

- Students-teacher interaction:
  The mentor mentee system is planned such a way that there is continual interaction between mentors with the allotted mentees. During the interaction the mentor encourages mentees to participate in the event, activities and programme specifically organize for them. Mentor also take care of the week students (both in theory and practical). Such students are given additional guidance for their professional growth and developments. The mentor keep in touch with the parents on – attendance, performance of the test/examination and overall development of their child.

  (Report of Mentoring)
  … …(Appendix 21)

2.3.6 Institution provide exposure to students about recent developments in the field of education through 1. Special lectures by experts. 2 'Book reading' & discussion on it 3. Discussion on recent policies & regulations. 4. Teacher presented seminars for benefit of teachers & students 5. Use of media for various aspects of education 6. Discussions showcasing the linkages of various contexts of education-from local to regional to national to global

Response:

(Letter) … … … … … (Appendix 22)

2.3.7 Teaching learning process nurtures creativity, innovativeness, intellectual and thinking skills, empathy, life skills etc. among students.

Response:

Innovation and creativity in education encourages teacher and students to explore, research and use all the tools to uncover something new it involves a different way of looking at problem and solving them. The thinking process that goes into it will help students developed their creativity and problem-solving skills.

The teaching learning is planned with a view to develop student ability. The innovative teaching practices and strategies develop intellectual and thinking skill in students. The teaching learning process in the college is beyond the four walls wherein students are exposed to learn much by going into real life situation and applying the knowledge they have learned. By engaging in various projects by college students improves various life skills such as communication, interpersonal relationship, critical thinking, leadership & decision making etc. The innovative technique used in internal assessment process nurture creativity and innovation of the students. The social awareness activities conducted by the college such as health, fitness, cleanliness campaign, tree plantation, yoga classes, Sanitation, competition for blinds elderly people improves the social responsibility among the students. During the practice teaching lessons of physical education and school lessons and their creativity and innovativeness can be seen in preparing the modified, attractive and technology-based lesson plans, teaching aid. During organization of intramural, inter house competition, athletic meet and other curricular activities developed quality such as leadership, creativity, innovative, and decision making etc. Camp is such another event which helps students to develop their creativity, innovativeness, and thinking skills by way of engaging various plays, scenes, human model, soil model etc. The college encourages student and see that the various activities, events and programme are organize in such a way that they these activity nurtures creativity, innovativeness, intellectual and thinking skills, empathy, life skills etc. among students.

(Jallosh Kabaddicha) (Patriotic song) …(Appendix 23 A & B)

2.4 Competency and Skill Development

2.4.1 Institution provides opportunities for developing competencies and skills in different functional areas through specially designed activities / experiences that include

1. Organizing Learning (lesson plan)
2. Developing Teaching Competencies

3. Assessment of Learning
4. Technology Use and Integration
5. Organizing Field Visit
6. Conduction Outreach / Out of Classroom Activities
7. Community Engagement
8. Facilitation Inclusive Education
9. Preparing Individualized Educational Plan (IEP)

Response:

(Data Templet) (Competencies & Skills) (Micro Teaching Doc.)
…(Appendix 24 A & B)

2.4.2 Students go through a set of activities as preparatory to school-based practice teaching and internship. Pre practice teaching / internship orientation / training encompasses certain significant skills and competences such as1. Formulating learning objectives 2. Content mapping 3. Lesson planning / individualized education plans (IEP) 4. Identifying. Varied student abilities 5. Dealing with student diversity in classrooms 6. Visualizing differential learning activities according to students needs 7. Addressing inclusiveness 8. Assessing student learning 9. Mobilizing relevant and varied learning resources 10. Evolving ICT best learning situations 11. Exposure to braille/ Indian languages /community engagement

Response:

(Significant skills Doc.) Data templet …(Appendix 25)

2.4.3 Competency of effective communication is developed in students through several activities such as

1. Workshop sessions for effective communication
2. Simulated sessions for practicing communication in different situations
3. Participating in institutional activities as 'anchor' , 'discussant' or 'rapporteur'
4. Classroom teaching learning situations along with teacher and peer feedback

Response:

(Sessions of Workshop) data templet …(Appendix 26)

2.4.4 Students are enabled to evolve the following tools tools of assessment for learning suited to the kinds of learning engagement provided to learners, and to analyse as well as interpret responses

1 Teacher made written tests essentially based on subject content
2 Observation modes for individual and group activities
3 Performance tests
4 Oral assessment
5 Rating Scales

Response:

(Data Templet) Document evidences …(Appendix 27)

2.4.5 Adequate skills are developed in students for effective use of ICT for teaching learning process in respect of 1. Preparation of lesson plans 2. Developing assessment tools for both online and offline learning 3. Effective use of social media/learning apps/adaptive devices for learning 4. Identifying and selecting/developing online learning resources 5. Evolving learning sequences (learning activities) for online as well as face to face situations

Response:

(Data Templet)
(Document evidences)
(Adv. Coaching Plan) …(Appendix 28)

2.4.6 Students develop competence to organize academic, cultural, sports and community related events through

1. Planning and scheduling academic, cultural and sports events in school
2. Planning and execution of community related events
3. Building teams and helping them to participate
4. Involvement in preparatory arrangements
5. Executing / conducting the event

Response:

(Data templet)
(Data Temp@Intramural)
(Document) …(Appendix 29)

2.4.7 A variety of assignments given and assessed for theory courses through

1. Library work
2. Field exploration
3. Hands-on activity
4. Preparation of term paper
5. Identifying and using the different sources for study

Response:

(Assessment Technique) Data templet …(Appendix 30)

2.4.8 Internship programme is systematically planned with necessary preparedness.

Response:

Education is a noble profession, through this profession teacher can give shape to his country & the world as well. Teachers are not born but they can be made by teacher education. Teacher education is divided into pre-service teacher education programme and in-service teacher education programme. Internship is an important component of pre-service teacher education programme to provide field experience to the trainees. The college provides experiences of

practice teaching an opportunity to participate in activities of the school like a regular teacher. College has planned this program by considering it's important to shape the trainees into an effective teacher of tomorrow. To maintain the quality of teacher education the college has made mandatory to the learner to participate in practice teaching and internship for at least 15 days in Secondary and Higher Secondary schools. All related records pertaining to the practice teaching and internship program are maintained and certified by the Principal /Head of the Institution.

Systematic control over of internship: -
The learner should maintain following record

- A file containing notes of lesson given and criticism made therein.
- Observation Notebook of Practice teaching lessons observed in school
- Practice teaching Records of Micro teaching, Simulation lesson, Demonstration lesson, Unit allotment, Timetable, Distribution of Supervision, Evaluation Sheets and Cumulative Records are maintained by the institution/Department.

It is compulsory to the learner to remain present in the practice teaching schools throughout the session of the day and apart from his/her own lessons he/she should be given exposure by giving assignments from time to time to the other aspects of academic and administrative areas of the school functioning such as preparing time table, yearly/monthly/weekly/daily planning, attendance, fees, dead stocks registers, meetings, progress cards, maintenance of infrastructure and facilities, tie-up activities, interclass competitions, interactions and feedback from the teachers, students, and other stakeholders of schools, resource management, governance and other programmes /activities related to school functioning.

During practice teaching and internship, the learner should conduct at least 15 practice teaching lessons (including simulation lessons and school lessons) and he/she will be evaluated for marks out of 100, out of which 10% weightage of marks should be given to other relevant aspects of internship (as mentioned above) except actual practice teaching.

List of the Practice teaching school Permission letter Documents
…(Appendix 31 A, B & C)

2.4.9 Average number of students attached to each school for internship during the last completed academic year.

Response:

Number of final year students attached to various school for internship during the last academic year is 95

2.4.9.1 Number of final year students during the last completed academic year.
2.4.9.2 Number of schools selected for internship during the last completed academic year.

Data Templet Data Templet
Data Templet Data Templet Data Templet

2.4.10 Nature of internee engagement during internship consists of

1. Classroom teaching
2. Mentoring
3. Time-table preparation
4. Student counseling
5. PTA meetings
6. Assessment of student learning – home assignments & tests
7. Organizing academic and cultural events
8. Maintaining documents
9. Administrative responsibilities – experience / exposure
10. Preparation of progress reports

Data Templet Document Document …**(Appendix 32 A, & B)**

Response:

1. **Classroom teaching**: - It is mandatory to the internee to conduct 15 Classroom teaching lesson and at least 15 days internship in Secondary schools.

2. **Mentoring**: - Prior to Classroom teaching mentoring periods are allotted in timetables. Accordingly, all teacher guides students for classroom teaching and internship in secondary schools.

3. **Time-table preparation**: - At the beginning of the course in-charge teacher makes groups of mentor and mentee. Group leaders of mentee group prepares timetable of Classroom teaching and internship in Secondary schools especially by considering Teaching method.

4. **Student counselling**- College Teachers work as counsellors to help students mediate conflicts with their peer. College teachers also provides short-term counselling services to students during college hours.

5. **PTA meetings**: - Schedule of PTA meetings are provided by the college in monthly timetable accordingly PTA meetings are conducted.

6. **Assessment of student learning** – Since our course is bifocal, it has two part one is classroom teaching and other one is field activity teaching. Assessment of both have equal weightage. Assessment of academic subject are done on lesson , preparation, presentation use of audio visual aids , knowledge of the subject matter black board writing students response questioning, correction and method of evaluation, classroom manners and class control. Physical education lesson are evaluated by lesson preparation uniform and command, ground marking use of equipment's, teacher demonstration analysis of teaching skill detention of mistakes , correction and practice, organization of minor games / lead of games students response and its total effect.

7. **Organizing Academic and Cultural Events**: - marks are allotted to organizing and participating in Cultural activity like Folk Dance, Lezium, Zanz, Suraynamskara, Yogic Practices in syllabus. Accordingly Inter house

competition of culture activity are organised and technique of demonstration of cultural activities are taught to the students.

8. **Maintaining Documents**: - A file containing notes of lesson given and criticism made therein. Observation Notebook of Practice teaching lessons observed in school Practice teaching Records of Micro teaching, Simulation lesson, Demonstration lesson, Unit allotment, Time Table, Distribution of Supervision, Evaluation Sheets and Cumulative Records are maintain by the institution/Department.

9. **Administrative Responsibilities**- College has planned internee engagement program by considering it's important to shape the trainees into an effective teacher of tomorrow. To maintain the quality of teacher education the college has made mandatory to the learner to participate in practice teaching and internship for at least 15 days in Secondary and Higher Secondary schools. All related records pertaining to the practice teaching and internship program are maintained and certified by the Principal /Head of the Institution.

10. Preparation of progress reports: - Not Applicable.

2.4.11 Institution adopts effective monitoring mechanisms during internship programme.

Response:

During internship the college tries to adopt an effective monitoring system. Due to the time limit and the workload though it is not possible to involve all the faculties in internship therefore the teachers are rotationally given duties for regular monitoring of the trainees.

The lessons were observed based on the criteria and the components set by the college. The mechanism is also enforced to monitor the behavior and conduct of the trainees during their practice teaching activities. As an when required the coordinator or the monitor provides necessary guidance and make changes accordingly with the permission of the school authority as well as the college. Indirect monitoring, he is also enforcing wherein video recording is made and the same is projected to all the students and feedback were given, after the feedback be necessary corrections are made with the help of guiding teachers and are incorporated in the next lessons. The feedback is also obtained from the respective schools to enhance the student's ability in the teaching methodology as well as the overall performance in practice teaching.

Data sheet …(Appendix 32 C)

2.4.12 Performance of students during internship is assessed by the institution in terms of observations of different persons such as.

1. Self
2. Peers (fellow interns)
3. Teachers / School* Principal
4. B.P.Ed. students / School* students

Response:

(Lesson Plan) Evaluation sheet …(Appendix 33 A & B)

2.4.13 Comprehensive appraisal of interns performance is in place. The criteria used for assessment include

1. Effectiveness in classroom teaching
2. Competency acquired in evaluation process in schools
3. Involvement in various activities of schools
4. Regularity, initiative and commitment
5. Extent of job readiness

Response: …(Appendix 34 A, B & C)
(Evidence) Evaluation sheet Evaluation sheet

2.5 Teacher Profile and Quality

2.5.1 Percentage of fulltime teachers against sanctioned posts during the last five years

Response: 90.91

(feedback is to be uploaded) …(Appendix 35)

2.5.2 Percentage of fulltime teachers with Ph. D. degree during the last five years

(Full time teacher) …(Appendix 36)

2.5.2.1 Number of fulltime teachers in the institution with Ph. D. degree during the last five years

Response: 90%

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of teachers with Ph. D.	07	09	09	09	09	09
Number of full time teachers during last 05 years	09	09	09	09	09	09

2.5.3 Average teaching experience of full-time teachers for the last completed academic year.

Response:
(Staff Appointment letter) …(Appendix 37)

2.5.3.1 Total number of years of teaching experience of full-time teachers for the last completed academic year

Response: 23

Total number of year of teaching experience of full time teacher for last completed academic year	207

(Staff Appointment letter)

2.5.4 Teachers put-forth efforts to keep themselves updated professionally through.

- In house discussion on current developments and issues in education
- sharing information with colleagues and with other institutions on policies and regulations

Response:

The faculty has time and again completed the mandatory orientation and refresher courses. Other than the mandatory courses the faculty is keen on updating their content knowledge about teaching subjects and practical courses through various courses, workshops and seminars. The pandemic situation has allowed the faculty to upgrade their knowledge through online courses and upskill their technological skills.

1. **In-house discussions:**
   The college organizes regular in-house upgradation programs. IQAC conducts Faculty Development Programs on a regular basis with the help of in-house faculty & few outside experts. We ensure that we include field related topics and other essential topics from allied areas in the discussions and activities. Topics such as Google classroom, constructivism, from teaching to learning, Innovative teaching methods, teaching styles, research & academic writing, National Education Policy, new NAAC process, Authentic assessment, classroom assessment techniques, Audio-culture etc were discussed with experts from outside and in-house faculty.

2. **Sharing of information with colleagues & other institutions:**

   The college ensures organizing academic events each year for professional development. Seminars, workshops, conferences, training programs and FDPs are routines organized and attended by the college teachers. Teachers participate in the orientation & refresher courses, FDPs, webinars, short-term courses. The faculty members also participate in national, international academic conferences etc. as resource persons, keynote/lead speakers/delegates & present their research work and also promote master's & research scholars to attend. The teachers go to various states and countries to attend these programs. Master's degree students are taken on an academic tour to various places to attend these PD events. College has conducted several online & offline programs singly or in academic partnership with other renowned institutions. Every staff member participates on average at least once every year. The faculty members have participated in approximately more than 23 such professional development events. The college has organized national, State level conferences, workshops, webinars during the pandemic.

   The college encourages organization & participation by providing facilities, sometimes registration charges, travel expenses etc. The presentations, participation, organization is appreciated in the faculty meetings, giving more inspiration to the members.

   The institution ensures that the student teachers develop proficiency for working with children from diverse background and exceptionalities through the teaching of individual differences, inclusive education, equality of educational opportunities, removal of gender disparities from theoretical standpoint of the curriculum transaction. And through the organization of Group Activity for

personality development through group discussions and mock interviews, conduction of school internship, organization of community outreach activity, participation in the seminar – cum – workshop on micro –teaching skills, pedagogical analysis, lesson planning etc. envisioned in the B. Ed. curriculum from practicum standpoint. The institution ensures the access to the information on organizational performance (Academic and Administrative) to the stakeholders in the following ways. Through the Information Board and Notice Board of the institution. From the members of the managing committee, Teaching and Non-teaching staff of the institution, Personal meet with the principal of the institution, Through the participation in the academic and cultural programs of the institution, From the website of the institution which is functioning in up-to-date form. The teacher educators collect more information from websites to find useful teaching ideas, or more academic articles. They consult magazines & journals in the college library. This is the way the teachers get enriched. Exploring our own classroom practice is yet another innovation that is under experimentation.

Brochure List of Participants …(Appendix 38 A & B)

2.6 Evaluation Process

2.6.1 Continuous Internal Evaluation (CIE) of student learning is in place in the institution

Response:

The college strictly follows the university guidelines for the continuous Internal Evaluation (CIE). The college has appointed the in-charges separately for theory and practical internal as well as University examination. In tune with the reforms made by the Parent University. the internal evaluation system of the college is revised from time to time and is communicated to the students.

The respective in-charges prepares the internal examination timetable and presents it in the Planning meeting for finalization & information to all. The college strictly follows the calendar and for any unwarranted situations, changes are made & conveyed to all. The procedure providing details of the evaluation process is discussed and shared with the students.

For B.P.Ed theory courses, the college conducts a minimum of two tests per semester. This year (Online Teaching) the concerned staff has increased the number of internal assessments. Following Assessment techniques were used for

Internal assessment: Project, Presentations, Online MCQ test, oral test Group Discussions etc. In addition to internal assessments the college organizes different seminars, workshops and conferences, testing programs to monitor student learning.

For M.P.Ed courses, the college conducts a minimum of four internal tests. Following Assessment techniques were used: Written test, Project, assignments Presentations, Online MCQ Exam, Group Discussions etc.

The question bank is given to the students by concerned faculty. The internal examination schedule and questions are displayed to students minimum 15 days in advance. The results of internal evaluation are displayed one week after the examination. In case of any discrepancy students follow the SOPs - contact exam

department, convey discrepancy, review by teacher and exam department, changes are made if necessary.

For Practical courses continuous assessment is done by the teachers. The final assessment of all students is done by 2 staff members. The marks are displayed after one week after the evaluation. In case of any discrepancy students follow the SOPs - contact exam department, convey discrepancy, review by practical in charge and exam department, in case discrepancy is found - changes are made and displayed to students.

The faculty take into consideration the CLOs while designing the assessments. The students' progression is monitored by the concerned faculty employing tools like open book tests, oral exams, presentations, report writing, take home tests, etc. The Incharge, principal and the respective course teachers monitor student achievement and progress. In case of low performance of the students, they are guided for remedial teaching. Thus, monitoring progress of the student and providing ample opportunities for improvement. The transparency and effectiveness of CIE is monitored by the College Examination Committee throughout the year. Any discrepancies or issues in assessment are thoroughly checked and corrected and suggestions for future assessment are given by the committee. The suggestions are positively implemented for further assessments.

(Online Theory TT) Brochure of Evaluation … … **(Appendix 39 A & B)**

2.6.2 Mechanism of internal evaluation is transparent and robust and time bound; institution adopts the following in internal evaluation

1. Display of internal assessment marks before the term and examination
2. Timely feedback on individual/group but performance
3. Provision of improvement opportunities
4. Access to tutorial /remedial support
5. Provision of answering bilingually

Response:

Syllabus_BPEd Syllabus_MPEd
Remidial Copy Academic calendar …**(Appendix 40 A, B & C)**

2.6.3 Mechanism for grievance redressal related to examination is operationally effective

Response:

The theory examinations for the academic programs are governed by the university Ordinances. The principal, with the assistance of the Incharge conducts the examinations. According to the rules of Parent University, Principal takes decision of grievances of the students on evaluation if any. The following mechanism is followed for Grievance Redressal in Evaluation:

Grievances related to university examination:

Any Grievances related to students' attendance in the examination, the college promptly sends the attendance sheet to assist in locating marks to the University for correcting discrepancies. The grievances related to problems in submission of online examination forms and queries related to mistakes in hall tickets and mark sheets regarding name, course name, programme name is resolved promptly by communicating with university.

Grievances related to the question paper are reported to the university by the Incharge and the decision of the university is conveyed to the student immediately. For grievances regarding marks of theory paper, the college collects complaints from students in prescribed form and forwards it to University. The student gets a photocopy of the answer-sheet of the concerned paper. After studying answer sheets, students can apply for verification and revaluation of answer sheets. The college forwards such applications to university. The result of revaluation is given by the university within 30 days of the application.

Grievances related to internal examination:

The Assessment of internal examination which includes theory and practical are conducted at the college level. The grievances are sorted out by the Incharge as per the rules of college policy. All internal examinations are conducted adhering to the norms of Mumbai University. The grievances related to similar topics are resolved as:

1. Students must approach to the in charge.
2. The Incharge will consult with the respective teacher.
3. After taking an opinion from the teacher the student will be informed accordingly.
4. The process is completely transparent, and time bound.
5. The respective teacher deals with the mistakes or discrepancies if any and then makes corrections and conveys it to the student. Any corrections in the total of marks or assessment of answer books as identified by students are immediately done by the faculty members.
6. In case the grievance is not resolved he is suggested to approach the principal for further resolution. The principal consults with the in-charge and concerned teacher and resolves the grievance.
7. The practical assessment is seen by in charge who looks after the internal assessment of the practical courses and sessions. Each assessment is done by 2 teachers. Issues regarding attendance are conveyed to the students and teachers before the examinations.
8. In case of grievance in practical assessment the student follows the similar procedure as that of theory internal assessment. The student contacts the practical Incharge who sees to the grievance redressal.

The college has prepared a policy regarding evaluation & is shared with students. SOPs to be followed, grievance redressal procedure is given and explained in the policy.

Code of Conduct Grievance Redressal Policy …(Appendix 41 A & B)

2.6.4 The Institution adheres to academic calendar for the conduct of Internal Evaluation

Response:

The academic calendar is prepared at the beginning of the year and discussed in the faculty meeting. The principal organizes a meeting in July to finalize academic, co-curricular and extra-curricular activities in the academic year. The Incharge of the practical and theory prepares their own plan accordingly

and is discussed in this meeting. A General Year Plan is prepared and approved by the faculty. Information regarding the date of opening of the academic year, examinations, holidays/breaks, intramurals, cultural programs, camp, sporting events, conferences, workshops, etc. is discussed. Each department resents his plan which is discussed and finalized. The total days with time for teaching subjects and ground practical's are finalized during the faculty meeting. The academic calendar is planned in such a way that students have ample time for learning and exam preparation. The academic calendar considers preparation leave of minimum 2 weeks prior to external examination. No major event or program is planned prior to any examination – internal or external. The college tries to stick to the academic calendar and makes changes only if necessary. The changes in dates are discussed and finalized in the faculty meeting. The changes are updated on notice boards and conveyed to the students. The faculty also prepares teaching plans considering the academic calendar. Timely review of the plan is also taken, and necessary changes made.

Internal evaluation dates are discussed and finalized. One faculty member is given responsibility for internal evaluation of academic subjects and another for practical. Academic subject's evaluation is done minimum twice in a given semester; the dates of evaluation are announced 15 days earlier. Practical evaluation is done after the completion of stipulated time for ground practical. Before the evaluation the student's attendance is considered and defaulters are not allowed to appear for examination. Ground practical activity is evaluated by two faculty members and academic subject is evaluated by concerned subject faculty members. Students failing in academic subjects are allowed to reappear for the exam once again. Students, who could not attend the examination for some reason, are allowed to reappear for the exam after considering their reason for absence. The college tries to conduct examinations according to the planning done. No changes are made in the schedule unless unforeseen circumstances arise.

Academic Calendar …(Appendix 42)

2.7 Student Performance and Learning Outcomes

2.7.1 The teaching learning process of the institution are aligned with the stated PLOs and CLOs.

Response:

Program outcomes, program specific outcomes and course outcomes for all programs offered by the Institution are stated and displayed on the college website and communicated to staff and students. The college has stated graduate attributes and learning objectives. To attain these attributes Programme outcomes (POs), Programme specific outcomes (PSOs) for all academic programmes are stated by the Institute as per guidelines of NAAC. The POs are aligned to the learning objectives. The teaching learning process is conducted taking the PLO's and CLO's into account. Every course teacher discusses the expected CO with students in the first session plan at the beginning of each semester. COs are a mandatory part of the course file prepared by the course teacher. The teaching plan prepared by the teachers is based on the PLOs and CLOs.

The concepts related to Physically Educated person are conveyed to the students during theory as well as practical classes. The concepts are regularly repeated by the staff and the students. Through this the students know the concepts and also know when to use them. The staff creates opportunities for students in such a way that they achieve effective communication skills, knowledge, and other necessary skills for becoming a better teacher. The staff considers that the students are from different backgrounds and are unique and the Teaching - Learning process is organized accordingly. Various other activities are organized in such a way that student's creativity and critical thinking is developed. The staff focuses and sees that students develop the attitude and values necessary to the teaching profession.

Each course is designed and implemented in such a way that cognitive domain, affective domain and psychomotor skills are developed. The college organizes different activities like lectures and talks of eminent personalities, workshops to provide practical information and experiences about different related subjects. The courses and teaching practice of theory and practical aspects help in acquiring knowledge, necessary communication and pedagogical skills and strategies to enhance student engagement & learning. During the teaching practice and internship program students understand the disciplinary content knowledge and ways to apply content knowledge to teaching Physical Education.

The students are encouraged to use appropriate technology to enhance teaching and learning and enhance personal and professional productivity. Various activities and events like Technology Based Teaching, Projects, assignments related to technology develop their technological skills. Every faculty member uses classroom and appropriate technology, and students are encouraged to use different online survey tools for their research. They use different presentation tools, SPSS software for data analysis, use different testing tools like pedometer, heart rate monitor, skin fold calliper etc. for assessment of fitness. Various events like intramurals, Athletic meet, curricular / co-curricular etc. are organized to foster relationships with colleagues, community and associated agencies. All the PLO's are correlated with CLO's and are important for overall development of the students.

Lesson Plan Lesson Plan …(Appendix 43 A & B)

2.7.2 Average pass percentage of students during the last five years

Response:
(Grade list) results …(Appendix 44 A & B)

2.7.2.1 Total number of students who passed in the university examinations during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of students passed	93	115	122	122	119	571
Total Number of final year students appeared	93	115	122	122	119	571

2.7.3 The progressive performance of students and attainment of professional and personal attributes in line with the PLOs and CLOs is monitored and used for further improvements.

Response:

The college in the last 43 years has tried to created its unique 'BPCA' brand within the jurisdiction not only in the Mumbai but also in the State. The college focuses more on the pedagogical aspects, and it is seen that they achieve minimum skills before attending school lessons. The concerned method teacher confirms that the student teacher is ready and has necessary skills and traits for becoming good teachers before sending them for practicing schools.

The staff also sees that the syllabus is 100% completed. The college arranges different lectures, talks, sessions by experts to see that the learner achieve necessary skills to become a competent teacher. The students are assessed through various Formative and Summative assessment tools. The staff sees that the students achieve the needed skills and attributes along with the content knowledge of the subject. Based on the performance of the student in the Formative and Summative assessment each student is assessed and their performance is also analysed. Along with this analysis the students are also guided in their mentoring group. The students are told about the weaknesses and their strengths. The students who have not achieved the required skills, knowledge and traits are guided for remedial programs. The remedial program develops and creates a favourable environment to achieve necessary traits. The students with Socio-academic background have gained much through the remedial program. The students who have been identified as slow learners or needy students (on the basis of formative evaluation and teacher's observation) are given extra opportunities for assessment. The remedial program coordinator analyses students' performance on the basis of formative assessment and prepares plans for remedial classes. Remedial program is implemented with the help of some high achieving students and faculty members. Buddy students are attached with needy students and necessary skills are developed. The needy students are assessed through different assessment techniques. More opportunities as well as different assessment tools considering the types of learners is undertaken.

Marksheets …(Appendix 45)

2.7.4 Performance of outgoing students in internal assessment.

Response:

Performance Performance
Performance Performance …(Appendix 46 A & B)

2.7.5 Performance of students on various assessment tasks reflects how far their initially identified learning needs are catered to.

Response:

During the induction program and through the interactions with the students during lectures the teacher identifies the learning needs of the students. Student observation is done by the teacher based on their performance in theory and practical sessions. The formative assessment done in class also is helpful to identify their learning needs. Through further formative and summative assessments, the student is assessed in various tasks both theory and practical. The concerned method teacher/mentor observes the student during the practice lessons on peer groups in the college as well as during practical sessions & identify the students on the basis of their achievement & program. The needy students who require more effort and skills to develop are given more opportunities as well as special efforts are taken by conducting lessons on smaller groups and peers. More teaching practice is given to these students. The needy students are supplied with lesson notes, guidance on teaching aids and also minor skills are developed. Students lacking in writing skills or presenting skills are given more opportunities and assessed using other methods. Low achieving students better at certain skills are allowed to use those for presentation in the assessments. Group projects or activities are designed & promoted so that all the students can contribute to the task. This enables them to achieve the learning outcomes based on their own abilities.

Evaluation Policy - Please see the Appendix 39 B

2.8 Student Satisfaction Survey

2.8.1 Online student satisfaction survey regarding teaching learning process.

Response:

(Data Templet)

Criterion 3 – Research and Outreach Activities

3.1 Resource Mobilization for Research

3.1.1 Average number of research projects funded by the government and/or non-government agencies during the last five years

Response:

(Data Templet)

3.1.1.1 Number of research projects funded by the government and non-government agencies during the last five years

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Total no. of funded research projects	06	00	00	00	00	06

(Research project letters)

3.1.2 Average grants receive for research projects from government and /or non-government agencies during the last 5 years (INR in Lakhs)

Response: 38,000/-
Research …(Appendix 47)

3.1.2.1 Total grants received for projects from government and/non- government agencies during the last 5 years (INR in lacks)

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
No. of Projects	06	00	00	00	00	06
Total Grants received	190000.00	00	00	00	00	1,90,000.00

3.1.3 In-house support is provided by the institution to teachers for research purposes during the last 5 years in the form of: 1. seed money for doctoral studies/research projects. 2. Granting study leave for research field work. 3. undertaking apprises of institutional functioning and documentation. 4. Facilitating research by providing organizational supports. 5. organizing research circle/internal seminar /interactive session on research.

Response:

(Data Templet) Research Policy …(Appendix 48)

3.1.4 institution has created an ecosystem for innovations and other initiatives for creation and transfer of knowledge that include

1. Participative efforts (brain storming, think thanks, etc.) to identify possible and needed innovations
2. Encouragement to novel ideas
3. Official approval and support for innovative try-outs
4. Material and procedural sports.

Response:

(Jallosh Kabaddicha) … … please see the Appendix 23 A

3.2 Research Publications

3.2.1 Average number of research papers / articles per teacher published in Journals notified on UGC website during the last five years

Response:

(Data Templet)

3.2.1.1 Number of research paper / articles per teacher published in Journals notified on UGC website during the last five years.

Response: 4.7%

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
No. of research papers/articles published	20	18	10	05	00	43

(Fitness Index) …(Appendix 49)

3.2.2 Average number of books and / or chapters in edited books published and papers in National / International conference-proceedings per teacher during the last five years

Response:

(Book Published Doc.) …(Appendix 50)

3.2.2.1 Total number of books and / or chapters in edited books, papers in National / International conference-proceedings published during the last five years.

Response: 2.88%

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of books and / or chapters in edited books, papers in National / International Conference proceedings published	09	17	00	00	00	**26**

3.3 Outreach Activities

3.3.1 Average number of outreach activities organized by the institution during the last five years.

Response:

(Outreach activity) …(Appendix 51)

3.3.1.1 Total number of outreach activities organized by the institution during the last five years.

Response: 4.2%

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of Outreach activities	00	07	07	07	00	**21**

(Data Templet)

3.3.2 Percentage of students participating in outreach activities organised by institution during the last five years

Response: 636.1%

3.3.2.1 Number of students participating in outreach activities organised by institution during the last five years

Response:

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of students participating in outreach activities	00	1159	1211	1211	00	

3.3.3 Percentage of students participation in national priority programmes such as Swachh Bharat, AIDs awareness, Gender sensitivity, Yoga, Digital India, National Water Mission during the last five years

Response:

(National Priority program) …(Appendix 52)

3.3.3.1 Number of students participated in activities organised as part of national priority programmes during the last five years

Response:

(Data Templet)

3.3.4 Outreach activities in the community in terms of influencing and sensitizing students to social issues and contribute to community development.

Response:

BPCA CPE supports the training and gymnastic coaching centre run for the students from the community at the college campus. Our alumni run the centres to coach and guide the trainees with no loss no profit base. The Gymnastic centre is a collaborative approach of the institution with **Ajay Gym Club** with modern sophisticated equipment's coach the outstanding Gymnast to progress at higher level.

The student council & teachers organize social initiatives; they take responsibility for planning & executing the programs effectively. For sensitizing student's tom social issues, the students are made to participate in SUCHHA BHARAT ABHIYAN, CLEANLINESS CAMPAIGN, Eco. FRIENDLY CAMPUS the college also organizes competitions for blinds, conducts yoga classes for elderly citizens.

The college also supports the nearby schools to conduct their Physical Education and Sports activities on their request. The college happily accepted their request and provides support of Physical Education and Sports activities. Every day one current student from college goes to school campus and conducts PE & sports activities as per the request of the school.

PE professionals from schools & colleges faced huge challenges during the COVID-19 lockdown. They approached the college about PE sessions during the pandemic. College faculty conducted an online as well as offline workshop to guide about 'Online PE' for PE teachers, coaches who teach PE programs in schools, colleges, and play centres.

The faculty also conducted online lectures to reach out to various sections of society & and guided them about a healthy & active lifestyle, the importance of PE and Sports for better health and fitness. The college in collaboration with CACPE Pune organized a talk on National Education Policy by Dr. Sanjeev Sonawane, Dean-Inter-Disciplinary, SPPU to provide guidance to PE professionals about the NEP2020.

The Tree Plantation and Plastic Free surrounding program were organized by the college taking environmental aspects into consideration. Through this program, tree plantation was done at campus. A plastic-free surrounding drive was taken during the visit to make the surrounding area plastic-free. The college students, faculty whole-heartedly participated in this drive.

Documents …(Appendix 53)

3.3.5 Number of awards and honours received for outreach activities from government / recognised agency during the last five years.

Response:

(Honours Certificate upload) …(Appendix 54)

3.3.5.1 Total number of awards and honours received for outreach activities from government / recognised agency during the last five years

Response:

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number	00	01	01	00	00	02

(Data Templet)

3.4 Collaboration and linkages

3.4.1 Average number of linkages for Faculty exchange, Student exchange, research etc. during the last five years.

Response: Nil
(To be Prepared and upload)

3.4.1.1 Number of linkages for faculty exchange, student exchange, research etc. during the last five years

Response: Nil

(To be Prepared and upload)

3.4.2 Functional MoUs with institutions of National and/or international importance, other universities, industries, corporate houses etc. during last five years

Response: 02

MOU MOU Gayo …(Appendix 55 A & B)

3.4.2.1 Number of functional MoUs with institutions of National and/or international importance, other universities, industries, corporate houses etc. during last five years

Response:

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of functional MoUs during last five years	--	01	--	01	--	02

3.4.3 Iinstitution has linkages with schools and other educational agencies for both academic and outreach activities and jointly organizes

1. Local community base activities
2. Practice teaching / internship in schools
3. Organizes events of mutual interest -literary, cultural and open discussions on pertinent themes to school education
4. Discern ways to strengthen school based practice through joint discussions and planning
5. Join hands with schools in identifying areas foe innovative practice
6. Rehabilitation Clinics
7. Linkages with general colleges

Response:

(Data Templet)

Criterion 4 – Infrastructure and learning resources

4.1 Physical facilities

4.1.1 The institution has adequate facilities for teaching – learning viz. classrooms laboratories, sports field, fitness centre, equipment, computing facilities, Sports Complex, etc. for the various program offered

Response:

The college has infrastructure and facilities as prescribed by the authorities. The college has a separate building especially for various PE & Sports activities and theory classes. At first floor it has Human Performance Laboratory (HPL) Anatomy Physiology lab and Athletic Care lab, which is equipped with fitness, anthropometric, psychological, physiological, Sports Medicine etc. testing facilities, that are used by research as well as other students for gaining knowledge regarding fitness, anthropometric, psychological, and physiological testing. The Computer Laboratory has 26 computers, a projection system, and an internet facility. The students use the computer laboratory as per timetable for their Technology-based teaching practical and get familiar with technology and uses it during practice teaching lessons, assignments, projects etc. while M.P.Ed students use this facility for research work, advance coaching lessons and projects and assignments purpose.

The administration office is moving towards a paperless office and its functioning is appreciable and efficient considering the available infrastructure and manpower.

The college has a huge lecture hall (100 seating capacity) with LCD projector and AV system which is used for multi-purpose activities and for common programs. The college library has one of the finest collections of books, journals, magazines, etc. It has 4 computers with internet facility which are used by students for research, complete their projects and thesis, assignment etc. Students make extensive use of the library for gaining knowledge and information. The BPED and MPED students also use the computers in the library for completing their assignments or for gathering more information through the internet and available e-resources.

The college has separate rooms for methods classes. There are classrooms as per the NCTE norms and can fit 2 divisions of B.P.Ed. & M.P.Ed. each for First and Second Year, with more that 50 seating capacity. The institution has all the required infrastructure and facilities for the transaction of various Physical Education activities included in the syllabi of B. P. Ed. and M. P. Ed courses. The specification of the infrastructure available is as under:-

- Play ground – 6000 sq. mts.
- Indoor hall-I (Ground floor) – 350 sq. mts.
- Multipurpose hall-II (2nd floor) – 280 sq. mts.
- Multipurpose hall-III (4th floor) 360 sq. mts.
- Gym 66 sq. mts.
- Covered Stadium – 1333 sq. mts.
  (used for conditioning exercises and formal exercises)
- Long Jump Pit – 18 sq. mts.

The **optimum utilization** of the infrastructure of the institution is done as under:

- **Library facilities** are availed by the students (present & past), the faculties as well as outsiders attend every day from 10.30 a.m. to 6.00 p.m. on all working days. This facility is also available during Diwali Vacation, Winter break as well as summer vacation. The library facility is also extended to research scholars of the University of Mumbai as well as S.N.D.T. University for referring research literature.

- The **playground** as well as activity hall of the institution apart from PE activities of the college are extended to various organizations/Associations /Schools/ Colleges for conducting their various sports and games competitions. The infrastructure of the College is mainly utilized for various courses and Research center from 7.30 a.m. to 6.00 p.m., every day excluding Sundays and holidays.

- Moreover, our playground and other facility is also being utilized for conducting regular sports training for school children aged 5 to 15 years from 6.30 p.m. to 8.30 p.m. throughout the year.

- Along with busy schedule of theory lectures, the **classrooms** and lecture halls of the institution are fully utilized by many other organizations/ institutions for conducting seminars, workshops, and meetings for the social and educational purposes.

- **Gym facility** and multipurpose halls are also being utilized for conduction counseling services, and training purpose (Fitness & Yoga) for the community during 6.30 am to 7.30 am and 6.00pm to 8.30 pm.

- Our **sports stadium** is utilized throughout the year during intramural competition and other competitions being organized as per the course of study. This facility is also optimally used for conditioning programmes of the College students during rainy season. It is fully used during National, State, District level competitions in Kabaddi, Volleyball, Gymnastics, Mallakhamb, Chess, Taekwondo, Jodo, Kho-Kho, Wrestling etc. During the vacation period this infrastructure is utilized for conducting various sports training camps and competitions.

  The institution has the following laboratories with sophisticated facilities and equipment's.

  i. Information and communication technology lab/computer lab.
  ii. Anatomy, Physiology and Health education/sports medicine and human performance and athletic care lab.
  iii. Education technology and sports psychology lab.

  (Data Templet) Photograph List of Infra …**(Appendix 56 A & B)**

4.1.2 Percentage of classrooms and seminar halls with ICT - enabled facilities such as smart classrooms LMS, video and sound system etc during the last completed academic year.

Response:

(Data Templet)

4.1.2.1 Number of Classrooms and seminar halls(s) with ICT facilities
(Data Templet) GIO tagged Photograph …**(Appendix 57)**

4.1.2.2 Number of Classrooms and seminar halls(s) in the institution

Number of classrooms and seminar hall(s) with ICT facilities	2+2
Total number of classrooms and seminar hall(s) in the institution	04

Response: 100%

4.1.3 Percentage of expenditure excluding salary for infrastructure augmentation during the last five years (INR in lakhs).

Response:

(Data Templet)

4.1.3.1 Expenditure for infrastructure augmentation excluding salary during the last five years (INR in lakhs).

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Total actual expenditure for infrastructure augmentation	00	00	00	3220	4623236	4626456.00

Response: 100%

4.2 Library as a Learning Resources

4.2.1 Institution has adopted automation of library using Integrated Library Management System (ILMS) or any other software

Response:

The library is well recognized for its unique collection of resources on Physical Education, Sports Sciences, and also various other subjects. Through OPAC, the books can be easily searched by title, accession number, author, keywords, and subject wise.

The library office has a computer facility dedicated only to library work. Other than this one more PC has details of the titles, books, journals, etc. in the library reading room which the students and staff can access if required. Other than this the library reading room has 4 more computers which can be accessed by the students for educational purposes. It also has an active internet facility. All the computers facilitate highspeed Wi-Fi and Power backup facilities for interrupted service.

Any other Information Bill …(Appendix 58 & 59)

4.2.2 Institution has remote access to library resources which students and teachers use frequently

Response:
(Data Templet) Documents Remote access Doc …(Appendix 60 & 61)

4.2.3 Institution has subscription for e-resources and has membership/registration for the following

1. e-journals
2. e-Shodh Sindhu
3. Shodhaganga
4. e-books
5. Databases

Response:
(Data Templet)

4.2.4 Average annual expenditure for purchase of books, journals, and e-resources during the last five years (INR in Lakhs)

Response:
(Data Templet) Balance sheet Budget …(Appendix 62 A & B)

4.2.4.1 Expenditure for infrastructure augmentation excluding salary during the last five years (INR in lakhs).

Year	Expenditure on the purchase of books in (INR in lakhs)	Expenditure on the purchase of journals in (INR in lakhs)	Expenditure on subscription to e-journals (INR in lakhs)	Expenditure on subscription to other e-resources (INR in lakhs)	Total
2020-21	0.31	-	0.84	0.06	1.21
2019-20	0.09	0.08	1.08	-	1.25
2018-19	0.70	0.08	0.68	0.06	1.52
2017-18	0.62	0.03	-	0.05	0.69
2016-17	0.36	0.14	0.58	0.12	1.20
Total					5.88

4.2.5 Percentage per day usage of library by teachers and students (foot falls and login data for online access) during the latest completed academic year

Response:
(Data Templet) Documents Staff register …(Appendix 63 A & B)

4.2.5.1 Number of teachers and students using library for Month 1 (not less than 20 working days) during the last completed academic year

4.2.5.2 Number of teachers and students using library for Month 2 (not less than 20 working days) during the last completed academic year

4.2.5.3 Number of teachers and students using library for Month 3 (not less than 20 working days) during the last completed academic year

4.2.5.4 Number of teachers and students using library for Month 4 (not less than 20 working days) during the last completed academic year

4.2.5.5 Number of teachers and students using library for Month 5 (not less than 20 working days) during the last completed academic year

4.2.6 Efforts are made to make available National Policies and other documents on education in the library suitable to the three streams of teacher education – general teacher education, special education and physical education by the following ways

1. **Relevant eduycational documents ae obtained on a regular basis**
2. **Documents are made available from other libraries on loan**
3. **Documents ae obtained as and when teachers recommend**
4. **Documents are obtained as gifts to College**

Response:

(Data Templet)

4.3 ICT Infrastructure

4.3.1 Institution updates its ICT facilities including Wi-Fi

Response:

The college has a well-equipped Computer Lab A total of 27 computers with latest Hardware and software configuration with internet facility (Lan Card as well as WiFi). The college has an annual maintenance contract, and the agency sees to the updation and maintenance of the ICT facilities in the college. Along with the computer lab, the college has 04 computers in the library that the students can use for knowledge gaining, Educational Material searching, searching of review of related literature, Dissertation, data analysis and thesis completion work and for Assignment submission work. The college also has the PAW SPSS 18 and SPSS 21 version software students of PG (M.P.Ed. & Ph. D.) use for various purpose of dissertation and the thesis, test measurement practical, preparing projects, and other ICT work. The classrooms are having Smart Board facility with LCD projection systems and are also maintained by the AMC agency. The college updates the ICT facilities as per the requirements of the students, staff, and office. The internet facility is the need of the hour and for students to use it.

The college initially had limited internet access for the students in library only but considering the increase in online teaching and requirements the whole building has WIFI facilities with updated plans and modem.

College initially had only three routes in college 02 in college building and 01in Association office to avail internet on ground too. A new 05 Wi-Fi routers of 100 Mbps speed with unlimited data per month was installed in the month of February 2021.

The college updates the ICT facilities from time to time and whenever required Earlier the ICT facility were not adequate and sufficient but in the year 2019 the college has received grant from RUSA, the college has purchased new 26 computers and updated the lab.

The college updates its projection and AV system regularly and also has Projection systems in classrooms with the help of RUSA Grant. The college also has a 01 mobile LCD projection system to be used wherever required. On the First floor of college, all the Projection systems & WIFI routers are newly installed in February 2021.

The college updates the ICT facilities considering the needs of the students, faculty, and office staff. The facilities are continuously under the check of the AMC agency and the college staff and committee decide on updating the same whenever necessary. The office has 05 PCs and has also been updated to cater to the needs of the administrative work. Currently, the college has installed internet facility separately for the office, IQAC, ICT and library. New internet modems have been installed in the Office, IQAC and ICT and the library.

(Additional information) related documents …(Appendix 64 A & B)

4.3.2 Student – Computer ratio for last completed academic year

Response:

Data Templet Data Templet Receipt …(Appendix 65)

4.3.3 Internet bandwidth available in the institution

Response: Original Star Vision Net Bill is required with Bandwidth

4.3.3.1 Available bandwidth of internet connection in the institution, in MBPS

(Data Templet)

4.3.4 Facilities for e-content development are available in the institution such as

1. Studio / Live studio
2. Content distribution system
3. Lecture Capturing System (LCS)
4. Teleprompter
5. Editing and graphic unit

Response: Nil

4.4 Maintenance of Campus and Infrastructure

4.4.1 Percentage expenditure incurred exclusively on maintenance of physical and academic support facilities during the last five years (INR IN Lakhs)

Response:

(Data Templet)

4.4.1.1 Expenditure incurred exclusively on maintenance of physical and academic support facilities during the last five years (INR in Lakhs)

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Expenditure on maintenance of Physical and academic support facilities in INR Lakhs	2035983	1602057	2019750	2049412	5408689	13115891.00

Response: 100%

4.4.2 Systems and procedures for maintaining and utilizing physical, academic and support facilities – laboratory, library, Sports complex, computers, classrooms etc. are in place

Response:

procedures for maintaining physical facilities: - for maintaining college premises and some physical facilities, Bombay Physical Culture Association has given contract to Rhythm Hospitality. other facility like laboratory, library, Sports Complex, Computers computer rooms classroom etc are maintained by following way

1. **Laboratory**: the college has 3 laboratories namely Education Technology Laboratory, ICT Laboratory and Anatomy, Physiology Human Performance and Athletic Care Laboratories with all and necessary amenities. All the laboratories have fully equipped with necessary equipment. this equipment is maintained and repaired after the annual physical verification. equipment's those are damaged where right off and equipment those are repairable be repaired in the next academic year. documents related to physical verification of equipment are maintained by college time to time.
2. **Library**: - college library is situated on second floor, it is maintained by librarian under the guidance of library committee. All related documents of maintenance of library. Whenever needed, with the permission of the authority college librarian called a meeting of library committee. Library committee discuss on the agenda and take discission. In the meeting the committee has decided purchase of new books, write off damaged books and purchase of new necessary books and software. Responsibility of maintenance of the documents like book lending, book lost, students visiting register are of the librarian.

3. **Sports Complex**: - The college has its own Sports Complex in the premises of college namely gymnasium hall, audience stadium, multipurpose halls for the game like badminton table tennis, wrestling, etc. gymnasium hall is fully equipped with the international standard gymnastic equipment, and it is maintained by the college. Every year in the month of March/April college has organised physical verification. after physical verification equipment's those are damaged kept in front of the committee to take decision of write off. if the equipment is repairable the college made necessary arrangement to repair the equipment from local venders.
4. **Computers**: - college has 27 computers kept the in-ICT lab. These computers are used to give ICT training to the student. every year the ICT lab are physically verified by the Incharge of ICT lab. To maintain the computers and other ICT related facilities college has given contract to INMAC computer services. ICT Incharge who has enough knowledge and information about maintaining the computer and software. Detail information related to maintenance of computers, software, Internet facilities are recorded. The AMC technician cheeks the functioning and doe repair and maintenance as and when needed. Students are allowed to use the computers by following the rules and regulations laid down by the respective labs. Students convey any requirements regarding the application/software to the ICT department.
5. **Classrooms**: - in the college classroom has modern teaching equipment has installed. smart boards, overhead projectors and public address system. smart boards send its related software's are maintained and updated bye the company from which the whiteboard is purchased. Library.

(Data Templet) …(Appendix 66)

Criterion 5 – Student Support and Progression

5.1 Student Support

5.1.1 A range of capability building and skill enhancement initiatives are undertaken by the institution such as:

1. Careen and Personal Counseling
2. Skill enhancement in academic, technical and organizational aspects
3. Communicating with persons of different disabilities: Braille, Sign language and Speech training
4. Capability to develop a seminar paper and a research paper: understand/appreciate the difference between the two
5. E-content development
6. Online assessment of learning

Response:

Data Templet Documents Documents
Documents Documents Documents (Appendix 67 A, B, C, D & E)

5.1.2 Available student support facilities in the institution are:

1. Vehicle parking
2. Common rooms separately for boys and girls
3. Recreational facility
4. First aid and medical aid
5. Transport
6. Book bank
7. Safe drinking water
8. Hostel
9. Canteen
10. Toilets for girls

Response:

(Images)

5.1.3 The institution has transparent mechanism for timely redressal of student grievances including sexual harassment and ragging cases such as

1. Institution has guidelines regarding redressal mechanism approved by appropriate statutory/regulatory bodies
2. Details of members of grievance redressal committees are available on the institutional website
3. Awareness programmes are conducted to communicate the guidelines for redressal of student grievances to teachers and students
4. Provision for students to submit grievances online/offline
5. Grievance redressal committee meets on a regular basis
6. Students grievances are addressed within 7 days of receiving the complaint

Response:

Documents Documents Documents (Appendix 68 A, B & C)

5.1.4 Institution provides additional support to needy students in several ways such as: 1. Monetary help from external sources such as banks 2. Outside accommodation on reasonable rent on shared or individual basis. 3. Dean students' welfare is appointed and takes care of student welfare. 4. Placement officer is appointed and takes care of the Placement Cell. 5. Concession in tuitions fees/hostel fees. 6. Group insurance (Health/Accident)

Response:

(Data Templet) Documents Document (Appendix 69 A & B)

5.2 Student Progression

5.2.1 Percentage of placement of students as teachers/ teacher educators

Response:

(percentage of Placement) Report - … … (Appendix 70)

5.2.1.1 Number of students of the institution placed as teachers/teacher educators during the last five years

Data Templet Letters … … … (Appendix 71)

Year	2016-18	2017-19	2018-20	2019-21	2020-22	Total
Number of students placed as teacher /teacher educator	38	28	42	46	--	154
Total number of graduating students	72	88	100	100	--	360

Response: 42.78%

5.2.2 Percentage of student progression to higher education during the last completed academic year

Response: 31.09%

(Data Templet) Students Progression … … (Appendix 72)

5.2.2.1 Number of outgoing students progressing from Bachelor to PG.
5.2.2.2 Number of outgoing students progressing from PG to M. Phil.
5.2.2.3 Number of outgoing students progressing from PG / M. Phil. To Ph. D.

	Bachelor to PG.	PG to M. Phil.	PG To Ph. D.	Total
Number of students progressing to higher education	30	--	07	37
Total number of students passed	95		24	119

5.2.3 Percentage of student qualifying state/national level examinations during the last five years (eg: NET/SLET/TET/CTET)

Response:

Documents … … … … … … **(Appendix 73)**

5.2.3.1 Number of students qualifying in state/national level examinations (eg: NET/SLET/TET/CTET) during the last five years

.

NET CERT SET CERT … … … … **(Appendix 74 A & B)**

Year	2016-17	2017-18	2018-19	2019-20	Total
No. of students qualified (NET/SLET/TET/CTET)	02	--	--	04	06
Number of graduating students	25	25	25	25	100

Response: 6%

5.3 Student Participation and Activities

5.3.1 Student council is active and plays a proactive role in the institutional functioning

Response:

Student council is an important component of the college and is a beholden medium between the students and the faculty or college and even to the institute. Regular meetings are conducted with the student council before major events and programs like the induction program, teaching-learning process, ground activities and examinations, conferences and workshops, annual gathering, athletics meet, Camp, visits, etc. the views of the council are taken into consideration. The members of the student council are involved in the organization of all the programmes, events and activities organised by the college as well as institution

CDC and IQAC: A student council member is an active member of the CDC committee and attends meeting and has his opinion. All the major committees like student welfare, sports activities, intramural, etc. have one representative from the council.

Social Activities – most of the social activities are managed by the council along with the faculty Incharge. Swaccha Bharat Abhiyan, health and fitness awareness programs, cleanliness campaign, tree plantation and few other social programs are handled by the council under the guidance of the Incharge.

Student Induction – During induction program for the first year newly admitted students. The members of students Council are involved the first-year students are equally distributed and a member from the student council conducts the college visit and also discusses with the students. This year the college and IQAC thought to have more involvement of the student council and the whole induction process was organized by members of the student council. 2 student council members were allotted to each group of 20 students along with 2 staff members for assistance. The 2 members conducted the full induction program and saw that the students were informed about the syllabus, college facilities and activities and all other necessary information for new students to get acclimatized to the college.

Planning Intramurals and Other Programs - The student council is an integral part of the intramural program. The student council works together with the intramural Incharge faculty to make the program a success. Every intramural program is overlooked by the council members, and they are the medium between the students and the faculty in-charge. The council also has active participation in planning and execution of different activities and professional programs of the college like the workshops, conferences, seminars, athletic meet, camp and visits to other educational institutions, Cultural programs, Annual Gathering and annual Prize distribution function.

Student council … … … (Appendix 75)

5.3.2 Average number of sports and cultural events organized at the institution during the last five years

Response:

(Data Templet) Sports activity images … (Appendix 76)

5.3.2.1 Number of sports and cultural events organized at the institution during the last five years

. (Data Templet)

Year	2016-17	2017-18	2018-19	Total
Number of sports and cultural events organise	18	18	18	54

*Note :- The above data is off three years, in the **year 2019-20 & 2020-21 due to Lockdown the cultural and sports events could not be organised**

Response: 18%

5.4 Alumni Engagement

5.4.1 Alumni Association/Chapter (registered / non-registered but functional) contributes significantly for the development of the institution.

Response:

Alumni of the College are well placed in all Fields Industry, Education, business, Professional Fields, Entertainment Industry, Academics and Social Work. The alumni association of the college though it is not registered but is very much functional and active.

- During the last five years the alumni assisted the college in different ways. Sports academies on campus - The sports and fitness academies (Rhythmic Gymnastics, sports training center, Gymnastic Centre) in the college campus are managed by the Alumni. Through these students from low socio-economic backgrounds are taught for free. Through this noble cause considerable changes have been seen in the attitude of these children and their families. Many of our Alumni provide expertise for conducting technical Officiating classes and Examination (Volleyball, Kabaddi, Kho-Kho, Athletics, Langadi and Wrestling). Alumni also helps in the extension / Value Added courses (CCPFT and CCGMT). They attend the regular sessions and guide the students free of costs or at very nominal rate. The Alumni also assist the college in different assessment activities like Internal assessment of practice teaching lesson and specialization. They also help in organisation in intramurals, athletic meet, national days and other extracurricular activities
- Their assistance in the placement process is of great value to the college and they also provide inputs to the departments about the stakeholders and industry requirements. Many have provided placements in their respective schools or nearby institutes while many of them are placed in sports clubs / gyms. The Alumni are outstanding in publicizing the College and have always been a thriving force.
- Program/Workshop: Alumni has conducted different workshops / conferences on various topics related to Physical Education and sports. during COVID, the alumni has conducted conference on yoga for stress management on 21st June, 2020. The workshop was attended by 70 teachers and 48 general people. Also a seminar on Statistics and research methodology was organised for the Ph.D. scholars of the Institution, Mumbai university, Students of SNDT University and others. The workshop was attended by more than 87 participants.

  The CDC and IQAC has one representative from the alumni association as a member. This member can express their views in the meetings and make suggestions on the functioning of the college.

Committee … … … … … … **(Appendix 77)**

5.4.2 Alumni has an active role in the regular institutional functioning such as 1. Motivating the freshly enrolled students 2. Involvement in the in-house curriculum development 3. Organization of various activities other than classroom activities 4. Support to curriculum delivery 5. Student mentoring 6. Financial contribution 7. Placement advice and support

Response:

Letters committee … … … … **(Appendix 78 A & B)**

5.4.3 Number of meetings of Alumni Association held during the last five years

Response:

Documents Data Temp … … … (Appendix 79)

5.4.3.1 Number of meetings of Alumni Association held during the last five years
.

YEAR	2017-18	2018-19	2019-20	2020-21	2021-22	TOTAL
NUMBER OF MEETINGS OF ALUMNI ASSOCIATION	2	2	3	1	--	8

5.4.4 Alumni Association acts as an effective support system to the institution in motivating students as well as recognizing, nurturing and furthering any special talent/s in them.

Response:

The Alumni association has been a supportive hand in all the activities of the college. It has always shown keen interest in providing support in the way the college needed for the successful organisation of the programs. The Alumni is always in search of good talent and then identifies talent during their visits in college to place them at different institutions. The students showing talent and dedication are identified and placed at different clubs, schools and colleges as required. Some of the Alumni assists the college during the teaching-learning process by way of assisting faculty in PE activities, training in research, conducting pre and post-test etc. guiding in conducting PE lessons the students. They share their experiences and their knowledge and skills with the students and help them achieve higher performance and acquire skills.

Students are motivated to gain knowledge and skills through various activities outside the college.

As already mentioned, the Alumni is a member of the CDC committee and has many times given valuable suggestions or views on making the course more effective and updated. Many students have been taken as interns and helped to upgrade their skills. The students are also taken for competitions as officials or volunteers by which the students gain experience and necessary skills for better organization of competition, programs and events.

Some of the students who want to learn different activities which are not part of the regular syllabus are sent to clubs and institutions which are managed by our Alumni and the Alumni assists them in learning the activities.

The Alumni also assists the staff members during ground activities. They help them in the smooth running of the activities as well as help in the teaching-learning process when the faculty is absent or is on different work.

The alumni also support the internship program by providing schools for internship programs. The alumni nurture the student and helps in getting used to the different roles and responsibilities during the internship program

and helps the student become a wholesome teacher. Many of the students undergoing the internship program are placed in the same schools and this is due to the support of Alumni.

The Alumni also assists the staff members during intramurals, Athletic Meet, organization of Conferences, Seminars and workshops.

Documents **(Please see the Appendix 78 B)**

Criterion 6 – Governance, Leadership and Management

6.1 Institutional Vision and Leadership

6.1.1 The governance of the institution is reflective of an effective leadership and participatory mechanism in tune with the vision and mission

Response:

The VISION of the institution is बलम राष्ट्रस्य वर्धनम means strength for nation building – by empowering youth with Physical, Mental, Intellectual, Emotional and Social Fitness blended with Integrity and Harmony, Whereas our MISSION is facilitating Physical Education, per excellence, preparing a cadre of professionals matching global standards, who are not only physically fit but have quest for intellectual excellence through world class research and above all have ability to produce good citizens with healthy body and sound mind having human values with responsibilities. Although propagation of Indian system of physical culture among common masses is one of the prime objectives of the BPCA, today strategically the term Physical Education has been accepted globally as a profession with better academic status through university education. This gave birth to BPCA's College of Physical Education in 1978, with a view to prepare qualified and competent teachers in Physical Education as well as for promoting research in Education, Physical Education and Sports Sciences, and for rendering Health-Fitness related services to the community.

The goal and objectives of our intuition are aligned with its mission and vision. The goals and objectives of the institution clearly reflect its mission. Considering the objectives, the institution is preparing qualified professionals by rendering excellence services, taking into account the needs of the schools, colleges and various organizations. Further, the objective of providing vocational guidance and to serve as centre of excellence also supports our mission with respect to inculcating global competencies to become an efficient teacher, which is an important need of our society. Along with such objectives, this institution traditionally aims at the need of producing good citizen with human values to build up a healthy nation.

The college also organizes various seminars and workshops for PE teachers on subjects related to Sports and Physical Education, Health, Fitness, etc. Through this, the college plans to reach many PE professionals, Fitness enthusiasts, and the general public.

Though the college has achieved its aims and objectives satisfactorily and a **BPCA BRAND** as well as a unique standard and is still striving hard to uplift the progress in all the field of Sports Science and Physical Education. At present, it has to its credit pioneering efforts after making quality physical education available to students. By adopting the principles and philosophy of the Association, the present leadership of Bhartiya Kreeda Mandir provides a clear vision and mission to the college. The leadership endorses teamwork towards a common vision, and to direct individual accomplishment towards organizational objectives. During the last 44 years, the achievements of the college have been remarkably significant. The students are satisfied and feel happy with the present environment and the opportunities available to them to develop their personalities. All academic and administrative units are governed by the principles of transparency and participatory management. Our leadership has

taken distinctive decisions to start various value-based self-financing courses at undergraduate, postgraduate, and research levels that make the students competent in the era of globalization. Thus, to achieve the goal in tune with the Mission and Vision of the Institute, the Management provides facilities required for effective implementation of the program which includes advanced technological facilities like modern Laboratory equipment, IT facilities, excellent physical infrastructures such as laboratories, library, sports facility, classrooms, and other allied infrastructure. The funds of the college are optimally allocated and efficiently utilized by a proper budgeting system. The leadership and governance have led to the achievement of administrative and academic excellence.

By taking the cognigence of the achievements and the contribution of the college in the field of Physical Education and sports the college has receive Grant of Rs. 2,00,000,00/- (Two caror) by Rashtriya Uchhatar Shiksha Abhiyan (RUSA) under their scheme of "Infrastructure Grant to Colleges" for upgrading the facilities and infrastructure of the college for quality education.

Documents Committee Conference Brochure … **(Appendix 80)**

6.1.2 Institution practices decentralization and participative management

Response:

All most all the activities and function of the institution are carried out by the various administrative and academic committees involving teachers and students at the College. The coordination of the activities, programme, events etc. controlled by the various committees and is done well under the administrative head of the College by conducting the meeting of the teaching faculties and non-teaching from, time to time. For running various academic and administrative functions efficiently and effectively, the decision taken by the concern committees and sub- committees are considered in the staff meetings.

The decentralization and participative management is mainly done by formation of various committees for smooth functioning of the college.

Few examples:

- CDC
- IQAC
- Internal Complaints Committee
- Anti-Ragging Committee
- Students Grievance Redressal Committee
- Career/ Guidance / Counseling/ Consultancy / Placement cell
- SC-ST cell/OBC cell/Minority cell
- Attendance Committee
- Mentoring Committee
- Research advisory committee
- Extension Activity committee
- College Beautification Committee
- Hostel Committee

- Purchase committee – Sports Material, Library books, ICT and Human Performance lab, and stationery related to the lesson department.

Internal Complaints Committee

The details of the Internal Complaints Committee Members' names and their phone numbers are displayed in the college office & are visible to all. Students are briefed about the working of the committee at the start of the year. They are ensured that grievances will be resolved with honesty and confidentiality maintained. The committee has resolved the complaints systematically and proper justice is made.

Anti-Ragging Committee

At the start of year, all the students are briefed about the anti-ragging policy of college as well as government, UGC, and University rules regarding the same. They are made aware of the consequences arising in case of ragging complaints against them. Further, they are asked to fill consent and pledge forms against Anti Ragging. The details of the Anti-Ragging Committees Members' names and their phone numbers are displayed on the walls of the college office so as to be visible to all.

Attendance Committee

It looks after the attendance of students, gives timely notices to students who default attendance, and encourages them to maintain desirable attendance. The final decision is taken by the committee members after studying the records of the defaulters. If needed in some cases the strict action/s are initiated as per the guidelines of the university.

Extension work of College Building

A special grant of Rs. 2,00,00000/- from RUSA was sanctioned out of which Rs. 1,00, 00000/- was received in the first phase under the scheme of "Infrastructure grant to colleges" the outer structure of the administrative building is renovated. The internal structure i.e. Classroom, Labs, Hostel will be renovated after receiving the remaining grant of Rs. 1,00,000,00/- in the second phase.

College committees Organogram … **(Appendix 81)**

6.1.3 The institution maintains transparency in its financial, academic, administrative and other functions

Response:

The institution follows rules and regulations placed by affiliating University, Government, and the Management. The college has prepared its own rules and regulation and policy for better functioning, an effective teaching-learning process, and transparent work. Any queries, discrepancies, or complaints by the students or staff are looked into, rectified (if found), and then notified to the concerned.

Financial:

The college has created a payment gateway process of payments for the stakeholders to expedite the process and make it a fast and transparent

payment system. Adequate controls are exercised on the physical handling of cash, timely bank deposit of cash, collection/recovery of fees. Due diligence and availability of supporting documentation at the time of making payments ensure ease in the audit. The fee structure is explained, displayed on the noticeboard. The college recommends students pay fees through the cheque or fee in cash and a receipt of the same is provided immediately. The utilization of fees is done according to the heads mentioned in the fee book. The statutory audit of the college is carried out regularly. No adverse remarks are mentioned in the audit report with regards to maintenance of accounts and bookkeeping.

Administrative:

All the Administrative work is done based on SOPs, policies, and procedures prepared for concerned departments. For smooth functioning regarding student behavior, rules, and regulations in college. The college sees that none of the students is at a disadvantage due to its policy. For better transparency among different committees, the reports of the meeting and events are readily available to staff.

Academic:

The syllabus (printed & e-copy) is provided and explained to all students during the induction program as well as during library orientation programme. All the activities in the syllabus are conducted and completed. In addition, optional activities for the overall development of the student are conducted. The faculty is actively involved in the teaching-learning process and finishes the allotted syllabus in the stipulated time. The staff confirms their presence for scheduled lectures and in case of inability to conduct lectures are adjusts with other staff and tries to compensate by taking extra lectures. Some value-added courses during also made part and parcel of the academics which is conducted in holidays, vacations and after college hours. The peer feedback and student feedback on teachers and college facilities are collected and conveyed to concerned faculty for improvements in each semester.

Evaluation:

The college follows the University rules and regulations regarding examinations and attendance. The schedule of Internal Examination are displayed in advance on the Notice Board. Practical internal evaluation is done by two examiners to ensure fairness in evaluation. No malpractices in internal as well as external examination are permitted, and strict action is taken against defaulter students.

Attendance:

The college follows strict attendance practice through daily attendance record. The monthly report of the Attendance - practical and theory are

maintain and of the students whose attendance is found below 75% in the respective months as per University guidelines are intimated through letter and accordingly the action is initiated against such student/s.

Audit Report … … … … … … (Appendix 82)

6.2 Strategy Development and Deployment

6.2.1 The institutional Strategic plan is effectively deployed

Response:

The changes resulting from the action plan are accomplished and sustained by providing necessary requirements from time to time, and for this fund are generated through collection of fees, grants, donations, development fund and outright grants from the management. Human resources (if required additionally) are made available with the consultation and approval of management on temporary /Ad hoc/contract basis.

Academic planning is done by the various committees and concern faculties under the leadership of the head of the institution. The procedure of developing and deploying the academic plan is as follows:

- The academic calendar for every academic session is prepared well in advance, and well before the commencement of next session. It is prepared by the faculty Incharge of theory, practical, practice teaching and extension activities, with taking in to account preplanned programmes and activities.

- Further, separate annual plan is developed for theory, practical's, practice teaching and ICT, by considering its place in the annual calendar and relevant various components of the said activities.

The IQAC takes a major step in preparing the year plan and action plan of the academic year. The roles of different departments and their detailed plan is prepared with the help of IQAC, which suggests and monitors the programs. The academic plan is prepared by the respective teacher for all ground practical and theory courses. The college conducts faculty meetings where the faculty presents their academic planning and accordingly the time-table is planned and prepared. We also have formulated a Curriculum Delivery policy and follow the same. During the Students Induction Program, the Principal and faculty convey information about curriculum and the general academic plan. Different teaching styles and strategies are suggested by IQAC for better teaching. The staff is encouraged to make use of different media for content delivery. Faculty makes use of different technological platforms and software for teaching purposes.

During the year 2020-21 a different online method for transaction of the syllabus was planed by the faculty. The college has strived to achieve

100% results and uses different student-centric methods in achieving 100% results.

While preparing the Academic calendar various aspects like practice teaching lessons, internships, ground practical and theory classes, cultural programs, are taken into consideration.

IQAC regularly monitors the plans and conducts post-program/event follow-up meetings. At the end of year, a follow-up meeting is conducted to take a review of the programs and events organized and conducted.
Perspectives plan Teaching plan … … (Appendix 83 A & B)

6.2.2 **The functioning of the institutional bodies is effective and efficient as visible from policies, administrative setup, appointment and service rules, procedures, etc.**

Response:

BPCACPE has a basic administrative set-up and organizational structure for efficient decision-making procedures. The management of the institute provides leadership and guidance to the college without interfering in the daily functioning. The I/C principal of the college heads all the executive committees and provides guidance and a systematic administrative mechanism. The college administrative setup is based on guidelines given in the Maharashtra state university act 2016. The following Executive committees are formed to deal with the various administrative and academic aspects.

1 CDC- College Development Committee
2 a) Student Development Cell
b) Students' Grievance cell
3. IQAC
4. Internal Complaints committee
5. Anti-ragging committee
6. Minority Cell/SC-ST/OBC cell
7. Purchase committee
8. Attendance Committee
9. Mentoring Committee
10. Research advisory committee
11. Extension Activity committee
12. College Beautification Committee
13. Hostel Committee

The executive committees and the respective committees are responsible for developing policies for effective academic & administrative functions. All the stakeholders are acquainted with the policies and procedures from time to time. BPCACPE adheres to the rules and regulations for appointment, service rules mandated by the governing bodies such as NCTE, UGC, Govt of Maharashtra, and University of Mumbai.

Committees Organogram … … (Please see the Appendix 81)

6.2.3 Implementation of e-governance are in the following areas of operation

1. Planning and development
2. Administration
3. Finance and accounts
4. Student admission and support
5. Examination system
6. Biometric / digital attendance for staff
7. Biometric / digital attendance for students

Response:

(Data Templet) Image Biometric bill …(Appendix 84 A & B)

6.2.4 Effectiveness of various bodies/cells/committees is evident through minutes of meetings and implementation of their resolutions / decisions.

Response:

The college emphasizes on taking collective decisions. Important development ideas are proposed and discussed in various committees. The usual mechanism for making decisions and implementing the same effectively includes deliberation, trials, feedback, implementation, and follow-ups. Some such decisions taken by the IQAC is presented below:

1. The meeting of the college IQAC was conducted online on the 4th July, 2020, at 11 am. The IQAC coordinator suggested in Agenda 3 that due to the Pandemic situation and the financial crunch to the most families to consider the payment of fees to be collected in slots of Rs.2000/-, Rs.3000/-, and Rs.5000/- whichever is suitable to students Members discussed the proposed idea and resolved that such flexibility in paying the fees will definitely help and reduce the burden on the families further, it was also decided that this decision should be continued till the normalization of the situation. Dr. Maru and Dr. Hotkar seconded this resolution.

2. In the meeting of the college IQAC held on 10th August 2020 The IQAC coordinator read a letter written by some of the staff members mentioning their problems and difficulties in online classes. The coordinator suggested in the agenda no. 4, that we should organize two days online guidance to all the faculty to make them familiar with online teaching technology at the earliest. The senior faculty Dr. Dhokrat took the responsibility to make an arrangement of the two days guiding session for the staff. It was resolved that the two days guidance session should be conducted in the third week of June, 2020. Dr. Shelke and Dr. Joshi seconded this resolution.

3. In the said meeting the coordinator suggested in the agenda 5, that every faculty should conduct at least two online mock MCQ and descriptive tests to make students aware about the online examination, as well as they should also prepare the question bank and subsequently post the same on the respective official what app groups. After the discussion it was decided to prepare the question bank in the three languages, get it checked by the course coordinators and the

prior to the two weeks of the University examination it should be posted on the students' official what app groups. Dr. Kawade and Dr. Asai seconded this resolution.

The attached minutes of the meeting, and action taken report is the outcome of the effectiveness of the college IQAC committee in taking collective decisions, implementing resolutions and reinforcing action effectively.

Action taken report … …. … … … (Appendix 85)

6.3 Faculty Empowerment Strategies

6.3.1 Effective implementation of welfare measures for teaching and non-teaching staff is in place Response

Response:

The financial welfare i.e., payment, leaves, etc. of the staff and non-teaching faculty is provided as per the government guidelines and Policy. Employees Provident Fund as per PF rules. All the teachers are given PF benefits right from the day of their joining in the college. This is done as per requirements by NCTE and keeping in view the financial safety of employees or their dependents. There is a provision for receiving a pension monthly and a lump sum based on PF rules in force.

Encouragement is given to faculty for doing part-time Ph.D. or academic improvement. There are 09 faculty members who have completed their Ph.D. work and the college has provided support in terms of equipment, library, human resource, and duty leave. They were also sent on duty to be appearing for their examinations (if any). One non-teaching faculty completed his BA and B. Lib degree while performing duties in college.

SERVICE GRATUITY:

The service gratuity shall be paid to the employees who are eligible as per the norms of the management. The employees shall declare the receipt of gratuity paid on bond paper.

LEAVE FOR STAFF MEMBERS

The leaves are allowed as per the regulations of the authorities. Casual leave, Study leave, Medical, maternity/paternity leave, Duty leave, earned leave are given to the staff members as per the rules.

Other Benefits:

1. Gym and other infrastructural facilities for fitness and sports which are governed by the college or mother institute are freely accessible for the staff.
2. The support staff is provided with two pairs of uniforms yearly.

3. Non-teaching staff who have improved their qualifications with the help of the college on part-time were given on duty leave for attending the classes which have been specified by the institution

List of Beneficiaries... ... ... (Appendix 86)

6.3.2 Percentage of teachers provided with financial support to attend seminar/conferences/workshops and towards membership fees of professional bodies during the last five years.

Response: 00%

Data templet Certificates ... ... (Appendix 87)

6.3.2.1 Numbers of teachers provided with financial support to attend seminar/conferences/workshop and towards membership fees of professional bodies during the last five years

.

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of teachers financing support	NIL	NIL	NIL	NIL	NIL	NIL

6.3.3 Number of professional development / administrative training programmes organized by the institution for teaching and non-teaching staff during last five years.

Response:

(Data To be uploaded)

6.3.3.1 Total number of professional development / administrative training programmes organized by the institution for teaching and non-teaching staff during last five years.

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of Professional development / administrative training programmes	NIL	NIL	NIL	NIL	NIL	NIL

6.3.4 percentage of teachers undergoing online/face to face faculty development programmes (FDP's) VIZ., Orientation programme and refresher course of the ASC / HRDC, short term course and any other similar programmes.

Response:

(Data To be uploaded) Certificates FDP ... (Appendix 88)

6.3.4.1 Total number of teachers undergoing online/face to face faculty development programmes (FDP's) VIZ., Orientation programme and refresher course of the ASC / HRDC, short term course and any other similar programmes during the last five years.

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total

.

6.3.5 The institution has a performance appraisal system for teaching and non-teaching staff Response.

Response:

Teaching staff:

A good performance management system works towards the improvement of the overall organisational performance of teams and individuals for ensuring the achievements of the overall organisational mission and vision. An effective performance management system plays a crucial role in managing the organisation in an efficient manner. In line with this, the Institute is following the appraisal scheme suggested by the authority's viz. Performance Based Appraisal System (PBAS). In this scheme, the performance s are classified into three categories

(i) Teaching, Learning and Evaluation related activities
(ii) Co-Curricular, Extension and Professional Development related activities
(iii) Research Publications and Academic Contributions

These are called Academic Performance Indicators (API). College strictly follows the UGC Regulations on Minimum Qualifications for Appointment of Teachers and other Academic Staff in Universities and Colleges, Measures for the Maintenance of Standards in Higher Education, together with all amendments made therein from time to time, for its teaching and non-teaching staff. The performance of each employee is assessed annually after completion of one year of service. The objective is not only to objectively evaluate the performance as per established norms, but also to identify potential aspects for improvement that can eventually lead to further progress and growth of the employee.

- The institute undertakes a wide range of activities besides academics, for which faculty members are assigned additional duties and responsibilities, which are mostly voluntary.

Non-teaching staff:

All non-teaching staff are also assessed through annual confidential reports. The various parameters for staff members are assessed under different categories i.e. Character and Habits, Departmental Abilities, Capacity to do hard work, Discipline, Reliability, Relations/Cooperation with superiors, subordinates, colleagues, students and public, efficient organization of documents and technical abilities.

The Annual Confidential Report has significantly helped in the evaluation of the performance of employees, in motivating them, analysing their strengths and weaknesses and ensuring better performance.

6.4 Financial Management and Resource Mobilization

6.4.1 Institution conducts internal or/and external financial audit regularly.

Response:

The institution receives the grants from the Grant-in-aid authority (i.e. state govt.) In addition, the institution also receives fees from the students as prescribed by the University and Government. The budget allocation is done on the basis of Income & Expenditure of the institution. The budget allocated for the past five years for various programmes is as under.

The accounts of the institution are audited regularly by the internal auditor (i.e. Chartered Accountant appointed by the Governing Body) as well as external auditor appointed by the Grant-in-aid authority. The audit is done by following standard procedure of the auditing, such as checking Cash book, Ledger, Fees Receipt Register, Expenditure Vouchers, service/ Bank passbook, Receipt and Payment account as well as issuing the audit report and audited statement by the auditor. There are no pending audit paras, objections regarding the audit of the institution.

For government funds, audits are conducted as per their norms. The utilization certificates verified and audited by authorized Chartered Accountant are duly submitted. Audit clarifications, objections if any are resolved immediately and anomalies cleared with utmost care and by promptly producing all required documents, bills, etc. There is a transparent and proper utilization of all allocated funds by the college as indicated by the Audit Reports received in the last five years. The college has been conducting auditing since its beginning i.e. 1978 and no irregularities or fraud have been detected in the audit.

Adequate controls have been exercised on the physical handling of cash, timely deposition of cash into the bank, recovery of fees from the students etc. due diligence and availability of supporting documentation at the time of making payments has been ensured at the time of audit. Accounting treatment as to capitals receipts/ payments and revenue receipts /payments has been also examined at the time of audit. No adverse remarks are mentioned in the audit report as regards to maintenance of accounts and bookkeeping done.

Audit report … …. … … … … (Appendix 89)

6.4.2 Funds / Donations received from non-government bodies, individuals, philanthropists averaged over the last five years (not covered in Criterion III) (INR in Lakhs)

Response:

(Data Templet) IQAC Meeting… … (Appendix 90)

6.4.2.1 Total funds received from non-government bodies, individuals, philanthropists during the last five years (INR in Lakhs).

.

Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Funds/Donations received from NGOs, individuals, philanthropists (INR in Lakhs)	NIL	NIL	NIL	NIL	NIL	NIL

6.4.3 Institutional strategies for mobilization of funds and the optimal utilization of resources are in place.

Response:

BPCACPE is a semi-government institution. The salary funds for aided program are received from the State government for payment of salary of teaching and non-teaching staff. The funds generated through the fees paid by the students are utilized according to the different heads allotted. Additional funding is obtained through leasing out the infrastructure facilities, ground facilities, add-on courses, consultation, University funds, UGC funds, Alumni, etc. The college has formed a purchase committee and it takes decisions on every purchase. All the major financial decisions are taken through the permission from management.

Institutional budget is prepared by the principal every year taking into consideration recurring and non-recurring expenditures. Accordingly, all the administrative and academic heads are requested to submit the budget required for the financial year. A budget for that academic year is prepared considering the requests made from different departments and necessity. The college utilizes its funds in a transparent manner as per the heads prepared for utilization (teaching-learning process, infrastructure development, library, laboratories, sports and fitness equipment, study material, uniform, college programs and events, etc.)

Recommendations of the Purchase Committee: Quotations are called and discussed Negotiations are done on the same and finalized Purchase orders are placed

Each faculty/committee member ensures that suitable equipment with the correct specification is purchased. Payment is released after delivery of the respective goods it is done as per the terms and conditions mentioned in Purchase order. All transactions have transparency through bills and vouchers. The bill payments are passed after testing & verification of items. Only authorized persons operate the transaction through the bank.

The entire process of the procurement of the material is monitored by the Purchase committee and Principal institute level. The Financial

audit is conducted by chartered accountant every financial year to verify the compliance

Auditor report Documents … … (Appendix 91)

6.5 Internal Quality Assurance System

6.5.1 Internal Quality Assurance Cell (IQAC) or any other mechanism has contributed significantly for institutionalizing the quality assurance strategies.

Response:

Planning - The IQAC leads in preparing year plan and action plan of the academic year. The roles of departments and their detailed plan is prepared with the help of IQAC, which suggests and monitors the programs. The prospective plan is prepared by the IQAC and is followed.

Policy & Procedures - In the academic year 2020-2021, policies and procedures were written for various components of the college with the initiative of IQAC. Detailed policies and procedures for the components of Consultancy, Curriculum Delivery, Evaluation, Extension, Mentoring, Practice Teaching, Research, Sports, Student Welfare and Technology were written by various committees. These policies and procedures were discussed and finalized at the IQAC meeting and approved by the College Development Committee (CDC). The finalized policies and procedures are displayed on the college's website.

The college has Campus Environmental Audit (Green Audit) to Navy Blue Energy, Navy Blue Resources Integration and Solutions Pvt. Ltd. for energy audit, water audit, waste disposal audit, Environmental Quality Audit, Renewable Energy Feasibility and Green audit of the premises. Audit Team conducted the site visit of the premise during 7th to 10th March, as part of the process. The Green Building Consultant has shared her valuable guidance to make the campus greener, healthy and pollution free. In addition, the College is in process to sign an MOU Navy Blue Energy, Navy Blue Resources Integration and Solutions Pvt. Ltd. and other activities in the long run such as,

- Green Practices

  • Plastic-free campus
  • Paperless office

  Plastic-free campus: the institute provides resources and tools to educate students & communities on the environmental and health benefits of going plastic-free campus to minimize plastic consumption and pollution in the premises and the surrounding environment. The Plastic Free campus initiative aims to reduce single-use plastics in campus by encouraging students & faculties to make plastic-free commitments. The syllabus and other study material to the students. Moreover, most of the office communication is done paperless through email communication. Also, WhatsApp groups are created class wise to communicate any kind of important message related to examination to the students. The usage of papers is restricted in every possible way

The traditional tap and pipe facility is adopted for watering and the college has taken special provisions for the same. The spaces are watered daily in summer. The effort to maintain the existing spaces are commendable as observations of the External Green Audit Team.

Cleaning of the campus is looked after regularly, adequate toilets, water coolers on every floor are available. The campus is known for its cleanliness, open spaces, and pollution free environment.

- Code of Conduct –

The Code of Conduct for Teaching, Non-Teaching Staff and students was prepared and finalized to maintain the quality and professionalism of the College.

Documentation - Various templates have been created and shared to all departments. IQAC helps in maintaining records of different programs and events, theory and practical classes, etc.

Feedback - The feedback has been taken from different stakeholders like students, teachers, practice teaching schools, alumni.

Feedback is also collected from different workshops, programs, conferences, seminars and other programs and events organized by BPCACPE and actions are taken accordingly.

Environmental Audit Doc List of Activities … …(Appendix 92 A & B)

6.5.2 **The institution reviews its teaching-learning process periodically through IQAC or any other mechanism.**

Response:

The IQAC monitors the faculty teaching learning process regularly through a variety of methods. Peer Feedback - The faculty teaching process was monitored through peer feedback. The faculty subject teaching was evaluated randomly by another peer faculty. General observations and suggestions were provided and conveyed to the teaching faculty.

Faculty observation - Since 2019-20 the teaching of faculty members were evaluated by two senior professors (outside the college) Dr. Manmath Gharote and Senior Prof. Dalvi. The faculty members were randomly evaluated by these eminent professors during subject teaching. After the evaluation Dr. Manmath Gharote interacted with the faculty members and suggested tips, tools and methods for better teaching and also appreciated the interactive teaching method employed while teaching.

Student Feedback on Teacher - The IQAC takes feedback from students about each faculty and their teaching courses. A review of the feedback received is conducted by IQAC & Principal and then conveyed to each faculty.

Workshops / Development Program - The faculty has always felt the need to upgrade themselves in the new teaching learning methods, techniques and practices. In order to gain more information and make the teaching

learning process more student centric the IQAC has taken different initiatives like conducting workshops on teaching methods, regular discussions with faculty about best practices in teaching, circulation of articles on best practices by other faculties and institutes, etc. The following Faculty development programs were organized on teaching learning process:

Workshop on "From Teaching to learning" Teaching style in Physical Education

All the professors in the college have been preparing teaching plans for their respective subjects IQAC has initiated using more technology into the teaching learning process. For the same the IQAC has conducted interactive and training sessions on learning technology-based tools for evaluation - Workshop on Use of Google classroom. Due to this workshop all faculty members have started using Google Classroom for evaluation, Zoom for conducting lectures and meeting with stakeholders and other teaching learning processes.

Feedback Documents … … … … … (Appendix 93)

6.5.3 **Average number of quality initiatives taken by IQAC or any other mechanism for promoting quality culture during the last five years.**

Response: 9.66%

*Note :- The above data is off three years, in the **year 2019-20 & 2020-21 due to Lockdown the quality initiatives was not conducted for promoting quality.**

(IQAC Report) IQAC Work_A IQAC Work_B (Appendix 94 A, B & C)
Data Templet

6.5.3.1 Number of quality initiatives taken by IQAC or any other mechanism for promoting quality during the last five years.

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Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Number of quality initiatives taken by IQAC or any other mechanism	15	8	6	--	--	29

6.5.4 **Institution engages in several quality initiatives such as 1. Regular meeting of Internal Quality Assurance Cell (IQAC) or other mechanisms; Feedback collected, analysed and used for improvements 2. Timely submission of AQARs (only after 1st cycle) 3. Academic Administrative Audit (AAA) and initiation of follow up action 4. Collaborative quality initiatives with other institution(s) 5. Participation in NIRF**

Response:

(Action taken Report) Data Templet … … … (Appendix 95)

6.5.5 Institutions keeps track of the incremental improvements achieved in academic and administrative domains of its functioning through quality assurance initiatives

Response:

College was accredited by NAAC first in 2004-05 for the first time. The college has successfully implemented quality initiatives based on observations made by NAAC.

Following are two examples of the initiatives taken by the college after every cycle of NAAC

- The NAAC had suggested exploring the possibility of having short term job-oriented certificate courses. The college through extension wing-initiated certificate courses, gym instructor, aerobics trainer courses and several students have benefited from these courses. The courses were designed and developed by collaborating with the experts from the industry and renowned health clubs and alumni involved in this field. The courses comprised theory and practical components and offered updated knowledge and skill development. Many students completing these courses either got job opportunities or started their own businesses. Large number of students and people from outside are certified. The college has collaborated with professional bodies for initiating job oriented short-term courses. The college encourages students to complete at least one certificate course along with their education.

- Research culture has become one of the priorities to institutional development. BPCACPE has started implementing successful practices for developing a research culture. **"Research Training Drive"** College provides the necessary resources and training to the stakeholders to become proficient in research. All the faculty members have successfully completed Ph.D. All the faculty has been trained to mentor the master's research students; this mentorship has added to development in research culture. UG and PG curriculum includes research methods as an essential course thereby orienting all the students with theoretical knowledge about research. All the PG students conduct a research project and utilize their research skills, study skills, academic writing skills, data analysis skills and write a research report, they are also encouraged to present their research in conferences. The mandatory aspect of the research project certainly is challenging but it helps in understanding the rigor and helps a lot of students by motivating them to take up further higher studies & research. BPCACPE has grown into a research centre of high-quality research work. It is evident from the increased number of publications in the form of research articles in a number of reputed journals and books on various topics. The faculty and the students are keen on participating in national and international conferences, seminars, where they present their research papers.

- Number of students enrolling for PhD has risen, the college has eight in-house research guides approved from the University of Mumbai. Number of scholars completing PhD has grown substantially. The college has also developed its research policy for promotion and development of research.
- The faculty development programs are conducted to upgrade research knowledge and skills. The college provides resources and facilities for research. SPSS 22 software is available in the computer library. The library has subscribed to highly reputed journals also INFLIBNET for accessing good quality resources.

For second and subsequent cycles:

- **Innovative student centric teaching** - Teachers are exploring various innovative approaches to teaching-learning. They ensure student centric, active learning strategies in their teaching. eg Methods like problem-based learning, group discussion, constructivist-learning, cooperative -learning, active learning, self-directed learning. The IQAC encourages, educates the faculty to be innovative. Teachers have been using the modern approaches, and the IQAC felt the need to update faculty members about those. It is with this intent, a FDPs was organised during Pandemic period. It included presentations by teachers, discussion and brainstorming sessions. This workshop focused on modern teaching methods used efficiently for theoretical courses in higher education. This workshop proved to be highly beneficial for the faculty. This FDP proved to be highly fruitful as it was seen that most teacher-educators were exploring the use of innovative teaching methods by including them in plans and processes.

  These sessions provided the teachers with the opportunity to understand, implement and explore innovative teaching styles in theory and practical courses. This worked effectively in pre-pandemic period and online teaching during the lockdown period.

- Infrastructure development & improvement in the learning facilities

  Since the second cycle, the college with our management support has continuously tried to upgrade the facilities and infrastructure. There has been a great development in the sports infrastructure and learning facilities. The renovated new sports equipment room has been designed in a way that ensures ease in handling, issuing and preserving the resources. The management has also provided us with the most modern auditorium with all the necessary facilities.

For Third and subsequent cycles:

- Research publications and certificate courses improvement in the overall facilities for quality education are the given emphasis after the second cycle of NAAC. All the faculty has completed MRP funded by the University of Mumbai.

- More workshops on research methodology and statistical Procedures were conducted under the guidance by Dr. D. N. Sansanwal for faculty, UG, Ph. D scholars as well as the scholars of University of Mumbai and SNDT. As per the guideline of NCTE the college has established Human Performance and Athletic Care lab.

  The college has renovated the library and increases the sitting capacity as well as included number of books and added computer and internet facility.

  Document CCPFT … … … … … (Appendix 96)

Criterion 7 – Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

7.1.1 Institution has stated energy policy streamlining ways of energy conservation, use of alternate sources of energy for meeting its power requirements

Response:

The Institute is very well designed from an Architectural perspective. It acts as a major benefit as the classrooms and staircases are ventilated using natural light and fresh air. The Institution has adopted various measures towards Energy conservation such as switch-off drills are practiced at present, the inbuilt power saving mode in every Computer is functioning, there are no Ultra-violet lights and any other harmful lights used in the premise, power saving tubes and lights were installed in all the rooms. The Institution is soon going to install Solar Panels which will further help it in meeting the energy requirements which at present is consumption of around 2000 units on an average (Monthly basis). Though comparatively the premises energy load is quite more as other lease offices are located in the premises it is the need of an hour to go for Solar Panel.

Furthermore, to reduce the electrical consumption steps shall be taken by the Institute to replace the existing appliances with star-rated energy efficient appliances in future.

Energy Audit … … … … Please see the Appendix 92 A

7.1.2 Institution has a stated policy and procedure for implementation of waste management

Response:

The Institute is a name to reckon with in the field of Physical Education and boasts of an infrastructure and standard of education in the city like Mumbai and considering population of the city the Institution has enough and standard facilities to impart quality Education. The institution has enough space and the ground if surrounded by more than 45 trees and plants.

The traditional tap and pipe facility is adopted for watering and the college has taken special provisions for the same. The spaces are watered daily in summer. The effort to maintain the existing spaces are commendable as observations of the External Green Audit Team.

The College is Appreciated for its steps towards awareness for putting up posters related to Cleanliness, Energy, Waste, Water, Save Environment. Cleaning of the campus is looked after regularly, adequate toilets, water places are available. The campus is known for its cleanliness, green cover, open spaces, and pollution free environment. A number of fitness

enthusiasts are on the campus every day to reap the benefits of this environment and become healthy

Certificate … … … … … … … (Appendix 97)

7.1.3 Institution Waste management practices include

1. Segregation of waste
2. E-Waste management
3. Vermi-compost
4. Biogas plants
5. Sewage Treatment Plant

Response: No Documents in response to above

7.1.4 Institution has water management and conservation initiatives in the form of 1. Rain water harvesting 2. Waste recycling 3. Reservoirs /tanks/bore wells 4. Economical usage/reduced wastage

Response: No Documents in response to above

7.1.5 Institution is committed to maintenance of cleanliness, sanitation, green cover and providing a pollution free healthy environment

Response:

The College makes conscious efforts to keep the campus clean, beautiful and pollution free. For this, the faculties and student-teachers are also given responsibilities. In fact, both the human as well as physical resources of the College are utilized. Moreover:

- A separate portfolio for 'Beautification' is maintained for keeping the College premises clean and green. All the rooms are provided with dustbins. The corridor is decorated with indoor plants, which helps to reduce the level of pollution.
- Environment and pollution messages are regularly displayed on the notice board.
- Parking of vehicles is not permitted in the campus.
- Talking loudly in the corridor and library, is strictly prohibited.
- The institution always emphasizes on a clean and hygienic environment in its campus. Annual physical verification of library, laboratory, sports equipment, furniture and electrical equipment takes place, every year. The non-usable things are disposed off after the verification, every year.
- The teaching and non-teaching staff, students' council as well as students are given various assignments for keeping the premises of the institution neat, clean and tidy.
- The institution keeps its campus neat, clean and pollution free to prevent health hazards

To maintenance of cleanliness, sanitation, green cover and providing a pollution free healthy environment the institution had taken following steps_

The college has Campus Environmental Audit to Navy Blue Energy, Navy Blue Resources Integration and Solutions Pvt. Ltd. for energy audit, water audit, waste disposal audit, Environmental Quality Audit, Renewable Energy Feasibility and Green audit of the premises. Audit Team conducted the site visit of the premise during 7th to 10th March, as part of the process. The Green Building Consultant has shared her valuable guidance to make the campus greener, healthy and pollution free. In addition, the College is in process to sign an MOU Navy Blue Energy, Navy Blue Resources Integration and Solutions Pvt. Ltd. And other activities in the long run such as,

- Green Practices
- Plastic-free campus
- Paperless office

Plastic-free campus: the institute provides resources and tools to educate students & communities on the environmental and health benefits of going plastic-free campus to minimize plastic consumption and pollution in the premises and the surrounding environment. The Plastic Free campus initiative aims to reduce single-use plastics in campuses by encouraging students & faculties to make plastic-free commitments. The syllabus and other study material to the students. Moreover, most of the office communication is done paperless through email communication. Also WhatsApp groups are created class wise to communicate any kind of important message to the students. The usage of papers is restricted in every possible way

The traditional tap and pipe facility is adopted for watering and the college has taken special provisions for the same. The spaces are watered daily in summer. The effort to maintain the existing spaces are commendable as observations of the External Green Audit Team.

Cleaning of the campus is looked after regularly, adequate toilets, water places are available. The campus is known for its cleanliness, green cover, open spaces, and pollution free environment. A huge number of fitness enthusiasts are on the campus every day to reap the benefits of this environment and become healthy

(Certificate)… … … … … Please see the **Appendix 97**

7.1.6 **Institution is committed to encourage green practices that include: 1. Encouraging use of bicycles / E-vehicles 2. Create pedestrian friendly roads in the campus 3. Develop plastic-free campus 4. Move towards paperless office 5. Green landscaping with trees and plants**

Response:

(Energy Policy) … … … … … **(Appendix 98)**

7.1.7 Percentage of expenditure on green initiatives and waste management excluding salary component during the last five years (INR in Lakhs)

Response:

(Data Templet)

7.1.7.1 Total expenditure on green initiatives and waste management excluding salary component during the last five years (INR in Lakhs)

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Year	2016-17	2017-18	2018-19	2019-20	2020-21	Total
Expenditure on green initiatives and Waste management (INR in Lakhs)	00	3100.00	18750.00	8520.00	13700.00	44070.00

Response: 100%

7.1.8 Institution puts forth efforts leveraging local environment, locational knowledge and resources, community practices and challenges.

Response:

Our institution is located in prime location of Mumbai, nearby in the area, there is no source available for physical fitness and health development. By considering this, institution puts forth efforts to leveraging local environment and provide health and fitness developmental facilities. Accordingly, our institution established a standard Gymnastic training centre, Gym facilities and Yogic practices facilities for public and students. All these centres are run by alumni of the college. For the celebration of sports days and athletic meet of schools, corporate offices like Bharat petroleum, Satara Bank etc., our institution made available the facility in concessional rates in vacation period or during holiday. The auditor of green audit of the college has recommended about establishment of solar power energy source accordingly our institution has made initial meetings with the different solar power service provider venders, and we are proud to inform you that earliest solar power panels will be installed on the roof of college stadium and gymnasium hall. Extra power will be sold to BEST. In addition to these activities, our institution actively associated with many social and educational institutions and charitable trusts in Mumbai for over 30 years.

The Institution mainly promotes research in Physical Education, Yoga and Sports Sciences and allied discipline. The institution is a pioneer institution of Physical Education and Sports and it have an University approved Research Centre. Various research scholars are visited to the institution to collect reviews of their related research work and to collect research tools/questionnaires, accordingly all these are made available to

them to the admitted and outside Ph. D. Scholars and researchers without any cost.

Institution has number of sporting equipment stored in the college sports equipment storeroom. Some necessary cultural activity equipment like Dhole, Tasha, Zanz, Lezium are made available to the nearby public and various schools during their cultural and sports day.

Documents … … … … … … … (Appendix 99)

7.1.9 Institution has a prescribed code of conduct for students, teachers, administrators and other staff, and conducts periodic programmes to appraise adherence to the code through the following ways.

1. Code of Conduct is displayed on the institution's website
2. Students and teachers are oriented about the Code of Conduct
3. There is a committee to monitor adherence to the Code of Conduct
4. Professional ethics programmes for students, teachers, administrators and other staff are organized periodically

Response:

(Code of Conduct) … … … please see the Appendix 41 A

7.2 Best Practices

7.2.1 Describe at least two institutional best practices

Response:

Title of the Practice

1. Helpdesk Approach for Student Admission

The Context:
The College is recognised by the government of Maharashtra and affiliated to University of Mumbai which follows Centralised Allotment Process (CAP) in the admission procedure. Since the college stands for the academic aspirations of the youth, we have evolved a supportive mechanism for helping the aspirants especially to the tribal area. Particularly the students who are seeking admission to UG and PG programmes in our institution.

Objectives of the Practice:
'Helpdesk' is an admission committee comprising of teaching and nonteaching staff members and is open to any student seeking admission in the colleges.

Goal:
A supportive mechanism to ensure transparency of admission process and to provide accessibility to the students who are not user friendly to the technological aspects by way of _

i) Registration to the CET examination
ii) By offering assistance to fill the examination form.

iii) Consultancy for clarifying doubts regarding the entire admission procedure starting from online registration to the completion of admission.

The Practice

In the beginning of every academic year an admission committee, 'Helpdesk' is constituted with a number of teaching and nonteaching staff as its members and the same information if given on the college web site. The committee starts functioning from the moment the admission notification is released in government website and continue to function till the closure of admission procedures.

The students who get admission through the admission portal can directly approach the helpdesk where their documents are checked, and they would be directed to the office for further verification and other procedures for the completion of admission.

Obstacles faced / Problems Encountered:

The helpdesk comprises teaching as well as non-teaching staff members of the college. Their service in their respective area of job is hindered slightly during admission time. The members of the admission committee have to stay over time and they find it difficult to engage classes as per schedule.

Impact of the Practice/ Evidence of Success

The helpdesk started functioning in 2015 and since then it has been instrumental in making the admission process an easy task for the students, parents, and the college staff. The students can complete the admission procedure without waste of time since they receive proper directions from the helpdesk.

Resources required:

A separate space/office with systems with internet connectivity and equipment like printers are required for the smooth functioning of the helpdesk. Moreover, the members are to be present at the helpdesk throughout the admission days.

2. Title of The Practice: Mentoring System For Students

Objectives of the Practice:
To minimize dropouts, improve performance and reduce stress of the students through personal counselling

The Context
During the programme students face various personal, academic, physical, mental problems. Students are new to professional college life. It creates a lot of stress, especially to students with poor economical background and those who are residing in the hostel and are away from family for the first time. Students from educationally weak background feel complex and hesitations in class and unable to perform well due to reluctance which may result in dropout. Considering the student-teacher ratio in classrooms, it is difficult at times to give personal attention to students in class. Therefore, one solution is a 'Mentor' who can form the bond with students in the true sense. Mentoring is required for

students to achieve emotional stability and to promote clarity in thinking and decision making for overall progress.

The Practice.

- *Each teacher is assigned around 12-13 students for the complete duration of their study.*
- *They meet at least once a month to discuss, clarify and share various problems which may be personal or academic, etc.*
- *The mentors encourage the students to participate in co-curricular and extracurricular activities as well as sports.*
- *Their academic performance and other activities are all recorded.*
- *The mentors also keep in touch with the parents on their attendance, test performance, fee payment, examinations etc. on weekly basis*
- *The mentors also counsel the students in need of emotional problems.*
- *When the students have any problem in any department either with the staff or with work completion the mentors speak with the respective staff and sorts out the problem.*
- *Mentors take special care of weak students, who are given advice on how to study, prepare a timetable for study and clarify the doubts and also given notes to study.*
- *The head of institution takes the progress of counselling of students by mentors.*
- *Students problems are discussed with the other faculties and necessary action taken to solve it.*

Evidence of Success

Evidence of success of the practice includes better results in the examinations, improved attendance, less dropouts, increased participation in co-curricular and extracurricular activities, better discipline on campus and respectful relationship between teachers and students. The students are more relaxed and have a healthy relationship with the staffs.

Problems Encountered and Resources Required

This practice requires committed teaching staff who has the desire to help students beyond teaching hours. There are no limitations or constraints faced during implementing the program.

Best Practices http://www.bpcacpemumbai.org/pdf/BestPractices2016-17.pdf

7.3 Institutional Distinctiveness

7.3.1 Performance of the institution in one area of distinctiveness related to its vision, priority and thrust.

Response:

Our College is a renowned and recognized institution in the state of Maharashtra in the field of Physical Education and Sports. Institute provides

inclusive physical education and a deserving student is not denied an opportunity for education solely on socio-economic constraints.100% faculty have Ph. D. degree. Maximum Schools/ Colleges from Maharashtra having PE teachers/trainers, Instructor, Director of Physical Education are from Bombay Physical Culture Association. Well-equipped library provides students maximum opportunity of learning. Add on courses in Outdoor Fitness, Aerobics, Yoga, Skating provides additional platform for students to gain additional knowledge in the field of Physical education and Sports. Institute provided students prerequisite training for building and developing competencies for the placement. Institute provides holistic education to develop skills, knowledge and values through well-structured curriculum and instructions. Mentoring scheme has developed systematic road map for improving the different aspects of personality developments, Communication Skill, Presentation Skill, Teamwork, leadership qualities, etc. and make them ready to face the challenges in the profession. Human Performance lab consisting various Psychological, Physiological and Fitness equipment provide hand on experience students and maximizes opportunity to students to learn latest procedures in assessment of sports person

The college envisions Social Transformation through Health, Physical Education, and Sports and is on the mission to develop sensitive human resources catering to health, physical education, and sports in transforming society through service, innovative strategies, academic programs, and cutting-edge research and also to lead the community in creating knowledge about health, physical education, and sports. College boasts of multiple activities & programs to achieve its vision, some of the distinctive features are excellent execution of the academic programs, research, and unique innovations. One distinctive feature of the college is introduction of Value-added courses

Objective: To train the Students to face the outer world with the right values, and attitude.

The Context: B.P.C.A's College of Physical education build the base for a student's future. This is why it is said that our college play a significant role in providing Value Education or moral education.

Value Education means to teach universal values like moral values, honestly, patience, etc to students. Today, education is not just confined to books. It goes much beyond that. In today's world, what is most important is a student's holistic development. This is why our institution focus on extracurricular activities and Value Education along with academics. It feels like moral values are almost disappearing in today's generation. To resolve this, Value Education is the best practice. Physical Education is a lifelong process and one's personality development starts from extra-curricular activities. Through Value Education, as it is commonly known, we can develop the children into people with a strong character. Such students know how to utilize their knowledge and skills for the advantage of mankind. Physical Education is a strong weapon that can change the world. Here, Physical Education refers to Physical, Mental and social as well as moral Value Education. As much as academic education is important, Value Education is important too. It has the power to change the world.

Our college aims at training the students to face the outer world with the right values and attitude. This is a process of the overall personality development

of a student, i.e. Character, personality, citizenship, and spiritual as a part of Value Education. A good Physical Education training when added with Value Education sessions can change the character of a person drastically. This helps students in all dimensions so that they can serve their country more democratic, cohesive, socially, and responsibly.

The Practice:

i. In order to improve the professional qualities of the students Value-added courses such as district level technical official classes and examinations in Volleyball, Kabaddi, Kho-Kho, Langadi, Athletics were made part of the training.

ii. By taking the cognizance of fitness and the interest of the society towards exercise and overall health two Certificate Course i.e. in Personal Fitness Training & Certificate Course in Gym Management. Were introduced by the institution by establishing well equipped Gym as well as collaborating institute with a well-known fitness academy in India i.e. Gayo fitness. Students are trained and certified by the University of Mumbai by these two courses.

iii. To develop the love and responsibility towards Nation every year the patriotism awareness programme and Indian flag code training programme is been implemented by way of organizing Training camp to give information about the great leaders and their sacrifice towards bringing independence.

Evidence of Success:

i. The success in the district level technical Official classes evident that the learners were given opportunity to officiate in interschool and sports day competitions organize by DSO and various nearby schools.

ii. The certified students in CCPFT AND CCGMT gives and additional way of income to the learner every year 40% to 50% students who goes for Higher education been appointed as a part time trainer in various gym of Mumbai.

iii. The purpose of the two practices brought change and awareness among the learners towards their role and responsibility as a good citizen. They also learn the importance of National Flag and its code in their service.

Thus, we can say that along with all the other activities, this introduction of these Courses/ event performs exceptionally well in terms of reaching vision by catering to the priority and thrust area of health and fitness of the individuals. The institution has thus performed uniquely and contributed to the vision.

Images

5 – CONCLUSION

Additional Information:

Distinctive Characteristics of the Institute

1. **Regulatory Body:**

   Bombay Physical Culture (BPCA), which is the parent body of CPE, has truly given all its support to the institution. Its philanthropy yet non-interfering approach to the management has been instrumental in the progress made by the College.

2. **Infrastructure:**

   BPCACPE was awarded a space of 8860 sq. metre by the Government on a perpetual lease, in the heart of Mumbai city with the explicit objective of conducting the activity of a training college of trainers in Physical Education.

3. **Faculty and Staff:**

   The College has qualified, experienced and dedicated faculty and support staff who are eager to keep pace with the new approaches and dimensions in Physical Education. We are indeed proud to have academic staff with a high proportion of PhD degrees (100% teaching staff with Ph. D).

4. **Learning Environment:**

   The learning environment provided and nurtured at the institute is democratic and learner centered and disciplined, conducive & free at the same time.

5. **Extension Activities**

   Extension activities provide a range of experiences and train the students further professionally. Add on courses, sports academies, health awareness courses are some of the activities under this section.

6. **Leadership:**

   The College has provided leadership to the discipline of Physical Education by providing expertise to the Government, University, State Board of Education. The college faculty has been closely associated with the University Bodies by heading BOS, members of AC, MC, RRC and Syllabus committee and other prestigious positions.

   "WE ARE PROUD TO STATE THAT OUR COLLEGE WAS GIVEN BEST COLLEGE AWARD -URBAN" BY THE UNIVERSITY OF MUMBAI, IT IS ALSO ACCREDITED BY NAAC IN THE THIRD CYCLE WITH 'A' GRADE (CGPA-3.29), FUNDED WITH RS. 2,00,00,000/- UNDER THE SCHEME "INFRASTRUCTURE GRANT TO COLLEGES" BY RUSA FOR UPGRADING THE FACILITIES AND INFRASTRUCTURE."

Concluding Remarks:

BPCACPE since its inception has strived to develop academic discipline and also making noteworthy contributions to society. Three eminent personalities and great visionaries viz., Late Padmashree Krishnaji Shripad Alias Bapusaheb Mhaskar, Late Namaskaracharya, J.K. Alias Bhausaheb Soman and Patrapandit, and Late P.H. Alias Nanasaheb Khadilkar had established this Association on 29 June 1935, during British period, with a great vision "BALAM RASHATRASYA VARDHANAM" which

means strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony. In fact, this vision of the institute is based on the universal truth 'Survival of the fittest and true national spirit', mainly for the promotion of the indigenous games and exercise systems. Bhartiya Kreeda Mandir is a campus perhaps of its own kind in the country having big stadium and other sports infrastructure specifically designed and created for the promotion of Indian games, sports& exercise system. The institute takes at most to make the generation Healthy and Fit and addiction free, and recognizing Physical Education as a scientific discipline, the college has designed and implemented several programs and initiatives.

The college has been instrumental in bringing about radical change in the outlook towards Physical Education, Sports Sciences and Research at the societal level. All the members of the college work in concurrent with a changed attitude and a scientific outlook towards the field.

All the components involved carries a similar vision regarding the field and its development. The members emphasize and insist on spreading this vision and thereby uplifting the marginalized status of Physical Education, wherever, they function.

The college has focussed on creating and disseminating knowledge and has successfully developed high quality human resource related to the field of Physical Education, Health, Wellness, Yoga, Physical Activity, Physical Literary, & sports. In the forty-four years since its existence, the college has extensively worked for masses, community at large and also for providing Physical Education, Sports and Sports Science its recognition and status.

The college has a strong reputation for providing high quality Physical Education Teacher educators and producing excellent professionals. A huge number of schools, colleges, institutes, universities from the state of Maharashtra and outside prefer employing our students, who carry the values, knowledge and work ethic thus enabling us to achieve our vision.

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1.1 Curriculum planning – Mid course correction

Institution has a regular in house practice of planning and/or reviewing, revising curriculum and adapting it to local context /situation. The procedure adopted including periodicity, kinds of activities on the basis of suggestion & feedback regarding importance & necessity of activities from stakeholders, students, faculties, alumni, experts, employers & practice teaching schools. Communication of decisions to all concerned through notice, mails & phone calls. Different Kinds of issues discussed like students response, availability of time & facilities, teaching methodologies, local situations etc.

In last academic year institution Implemented mid-course correction plan due to Covid 19 pandemic situations, Institution organized practical sessions off line & on line very differently to cover the maximum activities & provide appropriate leaning experiences to the students.

Course 406 Proficiency in Physical Education and Sports Activities

Session 1(15 February to 18 March 2020)

Time: 7.00 am to 8.30 am

Group	15 Feb to 18 March 2020	3 March to 18 March 2020
1	Table Tennis	Lezium - Baroda
2	Aerobics	Tennis
3	Band Training	Football
4	Lezium - Baroda	Table Tennis
5	Tennis	Aerobics
6	Football	Band Training
Exam Date		

Time: 9.00 am to 10.30 am

Group	15 Feb to 18 March 2020	3 March to 18 March 2020
1	Mallakhamb	Lezium - Dakhani
2	Dand & Baithak	Yoga
3	Sit Ups & Push Up	Boxing
4	Lezium - Dakhani	Mallakhamb
5	Yoga	Dand & Baithak
6	Boxing	Sit Ups & Push Up
Exam Date		

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Curriculum planning

Institution has a regular in house practice of planning and/or reviewing, revising curriculum and adapting it to local context /situation. The procedure adopted including periodicity, kinds of activities on the basis of suggestion & feedback regarding importance & necessity of activities from stakeholders, students, faculties, alumni, experts, employers & practice teaching schools. Communication of decisions to all concerned through notice, mails & phone calls. Different Kinds of issues discussed like students response, availability of time & facilities, teaching methodologies, local situations etc.

In last academic year institution Implemented mid-course correction plan due to Covid 19 pandemic situations, Institution organized practical sessions off line & on line very differently to cover the maximum activities & provide appropriate leaning experiences to the students.

Course 406 Proficiency in Physical Education and Sports Activities

Session 1(10/06/2020 to 04/07/2020)

Time: 7.00 am to 8.30 am

Group	**10/06/2020 to 04/07/2020**	**10/06/2020 to 04/07/2020**
1	Table Tennis	Lezium - Baroda
2	Aerobics	Tennis
3	Band Training	Football
4	Lezium - Baroda	Table Tennis
5	Tennis	Aerobics
6	Football	Band Training
Exam Date		

Time: 9.00 am to 10.30 am

Group	**10/06/2020 to 04/07/2020**	**10/06/2020 to 04/07/2020**
1	Mallakhamb	Lezium - Dakhani
2	Dand & Baithak	Yoga
3	Sit Ups & Push Up	Boxing
4	Lezium - Dakhani	Mallakhamb
5	Yoga	Dand & Baithak
6	Boxing	Sit Ups & Push Up
Exam Date		

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In last academic year institution Implemented mid-course correction plan due to Covid 19 pandemic situations, Institution organized practical sessions off line & on line very differently to cover the maximum activities & provide appropriate leaning experiences to the students.

Course 406 Proficiency in Physical Education and Sports Activities

Session 1(15 February to 18 March 2021)

Time: 7.00 am to 8.30 am

Group	15 Feb to 2 March 2021	3 March to 18 March 2021
1	Table Tennis	Lezium - Baroda
2	Aerobics	Tennis
3	Band Training	Football
4	Lezium - Baroda	Table Tennis
5	Tennis	Aerobics
6	Football	Band Training
Exam Date		

Time: 9.00 am to 10.30 am

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1	Mallakhamb	Lezium - Dakhani
2	Dand & Baithak	Yoga
3	Sit Ups & Push Up	Boxing
4	Lezium - Dakhani	Mallakhamb
5	Yoga	Dand & Baithak
6	Boxing	Sit Ups & Push Up
Exam Date		

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1.1.2 List of the persons participated in the process in-house curriculum.

Sr. No.	Name of the persons	Persons involved
1	Dr. G. K. Dhokrat	Head of the Institution
2	Dr. R. R. Dhakne	Faculty of the Institution
3	Dr. R. C. Kawade	Faculty of the Institution
4	Dr. K. K. Asai	Faculty of the Institution
5	Dr. J. M. Hotkar	Faculty of the Institution
6	Dr. R. N. Shelke	Faculty of the Institution
7	Dr. N. O. Joshi	Faculty of the Institution
8	Dr. S. N. Chougule	Faculty of the Institution
9	Dr. K. J. Maru	Faculty of the Institution
10	Dr. M. M. Gharote	Alumni & Visiting Faculty
11	Dr. V. V. Jadhav	Alumni & Visiting Faculty
12	Shri D. D. Shinde	Alumni
13	Shri N. A. Lohar	Alumni
14	Shri Suhotro Roy	M. P. Ed. student
15	Smt. Devanshi Dedhiya	M. P. Ed. student
16	Miss. Lopa Joshi	Practice teaching School
17	Shri Suhas Thale	Practice teaching School

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Appendix 3

Teacher Orientation Program

College takes efforts in updating the faculty from time to time. The college faculty was oriented about the college program, curriculum and year plan and execution strategies during the staff meeting conducted on 10 November 2021.

The IQAC coordinator conducted this orientation and discussed all the details followed by a Q & A session and necessary changes were suggested.

Points discussed:

1. Curriculum planning.
2. Effective delivery of the program.
3. Strategies for achieving program outcomes.

Following staff members were present :

1. G.K. DHOKRAT.
2. R.R. DHAKNE.
3. K.K. ASAI.
4. J.M. HOTKAR.
5. R.N. SHELKE.
6. K.J. MARU.
7. R.C. KAWADE.
8. N.O. JOSHI.
9. S.N. CHOUGULE.

The session was successfully conducted & oriented the teachers about effective curriculum planning, delivery and outcome achievement.

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Teacher Orientation Program

College takes efforts in updating the faculty from time to time. The college faculty was oriented about the college program, curriculum and year plan and execution strategies during the staff meeting conducted on 6 February 2021.

The IQAC coordinator conducted this orientation and discussed all the details followed by a Q & A session and necessary changes were suggested.
Points discussed:

1. Curriculum planning.
2. Effective delivery of the program.
3. Strategies for achieving program outcomes.

Following staff members were present :

1. G.K. DHOKRAT.
2. R.R. DHAKNE.
3. K.K. ASAI.
4. J.M. HOTKAR.
5. R.N. SHELKE.
6. K.J. MARU.
7. R.C. KAWADE.
8. N.O. JOSHI.
9. S.N. CHOUGULE.

The session was successfully conducted & oriented the teachers about effective curriculum planning, delivery, and outcome achievement.

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Teacher Orientation Program

College takes efforts in updating the faculty from time to time. The college faculty was oriented about the college program, curriculum and year plan and execution strategies during the staff meeting conducted on 14 April 2021.

The IQAC coordinator conducted this orientation and discussed all the details followed by a Q & A session and necessary changes were suggested.
Points discussed:

1. Curriculum planning.
2. Effective delivery of the program.
3. Strategies for achieving program outcomes.

Following staff members were present :

1. G.K. DHOKRAT.
2. R.R. DHAKNE.
3. K.K. ASAI.
4. J.M. HOTKAR.
5. R.N. SHELKE.
6. K.J. MARU.
7. R.C. KAWADE.
8. N.O. JOSHI.
9. S.N. CHOUGULE.

The session was successfully conducted & oriented the teachers about effective curriculum planning, delivery and outcome achievement.

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Teacher Orientation Program

College takes efforts in updating the faculty from time to time. The college faculty was oriented about the college program, curriculum and year plan and execution strategies during the staff meeting conducted on 18 Dec 2020.

The IQAC coordinator conducted this orientation and discussed all the details followed by a Q & A session and necessary changes were suggested.

Points discussed:

1. Curriculum planning.
2. Effective delivery of the program.
3. Strategies for achieving program outcomes.

Following staff members were present :

1. G.K. DHOKRAT.
2. R.R. DHAKNE.
3. K.K. ASAI.
4. J.M. HOTKAR.
5. R.N. SHELKE.
6. K.J. MARU.
7. R.C. KAWADE.
8. N.O. JOSHI.
9. S.N. CHOUGULE.

The session was successfully conducted & oriented the teachers about effective curriculum planning, delivery and outcome achievement.

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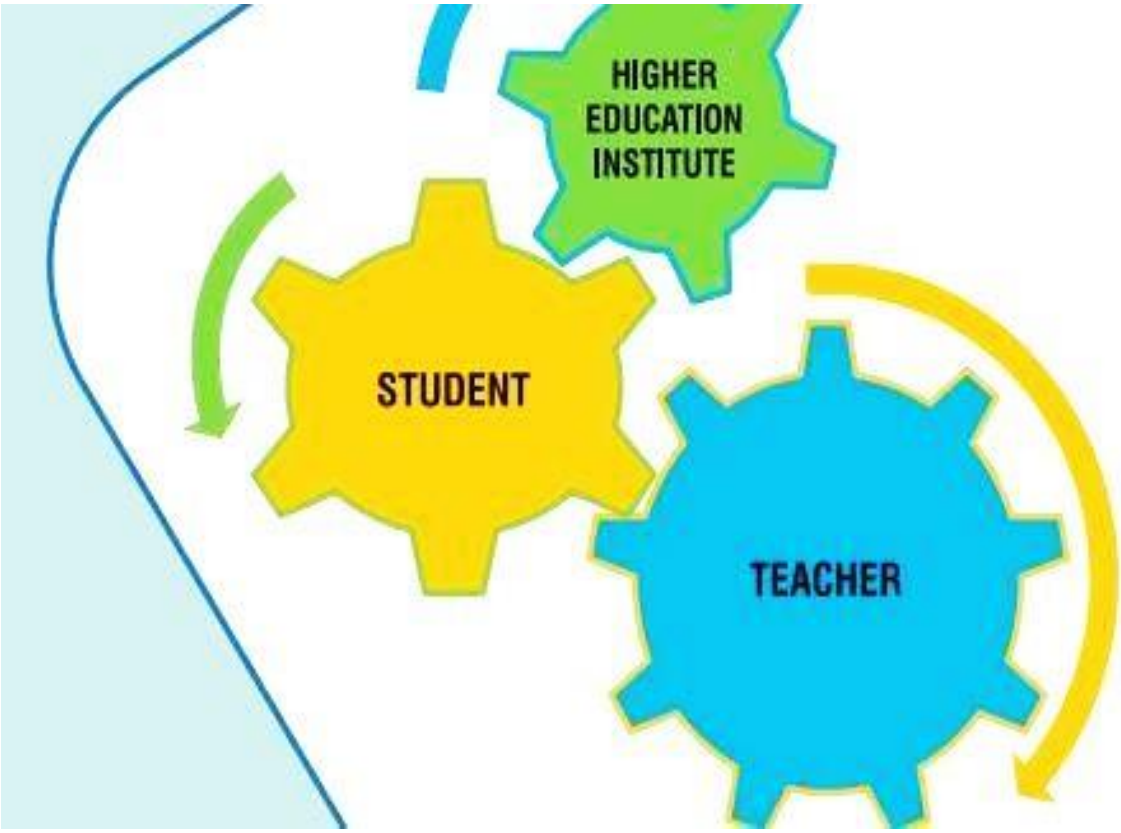
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 4

BOMBAY PHYSICAL CULTURE ASSOCIATION'S

COLLEGE OF PHYSICAL EDUCATION,

WADALA, MUMBAI – 400 031



STUDENT INDUCTION PROGRAM (SIP) 2021

Overview

- Organization of Induction Programme with a purpose to help students acclimatize with the new surroundings, develop bond with fellow students and teachers, sensitivity towards various issues of social relevance and imbibe human values so as to become the responsible citizens. Ensuring a well-designed induction programme will help both teachers and students for setting the pace of fruitful teaching-learning experiences.
- Transition from university/college life to Professional Education University program is one of the most challenging events in a students' life. When new students enter a professional institution, they come with diverse thoughts, backgrounds, and preparations. They come into a new unfamiliar environment, and many of they have little knowledge of a professional university/college program.
- Students Induction could cover a number of different aspects (SAGE):
- Socializing: meeting other new students, senior students, students union, Lectures by Eminent People;
- Associating: visits to University / college, visits to Dept./Branch/ Programme of study &important places on campus, local area, city and so on;
- Governing: rules and regulations, student support etc;
- Experiencing: Subject lectures, study skills, small-group activities, physical activity, creative and performing arts, literary activities, universal human values, etc.

Goals

1. Help new students adjust and feel comfortable in the new environment.
2. Help them build bonds with other students and faculty members, and expose them to a sense of larger purpose and self-exploration.
3. Inculcate in them the ethos and culture of the institution.

In this pandemic situation the institution tries to introduce Induction program as under_

Specifications

When	Date: March 1, 2021 to March 6, 2021 Time: Session -1: 7:00am to 8:00 am Session - 2: 11:30am to 12:30pm
What	List of activities to be included: Physical Activity Team building Activity Mentoring Familiarization to college program Introduction of curriculum Cultural and other activities Self- introduction and specifications Visits to campus Interaction with outgoing student / s
Who (Partners in Induction)	Group 1 GKD : Akshay Kadam Group 2 RRD : Suhotro Roy Group 3 RCK : /Davanshi Dadhiya Group 4 AKK : Stifen Barala Group 5 JMH : Prathamesh Rane Group 6 RNS : Dhiraj Joshi Group 7 NOJ : Omkar Nanhe Group 8 SNC : / Bahirami Pullikal Group 9 KJM : Viky Behara Group 10 MSS : Pooja Pal, Tejasvi Kadam

How (Implementation Plan)	• Making a group of 10 students each. • One faculty member and some student of second year master degree are allotted to facilitate each group. • Each faculty member prepares a plan of action for their group. • Faculty members and team conduct all the activities of the induction program in the given duration. • Faculty members have flexibility of implementing SIP. **USP of SIP** • Provide opportunities for group events. • Use senior students as buddies. • Make induction student - centered, and respond to diversity. Incorporate Ice Breaking Activities.

Program Content and Guidelines

STRUCTURE OF B.P.ED. PROGRAM

- **Duration : 02 years**
- **First year : 02 semesters (100 days each)**
- **Second year : 02 semesters (100 days each)**
- **Working Hours : 36 hours in a week**
- **Credits each Year : 44 (22 credits Per Semester)**
- **Total Credits : 88 Credits**
- **Total Marks : 2000 (1000 Marks each year)**

Introduction of curriculum (for Semester – I)

1. **Theory**
2. **Physical Activity**

- Physical Activities: (Internal Evaluation for 150 marks)
- Total of 12 major games / sports, and other activities will be taught in the first year (semester - I and II).

  During semester-I following activities will be covered_

- **Module – I** – Major games and sports - Football, Table Tennis, Mullkhamb, Boxing and Tennis
- **Module – II** - Rhythmic Activities and Drills- Lezium – Baroda, Lezium – Dakhani, Lezium – NFC, Aerobics and Band Training
- **Module - III** - Fitness Developmental Exercises – Suraynamskar, Dand & Baithak, Sit Ups & Push Up
- **Module – IV** - Yogic Practices- Asana, Pranayama, and Kaiya's
- **Module – V** - Co – Curricular Activities- Organization and Participation, Hiking & Trekking and Inter-house Competitions

The students has to opt activities of his / her choice for internal examination module wise

Theory Courses (Internal and External evaluation for 25 + 75 = 100 marks)

Course I - Foundations of Physical Education and Sports – External Assessment

Term Paper
Value education
Hiking/Trekking
} **Internal Assessment**

Course II - Yoga Education and Environmental studies - External Assessment

Term Paper
Project / Assignment on Yoga Education
Cleanliness campaign
} **Internal Assessment**

Course III - Methodology of Teaching (any one of the following Optional Method) - External Assessment Marathi, Hindi, English History, Geography, Science and Mathematics

Term Paper
ICT and Computer Application
} **Internal Assessment**

During Semester – II - following activities will be covered_

Introduction of curriculum

1. Theory
2. Physical Activity
3. Teaching Practice

Physical Activity

- **Module I - Major Games and Sports - Kabaddi, Kho-Kho, Volleyball, Swimming and Langdi**
- **Module II - Athletics (Any One Sprint and Any two Throwing events)**
  Sprint – 100 Mts. and 200 Mts.
  Throwing Events - Shot-put, Discus and Javelin.
- **Module III - Rhythmic Activities and Drills - Drill and Marching, Band training and Pyramids.**
- **Module IV - Physical Fitness Activities - Motor Fitness, HRPF.**
- **Module V- Co – Curricular Activities - Organization and Participation in Intramurals.**

The students has to opt activities of his / her choice for internal examination module wise.

Theory Courses (Internal and External evaluation for 25 + 75 = 100 marks)

Course V- Anatomy, Physiology and Health Education

Term Paper
First aid
Project / Assignment on Health education
} **Internal Assessment**

Course VI- Officiating, Coaching and Sports Training

Term Paper
Assignment / Project on Officiating
Play field marking
} **Internal Assessment**

Course VII- Organization, Administration and Management in Physical Education

Term Paper
Assignment / Project
} **Internal Assessment**

Course IX - Practice Teaching and Internship in Optional Method - Simulation lesson, School lessons and Internship

Team Building Activity:

- **Adjective Name:** Each member has to express himself/herself by telling the adjective of your first alphabet. The adjective should be one best describing you. Eg: Adventurous meet.
- **Name Memory:** Group of Ten stand in a circle & Take names. The first person takes his name and the second has to take the first person's name and his own name. The game is followed by everyone taking everyone's names.

Mentoring

- Mentoring and connecting with faculty members is the most important part of induction. Hopefully, it would set up a healthy relationship between the students and the faculty. Methodology of mentoring this content is extremely important. It must not be through do's and don'ts, but by getting students to explore and think by engaging them in a dialogue. It is best taught through group discussions and real life activities rather than lecturing. The role of group discussions, however, with clarity of thought of the teachers cannot be over emphasized. It is essential for giving exposure, guiding thoughts, and realizing values.
- The following topics may be discussed during the Mentoring sessions.
    1. Social Media
    2. College Life
    3. Fitness, sports and physical education
    4. Why do you want to be a teacher?
    5. Student aspirations, family expectations
    6. Gratitude towards people helping me
    7. Expectations from College

Familiarization to College Program

- Besides an orientation helping them differentiate between college life and school life along with career prospects offered by specific courses should be organized
    1. Daily schedule
    2. Different activities of the year: Intramural, Extramural etc.
    3. Introducing Rules and regulations of Attendance, Library, etc. (Code of Conduct)

Cultural programme

- Students should be exposed to culture activities like music, folk dance, demonstration of indigenous activities etc. These would allow for creative expression. It would develop a sense of aesthetics and also enhance creativity which would, hopefully, flow into their studies later.

Visits to campus

- Lecture halls, Gym, Various Laboratories, Library, Hostel, Playing Ground etc.

In-depth interview

- The main objective of the in depth interview is to get to know the student in 360 degree.
- Interview guide: Personal information according to template, Family background, Academic background, sports background, Economical status, interest area etc. A skilled qualitative interviewer should be:
    1. **Open-minded:** Judgment or criticism can act as barriers to communication, so it is important to maintain openness during the interview process. If interviewees perceive that they are being judged or evaluated, then they are less likely to openly share their opinions. Any conclusions that need to be made can be written in a journal after the interview is over
    2. **Flexible and responsive:** Human interactions are complex and people's responses to questions are rarely predictable, so good interviewers can think on their feet, respond to challenges, and make sure that the core purpose is being served.
    3. **Patient:** Allow the respondent to speak freely and open up at a pace that is personally comfortable.
    4. **A good listener:** A good listener is one who listens actively.

1.2.1.1 Number of optional / elective courses including pedagogy courses offered programme-wise during the last five years

Optional / Elective Course Opted	Whether joined Value added Course, Yes/ No, If Yes Kindly mention the course name		Whether undergone the self-Course (online / Offline) Yes/ No. If Yes, whether completed the Course	Whether participated in National Priority Programmes	Name of the Scholarship, if received	Amount of the Scholarship, if received
	Yes /No	Course Name				
B.P.ED (first year) semester 1 **Module 1** • Football • Table tennis • Malkhamb • Boxing • Tennis **Module 2** • Lezium-baroda • Lezium-dakhani • Lezium -NFC • Aerobics • band training **Module 3** • Suryanamskar • Dand & baithak • Sit ups & push up	Yes	Technical Official Examination 1. Kho-Kho 2. Kabaddi 3. Athletics 4. Volleyball 5. Langadi 6. Wrestling 7. Football	Yes	1. Swachh Bharat Abhiyan 2. Cleanliness campaign 3. Marathi Diwas 4. Prerna Diwas 5. 2nd October – Say No To Drugs (nasha mukti divas) 6. Andhshrdha nirmulan 7. Women's Day 8. Republic day 9. Shatrpati shivaji jayanti 10. Yoga day 11. Scout & guide day 12. Annual Prize Distribution Day 13. Annual sports day 14. Teachers day 15. Makar sankranti 16. Dhuli vandan & holi 17. Dussehra Pooja		

Module 4 • Asanas • Paranayam • Kriyas						
Module 5 Organization and participation in – • Hiking & trekking • Inter-house competitions						
B.P.ED (first year) semester 2 **Module 1** • Kabaddi • Kho-kho • Volleyball • Swimming • Langdi						
Module 2 **Sprint-** • 100 Mt. • 200 Mt. **Throwing events** shot-put • Discuss • Javelin						
Module 3 • Drill and Marching • Band training • Pyramids						
Module 4 • Motor fitness • HRPF						
Module 5						

Organization and participation in • Intramurals						
B.P.ED (first year) semester 3 **Module 1** • Badminton • Basketball • Judo • Cricket • Net ball						
Module 2 • Folk Dance • Zanj • Drills (Hoops, Flag, Calesthenics, Frolics, Dumbells, Wands,Mix drill etc.)						
Module 3 • Stretching exercises • Rope skipping						
Module 4 • Floor exercises • Vaulting • Horizontal bar • Parallel bar • Roman rings • Uneven bar • Balancing beam **Module 5** Organization and participation in- • Inter –house Competitions,						

• Picnic, Educational Visit/Excursions						
B.P.ED (first year) semester 4 **Module 1** • Wrestling • Hockey • Handball • Throw ball • Softball						
Module 2 • 4 * 100 M • 4 * 100 M **Jumps** • Running Broad • Jump • Running High Jump • Hop Step Jump						
Module 3 • Circuit Training • Weight Training • Fartlek Training • Interval Training						
Module 4 Organization and participation in – • Athletic Meets						
Module 5 Organization and Participation in • Intramurals • Scout and Guide Training Camp						

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POLICY FOR VALUE-ADDED COURSE

POLICY

1. Presently various value-added certificate programmes run by BPCACPE
2. The Scope of the various value-added certificate programmes will cover the deferent aspects of physical education, sports and allied sciences.
3. Present value-added programmes opens new avenues for Physical Educators, Fitness lovers & Stakeholders in the field of physical education and sports.
4. Present value-added programmes creates technical expertise in learners in the field of physical education, sports and allied sciences.
5. Present value-added programmes provides an opportunities to the learners who will work in the field of Physical Education, Fitness & Sports science by upgrade themselves with current knowledge in the field of sports.

DEFINITIONS OF THE TERMS

a. Add-on Course:

Any course run by BPCACPE with the permission of CDC in prescribed format for less than 45 clock hours but not less than eight hours will be considered as Add-on course. This type of course shall be design especially for current students to get additional knowledge of the field.

b. Certificate Course:

Any course run by BPCACPE with the permission of CDC in prescribed format for less than 12 weeks but not less than 45 clock hours will be considered as *Certificate course.* This type of course shall be design for stakeholders in the field.

PROCEDURE

Following Procedures need to be allotted to responsible staff members by the Principal.

SN	Operations	Responsible Person
1	Declaration & announcement of the course	Principal
2	Syllabus designing	Expert team
3	Development of the course material	Teaching Faculty Course Coordinator Office staff
4	Attendance	Teaching Faculty

5	Arrangement of class resources for teaching	Course Coordinator
6	Scheduling of classes	Course Coordinator
7	Examination	Various Sports Association and Course Coordinator
8	Certification	Various Sports Association and Course Coordinator
9	Documentation	Course Coordinator

INTAKE:

SN	Course	Intake
1	Add-on course	100
2	Certificate course	100

LIST OF THE CURRENT COURSE:

a. **Add-on courses (30 hrs.)**

i. Certificate Course in Athletics Officiating by Mumbai City District Athletic Association.

ii. Certificate Course in Volleyball Officiating by Mumbai City District Volleyball Association.

iii. Certificate Course in Kabaddi Officiating by Mumbai City District Kabaddi Association.

iv. Certificate Course in Kho-Kho Officiating by Mumbai Kho-Kho Association.

v. Certificate Course in Langdi Officiating by Mumbai Langdi Association.

b. **Certificate Courses (90 hrs.)**

i. Certificate Course in Personal Fitness Training (CCPFT)

ii. Certificate Course in Fitness Centre Management (CCFCM)

LIST OF THE COURSES TO BE STARTED:

a. **Add-on Courses to be Started**

i. Certificate Course in Football Officiating

ii. Certificate Course in Basketball Officiating

iii. Certificate Course in Handball Officiating

iv. Certificate Course in Dueball Officiating

b. **Certificate Courses to be Started**

i. Sports Journalism

ii. Aerobics Instructor Certificate Course
iii. Yoga Instructor Certificate Course
iv. Certificate Course in Strength & Conditioning
v. Certificate Course in Nutrition Management

FEE STRUCTURE:

- ✓ Fee structure for Add-on Courses shall be decided by the respective Sports and Games Associations.
- ✓ Fee structure for Certificate Courses syllabus shall be decided as per expected expenditure time to time.

SYLLABUS COMMITTEE:

I. For Add-on Courses syllabus shall be designed by the respective Sports and Games Associations.

II. For Certificate Courses syllabus shall be designed by the committee as follows:

- The Principal (Chairman)
- Minimum two Subject Experts from BPCACPE
- Minimum one Expert from the field
- Course coordinator

EVALUATION AND EXAMINATION

Evaluation of said courses shall be as follows:

SN	Course	Evaluation on Policy
1	Add-on Course	➢ Exams shall be conducted in two parts. One is objective type examination and second on ground practical based viva.
2	Certificate Course	➢ Subjective examination & viva shall be conducted, or any other evaluation system decided by syllabus committee. ➢ Grade shall be given on the basis of examination conducted. *

* ***Grading system shall be prepared time to time for all courses with the help of experts.***

CERTIFICATION

A certificate of merit shall be awarded to the learner who fulfills all the requirements of the course.

UTILIZATION OF INFRASTRUCTURE

Infrastructure like Classroom, Computer Laboratory, Physiotherapy, Athletic Care and Rehabilitation Laboratory and Gymnasium of BPCACPE shall be utilized for the said courses. Priority shall always be given to the regular courses run by BPCACPE.

ROLE OF MANAGEMENT

No course shall be conducted without the permission of management. All course structure shall be passed by CDC of BPCACPE.

FACULTY:

- Qualified expert shall be called as visiting faculty for teaching course.
- IQAC shall approve the visiting faculty.
- Faculty shall create study material for the course.
- Faculty shall be given remuneration as per approved by management time to time.
- Remuneration charges for visiting faculty shall be 700 Rs. per lecture and to college faculties 500 Rs. per lecture (Duration of the lecture shall be one clock hour) for the academic year 2016-17 to 2020-21. Remuneration includes TA & DA.
- Remuneration & other charges may be revised by Principal as per requirement with the consent of management.

Appendix 7 A

मुंबई विद्यापीठ

University of Mumbai

GĀYO FITNESS ACADEMY
AND RESEARCH CENTER PRIVATE LIMITED
Professional Education. Consulting. Management.

BPCA's COLLEGE OF PHYSICAL EDUCATION
AND
GĀYO FITNESS ACADEMY

jointly certify that

ADAK ASHWINI SAMPAT

successfully completed

with Grade 'A'

the Blended Certificate Course in

PERSONAL FITNESS TRAINING

jointly conducted by them in **Mumbai - India** From **November 1, 2016 to February 28, 2017**
in accordance with the approval of **the University of Mumbai** vide letter No. Aff. / ICD / 16-17 / 137 dated Oct 20, 2016

Dilip Heble
Founder & CEO, Gāyo Fitness Academy

Fairlink Center: 405-A, 4th Floor, B-64, Off Link Rd.,
Andheri (West), Mumbai - 400 053.
info@gayofitnessacademy.com | wwww.gayofitnessacademy.com

01MUM03001
Date : March 1, 2017

Continuing Professional Development: at least 30 hours Education & Training every three years starting from date of this certification.
This certificate must be evaluated with reference to the Performance Letter issued to certificate holder.

Bombay Physical culture Association's,
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Report of Teacher mentoring students on Self-study courses

Self-study course orientation

Date- 19th January 2021
Time- 09:00 am

Zoom Meeting Link
https://us04web.zoom.us/j/73814782308?pwd=SW9JbkZqQWMwZTUyNzdQbzJyYnRjdz09

Number of students present- 94

Nature-

1. The students were introduced to self-study courses. The Teacher explained the relevance of this self-study in present curriculum and its benefits to Students.
2. The students were introduced to the various means of taking the self-study courses online as well as offline.
3. Teacher mentioned the several self-study offline course like IFFSA Certified Yoga Instructor, NS NIS Six Weeks Certificate Course in Sports Coaching, Teachers Training Certificate Course in Yoga
4. Teacher encouraged the participants to take up any such self-study online course.
5. Students asked questions & queries and the Teacher tried to answer them.

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Bombay Physical culture Association's,
College of Physical Education,
Wadala, Mumbai –400031.

Report of Teacher mentoring students on Self-study courses

Self-study course orientation

Date- 27th March 2021
Time- 10:00 am

Link for Zoom Meeting
https://us04web.zoom.us/j/73214440201?pwd=T1dzYmZ1Yy9vU05qUjJzNzdqZ3RmUT09

Meeting ID: 732 1444 0201
Passcode: bpcacpe

Number of students present- 94

Nature-

1. The students were introduced to self-study courses. The Teacher explained the relevance of this self-study in present curriculum and its benefits to Students.
2. The students were introduced to the various means of taking the self-study courses online as well as offline.
3. Teacher mentioned the several self-study courses by GAYO Fitness Academy like Sports Injuries Early Identification and Management and Personal Fitness Trainer by to students.
4. Teacher encouraged the participants to take up any such self-study online course.
5. Students asked questions & queries and the Teacher tried to answer them.

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Report of Teacher mentoring students on Self-study courses

Self-study course orientation

Date- 31st January 2022
Time- 10:00 am

Zoom Meeting Link
https://zoom.us/j/91959471564?pwd=RWdEQWZCVDhMQXExeURabFZCZk1sZz09

Meeting ID: 919 5947 1564
Passcode: bpcacpe

Number of students present- 96

Nature-

1. The students were introduced to self-study courses. The Teacher explained the relevance of this self-study in present curriculum and its benefits to Students.
2. The students were introduced to the various means of taking the self-study courses online as well as offline.
3. Teacher mentioned the several self-study online like platforms Open university, Udemy as well as offline course like Certificate Course in Fitness Center Management and Certificate Course in Personal Fintess Training.
4. Teacher encouraged the participants to take up any such self-study online course.
5. Students asked questions & queries and the Teacher tried to answer them.

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Report of Teacher mentoring students on Self-study courses

Self-study course orientation

Date- 12th February 2022
Time- 10:00 am
Place of Self-study course orientation : Class Room (BPEd and MPEd)

Zoom Meeting Link: -
https://us02web.zoom.us/j/7482736267?pwd=YVNxRDdoeEo4eDRUMlFiaXJJMlB3dz09

YouTube Link: -
Day 1: https://youtu.be/ekWZRZK2eoM
Day 2: https://youtu.be/Y1W45CQ7KxI
Day 3: https://youtu.be/HNXBkj4avg8
Day 4: https://youtu.be/lCNcAkf2mpM
Day 5: https://youtu.be/CyXWI-9xjFM
Day 6: https://youtu.be/otZMG2DOw1M

Title of Self Study Course: "***Educational Video Production using tricks and techniques in Advanced PPT & Filmora***" by Prof. Mubeen Shaikh

Number of students present- 117

Nature-

1. The students were introduced to online self-study courses in the classroom. The Teacher explained the relevance of this self-study in present curriculum and its benefits to Students.
2. The students were introduced of taking this self-study courses online.
3. The present self-study course conducted from 14th to 19th February 2022, from 7.00pm to 9.00pm on Zoom Meeting as well as on YouTube.
4. Teacher encouraged the participants to take up any such self-study online course.
5. Students asked questions & queries and the Teacher tried to answer them.

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BPCA's College of Physical Education

Wadala, Mumbai

List of facilities provided for students to avail self study course

1. Computer facility in Computer Laboratory,
2. Computer facility in Physio-Rehabilitation Laboratory
3. Computer facility in Library computer section
4. Internet facilities in Computer Laboratory, Physio-Rehabilitation Laboratory and Library
5. Library resources
6. Library reading area
7. Guidance from various teachers
8. Couse orientation and guidance sessions by external teachers and experts

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Self-Study course completion Forth Semester BPEd 2016-17

Roll. No.	Name of the student	CCFCM	CCPFT	Any Other Courses
1	Adak Ashwini Sampat	Completed	Completed	Personal Trainer
2	Agarwal Bhagyashree Pravin	Completed	Completed	---
3	Bangera Pooja Vijay	Completed	Completed	Personal Trainer
4	Bhoir Jyosna Bhalchandra	Completed	Completed	---
5	Chandorkar Mrunal Ratnakant	Completed	Completed	---
6	Dadarkar Jui Prashant	Completed	Completed	---
7	Dound Pradnya Swapnil	Completed	Completed	---
8	Gaikhe Madhuri Kailas	Completed	Completed	First Aid
9	Gurav Poorva Dattaram	Completed	Completed	---
10	Jadhav Priya Sundar	Completed	Completed	---
11	Kambale Shraddha Shahaji	Completed	Completed	Personal Trainer
12	Kamble Prerna Sunil	Completed	Completed	---
13	Kamble Sanjivani Sunil	Completed	Completed	---
14	Kasare Priyanka Bhau	Completed	Completed	---
15	Khule Snehal Ramesh	Completed	Completed	---
16	Kudale Megha Ankush	Completed	Completed	First Aid
17	Lad Shraddha Vinayak	Completed	Completed	---
18	Mali Dhanashri Sunil	Completed	Completed	---
19	Nawadkar Nayana Yuvraj	Completed	Completed	---
20	Parab Ankita Milind	Completed	Completed	---
21	Parab Shraddha Sanjay	Completed	Completed	---
22	Patil Jyoti Maruti	Completed	Completed	---
23	Rai Priyanka Arun	Completed	Completed	Personal Trainer
24	Salkar Ashwini Anant	Completed	Completed	---
25	Savar Anita Puran	Completed	Completed	---
26	Sawant Priyanka Kishor	Completed	Completed	---
27	Shinde Aishwarya Devendra	Completed	Completed	---
28	Thakur Bindu Suresh	Completed	Completed	---
29	Torkadi Deepali Satyawan	Completed	Completed	Personal Trainer
30	Wadekar Trupti Dinkar	Completed	Completed	---
31	Yadav Babita Rakesh	Completed	Completed	---
32	Adarsh Murali Kalapurathu	Completed	Completed	---

33	Adurkar Swapnil Laxman	Completed	Completed	---
34	Alugade Ajinkya Sambhaji	Completed	Completed	---
35	Arakal Ansel Sebastian	Completed	Completed	Personal Trainer
36	Ayre Nikhil Chandrakant	Completed	Completed	---
37	Bagal Randhir Dadaso	Completed	Completed	---
38	Bandal Prajval Pandurang	Completed	Completed	---
39	Bankar Yogesh Yashvant	Completed	Completed	First Aid
40	Bhingarde Akshay Dilip	Completed	Completed	---
41	Bhusara Avinash Soma	Completed	Completed	---
42	Chavan Mayur Anil	Completed	Completed	---
43	Chavan Tejas Chandrashekhar	Completed	Completed	---
44	D'Mello Santosh Joseph	Completed	Completed	---
45	Dalwadi Keyur Bhupendrakumar	Completed	Completed	Personal Trainer
46	Dias Pritam Patrick	Completed	Completed	---
47	Dias William Lowrence	Completed	Completed	---
48	Dighe Akshay Prakash	Completed	Completed	---
49	Diwale Sagar Anant	Completed	Completed	First Aid
50	Dundle Ajay Bhagwan	Completed	Completed	---
51	Fadwale Vishnu Vansha	Completed	Completed	---
52	Gaganmalle Anil Mhalappa	Completed	Completed	---
53	Gavalkar Vighnesh Krishna	Completed	Completed	---
54	Gulvi Bhavesh Ramdas	Completed	Completed	Personal Trainer
55	Harad Pravin Balu	Completed	Completed	---
56	Jadhav Rajesh Balu	Completed	Completed	---
57	Jaitapkar Aniket Anant	Completed	Completed	Personal Trainer
58	Kadam Shailesh Shivaji	Completed	Completed	---
59	Kamble Suhas Bhupal	Completed	Completed	---
60	Kesla Deva Suresh	Completed	Completed	---
61	Khanvilkar Akshay Vilas	Completed	Completed	---
62	Khorasiya Gaurang Hasmukhbhai	Completed	Completed	Personal Trainer
63	Mishra Nilesh Kripashankar	Completed	Completed	---
64	Naik Rohit Raghunath	Completed	Completed	---
65	Pal Ratankumar Phoolchandra	Completed	Completed	---
66	Parab Mandar Mohan	Completed	Completed	---
67	Patil Swapnil Shridhar	Completed	Completed	---
68	Pawar Trushant Suryakant	Completed	Completed	---

69	Pednekar Sagar Sanjay	Completed	Completed	Personal Trainer
70	Pegado Rossel Augustine	Completed	Completed	---
71	Pereira Snowel Emelian	Completed	Completed	---
72	Rodrigues Kristan Patrick	Completed	Completed	---
73	Salunkhe Nitin Anant	Completed	Completed	---
74	Saroj Shyamnarayan Chhotelal	Completed	Completed	---
75	Sawant Hemant Vithoba	Completed	Completed	---
76	Sharma Abhilash Dineshkumar	Completed	Completed	Personal Trainer
77	Sharma Hemant Dayadhar	Completed	Completed	---
78	Shelar Sushant Ganpat	Completed	Completed	---
79	Shinde Jayaram Tukaram	Completed	Completed	---
80	Singh Abhishekkumar Adityanarayan	Completed	Completed	---
81	Singh Roshan Amit	Completed	Completed	---
82	Sonkatale Avishkar Laxman	Completed	Completed	First Aid
83	Tuscano Sandesh Agustin	Completed	Completed	---
84	Valiyavila Libin Samkunju	Completed	Completed	---
85	Verma VirendraPratap Shivnarayan	Completed	Completed	---
86	Wayal Yogesh Lahu	Completed	Completed	---
87	Yadav Devesh Ramakbal	Completed	Completed	Personal Trainer

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Self-Study course completion Forth Semester BPEd 2017-18

Roll. No.	Name of the student	CCFCM	CCPFT	Any Other Courses
1	Andhari Yashashri Narayan	Completed	Completed	---
2	Balkhande Dipali Yashavant	Completed	Completed	---
3	Chaturvedi Pooja	Completed	Completed	---
4	Devkar Ashwini Anil	Completed	Completed	Personal Trainer
5	Dige Mayuri Tulshiram	Completed	Completed	---
6	Gaikwad Pragati Prashant	Completed	Completed	First Aid
7	Kalamkar Dipali Prakash	Completed	Completed	---
8	Karbhal Sujata Nagu	Completed	Completed	Personal Trainer
9	Khotare Sharmila Ravaji	Completed	Completed	---
10	Kudu Pooja Raghunath	Completed	Completed	---
11	Kulsum Bano Adbul Rahim Momin	Completed	Completed	Personal Trainer
12	Lohakare Kanchan Tanaji	Completed	Completed	---
13	Maurya Sneha Omprakash	Completed	Completed	---
14	Meher Priyanka Chintaman	Completed	Completed	---
15	Naik Pranita Madhukar	Completed	Completed	First Aid
16	Nalawade Varsha Mangesh	Completed	Completed	---
17	Nar Shwetali Suresh	Completed	Completed	---
18	Padvi Divya Suresh	Completed	Completed	Personal Trainer
19	Patil Sheetal Milind	Completed	Completed	---
20	Pawar Rohini Ramesh	Completed	Completed	---
21	Pawar Samruddhi Ashok	Completed	Completed	---
22	Prajapati Neha Shyamcharan	Completed	Completed	---
23	Reen Manpreet Kaur Jagjit Singh	Completed	Completed	---
24	Sahu Shivani Radheshyam	Completed	Completed	Personal Trainer
25	Sargar Chhaya Ananda	Completed	Completed	---
26	Shaikh Sadiya Iqbal	Completed	Completed	---
27	Shukla Sneha Santosh	Completed	Completed	---
28	Solanki Tejal Kisan	Completed	Completed	First Aid
29	Surve Reshma Ramesh	Completed	Completed	---
30	Suryavanshi Manisha Kailash	Completed	Completed	---

31	Thange Laxmi Mahadev	Completed	Completed	---
32	Yadav Sunila Sumit	Completed	Completed	---
33	Almeida Jordan John	Completed	Completed	Personal Trainer
34	D'Britto Amos Augustine	Completed	Completed	---
35	Desai Prathamesh Rajendra	Completed	Completed	---
36	Deshmukh Yashraj Arun	Completed	Completed	---
37	Gamee Kalpesh Amratbhai	Completed	Completed	First Aid
38	Ghanekar Tanmay Suresh	Completed	Completed	---
39	Gharat Amol Gajanan	Completed	Completed	Personal Trainer
40	Gonsalves Mackwin Wilson	Completed	Completed	---
41	Gurav Pratik Ashok	Completed	Completed	---
42	Jadhav Akshay Ramakant	Completed	Completed	---
43	Joiel Rakesh Anant	Completed	Completed	Personal Trainer
44	Joshilkar Vinay Shivaji	Completed	Completed	---
45	Kadam Vaibhav Ramchandra	Completed	Completed	---
46	Kamble Ajay Gautam	Completed	Completed	---
47	Kamble Rakesh Rajaram	Completed	Completed	---
48	Khan Danish Meheboob	Completed	Completed	---
49	Kudel Merwyn Sabin	Completed	Completed	Personal Trainer
50	Kudle Sagar Ramchandra	Completed	Completed	---
51	Lende Bawar Pandurang	Completed	Completed	---
52	Maldikar Siddhant Harish	Completed	Completed	Personal Trainer
53	Mohandkar Amol Krishna	Completed	Completed	---
54	Padawale Sachin Babu	Completed	Completed	---
55	Pagare Sachin Balu	Completed	Completed	---
56	Pagare Sagar Raju	Completed	Completed	First Aid
57	Pawar Kiran Tukaram	Completed	Completed	---
58	Pednekar Siddhant Sanjay	Completed	Completed	---
59	Shafiq Mohd	Completed	Completed	Personal Trainer
60	Shinde Prasad Vijay	Completed	Completed	---
61	Shinde Swapnil Satish	Completed	Completed	---
62	Shukla Jiyanand Lalbihari	Completed	Completed	---
63	Tambe Ankit Arun	Completed	Completed	---
64	Tellis Malcome Zachary	Completed	Completed	Personal Trainer
65	Tuscano Jovet Jefarin	Completed	Completed	---

66	Varma Anandkumar Jaiprakash	Completed	Completed	First Aid
67	Waghat Sujit Chandrakant	Completed	Completed	---
68	Yallamalli Balakrishna Kondayya	Completed	Completed	Personal Trainer

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Self-Study course completion Forth Semester BPEd 2018-19

Roll No.	Name of the Student	CCFCM	CCPFT	Any Other Courses
1	Bhoilkar Susmita Rohidas	Completed	Completed	Personal Trainer
2	Dhadga Sapana Vasant	Completed	Completed	---
3	Gawand Chetna Suhas	Completed	Completed	---
4	Jadhav Aparna Deepak	Completed	Completed	---
5	Jadhav Tejashri Sunil	Completed	Completed	First Aid
6	Jotshi Shivani Sunil	Completed	Completed	Personal Trainer
7	Kadam Josana Sambhaji	Completed	Completed	---
8	Kadam Karishma Bharat	Completed	Completed	---
9	Kapure Hemangi Surendra	Completed	Completed	---
10	Kashid Rupali Pandurang	Completed	Completed	First Aid
11	Khan Khadeejah M. Farooque	Completed	Completed	---
12	Kore Samiksha Ramakant	Completed	Completed	---
13	Malviya Rinku Nenmal	Completed	Completed	---
14	Mishra Deepali Arvind	Completed	Completed	Personal Trainer
15	Pandey Garima Prakash	Completed	Completed	---
16	Patil Harshada Gajanan	Completed	Completed	---
17	Patil Krutika Anil	Completed	Completed	First Aid
18	Patil Madhuri Nimbaji	Completed	Completed	---
19	Rane Pooja Vinod	Completed	Completed	---
20	Rane Vaibhavi Avinash	Completed	Completed	---
21	Sayed Itrat Zahra Zafar	Completed	Completed	First Aid
22	Shinde Snehal Vijay	Completed	Completed	Personal Trainer
23	Shitap Namrata Sadashiv	Completed	Completed	---
24	Singh Shweta Rajesh	Completed	Completed	---
25	Sitap Riddhi Raghunath	Completed	Completed	---
26	Tambe Suvarna Siddharth	Completed	Completed	---
27	Thombare Rakhi Shivaji	Completed	Completed	First Aid
28	Yadav Poonam Sahabraj	Completed	Completed	---
29	Aadivarekar Siddhesh Deepak	Completed	Completed	Personal Trainer
30	Bansode Pankaj Pandurang	Completed	Completed	---

31	Berlekar Pratik Pradip	Completed	Completed	---
32	Bhala Somnath Laxman	Completed	Completed	---
33	Bhattacharya Rathin Kumar	Completed	Completed	Personal Trainer
34	Bhoir Bhushan Sudhakar	Completed	Completed	---
35	Bhosale Gaurav Santosh	Completed	Completed	---
36	Bodke Omkar Vilas	Completed	Completed	---
37	Borade Ritesh Rajendra	Completed	Completed	First Aid
38	Chaudhari Dipak Iccharam	Completed	Completed	---
39	Davare Ajay Ananta	Completed	Completed	---
40	Dias Godson Peter	Completed	Completed	Personal Trainer
41	Gahala Vikas Shidava	Completed	Completed	---
42	Gawade Vasudev Dattatray	Completed	Completed	---
43	Golambade Swapnil Devaji	Completed	Completed	---
44	Gupta Anil Prabhunath	Completed	Completed	---
45	Gupta Durgesh Rambriksh	Completed	Completed	---
46	Gupta Sunil Lalbahadur	Completed	Completed	Personal Trainer
47	Gurav Bharat Devdas	Completed	Completed	---
48	Hatkhambekare Abhishek Vilas	Completed	Completed	---
49	Ipte Amit Anant	Completed	Completed	---
50	Jadhav Ratnadeep Manohar	Completed	Completed	Personal Trainer
51	Kazi Mohd Zaid Riyaz	Completed	Completed	---
52	Khairwar Suryaprakash K	Completed	Completed	---
53	Kumbhar Rahul Pandurang	Completed	Completed	---
54	Lad Rajendra Ramkrushna	Completed	Completed	---
55	Lokegaonkar Pranil P	Completed	Completed	---
56	Mangela Naresh Ravi	Completed	Completed	Personal Trainer
57	Mujawar Sohail Lalsab	Completed	Completed	---
58	Nijai Abhishek Sahadev	Completed	Completed	---
59	Nivale Tejas Sanjay	Completed	Completed	Personal Trainer
60	Patil Dipesh Krishna	Completed	Completed	---
61	Patil Karan Rajendra	Completed	Completed	---
62	Pawar Akshay Anant	Completed	Completed	---
63	Rai Akash Singh	Completed	Completed	---
64	Remello Denver Peter	Completed	Completed	First Aid
65	Savardekar Bhalchandra Balaram	Completed	Completed	---

66	Shah Iftkhar Ali	Completed	Completed	Personal Trainer
67	Shedge Krishna Dattatray	Completed	Completed	---
68	Shetkar Jagannath Sahadev	Completed	Completed	---
69	Shinde Bharat Sakharam	Completed	Completed	First Aid
70	Shinde Rameshwar S	Completed	Completed	---
71	Shinde Sushant Shailendra	Completed	Completed	Personal Trainer
72	Singh Vishwajeet Kumar	Completed	Completed	---
73	Thorat Nitesh Dhanji	Completed	Completed	---
74	Tippireddy Vivek Baburao	Completed	Completed	---
75	Vavare Vijay Balu	Completed	Completed	---
76	Vishwakarma Mayank S	Completed	Completed	Personal Trainer
77	Wadekar Akshay Madhukar	Completed	Completed	---
78	Yadav Rahulkumar R	Completed	Completed	Personal Trainer
79	Yadav Ritesh Hariram	Completed	Completed	---

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Self-Study course completion Forth Semester BPEd 2019-20

Sr. No.	Name of the Student	CCFCM	CCPFT	Any Other Courses
1	Kadam Tejaswi Vishwas	Completed	Completed	First Aid
2	Mahimkar Prachi Chandrashekhar	Completed	Completed	Personal Trainer
3	Pal Pooja Sadanand	Completed	Completed	---
4	Patil Karishma Gunaji	Completed	Completed	---
5	Sapte Rasika Rajendra	Completed	Completed	First Aid
6	Singatkar Mayuri Ravindra	Completed	Completed	Personal Trainer
7	Barge Dhananjay Dattatray	Completed	Completed	---
8	Jadhav Sandip Pradip	Completed	Completed	---
9	Joshi Dhiraj Dhananjay	Completed	Completed	---
10	Kadam Akshay Anil	Completed	Completed	Personal Trainer
11	Kharat Darshan Milind	Completed	Completed	---
12	Koja Laxman Shekhar	Completed	Completed	---
13	Pandya Hardik Yogesh	Completed	Completed	---
14	Patil Aditya Gokul	Completed	Completed	Personal Trainer
15	Rane Soham Mangesh	Completed	Completed	---
16	Rathod Mangesh Taru	Completed	Completed	First Aid
17	Roy Suhotro	Completed	Completed	---
18	Sarang Prathamesh Jayram	Completed	Completed	Personal Trainer
19	Singh Prafull Yashwant	Completed	Completed	---
20	Tavadia Arzaan Maneck	Completed	Completed	---
21	Tiwari Shyamsunder Rajesh	Completed	Completed	---
22	Vhalgade Ankush Dadaji	Completed	Completed	First Aid

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Self-Study course completion Forth Semester BPEd 2020-21

Sr. No.	Name of the student	CCFCM	CCPFT	Any Other Courses
1	Belekar Harshali Harichandra	Completed	Completed	---
2	Chavan Pranali Mukesh	Completed	Completed	First Aid
3	Chavan Shraddha Sudhir	Completed	Completed	---
4	Dalvi Sushila Ashok	Completed	Completed	---
5	Dhanawade Komal Manoj	Completed	Completed	First Aid
6	Gaikwad Aishwarya Mukund	Completed	Completed	---
7	Ghadge Jueeli Rajesh	Completed	Completed	---
8	Javsen Monika Suryakant	Completed	Completed	Personal Trainer
9	Jaybhaye Jyoti Vishnu	Completed	Completed	---
10	Katakdhond Sneha Dattatray	Completed	Completed	Personal Trainer
11	Kumbhar Itishree Prasad	Completed	Completed	---
12	Lopes Winny William	Completed	Completed	---
13	Munde Anisha Rajesh	Completed	Completed	---
14	Mungekar Shivani Uttam	Completed	Completed	---
15	Pawar Shreyasi Vidyadhar	Completed	Completed	---
16	Pednekar Madhura Sanjay	Completed	Completed	First Aid
17	Rokade Anajli Bhaudas	Completed	Completed	---
18	Sanas Darshana Suresh	Completed	Completed	---
19	Sathe Pratiksha Krishna	Completed	Completed	---
20	Shinde Saylee Ravindra	Completed	Completed	---
21	Sinh Khushabu Markande	Completed	Completed	---
22	Tondase Aishwarya Sunil	Completed	Completed	Personal Trainer
23	Thevar Subbulaxmi Pechimuthu	Completed	Completed	Personal Trainer
24	Vandre Smita Shivaji	Completed	Completed	---
25	Varma Sonam Mahendra	Completed	Completed	---
26	Vasave Ashlesha Jagan	Completed	Completed	---
27	Agare Sanchit Sanjay	Completed	Completed	---
28	Aglem Zenon Sydney	Completed	Completed	Personal Trainer
29	Ambhire Karan Haresh	Completed	Completed	---
30	Anuj Kumar	Completed	Completed	Personal Trainer

31	Bhimbhara Nilesh Dharma	Completed	Completed	---
32	Bhoye Dilip Damu	Completed	Completed	---
33	Botake Kalpesh Keshav	Completed	Completed	---
34	Chauhan Vikas Gopal	Completed	Completed	---
35	Chavan Shashank Ravindra	Completed	Completed	Personal Trainer
36	Cheeroth Abhishek Anil	Completed	Completed	---
37	Chandaliya Suraj Rajendra	Completed	Completed	---
38	Dhanmeher Bhavik Mukesh	Completed	Completed	---
39	Dhumal Vikas Vaman	Completed	Completed	Personal Trainer
40	Dole Sagar Sunil	Completed	Completed	---
41	Gondhale Jaydeep Jagannath	Completed	Completed	---
42	Gupta Beerbahadur Ramprakash	Completed	Completed	First Aid
43	Gupta Rohit Harishchandra	Completed	Completed	---
44	Gurav Uday Vishwas	Completed	Completed	---
45	Jadhav Kailash Lashya	Completed	Completed	Personal Trainer
46	Jaiswar Niraj Gaurishankar	Completed	Completed	---
47	Javheri Satyam Sanjay	Completed	Completed	---
48	Joshi Omey Jayant	Completed	Completed	---
49	Kadale Vishal Prakash	Completed	Completed	---
50	Kadam Vikas Ramchandra	Completed	Completed	Personal Trainer
51	Kailkhura Pratik	Completed	Completed	---
52	Kamble Kuldeep Sahebrao	Completed	Completed	---
53	Lad Nikhil Ravindra	Completed	Completed	---
54	Mahala Rahul Bhau	Completed	Completed	---
55	Mahala Vinit Sonu	Completed	Completed	Personal Trainer
56	Mali Kailash Devraj	Completed	Completed	---
57	Mandaliya Chirag Hemchand	Completed	Completed	---
58	Martin Soloman Karl	Completed	Completed	---
59	Alam Tabeesh Chote Miya	Completed	Completed	---
60	Mohandkar Prabhat Radhya	Completed	Completed	Personal Trainer
61	Moolya Jatin Shrinivas	Completed	Completed	---
62	More Ashish Mangesh	Completed	Completed	---
63	More Sangramsing Sanjay	Completed	Completed	---
64	Nikshe Abhishek Shashikant	Completed	Completed	---
65	Pal Manishkumar Ravindra	Completed	Completed	---

66	Pandey Deepak Tarkeshwar	Completed	Completed	---
67	Pandey Manish Kumar	Completed	Completed	First Aid
68	Patil Sutesh Shivaji	Completed	Completed	---
69	Patkar Prasad Ramchandra	Completed	Completed	---
70	Pawar Yogesh Janardan	Completed	Completed	Personal Trainer
71	Rajbhar Vishal Ramji	Completed	Completed	---
72	Satarkar Ashish Ramakant	Completed	Completed	---
73	Sawant Aditya Arjun	Completed	Completed	Personal Trainer
74	Sawant Nakul Kishor	Completed	Completed	---
75	Sawant Rahul Shankar	Completed	Completed	---
76	Sawant Siddharth Sushil	Completed	Completed	---
77	Sharma Balmukund Kailashnath	Completed	Completed	---
78	Shelar Ajay Anant	Completed	Completed	Personal Trainer
79	Shinde Akshay Kishor	Completed	Completed	---
80	Singh Satyendra Ravindraprasad	Completed	Completed	---
81	Suple Aniket Pramod	Completed	Completed	Personal Trainer
82	Tamta Suraj Kumar	Completed	Completed	---
83	Tamore Hardik Vinayak	Completed	Completed	---
84	Tari Pranay Gajanan	Completed	Completed	First Aid
85	Thakur Siddhesh Santosh	Completed	Completed	---
86	Thakur Vijay Maheshsingh	Completed	Completed	---
87	Thorat Manoj Ishwar	Completed	Completed	First Aid
88	Thotam Siddhesh Sanjay	Completed	Completed	---
89	Udaybhan Kumar	Completed	Completed	---
90	Vagge Ramesh Gauranna	Completed	Completed	---
91	Vaity Mrunal Anil	Completed	Completed	Personal Trainer
92	Varghese Arnold P T	Completed	Completed	Personal Trainer
93	Vishwakarma Dhiraj Rajendra	Completed	Completed	---

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BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

List of activities for the year 2016-17 (1.3.1)

Intramurals/Inter House competitions

1.Handball
2.Volleyball
3.Football
4.Kho-kho
5.Kabbadi
6.Athletic Meet
7.Hockey
8.Wrestling

Cultural Activity

1.Teachers Day
2.Constitutional Day
3. Marathi Rajbhasa Din
4.Prerna Din
5.National Sports Day
6.International Yoga Day
7.Gandhi Jayanti
8. Republic Day
9.Independence Day
10.National Sports Day

INTERCOLLEGIATE COMPETITION

1. Mumbai City Zonal Intercollegiate Volleyball competition Men/Women) 2016-17
2. Mumbai City Zonal Intercollegiate Wrestling (Men/Women) 2016-17
3.University of Mumbai Inter-zonal Tug of war competition (Women) 2016-17
4.University of Mumbai Inter-zonal yoga competition (Women) 2016-17

Inter School Lezim and Hind Karandak Competition
Practice teaching lessons & Internship

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List of activities for the year 2017-18

Intramurals/Inter House competitions

1.Handball
2.Volleyball
3 Football
4.Kho-kho
5.Kabbadi
6.Athletic Meet
7.Hockey

Cultural Activity

1.Teachers Day
2.Constitutional Day
3. Marathi Rajbhasa Din
4.Prerna Din
5.National Sports Day
6.International Yoga Day
7.Gandhi Jayanti
8. Republic Day
9.Independence Day
10.National Sports Day
11.Durgashtami

INTERCOLLEGIATE COMPETITION

1.University of Mumbai Inter-zonal Tug of war competition (Women) 2017-18
2.University of Mumbai Inter-zonal Yoga competition (Women) 2017-18
Inter School Lezim and Hind Karandak Competition
Practice teaching lessons & Internship

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List of activities for the year 2018-19

Intramurals/Inter House competitions

1.Handball
2.Volleyball
3.Football
4.Kho-kho
5.Kabbadi
6.Athletic Meet
7.Hockey

Cultural Activity

1.Teachers Day
2.Constitutional Day
3. Marathi Rajbhasa Din
4.Prerna Din
5.National Sports Day
6.International Yoga Day
7.Gandhi Jayanti
8. Republic Day
9.Independence Day
10.National Sports Day
11.Durgashtami

INTERCOLLEGIATE COMPETITION

1.University of Mumbai Inter-Zonal Yoga competition (Women) 2018-19
2.University of Mumbai Inter-zonal Tug of war competition (Women) 2018-19

Inter School Lezim and Hind Karandak Competition

Practice teaching lessons & Internship

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YEAR 2016-17

LIST OF PRACTICING/ INTERNSHIP SCHOOL

Sr. No.	Name of the Schools	Distance from college
1	Sahakar Nagar Municipal School (Marathi, Hindi and English Medium), Sahakar Nagar, Wadala (W)	400 meter
2	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
3	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
4	Saraswati Vidyamandir, Mahim, Mumbai	2 km
5	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dharavi, Mumbai	1.5 km
6	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
8	Karmveer Bhaurao Patil Vidyalaya Marathi Medium, Sion, Mumbai	2.5 km
9	Karmveer Bhaurao Patil Vidyalaya English Medium, Sion, Mumbai	2.5 km
10	Sane Guruji Vidyalay, Dadar, Mumbai	2 km
11	Sharadashram High School English Medium, Dadar, Mumbai	2 km
12	Sharadashram High School Marathi Medium, Dadar, Mumbai	2 km

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YEAR 2017-18

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance from college
1	Sahakar Nagar Municipal School (Marathi, Hindi and English Medium), Sahakar Nagar, Wadala (W)	400 meter
2	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
3	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
4	Saraswati Vidyamandir, Mahim, Mumbai	2 km
5	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dharavi, Mumbai	1.5 km
6	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
8	Karmveer Bhaurao Patil Vidyalaya Marathi Medium, Sion, Mumbai	2.5 km
9	Karmveer Bhaurao Patil Vidyalaya English Medium, Sion, Mumbai	2.5 km
10	Sane Guruji Vidyalay, Dadar, Mumbai	2 km
11	Sharadashram High School English Medium, Dadar, Mumbai	2 km
12	Sharadashram High School Marathi Medium, Dadar, Mumbai	2 km

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YEAR 2018 - 19

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance from college
1	Abhudyanagar Vidya Mandir, Kalachowki, Mumbai.	3.5 km
2	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
3	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
4	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
5	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
6	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
8	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
9	Sane Guruji Vidyalaya, Dadar, Mumbai	2 km
10	S.S.M. Chunibhai Mehta Girls High School, Kalachowki, Mumbai.	3.5 km

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YEAR 2019 -20

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance From College
1	Abhudyanagar Vidya Mandir, Kalachowki, Mumbai.	3.5 km
2	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
3	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
4	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
5	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
6	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
8	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
9	Sane Guruji Vidyalaya, Dadar, Mumbai	2 km
10	S.S.M. Chunibhai Mehta Girls High School, Kalachowki, Mumbai.	3.5 km

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Appendix 10 B

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI: 400 031

POLICIES AND PROCEDURES

PRACTICE TEACHING

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI: 400 031

Introduction

Practice lessons in the College of Teacher Education is a very important component of the curriculum Practice lessons are to be given to the students in both theoretical and practical parts. Micro Teaching. Bridge lesson and Practice Lessons are various components of the lesson. BPCA's College of Physical Education make systematic efforts to provide students with lesson experiences in different situations. The lesson Policy and Procedures are as follows:

Policy:

1. Use different teaching methods.
2. Implement various activities to develop lesson skills.
3. Conduct expert guidance, visits, sample lessons, videos, seminars for skill development.
4. For Physical Education lessons conduct exhibition of guided equipment, bibliography, etc.
5. Give them experience in various schools & in different challenging situations.
6. Give them a chance to experiment the knowledge and undertaking they gained in our college regarding physical education.
7. Provide opportunities for children who are deprived of physical education to reach out to the grassroots through various physical education activities.
8. Make them able to meet the challenges of different situations in the society.
9. Provide hands-on experience in conducting physical education for special students.

Process of Micro Teaching Program:

The following needs to be done to inculcate in the student teacher all the qualities required in a future ideal teacher through various activities:

1. To give complete information to the students and teachers of B.P.Ed at the beginning of the

college about the lessons of both school subjects and physical education.

2. In a two-year course, a total of 20 lessons in two subjects must be taken in II and IV semester respectivly.
3. To provide complete information regarding these seven subjects at school level (Marathi, Hindi, English, History, Geography, Mathematics and Science).
4. Guide students to choose a subject like the one in which they graduated, for eg: BA (Marathi/Hindi) and to determine a school subject according to their interest.
5. To give information about the lessons to be taken in physical education.
6. The head of the lesson department should give detailed information about the total number of school subjects of the Std.5th , 6th , 7th, 8th, and 9th.
7. After the students and teachers have decided on the subject (preferably according to the subject) in groups by 12-14: 1 guide to determine the guide for each group.
8. To provide all kinds of guidance to the small groups of 14 student teachers and 1 guide as per the time taken by the concerned guiding professors in two years.

Demo lessons of Micro-Teaching:

1. According to each of the skills in micro-teaching, the professors should take the Demo Micro Teaching Lessons together in the classroom for the student teachers of all the subjects.
2. For example, Various skills in micro teaching (3 lessons for each skill for 5 / 12 minutes): 1 black board writing; 2. Stimulus Variation 3. Explanation lessons (thirty minutes lessons combined with all the above skills).
3. After this, the group should take a sample lesson of all the above soils according to the subject (if required, the respective professors of their respective subject) and discuss the subject matter wisely.
4. Only one lesson should be conducted in a day.
5. How to write the lesson note in a lesson notebook, Student teachers should also be given detailed information on how to observe it, how to report it.

6. Also, the doubts raised by the student teachers should be resolved through discussion.
7. Lessons should be completed on the peer group with guidance at the time fixed according to the daily schedule.

Sample teaching of student teachers before starting the lesson:

1. First the student teacher should check the rough lesson note and then the guide should check and suggest the corrections. Teacher should guide the student how to write the lesson note in the lesson notebook. Later the student should make it fair in the lesson notebook.

2. Student teachers should decide the lesson component by discussing with the concerned professor for which skill-based lesson to take.

3. The rough lesson note of the lesson should be checked by the concerned professor.

4. To make it easier for students and teachers to take lessons, guides should use some methods/tricks to give them the courage to come forward and speak:

- First ask for his opinion on a subject, tell a story, have a discussion, write a panel, sing, gestures, etc.
- Make the Student teachers capable of speaking in front of everyone. Helping to adapt to the new environment.
- Build their confidence through guidance.
- To help the student teacher if he/she is under pressure. Giving time.
- Complete the lessons on time as per the scheduled timetable.
- Conduct workshops for student teachers on how to use educational tools for lessons.
- Organize the library exhibition to understand the reference material.
- Invite different people to gather their thoughts.

- Working to improve the language style of the student teacher.

5. Demonstrating sample lessons to school children on how to take lessons in a school environment.

6. Lesson department heads to get permission from various schools and student teacher lesson planning.

- Student teacher to take only one practice lesson each week.
- 15 days in advance, the Head of the Lesson Department to display the planned timetable of the school, class, detachment, time, who will be the supervising professor on the notice board. Asking the student teacher to go to the school and meet the concerned schoolteacher and what element of his/her subject should be taught.
- Explain how to prepare component lesson note in consultation with relevant mentor professors.
- Inspecting the lesson note by the guiding professor and making the suggested changes, and showing the lesson note again.
- Note down the permanent lesson note only after the guide has given permission for the lesson note to be fixed.
- Obtaining the signature of the guiding professor on the fixed lesson note.
- Every student teacher goes to school as per the scheduled and takes school lessons.
- Each method teacher (faculty of the college) observes the lessons and at the end of the day he/ she takes the meeting in the school and gives the suggestions for improvement for the next lesson.
- Increase the confidence of student teacher by encouraging him/her if he/she is not confident while taking lessons. But if he/she seems to be lacking in confidence, talk to him/her and help him/her make the right changes during the mentor meeting.
- Peer group student teachers also help you in your teaching by observing the lessons of another student teacher in your subject and writing in your own notebook and discussing

your observations with the learner and getting his/her signature.

- After the lesson, the subject guides discuss the observations in the peer group and guide them on how to make the expected changes.
- Complete physical education practice lessons in the same way as school lessons in each session.
- Physical Education Micro Teaching Skills Lessons: 1) Introductory part (2 lessons, one of formal and one of informal), 2) teaching part (at least of 2 Skills) Recreative part (2 lesson one of formal and one of lead up game).
- When teaching micro-teaching physical education to a group of peers, make a group of at least fifteen students in a group.
- Practicing physical education lessons in school, however, divided into two classes by one student teacher.
- To take a lesson, the lessons should be conducted only on students.
- There should be at least 20 students in the class for physical education lessons.
- To give students experience in different types of schools for practice lessons while planning lessons.
- (Girls only, boys only, boys and girls together, Municipal, Zilla Parishad, as well as literature, grounds and not. Giving experience of various schools with and without good physical education.)
- To take lessons on special children's group and to take lessons on full 60 students.
- To take material from the college in the group and return it in proper condition.
- All the rules to be followed by the students in school and physical education will be binding on the students and teachers.
- The Head of Lessons Department should explain to the students and teachers all the rules and regulations of the college.
- Students and teachers will be bound to follow the rules of conduct while taking lessons in school as well as physical education. To give advance notice to every student teacher in this

regard.

- The head of the lesson department should inform the student teacher in advance about the consequences of breaking the rules.

Terms of Reference:

- Compulsory completion of all lessons and observations as per course sessions.
- Attend and complete all lessons as scheduled.
- In case of absence, it is mandatory to seek the permission of the concerned group head professor, as well as the head of the lesson department if taking lessons in the school.
- If the lesson in absent without permission, and the reason is not satisfactory, the lesson should be completed).
- The student teacher should be informed in advance that if the lesson is absent, the minimum marks, or marks will not be obtained.
- The principal, the head of the department and the concerned professors will have the right to decide on the marks according to the situation by giving prior Idea to the student teacher.
- The course should be completed with the signature of the professor within the allotted time.
- If the material provided for the physical education lesson is not returned, the material should be reimbursed by the concerned student or group.

Absent from lessons due to sports and other reasons:

- Lessons will be taken only if the student teacher has taken permission from the college to play for university competitions, if not allowed, lessons will not be taken again.
- If the student teacher is unable to take the lesson due to illness or other reasons, the sudden reason for his absence should be taken in writing and confirmed by the principal as well as the head of the lesson department and the student should be given a chance.

- If the student does not complete the lesson despite the opportunity, he should be given a letter in writing.
- If the lesson is not completed even after this, his parents should be called, and an understanding of the results should be given.
- Inner work should be criticized for being incomplete. Accordingly, no marks of that student teacher should be sent.

General rules regarding student-teacher behavior:

- Student teachers should complete all the lessons included in the syllabus within the stipulated time.
- If the lesson is not completed as per the rules (if the internal work is incomplete), the internal committee should give such remarks. Accordingly, no marks of that student teacher should be sent to the university.
- It is also mandatory for student teachers to teach school physical education within the uniform prescribed by the college.
- It is mandatory for student teachers to have proper hairstyles. (Beard should not be grown cutting should be fine).
- Do not wait too long on the school premises without permission except for lessons.
- Do not raise your hand to hit any student during the lesson.
- Do not give or ask personal information to any student during the lesson.
- Contact the concerned professors in case of any difficulty.
- Student teachers should not make any decisions on their own.
- It is expected to behave in a proper and disciplined manner with the students and teachers at the school while taking lessons in the school.
- In case of any violation of school rules during the lesson and any complaint against the concerned student teacher, the seriousness of the complaint should be taken into

consideration and severe punishment should be given by the college.

Student Service Program Methods and Rules:

- For the student service program, student teachers will be allowed to choose a school near their home, as well as outside the village if they have a student teacher.
- After the student teacher gives the name of the school, the head of the lesson department should contact the concerned school and fix the student service program of that student teacher.
- Student teachers will not be able to take lessons in the school where the person in the relationship is working.
- The college will have the authority to determine the school for the student service program. Students will not be able to insist on the school they suggest.
- No student teacher can go to school for student service without the permission letter of the college as well as the letter of permission given by the school for student service.
- In case of any written complaint from the school, the principal, the head of the lesson department and the head of the concerned group should discuss and cancel the student service program of this student teacher if necessary.
- The cost of any kind of travel will be the student teacher's own.
- If the student teacher is out of town after receiving the complaint, it is mandatory to attend the college within 24 hours and if he is in Mumbai immediately.
- Student teachers must be present in the college when called by the college.
- All school and college rules will be binding on student teachers.
- In case of any harassment or misbehavior in the school assigned to the student teachers, immediately contact the Principal, Head of Lesson.
- In student service, without the permission of the headmaster, the student teacher should not leave the school and go anywhere at the behest of other teachers (Travel, Competition).

- In case of personal difficulty, leave should be sanctioned with the prior permission of the headmaster and the concerned headmaster should also be informed accordingly.
- Do not ask for personal information of students and do not give your own information.
- Student teachers should not help anyone in the school without the permission of the headmaster (Shoes, clothes, money, or other help).
- Any misconduct, indecent, obscene, indecent behavior should be dealt with as per the rules of the college, or the complaint should be removed from the college if it is more serious.
- It is mandatory to complete all the aspects of the student service program given in the syllabus within the time given by the student teachers.
- It is mandatory to submit the complete report of the program on the day fixed by the college as soon as the student service program is over.
- Giving hands on experience in various educational and sports activities (Sports Day, Yoga Day, Sports Tests, National Day, Group Exercises) through practice lessons and student service in schools.

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI: 400 031

Teaching Skill Development Programme

Important guidelines to be followed for conduct of practice teaching lessons:

A) Regarding optional subject lessons:

1. Every candidate must undergo the micro-teaching program in method of optional subject and complete 6 micro lessons, 1 Integration lesson and 2 simulation lessons.
2. Total number of theory lessons to be conducted during the three semesters, in optional subject is 14. Out of which 12 will be based on the content matter of the selected method and 2 lessons will be based theory of physical education.
3. Lessons using different methods- Each student teacher will conduct at least two lessons using different methods. (2 lessons)
4. Lesson on value education- Each student teacher will conduct one lesson focusing on value education. The candidate may integrate the content matter of the chosen method with value education. (1 lesson)
5. Lesson on theory of physical education- Each student teacher will conduct two lessons based on relevant theoretical aspects of physical education. (2 lessons)

B) Regarding Physical Education lessons:

1. Every candidate must undergo the micro-teaching program in method of physical education and complete 6 micro lessons, 1 integration lesson and 2 simulation lessons.
2. Total number of practical lessons in physical education are 10 in the IV semester.
4. Each student teacher will conduct the remaining practice lessons based on the current school curriculum in real school settings. These lessons are to be given in the secondary school i.e. Std VI to X.
5. Each student teacher is required to conduct at least 1 practice teaching lesson in Physical Education on a large class size or 1 practice teaching lesson in Physical Education on differently

abled students/special children **(IF PERMITTED)**

6. Student teacher must design and develop at least two progressive lesson plans based on a same unit. All such lessons from this unit plan should be preferably conducted on the same group of students.

For one of the lessons, student teacher should employ team teaching technique. Conducting a mass activity or setting up a mass demonstration will be considered as lesson.

8. The candidate may select any activity from the given list or area of expertise if any for the unit plan development.

9. Practice teaching lessons in Physical Education should be based on various activities given in the groups below. From the total lessons, the student teacher is required to take minimum one lesson each from each of the groups given below:

   i. Athletics
   ii. Games & sports- Skill teaching
   iii. Demonstrative activities- Light apparatus, lezium, drill and Marching.
   iv. A Special lesson on Yoga
   v. Fitness-HRPF, SRPF.

B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Academic Calendar 2020-2021
Sem I and II B.P.Ed. (First Year)

Appendix 11 A

Events	Date
Sem 1 Commencement	**5th March 2021**
Ground Practical Session Induction Begins	7th March
Ground Practical Session 1	Students are made familiar with the online practical aspects of various activities
Ground Practical Session 2	
Ground Practical Session 3	
Sem 1 Theory lectures begins	7th March
Sem 1 Method selection	15th March
Sem 1 Micro Teaching Optional Subjects (Begins)	Last Week of March
Sem 1 Course wise online practice test (MCQ)	25th April
Sem 1 Projects & Assignments on Internal Assessment	30th April
Sem 1 Date of submission of Projects	5th May
Sem 1 Online Internal Theory Examination (MCQ)	18th May
Sem 1 University Examination	27th May
Sem 1 Semester Break	30th May to 15th June
Sem 2 Commencement (Induction Programme)	**16th June**
Sem 2 Theory lectures begins	16th June
Demo of teaching optional method (Lesson)	25th June
Practical Session begins	26th June
Sem 2 School Lessons Optional Subjects (2 Lessons Online) Peer group	8th July
Sem 2 Course wise online practice test (Mock Test)	12th July
Practicals on Athletics Begin (Online)	18th July
Celebration of Independence Day (Online & Offline)	15th August
Celebration of National Sports Day (Online & Offline)	31st August
Lecture on Dr. Shri Sarvapalli RadhaKrishnan by Dr. M.M. Gharote	5th September
Sem 2 Projects & Assignments on Internal Assessment	17th September
Sem 2 Date of submission of Projects	22nd September
Online Practical Examination (Internal)	20th October
Sem 2 Theory Internal Examination	22nd October
Sem 2 University Examination (MCQ)	24th October to 26th October
Online Practical Examination (External)	26th October to 28th October

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B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Academic Calendar 2021-2022
Sem III and IV B.P.Ed. (Second Year)

Events	Date
Sem 3 offline teaching learning process begins	**16th November**
Practical Session begins	17th November
Demonstration of Micro Teaching Lessons	7th January, 2022
Online Lectures Begin Due to Covid	10th January
Celebration of Republic Day (Online & Offline)	26th January
Micro Teaching Lesson Day 1	9th February
Micro Teaching Lesson Day 2	12th February
Micro Teaching Lesson Day 3	15th February
Celebration of Chhatrapati Shivaji Jayanti	19th February
Celebration of Marathi Divas	28th February
Fira Programme	7th March
Celebration of Women's Day	8th March
Inter House Dumbbells Competition	12th March
Inter House Zanz Competition	22nd March
Educational Visit (Balewadi, Pune)	25th March
Inter House Folk Dance Competition	31st March
Sem 3 Internal Exam	1st April
Sem 3 Practical Examination	2nd April
Sem 3 University Examination	4th April
Sem 4 Commencement	**18th April**
Athletics Training at University Sports Pavilion, Marine Lines	19th April to 23rd April
Demonstration of Practice Teaching Model Lesson	26th April
1st Practice Teaching Simulation Lesson	13th, 18th and 20th May
Summer Vacations	21st May to 22nd June

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Academic Calendar 2020-2021
Sem I and II M.P.Ed. (First Year)

Events	Date
Sem I Commencement	**20th September, 2020**
Induction program	21st September
Sem 1 Orientation of the course ONLINE	22nd September
Selection of specialization games / activities ONLINE	24th September
Practical Classes beings ONLINE	1st October
Distribution of Topic for Seminar Presentation (C-IV) ONLINE	10th October
Seminar Presentation (Course-IV) ONLINE	20th and 21st October
Project on Historical Aspects (C-I) ONLINE	18th November
Celebration of Indian Constitution day ONLINE	26th November
Distribution of Topic for Seminar Presentation (C-I) ONLINE	28th November
Seminar Presentation (C-I) ONLINE	4th December
Practical Examination ONLINE	16th to 18th December
Reopening of the College ONLINE	2nd January, 2021
Organisation of Testing of Physiological Testing ONLINE	5th to 8th January
Theory Examination (Sem-I) ONLINE	15th to 18th January
Feedback of online Theory Examination	19th January
University Examination (Sem-I)	3rd week of January
Celebration of Republic day	26th January
Sem II Re-opening of the college	**4th Week of January**
Orientation of the Programme	3rd February
Distribution of topics for Presentation for C-VI	15th February
Demonstration Model Lesson And Discussion	20th February
Preparation of Seminar Presentation (Course VI)	21st February
Advance Coaching Lesson Begins	22nd February
Seminar Presentation (Course VI)	2nd and 3rd March
Preparation of Seminar Presentation (Course –VIII)	4th March
Participation in National Conference on Sports Psychology at Chandigarh	18th to 20th March
Advance Coaching Lesson Guidance	21st March
Seminar Presentation (Course-VIII)	9th April
Submission of Project	19th April
Second Semester Theory Examination	24th to 27th April
Feedback on II Semester Examination	28th April
Supervised study programme	29th April to 10th May
Semester II – University Theory Examination	2nd Week of May

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Academic Calendar 2021-2022
Sem III and IV M.P.Ed. (Second Year)

Events	Date
Sem III Reopening of the college ONLINE	**11th July, 2021**
Orientation of the course ONLINE	12th July
Selection of specialization games / activities ONLINE	28th July
Selection of Dissertation topics and discussion with Guides ONLINE	8th August
Celebration of Independence day ONLINE	15th August
Practical Classes begins ONLINE	25th August
Celebration of National Sports Day ONLINE	31st August
Dissertation Preparation begins ONLINE	1st September
Preparation of Seminar Presentation (Course-X) ONLINE	12th September
Discussion (Course-XI) ONLINE	14th September
Seminar Presentation (Course-X) ONLINE	25th & 26th September
Yoga Model Lesson and discussion ONLINE	29th September
Practical Examination (Athletic Activity) ONLINE	13th October
Practical Examination of Yoga ONLINE	14th and 15th October
Practical Examination ONLINE	23rd to 25th November
Theory Examination ONLINE	10th to 15th December
Feedback of Theory Examination	18th December
ONLINE UNIVERSITY EXAMINATION	2nd week of January, 2022
Sem IV Reopening of the College	**22nd January**
Orientation of the course	25th January
Celebration of Republic Day	26th January
Demonstration Model Lesson And Discussion	27th January
Preparation of Seminar Presentation (Course XIV)	5th February
Seminar Presentation (Course XIV)	12th and 13th February
Methodology Presentation (Dissertation)	15th and 16th February
Advance Coaching Lesson Guidance	20th February
Advance Coaching Lesson Begins	22nd February
Discussion on Given Topic (Course-XVI)	20th April
Semester IV Theory Examination INTERNAL	12th May to 16th May
Feedback on IV Semester Examination	17th May
Sem IV ONLINE University Theory Examination	21st and 22nd May

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Academic Calendar of Common Programs (2020-2022)

For all Courses (BPEd & MPEd)

Events	**Date**
Independence Day	15th August 2020
National Sports Day	31st August
Teachers Day	5th September
Diwali Break	29th October to 16th November
World Energy Conservation Day	14th December
Farmers day	23rd December
Celebration of Chhatrapati Shivaji Jayanti	19th February
Celebration of Marathi Divas	28th February
Women's Day Celebration	8th March, 2021
Placement Days (On Campus Interview)	1st and 2nd week of April
Summer Break	30th May to 15th June
Academic Year 2021-2022 Second Year Sem 3 Admission	5th November
Academic Year 2021-2022 Second Year Sem 3 Commencement	17th November
CET process For 2021-2023 First Year Admission begins	July 2021
CET Online Test & Field/Ground Test For 2021-2022 First Year Admission	• Online: 4th to 6th Sept, 2021 • Field test: 8th, 9th ,10th Sept, 2021 • Online: 11th Sept, 2021 • Field Test: 14th, 15th, 16th Sept, 2021

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Work Distribution 2020-2021

Sr. No.	Faculty	Other Responsibilities
1	RRD	Research Coordinator, Academic Calendar, Co-ordinator IQAC, other academic & administrative work
2	GKD	Theory Internal & External Exam BPEd, Reports, SET Workshop, Technology assistant guidelines-workshop
3	NOJ	Theory Internal & External Exam MPEd, Advanced Coaching Lesson, Placement Cell, Intramural MPEd
4	RCK	School Practice Lessons, Cultural Program, Extramural Sports, Officiating, Practice Teaching in Physical Education
5	JMH	Practical Exam BPEd, Equipment Room, Intramurals BPEd, Demos
6	SNC	Publication, Extension Wing, Attendance
7	KJM	ICT, Smart Board, Program Photos, Computer Lab
8	RNS	Trip & Visits, Camp, First Aid, Anti-ragging Affidavits, Alumni Association, Practice Teaching in Optional Method
9	KKA	Web Site, Extension activities, ID Cards, Report Writing (NAAC)

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Faculty Work Load 2020-2022

B. P.Ed. Two Years Course (Theory)

Sem	Paper. No.	Title of the Paper	Name of the Faculty
1	101	Foundations of Physical Education & Sports	JMH, RCK, KKA
	102	Yoga Education & Environmental Studies	MMG, RRD, RCK
	103	Methodology of Teaching	GKD, RRD, RCK, KKA, JMH, KJM, NOJ, SNC, RNS
2	104	Anatomy, Physiology & Health Education	RRD, KJM
	105	Officiating, Coaching and Sports Training	JMH, GKD, SNC
	106	Organization, Administration & Sports Management in Physical Education	NOJ, KKA, RCK, RNS
3	107	Psychology of Education, Physical Education & Sports	NOJ, SNC, RCK
	108	Fitness, Wellness, Nutrition & Weight Management	KJM, AKK, RRD, JMH
	109	Methodology of Teaching Physical Education	JMH, GKD, RCK, RNS
4	110	Measurement, Evaluation & Statistics in Physical Education	NOJ, KJM
	111	Sports Medicine, Physiotherapy & Rehabilitation	SNC, RCK, JMH
	112	Kinesiology & Biomechanics	RRD, JMH

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B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Faculty Work Load 2020-2022

M. P.Ed. Two Years Course (Theory)

Sem	Course. No.	Title of the Paper	Name of the Faculty
1	I	Foundations of Physical Education and Sports	KKA, RCK
	II	Research Methodology and Computer Application in Physical Education & Sports	JMH, NOJ
	III	Science of Training and Coaching in Sports and Games	KKA, RNS
	IV	Exercise and Sports Physiology	RRD, KJM
2	V	Test, Measurement and Evaluation in Physical Education and Sports	KKA, RNS
	VI	Psychology of Physical Education and Sports	SNC, NOJ
	VII	Statistics in Physical Education and Sports Research	JMH, KJM
	VIII	Sports Biomechanics	RRD, KJM
3	IX	Applied Yoga in Physical Education and Sports	RCK, MMG
	X	Management of Physical Fitness and Wellness	KJM, NOJ
	XI	Health Education	KKA, RCK
	XII	Sports Medicine	RRD, SNC
4	XIII	Management and Professional Preparation in Physical Education and Sports	RNS, JMH
	XIV	Sports Nutrition	RRD, SNC
	XV	Journalism, Marketing and Event Management in Physical Education and Sports	NOJ, KJM, RCK
	XVI	Current trends and policies in Physical Education and Sports	RNS, KKA
	XVII	Dissertation	RRD, KKA, RCK, NOJ, SNC, RNS, JMH, KJM

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B. P. C. A's

COLLEGE OF PHYSICAL EDUCATION

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ANNUAL CALENDAR

M. P. Ed. (SEMESTER-III & IV) (2018-19)

DATE	ACTIVITIES/PROGRAMMES
SEMESTER III	
9th July 2018	• Commencement of Sem.- III • Introduction of the syllabus
10th July 2018	• Commencement of Practical & Theory classes
10th -11th August 2018	Seminar Presentation (Course X)
15th August 2018	**Celebration of Independence Day & Inter house Patriotic Group Singing Competition**
28th- 29th August 2018	Seminar Presentation (Course XI)
5th Sept., 2018	Celebration of Teachers Day (Organisation of Self Governance Programme)
12th – 17th Sept., 2018	**MID TERM BREAK (Ganesh Chaturthi)**
18th - 19th Sept.,2018	Assignment on fitness Testing (Course X)
24th Sept. ,2018	Practical on Specialization of Athletic Events
6th Oct., 2018	Organisation of Group Discussion (Course XI)
13th Oct., 2018 onwards	Practical on Yogic Practices(Course IX)
24th -27th Oct., 2018	**Semester End Theory Examination**
29th – 31st Oct., 2018	**Practical Examination**
1st-3rd Nov., 2018	Internal Assessment feedback
4th - 20th Nov., 2018	**Diwali Vacation**
21st – 26th Nov., 2018	supervised study and preparation of University Examination
26th Nov., 2018	Celebration of Constitution of India Day
27th – 30th Nov., 2018	Tentative dates of University Examination of Sem.- III
SEMESTER IV	
1st Dec., 2018	• Commencement of Semester IV • Introduction of Syllabus
2nd Dec., 2018	Commencement of Theory & Practical Classes
7th-8th Dec., 2018	Proposal presentation on Methodology (Dissertation)
18th Dec., 2018	Assignment on Testing Nutritional Aspects
24th Dec., 2018 to 1st Jan., 2019	**WINTER BREAK**
10th - 12th Jan., 2019	Organisation Of Inter School Competition In Kabaddi, Kho-Kho & Langadi (Hind Trophy)

18th Jan., - 28th Feb., 2019	Seminar presentation (course XIV)
26th Jan.,2019	**Celebration of Republic day**
4th Feb., 2019	Organization of Model Lesson in Advance Coaching in Athletics(Course XIII)
11th -15th Feb., 2019	Organization of Advance Coaching Lesson
25th Feb., 2019	assignment on News Writing (Course XV)
4th, 6th & 8th March 2019	Intramurals (Hockey, Handball, Basketball, Volleyball, any three)
15th -16th March 2019	Seminar presentation (Course XVI)
23rd March 2019	Annual Prize Distribution Function
25th March 2019	Group Discussion (Course XVI)
1st – 4th April 2019	Semester End Theory Examination
6th April 2019	Feedback of Theory Examination
6th – 10th April 2019	Revision, Supervised study & preparation of University Theory Examination
10th – 14th April 2019	Probable Dates of University Exam.

- TERMS - Third Semester : 09.07.2018 to 03.11.2018
- TOTAL NO. OF WORKING DAYS of SEME-III & IV : 107 days (Including Internal Examination)
- WORKING HOURS : 3.00 p.m. to 8.00 p.m. (Monday to Saturday)

ANNUAL CALENDAR COMMITTEE (2017-18)

- Dr. G.V. Pargaonkar, (Principal) :Chairman
- Dr. K. J. Maru (Incharge - UG) :Member
- Dr. Mrs. N. O. Joshi (Incharge -Dissertation) :Member
- Dr.R.R. Dhakne :Member Co-ordinator

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B. P. C. A's

COLLEGE OF PHYSICAL EDUCATION

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ANNUAL CALENDAR

M. P. Ed. (SEMESTER-I) (2018-19)

SR. NO.	DATE	ACTIVITIES/PROGRAMMES
1	18th Sept 2018	Inauguration and Reopening of the College
2	19 Sept 2018	Orientation of the course
3	25th Sept 2018	Selection of specialization games / activities
4	1st Oct 2018	Computer Application Classes begins
5	6th Oct 2018	Practical Classes begins
6	13th Oct 2018	Vachan Prerna Din (Birth Anniversary of former Persidentof India dr. A. P .J Abdul Kalam)
7	18th Oct 2018	**Holiday** (Dasara)
8	20th Oct 2018	ICT and Computer Application Begins
9	27th -28th Oct 2018	Seminar Presentation Course-I
10	31st Oct 2018	Celebration of National Unity Day(Birth Anniversary of Late Sardar V. B. Patel)
11	2nd Nov 2018	Project on Historical Aspects (Course-I)
12	4th-11th Nov. 2018	**Diwali Vacation**
13	10th-11th Dec. 2018	Seminar Presentation (Course-IV)
14	23rd Dec18-1st Jan 2019	**Winter Break**
15	12th Jan 2019	Field visit to All India Institute of Medical Rehabilitation
16	18th Jan, 2019	Discussion on given topic (Course-I)
17	26th Jan 2019	Celebration of Republic day
18	28th -29th Jan,2019	**First Term Practical Examination**
19	2nd -5th Feb, 2019	**First Semester Theory Examination**
20	6th Feb, 2019	Feedback of First Semester Theory Examination
21	7Th-10th Feb, 2019	Supervised study Programme.
22	11th Feb, 2019 onwards	**Semester I – University Theory Examination**

	SEMESTER-II	
1	18.02.2019	Reopening of the Semester-II
2	19.02.2019	Holiday – Chhatrapati Shivaji Maharaj Jayanti
3	20.02.2019	Orientation of the Programme
4	23.02.2019	Internship on B. P. Ed students
5	02.03.2019 to 03.03.2019	Seminar Presentation **(Course VI)**
6	07.03.2019	**DEMONSTRATION MODEL LESSON AND DISCUSSION**
7	08.03.2019	Holiday - Mahashivratri
8	09.03.2019	Advance Coaching Lesson Guidance
9	14.03.2019	**Advance Coaching Lesson Begins**
10	16.03.2019	Project on Test and Measurement(C-V)
11	22.03.2019	Project on Psychological Variables (C-VI)
12	12.04.2019	Project on statistical Application (VII)
13	14.04.2019	**Holiday - Dr. Ambedkar Jayanti**
14	19.04.2019	Submission of Project
15	06.05.2019 to 09.05.2019	**Second Semester Theory Examination**
16	10.05.2019	Feedback on II Semester Examination
17	11.05.2019 to 20.05.2019	Supervised study programme
18	22.05.2019 to 29.05.2019	**Semester II – University Theory Examination**

SUMMERY OF ANNUAL CALENDER

I. WORKING HOURS FOR SEM. I AND SEM. II

- 2.00 p.m to 8.00 p. m (Monday To Saturday)

II. DURATION OF SEMESTER

- Sem -I 18th Sept, 2018 to 8th Feb,2019
- Sem- II 17 Feb, 2019 to 31st May, 2019

III. SEMESTERWISE NO. OF WORKING DAYS

- Sem I : 98 days
- Sem II : 94 days

VI. TOTAL NO WORKING DAYS

- 192 days

ANNUAL CALENDAR COMMITTEE (2018-19)

- Dr. G.V. Pargaonkar, (Principal) :Chairman
- Smt. N.O. Joshi, (Incharge - UG) :Member
- Dr. K.K.Asai, (Incharge - ICT) :Member
- Dr.R.R. Dhakne :Member Co-ordinator

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राष्ट्रीय अध्यापक शिक्षा परिषद्
(भारत सरकार का एक विधिक संस्थान)
पश्चिम क्षेत्रिय समिति

NCTE

National Council For Teacher Education
(A Statutory Body of the Government of India)
Western regional Committee

F.No.WRC/OAP/W0117/114031/2015 | 147104 Date 31-5-15

Received 15-7-15
21
NCTE

TO BE PUBLISHED IN GAZETTE OF INDIA PART III SECTION 4

Revised Order

Whereas, in exercise of the powers conferred by sub-section(2) of Section 32 of the National Council for Teacher Education Act, 1993(73 of 1993), and in supersession of the National Council for Teacher Education (Recognition Norms and Procedure) Regulations, 2009, the National Council for Teacher Education has notified the Regulations, 2014 on 01.12.2014.

2. And whereas, the Bombay Physical Association College, College of Education, Bhartiya Krida Mandir, Niagaon Cross Road, Wadala, Mumbai, Maharashtra by affidavit dt. 13.01.2015 has consented to come under new Regulations and sought for one basic unit in B.P.Ed. which require additional facilities.

3. And whereas, it has been decided to permit the institution to have one basic unit of 100 students each subject to the institution fulfilling following conditions namely,

I. The institution shall create additional facilities that include (a) additional built-up area, (b) additional infrastructure, (c) additional funds, (d) additional staff as per Regulations, 2014 and inform Regional Committees with required documents by October 31, 2015.

II. The applicant-institution for additional unit will be required to submit the required documents such as land documents, Encumbrance Certificate (EC), Land Use Certificate (LUC), Building Plan (BP) and the Approved Staff List in the specified proforma available on the website to the Regional Committee in proof of having provided additional facilities before October 31, 2015. Building Completion Certificate (BCC) may be given along with other documents if available, otherwise it can also be given to the Visiting team at the time of inspection.

III. The Regional Committees shall arrange for verification of documents, inspection of these premises and check adherence to these conditions by 20 Feb, 2016. If it is found by the Regional Committee that the institution fails to comply with these requirements, the institutions shall not be permitted to admit students for the academic year 2016-2017.

IV. In case any existing institution's matter is sub-judice under court direction/SCN under section 17 of the NCTE Act/Complaint etc., the institution shall be required to submit a copy of the Hon'ble Court order/reply to SCN/complaint/already submitted along with the documents, if any together the documents referred above. In case the institution's request for shifting of premises is pending, such institutions shall be required to submit the requisite documents as per provisions of the NCTE Regulations, 2014 with a copy of the order/NOC of the affiliating body/State Govt. and such other documents as indicated in the revised format recognition order. The final decision shall be subject to the directions given by the Hon'ble Court in the Writ Petition/case decided by the Western Regional Committee in respect of Section 17/complaint cases etc.

4. Now therefore, in the light of the above and in accordance with the **NCTE Regulations, 2014, the Western Regional Committee (NCTE) hereby issues the revised recognition order to Bombay Physical Association College, College of Education, Bhartiya Krida, Mandir, Niagaon Cross Road, Wadala, Mumbai, Maharashtra for conducting B.P.Ed. programme of two years duration with an annual intake of 100 students (one basic unit of 100 students) from the academic session 2015-16 subject to fulfillment of the conditions mentioned herein before 31.10.2015.**

Cont..... 2

मानस भवन, श्यामला हिल्स, भोपाल-462002 Manas Bhawan, Shyamla Hills, Bhopal-462002
दूरभाष/ Phone: 0755-2739672, 2660915, 2660379, 2660372 फैक्स/ Fax: 0755-2660912
Email: wrc@ncte-india.org Website : www.nctewrc.co.in
NCTE HQrs. Website : www.ncte-india.org

noted
NCTE

राष्ट्रीय अध्यापक शिक्षा परिषद्
(भारत सरकार का एक विधिक संस्थान)
पश्चिम क्षेत्रीय समिति

National Council for Teacher Education
(A Statutory Body of the Government of India)
Westerrf Regional Committee

Exb.01

No.WRC/2-32/85-86/2006/ C - 2415 Date: 23/05/06

To,

The Registrar,
University of Bombay,
University Road, Fort,
BOMBAY-400 032.

Sub:- Extension of Recognition of Physical Education Institutions.

Sir,

Please find enclosed list of the following institutions whose recognition has been extended for the academic session 2006-2007 by the Western Regional Committee (NCTE) on the basis of Performance Appraisal Report submitted by the institutions in its 85-86 meeting. Kindly inform to the institutions to admit students up to the sanctioned intake for which recognition has been granted.

Code No.	Name & address of the Institution	Approved Course / intake	FOR Academic Session
114031	Bombay Physical Association College, College of Education, Bhartiya Krida Mandir, Naigaon Cross Road, Wadala, Mumbai -- 400031.	B.Ed (PE)-100	2006-2007
114031	Bombay Physical Culture Associations, College Of Physical Education, Bharatiya Krida Mandir, Naigaum Cross Road, Wadala Mumbai 400031 Maharashtra	M.P.Ed.-30	2006-2007

Also instruct the institution to adhere to the norms prescribed by the NCTE relating to eligibility criteria for admission; infrastructure; staff and curriculum transaction; etc. to the standards laid down by the NCTE and continuous maintenance of these norms and standards is mandatory and binding on the institution.

Yours faithfully

(L.R. Aggarwal)
Regional Director

Authorised to issue

Under Secretary

मानस भवन, श्यामला हिल्स, भोपाल - 462 002 Manas Bhawan, Shyamla Hills, Bhopal—462 002
दूरभाष / Phone : 2660912, 2739672, फैक्स / Fax : 0755-2660912, E-mail : nctebhpl@sanchamet.in
NCTE Website : www.ncte-in.org.

BACK <==

Public Notice

In its 116th meeting held on 3-5 April , 2009 **Western Regional Committee** reviewed its recognition orders issued to the teacher education institutions "for" a particular year and modified its earlier order as under :-

The word "for" (academic year) should be read as "from" (academic year).

However, the performance of these institutions will be assessed by the **Western Regional Committee** for further continuation of recognition.

Therefore, all such institutions are required to submit the Performance Appraisal Reports (PARs) of that year for which recognition was granted and also subsequent years within 21 days of the publication of this Notice in the daily News Papers and the **Western Regional Committee** website.

-Sd-
Regional Director

Date : 15/04/2009

मुंबई विद्यापीठ

Email-
ar.affiliation2@fort.mu.ac.in

महाविद्यालय संलग्नता व विकास विभाग
क्र. संलग्नता/आय सी डी/२०२१-२२/ १२९
दिनांक:- २९ ऑक्टोबर, २०२१

प्रमाणपत्र

प्रमाणित करण्यात येते की, बॉम्बे फिजीकल कल्चर असोसियेशनचे कॉलेज ऑफ फिजीकल एज्यूकेशन, भारतीय क्रिडा मंदिर, नायगाव क्रॉस रोड, वडाळा (पू), मुंबई– ४०० ०३१ या बी. पी. एड. महाविद्यालयाला शैक्षणिक वर्ष २०२१–२२ साठी संलग्नीकरण देण्याची बाब विद्यापीठाच्या विचाराधीन आहे. या महाविद्यालयाची विद्यार्थी प्रवेश क्षमता ५० + ५० (२ युनिट) असून शैक्षणिक वर्ष २०२१–२२ साठी सदरहू महाविद्यालयाला एकुण १०० विद्यार्थी केंद्रीय प्रवेश प्रक्रियेद्वारे प्रवेशित करण्यासाठी विद्यापीठाची शिफारस आहे.

आपला विश्वासू,

(दिपक वसावे)
उपकुलसचिव
महाविद्यालय संलग्नता व विकास विभाग

प्रति,
प्राचार्य,
बॉम्बे फिजीकल कल्चर असोसियेशनचे
कॉलेज ऑफ फिजीकल एज्यूकेशन,
भारतीय क्रिडा मंदिर, नायगाव क्रॉस रोड,
वडाळा (पू), मुंबई– ४०० ०३१

Mohd
CET Cell
29-10-2021

मुंबई विद्यापीठ

संलग्नता / मान्यता विभाग
क.संलग्नता/आय सी एम/२०२०-२१/१०९
२४ जून , २०२०

प्रमाणपत्र

प्रमाणित करण्यात येते की, **बॉम्बे फिजिकल कल्चर अँसोसिएशन कॉलेज ऑफ फिजिकल एज्युकेशन** भारतीय क्रीडा मंदिर, नायगाव क्रॉस रोड, वडाळा, वडाळा(पूर्व), मुंबई ४०००३१ या एम.पी.एड. महाविद्यालयाला शैक्षणिक वर्ष २०२०-२१ साठी संलग्नीकरण देण्याची बाब विद्यापीठाच्या विचाराधीन आहे. या महाविद्यालयाची विद्यार्थी प्रवेश क्षमता २५ (१ युनिट) असून शैक्षणिक वर्ष २०२०-२१ साठी महाविद्यालयाला एकूण २५ विद्यार्थी केंद्रीय प्रवेश प्रक्रियेद्वारे प्रवेशित करण्यासाठी शिफारस आहे.

आपला विश्वासू

(दिपक वसावे)
उपकुलसचिव
संलग्नता / मान्यता विभाग

प्रती ,
प्राचार्य ,
बॉम्बे फिजिकल कल्चर अँसोसिएशन कॉलेज ऑफ फिजिकल एज्युकेशन
भारतीय क्रीडा मंदिर, नायगाव क्रॉस रोड,
वडाळा, वडाळा(पूर्व), मुंबई ४०००३१

SSR SUMMARY OF
2.1.1. Average enrolment percentage of students during the last five years
2.1.1.1: Number of students enrolled during the last five years

BPED						
YEAR	2016-18	2017-19	2018-20	2019-21	2020-22	TOTAL
PERCENTAGE PER YEAR	14.40%	17.60%	25.00%	25.00%	25.00%	107%

MPED						
YEAR	2016-18	2017-19	2018-20	2019-21	2020-22	TOTAL
PERCENTAGE PER YEAR	5.00%	5.00%	5.00%	5.00%	5.00%	25%

2016-18

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{72}{100} \times 100$$

$$= 72\ \%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{72}{5}$$

$$= 14.40\%$$

BPED 2017-19

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{88}{100} \times 100$$

$$= 88\ \%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{88}{5}$$

$$= 17.60\%$$

BPED 2018-2020

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{100}{100} \times 100$$

$$= 100\%$$

$$\text{Average percentage} = \Sigma \text{ percentage per year}$$

5

$$= \frac{100}{5}$$

$$= 25.00\%$$

BPED 2019-2021

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \text{X100}$$

$$= \frac{100}{100} \text{X100}$$

$$= 100\%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{100}{5}$$

$$= 25.00\%$$

BPED 2020-22

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \text{X100}$$

$$= \frac{100}{100} \text{X100}$$

$$= 100\%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{100}{5}$$

$$= 25.00\%$$

MPED 2016-18

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{25}{25} \times 100$$

$$= 100\ \%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{25}{5}$$

$$= 5.00\%$$

MPED 2017-19

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{25}{25} \times 100$$

$$= 100\ \%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{25}{5}$$

$$= 5.00\%$$

MPED 2018-2020

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{25}{25} \times 100$$

$$= 100\ \%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{25}{5}$$

$$= 5.00\%$$

MPED 2019-21

Formula:

$$\text{Percentage per year} = \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$$

$$= \frac{25}{25} \times 100$$

$$= 100\ \%$$

$$\text{Average percentage} = \frac{\Sigma \text{ percentage per year}}{5}$$

$$= \frac{25}{5}$$

$$= 5.00\%$$

MPED 2020-22

Formula:

Percentage per year $= \frac{\text{number of students enrolled for the year}}{\text{number of seats sanctioned for the year}} \times 100$

$= \frac{25}{25} \times 100$

$= 100\ \%$

Average percentage $= \frac{\Sigma \text{ percentage per year}}{5}$

$= \frac{25}{5}$

$= 5.00\%$

YEAR	2016-18	2017-19	2018-20	2019-21	2020-22	TOTAL
AVERAGE NO. OF PUBLICATIONS	0.5	1.5	1.1	0.9	1.2	5.2

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Final list of the Students Adimitted in the year 2016-18	
Roll. No.	**Name of the student**
1	/Andhari Yashashri Narayan
2	/Balkhande Dipali Yashavant
3	/Chaturvedi Pooja
4	/Devkar Ashwini Anil
5	/Dige Mayuri Tulshiram
6	/Gaikwad Pragati Prashant
7	/Kalamkar Dipali Prakash
8	/Karbhal Sujata Nagu
9	/Khotare Sharmila Ravaji
10	/Kudu Pooja Raghunath
11	/Kulsum Bano Adbul Rahim Momin
12	/Lohakare Kanchan Tanaji
13	/Maurya Sneha Omprakash
14	/Meher Priyanka Chintaman
15	/Naik Pranita Madhukar
16	/Nalawade Varsha Mangesh
17	/Nar Shwetali Suresh
18	/Padvi Divya Suresh
19	/Patil Sheetal Milind
20	/Pawar Rohini Ramesh
21	/Pawar Samruddhi Ashok
22	/Prajapati Neha Shyamcharan
23	/Purohit Bhagyashree Shivkumar – Adm Cancelled
24	/Reen Manpreet Kaur Jagjit Singh
25	/Sahu Shivani Radheshyam
26	/Sargar Chhaya Ananda
27	/Shaikh Sadiya Iqbal
28	/Shukla Sneha Santosh
29	/Solanki Tejal Kisan
30	/Surve Reshma Ramesh
31	/Suryavanshi Manisha Kailash
32	/Thange Laxmi Mahadev
33	/Yadav Sunila Sumit

34	Almeida Jordan John
35	Avhad Suresh Nivrutti – Adm Cancelled
36	D'Britto Amos Augustine
37	Desai Prathamesh Rajendra
38	Deshmukh Yashraj Arun
39	Dhaske Akshaykumar Rajendra - Left
40	Gamee Kalpesh Amratbhai
41	Ghanekar Tanmay Suresh
42	Gharat Amol Gajanan
43	Gonsalves Mackwin Wilson
44	Gurav Pratik Ashok
45	Jadhav Akshay Ramakant
46	Joiel Rakesh Anant
47	Joshilkar Vinay Shivaji
48	Kadam Vaibhav Ramchandra
49	Kamble Ajay Gautam
50	Kamble Rakesh Rajaram
51	Khan Danish Meheboob
52	Kudel Merwyn Sabin
53	Kudle Sagar Ramchandra
54	Landge Shantaram Ashok – Adm Cancelled
55	Lende Bawar Pandurang
56	Maldikar Siddhant Harish
57	Mohandkar Amol Krishna
58	Padawale Sachin Babu
59	Pagare Sachin Balu
60	Pagare Sagar Raju
61	Pawar Kiran Tukaram
62	Pednekar Siddhant Sanjay
63	Shafiq Mohd
64	Shinde Prasad Vijay
65	Shinde Swapnil Satish
66	Shukla Jiyanand Lalbihari
67	Tambe Ankit Arun
68	Tellis Malcome Zachary
69	Tuscano Jovet Jefarin
70	Varma Anandkumar Jaiprakash
71	Waghat Sujit Chandrakant

72	Yallamalli Balakrishna Kondayya

Final list of the Students Adimitted in the year 2017-19	
Roll No.	**Name of the Student**
1	/Bhoilkar Susmita Rohidas
2	/Dhadga Sapana Vasant
3	/Gawand Chetna Suhas
4	/Jadhav Aparna Deepak
5	/Jadhav Tejashri Sunil
6	/Jotshi Shivani Sunil
7	/Kadam Josana Sambhaji
8	/Kadam Karishma Bharat
9	/Kapure Hemangi Surendra
10	/Kashid Rupali Pandurang
11	/Khan Khadeejah M. Farooque
12	/Kore Samiksha Ramakant
13	/Malviya Rinku Nenmal
14	/Mishra Deepali Arvind
15	/Pandey Garima Prakash
16	/Patil Harshada Gajanan
17	/Patil Krutika Anil
18	/Patil Madhuri Nimbaji
19	/Rane Pooja Vinod
20	/Rane Vaibhavi Avinash
21	/Sayed Itrat Zahra Zafar
22	/Shinde Snehal Vijay
23	/Shitap Namrata Sadashiv
24	/Singh Shweta Rajesh
25	/Sitap Riddhi Raghunath
26	/Tambe Suvarna Siddharth
27	/Thombare Rakhi Shivaji
28	/Yadav Poonam Sahabraj
29	Aadivarekar Siddhesh Deepak
30	Ahadi Laxman Babu – Admission Cancelled
31	Avhad Haribhau Bhagwan – Admission Cancelled
32	Bansode Pankaj Pandurang

33	Berlekar Pratik Pradip
34	Bhala Somnath Laxman
35	Bhattacharya Rathin Kumar
36	Bhoir Bhushan Sudhakar
37	Bhosale Gaurav Santosh
38	Bhusara Mangesh Bachchu– Admission Cancelled
39	Bodke Omkar Vilas
40	Borade Ritesh Rajendra
41	Chaudhari Dipak Iccharam
42	Davare Ajay Ananta
43	Dias Godson Peter
44	Gahala Vikas Shidava
45	Gangurde Aakash Shankar– Admission Cancelled
46	Gawade Vasudev Dattatray
47	Ghule Siddharth Ashok– Admission Cancelled
48	Golambade Swapnil Devaji
49	Gupta Anil Prabhunath
50	Gupta Durgesh Rambriksh
51	Gupta Sunil Lalbahadur
52	Gurav Bharat Devdas
53	Hatkhambekare Abhishek Vilas
54	Ipte Amit Anant
55	Ansari Mohammad Ishaq Mohammade Husain - Left
56	Jadhav Ratnadeep Manohar
57	Jaiswar Sanjeev Balchandra– Admission Cancelled
58	Kazi Mohd Zaid Riyaz
59	Khairwar Suryaprakash Kanchan
60	Kumbhar Rahul Pandurang
61	Lad Rajendra Ramkrushna
62	Lokegaonkar Pranil Pandurang
63	Mangela Naresh Ravi
64	Mujawar Sohail Lalsab
65	Nijai Abhishek Sahadev

66	Nikale Sumedh Shashikant– Admission Cancelled
67	Nivale Tejas Sanjay
68	Patil Dipesh Krishna
69	Patil Karan Rajendra
70	Pawar Akshay Anant
71	Rai Akash Singh
72	Remello Denver Peter
73	Savardekar Bhalchandra Balaram
74	Shah Iftkhar Ali
75	Shedge Krishna Dattatray
76	Shetkar Jagannath Sahadev
77	Shinde Bharat Sakharam
78	Shinde Rameshwar Someshwar
79	Shinde Sushant Shailendra
80	Singh Vishwajeet Kumar
81	Thorat Nitesh Dhanji
82	Tippireddy Vivek Baburao
83	Vavare Vijay Balu
84	Verma Sanidatt Ramkishor– Admission Cancelled
85	Vishwakarma Mayank Siyaram
86	Wadekar Akshay Madhukar
87	Yadav Rahulkumar Ramavtar
88	Yadav Ritesh Hariram

Final list of the Students Adimitted in the year 2018-19	
Roll No.	**Name of the Student**
1	/Bhusare Kajal Sudamrao
2	/Borhade Ashwini Kundlik -left
3	/Chikhale Snehal Ramnath
4	/Dedhia Devanshi Shailesh
5	/Gaykar Ashwini Anant
6	/Ghatal Savita Sonya
7	/Godse Poonam Pandharinath-left
8	/Hake Seema Raju
9	/Kadam Tejaswi Vishwas

10	/Kamthe Anuradha Dattatray
11	/Khedekar Meghana Rohidas
12	/Kumbhar Vaishali Dnyandeo
13	/Lawangare Ashwini Ganesh
14	/Luhar Kailaskumari Devaram
15	/Mahimkar Prachi Chandrashekhar
16	/More Asmita Ankush
17	/Navarat Neha Gajanan
18	/Pal Pooja Sadanand
19	/Pal Sarita Rameshchand
20	/Patil Karishma Gunaji
21	/Pawar Anju Kisan
22	/Pawar Kashmira Prakash
23	/Pawar Mohini Vilas
24	/Pendhari Rupali Bablya
25	/Pulikkal Abhirami Prasannan
26	/Sajagane Pooja Bharat
27	/Sakpal Namrata Madhukar
28	/Sapte Rasika Rajendra
29	/Shinde Gauri Satish
30	/Singatkar Mayuri Ravindra
31	/Thakkar Radhika Ajay
32	/Yadav Nisha Bhagwandas
33	Adabal Ishvar Soma
34	Ahmed Arman Mohd Jamal
35	Alookaran Racil Joy - Left
36	Barge Dhananjay Dattatray
37	Barla Stephen
38	Barot Bharat Arjun
39	Bharadwaj Rahul Ashok
40	Bide Arun Bapu
41	Chavan Rohit Kashinath
42	Chavan Rushikesh Bhatesing
43	Chipte Ashish Anant
44	Damodare Prashant Gautam
45	Dutta Arup Alok
46	Gupta Jitendra Ramashray
47	Hadal Alesh Chaitya
48	Jadhav Harshal Eknath

49	Jadhav Sandip Pradip
50	Jogilkar Yahyya Ashfaq
51	Joshi Dhiraj Dhananjay
52	Joshi Karan Haresh
53	Kadam Akshay Anil
54	Kamti Santosh Sheetal
55	Kavade Rajat Rajendra
56	Kharat Darshan Milind
57	Koja Laxman Shekhar
58	Maray Elson Anthony Nadar
59	More Karan Suresh
60	More Tejas Sunil
61	Mudila Tribhuvan Hayat
62	Munjare Manoj Maruti
63	Nair Nikhil Nandanan
64	Nanhe Omkar Vitthal
65	Pandya Hardik Yogesh
66	Patil Aditya Gokul
67	Patil Vinod Chandrakant
68	Pawar Dipak Janu
69	Raje Yash Rajesh
70	Ram Arjun Rudal
71	Rana Piyush Manohar
72	Rane Prathamesh Sanjay
73	Rane Soham Mangesh
74	Rathod Ajay Pravinbhai
75	Rathod Mangesh Taru
76	Roy Suhotro
77	Rumao Smit Lawrence
78	Sahane Jitendra Dagadu
79	Salunke Pranesh Prakash
80	Sarang Prathamesh Jayram
81	Satam Chetan Prakash
82	Sawant Sachin Shivaji
83	Sharma Akhil Dharmendra
84	Shigvan Pritesh Manohar
85	Shinde Ranjeet Balasaheb
86	Singh Prafull Yashwant
87	Sodha Ajaysinh Devaji

88	Sule Navnath Sunil
89	Tavadia Arzaan Maneck
90	Thorave Avinash Sambhaji
91	Tiwari Shyamsunder Rajesh
92	Todankar Darshan Sunil
93	Tokare Nitin Chandrakant
94	Vakhare Tejas Vishnu
95	Vavare Amit Pandu
96	Vhalgade Ankush Dadaji
97	Yadav Krishna Ramdhani
98	Yadav Shiwasare Kailash Nath
99	Zolar Clerence Thomas
100	Jaiswar Sanjeev Balchandra

Final list of the Students Adimitted in the year 2019-21	
Sr. No.	**Name**
1	ADITYA ARJUN SAWANT
2	SANGRAMSING SANJAY MORE
3	KAILASH DEVRAJ MALI
4	MANISHKUMAR RAVINDRA PAL
5	SURAJ KUMAR TAMAT
6	KAILASH LASHYA JADHAV
7	SUTESH SHIVAJI PATIL
8	HARDIK VINAYAK TAMORE
9	TABEESH CHOTE MIYA ALAM
10	AKSHAY KISHOR SHINDE
11	VINIT SONU MAHALA
12	VISHAL PRAKASH KADALE
13	RAHUL SHANKAR SAWANT
14	SIDDHARTH SUSHIL SAWANT
15	BEERBAHADUR RAMPRAKASH GUPTA
16	AISHWARYA MUKUND GAIKWAD
17	ANJALI BHAUDAS ROKADE

18	SATYENDRA RAVINDRAPRASAD SINGH
19	VIKAS GOPAL CHAUHAN
20	SUBBULAXMI PECHIMUTHU THEVAR
21	SNEHA DATTATRAY KATAKDHOND
22	MADHURA SANJAY PEDNEKAR
23	MRUNAL ANIL VAITY
24	SAYLEE RAVINDRA SHINDE
25	OMEY JAYANT JOSHI
26	VIKAS VAMAN DHUMAL
27	PRANAY GAJANAN TARI
28	RAHUL BHAU MAHALA
29	ASHLESHA JAGAN VASAVE
30	UDAYBHAN KUMAR
31	ANUJ KUMAR
32	MONIKA SURYAKANT JAVSEN
33	KIRAN JAYRAM PUNJARA
34	PRABHAT RADHYA MOHANDKAR
35	NIRAJ GAURISHANKAR JAISWAR
36	SIDDHESH SANTOSH THAKUR
37	DARSHANA SURESH SANAS
38	PRATIKSHA KRISHNA SATHE
39	KALPESH KESHAV BOTAKE
40	ROHIT HARISHCHANDRA GUPTA
41	SOLOMAN KARL MARTIN
42	VIKAS RAMCHANDRA KADAM
43	NILESH DHARMA BHIMBHARA
44	SATYAM SANJAY JAVHERI
45	JAYDEEP JAGANNATH GONDHALE
46	DEVNARAYAN RAJGIR YADAV
47	SIDDHESH SANJAY THOTAM
48	MANISH KUMAR PANDEY

49	JATIN SHRINIVAS MOOLYA
50	ASHISH RAMAKANT SATARKAR
51	ANIKET PRAMOD SUPLE
52	BHAVIK MUKESH DHANMEHER
53	VISHAL RAMJI RAJBHAR
54	KARAN HARESH AMBHIRE
55	MOHAMMED USAMA ARIF SHAIKH
56	SONAM MAHENDRA VARMA
57	SURAJ RAJENDRA CHINDALIYA
58	DHIRAJ RAJENDRA VISHWAKARMA
59	ABHISHEK SUBHASHKUMAR PANDEY
60	ZENON SYDNEY AGLEM
61	AJAY ANANT SHELAR
62	BALMUKUND KAILASHNATH SHARMA
63	PRANALI MUKESH CHAVAN
64	DILIP DAMU BHOYE
65	NAKUL KISHOR SAWANT
66	ABHISHEK ANIL CHEEROTH
67	UDAY VISHAWAS GURAV
68	PRATIK KAILKHURA
69	SMITA SHIVAJI VANDRE
70	SHASHANK RAVINDRA CHAVAN
71	FIROZ HASMUDDIN SHAH
72	SHREYASI VIDYADHAR PAWAR
73	NIKHIL RAVINDRA LAD
74	SHRADDHA SUDHIR CHAVAN
75	CHIRAG HEMCHAND MANDALIYA
76	ASHISH MANGESH MORE
77	ABHISHEK SHASHIKANT NIKSHE
78	PRASAD RAMCHANDRA PATKAR
79	SHIVANI UTTAM MUNGEKAR

80	RAMESH GAURANNA VAGGE
81	VIJAY MAHESHSINGH THAKUR
82	WINNY WILLIAM LOPES
83	AVINASH KANHAIYALAL GAUTAM
84	DEEPAK TARKESHWAR PANDEY
85	SAGAR SUNIL DOLE
86	JYOTI VISHNU JAYBHAYE
87	YOGESH JANARDAN PAWAR
88	SUSHILA ASHOK DALVI
89	KHUSHABU MARKANDE SINH
90	ITISHREE PRASAD KUMBHAR
91	HARSHALI HARICHANDRA BELEKAR
92	SANDEEP ANU HADAL
93	ANISHA RAJESH MUNDE
94	SANCHIT SANJAY AGARE
95	MANOJ ISHWAR THORAT
96	AISHWARYA SUNIL TONDASE
97	JUEELI RAJESH GHADGE
98	ARNOLD VARGHESE P T VARGHESE
99	KOMAL MANOJ DHANAWADE
100	KULDEEP SAHEBRAO KAMBLE

Final list of the Students Adimitted in the year 2020-22	
Sl.No.	**Name of the student**
Roll No.	**Name of the student**
1	/Adak Arati Dashrath
2	/Almeida Prajakta Brezil
3	/Bhelsekar Darshana Dilip
4	/Bhosale Akshata Santosh
5	/Bhosale Janhavi Vijay

6	/Deshmukh Anjalee Bharat
7	/Devadiga Kritika Dinkar
8	/Dhuri Kanchan Murlidhar
9	/Gavit Priyanka Shankar
10	/Gavit Ribika Vilas
11	/Ghode Shilpa Rajaram
12	/Govari Kavita Kisana
13	/Jagtap Aparna Popat
14	/Jathar Kajal Sanjay
15	/Katre Pooja Babu
16	/Khan Aaliya Zahra Safdar
17	/Khan Urusa Saquib
18	/Kharat Monica John
19	/Khedkar Bhavana Rohidas
20	/Malkar Ashwini Ashok
21	/Mantri Pooja Pradeep
22	/Mashalkar Vaishnavi Pralhad
23	/Mhatre Shreya Sunil
24	/More Sonali Balu
25	/Naik Ravina Ruvaji
26	/Nawadkar Pritee Amol
27	/Padave Pooja Mohan
28	/Pagare Tejaswini Bhatu
29	/Pavaskar Ankita Dinesh
30	/Pawar Dipali Ravindra
31	/Pawar Monali Ravindra
32	/Pimenta Sinora Arnold
33	/Rai Kajal Amarnath
34	/Rawat Jyoti Madhosingh
35	/Sarmalkar Devika Anand
36	/Savar Sonam Puran
37	/Sawant Shruti Siddharth
38	/Sonawane Trupti Shrikant
39	/Suryawanshi Manisha Dilip
40	/Thorat Manisha Namaji
41	/Ugale Janhavi Rajesh
42	/Vasave Dropadi Arvind
43	/Vasave Krishma Gautam
44	Ahire Sachin Sahebrao

45	Badawane Deepak Jitendra
46	Bhadbhade Yogiraj Ramchandra
47	Bhurke Jayesh Prakash
48	Chalke Ashutosh Vijay
49	Chalwad Shriram Tukaram
50	Dhami Sandeep Dhanbahadur
51	Dhrangdhariya Manan Chandrakant
52	Ekka Praful Silbanus
53	Gadekar Shubham Shashikant
54	Gohil Rahul Shantilal
55	Gupta Ram Motilal
56	Ingle Ajinkya Keshav
57	Jadhav Sagar Siddharth
58	Jena Balram Abhayram
59	Jha Deepak Vinod
60	Kadam Ritesh Kishor
61	Kadam Yogesh Vasant
62	Kakade Nikhilesh Dagadu
63	Kalokhe Shubham Sunil
64	Kamble Rahul Dipak
65	Khadpe Aniket Manoj
66	Khutwad Yash Rajesh
67	Kokani Suraj Chhaya
68	Kumbhar Pramod Prakash
69	Lad Prashant Sadhu
70	Lad Shrikant Sadhu
71	Madane Akshay Gorakh
72	Meher Jidnesh Vijay
73	Mhatre Amey Giridhar
74	Misal Prathmesh Dashrath
75	Mokal Vishant Dilip
76	Mokhara Mehul Girdhar
77	Padval Shubham Suresh
78	Palkar Akshay Ashok
79	Palwe Aditya Prakash
80	Pandey Alok Umendra
81	Patil Akash Vikas
82	Pokharkar Bhushan Shivaji
83	Rajbhar Shravan Vasant

84	Rajput Mukund Ganesh
85	Sadgir Nilesh Bhaurao
86	Sharma Sanjay Vijay
87	Shirodkar Rahul Chetan
88	Singh Kamlesh Rajbhan
89	**Suple Suchetan Pramod- Left**
90	Tak Rahul Kiranpal
91	Thopte Hardik Anand
92	Trivedi Pratik Pavankumar
93	Updhyay Abhishek Umashankar
94	Vende Rakesh Ankush
95	Worlikar Noel Wilson
96	Yadav Mukesh Rakesh
97	Yadav Roshan Lal
98	Yadav Suraj Shyamgiri
99	Yashwantrao Nishant Suryakant
100	Zambre Parth Jayant

Year	Sl. No.	Programme	Name of the Student
2019-2021	1	M.P.Ed	/Balkhande Dipali Yashavant
2019-2021	2	M.P.Ed	/Dait Jyoti Maleoj
2019-2021	3	M.P.Ed	/Hoshikali Khetoho Sumi
2019-2021	4	M.P.Ed	/Jadhav Tejashri Tulshidas
2019-2021	5	M.P.Ed	/Jotshi Shivani Sunil
2019-2021	6	M.P.Ed	/Kashid Rupali Pandurang
2019-2021	7	M.P.Ed	/Malviya Rinku Nenmal
2019-2021	8	M.P.Ed	/Parab Shraddha Sanjay
2019-2021	9	M.P.Ed	/Sahane Kavita BhiFemaleaji
2019-2021	10	M.P.Ed	/SaFemaleant Priyanka Kishor
2019-2021	11	M.P.Ed	/ Shirodkar Tanvi Ganesh
2019-2021	12	M.P.Ed	Gurav Bharat Devdas
2019-2021	13	M.P.Ed	Hatkhambekar Abhishek Vilas
2019-2021	14	M.P.Ed	Hule Raju Baban
2019-2021	15	M.P.Ed	Kadam Jaydeep Sham
2019-2021	16	M.P.Ed	Kamble Suhas Bhupal
2019-2021	17	M.P.Ed	Lokegaonkar Pranil Pandurang
2019-2021	18	M.P.Ed	Patil Dipesh Krishna
2019-2021	19	M.P.Ed	RaFemaleool Harshad Vishnu
2019-2021	20	M.P.Ed	Savardekar Bhalchandra Balaram

2019-2021	21	M.P.Ed	Shinde Prasad Vijay
2019-2021	22	M.P.Ed	Shinde RameshFemalear SomeshFemalear
2019-2021	**23**	M.P.Ed	Tavate Shreenath Mahadeo
2019-2021	24	M.P.Ed	Tippireddy Vivek Baburao
2019-2021	25	M.P.Ed	Femaleadekar Akshay Madhukar

Year	Programme Name	No. of seats sanctioned	No. of students enrolled
2017-2019	B.P.Ed	1	/Bhoilkar Susmita Rohidas
2017-2019	B.P.Ed	2	/Dhadga Sapana Vasant
2017-2019	B.P.Ed	3	/Gawand Chetna Suhas
2017-2019	B.P.Ed	4	/Jadhav Aparna Deepak
2017-2019	B.P.Ed	5	/Jadhav Tejashri Sunil
2017-2019	B.P.Ed	6	/Jotshi Shivani Sunil
2017-2019	B.P.Ed	7	/Kadam Josana Sambhaji
2017-2019	B.P.Ed	8	/Kadam Karishma Bharat
2017-2019	B.P.Ed	9	/Kapure Hemangi Surendra
2017-2019	B.P.Ed	10	/Kashid Rupali Pandurang
2017-2019	B.P.Ed	11	/Khan Khadeejah M. Farooque
2017-2019	B.P.Ed	12	/Kore Samiksha Ramakant
2017-2019	B.P.Ed	13	/Malviya Rinku Nenmal
2017-2019	B.P.Ed	14	/Mishra Deepali Arvind
2017-2019	B.P.Ed	15	/Pandey Garima Prakash
2017-2019	B.P.Ed	16	/Patil Harshada Gajanan
2017-2019	B.P.Ed	17	/Patil Krutika Anil
2017-2019	B.P.Ed	18	/Patil Madhuri Nimbaji
2017-2019	B.P.Ed	19	/Rane Pooja Vinod
2017-2019	B.P.Ed	20	/Rane Vaibhavi Avinash
2017-2019	B.P.Ed	21	/Sayed Itrat Zahra Zafar

2017-2019	B.P.Ed	22	/Shinde Snehal Vijay
2017-2019	B.P.Ed	23	/Shitap Namrata Sadashiv
2017-2019	B.P.Ed	24	/Singh Shweta Rajesh
2017-2019	B.P.Ed	25	/Sitap Riddhi Raghunath

Year	Sl. No.	Programme	Name of the Student
2018-2020	1	M.P.Ed	/Dias Brinal Dennis
2018-2020	2	M.P.Ed	/Gosavi Aarya Anurag
2018-2020	3	M.P.Ed	/Kalamkar Dipali Prakash
2018-2020	4	M.P.Ed	/Kangutkar Maleasi Vikas
2018-2020	5	M.P.Ed	/Maurya Sneha Omprakash
2018-2020	6	M.P.Ed	/Meher Priyanka ChintaMale
2018-2020	7	M.P.Ed	/PaFemalear Samruddhi Ashok
2018-2020	8	M.P.Ed	/Sahu Shivani Radheshyam
2018-2020	9	M.P.Ed	/Solanki Tejal Kisan
2018-2020	10	M.P.Ed	Deshmukh Yashraj Arun
2018-2020	11	M.P.Ed	Ghanekar Tanmay Suresh
2018-2020	12	M.P.Ed	Gurav Pratik Ashok
2018-2020	13	M.P.Ed	Joiel Rakesh Anant
2018-2020	14	M.P.Ed	Kadam Vaibhav Ramchandra
2018-2020	15	M.P.Ed	Kamble Krishna Baburao
2018-2020	16	M.P.Ed	Mohandkar Amol Krishna
2018-2020	17	M.P.Ed	Mohd Shafiq Mohd Sadeeq
2018-2020	18	M.P.Ed	Pagare Sagar Raju
2018-2020	19	M.P.Ed	Pathan Danish Mehboob
2018-2020	20	M.P.Ed	Patil Samir Prafulla
2018-2020	21	M.P.Ed	Patil Uday Gajanan
2018-2020	22	M.P.Ed	PaFemalear Kiran Tukaram
2018-2020	**23**	M.P.Ed	Pednekar Siddhant Sanjay
2018-2020	24	M.P.Ed	Verma Virendrapratap Shivnarayan
2018-2020	25	M.P.Ed	Yallamalli Balakrishna Kondayya

Year	Sl. No.	Programme	Name of the Student
2019-2021	1	M.P.Ed	/Balkhande Dipali Yashavant
2019-2021	2	M.P.Ed	/Dait Jyoti Maleoj
2019-2021	3	M.P.Ed	/Hoshikali Khetoho Sumi
2019-2021	4	M.P.Ed	/Jadhav Tejashri Tulshidas

2019-2021	5	M.P.Ed	/Jotshi Shivani Sunil
2019-2021	6	M.P.Ed	/Kashid Rupali Pandurang
2019-2021	7	M.P.Ed	/Malviya Rinku Nenmal
2019-2021	8	M.P.Ed	/Parab Shraddha Sanjay
2019-2021	9	M.P.Ed	/Sahane Kavita BhiFemaleaji
2019-2021	10	M.P.Ed	/SaFemaleant Priyanka Kishor
2019-2021	11	M.P.Ed	/ Shirodkar Tanvi Ganesh
2019-2021	12	M.P.Ed	Gurav Bharat Devdas
2019-2021	13	M.P.Ed	Hatkhambekar Abhishek Vilas
2019-2021	14	M.P.Ed	Hule Raju Baban
2019-2021	15	M.P.Ed	Kadam Jaydeep Sham
2019-2021	16	M.P.Ed	Kamble Suhas Bhupal
2019-2021	17	M.P.Ed	Lokegaonkar Pranil Pandurang
2019-2021	18	M.P.Ed	Patil Dipesh Krishna
2019-2021	19	M.P.Ed	RaFemaleool Harshad Vishnu
2019-2021	20	M.P.Ed	Savardekar Bhalchandra Balaram
2019-2021	21	M.P.Ed	Shinde Prasad Vijay
2019-2021	22	M.P.Ed	Shinde RameshFemalear SomeshFemalear
2019-2021	**23**	M.P.Ed	Tavate Shreenath Mahadeo
2019-2021	24	M.P.Ed	Tippireddy Vivek Baburao
2019-2021	25	M.P.Ed	Femaleadekar Akshay Madhukar

Appendix 13

सत्यमेव जयते

महाराष्ट्र शासन राजपत्र

असाधारण

प्राधिकृत प्रकाशन

मंगळवार, ऑगस्ट १, २००६/श्रावण १०, शके १९२८

स्वतंत्र संकलन म्हणून फाईल करण्यासाठी या भागाला वेगळे पृष्ठ क्रमांक दिले आहेत.

भाग आठ

महाराष्ट्र विधानमंडळाचे अधिनियम व राज्यपालांनी प्रख्यापित केलेले अध्यादेश व केलेले विनियम आणि विधी व न्याय विभागाकडून आलेली विधेयके (इंग्रजी अनुवाद).

In pursuance of clause (3) of article 348 of the Constitution of India, the following translation in English of the Maharashtra Private Professional Educational Institutions [Reservation of seats for admission for Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes] Act, 2006 (Mah. XXX of 2006), is hereby published under the authority of the Governor.

By order and in the name of the Governor of Maharashtra,

A. M. SHINDEKAR,
Secretary to Government,
Law and Judiciary Department.

MAHARASHTRA ACT No. XXX OF 2006.

(First published, after having received the assent of the Governor in the "Maharashtra Government Gazette", on the 1st August 2006).

An Act to make special provisions for reservation of seats for admission for Scheduled Castes, Scheduled Tribes, De-notified Tribes (Vimukta Jatis), Nomadic Tribes and Other Backward Classes in Private Professional Educational Institutions ; and for matters connected therewith or incidental thereto.

WHEREAS the Supreme Court, in the case of P. A. Inamdar and Others *versus* State of Maharashtra (reported in (2005) 6 SCC 537), has held that neither can the policy of reservation be enforced by the State nor can any quota or percentage of admission be carved out to be appropriated by the State in Private Professional Educational Institutions ;

AND WHEREAS in order to protect the interests of any socially and educationally backward classes of citizens or the Scheduled Castes or the Scheduled Tribes, article 15 of the Constitution of India has

been amended by the Constitution (Ninety-third Amendment) Act, 2005, by adding clause (*5*) thereto, which empowers the State to make, by law, a special provision for the advancement of those classes, castes and tribes, in so far as such special provisions relate to their admission to educational institutions, including private educational institutions, whether aided by the State or not, other than the minority educational institutions referred to in clause (*1*) of article 30 of the Constitution ;

AND WHEREAS both Houses of the State Legislature were not in session;

AND WHEREAS the Governor of Maharashtra was satisfied that circumstances existed which rendered it necessary for him to take immediate action to make, by law, special provisions for reservation of seats for admission for Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes in Private Professional Educational Institutions ; and for matters connected therewith or incidental thereto ; and, therefore, promulgated the Maharashtra Private Professional Educational Institutions (Reservation of seats for admission for Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes) Ordinance, 2006, on the 16th June 2006 ; Mah. Ord. V of 2006.

AND WHEREAS it is expedient to replace the said Ordinance by an Act of the State Legislature ; it is hereby enacted in the Fifty-seventh Year of the Republic of India as follows :—

Short title, extent and commencement.

1. (*1*) This Act may be called the Maharashtra Private Professional Educational Institutions (Reservation of seats for admission for Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes) Act, 2006.

(*2*) It shall extend to the whole of the State of Maharashtra.

(*3*) It shall be deemed to have come into force on the 16th June 2006.

Definitions.

2. In this Act, unless the context otherwise requires,—

(*a*) "Aided Private Professional Educational Institution" means a Private Professional Educational Institution, excluding a Minority Educational Institution referred to in clause (*1*) of article 30 of the Constitution, receiving recurring financial aid or assistance in whole or in part from the Government, or from any body under the control of the Government ;

(*b*) "Appropriate Authority" means, the Medical Council of India, the Dental Council of India, the Central Council of Indian Medicine, the All India Council of Technical Education, and includes any other authority established by law that governs or controls the conduct of a particular professional course or educational discipline ;

(*c*) "Creamy Layer" means the category of 'Creamy Layer' as declared by the Social Justice, Cultural Affairs and Special Assistance Department of the Government, on the basis of income, by general or special orders, issued from time to time;

(*d*) "De-notified Tribes (*Vimukta Jatis*)" means the Tribes declared as such by the Government, from time to time;

(*e*) "Government" means the Government of Maharashtra;

(*f*) "Minority Educational Institution" means a Private Professional Educational Institution administered, managed and controlled by a minority, and shall include any such educational institution declared by the Government to be an institution entitled to enjoy the protection granted under clause (*1*) of article 30 of the Constitution;

(*g*) "Nomadic Tribes" means the Tribes wandering from place to place in search of their livelihood, as declared by the Government, from time to time;

(*h*) "Other Backward Classes" means any socially and educationally backward classes of citizens as declared by the Government and includes Other Backward Classes declared by the Government of India in relation to the State of Maharashtra;

(*i*) "Private Professional Educational Institution" means any College, School, Institute, Institution or other body, by whatever name called, conducting any professional course or courses approved or recognized by the Appropriate Authority and affiliated to any University, but shall not include any such institution established, maintained or administered by the Central Government, any State Government, any local authority or institution declared to be Deemed University under section 3 of the University Grants Commission Act, 1956;

3 of 1956.

(*j*) "Professional Course" means any educational course of study notified as such, from time to time, by the Government in the *Official Gazette;*

(*k*) "prescribed" means prescribed by the rules framed by the Government under this Act;

(*l*) "Reserved Category" means the category of candidates belonging to—

(*i*) the Scheduled Castes and the Scheduled Tribes;

(*ii*) the De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes, and Other Backward Classes and who are not falling in Creamy Layer;

(*m*) "Sanctioned Intake" means the total number of seats sanctioned or approved by the Appropriate Authority for admitting candidates in a single academic year in each Professional Course of study or discipline in a Private Professional Educational Institution ;

(*n*) "Scheduled Castes" and "Scheduled Tribes" shall have the meanings respectively assigned to them in clauses (*24*) and (*25*) of article 366 of the Constitution ;

(*o*) "Unaided Private Professional Educational Institution" means a Private Professional Educational Institution, not being an Aided Private Professional Educational Institution ;

(*p*) "University" means the Maharashtra University of Health Sciences constituted under the Maharashtra University of Health Sciences Act, 1998, or any other University constituted or deemed to have been constituted under the Maharashtra Universities Act, 1994, but does not include any institution declared to be Deemed University under section 3 of the University Grants Commission Act, 1956.

Mah. X of 1998. Mah. XXXV of 1994. 3 of 1956.

Applicability.

3. This Act shall apply to all Private Professional Educational Institutions in the State, excluding the Minority Educational Institutions.

Reservation in Aided Private Professional Educational Institutions.

4. (*1*) In every Aided Private Professional Educational Institution, seats equal to fifty per cent. of the Sanctioned Intake of each Professional Course shall be reserved for candidates belonging to the Reserved Category.

(2) The seats reserved for candidates belonging to the Reserved Category under sub-section (*1*) shall be filled in by admitting candidates belonging to the Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes, respectively, in the proportion specified in the Table below :—

TABLE

Description of Caste/Tribe/Category/ Class of Reserved Category	Percentage of reservation
(1) Scheduled Castes and Scheduled Castes converts to Buddhism	13 %
(2) Scheduled Tribes	7 %
(3) De-notified Tribes (A)	3 %
(4) Nomadic Tribes (B)	2.5 %
(5) Nomadic Tribes (C)	3.5 %
(6) Nomadic Tribes (D)	2 %
(7) Other Backward Classes	19 %
Total . .	50 %

Note.—The candidates belonging to the Special Backward Category shall be considered from and out of their respective original/parent Reserved Category such as Other Backward Classes :

Provided that, if candidates belonging to the Scheduled Castes, Scheduled Tribes, De-notified Tribes (A), Nomadic Tribes (B), Nomadic Tribes (C), Nomadic Tribes (D) or Other Backward Classes are not available to fill in the seats reserved for the said Castes, Tribes or Classes, in the same academic year, the seats shall be filled in, in such manner as may be specified, by Government by issuing an Order in the *Official Gazette*, from time to time.

Explanation.—For the purposes of this section,—

(*i*) " De-notified Tribes (A) ", " Nomadic Tribes (B) ", " Nomadic Tribes (C) " and " Nomadic Tribes (D) " shall mean such Tribes or sub-Tribes, declared by Government, by general or special orders issued in this behalf, from time to time, to be " the De-notified Tribes (A) ", " Nomadic Tribes (B) ", " Nomadic Tribes (C) " and " Nomadic Tribes (D) ";

(*ii*) " Special Backward Category " means socially and educationally backward classes of citizens declared as " Special Backward Category " by the Government.

Reservation in Unaided Private Professional Educational Institutions.

5. (*1*) In every Unaided Private Professional Educational Institutions, the seats to be reserved for candidates belonging to the Reserved Category shall be such as may be notified by the Government from time to time in the *Official Gazette*, but shall not exceed fifty per cent. of the Sanctioned Intake of any particular Professional Course.

(*2*) Out of the seats reserved under sub-section (*1*) for the candidates belonging to the Reserved Category, the seats to be filled in by admitting candidates belonging to the Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes, respectively, shall be in the same *inter se* proportion, and in the manner, specified in sub-section (2) of section 4.

Irregular admissions void.

6. Any admission made in contravention of the provisions of this Act shall be void.

Penalty.

7. Whoever contravenes the provisions of this Act or the rules made thereunder shall, on conviction, be punished with an imprisonment which may extend to three years and with a fine which shall not be less than twenty lakh rupees but which may extend to one crore rupees.

Protection of action taken in good faith.

8. No suit, prosecution or other legal proceedings shall lie against any authority or person for anything done or purported to have been done in good faith in pursuance of the provisions of this Act or the rules made thereunder.

Power to make rules.

9. (*1*) The Government may, by notification in the *Official Gazette,* make rules to carry out the purposes of this Act.

(*2*) Every rule made under this Act shall be laid, as soon as may be, after it is made, before each House of the State Legislature, while it is in session for a total period of thirty days, which may be comprised in one session or in two or more successive sessions, and if, before the expiry of the session in which it is so laid or the sessions immediately following, both Houses agree in making any modification in the rule or both Houses agree that the rule should not be made, and notify their decision to that effect in the *Official Gazette,* the rule shall, from the date of publication of such decision in the *Official Gazette*, have effect only in such modified form or be of no effect, as the case may be; so, however, that any such modification or annulment shall be without prejudice to the validity of anything previously done or omitted to be done under that rule.

Provisions of the Act to be in addition to any other law.

10. The provisions of this Act shall be in addition to and not in derogation of the provisions contained in any other law for the time being in force.

Provisions not to prohibit Minority Educational Institutions from making reservations.

11. Notwithstanding anything contained in any other provisions of this Act, any Minority Educational Institution, whether aided or not, may provide for reservation in admissions to Professional Courses for candidates belonging to the Reserved Category.

Power to remove difficulty.

12. (*1*) If any difficulty arises in giving effect to the provisions of this Act, the Government may, as occasion arises, by an order published in the *Official Gazette,* do anything not inconsistent with the provisions of this Act, which appears to it to be necessary or expedient for removing the difficulty :

Provided that, no such order shall be made after the expiry of a period of two years from the date of commencement of this Act.

(*2*) Every order made under this section shall be laid, as soon as may be, after it is made, before each House of the State Legislature.

Mah. Ord. V of 2006.

13. (*1*) The Maharashtra Private Professional Educational Institutions (Reservation of seats for admission for Scheduled Castes, Scheduled Tribes, De-notified Tribes (*Vimukta Jatis*), Nomadic Tribes and Other Backward Classes) Ordinance, 2006, is hereby repealed.

Repeal of Mah. Ord. V of 2006 and saving.

(2) Notwithstanding such repeal anything done or any action taken (including any notification or order issued), under the said Ordinance, shall be deemed to have been done, taken or issued, as the case may be, under the corresponding provisions of this Act.

शासकीय मध्यवर्ती मुद्रणालय, मुंबई

2.1 Student Enrolment and Profile

2.1.3 Percentage of students enrolled from EWS and Divyangjan categories during last five years

Answer: Nil

2.1.3.1 Number of students enrolled from EWS and Divyangjan categories during last five years

2016-17	2017-18	2018-19	2019-20	2020-21
00	00	00	00	00

2.1.3 Percentage of students enrolled from EWS and Divyangjan categories during last five years

Answer: 00%

Appendix 15

BPCA's COLLEGE OF PHYSICAL EDUCATION,

WADALA, MUMBAI: 400 031

2.2.1 ENTRY LEVEL PERFOMANCE

Roll No	12 Min Run & Walk		50m Dash		Pushups		Sit ups		Total 130	House Allotted
	Performance	Marks	Performance	Marks	Performance	Marks	Performance	Marks		
1	2210	90	8.5	10	17	4	20	8	112	Pragati
2	2020	85	8.8	8	18	6	21	8	107	Shakti
3	1920	75	8.7	8	18	6	22	10	99	Pragati
4	1980	75	8.9	8	19	8	24	10	101	Pragati
5	1750	65	9.2	6	16	2	23	1	74	Pragati
6	1840	75	8.6	8	18	6	21	8	97	Pragati
7	2000	85	8	10	16	2	22	10	107	Prerna
8	1940	75	8.9	8	19	8	21	8	99	Pragati
9	1980	75	9	8	17	4	18	6	93	Prerna
10	1880	75	8.9	8	18	6	25	10	99	Pragati
11	1780	65	8.7	8	17	4	19	6	83	Prerna
12	1860	75	9.3	6	17	4	24	10	95	Prerna
13	1900	75	9.1	6	17	4	21	8	93	Shakti
14	1950	75	8.9	8	16	2	21	8	93	Prerna
15	2190	85	8.4	10	17	4	19	6	105	Prerna
16	2210	90	8	10	19	8	24	10	118	Shakti
17	2100	85	8.6	8	16	2	20	8	103	Prerna
18	1890	75	9	8	17	4	19	6	93	Shakti

19	1850	75	8.2	10	17	4	19	6	95	Prerna
20	2050	85	8	10	17	4	21	8	107	Shakti
21	2000	85	8.3	10	18	6	23	10	111	Shakti
22	2100	85	8.1	10	19	8	22	10	113	Shakti
23	1950	75	8.4	10	16	2	21	8	95	Pragati
24	2020	85	8.6	8	17	4	20	8	105	Prerna
25	2120	85	8.9	8	16	2	19	6	101	Shakti
26	1960	75	9	8	16	2	19	6	91	Shakti
27	1990	75	8.8	8	17	4	21	8	95	Shakti
28	2000	85	8.7	8	17	4	23	10	107	Prerna
29	2120	85	9.1	6	17	4	21	8	103	Pragati
30	1990	75	8.4	10	18	6	19	6	97	Shakti
31	2000	85	8.3	10	16	2	18	6	103	Prerna
32	1970	75	8.9	8	19	8	18	6	97	Prerna
33	1880	75	8.7	8	16	2	16	4	89	Prerna
34	1980	75	8.2	10	17	4	21	8	97	Shakti
35	1700	65	8.8	8	17	4	23	10	87	Pragati
36	1830	75	8.6	8	17	4	21	8	95	Shakti
37	1690	65	8.9	8	16	2	20	8	83	Prerna
38	1780	65	8.4	10	18	6	19	6	87	Pragati
39	1900	75	8.2	10	18	6	20	8	99	Pragati
40	1810	75	8.1	10	17	4	18	6	95	Shakti
41	1920	75	8.9	8	16	2	20	8	93	Shakti
42	1950	75	8.5	10	17	4	19	6	95	Pragati
43	1990	75	8.7	8	18	6	22	10	99	Pragati
44	2200	85	7.1	10	24	6	29	6	107	Anand
45	2380	85	7.3	10	21	4	31	8	107	Pratap

46	2200	85	7.2	10	25	8	34	10	113	Sangram
47	2480	95	7.5	10	21	4	30	8	117	Pratap
48	2300	85	7.9	8	23	6	32	8	107	Vijay
49	2350	85	8	8	24	6	31	8	107	Anand
50	2300	85	7.2	10	25	8	34	10	113	Anand
51	1980	75	7.6	8	24	6	28	6	95	Vijay
52	2050	75	8.1	6	21	4	26	9	94	Vijay
53	2090	75	7.2	10	26	8	30	8	101	Sangram
54	2000	75	7.6	8	24	6	32	10	99	Anand
55	2500	95	7.1	10	25	8	29	6	119	Vijay
56	1980	75	7.9	8	24	6	30	8	97	Pratap
57	2120	75	8.1	6	26	8	31	8	97	Pratap
58	2250	85	7.2	10	27	8	34	10	113	Vijay
59	2410	95	8.1	6	21	4	32	10	115	Pratap
60	2320	85	8.2	6	23	6	30	8	105	Sangram
61	2280	85	7.6	8	23	6	28	6	105	Anand
62	2190	75	7.1	10	25	8	31	8	101	Anand
63	2310	85	7.6	8	23	6	27	4	103	Sangram
64	1920	65	7.1	10	24	6	26	4	85	Pratap
65	1890	65	8	8	26	8	32	10	91	Sangram
66	2010	75	8.4	6	23	6	27	4	91	Pratap
67	1980	75	7.6	8	26	8	30	8	99	Anand
68	2100	75	7.1	10	27	8	32	10	103	Sangram
69	2050	75	7.3	10	21	4	30	8	97	Sangram
70	1970	65	8.1	6	23	6	30	8	85	Vijay
71	2100	75	7.5	10	24	6	34	10	101	Pratap
72	1940	65	7.2	10	23	6	29	6	87	Sangram
73	2100	75	7.3	10	22	4	27	4	93	Pratap

74	2080	75	7.1	10	21	4	30	8	97	Pratap
75	2000	75	8.2	6	23	6	28	6	93	Pratap
76	1980	75	7.3	10	24	6	27	4	95	Anand
77	2010	75	8.2	6	23	6	30	8	95	Anand
78	2210	85	8.1	6	21	4	27	4	99	Sangram
79	1990	75	7.4	10	22	4	34	10	99	Vijay
80	2100	85	7.3	10	22	4	32	10	109	Sangram
81	1890	65	7.6	8	27	8	34	10	91	Pratap
82	1970	65	7.1	10	23	6	31	8	89	Anand
83	2080	75	8	8	26	8	32	10	101	Pratap
84	2100	75	8.1	6	25	8	30	8	97	Anand
85	1980	75	7.9	8	23	6	31	8	97	Vijay
86	2070	75	7.1	10	26	8	30	8	101	Pratap
87	2100	75	8	8	23	6	31	8	97	Vijay
88	2190	75	7.8	8	24	6	31	8	97	Vijay
89	2040	75	7.1	10	23	6	30	8	99	Vijay
90	1990	75	7.3	10	21	4	30	8	97	Sangram
91	1870	65	7.6	8	22	4	28	6	83	Vijay
92	2010	75	7.2	10	26	8	27	4	97	Anand
93	2090	75	8.1	6	21	4	29	6	91	Anand
94	1930	65	7.3	10	23	6	30	8	89	Vijay
95	2100	75	7.6	8	24	6	29	6	95	Sangram
96	1890	65	7.1	10	23	6	27	4	85	Sangram
97	2050	75	8.3	6	21	4	29	6	91	Vijay
98	2030	75	7.6	8	24	6	32	10	99	Vijay
99	2000	75	7.9	8	21	4	31	8	95	Anand
100	1990	75	7.8	8	26	8	32	10	101	Sangram

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Appendix 16

BPCA'S

COLLEGE OF PHYSICATION EDUCATION, WADALA, MUMBAI 400 031.

POLICY AND PROCEDURE OF MENTORING

POLICY AND PROCEDURE

Mentoring Policy

1. Introduction

Mentoring is an important part of program in BOCA'S College of physical education (CACPE). BPCACPE is committed to enabling learners to access support mechanisms to meet their academic and non-academic needs. This policy applies to all mentors and mentees who take part in the programme. It aims to ensure that learners have the opportunity to work with a mentor who will offer support and guidance on academic and non-academic issues.

2. Policy Statement

a) Provide consistent support, guidance and concrete help to a student teacher.

b) To help all students teacher involved in the mentoring program to gain the skills and confidence to be responsible for their own futures and develop to their full academic and personal potential.

c) Provide mentoring to student teachers to develop their teaching skills

d) BPCACPE will ensure that all learners receive the care, guidance and support necessary to maintain and extend their personal development and academic progress.

3. Procedures for Mentoring for Teaching Optional subject

a) At the beginning of semester- I students teacher selected one optional subject (Marathi, Hindi, English, Science, Maths, History, and Geography)

b) Coordinator faculty member make a group of 10 students teacher in each group.

c) Each group is to be allocated a faculty member as mentor.

d) Mentor helps mentees to improve their teaching skills.

e) Role of mentor is to provide necessary guidance, give feedback related to teaching help mentees.

f) Mentees role is to communicate, discuss with mentor.

g) Various remedial strategies are used for students teacher who have difficulty in teaching and lack of confidence.

h) The mentors should try to understand their mentees and help their mentees settle well in the new.

4. Procedures for Mentoring for teaching physical education

a) At the end of second semester in charge faculty member conduct one-week workshop on teaching physical education program. Workshop includes Teaching skills related to physical education, Lesson plan, overall procedure of program.

b) All the students teacher are divided into 8 groups (15 to 18 students teacher each).

c) Each group allotted one faculty member as mentor.

d) Mentor provide guidance to improve teaching skills of mentees.

e) Role of mentor is to provide necessary guidance, give feedback related to teaching help mentees.

f) The mentor will act as a guide, coach and role model for the trainee.

g) Mentees role is to communicate, discuss with mentor.

h) The mentors should try to understand their mentees and help their mentees settle well in the new.

Procedure of mentoring of other

a) Principle of college allotted one faculty member as mentor for each class (Class teacher).

b) All class teacher conduct orientation about rules and regulation of college, communicate expectations from students teacher, discuss consequences of misbehaviour.

c) Class teacher will conduct meeting with their class last week of every moth.

d) Mentees can discuss different problems and issues with class teacher.

e) Class teacher maintain document of all issues and problems.

f) Class teacher also take sign of class representative on document of meeting.

g) After that class teacher discuss all issues and problems with principle or related authority and try to solve problems.

h) Class teacher is responsible for solving problems and follow up.

MPED PROGRAM

1. Procedure of mentoring in Teaching

a) Master degree student allotted mentor for teaching lesson.

b) Mentees take guidance and discussion with mentor before lesson.

2. Procedure of mentoring in Research guidance

a) Research coordinator conduct a workshop for research problem selection beginning of semester III.

b) Research coordinator, Principal and HOD distribute all the students teacher for research guidance through random method.

c) Master degree students teacher are divided amongst Faculty members for research paper guidance. Here also students teacher informal mentoring takes place. With guidance for research paper the students' teacher get freedom to discuss any issues and suggestion related to academics and administration and solution is sought out. Teacher student ratio is changed according to topics of expertise. The college tries to maintain a healthy ratio.

2. Procedure of mentoring of other

a) Principle of college allotted one faculty member as mentor for each class (Class teacher).

b) Class teacher will conduct meeting with their class last week of every month.

c) Mentees can discuss different problems and issues with class teacher.

d) Class teacher maintain document of all issues and problems.

e) Class teacher also take sign of class representative on document of meeting.

f) After that class teacher discuss all issues and problems with principle or related authority and try to solve problems.

g) Class teacher is responsible for solving problems and follow up.

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA ,MUMBAI -31

Institutional provisions for catering differential student needs.

BPCA caters to students learning needs, emotional needs. sometimes financial needs, career counseling needs through various systems.

SYSTEM	PURPOSE
1. Divisions based on language preference	At the beginning of the year, students are classified based on their medium of instruction. They are divided into two classes. One of the classes includes all the students requiring English or Hindi as medium of instruction. This helps them learn better as the Teachers in this class use a MULTILINGUAL approach while teaching. Teachers use English, Hindi and also Marathi If needed. The other division includes mostly all the students who write their examination In local language, ¡e. Marathi. Teachers in this class mostly use Marathi as the language for instruction. Spoken English taught through the soft skill course in these two classes differ based on their requirements Apart from the divisions, college ensures that all the students mix up in various ways through other events.
2. Method wise grouping	Students have to opt for a school subject as another method of grouping teaching. Their choices, which are usually based on their graduation subjects, are taken at the beginning of the year. These students are divided for method classes based on their selection.

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Appendix 18

2.3.1 Course wise details of modes adopted in last academic year

BPCA'S COLLEGE OF PHYSICAL EDUCATION, MUMBAI, WADALA-33

Course wise details of varied modes of teaching-learning adopted during the last completed year

Sr. No	Name of the Programme	BPED I	Course No	BPED II	Course no	MPED I	Course No	MPED II	Course No
1	BPED (UG)	a. Value education b. Hiking/trekking	BPEDP 101	a. Experiments and journal	BPEDP 110	a. SEMINAR presentation b. Discussion c. Project on historical aspects	MPEDP 101	a. Internship on B. P. Ed Students b. b. Performance of Yogic Practices	MPEDP 301
2		a. Project/ assignment on yoga education b. Cleanliness campaign	BPEDP 102	a. Assignment on fitness b. Project on nutrition	BPEDP 111	a. Term Paper b. Computer Application	MPEDP 102	a. Assignment on Fitness Testing b. Field Visit c. Seminar Presentation	MPEDP 302
3		a. ICT and computer application b. Micro teaching lessons	BPEDP 103	a. ICT and computer application b. Micro teaching lessons	BPEDP 112	a. Specialization on Game/Sports	MPED 103	a. Field Visit b. Seminar Presentation c. Discussion	MPEDP 303
4		a. physical education activities	BPEDP 104	a. Practical examination	BPEDP 113	a. Field Visit b. Seminar Presentation c. Testing of Physiological Variables	MPEDP 104	a. Specialization on Athletics	MPEDP 304

5		a. First aid b. Project/ assignment on health education	BPEDP 105	a. Assignment on Statistics b. Project on Measurement and Evaluation	BPEDP 114	a. 02 Projects on Test and Measurement b. Internship on B.P.Ed students	MPED 201	a. Advance Coaching Lessons on Athletics	MPED 401
6		a. Assignment/ project on officiating b. Play field marking	BPEDP 106	a. Assignment on Sports Injuries b. Field visit	BPEDP 115	a. 02 Projects on Testing Psychological Variables b. Seminar Presentation	MPED 202	a. 02 Assignment on Testing Nutritional Aspects b. Seminar Presentation	MPED 402
7		a. Assignment/ project	BPEDP 107	a. Project / Assignment on Biomechanics	BPEDP 116	a. 02 Projects on Statistical Application	MPED 203	a. Field Visit b. Assignment on News Writing c. Participation in Event Management	MPED 403
8		a. physical education activities	BPEDP 108	a. Practical Examination	BPEDP 117	a. Advance Coaching Lesson on Specialization	MPED 204	a. Assignment on Recent Sports Policies b. Discussion c. Field Visit	MPED 404
9		a. Stimulation lesson, school lessons and internship	BPEDP 109	a. Simulation lesson, School lessons and Internship	BPEDP 118			a. Overall research work	MPED 405

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Course wise details of varied modes of teaching-learning adopted during the last completed year 2021

Sr. No	Name of the Programme	BPED I	Course No	BPED II	Course no	MPED I	Course No	MPED II	Course No
1	BPED (UG)	c. Value education d. Hiking/trekking	BPEDP 101	b. Experiments and journal	BPEDP 110	d. SEMINAR presentation e. Discussion f. Project on historical aspects	MPEDP 101	c. . Internship on B.P.Ed Students b. d. Performance of Yogic Practices	MPEDP 301
2		c. Project/ assignment on yoga education d. Cleanliness campaign	BPEDP 102	c. Assignment on fitness d. Project on nutrition	BPEDP 111	c. Term Paper d. Computer Application	MPEDP 102	d. Assignment on Fitness Testing e. Field Visit f. Seminar Presentation	MPEDP 302
3		c. ICT and computer application d. Micro teaching lessons	BPEDP 103	c. ICT and computer application d. Micro teaching lessons	BPEDP 112	b. Specialization on Game/Sports	MPEDP 103	d. Field Visit e. Seminar Presentation f. Discussion	MPEDP 303
4		b. physical education activities	BPEDP 104	b. Practical examination	BPEDP 113	d. Field Visit e. Seminar Presentation f. Testing of Physiological Variables	MPEDP 104	b. Specialization on Athletics	MPEDP 304
5		c. First aid d. Project/ assignment on	BPEDP 105	c. Assignment on Statistics d. Project on Measurement	BPEDP 114	c. 02 Projects on Test and Measurement	MPEDP 201	b. Advance Coaching Lessons on Athletics	MPEDP 401

		health education		and Evaluation		d. Internship on B.P.Ed students			
6		c. Assignment/ project on officiating d. Play field marking	BPEDP 106	c. Assignment on Sports Injuries d. Field visit	BPEDP 115	c. 02 Projects on Testing Psychological Variables d. Seminar Presentation	MPEDP 202	c. 02 Assignment on Testing Nutritional Aspects d. Seminar Presentation	MPEDP 402
7		b. Assignment/ project	BPEDP 107	b. Project / Assignment on Biomechanics	BPEDP 116	b. 02 Projects on Statistical Application	MPEDP 203	d. Field Visit e. Assignment on News Writing f. Participation in Event Management	403
8		b. physical education activities	BPEDP 108	b. Practical Examination	BPEDP 117	b. Advance Coaching Lesson on Specialization	MPEDP 204	d. Assignment on Recent Sports Policies e. Discussion f. Field Visit	MPEDP 404
9		b. Stimulation lesson, school lessons and internship	BPEDP 109	b. Simulation lesson, School lessons and Internship	BPED 118			b. Overall research work	MPEDP 405

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Course wise details of varied modes of teaching-learning adopted during the last completed year 2021

Sr. No	Name of the Programme	BPED III	Course No	BPED IV	Course no	MPED III	Course No	MPED IV	Course No
1	BPED (UG)	a. Experiments and Journal	BPEDP 110	a. Assignment on Statistics b. Project on Measurement and Evaluation	BPEDP 114	a. Internship on B.P.Ed Students b. Performance of Yogic Practices	MPEDP 301	a. Advance Coaching Lessons on Athletics	MPEDP 401
2		a. Assignment on Fitness 10 b. Project on Nutrition	BPEDP 111	a. Assignment on Sports Injuries b. Field visit	BPEDP 115	a. Assignment on Fitness Testing b. Field Visit c. Seminar Presentation	MPEDP 302	a. Assignment on Testing Nutritional Aspects b. Seminar Presentation	MPEDP 402
3		a. ICT and Computer Application b. C. Micro teaching lessons	BPEDP 112	a. Project / Assignment on Biomechanics	BPEDP 116	b. Field Visit c. Seminar Presentation d. Discussion	MPEDP 303	a. Field Visit b. Assignment on News Writing c. Participation in Event Management	MPEDP 403
4		Physical Education Activities	BPEDP 113	Practical Examination	BPEDP 117	a. Specialization on Athletics	MPEDP 304	b. Assignment on Recent Sports Policies c. Discussion d. Field Visit	MPEDP 404
5				Simulation lesson, School lessons and Internship	BPEDP 118			Overall research work	MPEDD 403

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BPCA'S COLLEGE OF PHYSICAL EDUCATION, MUMBAI, WADALA-33

Course wise details of varied modes of teaching-learning adopted during the last completed year 2020

Sr. No	Name of the Programme	BPED III	Course No	BPED IV	Course no		MPED III	Course No	MPED IV	Course No
1	BPED (UG)	b. Experiments and Journal	BPEDP 110	c. Assignment on Statistics d. Project on Measurement and Evaluation	BPEDP 114		A. Internship on B.P.Ed Students B. Performance of Yogic Practices	MPEDP 301	b. Advance Coaching Lessons on Athletics	MPEDP 401
2		c. Assignment on Fitness d. Project on Nutrition	BPEDP 111	c. Assignment on Sports Injuries d. Field visit	BPEDP 115		A. Assignment on Fitness Testing B. Field Visit C. Seminar Presentation	MPEDP 302	c. Assignment on Testing Nutritional Aspects d. Seminar Presentation	MPEDP 402
3		c. ICT and Computer Application d. Micro teaching lessons	BPEDP 112	e. Project / Assignment on Biomechanics	BPEDP 116		A. Field Visit B. Seminar Presentation C. Discussion	MPEDP 303	d. Field Visit e. Assignment on News Writing f. Participation in Event Management	MPEDP 403
4		Physical Education Activities	BPEDP 113	Practical Examination	BPEDP 117		A. Specialization on Athletics	MPEDP 304	f. Assignment on Recent Sports Policies g. Discussion h. Field Visit	MPEDP 404
5				Simulation lesson, School lessons and Internship	BPEDP 118				Overall research work	MPEDD 403

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Bombay Physical Culture Association's
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LIST OF THE STUDENTS USED ICT FOR LEARNING

BPED 2018

ROLL NO	NAME	ICT TOOL USED
1	Andhari Yashashri Narayan	GOOGLE CLASSROOM, YOUTUBE
2	Balkhande Dipali Yashavant	GOOGLE CLASSROOM, YOUTUBE
3	Chaturvedi Pooja	GOOGLE CLASSROOM, YOUTUBE
4	Devkar Ashwini Anil	GOOGLE CLASSROOM, YOUTUBE
5	Dige Mayuri Tulshiram	GOOGLE CLASSROOM, YOUTUBE
6	Gaikwad Pragati Prashant	GOOGLE CLASSROOM, YOUTUBE
7	Kalamkar Dipali Prakash	GOOGLE CLASSROOM, YOUTUBE
8	Karbhal Sujata Nagu	GOOGLE CLASSROOM, YOUTUBE
9	Khotare Sharmila Ravaji	GOOGLE CLASSROOM, YOUTUBE
12	Kudu Pooja Raghunath	GOOGLE CLASSROOM, YOUTUBE
11	Kulsum Bano Adbul Rahim Momin	GOOGLE CLASSROOM, YOUTUBE
12	Lohakare Kanchan Tanaji	GOOGLE CLASSROOM, YOUTUBE
13	Maurya Sneha Omprakash	GOOGLE CLASSROOM, YOUTUBE
14	Meher Priyanka Chintaman	GOOGLE CLASSROOM, YOUTUBE
15	Naik Pranita Madhukar	GOOGLE CLASSROOM, YOUTUBE
16	Nalawade Varsha Mangesh	GOOGLE CLASSROOM, YOUTUBE
17	Nar Shwetali Suresh	GOOGLE CLASSROOM, YOUTUBE
18	Padvi Divya Suresh	GOOGLE CLASSROOM, YOUTUBE

19	Patil Sheetal Milind	GOOGLE CLASSROOM, YOUTUBE
20	Pawar Rohini Ramesh	GOOGLE CLASSROOM, YOUTUBE
21	Pawar Samruddhi Ashok	GOOGLE CLASSROOM, YOUTUBE
22	Prajapati Neha Shyamcharan	GOOGLE CLASSROOM, YOUTUBE
23	Purohit Bhagyashree Shivkumar – Adm Cancelled	GOOGLE CLASSROOM, YOUTUBE
24	Reen Manpreet Kaur Jagjit Singh	GOOGLE CLASSROOM, YOUTUBE
25	Sahu Shivani Radheshyam	GOOGLE CLASSROOM, YOUTUBE
26	Sargar Chhaya Ananda	GOOGLE CLASSROOM, YOUTUBE
27	Shaikh Sadiya Iqbal	GOOGLE CLASSROOM, YOUTUBE
28	Shukla Sneha Santosh	GOOGLE CLASSROOM, YOUTUBE
29	Solanki Tejal Kisan	GOOGLE CLASSROOM, YOUTUBE
30	Surve Reshma Ramesh	GOOGLE CLASSROOM, YOUTUBE
31	Suryavanshi Manisha Kailash	GOOGLE CLASSROOM, YOUTUBE
32	Thange Laxmi Mahadev	GOOGLE CLASSROOM, YOUTUBE
33	Yadav Sunila Sumit	GOOGLE CLASSROOM, YOUTUBE
34	Almeida Jordan John	GOOGLE CLASSROOM, YOUTUBE
35	Avhad Suresh Nivrutti – Adm Cancelled	GOOGLE CLASSROOM, YOUTUBE
36	D'Britto Amos Augustine	GOOGLE CLASSROOM, YOUTUBE
37	Desai Prathamesh Rajendra	GOOGLE CLASSROOM, YOUTUBE
38	Deshmukh Yashraj Arun	GOOGLE CLASSROOM, YOUTUBE
39	Dhaske Akshaykumar Rajendra - Left	GOOGLE CLASSROOM, YOUTUBE
40	Gamee Kalpesh Amratbhai	GOOGLE CLASSROOM, YOUTUBE
41	Ghanekar Tanmay Suresh	GOOGLE CLASSROOM, YOUTUBE
42	Gharat Amol Gajanan	GOOGLE CLASSROOM, YOUTUBE
43	Gonsalves Mackwin Wilson	GOOGLE CLASSROOM, YOUTUBE
44	Gurav Pratik Ashok	GOOGLE CLASSROOM, YOUTUBE

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45	Jadhav Akshay Ramakant	GOOGLE CLASSROOM, YOUTUBE
46	Joiel Rakesh Anant	GOOGLE CLASSROOM, YOUTUBE
47	Joshilkar Vinay Shivaji	GOOGLE CLASSROOM, YOUTUBE
48	Kadam Vaibhav Ramchandra	GOOGLE CLASSROOM, YOUTUBE
49	Kamble Ajay Gautam	GOOGLE CLASSROOM, YOUTUBE
50	Kamble Rakesh Rajaram	GOOGLE CLASSROOM, YOUTUBE
51	Khan Danish Meheboob	GOOGLE CLASSROOM, YOUTUBE
52	Kudel Merwyn Sabin	GOOGLE CLASSROOM, YOUTUBE
53	Kudle Sagar Ramchandra	GOOGLE CLASSROOM, YOUTUBE
54	Landge Shantaram Ashok – Adm Cancelled	GOOGLE CLASSROOM, YOUTUBE
55	Lende Bawar Pandurang	GOOGLE CLASSROOM, YOUTUBE
56	Maldikar Siddhant Harish	GOOGLE CLASSROOM, YOUTUBE
57	Mohandkar Amol Krishna	GOOGLE CLASSROOM, YOUTUBE
58	Padawale Sachin Babu	GOOGLE CLASSROOM, YOUTUBE
59	Pagare Sachin Balu	GOOGLE CLASSROOM, YOUTUBE
60	Pagare Sagar Raju	GOOGLE CLASSROOM, YOUTUBE
61	Pawar Kiran Tukaram	GOOGLE CLASSROOM, YOUTUBE
62	Pednekar Siddhant Sanjay	GOOGLE CLASSROOM, YOUTUBE
63	Shafiq Mohd	GOOGLE CLASSROOM, YOUTUBE
64	Shinde Prasad Vijay	GOOGLE CLASSROOM, YOUTUBE
65	Shinde Swapnil Satish	GOOGLE CLASSROOM, YOUTUBE
66	Shukla Jiyanand Lalbihari	GOOGLE CLASSROOM, YOUTUBE
67	Tambe Ankit Arun	GOOGLE CLASSROOM, YOUTUBE
68	Tellis Malcome Zachary	GOOGLE CLASSROOM, YOUTUBE
69	Tuscano Jovet Jefarin	GOOGLE CLASSROOM, YOUTUBE
70	Varma Anandkumar Jaiprakash	GOOGLE CLASSROOM, YOUTUBE
71	Waghat Sujit Chandrakant	GOOGLE CLASSROOM, YOUTUBE
72	Yallamalli Balakrishna Kondayya	GOOGLE CLASSROOM, YOUTUBE

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ASSIGNMENT

SPORTS BIOMECHANICS

ACTIVITY/GAME: SPRINT

SKILL: SET AND DRIVE

ASSIGNMENT: MECHANICAL, MOVEMENT AND MUSCULAR ANALYSIS(2.3.4)

MECHANICAL ANALYSIS

SUMMATION OF FORCE:- From the leg, pelvic, shoulders and arms to overcome the mass of the body and propelling it in a constant manner.

CENTER OF GRAVITY:- Center of gravity downward between the hands shoulder slightly over both the hand. Hand and Neck in natural position.

NEWTONS FIRST LAW:- In running and walking the ground reaction force produced by extension of the lower extremities results in horizontal propulsion and therefore movement.

NEWTONS SECOND LAW:- **Acceleration = force/mass**

Therefore ,the greater the power of the leg drives, the greater the motion imparted to the trunk which means faster running.

Preparatory of powerful explosive forward movement. Push whole foot completely back against the block. Leg should have positioned to shoot you forward and not upward.

ACCELERATION PHASE

The higher your arm goes, the higher your knees rise giving a powerful thrust and momentum to come out the block soon as soon as possible. With propulsive force. Push your both the feet off the block at the same time so that block leg must be straight as much as possible for maximizing the stride length to attain maximum acceleration.

NEWTONS THIRD LAW:-In running, the force is provided through the upward and forward ground reaction force due to the downward, backward drive of the foot. The smaller the vertical component of the force, the greater the horizontal force component.

LEVER

2ND CLASS LEVER-(AT THE TIME OF COMING OUT OF BLOCK)

Axis on the toe, forces gets from calf and thigh muscles and resistance in the ankle joints.

3rd CLASS LEVER- different points – knee joint(fulcrum ,force bicep femur and hamstring) which over comes the resistance of the body.

If 2nd and 3rd are properly chained together the performer get the summation of force from the calf muscle, thigh and core muscle. This will help to maximum the velocity or speed in linear direction.

As the body work on more than one leverage system the M.A greater than one.

MOVEMENT AND MUSCULAR ANALYSIS

ANKLE: - PLANTER FLEXION

MUSCLES:- Gastrocnemius, Soleus Generate the force.

KNEE: Flexion to Extension

TRUNK: Flexion

MUSCLES: Rectus Abdominus, External Oblique and Internal Oblique.

ELBOW: Flexion to Extension **MUSCLES**:- Biceps, Triceps, Brachial Radials.

SHOULDER: Flexion to Extension **MUSCLES:**- Deltoid, Teras Major, Pectoralis Major.

NECK: Flexion to Extension **MUSCLES:**- Strenmastoid and Group Muscles.

HIP:- Hyper Flexion to Extension **MUSCLES**:- Psoass, illicus.

ACTIVITY/GAME :- SHOT-PUT

ASSIGNMENT:- Mechanical, Movement and Muscular Analysis

MECHANICAL ANALYSIS

TURN AND RELEASE : The skill is combination of two kinds of motion.

1)Linear Motion of the total body across the circle.

2) Curvilinear Motion of the body through 180 degrees during the final stage.

LAWS OF NEWTON

1)NEWTONS FIRST LAW : INERTIA

There should be no pause between the application of Linear and Curvilinear motion while performing the skill.

2)NEWTONS SECOND LAW : COUNTER FORCE

The leg and upper body should be sufficiently fixed to get the maximum benefit from the extensor muscles.

3)NEWTONS THIRD LAW : LAW OF ACCELERATION

For maximum acceleration all the available force should be applied sequential with proper timing. Turning of upper body create torque which means how much force is created through turning action.

CLASS 1 LEVER

Pivot begins with pushing the hip which acts as axis of rotation which the weight of upper body is displaced through the muscles of leg.

CLASS 3 LEVER

Shot is released with the flip of the wrist, shoulder joint act as radius of rotation, muscle of the arms overcome the resistance of segment and put.

During release the toe of front leg act as the axis, while power comes through summation of force from leg, pelvic, shoulder and arm.

MUSCULAR AND MOVEMENT ANALYSIS

NECK: Hyper Extension- Erector Spine

SHOULDER: Abduction- Supraspinatus Deltoid

ELBOW: Flexion- Biceps Bracchii, Branchia Radalis

HIP: Extension- Erector Spine, Abdominus Flexion: Rectus abdominus, Bicep femoris

TRUNK: Flexion, Extension and Hyper Extension Rectus Abdominus, Erector spine.

WRIST: Extension- Flexor Radialis, Flexor Carpiunlaris

FLEXION: Pulmoris Longus , Pulmoris brevis.

ACTIVITY/GAME : HIGH JUMP : SKILL: APPROACH AND TAKE OFF

ASSIGNMENT: Mechanical, Movement and Muscular Analysis

MECHANICAL ANALYSIS

*High jump is a combination of (a) approach run (b) take off (c) air position (d) landing

DURING SKILL EXECUTION:-

- To overcome inertia Newtons first law is used.
- There should be no pause between the application of linear and rotation movement in order to get maximum benefits (Newton first law)
- Leg and arm rotation of the athlete should strive to develop an approach that is rhythmic relaxed and uniformly quickening as the athlete approaches the takeoff.(To get explosive power).
- Force must be applied on the takeoff board to generate flight in the direction of the jump. Conversion of horizontal velocity into vertical velocity(i.e linear Newtons second law)
- During takeoff law of counter force issued.
- The non-take off leg must be raised as above as possible to shift CG immediately upward.
- All movements must be sequential with proper timing which will help in going speed force

LEVEARGE SYSTEM:-

- During the running and the takeoff phase the athlete uses his ankle of his strong leg which is classified as the second-class lever because the fulcrum is the ball of the (take off leg) and load is in the gastrocnemius and soleus muscle.
- The hip acts as the fulcrum in air and the hamstring and the glutes on one side and the upper body muscles as erector spine , rectus abdominals and obliques on the other side acts as the 1st class lever .
- The swinging of the arms both together at the time of takeoff creates the movement keeping the fulcrum the shoulder articular joint creates the third class lever in which the deltoid muscles and lattissimus dorsi terrace measure at the prime movers where as in the elbow joint the biceps brachii and branchialis are the prime movers in third class lever.
- Combined leverage system gives maximum technical advantage in the
  -The final 2-foot contact is the takeoff should be perfectly heel ball toe, so as to get maximum counterforce from the ground.
  -The normal takeoff angle is vertical.

MUSCULAR AND MOVEMENT ANALYSIS

NECK: Hyper Extension : Erect spine,semi splenius

ELBOW: Flexion: Biceps brachii Extension: Tricep pronators teres

SHOULDER: Flexion: Deltoid,Teras major Extension: Pectoralis major.

HIP: Flexion: Iliopsas

KNEE: Flexion:Rectus femoris, Biceps femoris Extension: Semitendinosus

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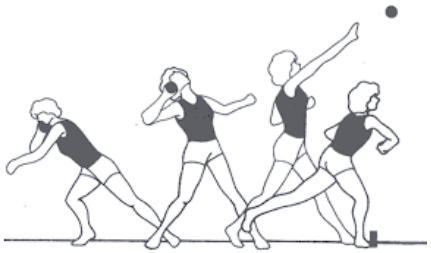
ADVANCE COACHING LESSON
M.P.Ed SEMESTER IV

NAME OF THE STUDENT TEACHER:– STEPHEN BARLA ACTIVITY: SHOTPUT ROLL NO: – 09

STEPS & TEACHING POINTS	PROCEDURE (Teacher's Role)	MECHANICAL PRINCIPLES
Turn And Release • From power position (crunch) drive hard with supporting leg. • After reaching at the center first open body with hip followed by opposite shoulder and then open chest simultaneously extending non-supporting leg towards the stop board. • Pivot the upper body by pushing the hip towards the sector as the weight transfer from near leg to the front. • Non-throwing arm extends and drives downwards and backwards. • Release the put with arm extension by keeping the elbow straight finish the put with flip of the wrist. • Fully extend the throwing arm in front of the body. • Reverse the leg to maintain the weight.	• Teacher will demonstrate the **skill as a whole.** • Coach will demonstrate the skill **part by part method** with explanation. • Coach will explain the skill with the help of teaching aid **orally**. Teacher will explain the different aspects and techniques to the students and it's benefits and conduct the drill Teacher will execute the drills and take the practice of the same Teacher will execute limbering down exercises and will clear the doubts of students and report for the dismissal of the class 	**Turn And Release:** The skill is combination of two kinds of motion 1. **Linear Motion** of the total body across the circle. 2. **Rotational Motion** of the body through 180 degrees during the final stage. • There should be no pause between the application of Linear and Rotational motion while performing the skill.(Principle of Newton's First Law : Inertia) • The leg and upper body should be sufficiently fixed to get the maximum benefit from the extensor muscles (Application of Newton's Third Law of Motion: Counter force) • For maximum acceleration all the available force should be applied sequentially with proper timing in intended line of motion (Application of Newton's Second Law: Law of Acceleration. • Turning of upper body create torque which means how much force is created through turning action.

Appendix 20 B

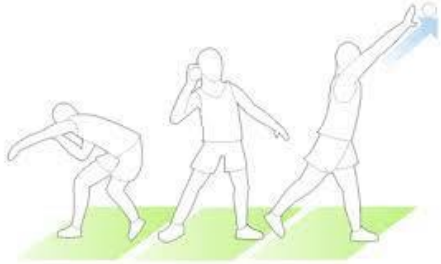
COACHING PART

TURN: Pivoting and pushing the Hip, Shoulder & Chest towards the direction of put, blocking the left leg combined and extension of other leg.

RELEASE & REVERS: Extend the throwing arm and forcefully put the shot with flip of the wrist and transfer the weight.

DRILLS: -

- Turn and throw
- Overhead throw
- Throw with leg drag
- Wrist flip throw
- Throw and revers



- Pivot begins with pushing the hip which acts as axis of rotation which the weight of upper body is displaced through the muscles of leg (1 class lever).
- Shot is released with flip of the wrist, shoulder joint act as radius of rotation, muscle of the arms overcome the resistance of segment and put (class 3 lever)
- During release the toe of front leg act as the axis, while power comes through summation of force from leg, pelvic, shoulder and arm.

Muscular And Movement Analysis: -

Neck	Hyper Extension-Erector Spine
Shoulder	Abduction-Supraspinatus Deltoid
Elbow	Flexion-Biceps Bracchii, Branchia Radialis
Hip	Extension-Erector Spine, Abdominus Flexion-Rectos Abdominus, Biceps Femoris
Trunk	Flexion, Extension and Hyper Extension Rectus Abdominus, Erector Spine
Wrist	Extension- Flexor Radialis, Flexor Carpiulnaris Flexion- Palmaris Longus, Palmaris brevis

BOMBAY PHYSICAL CULTURE ASSOCIATION

COLLEGE OF PHYSICAL EDUCATION

Wadala, Mumbai – 400 031

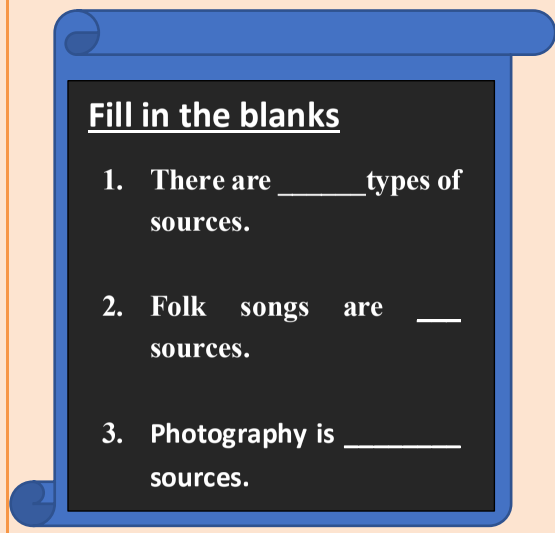
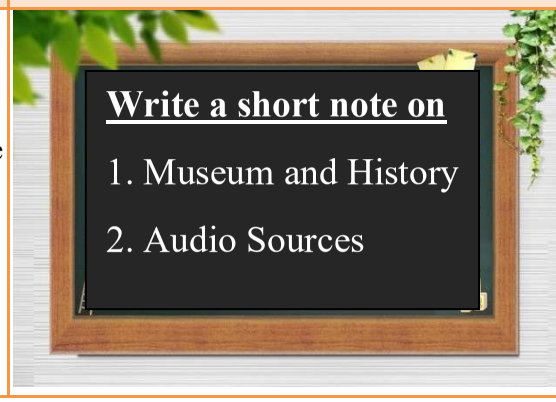
B. P. Ed. Programme Semester II LESSON NOTE (ACADEMIC) 2020-2022

	Name of the student: **KRITIKA D DEVADIGA**	Roll No. **-07**	Subject: **HISTORY**	Lesson No. **MODEL LESSON-1**	Std.- **8th**
	Unit : **1 SOURCES OF HISTORY SUB UNIT: 3.1 MATERIAL SOURCES 3.2 ORAL SOURCES 3.3 VISUAL, AUDIO, AUDIO-VISUAL SOURCES 3.4 WRITTEN SOURCES**		Previous Knowledge: **STUDENTS KNOW ABOUT THE SOURCES OF HISTORY**.		Teaching aids: **PICTURES & MODELS**
	Broad Objective: **TO GIVE THE KNOWLEDGE OF SOURCES OF HISTORY.**				

	STEPS AND TEACHING POINTS	OBJECTIVES	SPECIFICATION	LEARNING EXPERIENCE		EVALUATION	B./W. BOARD SUMMARY
				TEACHER'S ROLE	PUPIL'S ROLE		
1.	Introduction: -	Awakening of previous knowledge	The student remembers the previous knowledge	The teacher will ask the following questions for the purpose of awakening the previous knowledge of the students 1. What are Sources? 2. Different types of sources? 3. What are shown in the picture?	Students will answer the questions asked by teachers 1. Sources are a place, person, or thing from which information is obtained. 2. There are many types 3. Images of sources	The students tried to answer	Sub.:- History Std.:- 8th Div:- Date: 12/07/2021
2.	Announcement of the Topic: -	Focusing student on lesson	The student focuses on the lesson	Students, today we will learn about Sources of history In this lesson we will see the different types and meaning of sources	Students write the name of the lesson in their notebook.	Students listen the topic name	Sources of history
3.	Presentation: - Sources of History 3.1 Material Sources: - Various objects, monuments, places, coins, sculptures, etc. can be included in the material sources of the history. 1. Building and places. 2. Museums 3. Statues and Memorials.	Knowledge Assessment Attitude	About the incident Knows the event The students learned about Material Sources	The teacher asks the students some questions by giving them information about Material Sources: - 1. What are material sources? 2. Types of Material Sources?	Students will answer the following questions asked by the teacher 1. Various objects, monuments, places, coins, sculptures, etc. 2. Building and places. Museums Statues and Memorials	The students listened to the teacher's comment and answered the questions asked.	3.1 Material Sources: - 1. Types of material sources Coins of Gupta Dynasty

Appendix 20 C

	3.2 Oral Sources: - The following sources are included in the oral sources of modern Indian history: - 1. Inspirational songs 2. Powada 3. Folks' songs	Knowledge Assessment Attitude	About the incident Knows the event The students learn about the Oral Sources	The teacher asks the students some questions by giving them information about agriculture. 1. What are Oral Sources? 2. Types of Oral Sources?	Students will answer the following questions asked by the teacher 1. Oral Sources are oral histories given by the person of the events. 2. Folk song, Folk tales, powada	The students listened to the teacher's comment and answered the questions asked.	Oral Sources, Type of Sources, Folk songs etc
	3.3 Video, Audio- & Audio-Visual Sources: - Due to development of technology, there was a development in this source: - 1. Photography 2. Recordings 3. Films	Knowledge Assessment Attitude	About the Incident Knows the Event The students learn about the Audio-Visual Sources	The teacher asks the students some questions by giving them information about Visual, Audio- & Audio-Visual Sources. 1. What are Audio Visual Sources? 2. Types of Audio-Visual Sources?	Photography, Recording & films	The students listened to the teacher's comment and answered the questions asked.	
	3.4 Written Sources: - The following aspects are included in the written sources: - 1. Newspapers 2. Maps and drawing	Knowledge Assessment Attitude	About the incident Knows the event The students learn about the written Sources	The teacher asks the students some questions by giving them information about Written Sources 1. What are written sources? 2. What are included in the written sources?	3. Written sources are the sources which in the manuscripts or in print form. 4. Newspapers and Maps	The students listened to the teacher's comment and answered the questions asked.	Written sources – Maps, Drawings, Newspapers

4.	Recapitulation: -	Consolidation of the knowledge	Student tries to recite the knowledge imparted.	The teacher will ask the following questions 1. How many types of sources? 2. What is the chapter's name? 3. Definition of sources	Students will try to answer the questions asked by the teachers	Students have answered on the teaching content.	
5.	Application: -	Verify the applicability of knowledge	Through fill in the blanks	The teacher displays the application questions on the rolling board and collect the correct answers through the students	Students will fill in the blanks on the rolling board and write down in notebook 1. There are three types of sources. 2. Folk songs are Oral sources. 3. Photography is Audio Visual sources.	The students filled in the blanks	
6.	Homework: -	To motivate for self-study.	By doing homework	The teacher will ask the students to write down the homework questions in the notebook	Students will write homework questions in the notebook	The students wrote the homework question in the notebook	

BPCA's COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI

2.3.5 REPORT OF TEACHER MENTORING STUDENTS ON SELF-STUDY COURSES

Date- 27th July, 2021

Time- 10:00 am

Number of students present- 27

Nature

1. The students were introduced to self-study courses. The mentor explained the relevance of this study methodology and its benefits first.
2. The students were introduced to the various means of taking the self-study courses.
3. Mentor mentioned the several self-study online course platforms, eg. futurelearn, coursera, Open university, Udemy, Google garage etc.
4. Mentor then gave a demonstration of all the procedures related to the self- study courses on www.futurelearn.com
5. Mentor encouraged the participants to take up any such self-study online course.
6. Participants asked questions and queries and the Mentor tried to answer them.

rajendra dhakne is inviting you to a scheduled Zoom meeting.
Topic: rajendra dhakne's Zoom Meeting
Time: Jul 27, 2021 10:00 AM Mumbai, Kolkata, New Delhi
Join Zoom Meeting
https://us04web.zoom.us/j/6231844940?pwd=SWJTckE2MzYyRDFSSVo2NVlVbW5BQT09
Meeting ID: 623 184 4940
Passcode: lesson1

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Report of Teacher mentoring students on Self-study courses

Date- 24th July, 2021

Time- 10:00 am

Number of students present- 24 M. P. Ed first year students

Nature

1. The nature, importance and sources of self study was discussed with the master's degree students in the online meeting.
2. They were introduced to Open university platform and demonstration of log in and enrolling for course was given. https://www.open.edu/openlearn/
3. Students were encouraged to take up semester 2 theory course related courses.
4. They were also introduced to a huge availability of courses on mental health, communication skills, career development and personality development.
5. Students exhibited interest and asked questions about related topic. 6. All the students who complete the course we're requested to submit their statement of participation to the college

Link:-

rajendra dhakne is inviting you to a scheduled Zoom meeting.
Topic: rajendra dhakne's Zoom Meeting
Time: **Jul 24, 2021** 10:00 AM Mumbai, Kolkata, New Delhi
Join Zoom Meeting
https://us04web.zoom.us/j/6231844940?pwd=SWJTckE2MzYyRDFSSVo2NVlVbW5BQT09
Meeting ID: 623 184 4940
Passcode: lesson1

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(Affiliated to the University of Mumbai, Recognised by the Govt. Of Maharashtra, N.C.T.E. & Accredited by NAAC)
Estd. 1978
'A' Grade (CGPA-3.29) : NAAC
Best College Award : Uni of Mumbai

Ref. No. :

Date :

Appendix 22

Date: 06/04/2021

To,
Dr. Manmath Gharote,
Director,
Lonavla Yoga Institute, Lonavla.
Pune, Maharashtra

Subject: Yoga and life in this pandemic.

This gives me an immense pleasure to invite you for lecture on Yoga and life in this pandemic.

During this pandemic the entire life and living style of all the people are affected. Everyone is facing problems at workplace, home and neighbourhood. We know that Yoga which is an Indian traditional activity can make the positive change in the life of the people. We thought it was desirable to have your guidance in this regards.

You are informed to communicate your acceptance at the earliest.

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Email : bpcacpemumbai@gmail.com • Website : www.bpcacpemumbai.org

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Estd. 1978

'A' Grade (CGPA-3.29) : NAAC
Best College Award : Uni of Mumbai

Ref. No. :

Date :

Date: 29/11/2021

To,
Shri. Haresh Waidande,
P.H.D Scholar BPCACPE.

Subject: Self-defence for girls

This gives me an immense pleasure to invite you for lecture on Self-defence for girls.
As the woman's / Girls are facing the increasing physical as well as verbal abuses during last couple of years. Therefore it is an need for an hour that they should be made aware and train regarding their own safety. College would like to take initiative in this regard and it was thought appropriate to conduct lecture cum training session on girls.

You are inform to conduct lectures by giving emphasis on the above mention parameters of the Girls. You are inform to communicate your acceptance at the earliest.
Thanking you in anticipation.

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Best College Award : Uni of Mumbai

Ref. No. :

Date :

Date: 14/04/2021

To,
Shri. Mahendra Bhandare,
Scholar research center, BPCACPE,
Wadala, Mumbai

Subject: To conduct lecture on Yoga.

This gives me an immense pleasure to invite you for lecture on Yoga & its application.
During this pandemic the elderly citizens are facing problems with respect to depression, stress, anxiety etc. By taking the cognizance of the senior citizens the college decided to have interaction / practical sessions to withstand in this stressful situation.

You are inform to conduct lectures by giving emphasis on the above mention parameters of the elderly people. You are inform to communicate your acceptance at the earliest.
Thanking you in anticipation.

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Best College Award : Uni of Mumbai

Ref. No. :

Date :

Date: 03/05/2021

To,
Shri. Rajesh Kateshiya,
Senior Teacher, Chatrabhuj Narsi School,
Andheri, Mumbai.

Subject: Preparation for NET / SET examination.

This gives me an immense pleasure to invite you for lecture on Preparation for NET / SET examination.
As one of the notable alumni of our institute we take this opportunity for your guidance to the students pursuing NET / SET examination. During this situation of lockdown, the students are finding it very difficult to get the necessary and appropriate guidance for these examinations. You are suggested to conduct lecture on Paper 1 i.e General knowledge, Aptitude & Reasoning.

You are inform to conduct lectures by giving emphasis on the above mention. You are inform to communicate your acceptance at the earliest.

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Estd. 1978
'A' Grade (CGPA-3.29) : NAAC
Best College Award : Uni of Mumbai

Ref. No. :

Date :

Date: 12/05/2021

To,
Shri. Vishal Salvi,
Supervisor IB school, Borivali.

Subject: Preparation for NET / SET examination.

This gives me an immense pleasure to invite you for lecture on Preparation for NET / SET examination.

As one of the notable alumni of our institute we take this opportunity for your guidance to the students pursuing NET / SET examination. During this situation of lockdown, the students are finding it very difficult to get the necessary and appropriate guidance for these examinations. You are suggested to conduct lecture on the topics of history and principle of coaching respectively.

You are inform to conduct lectures by giving emphasis on the above mention. You are inform to communicate your acceptance at the earliest.

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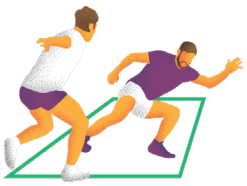
Email : bpcacpemumbai@gmail.com • Website : www.bpcacpemumbai.org

Appendix 23 A

JALLOSH KABADDICHA
2017



BACKGROUND

BPCA's College of Physical Education (BPCACPE) runs a range of academic add training programme In Physical Education (PE) and sports, The goal of the institute is to develop professionals In the field of PE & sports who easel in teaching, coaching and organizing sports and physical activity events In the endeavour to expose the benefactors. college conducts a variety of activities and events. Intra-mural program being one of the efforts to imprat these skills, this year we plan to go beyond the Inter-house matches and turn into a more professional event The students have successfully organized multiple Inter-house events For all the various games and sports They have tried their hand on different formats of competitions We wish to introduce our students owner form of organizing competitions through this newly planned event This will be first of its kind of effort that combines students of all the classes, all the proficiencies come together and enjoy the participation and celebrate, sport.

Objectives

- To introduce students to a newer format of sports event organization.
- To provide opportunity to Kabaddi players to showcase their talent.
- To utilize/explore potential sports management skills among students.
- To enable students to participate / contribute to the organization by delegating.
- Responsibilities of various nature.

Features

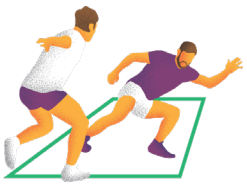
- Highly organized Structured.
- Well planned & well executed.
- PG and UG students to play together as teams.
- Choice to select players from the available talents.
- Performance oriented but not overly competitive.
- Opportunity to participate in organizational set pu.
- Safe & enthusiastic environment.
- Professional outlook.

Format

- Super League knock out.
- Grand Final- top two teams.

Prizes

- Winner / Runner.
- Fair Play Team award.
- Best Raider.
- Best Defender.
- Player of the match.



- Most promising player.

Sr. No.	Franchise Name	Franchise Owner	Manager	Coach
1	BPCA WARRIORS	Dr. Neetu Joshi	Ms. B. Bhilare	Mr. Kiran
2	DABHANG BPCA	Dr. R. Kawade	Ms. Malkar	Mr. Mandhar
3	BPCA GIANTS	Dr. G.K. Dhokrat	Mr. Milind Jadhav	Mr. Nishant Patil
4	BPCA PALTHAN	Dr. Hotkar	Mr. Sunil Pawar	Mr. Bansode
5	BPCA BLASTER	Dr. K. Asai	Mr. Aaher	Mr. Shinde
6	BPCA PANTHERS	Dr. S. Chaugule	Mr. Lokegaonkar	Ms. S. Pawar

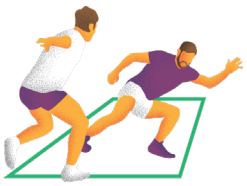
Rules of play / game

Weight Limit

- The weight limit is 85kg and below.
- If any player or players fail to appeal forth official weigh-in, they shall not be allowed.
- If any player or players are recorded as weighing more than the 8S kg weight limit. they shall not be allowed to participate and he or she will be disqualified.
- The entire squad shall be present along with the coach and/or team manager throughout the match.
- Team managers from other teams shall be allowed to observe the weight
- The technical committee shall conduct the weight and record the weight of player which shall be treated as the official weight for the player.

General Rules of Play

The matches will be played with the standard Rules and Regulations of the kabaddi games



Match Rules

Team

Each team must have 13 (thirteen) Players in its match-day playing squad. 7 (seven) Players shall take the ground at a time and the remaining 6 (six) Players shall be substitutes.

Duration of the match

- The duration of the match shall be a minimum of 40 minutes divided equally in two halves of 20 minutes each along with 5 minutes' interval between halves. The teams will change sides. After the interval. The number of players for each team at the start of second half shall remain the same as it was at the end of first half.
- Note: The last raid of each half of the match shall be allowed to be completed even after completion of the scheduled time as mentioned above.

System of scoring

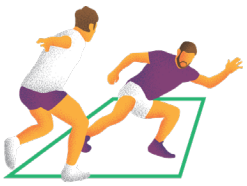
- Each team shall score one point for every opponent out or put out. The side, which scores an ALL-OUT, shall score two extra points. The out and revival rule will be applicable.
- Each team shall score one point for every bonus point awarded.
- If the raider is caught when there are only 3 defenders or less, the defending team gets an additional bonus point. The total points awarded in such an instance are 2.

Time Out

- Each Team shall be allowed to take 3 "Time Out" of 30 Seconds in each half per match. Such time out shall be called for by the Captain, Coach or any playing member of the team with the permission of referee. During the time out, the Match clock will be paused and will restart on the commencement of the next raid which has to start on the blow of the whistle by the referee / umpire.
- During time out the teams shall not leave the ground. In case of any violation a technical point shall be awarded to the opponent team.
- Official Time out can be called for by the Referee/Umpire in the event of any injury to a player, interruption by outsiders, re-lining of the ground, or any such unforeseen circumstances. Match clock will be paused and will restart on the commencement of the next raid which has to start on the blow of the whistle by the referee/Umpire.

Coach Consultation

- Each team will be allowed during the time out and half time of match; wherein coaches can guide their teams without stoppage of play. The operating procedure for In-Play Coach Consultations will be as follows:
- The consulting Coach will have to keep his body entirely within the 'Coach Hot-Spot' during his consultation. He will also have to finish his consultation within 30 seconds Failure to keep the consultation within these stipulations will make the Coach liable to a YELLOW Card.



Substitution

- Each team is allowed substitutions during time out or half time in the match with the permission of referee.
- Substituted Players can be re-substituted.
- If any player is suspended or disqualified from the match, no substitution is allowed for that particular player. The team will play with less number of players.
- Substitution is not allowed for players who are out.
- All substitutions to be recorded by the official scorers and informed to the commentators.

Bonus Point

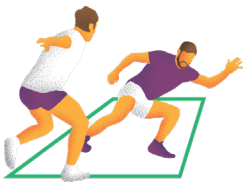
- One point shall be awarded to the raider when he crosses the bonus line. If the raider after crossing the bonus line is caught, the opponent team will so be awarded one point.
- The Bonus line will be applicable when there are minimum 6 defenders on the court; the Referee/Umpire shall award the bonus point after completion of such raid by showing thumb upwards towards the side which scores:
- If the raider while crossing the bonus line is caught then a point will be awarded to the defending team & No Bonus point shall be given.
- If the raider after crossing the bonus line puts out one or more defenders, he will get the number of points scored in addition to the bonus point for crossing the bonus line.
- The raider has to cross the bonus line to score the bonus point before touching the defenders or before he is caught by the defenders. The raider will not be awarded bonus point if he crosses the bonus line after a touch or struggle.
- There shall be no revival of player for bonus point.
- If player/players are suspended temporarily or disqualified from the match, then the team will play with less number of players. Such players will be counted to award Bonus point.

Result

• The team, which scores the highest number of points at the end of the match, shall be declared the winner. NOTE: based on official scorer statistics

Tie in Knock Out/Playoff Matches

- If there is a tie in the Knock out matches, the match will be decided on the following basis
- Both teams shall field 7 players in the half.
- The baulk line will be treated as Baulk like cum Bonus line and all the bonus point rules will be followed.
- If the raider succeeds in crossing the baulk line cum bonus line he will get one point.
- After crossing the said like if the raider puts out one of more defenders he will get the number of points scored in addition to the point scored by crossing the line. No bonus point will be awarded if the raider crosses the baulk line cum bonus line after touch or struggle.
- The out or revival rules will not be applicable, only points will be counted. Both the teams should give the names of five different raiders with their chest numbers as per their order of raid to the referee. Substitution of the players will not be allowed from the fielded seven players.
- Each team will be given five raids by different raiders to raid alternately.



- In case any raider in the given list of 5 raiders is injured before his raid, in such cases, one of the remaining 2 players out of the 7 in the field can do the raid.
- The side, which raids first at the beginning of the match, will be allowed to raid first. Even after 5 raids, if there is a tie, the game will be decided as per the golden raid rule.
- If player/players are suspended temporarily or disqualified during the tiebreak the team will play with less number of players. Such players will be counted to award bonus point.

Golden Raid

- The referee/umpire will conduct a fresh toss. The team that wins the toss shall have the chance to raid Le. "GOLDEN RAID"
- The team which scores the leading point in the Golden Raid shall be declared the winner of the match
- If the game is still tied after both teams have been given a chance of Golden Raid, the winner will then be decided by a toss

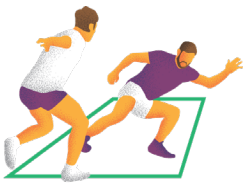
League System

a. In the League System the team that wins the match will score 5 league points and the loser will score zero point, if the margin of victory is more than 7 points.
b. In the League System the team that wins the match will score 5 league points and the loser will score 1 point, if the margin of victory is 7 or less than 7 points.
c. In case of Tie both the sides will score 3 league points each.
d. Teams will be ranked based on points accumulated during the league.

Tie in league points:

1. Team to qualify for play-offs will be decided by the differential score calculated as the difference between total points won and total points conceded. Team with a higher differential score will qualify for play-offs.
2. In case of a tie after differential Team to qualify for play-offs will be decided based on total points won in all the matches.
3. In case of a tie in total points won in all the matches: Team to qualify for play-offs will be decided based on the winner between the same teams.

- If owing to failure of light, heavy rains or any other unforeseen circumstances, a match. cannot be completed; it shall be replayed in the next day. In case of replay, the players need not be the same for fielding a team.
- In case of temporary suspension of the match, due to any reason, such match shall be continued with the same score and remaining the in the same session.
- During the temporary suspension the players shall not leave their respective side of the court without the permission of the referee. If a team violates this rule a technical point will be awarded to the opponent team.
- All players playing shall ensure that they are not wearing any ornament or any item on their body which can lead to a potential injury to themselves or any of the opponents. This includes nails of which shall be closely clipped.
- All players must have distinct jersey numbers which cannot be changed through the season. The font style and size shall be as specified by the organizers. It is mandatory for all teams and players to adhere to the Team Kit guidelines



- Application of oil or any other substance to grease the body shall not be allowed.

Protest:

- All protests will be lodged in writing to the Technical committee along with a protest fee of Rs. 500 /-in cash within 30 minutes from the finish of the match. The Technical committee will take a decision in maximum 3 hours which will be final. In case the final decision does not change the original decision on which protest was lodged, the protest fee will be forfeited.
- Any unforeseen situation, dispute or any new situation not covered in the rules will be referred to the technical committee whose decision will be final and binding.

Technical committee

Observer

Appendix 23 B

Patriotic Group Singing Competition

The Voice of a Dynamic & Young student of BPCA

2.4.1 Institution provides opportunities for developing competencies & skills in different functional areas through specially designed activities/experiences that include

Competencies/skills provided in different functional areas through specially designed activities/experiences include	Nature of activities conducted	Duration with dates	Nature of teacher involvement	Nature of student participation
1. Organizing Learning (lesson plan)	Teaching skill development program	Every Semester	In BPED Sem.I Micro Teaching Lesson of Optional Subjects are conducted. BPED Sem.II Academic Lessons in Schools are conducted. In Sem.III Micro Teaching Lesson of Physical Education Subject & in Sem.IV Physical Education Lessons in Schools are Conducted	Observing, Preparing & Conducting Lesson.
2. Developing Teaching Competencies	Teaching skill development program	Every Semester	Teacher shows demos of lesson (different skills) for the students where they develop different teaching competencies.	Observation and practice
3. Assessment of Learning	Measurement Evaluation Practical	Every Semester	Teacher organizes lecture and practical sessions based on Assessment Techniques for the students where they learn how to implement different assessment for fitness.	Students conduct practicals, collect data, analyse and then assess.
4. Technology use & Integration	Technology based teaching. Course related practical work	Every Semester	Teacher organizes lecture and practical sessions based on ICT for the students where they learn how to use technology for teaching physical education.	Observation and practice
5. Organizing Field Visits	Field Visit	Semester III	Teacher organizes field visit to Balwadi Sports Complex.	Observes the Sports Complex Facilities, different Grounds, their measurement, Equipments.

6. Conducting Outreach/Out of classroom Activities	Officiating at various competitions	All Semesters	1. Khashaba Jadhav Chashak Rayastariya kusti Competetion was organized from 13th to 15th April, 2018 at vibhagiya Krida Sankul, Shipoli, Borivili W, Mumbai. College students demonstrated Lezium, Zhanz & 50 volunteers for the said Competition. 2. Suvidya prasark sanghache Suvidyalay (Madhyamik Vibhag), Paranjpe Nagar, Vazira Naka, Lokmanya Tilak Marg, Borivili (W), Mumbai-91 organized Suryanamaskar competition on 30th July 2018. Judges were sent for the said competition. 3. Mashaals National Urdu High School, Maria English High School & Jr College of Commerce, Transit Camp, Municipal School Complex, Dharavi, Mumbai-17 Organized Annual Sports program at Dharavi Sports Complex on 3rd December 2018 between 8.00 am to 5.00 pm. Umpire/Referee were provided for the said competition. 4. Shikshan Vibhag (prathamik), zilla Parishad, Thane District level Sports Competition were organized at Adarsh Vidyalaya, kulgaav, Badlapur, District: Thane on 8th January 2019. Officials were sent for the said competition. 5. 15 Scorers & 13 Volunteers from BPCA's College of Physical Education were provided on 13th & 14th December 2018 for SFA Archery Competition at DY Patil Stadium, Nerul. 6. Gokhale Education Society's College of Education & Research, Acharya Donde Nagar, Gokhale Society Lane, Parel, Mumbai-12 had organized Annual sports day on 8th February, 2019 at Kamgaar ground, Parel from 7.30 am onwards. 4 boys & 3 girls were sent to help in conducting the events. 7. Krida va Yuvak Seva, Mumbai Vibhag, Mumbai had arranged Shiv Chatrapti & other Award ceremony on 17th Feb, 2019 from 2.00 pm onwards at Gate way of India. 8 girls & 12 boys acted as Volunteers for this Ceremony.	Students actually participate in the Event & experience officiating

			8. Maharashtra State Amateur Aquatic Association had organized 57th Sunk Rock – Gateway Sea Swimming Race, 2019 on 24th February, 2019 from 8 am onwards at Gate-Way of India, 8 Students officiated at the said event. 9. Sangeetkar Shri Vasant Desai's 43rd Smrutidin was celebrated on 22nd December, 2018 at Shri Vasant Desai Chowk, Keluskar Marg, Next to Samarth vyayam Mandir, Shivaji Park, Dadar from 8.30 am onwards. Students were asked to attend & participate in the event. 10. Shishu Vihar Mandal Sanchalit Tarabai Modak Adhyapak Vidyalaya, Jr College of Education, Hindu Colony, Mumbai-14 organized intercollegiate Kho-Kho Competition on 29th January, 2019 from 7.00 am to 12.00 noon. Kho-Kho officials were provided from BPCA. 11. Marwari Vidyalaya Sanchalit Smt.Kamaladevi Gauridutt Mittal College of Arts & Commerce, Near Liberty Garden, Nahar Nagar Malad West, Mumbai-64 organized Annual Sportrs Meet on 23.01.20 from 8.30 am to 2.00 pm at Prabodhankar Kridabhavan Goregaon West, Mumbai . bDeputed students a s Referees. 12. Maharashtra State Amateur Aquatic Association had organized 57th Sunk Rock – Gateway Sea Swimming Race, 2020 on 1st march, 2020 from 7.30 am onwards at Gate-Way of India, 10 Students officiated at the said event. 13. Vibhagiya Chacha Nehru Baal Mahotsav Programme was organized at The Children & Society sanchalit David Sasoon Industrial School, 83, T.H. Kataria Marg, mahim, Mumbai-16 from 11, 20 & 21 January, 2020 for Orphans & students of Remand Homes. 40 Students were sent for Officiating purpose. 14. District Women & Child Development Department Mumbai Suburban had organized Chacha Nehru Baal Mahotsav 2019 at Chembur Children's Home, Mankhurd, Anushakti Nagar,	

			Opposite BARC Depot, Mankhurd, Mumbai-94 from 10 to 12 December, 2019 from 8.30 am to 5.00 pm. 20 Students were sent for officiating. 15. Mashaals National Urdu High School, Maria English High School & Jr College of Commerce, Transit Camp, Municipal School Complex, Dharavi, Mumbai-17 Organized Annual Sports program at Anand Narayan Dalvi Kridangan, Sion, (BEST) on 4th December 2019 between 8.00 am to 4.30 pm. Umpire/Referee were provided for the said competition. 16. Nutan Vidya Prasarak mandals Arts, Commerce 7 Science College Lasalgoan requested to send students to put up the demonstration of Lezium 7 Aerobics fro 26th January, 2020 Republic day Programme. Hence 2 students named Ankush Vhalgade & Vishal Kadale were sent for the same. 17. Sangeetkar Shri Vasant Desai's 43rd Smrutidin was celebrated on 22nd December, 2019 at Shri Vasant Desai Chowk, Keluskar Marg, Next to Samarth vyayam Mandir, Shivaji Park, Dadar from 8.30 am onwards. Students were asked to attend & participate in the event. 18. Devanshi Dedhia, Abhirami Prasanan, Pooja Pal, Karishma Patil, Meghana Khedekar, Kashmira Pawar & Shyamsunder Tiwari had been selected as a Technical Official for the DSO Annual Athletic Championships 2019 (District Level) at University Sports Pavilion, Marine Lines, Mumbai from October 3-5, 2019 from 8 am to 5 pm 19. The Stephen High School for the Deaf & Aphasic, S.K.Bole Road, Prabhadevi, Necxt to Bank of Baroda, Dadar West, Mumbai-28 had organized Interschool Sports & Games Meet on 20th September, 2019 from 9 am to 5 pm.. 2 student teachers were sent as Officials. 20. The Mumbai Suburban District Athletic Association's Annual Athletic Meet was on 25th & 26th July 2019 at the Sports	

			Authority of India Ground, Kandivali (E). 15 Students were sent as Officials. 21. Uttan Vividh Lakshyee Shikshan Sansthas Ram ratna Vidya Mandir English Medium Co-education Residential & Day Boarding School (VVSSC) had organized Interschool Sports Meet 2019-20 on 30th August, 2019 from 8.00 am to 5.00 pm at Ram Ratna Vidya Mandir's Ground, Keshav Shrusti, Uttan Road, Bhayander (W). 12 students were sent as official. 22. Suvidya prasark sanghache Suvidyalay (Madhyamik Vibhag), Paranjpe Nagar, Vazira Naka, Lokmanya Tilak Marg, Borivili (W), Mumbai-91 organized Suryanamaskar competition on 30th July 2019. 6 students were sent for the said competition as Officials. 23. The Oberoi International School, Oberoi Garden City, Off Western Express Highway, Goregaon East, Mumbai-63 had organized Track & Field Meet on 27th April, 2019. (Not sent the students)	
7. Community Engagement	• Yoga Class • Gymnasium	Everyday in the morning & evening for 1 hour	Teacher conducts the yoga session for the ladies who reside close to the college. Open Access to the public & students of the college	Interested students become volunteers while conducting the class
8. Facilitating Inclusive Education	~~~~~~	~~~~~~	~~~~~~	~~~~~~
9. Preparing Individualized Educational plan (IEP)	~~~~~~	~~~~~~	~~~~~~	~~~~~~

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI.

MICRO TEACHING PHYSICAL EDUCATION

2019-2020

Appendix 24 B

Micro Teaching Physical Education Program 2020

शारिरिक शिक्षण सूक्ष्म अध्यापन कार्यक्रम २०२०

S.No	Content	P.No
1	**Announcement /** घोषणा	2
2	**Instructions/** सचूना	3
3	**Factors considered when choosing activities** उपक्रमांची निवड करताना कोणत्या घटकांचा विचार करावा	4
4	**Group details/** गट माहिती	4-8
5	**You tube channels for reference**	8

Announcement / घोषणा

1. **PE Micro Teaching Program will start from 21st August 2020**

   शारिरिक शिक्षण शिक्षण अध्यापनाचे पाठ २१ ऑगस्ट २०२० पासून सुरु होतील

2. **Lessons will start at 10:00 am**
   पाठाची वेळ सकाळी १०.०० वाजता असेल
3. **Lessons will be held on Tuesday and Friday**
   पाठ मंगळवार आणि शुक्रवारी असतील

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lecture course 301	Lessons	Lecture course 302	Lecture course 303	Lessons	Lecture course 304

4. **The teaching skills, number of lessons, marks and duration of lessons are as follows**
सूक्ष्म अध्यपान कौशल्य, पाठाची संख्या, गुण आणि कालावधी पुढीलप्रमाणे

Skills	Warm-up	Demonstration and Practice	Class Management	Bridge Lesson
Lessons	2	2	2	3
Marks	10 each	10 each	10 each	20 each
Duration	5-7 min	10-12 min	12-15 min	20-25 min

Instructions / सूचना

5. **It is compulsory to take guidance for each lessons from your Mentor**
   आपल्या मार्गदर्शनाकडून पाठाचे नियमितपणे मार्गदर्शन घेणे अनिवार्य आहे.

6. **During the Lesson the uniform of both the student teacher and the participating students should be appropriate (t-shirt and shorts or track pant)**
   विद्यार्थी शिक्षक आणि सहभागी विद्यार्थी दोघांचाही गणवेश शाररिक शिक्षण पाठास योग्य असावा. (टी- शर्ट आणि शॉर्ट्स किंवा ट्रॅक पॅनट)

7. **7. Everyone should continue their videos during the lesson** पाठादरम्यान सर्वांनी आपले व्हिडिओ चालू ठेवावे

8. **While taking lessons, the camera of the mobile or laptop should be set properly so that all the students can see its transmission** प्रात्यक्षिक दाखवत असतांना मोबाईल किंवा लॅपटॉपचा कॅमेरा योग्य पद्धतीने सेट करावा जेणे करून सर्व विद्यार्थ्यांना त्याचे प्रक्षेपण दिसेल.

9. **While taking the lesson, the teacher should demohstrate the appropriate action that the students are expected to do.**
   शारीरिक शिक्षणाचा ऑनलाईनवर्ग घेतांना ज्या कृती विद्यार्थ्याने करणे अपेक्षित आहे त्याचे योग्य प्रात्यक्षिक शिक्षकाने करून दाखवावे.

10. **If you are going to use the equipment in the lesson, give instructions to the students in the group the day before so that the participating students can prepare it. For example. Bottles, Glasses, napkin, bowls etc.**
11. पाठामध्ये जर साहित्य वापरणार असाल तर त्याची सूचना ही आदल्या दिवशीच गटातील इतर विध्यार्थीना द्यावी म्हणजे सहभागी होणारे विद्यार्थी त्या गोष्टी तयार ठेवतील. उदा. बॉटल, ग्लास, नॅप्किन इ

The following factors should be considered when choosing activities in lessons/ पाठामध्ये उपक्रमांची निवड करताना पुढीन घटकांचा विचार करावा

- **While taking the lessons, you should choose activities that can be done easily by both boys and girls students. At the time of teaching the difference between boys and girls should be understood and planned accordingly.**
  ऑनलाईन शारीरिक शिक्षण तासिकेमध्ये विदयार्थी व विदयार्थिनी असल्यास दोघांनाही सहज करता येतील असे उपक्रम निवडावे. अध्यापनाचे वेळी मुले व मुली यांच्यातील भेद व समजून घ्यावा व तसे नियोजन करावे.

- **Chose non equipment activities or activities with equipment which is easily available**
  शक्यतो विना साहित्य उपक्रमांची निवड करावी, अन्यथा सहज उपलब्ध होतील असेच साहित्य असावे.

- **Emphasis should be placed on individual activities**
  वैयक्तिक उपक्रमांवर भर दयावा

- **When choosing an activity it should include a variety, challenges, recreation and fitness etc.**

उपक्रमांची निवड करतांना त्यामध्ये सुदृढतेसह मनोरंजन, आव्हान, विविधता इत्यादी बाबींचा समावेश असावा.

- **Consider available space**

उपलब्ध जागेचा विचार कराव

- **Consider Safety**

सुरक्षिततेचा विचार करावा

MICRO TEACHING GROUPS

Sr. No	Name of schools with Address		Roll no	Names of internee allowed
1	SAHAKAR NAGAR MUNICIPAL ENGLISH	Dr.R.N.Kawade / Dr. N.O.Joshi	1	Satam Chetan Prakash
	MEDIUM SCHOOL , SAHAKAR NAGAR ,		82	Sawant Sachin Shivaji
	WADALA (W)		83	Sharma Akhil Dharmendra
			84	Shigvan Pritesh Manohar
			85	Shinde Ranjeet Balasaheb
			86	Singh Prafull Yashwant
			87	Sodha Ajaysinh Devaji
			88	Sule Navnath Sunil
			89	Tavadia Arzaan Maneck
			90	Thorave Avinash Sambhaji
			91	Tiwari Shyamsunder Rajesh
			92	Todankar Darshan Sunil
			93	Tokare Nitin Chandrakant
			94	Vakhare Tejas Vishnu
			95	Vavare Amit Pandu
			96	Vhalgade Ankush Dadaji
			97	Yadav Krishna Ramdhani
			99	Zolar Clerence Thomas
			100	Jaiswar Sanjeev Balchandra
2	CHATRAPATI SHIVAJI VIDYALAYA	Dr.R.R.Dhakne / Dr.K.J.Maru	52	Joshi Karan Haresh
	DHARAVI HIGH SCHOOL ENG MED ,		54	Kamti Santosh Sheetal
	DHARAVI , MUMBAI		56	Kharat Darshan Milind

			58	Maray Elson Anthony Nadar
			60	More Tejas Sunil
			61	Mudila Tribhuvan Hayat
			63	Nair Nikhil Nandanan
			64	Nanhe Omkar Vitthal
			65	Pandya Hardik Yogesh
			69	Raje Yash Rajesh
			71	Rana Piyush Manohar
			72	Rane Prathamesh Sanjay
			73	Rane Soham Mangesh
			74	Rathod Ajay Pravinbhai
			75	Rathod Mangesh Taru
			76	Roy Suhotro
			77	Rumao Smit Lawrence
			78	Sahane Jitendra Dagadu
			79	Salunke Pranesh Prakash
			80	Sarang Prathamesh Jayram
3	CHATRAPATI SHIVAJI VIDYALAYA	Dr.J.N.Hotkar / Dr.R.N.Shelke	1	Bhusare Kajal Sudamrao
	DHARAVI HIGH SCHOOL		5	Gaykar Ashwini Anant
	MARATHI MED, DHARAVI , MUMBAI		6	Ghatal Savita Sonya
			8	Hake Seema Raju
			9	Kadam Tejaswi Vishwas
			11	Khedekar Meghana Rohidas
			12	Kumbhar Vaishali Dnyandeo
			13	Lawangare Ashwini Ganesh
			16	More Asmita Ankush
			17	Navarat Neha Gajanan
			19	Pal Sarita Rameshchand

			23	Pawar Mohini Vilas
			24	Pendhari Rupali Bablya
			26	Sajagane Pooja Bharat
			27	Sakpal Namrata Madhukar
			28	Sapte Rasika Rajendra
			30	Singatkar Mayuri Ravindra
			33	Adabal Ishvar Soma
			38	Barot Bharat Arjun
4	SAHAKAR NAGAR MUNICIPAL	Dr.S.N.Chougule / Dr.R.N.Kawade	3	Chikhale Snehal Ramnath
	MARATHI MEDIUM SCHOOL ,		4	Dedhia Devanshi Shailesh
	SAHAKAR NAGAR , WADALA (W)		10	Kamthe Anuradha Dattatray
			14	Luhar Kailaskumari Devaram
			15	Mahimkar Prachi Chandrashekhar
			18	Pal Pooja Sadanand
			20	Patil Karishma Gunaji
			21	Pawar Anju Kisan
			22	Pawar Kashmira Prakash
			25	Pulikkal Abhirami Prasannan
			29	Shinde Gauri Satish
			31	Thakkar Radhika Ajay
			32	Yadav Nisha Bhagwandas
			34	Ahmed Arman Mohd Jamal
			37	Barla Stephen
			39	Bharadwaj Rahul Ashok
			43	Chipte Ashish Anant
			44	Damodare Prashant Gautam

			45	Dutta Arup Alok
5	SAHAKAR NAGAR MUNICIPAL ENGLISH	Dr.K.K.Asai / Dr.K.J.Maru	36	Barge Dhananjay Dattatray
	MEDIUM SCHOOL , SAHAKAR		40	Bide Arun Bapu
	NAGAR , WADALA (W)		42	Chavan Rushikesh Bhatesing
			46	Gupta Jitendra Ramashray
			47	Hadal Alesh Chaitya
			48	Jadhav Harshal Eknath
			49	Jadhav Sandip Pradip
			50	Jogilkar Yahyya Ashfaq
			51	Joshi Dhiraj Dhananjay
			53	Kadam Akshay Anil
			55	Kavade Rajat Rajendra
			57	Koja Laxman Shekhar
			59	More Karan Suresh
			62	Munjare Manoj Maruti
			66	Patil Aditya Gokul
			67	Patil Vinod Chandrakant
			68	Pawar Dipak Janu
			70	Ram Arjun Rudal
			98	Yadav Shiwasare Kailash Nath

Learning to move and Learning through movement

2.4.2 Orientation / training encompasses certain significant skills and competencies such as

Pre practice teaching / internship orientation/training encompasses certain significant skills and	Nature of activities	Duration with dates	Nature of teacher involvement	Nature of student participation
1. Formulating learning objectives	Micro Teaching (OS) Micro Teaching (PE) Lesson (OS) Lesson (PE)	15 JANUARY TO 30 JAN 2019 (Micro teaching in physical education Faculty Demonstration.)	Guidance & observation/ feedback.	Each student has to decide a small unit of teaching take guidance from the method teacher and prepare the lesson plan, get it checked and conduct the micro skill lessons.
2. Content mapping.	Orientation workshop Teaching in Optional Subject 2019 Micro Teaching Guidance.	15 JANUARY TO 30 JAN 2019 (Micro teaching in physical education Faculty Demonstration.)	Guidance & observation/ feedback.	All the students are curriculum / syllabus analysis by the method teachers Each student learns to map the content in the theory classes. They also try to devise content-based methodology for their lesson plans.
3. Lesson planning / individualized education plans (IEP).	Micro Teaching (OS) Micro Teaching (PE) School lesson Internship.	23 TO 30 JANUARY 2019 (Micro teaching in Physical education)	Guidance & feedback	All the students are supposed to prepare lesson plans for both Physical Education & optional subject before conducting the lesson.
4. Identifying varied student abilities.	Micro Teaching / Theory class	15 JANUARY TO 30 JAN 2019 (Micro teaching in physical education Faculty Demonstration.)	Guidance & feedback.	
5. Dealing with Students diversity in classroom.	Micro Teaching Practical.	15 JANUARY TO 30 JAN 2019 (Micro teaching in physical education Faculty Demonstration.)	Theory & Practical classes provided include the ways to deal with diversity in classroom. Students are made aware of the varied abilities & differential learning needs.	Each student through practice teaching experiences becomes capable of dealing with diversity in classroom.

6. Visualizing differential learning activities according to student needs.	Micro Teaching, Lesson Guidance.	15 JANUARY TO 30 JAN 2019 (Micro teaching in physical education Faculty Demonstration.)	Teacher strives to make the students understand the differential learning needs & provide theoretical & practical perspective through theory & practical courses.	Students while planning their lessons for practice teaching & internship, discuss the activities & lesson content with the mentors / method teacher so that they can design such activities.
7. Addressing inclusiveness.	Micro Teaching.	15 JANUARY TO 30 JAN 2019 (Micro teaching in physical education Faculty Demonstration.)	Guidance & observation/feedback.	~
8. Assessing student learning	Micro teaching, practice teaching, measurement & evaluation.	29 September to 08 October 2019 (Micro teaching in Physical education)	Teacher strives to make the students understand the differential learning needs & provide theoretical & practical perspective through theory & practical courses.	~
9. Mobilizing relevant & varied leaning resources.	Equipment, Exhibition, Lesson plan.	~	~	Students of the schools are made aware of using equipment during internship.
10. Evolving ICT Based Learning.	Videos, Presentation, Feedback.	~	~	Students used computer assisted lessons effectively by showing videos of the skill selected.
11. Exposure to Braille / Indian language / Community.	Intramural, Extramural, Officiating, Organizing sports.	~	~	Students are exposed by way of including them in administrative setup, officiating & other competitions organized by college / institutions.

Note:

(OS):_ Optional Subject i.e. Marathi, Hindi, English, History, Geography, Science & Mathematics
(PE):_ Physical Education

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2.4.3 Competency of effective communication is developed in students through serval activities such as

1.workshop sessions for effective communication

2.simulated sessions for participating communication in different situation

3. Participating in institutional activities as 'anchor','disussant' or ' rapporteur

4. Classroom teaching learning situation along with teacher and peer feedback

1.Workshop sessions for effective communication

B.P.C.A.'s College of Physical Education, Wadala, Mumbai-400 031.
B.P.Ed. Programme (Second Year) (2019-20)

THEORY TIME TABLE

Semester- IV

w.e.f. 01.02.2020

Date	Time	Faculty/Course
07.02.2020	09.00 to 09.45 a.m.	Soft Skill Training (All faculty)
	09.50 to 10.35 a.m.	Soft Skill Training(All faculty)
	10.40 to 11.25 a.m.	Audio-Video feedback & discussion of P.E. lesson(All faculty)
08.02.2020	09.00 to 09.45 a.m.	Soft Skill Training(All faculty)
	09.50 to 10.35 a.m.	Soft Skill Training(All faculty)
	10.40 to 11.25 a.m.	Dr. Joshi
10.02.2020	09.00 to 09.45 a.m.	Soft Skill Training(All faculty)
	09.50 to 10.35 a.m.	Soft Skill Training(All faculty)
	10.40 to 11.25 a.m.	Phy. Edn. Lesson Guidance
12.02.2020	09.00 to 09.45 a.m.	Soft Skill Training(All faculty)
	09.50 to 10.35 a.m.	Soft Skill Training(All faculty)
	10.40 to 11.25 a.m.	Phy. Edn. Lesson Guidance
15.02.2020	09.00 to 09.45 a.m.	Soft Skill Training(All faculty)

	09.50 to 10.35 a.m.	Soft Skill Training(All faculty)
	10.40 to 11.25 a.m.	Phy. Edn. Lesson Guidance
19.02.2020	**Holiday (Chhatrapati Shivaji Maharaj Jayanti)**	
21.02.2020	**Holiday (Mahashivaratri)**	
22.02.2020	09.00 to 09.45 a.m.	Dr. Dhakne
	09.50 to 10.35 a.m.	Dr. Asai
	10.40 to 11.25 a.m.	Phy. Edn. Lesson Guidance
24.02.2020 to 27.02.2020	Athletic Training (No Theory Class)	

Assembly & Prayer: Dr.Chougule [Assembly & Prayer Ist period (theory or practical) on each day]

Shift Teachers: Dr. Chougule / Dr.Hotkar/ Dr.Shelke/ Dr.Joshi/ Dr. Asai
(Shift timing: 8.50 a.m. to 2.50 p.m.)

Dr.G. K. Dhokrat
Theory Incharge

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THEORY TIME TABLE

Semester- I

w.e.f.

02.01.2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11.45.a.m. to 12.30 p.m.				02.01.2020	03.01.2020	04.01.2020
12.35 p.m. to 1.20 p.m.	-	-	-	Dr.Kawade Dr.Maru Soft Skill Training (2.00 p.m. to 3.00 p.m.)	Soft Skill Training (2.00 p.m. to 3.00 p.m.)	Soft Skill Training (2.00 p.m. to 3.00 p.m.)
1.25 p.m. to 2.10 p.m.						
	06.01.2020	07.01.2020	08.01.2020	09.01.2020	10.01.2020	11.01.2020
11.45.a.m. to 12.30 p.m.	Soft Skill Training (2.00 p.m. to 3.00 p.m.)	Break	Dr.Hotkar	Dr.Hotkar	Dr.Kawade	Dr.Asai
12.35 p.m. to 1.20 p.m.			Dr.Dhakne	Dr.Dhakne	Dr.Dhakne	Dr.Dhakne
1.25 p.m. to 2.10 p.m.			Dr.Dhakne	Dr.Dhakne	Dr.Dhakne	Dr.Dhakne
	13.01.2020	14.01.2020	15.01.2020	16.01.2020	17.01.2020	18.01.2020
11.45.a.m. to 12.30 p.m.	Dr.Joshi	Dr.Dhakne	All Special Method	Dr. Hotkar	Dr. Asai	All Special Method
12.35 p.m. to 1.20 p.m.	Dr.Dhokrat	Dr.Dhokrat	All Special Method	Dr. Shelke	dr. Joshi	All Special Method
1.25 p.m. to 2.10 p.m.	Dr.Dhokrat	Dr.Joshi	All Special Method	Dr.Dhokrat	Dr.Dhakne	Dr.Dhokrat
	20.01.2020	21.01.2020	22.01.2020	23.01.2020	24.01.2020	25.01.2020
11.45.a.m. to 12.30 p.m.	Dr.Joshi	Dr.Maru	Dr.Dhakne	Dr.Joshi	Dr.Maru	Dr.Maru
12.35 p.m. to 1.20 p.m.	Dr.Maru	Dr.Dhokrat	Dr.Joshi	Dr.Maru	Dr.Dhokrat	Dr.Joshi
1.25 p.m. to 2.10 p.m.	Dr.Maru	Dr.Dhokrat	Dr.Joshi	Dr.Maru	Dr.Dhokrat	Dr.Joshi
	27.01.2020	28.01.2020	29.01.2020	30.01.2020	31.01.2020	
11.45.a.m. to 12.30 p.m.	All Special Method	Inter School Lezim Competition	Dr.Maru	All Special Method	Dr.Joshi	
12.35 p.m. to 1.20 p.m.	All Special Method		Dr.Dhokrat	All Special Method	Dr.Maru	
1.25 p.m. to 2.10 p.m.	Dr.Joshi		Dr.Dhokrat	Dr.Joshi	Dr.Maru	

Dr.G. K. Dhokrat
Theory Incharge

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				02.01.2020	03.01.2020	04.01.2020
9.00.a.m. to 9.45 a.m.	-	-	-	Dr.Dhokrat	Organisation of Inter - School Hind Trophy Competition	
9.50 a.m. to 10.35 a.m.				Dr.Dhokrat		
10.40 a.m. to 11.25 a.m.				Dr.Hotkar		
	06.01.2020	07.01.2020	08.01.2020	09.01.2020	10.01.2020	11.01.2020
9.00.a.m. to 9.45 a.m.	Hind Trophy Prize Distribution Function	Break	Soft Skill Training	Dr.SNC	Soft Skill Training	Dr.Asai
9.50 a.m. to 10.35 a.m.			Soft Skill Training	Dr.Shelke	Soft Skill Training	Dr.Hotkar
10.40 a.m. to 11.25 a.m.			Dr.SNC	Dr.Asai	Dr.Hotkar	PEL Guidance
	13.01.2020	14.01.2020	15.01.2020	16.01.2020	17.01.2020	18.01.2020
9.00.a.m. to 9.45 a.m.	Soft Skill Training	Dr.Hotkar	Soft Skill Training	Dr.SNC	Soft Skill Training	Soft Skill Training
9.50 a.m. to 10.35 a.m.	Soft Skill Training	Dr.Kawade	Soft Skill Training	Dr.Shelke	Soft Skill Training	Soft Skill Training
10.40 a.m. to 11.25 a.m.	PEL Guidance	Dr.Asai	PEL Guidance	PEL Guidance	PEL Guidance	PEL Guidance
	20.01.2020	21.01.2020	22.01.2020	23.01.2020	24.01.2020	25.01.2020

9.00.a.m. to 9.45 a.m.	**Soft Skill Training**	**Dr.Shelke**	**Soft Skill Training**	**Dr.SNC**	**Soft Skill Training**	**Soft Skill Training**
9.50 a.m. to 10.35 a.m.	**Soft Skill Training**	**Dr.SNC**	**Soft Skill Training**	**Dr.Asai**	**Soft Skill Training**	**Soft Skill Training**
10.40 a.m. to 11.25 a.m.	**Dr.Asai**	**Dr.Hotkar**	**Dr.Kawade**	**Dr.Shelke**	**PEL Guidance**	**PEL Guidance**
	27.01.2020	**28.01.2020**	**29.01.2020**	**30.01.2020**	**31.01.2020**	
9.00.a.m. to 9.45 a.m.	**Physical Education Lesson**	**Inter School Lezim Competition**	**Soft Skill Training**	**Physical Education Lesson**	**Soft Skill Training**	
9.50 a.m. to 10.35 a.m.			**Soft Skill Training**		**Soft Skill Training**	

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2.4.3 Competency of Effective Communication is developed in Students through Several Activities
B.P.Ed. Programme (Second Year)
Year: 2019-20

Sr. No.	Activities	No. of Sessions	Duration with dates				Nature of Teacher	Nature of student participation
			Date	Time	Duration			
1.	Workshop sessions for effective communication	12 sessions	08.01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			10. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			13.01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			15. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			17. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			18. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			20. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			22. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			24. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			25. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			29. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			31. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
2.	Simulated sessions for practicing communication in different situations	04 sessions	10. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			17. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			24. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			31. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
3.	Participating in Institutional activities as 'anchor', discussant' or rapporteur'.	02 sessions	18. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			25. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
4.	Classroom teaching learning situations along with teacher and peer feedback	02 sessions	22. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee
			29. 01.2020	9.00a.m. to 9.45 a.m. 9.50a.m. to 10.35 a.m.	45 min. 45 min.	90 min.	Visiting Faculty	B.P.Ed Teacher Trainee

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2.4.3 Competency of Effective Communication is developed in Students through Several Activities
B.P.Ed. Programme (First Year)
Year: 2019-20

Sr. No.	Activities	No. of Sessions	Duration with dates			Nature of Teacher	Nature of student participation
			Date	Time	Duration		
1.	Workshop sessions for effective communication	04 sessions	02.01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee
			03. 01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee
			04.01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee
			06. 01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee
2.	Simulated sessions for practicing communication in different situations	01 session	03. 01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee
3.	Participating in Institutional activities as 'anchor', discussant' or rapporteur'.	01 session	04.01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee
4.	Classroom teaching learning situations along with teacher and peer feedback	01 session	06. 01.2020	2.0p.m. to 3.00 p.m.	60 mins.	Visiting Faculty	B.P.Ed Teacher Trainee

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Name of the Student: Sachin Sahenrao Ahire **Roll No. 44**

The Harris-Benedict formula (BMR based on total body weight)

The Harris Benedict equation is a calorie formula using the factors of **height**, **weight**, **age**, and **sex** to determine basal metabolic rate (BMR).

Men: BMR = 66 + (13.7 X **wt in kg**) + (5 X **ht in cm**) - (6.8 X **age in years**)

Women: BMR = 655 + (9.6 X **wt in kg**) + (1.8 X **ht in cm**) - (4.7 X **age in years**)

Note: 1 inch = 2.54 cm.

1 kilogram = 2.2 lbs.

Activity Multiplier

Sedentary = BMR X 1.2 (little or no exercise, desk job)

Lightly active = BMR X 1.375 (light exercise/sports 1-3 days/wk)

Mod. Active = BMR X 1.55 (moderate exercise/sports 3-5 days/wk)

Very active = BMR X 1.725 (hard exercise/sports 6-7 days/wk)

Extra. Active = BMR X 1.9 (hard daily exercise/sports & physical job or 2 X day training, i.e marathon, contest etc.)

Case 1:

Name : Sanjay Sharma

Age : 26

Gender : Male

Height : 168 cm.

Weight : 60

Men: BMR = 66 + (13.7 X **wt in kg**) + (5 X **ht in cm**) - (6.8 X **age in years**)

BMR = 66 + (13.7 X **60 kg**) + (5 X **168 cm**) - (6.8 X **26 years**)

= 66 + 822 + 840 – 136

= 1728 – 136

= 1592 Calories/Day

Total Daily Energy Expenditure (TDEE)

Your BMR is 1592 calories per day

Your activity level is moderately active (work out 6-7 times per week)

Your activity factor is 1.55

Your TDEE = 1.55 X 1592 = 2075 calories/day

TDEE = 2746.2

Name of the Student: Urusa Saquib Khan **Roll No. 17**

Waist to Hip Ratio (WHR)

- Individuals who deposit excess body fat over the trunk area appear to be at greater health risk than those who deposit it over the hips and thighs. W/H ratios above 0.95 (for men) or 0.86 (for women) are associated with greater risk for the development of such diseases as hypertension, type 2 diabetes, hyperlipidemia, and coronary artery disease.
- **Equipment Required:** tape measure
- **Description / Procedure:** A simple calculation of the measurements of the waist divided by the measurement of the hips.
- **Formula:**

$$\text{WHR} = \frac{\text{Waist circumference (cm or inches)}}{\text{Hip circumference (cm or inches)}}$$

- **Scoring:** The table below gives general guidelines for acceptable levels for hip to waist ratio. You can use any units for the measurements (e.g. cm or inches), as it is only the ratio that is important.
- **Target Population:** This measure is often used to determine the coronary artery disease risk factor associated with obesity.
- **Advantages:** A simple measure that can be taken at home by people to monitor their own levels.
- **Other Comments:** The basis of this measure as a coronary disease risk factor is on the assumption is that fat stored around the waist poses a greater risk to health than fat stored elsewhere.

Waist Circumference cm (in)		
Risk Category	Females	Males
Very low	<70 cm (<28.5 in)	<80 cm (31.5 in)
Low	70 – 89 (28.5 – 35.0)	80 – 99 (31.5 – 39.0)
High	90 – 109 (35.5 – 43.0)	100 – 120 (39.5 – 47.0)
Very	>110 (>43.5)	>120 (47.0)

➢ WHR <1 - Gynoid deposition of fat (pear shaped) and reduced risk of diseases	➢ WHR >1 - Android deposition of fat (apple shaped) and increased risk of diseases

Case 1:

Name	: Nilesh Sadgir
Age	: 26
Gender	: Male
Height	: 70
Wight	: 93

$$\text{WHR} = \frac{\text{Waist circumference (cm or inches)}}{\text{Hip circumference (cm or inches)}}$$

$$\text{WHR} = \frac{70}{93}$$

$$\text{WHR} = 0.75$$

Name of the Student: Ram Motilal Gupta **Roll No. 55**

Body Mass Index

- **Body Mass Index or BMI** is calculated by taking a person's weight in kilograms and dividing it by his/her height in meters squared. For instance, if your height is 1.82 meters, the divisor of the calculation will be (1.82 * 1.82) = 3.3124. If your weight is 70.5 kilograms, then your BMI is 21.3 (70.5 / 3.3124).
- To calculate your BMI using weight in pounds and height in inches, either convert the English measurements to metric units or use the following formula.
- weight (pounds) x 705 ¸ height (inches)¸ height (inches)
- **Correct Use of BMI**: BMI uses a weight to height ratio to estimate critical fat values at which the risk of disease increases. In truth, BMI does not calculate a percent body fat value, but a number indexed against disease risk. However, the most common uses do not index BMI against risk. You will find both methods in the scoring section below.
- The higher the figure the more overweight you are. Like any of these types of measures it is only an indication and other issues such as body type and shape have a bearing as well. Remember, BMI is just a guide - it does not apply to elderly populations, pregnant women or very muscular athletes.
- **Description / Procedure**: BMI is calculated from (M) and (H).
  BMI = M / (H x H), where M = body mass in kilograms and H = height in meters.
  The higher the score usually indicating higher levels of body fat.
- **Equipment Required**: scales and a yard stick or tape measure for determining weight and height.
- Target Population: BMI is often used to determine the level of health risk associated with obesity.
- **Scoring:** Predicted Body Fat Percentage based on Body Mass Index *

BMI(kg·m^{-2})	**Health Risk**	**20 – 39 yr**	**40 – 59 yr**	**60 – 79 yr**
Males				
< 18.5	Elevated	< 8%	< 11%	< 13%
18.5 – 24.9	Average	8% - 19%	11% - 21%	13% - 24%
25.0 – 29.9	Elevated	20% - 24%	22% - 27%	25% - 29%
> 30	High	≥ 25%	≥ 28%	≥ 30%
Females				
< 18.5	Elevated	< 21%	< 23%	< 24%
18.5 – 24.9	Average	21% - 32%	23% - 33%	24% - 35%
25.0 – 29.9	Elevated	33% - 38%	34% - 39%	36% - 41%
> 30	High	≥ 39%	≥ 40%	≥ 42%

Case 1:

Name	: Kamle Smita
Age	: 23
Gender	: Female
Wight in Kg	: 55
Hight in Meter	: 162

$$BMI = \frac{\text{Wight in Kg.}}{\text{Hight in Meter}^2}$$

$$BMI = \frac{55}{1.62 \text{ x } 1.162 \quad 3.24}$$

BMI = 16.97

Name of the Student: Sapna Khedkar **Roll No. 34**

Blood Pressure Measurement

Resting Blood Pressure

- **Position**
  - Seated in upright position
  - Feet flat on floor
  - Left arm resting on table with elbow flexed
  - Conversation is discouraged
- **Equipment**
  - Sphygmomanometer, stethoscope, cuff
- **Procedure**
  - Cuff around upper portion of left arm approximately heart level
  - Close air on bulb
  - Pump up to 200 mmHg
  - Stethoscope placed on antecubital space below the cuff
  - Slowly release air from cuff
- **Reading**
  - Systolic pressure: first distinctive sound
  - Diastolic: complete disappearance of sound
  - Record in mmHg indicated on Sphygmomanometer scale

B.P. Classification for18 Yrs & Older

CATEROTY	SBP		DBP
Optimal	<120	and	<80
Normal	120-129	and	80-84
High normal	130-139	or	85-89
HYPERTENTION			
Stage 1	140-159	or	90-99
Stage 2	160-179	or	100-109
Stage 3	> 180	or	> 110

Case 1:

Name : Kamle Smita
Age : 23
Gender : Female
Wight in Kg : 55
Hight in Meter : 162

BOMBAY PHYSICAL CULTURE ASSOCIATION'S
COLLEGE OF PHYSICAL EDUCATION
BHARATIYA KRIDA MANDIR, WADALA, MUMBAI – 400031

M.P.Ed. PART- II , SEMESTER : III, COURSE: IX

ADVANCE COACHING LESSON

APPLIDE YOGA IN PHYISICAL EDUCATION AND SPORTS

NAME OF THE STUDENT TEACHER: JAISWAR SANJEEV BALCHANDRA

ROLL NO : 11

ACTIVITY / SKILL: YOGA, Ardha Matsyendrasana

EQUIPMENTS: YOGA MAT

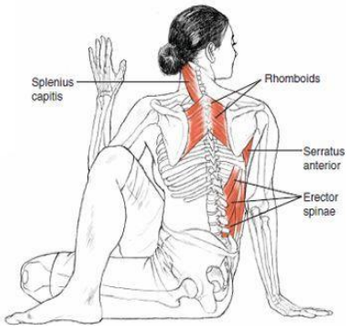
TEACHING AIDS: DIGRAM YOGA POSTURE

OBJECTIVE: TO THEACH Ardha Matsyendrasana

STEPS &TEACHING POINTS	DURATION	OBJECTCTIVES	PROCEDURE (TEACHERS AND STUDENTS ROLE)	DO'S AND DON'TS (BENEEFIT'S)	CLASS FORMATION
I-- INTRODUCTION					
Assembly and prayer गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरा गुरुर्साक्षात परब्रह्म तस्मै श्री गुरवे नमः ॐ...., शांति... शांति... शांति: ... **PRACTICE ASANA:** **vakrasana**	1 minutes	Prayer Creates rhythm in the body and leads to the peace of mind	Teacher first takes attendance of students. He will report to his teacher and take permission for the lesson. Students are advices to take comfortable seating posture and recite prayer collectively. Teacher tells students to practice previous learned skills i.e… Teacher guides for the same. Students perform the asana as per their capacity	Maintain silence Eyes closed Sit straight Try to concentrate. Practice as per your capacity Don't give additional pressure. Avoid jerky movements	@ @ @ @ @ @ @ @ @ @ @

Appendix 28

STEPS &TEACHING POINTS	DURATION	OBJECTCTIVES	PROCEDURE (TEACHERS AND STUDENTS ROLE)	DO'S AND DON'TS (BENEEFIT'S)	CLASS FORMATION
II-MAIN PART					
1.Verbal Introduction about new practice **2**. Demonstration **2.1** Whole Method **2.2** Part By Part Methods **2.3** Group Practice **2.4** Individual Practice	10 Minutes	To Teach Ardha Matsyendrasana To give the students a complete idea of how this asana has how to be done. This makes it casier to perform better.	There are different classification of asana's.(according to movements in spine) sone of them are: Sitting, ii) Standing, iii) Bending, iv) Supine/Prone Today we will see Ardha Matsyendrasana . It is nature. The asana is also culture asana. Teacher first demonstrates Ardha Matsyendrasana in whole then part by part method.Students perform the asana as per their capacity the asana and perform better Ardha Matsyendrasana The Ardha Matsyendrasana steps are very simple and easy to follow. When done correctly, this yoga has the power to transform your body.	Practice as per your capacity. Don't give additional pressure. Avoid jerky movements. **Useful hints** 1) Start it after sufficient practice in vakrasana. 2) Avoid sitting on hell. 3) Keep the trunk erect. 4) If it is difficult to catch hold of the thigh, place the hands on the ground at the back to get a better twist. While performing the Ardha Matsyendrasana steps, ensure that you are very slow while performing this asana since fast movements can hurt your neck or your lower back. The Ardha Matsyendrasana procedure must be followed in the proper manner. While practicing the seated twist, another key	

			Technique • Sit with legs extended. • Set the right heel at the perineum. • Place the left foot on the right side of the knee the toes and turn the neck to left. • Cross the right hand over the left leg and take hold of the toes and turn the neck to left. • Turn the trunk and neck to the left and taking left hand over the back hold at the right thigh. • Release the pose. • Repeat the asana on the other side changing legs and hands.	thing to keep in mind is breathing. When you twist the body into the final pose, make sure you breathe out. Exhaling will help you bend more. Once you have exhaled completely and have found your balance in the twist, start breathing normally. When untwisting and reverting to the original posture, inhale slowly and deeply. Ardha Matsyendrasana Benefits Ardha Matsyendrasana Yoga benefits both the mind and body. Here's how: 1. Helps in the agility of the spine. 2. The poses and postures of this yoga elongate the spine. 3. Restoration of the natural alignment of the spine. 4. Releases the lower back muscles and provides relief from lower back pain. 5. Aids in maintaining normal rotation of your spinal cord.	 

STEPS &TEACHING POINTS	DURATION	OBJECTCTIVES	PROCEDURE (TEACHERS AND STUDENTS ROLE)	DO'S AND DON'TS (BENEEFIT'S)	CLASS FORMATION
III-CONCLUDING PART					
1. Relaxation **2. Discussion** **3. Recitation Chanting or** ॐ....., ॐ....., ॐ..... **4. Dismissal** **2. Demonstration** **2.1 Whole Method** **2.2 Part By Part Methods** **2.3 Group Practice** **2.4 Individual Practice**	1 Minutes 1 Minutes 1 Minutes 1 Minutes	To relax body and mind To solve queries by students To control over the mind with the help of sound. To allow students for next class To give the students a complete idea of how this asana has how to be done, This makes it easier to perform better.	Teacher tells students to perform shavasana for relaxation. Student performs same. Teacher observe students. Student asks their doubt to teacher and teacher give answer to their queries. Teacher tells students to recite Om Shanti Om before that he explain how to recite. Inhale first and when teacher tell to start all of us together start. Short Om And Long Shanti Shanti... Teacher takes permission from observer for dismiss the class and class and ends the class.	Observe breathing Feel the shanti shanti	@ @ @ @ @ @ @ @ @ @ @

Signature:- (1) _____ **(2)** _____ **(3)** _____

2.4.6

Appendix 29

Maharashtra State Amateur Aquatic Association

Affiliated to

SWIMMING FEDERATION OF INDIA & MAHARASHTRA OLYMPIC ASSOCIATION

Mr. Sudhakar Shanbhag
President
Radha kunj, Behind Bhuvikas Bank
Daulat Nagar, Satar - 415001,
Cell : 9422038768
E-mail : ksudhakar.shanbhag@gmail.com

REG. NO. E9237

Mr. Rajendra Palkar
Hon. General Secretary
18/B, 405, Ajinkya C.H.S., Bimbisar Nagar,
Near Mahananda Dairy, Goregaon (E),
Mumbai- 400 065 . Cell : 09322862062
E-mail : rajupalkar@gmail.com

To,
The Principal
BPCA College of Physical Education
Mumbai

February 16, 2020

Dear Sir,

Ref: 58th Sunk Rock – Gateway Sea Swimming Race 2020

This refers to our 58th Sunk Rock – Gateway Sea Swimming Race 2020.

We request you to make available ten (10) number of student of your college for official work for our aforesaid sea swimming race 2020 to be held on March 1, 2020. The details of the race is as under:

Venue: Gateway of India, Mumbai
Date: March 1, 2020
Reporting Time: 7.30 am at Gateway of India

We will provide them snacks and lunch at the venue.

We solicit your co-operation for successfully conducting the aforesaid race.

Please feel free to call me for any clarification on 9322862062.

Thanks and Regards,

For Maharashtra State Amateur Aquatic Association

RPalkar

Rajendra Palkar
Hon. Gen. Secretary

Dr. RPD
do the need full
as discussed

VICE PRESIDENT
Shri. Anand Mane(Kolhapur) 9822198002
Dr. Laxmikant Khandagale (Amravati) 9422680991
Shrii. Bhaskar Kulkarni (Sangli) 8550992752
Shri. Vijay Aaghao (Aurangabad) 9823022893

JOINT SECRETARY
Shri. Ghanshyam kuvar (Nashik)
Smt. Manisha Bedge (Ratnagiri)

TREASURER
Shri. Pandurang Mhatre (Raigad)

COMMITIEE MEMBER
Shri. Anil Parchure (Akola)
Shri. Ravindra Jamjare (Bhandara)
Shri. Manoj Vyawahare (Buldana)
Shri. Chetan Mankar (Gondia)
Shri. Pravin Lamkhade (Nagpur)
Shri. Nandan Vartak (Palghar)

COMMITIEE MEMBER
Shri. Rajesh More (Thane)
Shri. Ramdas Dhamale (Ahmednagar)
Shri. Sanjay Shinde (Washim)
Shri. Dhananjay Phadke (Parbhani)
Shri. Sunil Uike (Wardha)
Shri. Hruday Bagwe (Mumbai Upnagar)
Shri. Shrikant Balki (Chandrapur)

विभागीय उप-आयुक्त,
महिला व बाल विकास विभाग, कोकण विभाग

पत्रव्यवहाराचा पत्ता -
विश्वधन को-ऑप.हौ. सोसा.लिमिटेड,
शांती बिल्डींग, बी-विंग, सदनिका नं. ०५/०६,
सर्वोदय पार्श्वनाथनगर, जैन मंदीर रोड,
मुलूंड (प.), मुंबई-८०

☎ फोन क्रमांक. ०२२ / २५९१७६५५
✉ E-mail-divkokan@gmail.com
ddcwcdkokan@gmail.com

जा.क्र.विउपआकोवि/बावि/बालगृह/बालमहोत्सव/२०१९-२०/ १२० दिनांक १०/१/२०२०

Received On 22.1.2020
Inward No 76
Files Name permission file

प्रति,
मा.प्राचार्य,
शारीरिक शिक्षण महाविद्यालय,
वडाळा शिवडी
मुंबई.

विषय -दिनांक १९,२० व २१ जानेवारी २०२० रोजी होणा-या विभागीय चाचा नेहरू बाल महोत्सव कार्यक्रमात होणा-या क्रिडा स्पर्धेकरीता आपल्या महाविद्यालयातील शारीरिकशिक्षण तज्ञ उपलब्ध करुन देणेबाबत

संदर्भ - १) शासन निर्णय क्र.बालगृ-२०१२ /प्र.क्र.१६४/का-३ मंत्रालय मुंबई ३२ दि.४डिसेंबर२०१२
२) शासन निर्णय क्र.बामेवा-२०१३ /प्र.क्र.१६१/का-३ मंत्रालय मुंबई ३२ दि.२ नोव्हेंबर २०१३
३) शासन निर्णय क्र.संकीर्ण-२०१६ /प्र.क्र.११३/का-०३ दिनांक १८ सप्टेंबर २०१७

महोदय,

उपरोक्त विषयास अनुसरून सादर करण्यात येते की, वरिल संदर्भिय शासन निर्णयान्वये , राज्यातील सर्व मुले व प्राधान्याने बाल कल्याण क्षेत्रात कार्यरत असलेल्या शासकीय / स्वयंसेवी संस्थामध्ये पुनर्वसनासाठी दाखल झालेल्या अनाथ निराधार उन्मार्गी मुलांमधील सुप्त गुणांना वाव देवून त्यांच्यात एकमेकांविषयी बंधुभाव, सांघीक भावना निर्माण होण्यासाठी **विभागीय स्तरावरील चाचा नेहरू बाल महोत्सवाचे** आयोजन **दिनांक १९,२० व २१ जानेवारी २०२० रोजी दि चिल्ड्रेन्स एड् सोसायटी संचलित डेव्हिड ससुन आदैयोगिक शाळा, ८३, टि.एच.कटारीया मार्ग माहिम मुंबई-१६** येथे आयोजन करण्यात आलेले आहे.

सदर चाचा नेहरू बाल महोत्सवात कोकण विभागातील मुंबई शहर, मुंबई उपनगर, ठाणे, पालघर, रायगड, रत्नागिरी, सिंधुदुर्ग या सात जिल्हयातील स्पर्धामधुन विजयी झालेले सुमारे १५०० प्रवेशित (मुले व मुलींचा लहान गट व मोठा गट) बाल महोत्सवात सहभागी होणार आहे. या महोत्सवात वैयक्तीक स्पर्धा - प्रथम, व्दितीय व तृतीय क्रमांक व सांघिक स्पर्धामधील प्रथम, व्दितीय, व तृतीय क्रमांकाचे विजयी स्पर्धकांचा समावेश राहिल. यामध्ये वैयक्तीक स्पर्धा- १०० मी. धावणे, कॅरम, बुद्धीबळ, वक्तृत्व, कविता वाचन, निबंध, चित्रकला, हस्ताक्षर व शुद्धलेखन, गोळा फेक, भाला फेक, उंच उडी, लांब उडी, थ्रो बॉल,तसेच सांघिक स्पर्धा-खो-खो, कबड्डी, ४०० मी.रिले, समुहगीत व सांस्कृतिक कार्यक्रम इत्यादींचा समावेश आहे.

सदर खेळाकरीता तज्ञ पंचाची आवश्यकता आहे. तरी वरील प्रमाणे नमुद स्पर्धांकरीता पंच कमिटीस आपल्या महाविद्यालयातील ४० शारीरिक शिक्षण तज्ञ उपलब्ध करुन दयावेत ही विनंती.

आपला विश्वासू

(राहुल मोरे)
विभागीय उप-आयुक्त
महिला व बाल विकास, कोकण विभाग
मुलूंड (प.),मुंबई-८०

प्रत- १) मा. आयुक्त, महिला व बाल विकास, महाराष्ट्र राज्य पुणे-१ माहितीस्तव सविनय सादर

निकेत काये 9923469805

Permission file
20-01-2020

District Women & Child Development Officer Office, Mumbai Upanagar Dist.
New Administrative Building, 1st floor, R. C. Marg, Chembur, Mumbai, Maharashtra 400071
E-Mail:- wcd_mumpanagar@rediffmail.com Phone No.022-25232308

O.W.DWCDO/ Balmohtsav /2019-20/ 2031 Date :- 04 /12/2019

To,

The Principal,

B.P.C.A'S College of Physical Education

Wadal, Mumbai- 400 031

Sub:- Request to Provide Officiates for the **'ChaCha Nehru Balmohotsav 2019' being organize by Women & Child Development Department Mumbai Suburban**

Respected Sir,

We are Organizing the **'ChaCha Nehru Balmohtsav 2019'** from 10th December, 2019 to 17th **December,2019** in which approximate 30 Orphanages from Suburban Mumbai city will participate. The purpose of this Balmohotsav is to develop brotherhood & sportsmanship amongst underprivileged boys & girls.

Please provide us the Following required number of officiate

EVENTS	OFFICIATES	EVENTS	OFFICIATES
100 Mtrs Running	2 Boys &2 Girls	Volley Ball	5 Boys
4 X 100 Mtrs Relay	2 Boys & 02 Girls	Tug of War	2 Boys
Shotput	3 Boys	Carrom	2 Boys] ?
Kabaddi	3 Boys &3 Girls	Chess	2 Boys]
Kho-Kho	3 Boys &2 Girls	Langadi	5 Boys

Total **38 Nos**

We will be going to provide them T.A. Food (Tea, Break Fast, Lunch, Snacks),& Certificate from the Department

Venue :- Chembur Children's Home Mankhurd, Anushakti Nagar, Opp BARC Bus Depo, Mankhurd, Mumbai-94

Reporting Timing :- 8.30 A.M. to 5.00 P.M.

Thanking You,

Yours Faithfully,

(Shobha Shelar)
District Women & Child Development Office
Mumbai Suburban

Dist. Women & Child Dev. Officer
Mumbai Suburban District

Accountant
9702521635

8850051040
9359180256

जिल्हा महिला व बाल विकास अधिकारी कार्यालय, मुंबई उपनगर
प्रशासकीय इमारत २, १ला मजला,आर.सी. मार्ग, चेंबूर, मुंबई ४०००७१
E mail : wcd_mumupanagar@rediffmail.com ph.no.022- 25232308

जा.क्र.जिमबाविअ/कौ.हिं.अनि/२०१९-20/ २०३) दिनांक: ०२/१२/२०१९

Received On 20.1.2020
Inward No. 72
Files Name Permission file

प्रति,
मा.प्राचार्य,
बी.पी.सी.ए कॉलेज ऑफ फिजिकल एज्युकेशन,
वडाळा, मुंबई -३१

विषय :- चाचा नेहरू बालमहोस्तव २०१९ -२० विविध क्रिडा स्पर्धासांठी पंच मिळणेबाबत.

संदर्भ :- महिला व बाल विकास शासन निर्णय क्र.बालगृह -२०१२/प्र क्र.१६४/का-३/ दि. ०४ डिसेंबर २०१२

महोदय,

उपरोक्त विषयान्वये आपणास कळविण्यात येते कि, महिला व बाल विकास विभागामार्फत बाल कल्याण क्षेत्रात कार्यरत असलेल्या शासकीय/स्वंयसेवी संस्थामध्ये पुनर्वसनासाठी दाखल असलेल्या अनाथ, निराधार उन्मार्गी मुलांमधील सुप्त गुणांना वाव देवुन त्यांचात एकामेका विषयी बंधुभाव, सांघिक भावना निर्माण होण्यासाठी सन २०१९-२० करीता चाचा नेहरू बाल महोत्सवाचे आयोजन दिनांक १० ते १२ डिसेंबर २०१९ या कालावधीत चेंबूर चिल्ड्रन होम, मानखुर्द येथे आयोजीत करण्यात आले आहे.

तरी सदर बालमहोस्तवामध्ये विविध क्रिडा प्रकार समावेशित असुन क्रिडा स्पर्धा यशस्वीरीत्या पार पाडण्यासाठी पंच म्हणुन आपल्या महाविद्यालयाकडुन २० पंच मिळावेत हि विनंती.

(शोभा शेलार)
जिल्हा महिला व बाल विकास अधिकारी,
मुंबई उपनगर, जिल्हा.
जिल्हा महिला व बाल विकास अधिकारी
मुंबई उपनगर जिल्हा

Mr. Mangesh Rane -9702521635
Accountant
Adity Birla Center For Welfare of Children
Chembur, Mumbai

Permission file

NAAC Reaccredited 3rd Cycle 'A' Grade (3.30 CGPA)
Certified with ISO 9001:2015 (QMS) & ISO 14001: 2015(EMS)
Best College Award Winner University of Pune

NUTAN VIDYA PRASARAK MANDAL'S
ARTS, COMMERCE & SCIENCE COLLEGE, LASALGAON

Affiliated to Savitribai Phule Pune University | Code No. : PU/NS/ASC/007/1967, UDIES No : 27201005811
PUN Code : CAAN017390 | College Code : 053 | Center Code : 027
Junior College Index No. : J.13.08.006 , HSC Vocational Index No. : J.13.08.903

Principal Dr. Dinesh Naik
Member-Senate,
Savitribai Phule Pune University

Ref. No. 582 /2019-20

Received On 10.1.2020 दि. ०८/०१/२०२०
Inward No. 68
File Name Permission file

मा.प्राचार्य ,
भारतीय क्रीडा मंडळाचे
शारीरिक शिक्षण महाविद्यालय,
वडाळा मुंबई-४

विषय-लेजीम व एरोबिक्क्स प्रकार शिकविण्यासाठी प्रशिक्षक उपलब्ध होणे बाबत

महोदय,

सर वरील विषयाच्या अनुषंगाने अशी विनंती करतो कि आमचे कला, वाणिज्य व विज्ञान महाविद्यालय , लासलगाव . येथे २६ जानेवारी निमित्त विविध क्रीडा प्रकारांचे प्रात्यक्षिके सादर केले जातात. त्यासाठी आपल्या महाविद्यालयातील प्रशिक्षणार्थी कु.अंकुश व्हलगडे आणि कु.विशाल कडाळे यांना आमच्या विध्यार्थ्यांना प्रक्षिक्षण देण्यासाठी १८ जानेवारी २०२० ते २६ जानेवारी २०२० या कालावधीत आमच्या महाविद्यालयात पाठवून उपकृत करावे हि विनंती.

आपल्या नेहमीच्या सहकार्याबद्दल धन्यवाद..

Permission file

डॉ.दिनेश नाईक
प्राचार्य
कला,वाणिज्य व विज्ञान महाविद्यालय
लासलगाव-४२२ ३०६(जि.नाशिक)

सोमनाथ परब

संगीत संचालन एक सूर एक ताल

दिनांक २/१२/१९ १३/अे आनंदाश्रम, दादासाहेब रेगे मार्ग, रोड नं. ३, शिवाजी पार्क, दादर, मुंबई ४०० ०२८. ✆ : २४४५ ५० ०२
मो : ९८२०७ ८३८०४ / ८१०८३०९४१८

प्रति,

मा. मुख्याध्यापक / मुख्याध्यापिका,

मुंबई शारिरीक शिक्षण महाविद्यालय, वडाळा.

विषय : रविवार, दिनांक २२ डिसेंबर २०१९ रोजी पद्मश्री कै .वसंत देसाई यांचा ४४वा स्मृतिदिन साजरा करणे बाबत

महोदय,

सातत्याने गेली ४३ वर्षे आपण भारताचे लाडके सुप्रसिद्ध संगीतकार पद्मश्री कै. वसंत देसाई यांचा ४४वा स्मृतिदिन यावर्षी ही रविवार, दिनांक २२ डिसेंबर २०१९ रोजी सकाळी ८.३० वाजता कै. वसंत देसाई चौक ,केळुस्कर मार्ग, समर्थ व्यायाम मंदिर शेजारी, शिवाजीपार्क, दादर येथे साजरा करणार आहोत. तरी या कार्यक्रमाला आपली उपस्थिती प्रार्थनीय आहे.तरी आपणांस विनंती आहे कि, दरवर्षी प्रमाणे आपल्या शाळेतील विदयार्थी पाठविण्याची व्यवस्था करावी. तसेच आपल्या शाळेतील विध्यार्थांकडून गाणी बसविण्याकरीता स्वतः संगीतकार श्री सोमनाथ परब व त्यांचे सहकारी आपल्या विद्यालयात येतील. आपल्या सोयीनुसार एखादी तारीख कळवावी.

या कार्यक्रमात मुंबईचे प्रथम नागरिक या नात्याने महापौर व अनेक जेष्ठ नागरिकही पुष्पांजली वाहण्यास उपस्थित राहणार आहेत.

कार्यक्रम सकाळी ८ .३० वाजता सुरु होईल. शाळेतील विदयार्थ्यांना कार्यक्रमाच्या ठिकाणी ठीक ८.०० वाजता पोहचविण्याची सोय करावी.तरीही या कार्यक्रमामध्ये वसंत देसाई स्वरांकित पुढील गीते सादर होणार आहेत.

१) ओम असतो मा २) हमको मनकी शक्ती देना ३) सबके लिये खुला है ४) जिंकू किंवा मरू

५) बलसागर भारत होवो ६) आज माझ्या विठ्ठलाचे ७) ए मलिक तेरे बंदे हम८) छडी लगे छम छम

टीप :१) आपण ह्या श्रद्धांजलीच्या कार्यक्रमात आपल्या विदयार्थ्यांना सहभागी करून कार्यक्रमाची शोभा वाढवावी.

२) आपल्या शाळेतील विद्यार्थ्यांची आणि शिक्षकांची संख्या कळविणे.

आपला नम्र ,

8.30 to 11.00

सोमनाथ परब

Dr J. Mohatkar

सोमनाथ परब

युवा कला मंच - एक सूर एक ताल, महाराष्ट्र

डा (स्त्री) आरसई सर 6-12-19

सोमनाथ परब
९८२०७८३८०४

कपेश पांचाळ
९८८७९७६३१९

सर्व शाळेतून येणार दि. २२ डिसेंबर सर्व विद्यार्थ्यांसह

GAYO FITNESS ACADEMY
Professional Education. Consulting. Management.

National Admin & Consulting Offices:
Fairlink Centre - 405A, 4th Flr, Plot B-64, Veera Ind. Est., Off Link Rd, Andheri (W), Mumbai - 400053. INDIA
Tel: +91 22 4924 0498 / 6694 3384 | info@gayofitnesseacademy.com
www.gayofitnesseacademy.com | www.facebook.com/gayofitnessacademy

June 21, 2019
BPCA-IPTC / 01

Received On 5-10-19
Inward No 55
Files Name Permission file

Dr. G. V. Pargaonkar – Principal,
BPCA's College of Physical Education,
Bharatiya Krida Mandir,
Naigaon Cross Road, Wadala, Mumbai - 400031

Subject: **Proposal to start joint conduct of Certificate Course in Pilates**

Dear Sir,

I propose that your esteemed College and Gayo Fitness Academy, jointly start a Diploma Program in "Integrated Pilates Teacher Course" (IPTC) under approval of the University of Mumbai.

In recent years, there has been increasing demand for professional knowledge in the distinctive exercise format of Pilates. In the Indian context, Pilates is the most appropriate form of exercise for the following reasons –

i) It does not require weight training
ii) It requires minimum space and equipment
iii) Is most well suited to the Indian psyche and fitness aspirations – fat loss, muscle tone, stamina and flexibility
iv) Pilates can be used as part of personal training, strength and conditioning, exercise therapy. It is useful for athletes, general fitness enthusiasts as also children and senior citizens

I am proud to state that we started the Pilates Teacher courses in India in 2008. However, with the rapid interest in Pilates and the demand for well qualified Pilates teachers, there is now need for university approvals.

We, BPCACPE and Gayo, both have the requisite faculty to jointly deliver the course curriculum. We have the privilege of having well qualified and experiences Master Trainers to teach Pilates.

I enclose herewith a tentative course outline for a 106-hours / 15-days long course leading to a Certification as Integrated Pilates Teacher.

I look forward to meeting and seeking your guidance in the way forward.

Yours faithfully,

Dilip Heble

Permission in file

FST functional strength training | ManTra Fitness & Exercise Psychology | IRA water fitness & conditioning | First Aid International | PLYOMETRICS For developing power & Agility | AST Advance Strength Training | KridaSan Sports Yoga | ISSA International Sports Sciences Association

MARWARI VIDYALAYA SANCHALIT

SMT. KAMALADEVI GAURIDUTT MITTAL COLLEGE OF ARTS & COMMERCE

Accredited by NAAC B+

Near Liberty Garden ,Nahar Nagar Malad (W), Mumbai – 400 064.

Tel. No. 2882 1673 .Tele fax: 2882 2452. **E-mail:** mittalcollege@rediffmail.com

Date : 18th Jan,2020

No. 287/2019-20

To,
The Principal
B.P.C.A'S
College of Physical Education
Wadala,

Respected Sir/Madam,

Sub: Request to depute your teachers as Referees for our Annual Sports Meet.

With reference to the above subject, I have to kindly request you to depute eight teachers from your college to act as referees for our Annual Sports Meet on 23.01.2020 from 8.30 a.m. to 2.00 p.m. at Prabhodhankar Kridhabhavan,Goregaon West, Mumbai.

Thanking you in anticipation,

PRINCIPAL
SMT.K. G. MITTAL COLLEGE OF ARTS & COMMERCE
Nahar Nagar, Near Navy Nagar,
Malad (West), Mumbai - 400 064

Permission All
20/3/2020

MUMBAI CITY DISTRICT VOLLEYBALL ASSOCIATION

(AFFILITED TO MAHARASHTRA STATE VOLLEYBALL ASSOCIATION)
REGISTERED UNDER SOCIETY REGISTRATION ACT XXI 1860 &
BOMBAY PUBLIC TRUST ACT AT XXIX OF 1950 | Reg. No. F-16451

OFFICE : BHARATIYA KRIDA MANDAL, NAIGAON, CROSS ROAD, WADALA, MUMBAI - 400071.

CHIEF PATRON
RAJULI SHEWALE (M.P.)

PRESIDENT
SANJAY B. SHETE

VICE PRESIDENT
RAJESH PUNJABI
DINESH MORE

GENERAL SECRETARY
SANJAY NAIK
9898229828
9869023505

TREASURER
BALA IYER
9892424854

JT. SECRETARY
S.D. ACHAREKAR
9869275854

COMM. MEMBER
B.B. LAD
NIS AHEMAD
MITHELISH KUMAR
M.K. RAO
TALARA N. SHIVLING
NIKUNJ LAKHANI

प्रति

दिनांक २४/०२/२०२०

प्राचार्य

भारतीय विद्या मंदिर बी पी एड कॉलेज वडाळा

विषय -- मुंबई महापौर चषक जिल्हास्तरीय व्हॉलीबॉल स्पर्धेचे आयोजन २०२०

मा. महोदय

मुंबई शहर जिल्हा व्हॉलीबॉल संघटना व मुंबई महानगरपालिका यांच्या संयुक्त विद्यमाने मुंबई महापौर चषक जिल्हास्तरीय व्हॉलीबॉल स्पर्धेचे आयोजन दिनांक २७/०३/२०२० ते २९/०३/२०२० भारतीय विद्या मंदिर बी पी एड कॉलेज वडाळा मुंबई येथे घेण्याचे ठरविले आहे. सदर सामने प्रकाशझोतात खेळवले जाणार आहेत.

तरी आपणास विनंती करण्यात येते की वरील महापौर चषक स्पर्धेसाठी परवानगी देण्यात यावी ही विनंती

संजय रा नाईक
सचिव
मुंबई शहर जिल्हा व्हॉलीबॉल संघटना

GENERAL SECRETARY
Mumbai City District Volleyball Association

Permission file

Report

Use of Authentic Assessment Technique

Name of the Program	MPEd
Name of the Course	Measurement and Evaluation in Physical Education and Sports
Topic	Construction of Knowledge Test
Name of the faculty	DR.K.K.Asai
Date of Assessment	23 March 2021
Details	Assignment 2 Knowledge test construction Following points should be included in assignment 2 1. Objective 2. Target population 3. Blueprint or Content area of knowledge test 4. Questions 5. Item Analysis of All question 6. Find out validity and reliability of the test
Marks	10
Observations	Students apply their knowledge in realistic situation Students are able to establish validity, reliability and objectivity of test

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Report

Use of Authentic Assessment Technique

Name of the Program	BPEd
Name of the Course	Measurement and Evaluation in Physical Education and Sports
Topic	Different tools of Evaluation
Name of the faculty	Dr. G. K. Dhokrat
Date of Assessment	13 September 2019
Details	There are two types of evaluation technique 1. Traditional 2. Authentic In Authentic technique focus is on application of knowledge or performance. So we decided in class that students should organize an exhibition. Students are divided into smaller groups. Students prepared their station and displayed it on 13 September 2019. Students displayed information on different sports like shooting, boxing, soccer, cycling etc. and also some evaluation equipment like fat %, heart rate monitor, skinfold calliper etc. Students are evaluated by their classmates basis on given criteria
Marks	10
Observations	Students enthusiastically participated in the They are explaining their station very well. Some students displayed information on the chart paper. All students are self-motivated and enjoy this activity very much.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Report

Use of Authentic Assessment Technique

Name of the Program	MPEd Semester IV (2019-21)
Name of the Course	Testing physiological variables
Name of the faculty	Dr.K.J.Maru
Date of Assessment	10th-14th October 2019
Details	Each student has to prepare report on various aspects of physiology such as blood pressure, fat percentage, and respiratory rate and conduct the test of the same. They should submit the report on or before 14 October 2019
Marks	10
Observations	Most of the student conducted the test appropriately and prepare the test wise data. During testing some of the student finds it difficult to calculate fat percentage manually. The teacher in charge help them to understand the manual method of calculating the fat percentage. Some students learn to measure the BP for the first time. All the student submitted the report as per the format provide by the institution.

PRINCIPAL
B. P. C. A.'S
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Wadala, Mumbai - 400 031.

Report

Use of Authentic Assessment Technique

Name of the Program	MPEd Semester I (2020-22)
Name of the Course	Research in Physical Education & Sports
Name of the faculty	Dr.N.O.Joshi
Date of Assessment	5TH-12TH Jan 2021
Details	In this assignment you have to work in your group and identify a research problem statement. You need to write the research title, research aim and objectives, hypothesis, delimitations, limitations, assumptions, list of variables with types... Submit the document in classroom and make a presentation and present it on Saturday.
Marks	10
Observations	All the groups collaborated on the project, prepared power point presentations on the topics chosen and presented. Each member of the group participated & presented in the seminar. Following the presentation, question answer and discussion took place. Feedback was provided after each presentation.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Report

Use of Authentic Assessment Technique

Name of the Program	BPEd Semester II (2016-18)
Name of the Course	Personality Development & soft skills
Name of the faculty	Dr.S.N.Chougule
Date of Assessment	5/2/2019 to 18/2/2019
Details	Mock interview- All the students were trained for appearing for job interview. All the students were given practice for communication skills, presentation skills and document/resume/portfolio making. Each day a batch of students appeared for interview and presented the portfolio as well. They were informed about the likely interview questions. During the class, discussion on how to answer the probable interview questions was done Details Assessment criteria was informed to the students in advance. i. Portfolio completion ii. Clarity of expression iii. Answers well thought out iv. Non-verbal communication v. Self-knowledge & expression vi. Confidence vii. Comfort level viii. Attitude & demeanor ix. Diction& pronunciation x. Overall impression
Marks	10
Observations	1. Most of the students had prepared the portfolio quite well. 2. English medium students could fare quite well in the English conversation during interview. 3. Lot of students tried to speak in English during the interview. Marathi medium students had some difficulty in fluently expressing their thoughts in English. 4. More practice & improving communication/presentation skills needs to be done. Observations 5. More deliberate practice& opportunities need to be given to students.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Report

Use of Authentic Assessment Technique

Name of the Program	BPEd Semester IV (2017-19)
Name of the Course	Co-Curricular activity – use of waste
Name of the faculty	DR.J.M.Hotkar
Date of Assessment	September 2017
Details	During S-G training camp these student were divided into various patrols they were assign to prepare models / craft using waste materials. They were given necessary accessories needed to model/ craft they were given time of five days to complete the task. Students prepare innovative, colourful and attractive models / craft by using the waste. The models/craft prepared by student were kept for exhibition on the concluding day of the S-G training camp. The model and craft created by the student appreciated by the guest visited to the training camp.
Marks	Non evaluative assignment
Observations	1. All the groups enthusiastically participated in the project and created models. During the exhibition, they presented their ideas and also answered questions posed if any. 2. Almost all the teachers appreciated the efforts of BPEd students.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Report

Variety of Assignments given & assessed

(Library Work)

Name of the Program	BPEd Semester III (2019-21)
Name of the Course	Health Education and Nutrition
Name of the faculty	Dr.K.K.Asai
Date of Assessment	21th &31st Jan 2020
Details	Subject teacher shared the student's reference books from the library and Student Peer group was prepared and each group was given a specific topic on school health services. The students had to prepare for the topic and verbal presentation of the | topic was to be done by students in the class. They were questioned and assessed by other peer groups along with the subject teacher.
Marks	No marks-Qualitative assessment
Observations	Some of the students from peer groups showed little interest in collecting information about the topic, while most were serious about the work given. Better verbal presentations done by the students. Students felt it difficult to put the detailed topic into precise words.

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI – 400 031.

Report

Use of Authentic Assessment Technique

Name of the Program	MPEd
Name of the Course	Measurement and Evaluation in Physical Education and Sports
Topic	Construction of Knowledge Test
Name of the faculty	Dr. K. J. Maru
Date of Assessment	23 March 2021
Details	Assignment 2 Knowledge test construction Following points should be included in assignment 2 1. Objective 2. Target population 3. Blueprint or Content area of knowledge test 4. Questions 5. Item Analysis of All question 6. Find out validity and reliability of the test Note: Assignment should be written on a Google doc or Microsoft word
Marks	10
Observations	Students apply their knowledge in realistic situation Students are able to establish validity, reliability and objectivity of test

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Signature of Course In Charge

Report

Use of Authentic Assessment Technique

Name of the Program	BPEd
Name of the Course	Course 301 Measurement and Evaluation in Physical Education and Sports
Topic	Different tools of Evaluation
Name of the faculty	
Date of Assessment	13 September 2019
Details	There are two types of evaluation technique 1. Traditional 2. Authentic In Authentic technique focus is on application of knowledge or performance. So we decided in class that students should organize an exhibition. Students are divided into smaller groups. Students prepared their station and displayed it on 13 September 2019. Students displayed information on different sports like shooting, boxing, soccer, cycling etc. and also some evaluation equipment like fat %, heart rate monitor, skinfold calliper etc. Students are evaluated by their classmates basis on given criteria
Marks	20
Observations	Students showed a very effective display in the exhibition. They are explaining their station very well. Some students displayed information on the chart paper. All students are self-motivated and enjoy this activity very much.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Signature of Course In Charge

Report

Use of Authentic Assessment Technique

Name of the Program	BPEd Semester III (2017-19)
Name of the Course	103 Learning to teach Physical Education (LTPE)
Name of the faculty	
Date of Assessment	September 2017
Details	Model- Sport equipment room (group project) & exhibition BPEd Semester 1 division B students were divided in group of 4-5 students each. After the theoretical component of creating learning environment was discussed, they were also asked to make a model of a sports equipment/sports & PE room. Information about how the store room is set up was given and students were provided the required resources. Students worked in groups and created the project model. All the models prepared by the students were kept on display in the exhibition held in library. Teachers, other students also visited the exhibition and the project leaders presented their work. All the models were creative and made mostly from waste and reusable material.
Marks	Non evaluative assignment
Observations	1. All the groups enthusiastically participated in the project and created models. During the exhibition, they presented their ideas and also answered questions posed if any. 2. Almost all the teachers visited the exhibition and appreciated the efforts. BPEd and MPEd students benefited from this activity.

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Signature of Course In Charge

Appendix 31 A

B. P. C. A's

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI – 400 031.

YEAR 2016-17

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance from college
1	Sahakar Nagar Municipal School (Marathi, Hindi and English Medium), Sahakar Nagar, Wadala (W)	400 meter
2	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
3	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
4	Saraswati Vidyamandir, Mahim, Mumbai	2 km
5	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dharavi, Mumbai	1.5 km
6	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
8	Karmveer Bhaurao Patil Vidyalaya Marathi Medium, Sion, Mumbai	2.5 km
9	Karmveer Bhaurao Patil Vidyalaya English Medium, Sion, Mumbai	2.5 km
10	Sane Guruji Vidyalay, Dadar, Mumbai	2 km
11	Sharadashram High School English Medium, Dadar, Mumbai	2 km
12	Sharadashram High School Marathi Medium, Dadar, Mumbai	2 km

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B. P. C. A's

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI – 400 031.

YEAR 2017-18

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance from college
1	Sahakar Nagar Municipal School (Marathi, Hindi and English Medium), Sahakar Nagar, Wadala (W)	400 meter
2	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
3	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
4	Saraswati Vidyamandir, Mahim, Mumbai	2 km
5	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dharavi, Mumbai	1.5 km
6	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
8	Karmveer Bhaurao Patil Vidyalaya Marathi Medium, Sion, Mumbai	2.5 km
9	Karmveer Bhaurao Patil Vidyalaya English Medium, Sion, Mumbai	2.5 km
10	Sane Guruji Vidyalay, Dadar, Mumbai	2 km
11	Sharadashram High School English Medium, Dadar, Mumbai	2 km
12	Sharadashram High School Marathi Medium, Dadar, Mumbai	2 km

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B. P. C. A's

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI – 400 031.

YEAR 2018 - 19

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance from college
1	Abhudyanagar Vidya Mandir, Kalachowki, Mumbai.	3.5 km
2	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
3	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
4	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
5	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
6	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
8	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
9	Sane Guruji Vidyalaya, Dadar, Mumbai	2 km
10	S.S.M. Chunibhai Mehta Girls High School, Kalachowki, Mumbai.	3.5 km

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B. P. C. A's

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI – 400 031.

YEAR 2019 -20

LIST OF PRACTICING SCHOOL

Sr. No.	Name of the Schools	Distance From College
1	Abhudyanagar Vidya Mandir, Kalachowki, Mumbai.	3.5 km
2	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
3	Sahakar Nagar Municipal School (Hindi Medium), Sahakar Nagar, Wadala (W)	400 meter
4	Shri. Sarvajanik Balmandir School, Kalachowki, Mumbai	2.5 km
5	Ahilya Vidyamandir, Abhudyanagar, Kalachowki, Mumbai	3 km
6	Chhatrapati Shivaji Vidyalaya Hindi Medium, Dhravi, Mumbai	1.5 km
7	Chhatrapati Shivaji Vidyalaya Marathi Medium, Dhravi, Mumbai	1.5 km
8	Chhatrapati Shivaji Vidyalaya English Medium, Dhravi, Mumbai	1.5 km
9	Sane Guruji Vidyalaya, Dadar, Mumbai	2 km
10	S.S.M. Chunibhai Mehta Girls High School, Kalachowki, Mumbai.	3.5 km

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Bombay Physical Culture Association's
COLLEGE OF PHYSICAL EDUCATION
(Affiliated to the University of Mumbai, Recognised by the Govt. Of Maharashtra, N.C.T.E. & Accredited by NAAC)

Estd. 1978

'A' Grade (CGPA-3.29) : NAAC
Best College Award : Uni of Mumbai

Ref. No. :

Date :

Appendix 31 B

To,
The Principal,
SAHAKAR NAGAR
MUNICIPAL SCHOOL
WADALA. HINDI MEDIUM

Sub. : According permission for conducting practice teaching in Physical Education of our student teachers for the year 2018-2019.

Dear Sir/Madam,

Ours is one of the leading institutions in the State preparing qualified professionals in Physical Education from last 39 years. The college is conducting various courses viz. B.P.Ed., M.P.Ed., M.Phil. & Ph.D. as well as Health and Fitness Management Course.

We have proposed, this year, to conduct practice teaching lessons for classroom subjects as well as Physical Education, in your reputed school, on the following dates of the month of January,2019 and February, 2019.

January – 23, 24

In this regard, I am also to inform you that the above lessons will be organized with prior consultation with the concern person of your school, without disturbing your school routine.

I do hope your kind permission for the above purpose as well as excellent experience of Teaching-Learning Environment of your school will enable us to achieve our mission of preparing good Physical Educators.

Thanking you in anticipation.

जे. आर. मोदी
12-01-19
मुख्याध्यापक
सहकार नगर, मनपा उ. प्रा. हिंदी शाला,
वडाला (प.), मुंबई-400 031.

Yours sincerely,

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Bharatiya Krida Mandir, Naigaon Cross Road, Wadala, Mumbai - 400 031. Maharashtra. Tel.: 022 2416 8609 Fax : 022 2417 2457
Email : bpcacpemumbai@gmail.com • Website : www.bpcacpemumbai.org

Orientation students going Internship

Class room teaching

1) **Lesson Planning and preparation**

2) **Presentation**
   a) Assessments of the previous knowledge and introduction of the new Topic.
   b) Gradual development of the lesson.
   c) Originality in thinking etc.

3) **Use of Audio-Visual aids**
   a) Selection of suitable aid and effective use of teaching-aid.
   b) Skill in handling aids etc.

4) **Use of Teaching Method**
   a) Suitability of the objective and method selected.
   b) Lesson note etc.

5) **Knowledge of the Subject Matter**
   a) Narration
   b) Imagination
   c) Mastery over Language
   d) Attitude towards pupil etc.

6) **Black-Board Writing**
   a) B.B Work explanatory and summary

7) **Student Response**
   a) Spontaneous attention and cagerness of learn.
   b) Interest.
   c) Active participation.

8) **Ability to solve difficulties, Correction and Method of Evaluation**
   a) Questioning.
   b) Correction.
   c) Method of evaluation.

9) **Class Room manners and Class Control**
   a) Interact with Pupils.
   b) Disciplines and Politeness.

10) **Total Effect**
   a) Success in achieving the objectives.
   b) Satisfaction of having learned worthwhile.

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Guidelines for Internship (Physical Education)

1. **Lesson planning and preparation.**

2. **Teacher's uniform, command and class control.**

3. **Ground marking.**

4. **Us of equipments.**
   a) **Selection of equipment**
   b) **Proper use of equipment**

5. **Introduction, teacher's demonstration and presentation.**

6. **Analysis of teaching skills.**

7. **Detection of mistakes, corrections and related practice.**

8. **Organization of recreative part.**

9. **Student's response.**

10. **Total effects and achievements of objectives.**

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2.4.10

Report of the Event/Activity (Year 2017-2019)

Name of the activity	School Internship Review
Date / Year	Jan-Feb 2018.
Time	10:00 am to 1:30 pm
Purpose/Goal/Objective	• take feedback from school heads, teachers and interns about the internship program conducted in schools. • Interactions with school heads & teachers.
Logistics	Speaker & PA System, Manual of Internship Program.
People Involved / Organizers	All BPCACPE Faculty, Lesson Coordinator, Practice teaching schools, School teachers & Principal.
Benefactors / Beneficiaries	BPEd II Year Student Teachers.
Details of the activity	A review meeting was planned on the last day of the internship program. Prior Invitations were sent to 09 schools out of which **07 Schools 6 Heads & 17 teachers** were present for the meeting. **Program Details:** • Welcome, Tea, Visit to Library, Welcome by Principal College glimpses, • Teacher feedback interview • Students shared their experiences, Demonstration by Yoga Center, Equipment Room, • The function concluded with Vote of Thanks at 2.00pm
Feedback / Comments	• School heads and teachers admired the new pedagogy and approach of P.E. • Sincerity of the students were appreciated by the school.

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Report of the Event/Activity (Year 2019-2021)

Name of the activity	School Internship Review
Date / Year	Feb-Mar 2019.
Time	10:00 am to 1:30 pm
Purpose/Goal/Objective	• take feedback from school heads, teachers and interns about the internship program conducted in schools. • Interactions with school heads & teachers.
Logistics	Speaker & PA System, Manual of Internship Program.
People Involved / Organizers	All BPCACPE Faculty, Lesson Coordinator, Practice teaching schools, School teachers & Principal.
Benefactors / Beneficiaries	BPEd II Year Student Teachers.
Details of the activity	A review meeting was planned on the last day of the internship program. Prior Invitations were sent to 09 schools out of which **07 Schools 6 Heads & 17 teachers** were present for the meeting. **Program Details:** • Welcome by Principal College glimpses, Welcome Drink, Visit to Library & Equipment Room. • Students, Teacher & Heads shared their experiences. • Team Building Activities by faculty. • Students &Teacher feedback in small groups. • The function concluded with Vote of Thanks at 1:30 pm.
Feedback / Comments	• Internship which was conducted in schools rural and native places were highly appreciated and encouraged by Feedback/Comments school heads-telephonic conversation. • School heads and teachers admired the new pedagogy and approach of P.E. • The equipment which was gifted to internship schools (outside Pune City) proved to be of great assistance to the schools and PE teachers.

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Name of the Learner Teacher : Vaishali Sahu

Roll No. 28 Lesson No. 03 Time : 1:15 - 1:45

Name of the School Sarvajanik High School

Subject Geography Unit 7. Air Pressure

1) Lesson planning and preparation was good.

2) Set Induction was good. Gradual development of lesson was seen.

3) Teaching aid was used to explain balloon experiment.

4) Teaching method was simple, narrative. The students understood the topic.

5) Knowledge of subject matter was good.

6) B.B. work need to improve, in terms of handwriting. Important points were written on blackboard was good.

7) Students answered correctly to questions.

8) Questions were asked to students whenever it was necessary.

9) Need to improve class control, as students were talking. Class room manners were good. (whispering)

10) Overall lesson was good. If class control is improved, the impact will be more. Some students on the backbenches were completing home work. Lesson was complete in 30 mins.

Signature
Learner Teacher

Supervisor

Name of the Learner Teacher : Aarya Gosavi

Roll No. 12 Lesson No. 03 Time : 2:15 - 2:45

Name of the School Sarvajanik High School

Subject Maths Unit 3. Operation of Numbers Multiplication & Division

1) Lesson planning and preparation is good.

2) Set Induction was good with active participation of students.

3) Use of teaching aid was good. It was also explained well.

4) Teaching method is good. Explaination is good.

5) Knowledge of subject matter is good.

6) B.B. work - Handwriting is good but, need to improve spellings.

7) Ability to solve difficulties, correction & method of evaluation is good.

8) Active participation of students in solving sums. Students were interested to give answers.

9) Need to improve class control. Children were giving chorus answers.

10) Overall lesson was good. Explaination and confidence of teacher was good. Teacher need to improve on class control as, students were talking and giving chorus answers. Instructions should be clearly given and should be followed.

Aarya Gosavi
Signature
Learner Teacher

Supervisor

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Wadala, Mumbai - 400 031.

Appendix 32 B

Name of the Learner Teacher : Vaishali Shahu

Roll No. 29 Lesson No. 09 Time : 8:30-9:00

Name of the School Sahakar nagar school

Subject Yoga Unit Vrikshasana

1) Lesson planning & preparation was good.

2) Teacher's uniform was appropriate.
Teacher's command was clear.
Class control was good.

3) Ground marking – ~~semicirc~~ was not required.

4) Use of equipments – mattress and yoga mat.

5) Teacher's demonstration was good.

6) Analysis of teaching – as per methodology.

7) Teacher was correcting mistakes of students.

8) Recreative part – fruit name game

9) Student's response was good.

10) Lesson conducted as per methodology.

Signature
Learner Teacher

Supervisor

Name of the Learner Teacher : Ichhapril Kaur Wadwa

Roll No. 34 Lesson No. 09 Time : 9:00-

Name of the School Sahakar nagar School

Subject Motor Fitness Unit Standing broad jump

1) Lesson planning & preparation was good.

2) Teacher's uniform was appropriate.
Teacher's command. loud & clear.
Class control was good

3) Ground making was ok.

4) Use of equipment – cones & slashes. were used.

5) Teacher's demonstration was good.

6) Analysis of teaching – Teacher asked students to perform standing broad jump on semi-circle
There was possibility that they may dash eachother.

7) Teacher's was correcting mistakes of students.

8) Recreative part – Standing broad jump relay.

9) Student's response was good

10) Lesson conducted as per methodology.

Signature
Learner Teacher

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

Supervisor

Appendix 33 A

96 No.

BOMBAY PHYSICAL CULTURE ASSOCIATION'S

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI - 400 031

767

B. P. Ed. COURSE

EVALUATION SHEET FOR PRACTICE TEACHING (PHYSICAL EDUCATION)

OFFICE COPY

Name of the Student Teacher : Vhalgade Ankush Dadaji Date : 04/02/2020

Roll No. 96 Lesson No. 4 Time : 4.20 to 4.55

Name of the School : Sahakar Nagar Municipal School Year : 2019-20

Std : VII Division : Period : 6

Subject : Kadabbi Unit : Side kick

Sr. No.	PARTICULARS	MARKS					
		2	4	6	8	10	TOTAL
1.	Lesson Preparation			✓			06
2.	Teacher Uniform & Command				✓		08
3.	Ground Marking			✓			06
4.	Use of Equipment				✓		08
5.	Teacher Demonstration			✓			06
6.	Analysis of Teaching Skill				✓		08
7.	Detention of mistakes, corrections & practice			✓			06
8.	Organization of minor game / lead up activity				✓		08
9.	Students response			✓			06
10.	Total Effect				✓		08
	Grand Total						70

Dr Neetu Joshi
(Name of the Supervisor)

Vjoshi 04/02/2020
(Signature of the Supervisor)

No.

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI-400031.

LESSON NOTE

(PHYSICAL EDUCATION)

Name of the Student : Vhalgade Ankush Dadaji Roll No. : 96

Lesson No. : 4

Name of the School : Sh Sahakar Nagar Municipal English Medium High School

Std. : VII Division : -

Period : 6 Time : 4.20 to 4.55 Date : 04/02/2020

Activity : Kadabbi

Unit : Side kick

Previous Skill : Toe touch

Broad Objectives : नविन कौशल्य शिकवणे.

Equipment : दोरी, चुना, कोन.

Steps and Teaching Points	Objectives	Learning Experience: Teacher's Role	Learning Experience: Pupil's Role	Methodology	Class Formation	Command
अ) एकत्रीकरण व उपस्थिती * विद्यार्थ्यांचे एकत्रीकरण करणे * विद्यार्थ्यांची उपस्थिती घेणे * पा० निरीक्षकांची अनुमती घेणे. * पाठास प्रारंभ.	विद्यार्थ्यांची उपस्थिती घेणे.	शिक्षक विद्यार्थ्यांना लेझीम दाखवून छोटा लाईन या प्रमाणे उभे करून त्यांची उपस्थिती गिनती घेतात व पा० निरीक्षकांकडून ~~सुरू करण्याची~~ अनुमती घेतात	विद्यार्थी शिक्षकांच्या आज्ञे-नुसार कृती करतात	आज्ञा पद्धती	x x x x x x (x) T	* क्लास नंबर दाखवून छोटा लाईन करा * क्लास आवश्यक * क्लास दाखवून से पाऊ से अंत तक गिनती * क्लास हिलो मत
ब) तयारीचा भाग :- * सामान्य व्यायाम :- * आवकाश धावणे * हात बाजुला करून धावणे * हात वर करून धावणे * हात खाली ठेवून कमरेतून वाकून धावणे.	शरीरतापन व्यायाम करणे	शिक्षक विद्यार्थ्यांना मुक्त स्वरूपात उभे करून उत्तेजक व्यायामाचे प्रात्यक्षिक दाखवितात व ते विद्यार्थ्यांकडून करून घेतात	विद्यार्थी शिक्षकांच्या प्रात्यक्षिकाचे निरीक्षण करतात व शिक्षकांच्या आज्ञे नुसार व्यायाम करतात	प्रात्यक्षिक व अनुकरण पद्धत	x →→→ x →→→ x →→→ x →→→ (x) T	* शिट्टीचा वापर * मौखिक आज्ञा.
* विशिष्ट व्यायाम :- * मान वरखाली करणे * ~~खांदे~~, हात फिरवणे. * खांदे हात पायाच्या छोटा फिरवणे * हात पुर्ण फिरवणे. * उजव्या-डाव्या बाजुला फिरवणे * फ्रन्ट किक * साईड किक * Spot Jump *	शरीराच्या विशिष्ट भागाला व्यायाम देणे	शिक्षक विद्यार्थ्यांना विशिष्ट व्यायाम करून दाखवतात व करून घेतात			(x) T	
क) शिकविण्याचा भाग * जुन्या कौशल्याचा आढावा [Toe Touch] * नवीन कौशल्य :- साईड किक 1) शरीराची स्थिती :- दोन्ही पायात अंतर ठेवावे आपल्या शरीराची स्थिती साईड लाईनला समांतर असावी 2) कृती :- डावा पाय जमिनीवर आणि	शिकवलेल्या कौशल्याचा आढावा नविन कौशल्य शिकवणे.	शिक्षक विद्यार्थ्यांकडून पुर्वी शिकविलेल्या कौशल्याचा आढावा करून घेतात शिक्षक नवीन कौशल्याचे प्रथम प्रात्यक्षिक करून दाखवतील व नंतर पार्ट-बाय-पार्ट पद्धतीने व नंतर पुन्हा पुर्ण प्रात्यक्षिक	विद्यार्थी शिक्षकांच्या आज्ञेनुसार मागील शिकविलेल्या कौशल्याचा आढावा करतात विद्यार्थी प्रात्यक्षिकांचे निरीक्षण करतात व नंतर शिक्षकांच्या आज्ञेनुसार कृती करतील	आज्ञा पद्धत आज्ञा, प्रात्यक्षिक व अनुकरण पद्धत.	x x x x x x x x x (x) T x x x x x x x	* शिट्टीचा वापर * मौखिक आज्ञा * शिट्टीचा वापर * मौखिक आज्ञा

Appendix 33 A

Steps and Teaching Points	Objectives	Learning Experience: Teacher's Role	Learning Experience: Pupil's Role	Methodology	Class Formation	Command
कृती नंतरची कृती :- उजव्या पायाने किक मारल्यानंतर तोल सावरून उजव्या पाय खाली येताना पुढे आला पाहिजे आणि शरीराची दिशा मध्ये रेषेला समांतर असावे.						
* तसेच डाव्या पायाने मारायची असेल तर विरुद्ध कृती करावी.						
* जवीन कौशल्याचा सराव						
६) मनोरंजनाचा भाग :-						
* खेळाचे नाव :- कुल्फीची माँय	मनोरंजन करणे	शिक्षक पुरक खेळाचे वर्णन व प्रात्यक्षिक विद्यार्थांना करून दाखवतील व त्या खेळाचे नियम समजावून सांगतील व सामना सुरु करतील	शिक्षकांनी सांगितल्या प्रमाणे खेळ खेळतात व विजयी संघाचे अभिनंदन करतात	प्रात्यक्षिक व अनुकरण पद्धत	x x x x x x	* शिट्टीचा वापर * मौखिक आज्ञा
* विभागणी :- विद्यार्थ्यांचे दोन समान गट करून त्यांना 'अ' व 'ब' गट अशी नावे द्यावी					x x x x x x	
* स्पष्टीकरण व नियम :- 5 मी मिनिट्या सामना खेळवावा ज्या संघाचे जास्त गुण होतील तो संघ विजयी होईन, आईड किक किंवा टो टच नेच गुण मिळवावा.						
७) एकत्रीकरण व विसर्जन						
* एकत्रीकरण व विसर्जन करणे.	बौध्दिक तासासाठी विद्यार्थी वर्गात पाठवणे	विद्यार्थी शिक्षकांच्या आज्ञा नुसार कृती करतील	विद्यार्थी शिक्षकांच्या आज्ञेचे पालन करतील	आज्ञा पद्धत	x x x x x x	* क्लास लंबा दहिने खेळा बाहे एकत्रीकरण
* पाठ निरीक्षकाकडून पाठ विसर्जनाची अनुमती घ्यावी						* क्लास सावधान
* विसर्जनाची कृती						* क्लास दहिनेसे एक से अंतरक गिनती का
* विसर्जनाची आज्ञा.						* क्लास दिलीमत
						* क्लास विसर्जन होगा विसर्जन

→ Lesson was conducted as per the methodology.

Vijaslu
04/02/2020.

Observation and Suggestions

No.

BOMBAY PHYSICAL
COLLEGE OF
WADALA,
LESSON NOTE

Name of the Learner : SUHOTRO ROY Roll No. : 76.

Lesson No. : 01

Name of the School : Shree Sharvajanik Balmandir School, Kalachowki.

Std. : VI Division : —

Period : 2nd Time : 1:15 to 1:45 Date : 18/03/2019.

Steps and Teaching Points	Objectives	Specification	Learning Experience: Teacher's Role		
I) SET INDUCTION :- INTRODUCTION	To arouse previous Knowledge.	Through Questions.	Teacher asks some questions Just to test their Knowledge about things they know :- Q1) what can be seen in this picture? Q2) what are the different religion shown? Q3) Now what can be seen here in this?	A1) These are flags showing different religions. A2) Hinduism, Sikhism, Christanity and buddism shown in picture. A3) Monks and Gautama Buddha seen in this picture	Gautama's Quest.
II) Announcement Of the Topic	To understand the topic.	Students understand the topic.	So Students we are going to learn a lesson on the Story of Gautama's Quest.		Sub: The story of Gautama Quest.
III) Presentation :- Gautama Buddha was born 2500 years ago. He was born on vaishaka Purnima at Lumbini to King Suddhodhana. He was prophesised to be either a King-Great emperor or a sanyasi. He was later married to Princess Yashodhara and had a son named Rahul. Prince Siddhartha's mother died just after 7days of his birth. After the seeing of the "four signs" he at the		Students understand the topic	Teacher will do the loud reading and students will pay attention to the topic and pronunciation. Objective questions will be asked by the teacher :- Q1) where was Prince Siddhartha born? Q2) what was the prophesy given? Q3) To whom Prince Siddhartha married? Q4) what are the four signs the buddhist book calls?	Students will pay attention to the reading of the teacher and then do the silent reading and after that the explaination given by teacher. Later answer the questions:- A1) Prince Siddhartha was born in Lumbini. A2) The Prophesy given was either he would be a great Emperror or a sanyasi. A3) Prince Siddhartha was married to Princess Yashodhara. A4) The four signs of Buddhism		Word : Meaning. 1) Prophesised : Prediction. 2) Sacrad : Holy. 3) Renouncing : To claim right 4) Secluded : Undisturbed. 5) Impermanence : Four marks of existence in Buddhism. 6) Worldly life : Materialistic life.

COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI - 400 031

No. 393

STUDENTS COPY

Name of the Learner : SUHOTRO ROY Date : 18/03/19

Roll No. 76 Lesson No. 01 Time : 1:15 to 1:45

Name of the School : Shree Sarvajanik Balmandir School Year : 1st

Std : VI Division : — Period : 2nd

Subject : ENGLISH Unit : Voyage-4

Shri./Smt. Dr. Sushama Nair Chougule
(Name of the Supervisor)

(Signature of the Supervisor)

Steps and Teaching Points	Objectives	Specification	Learning Experience: Teacher's Role	Learning Experience: Pupil's Role	Evaluation	B. B. Summary
iii) Recapitulation :	Confirmation of the topic taught.	Answers the Questions Properly.	Teacher asks the Questions to check if they remember every thing taught to them: Q1) Gautama Buddha Practised what religion. Q2) Why was the King diterminned to prevent his beloved son? Q3) What unanswerable question led Gautama to leave the worldly life?	The students answer the questions asked by the teacher A1) Gautama Buddha practised the religion called Buddhism. A2) The King prevented his beloved his son as he wanted him to become a great emperors. A3) The unanserable question that led Gautama was "What is the way out of the world sorrow?"	Remember the things serially. and answer.	
iv) Application :	To check the Knowledge given.	After understanding the topic writing out the central idea.	Teacher shows the objective questions of the topic taught with fill in the blanks on the walling board and asks the students to write it on their notebook and answer correctly.	Students read the question written on the walling board and write the answer in their note book and check it with the teachers: -> Gautama Buddha was born _____ ago? -> Prince Gautama's Son's name was _____ ? -> Gautama Buddha sat under the _____ tree?	Understand the question and write them in their notebook with answers.	Read understand the question and write their answers: -> Gautama Buddha was born 2500 years ago. -> Prince Gautama's son's name was Rahula. -> Gautama Buddha sat under the bodhi tree.
v) Home work	Motivate the students to study.	By Giving Homework	Write the Homework on walling board.	Write the Homework on their notebook.	Understand the Homework and write on the Note book.	Write 10 sayings said by Gautama Buddha.

- Teaching Aid was good
- Class Control was good
- Loud reading was good.

Sem-I | MICRO TEACHING LESSON | SIMULESSO | Sem-II | SCHOOL TEACHING LESSON →

									1	2	3	4	5	6	7	8	9	10	11	12	13 (1300)	OUT OF 100
9	Bhoilkar Susmita R.	1.5	1.8	1.9	2.0	2.0	9.2	4.6	70	66	64	70	70	70	68	70	72	64	66	66	72	68
														344	69	L=14	L15			592	888	
2	Dhadga Sapana V.	1.8	1.8	1.9	1.9	2.0	9.4	4.7	56	64	68	60	64	70	64	62	66	66	61	62	64	64
		~~1.6~~	~~1.8~~	~~1.9~~	~~1.9~~	~~2.0~~	~~9.2~~	~~4.6~~						318						704	827	
3	Gawand Chetna S.	1.6	1.8	1.9	1.9	2.0	9.2	4.6	62	68	66	66	66	80	68	66	70	68	66	70	68	68
														340							884	
4	Jadhav Aparna P.	1.9	1.9	1.8	1.8	2.0	9.4	4.7	58	62	62	62	64	70	65	66	68	60	66	62	66	64
														322							837	
5	Jadhav Tejashri S.	1.9	1.9	1.9	1.9	1.9	9.5	4.7	60	64	70	65	66	64	66	65	64	66	65	66	64	65
											130										845	
6	Jotshi Shivani S.	1.5	1.6	1.8	1.8	1.8	8.5	4.4	62	64	65	62	66	64	66	66	62	65	66	62	66	64
														193							836	
7	Kadam Josana S.	1.9	1.9	1.8	1.8	1.9	9.3	4.6	68	72	68	64	68	80	70	68	70	74	68	68	72	64
														280							910	
8	Kadam Karishma B.	1.8	2.0	2.0	2.0	1.9	9.7	4.8	62	66	66	62	68	80	68	68	74	64	66	66	72	68
														338							879	
9	Kapure Hemangi S.	1.8	1.9	1.9	1.9	1.9	9.4	4.7	60	64	64	66	66	70	65	66	64	66	64	66	66	65
														326							848	
10	Kashid Rupali P.	1.2	1.5	1.8	1.8	1.9	8.2	4.1	64	66	66	70	70	68	70	68	64	68	68	66	70	68
													270								878	
11	Khan Khedeejah M.F.	1.8	1.9	1.8	1.8	2.0	9.3	4.6	54	64	66	70	72	66	68	64	64	64	68	64	68	66
													262								852	
12	Kore Samiksha R.	1.8	1.8	1.8	1.9	2.0	9.3	4.6	64	66	66	66	66	60	65	64	64	64	64	64	66	65
														258							839	
13	Maluiya Rinku N.	1.8	1.9	1.8	1.9	1.9	9.3	4.6	54	62	64	70	63	60	66	60	65	60	64	60	66	63
												188									815	
14	Mishra Deepali A.	1.8	1.8	1.8	1.9	2.0	9.3	4.6	66	68	70	66	68	67	68	66	68	66	68	66	68	67
													134								871	
15	Pandey Gayima P.	1.8	1.9	1.8	1.9	2.0	9.4	4.7	56	62	66	64	60	68	62	64	60	64	62	64	62	63

Appendix 34 A

		← MICRO TEACHING LESSON							← SIMULESSON Lesson →		← SCHOOL LESSON											
																					Out of 1300	Out of 100
											3	4	5	6	7	8	9	10	11	12	13	
16	Patil Harshada G.	1.8	1.9	1.8	1.9	2.0	9.4	4.7	58	64	68	66	66	70	66	66	64	68	64	68	65	66
														328							853	
17	Patil Krutika A.	1.3	1.4	1.6	1.8	2.0	7.1	3.5	60	64	66	66	66	66	65	64	64	66	64	66	65	65
														324							842	
18	Patil Madhuri N.	1.3	1.5	1.3	1.8	2.0	7.9	3.9	62	60	66	62	66	60	63	64	62	64	60	64	63	63
														314							816	
19	Rane Pooja V.	1.9	1.9	1.8	1.9	2.0	9.5	4.7	66	68	68	62	68	68	67	66	68	68	64	66	66	67
														266							865	
20	Rane Vaibhavi A.	1.8	1.9	1.8	2.0	2.0	9.5	4.7	68	70	66	66	64	80	69	68	70	68	70	68	70	69
														276							897	
21	Sayed Itrat Zahra Z.	1.4	1.5	1.9	1.9	2.0	8.7	4.3	66	64	66	64	65	66	64	66	64	66	66	66	66	65
												196									849	
22	Shinde Snehal V.	1.3	1.5	1.9	1.8	2.0	8.5	4.2	70	68	66	70	70	70	69	72	68	70	68	70	69	69
														346							900	
23	Shitap Namrata S.	1.8	1.9	1.9	2.0	2.0	9.6	4.8	62	64	68	66	68	68	66	68	66	66	68	65	68	66
														332							863	
24	Singh Shweta R.	1.8	1.8	1.8	1.9	2.0	9.3	4.6	66	66	70	64	65	68	66	68	66	68	66	68	66	67
												200									867	
25	Sitap Riddhi R.	1.9	1.8	1.9	1.9	2.0	9.5	4.7	56	66	66	66	68	80	68	68	66	68	66	68	68	67
														336							874	
26	Tambe Suvarna S.	1.9	1.9	1.8	1.6	1.2	8.4	4.2	60	62	64	54	62	70	60	64	60	64	62	60	64	62
														310							806	
27	Thombare Rakhi S.	1.9	1.8	1.9	2.0	2.0	8.6	4.3	64	60	68	60	66	74	66	68	66	64	68	64	65	66
														328							853	
28	Yadav Poonam S.	1.9	1.9	1.8	1.9	1.9	9.4	4.7	64	68	66	66	62	68	66	64	68	62	68	62	68	66
														262							852	
29	Aadivarekar Siddhesh D.	1.8	1.8	2.0	2.0	2.0	9.6	4.80	70	60	58	76	84	80	71	74	70	74	70	74	70	72
														358							93	

		← MICRO TEACHING LESSON							← College lesson →		← SCHOOL TEACHING LESSON											
																					out of 12.00	out of 100
									1	2	3	4	5	6	7	8	9	10	11	12	13	
31	Auhad Haribhau B.	1.4	1.6	2.0	2.0	2.0	9.0	4.5	66	68	60	60	80	67	66	68	66	68	66	68	64	67
													200								867	
32	Bansode Pankaj P.	2.0	2.0	2.0	2.0	1.9	9.9	4.9	64	56	60	70	78	66	68	66	68	64	66	66	66	66
													264								858	
33	Berlekar Pratik P.	1.8	1.8	1.8	1.8	1.9	9.1	4.5	60	58	62	64	64	62	64	62	60	64	62	62	62	62
													248								806	
34	Bhala Somnath L.	1.9	1.9	1.9	1.9	1.8	9.4	4.7	60	60	62	74	56	63	66	60	66	60	66	60	66	63
													252								819	
35	Bhattacharya Rathin K.	1.8	1.8	2.0	1.8	2.0	9.4	4.7	60	60	62	61	62	60	64	60	60	58	64	60	62	61
											122										793	
36	Bhoir Bhushan S.	1.8	1.9	1.9	2.0	2.0	9.6	4.8	58	66	60	70	80	67	68	66	68	66	68	66	68	67
													268								871	
37	Bhosale Gaurav S.	1.9	1.9	2.0	2.0	1.9	9.6	4.8	56	64	70	64	64	64	62	64	64	62	64	62	66	64
													254								826	
38	Bhusara Mangesh B.	–	–	–	–	–	–	–			Admission Cancelled											
39	Bodke Omkar V.	1.8	1.9	1.9	1.8	2.0	9.4	4.7	66	66	58	72	74	68	70	64	68	70	64	68	70	68
													270								878	
40	Borade Ritesh R.	1.9	1.8	1.9	1.8	2.0	9.4	4.7	68	70	58	68	80	67	68	70	68	70	68	70	68	69
													206								893	
41	Chaudhari Dipak I	12	16	18	17	18	8.1	4.01	68	68	60	66	80	69	68	70	70	70	68	61	68	69
													206								893	
42	Davare Ajay A.	13	1.4	1.6	1.9	1.8	8.0	4.0	56	64	60	70	78	66	68	66	68	64	66	66	66	66
													264								856	
43	Dias Godson P.	15	14	15	16	17	7.7	3.8	66	64	64	60	70	65	66	64	66	64	66	64	66	65
													260								845	
44	Gahala Vikas S.	12	14	16	17	18	7.7	3.8	62	54	58	66	74	63	64	62	64	62	64	62	64	63
													252								819	
											Admission Cancelled											

← MICRO TEACHING →

											3	4	5	6	7	8	9	10	11	12	13		Out of 100
46	Gawade Vasudev D.	1.9	1.9	1.9	2.0	2.0	8.7	4.3	58	66	70	72	67	68	66	68	64	68	66	68	66	867	67
47	Ghule Siddharth A.	—	—	—	—	—	—	—			Admission Cancelled										—		
48	Golambade Swapnil D.	1.8	1.5	1.6	1.9	2.0	7.8	3.9	66	56	80	76	60	68	70	66	70	64	72	66	70	884	68
49	Gupta Anil P.	1.7	1.6	1.8	1.9	2.0	9.2	4.6	60	56	60	60	64	66	62	62	60	64	60	62	60	796	61
50	Gupta Durgesh R	1.9	1.9	1.8	1.8	2.0	9.4	4.7		56													
51	Gupta Sunil L.	1.5	1.6	1.5	1.5	1.5	7.6	3.8	70	56	68	66	68	66	63	68	60	70	66	64	68	853	66
52	Gurav Bharat D.	1.5	1.6	1.6	1.6	1.6	7.6	3.8	62	66	70	70	70	68	70	66	70	64	66	72	70	884	68
53	Hatkhambekare Abhishek V.	1.5	1.6	1.8	1.6	1.5	8.0	4.0	62	60	66	62	63	64	62	64	60	66	62	64	60	815	63
54	Ipte Amit A.	1.3	1.4	1.8	1.9	2.0	8.4	4.2	64	60	60	64	80	66	68	66	64	68	64	68	66	858	66
55	Ansari Mohammad I M. H.	1.8	1.9	2.0	2.0	2.0	9.7	4.8	62	66	64	66	70	68	66	68	66	60	70	66	66	858	66
56	Jadhav Ratnadeep M.	1.8	1.8	1.8	1.9	2.0	9.3	4.6	56	64	64	68	63	62	62	64	66	60	60	62	64	815	63
57	Jaiswar Sanjeev B.	1.5	1.6	1.8	1.5	1.9	8.3	4.25															
58	Kazi Mohd Zaid R.	1.8	1.9	1.9	1.9	1.9	9.4	4.7	60	64	70	65	64	65	66	64	66	60	68	64	66	842	65
59	Khairwar Suryaprakash K	1.3	1.5	1.8	1.9	2.0	8.5	4.2	56	64	58	76	80	68	70	66	70	64	70	66	70	878	68

																								out of 100
									1	2	3	4	5	6	7	8	9	10	11	12	13			
61	Lad Rajendra R	1.6	1.7	1.8	1.9	1.6	8.6	4.3	66	56	58	72	80	67	68	66	68	66	70	66	68	865	67		
													266											
62	Lokegaonkar Pranil P.	1.9	18	2.0	1.9	2.0	9.6	4.8	68	62	58	74	80	69	70	68	70	62	72	68	70	891	69		
													274											
63	Mangela Naresh R.	18	19	19	18	17	9.1	4.5	58	66	58	70	80	67	68	66	64	66	68	66	68	865	67		
													266											
64	Mujawar Sohail L.	1.6	1.7	1.8	1.7	1.8	8.6	4.3	56	68	60	80	80	69	70	68	70	68	70	68	70	897	69		
													276											
65	Nijai Abhishek S.	2.0	1.9	1.8	1.9	2.0	9.6	4.8	64	68	64	64	68	66	66	68	64	68	66	68	64	660	66		
													264											
66	Nikale Sumedh S.	–	–	–	–	–	–	–			Admission Cancelled													
67	Nivale Tejas S.	1.3	1.5	1.8	1.9	1.9	8.4	4.2	66	62	56	66	84	67	68	66	68	66	68	66	68	871	67		
													268											
68	Patil Dipesh K	1.6	1.8	2.0	2.0	2.0	9.4	4.7	68	54	70	74	66	80	69	64	70	70	68	68	70	891	69		
														274										
69	Patil Karan R.	1.9	1.9	1.8	1.9	1.8	9.3	4.65	64	60	64	68	66	65	66	64	66	60	66	64	66	839	65		
													258											
70	Pawar Akshay A.	1.9	1.7	1.6	1.8	1.7	8.7	4.35	66	56	60	74	76	67	68	66	64	66	68	66	68	865	67		
													256											
71	Rai Akash Singh	1.8	1.9	1.8	1.9	1.9	9.3	4.6																
72	Remello Denver P.	1.8	1.7	1.6	1.7	1.8	8.6	4.3	64	60	68	68	66	70	66	64	68	66	64	68	66	858	66		
														198										
73	Savardekar Balchandra B.	1.9	1.9	1.9	2.0	2.0	9.7	4.8	60	54	64	66	64	62	64	62	60	64	62	60	64	806	62		
													248											
74	Shah Iftkhar Ali																							

									1	2	3	4	5	6	7	8	9	10	11	12	13	out of 100
76	Shetkar Jagannath S.	1.8	1.8	2.0	2.0	2.0	9.6	4.8	56	62	66	66	63	64	62	64	60	66	62	64	60	63
												188									815	
77	Shinde Bharat S.	1.9	1.8	1.5	1.7	1.9	8.7	4.8	56	66	60	70	80	67	68	66	68	68	62	66	68	67
													266								865	
78	Shinde Rameshwar S.	1.6	1.7	1.9	1.9	1.9	8.8	4.4	68	58	58	78	80	69	70	64	70	68	70	68	70	69
													274								891	
79	Shinde Sushant S.	1.3	1.5	1.9	1.8	2.0	8.5	4.25	58	68	70	68	80	69	70	68	70	68	70	68	70	69
													276								897	
80	Singh Vishwajeet K.	1.2	1.4	1.9	2.0	2.0	8.5	4.25						70								
81	Thorat Nitesh D.	1.3	1.5	1.9	1.9	2.0	8.6	4.3	58	62	66	68	70	60	64	62	66	62	66	62	66	64
														256							832	
82	Tippireddy Vivek B.	1.9	1.9	1.9	2.0	2.0	9.7	4.8	56	62	64	64	70	64	66	60	66	60	66	62	66	64
													254								826	
83	Vavare Vijay B.	1.3	1.4	1.9	1.8	2.0	8.4	4.2	56	60	58	70	60	61	60	60	64	58	64	62	60	64
													244								793	
84	Varma Sanidatt R.	–	–	–	–	–	–	–			~~66~~	~~60~~	~~70~~	~~68~~								
85	Vishwakarma Mayank S.	1.3	1.4	1.4	1.8	1.9	7.8	3.9	62	68	66	60	70	68	66	64	68	64	68	64	70	66
														264							858	
86	Wadekar Akshay M.	1.7	1.6	1.8	1.9	2.0	9.2	4.6	54	56	62	60	64	68	60	62	60	62	58	60	64	61
														304							790	
87	Yadav Rahulkumar R.	1.9	1.9	1.8	2.0	1.9	9.5	4.7	58	66	68	66	80	64	70	68	66	68	66	68	66	67
														336							874	
88	Yadav Ritesh H.	2.0	1.4	2.0	1.9	2.0	9.3	4.6	64	70	66	64	64	64	66	63	60	68	70	66	68	66
														328							853	

Prepared By – Dr. R.N. Shelke – RNShelke

BOMBAY PHYSICAL CULTURE ASSOCIATION'S

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI - 400 031

No. 1254

B. P. Ed. COURSE

EVALUATION SHEET FOR PRACTICE TEACHING (PHYSICAL EDUCATION)

OFFICE COPY

Name of the Student Teacher : Kajal Sudam Rao Bhusare Date : 4-2-2020

Roll No. 01 Lesson No. 04 Time : 10.00 am to 10.30 am

Name of the School : S.S Mehta girls School (Kalabhai) Year : 2020

Std : Division : Period : ~~2020~~

Subject : Drill and marching Unit : 1st chal

Sr. No.	PARTICULARS	MARKS					
		2	4	6	8	10	TOTAL
1.	Lesson Preparation				✓		08
2.	Teacher Uniform & Command				✓		08
3.	Ground Marking				✓		08
4.	Use of Equipment				✓		08
5.	Teacher Demonstration				✓		08
6.	Analysis of Teaching Skill				✓		08
7.	Detention of mistakes, corrections & practice				✓		08
8.	Organization of minor game / lead up activity				✓		08
9.	Students response				✓		08
10.	Total Effect				✓		08
	Grand Total						80

Dr Asai sir
(Name of the Supervisor)

(Signature of the Supervisor)

BOMBAY PHYSICAL CULTURE ASSOCIATION'S

COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI - 400 031

No. 060

B. P. Ed. PROGRAMME

EVALUATION SHEET FOR PRACTICE TEACHING (ACADEMIC SUBJECT)

OFFICE COPY

Name of the Learner : Subotro Roy Date : 20/3/19

Roll No. 76 Lesson No. 2 Time : 1.45 to 2.15

Name of the School : Shree Shasvajanik Bala Mandir Year : 2019

Std : VII Division : – Period : –

Subject : English Unit : Home sweet home

Sr. No.	PARTICULARS	MARKS					
		2	4	6	8	10	TOTAL
1.	Lesson Preparation			✓			06
2.	Presentation			✓			06
3.	Use of Audio-Visual aids		✓				04
4.	Use of Teaching Method			✓			06
5.	Knowledge of the Subject Matter		✓				04
6.	Black-Board Writing			✓			06
7.	Students Response			✓			06
8.	Questioning, Correction & Merhod of Evaluation			✓			06
9.	Class Room Manners & Class Control			✓			06
10.	Total Effect			✓			06
	Grand Total						56

Dr. S. N. Chougule
(Name of the Supervisor)

(Signature of the Supervisor)

BPCA's College of Physical Education, Wadala, Mumbai – 31

Name of the Institute :- Bombay Physical Culture Association's College of physical Education.

Address :- Bharatiya Kreeda Mandir, Naigaum Cross Road, Wadala, Mumbai -31.

Type :- Stand Alone (Non granted)

Teaching Load calculated for M.P.Ed. Programme

Intake approved by University of Mumbai for Academic Year 2016-17 : 25
Intake approved by University of Mumbai for Academic Year 2017-18 : 25
Intake approved by University of Mumbai for Academic Year 2018-19 : 25

Master of Physical Education Intake : 25 Divisions : 2

Total Students : 25

Teaching staff required as per NCTE 2014 Norms in the ratio : 10:1

Professor : 0

Associate Professor : 01

Assistant Professor : 09

(Dr. G V Pargaonkar)
PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

BPCA's College of Physical Education,
Wadala, Mumbai – 31

Name of the Institute :- Bombay Physical Culture Association's College of physical Education.

Address :- Bharatiya Kreeda Mandir, Naigaum Cross Road, Wadala, Mumbai -31.

Type :- Stand Alone (Non granted)

Teaching Load calculated for B.P.Ed. Programme

Intake approved by University of Mumbai for Academic Year 2016-17 : 100
Intake approved by University of Mumbai for Academic Year 2017-18 : 100
Intake approved by University of Mumbai for Academic Year 2018-19 : 100

Bachelor of Physical Education Intake : 100 Divisions : 2

Total Students : 100

Teaching staff required as per NCTE 2014 Norms in the ratio :

Professor : 00

Associate Professor : 01

Assistant Professor : 09

Librarian : 01

Sports Trainer : 00

Yoga Trainer : 00

Dieticion : 00

(Dr. G V Pargaonkar)
PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

मुंबई विद्यापीठ

UNIVERSITY OF MUMBAI

आम्ही मुंबई विद्यापीठाचे कुलपती, कुलगुरू आणि व्यवस्थापन परिषदेचे सदस्य असे प्रमाणित करतो की **बी. पी. सी. ए. चे कॉलेज ऑफ फिजिकल एज्युकेशनचे घनःश्याम काशीनाथराव ढोकरट** यांनी सप्टेंबर २००३ मध्ये **विद्यावाचस्पती (मानव्यविद्या)** पदवीसाठी **शारीरिक शिक्षण** या विषयात सादर केलेला प्रबंध परीक्षकांनी तपासून स्वीकृत केला असून दिनांक १८ डिसेंबर २००४ रोजी मुंबई येथे झालेल्या दीक्षांत समारंभात त्यांना **विद्यावाचस्पती (मानव्यविद्या)** ही पदवी प्रदान करण्यात आली आहे.

विद्यापीठाची मुद्रा व कुलगुरूंची स्वाक्षरी यांसह साक्षीने अंकित.

We, the Chancellor, Vice-Chancellor and Members of the Management Council of the University of Mumbai certify that ***Ghansham Kashinathrao Dhokrat*** *of* ***the B. P. C. A's College of Physical Education*** *having presented in September 2003, a Thesis for the degree of* ***Doctor of Philosophy (Arts)*** *in* ***Physical Education****, which has been accepted by the Examiners, the degree of* ***Doctor of Philosophy (Arts)*** *has been conferred on him at the Convocation held in Mumbai on 18th December, 2004.*

In testimony whereof are set the Seal of the said University and the signature of the said Vice-Chancellor.

Vijay Khole

कुलगुरू VICE-CHANCELLOR

2004-PHDA-10

University of Mumbai

Th./ICF/2016-17/ (3)
Mumbai- 400 032.
20th January, 2017.

Shri. Jaysing Malharrao Hotkar
Shri. Ganesh CHS,
A-101, PlotNo-265, Sector – 23,
Juinagar,
Navi Mumbai

Congratulations!

With reference to the thesis submitted by you and subsequently for which Viva-Voce Examination was conducted by referees dated 23th January, 2017 for award of Degree i.e. **Doct. of Philosophy** (Ph.D./Arts) in the subject of **Physical Education**.

I have pleasure in informing you that you have been declared eligible of **Ph.D.(Arts)** degree in compliance with the provision of UGC (Minimum standard and procedure for award of Ph.D. Degree vide Regulation 2009). The said degree will be formally conferred upon you at the ensuing Convocation on your applying for the same in the prescribed form at the proper time.

Deepak Wasave
Offg. Controller of Examinations.

University of Mumbai
मुंबई विद्यापीठ

We,

the Chancellor, Vice-Chancellor
and
Members of the Management Council
confer the Degree of
Doctor of Philosophy
(Arts)
on
MARU KISHORE JAGUBHAI
of The B. P. C. A's College of Physical Education
for a Thesis in Physical Education
presented in February 2015
which has been accepted by the Examiners
at the Convocation
held on 14th January, 2016.

आम्ही,

कुलपती, कुलगुरू
आणि
व्यवस्थापन परिषदेचे सदस्य
विद्यावाचस्पती
(मानव्यविद्या)
ही पदवी
मारू किशोर जगुभाई
बी.पी.सी.ए. चे कॉलेज ऑफ फिजिकल एज्युकेशन
यांना
फिजिकल एज्युकेशन या विषयात
फेब्रुवारी २०१५ मध्ये
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
१४ जानेवारी, २०१६ च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

संजय वसंत देशमुख
Vice-Chancellor / कुलगुरू

15-PHDA-15F-248-00000031

15020324

University of Mumbai

मुंबई विद्यापीठ

We,

the Chancellor, Vice - Chancellor
and
Members of the Management Council
confer the Degree of

Doctor of Philosophy

(Arts)
on

Asai Kailas Kawdu

the B. P. C. A's College of Physical Education
for a Thesis in Physical Education
presented in April 2008
which has been accepted by the Examiners
at the Convocation
held on 3rd April, 2010.

आम्ही,

कुलपती, कुलगुरू
आणि
व्यवस्थापन परिषदेचे सदस्य

विद्यावाचस्पती

(मानव्यविद्या)
ही पदवी
एप्रिल २००८ मध्ये
शारीरिक शिक्षण या विषयात
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
असाई कैलास कावडु
बी.पी.सी.ए. चे कॉलेज ऑफ फिजिकल एज्युकेशन
यांना
३ एप्रिल, २०१० च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

CKMurthy

Vice-Chancellor / कुलगुरू

PHDA-2010-1-125635

9125635

University of Mumbai
मुंबई विद्यापीठ

We,

the Chancellor, Vice-Chancellor
and
Members of the Management Council
confer the Degree of
Doctor of Philosophy
(Arts)
on
JOSHI NEETU OMPRAKASH
of The B. P. C. A's College of Physical Education
for a Thesis in Physical Education
presented in February 2015
which has been accepted by the Examiners
at the Convocation
held on 14th January, 2016.

आम्ही,

कुलपती, कुलगुरू
आणि
व्यवस्थापन परिषदेचे सदस्य
विद्यावाचस्पती
(मानव्यविद्या)
ही पदवी
जोशी नीतू ओमप्रकाश
बी.पी.सी.ए. चे कॉलेज ऑफ फिजिकल एज्युकेशन
यांना
फिजिकल एज्युकेशन या विषयात
फेब्रुवारी २०१५ मध्ये
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
१४ जानेवारी, २०१६ च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

संजय वसंत देशमुख
Vice-Chancellor / कुलगुरू

15-PHDA-15F-248-00000050

15020321

University of Mumbai

University of Mumbai
मुंबई विद्यापीठ

Mumbai University 160 YEARS OF EXCELLENCE 1857 - 2017

We,

the Chancellor, the Vice-Chancellor
and
Members of the Management Council
confer the Degree of
DOCTOR OF PHILOSOPHY
(Arts)
on
KAWADE ROHINI CHANDRAKANT
of University Department of Physical Education
Presented a Thesis in Physical Education
in DECEMBER 2015
which has been accepted by the Examiners
at the Convocation
held on 16th January, 2017.

आम्ही,

कुलपती, कुलगुरु
आणि
व्यवस्थापन परिषदेचे सदस्य
विद्यावाचस्पती
(मानव्यविद्या)
ही पदवी
कवडे रोहिणी चंद्रकांत
विद्यापीठाचा शारिरीक शिक्षण विभाग
यांना
शारिरीक शिक्षण या विषयात
डिसेंबर २०१५ मध्ये
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
१६ जानेवारी, २०१७ च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

Sanjay Vasant Deshmukh | संजय वसंत देशमुख
Vice-Chancellor | कुलगुरु

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16-PHDA-15O-798-00000049

University of Mumbai

University of Mumbai
मुंबई विद्यापीठ

We,

the Chancellor, the Vice-Chancellor
and
Members of the Management Council
confer the Degree of
DOCTOR OF PHILOSOPHY
(Arts)
on
SHELKE RAJENDRA NANA
of the B. P. C. A's College of Physical Education
Presented a Thesis in Physical Education
in June 2016
which has been accepted by the Examiners
at the Convocation
held on 22nd February, 2018.

आम्ही,

कुलपती, कुलगुरू
आणि
व्यवस्थापन परिषदेचे सदस्य
विद्यावाचस्पती
(मानव्यविद्या)
ही पदवी
शेळके राजेंद्र नाना
बी.पी.सी.ए. चे कॉलेज ऑफ फिजिकल एज्युकेशन
यांना
फिजिकल एज्युकेशन या विषयात
जून २०१६ मध्ये
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
२२ फेब्रुवारी, २०१८ च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

Dr. Devanand Shinde | डॉ. देवानंद शिंदे
Vice-Chancellor | कुलगुरु

0598986

17-PHDA-16J-248-00000017

University of Mumbai
मुंबई विद्यापीठ

We,
the Chancellor, Vice-Chancellor
and
Members of the Management Council
confer the Degree of

Doctor of Philosophy

(Arts)
on
Dhakne Rajendra Rangnath
the B. P. C. A's College of Physical Education
for a Thesis in Physical Education
presented in **April** 2010
which has been accepted by the Examiners
at the Convocation
held on 28th January, 2012.

आम्ही,
कुलपती, कुलगुरू
आणि
व्यवस्थापन परिषदेचे सदस्य

विद्यावाचस्पती

(मानव्यविद्या)
ही पदवी
एप्रिल २०१० मध्ये
शारिरीक शिक्षणशास्त्र या विषयात
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
ढाकणे राजेंद्र रंगनाथ
बी.पी.सी.ए. चे कॉलेज ऑफ फिजिकल एज्युकेशन
यांना
२८ जानेवारी, २०१२ च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

PHDA-12-245-00024-00024

Vice-Chancellor / कुलगुरू

2119755

University of Mumbai

मुंबई विद्यापीठ

We,

the Chancellor, the Vice Chancellor
and
Members of the Management Council
of the University of Mumbai,
confer the Degree of
DOCTOR OF PHILOSOPHY
(Humanities)
on
CHOUGULE SUSHAMA NARAYAN
of the B. P. C. A's College of Physical Education
for **Thesis submitted in Physical Education**
in October 2017
and accepted by the Examiners
at the Convocation
held on 11th January 2019.

आम्ही,

कुलपती, कुलगुरू
आणि
व्यवस्थापन परिषदेचे सदस्य, मुंबई विद्यापीठ,
विद्यावाचस्पती
(मानवविज्ञान विद्या)
ही पदवी
चौगुले सुषमा नारायण
बी.पी.सी.ए. चे कॉलेज ऑफ फिजिकल एज्युकेशन
यांना
शारिरीक शिक्षण या विषयात
ऑक्टोबर २०१७ मध्ये
सादर केलेला प्रबंध परीक्षकांनी स्वीकृत केल्याबद्दल
११ जानेवारी २०१९ च्या
दीक्षान्त समारंभात प्रदान करीत आहोत.

Prof. Suhas Pednekar | प्रा. सुहास पेडणेकर
Vice Chancellor | कुलगुरु

0978535

18-PHDA-17O-248-00000072

CPE/P/320
5th Dec 1991

To,

Shri.G.K.Dhokrat,
C/o.Vijay Lonari
Azgarali-Ki-Chal,
Santacruz, Bombay(East).

Dear Sir,

With reference to your application dated 20th August, 1991 the Selection Committee is pleased to informed you that, you are hereby appointed to the full time post of 'Lecturer' in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, Bombay - 400 031 for the post which is for unreserved category in this College in the grade of Rs.2200-75-2800-100-4000 on the starting pay of Rs.4,070/-.

2. Your appointment is in the clear vacancy of open category on probation period of two years w.e.f. 5th December, 1991.

3. Your services will be governed by the provisions of the Bombay University Act, 1974 and the statutes, Ordinances, Regulations and Rules of the University for the time being in force and the Rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptances is not received upto ~~30th November~~ 15. Dec. 1991 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate(s) from your present employer(s), if any.

7. You will have to undergo medical examination which will be conducted by our Association's doctor within six months from the day of your appointment. If you are found medically unfit, your services will be terminated with one month notice.

8. You will have to submit the medical certificate from civil surgeon after joining the duties at an earliest.

9.

Contd ... 2/-

9. You will have to work as per condition's duties and responsibilities of services of Teaching and Non-teaching staff which is enclosed herewith.

10. Please acknowledge.

Yours faithfully,

Hon. Gen. Secretary,
Bombay Physical Culture Association

Principal
B. P. C. A.'s
College of Physical Education,
Wadala, Bombay-400031.

CPE/P/318.

8th Aug.,97.

To,

Shri.Hotkar Jaysing Malharrao
Police Head Quarters,
Block No.27,Room No.4,
SOLAPUR:-413005.

Dear Sir,

With reference to your application dated 15th June,1997 the Governing Body is pleased to inform you that you are hereby appointed to the full-time post of Lecturer in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, on the starting pay of Rs.7,030/- p.m. in the time-scale of pay of Rs.2200-75-2800-100-4000 with effect from 11th August,1997.

2. Your appointment is on probation for a period of two years subject to the approval of University & Government (Director of Sports, Poona).

3. Your services will be governed by the provisions of the Bombay University Act,1974 & the Statutes, Ordinances, Regulations & Rules of the University for the time being in force and the Rules of the Governing Body not inconsistent with the Act,Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to recive the allowances as per rules.

5. If your acceptance is not received upto 18th August,1997 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate from your present employer, if any & to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. Please acknowledge.

Yours faithfully,

(Shri.M.G. Mane)
Chairman
Bombay Physical Culture Association
Wadala, Bombay - 31.

Principal
B.P.C.A.'s
College of Physical Education
Wadala, Bombay-400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION'S

Estd.-1978

COLLEGE OF PHYSICAL EDUCATION

(Affiliated to the Uni. of Mumbai, Recognised by the Govt. Of Maharashtra & N.C.T.E.)

NAAC Accredited

Principal : Dr. G. V. Pargaonkar

Tel. : (022) 2416 8609, Fax : 2417 2457

Ref. No. : CPE/KJM/447

Date : 30.10.09

APPOINTMENT LETTER

To,
Shri.Maru Kishore Jagubhai,
1104/D, Janata Nagar CHS,
Tardeo Road,
Mumbai- 400034.

Dear Sir,

With reference to your application, dated 18th July, 2009 the Governing Body/Principal is pleased to inform that, you are hereby appointed to the full-time post of Lecturer in the B.P.C.A.'s College of Physical Education, Wadala, Mumbai - 31, on a starting pay of Rs. 23,180/- p.m. in the time scale of pay of Rs. 8000-275-13500 with effect from 3rd November, 2009.

2. Your appointment is on probation for a period of two years up to 2nd November 2011.

3. Your services will be governed by the provisions of the Mumbai University Acts, 1974 and the Statutes, Ordinances, Regulations and Rules of the University for the time being in force and rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptance is not received up to 2nd November, 2009 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate(s) from your present employer(s), if any, and to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. Your appointment is subject to approval of the University of Mumbai and Director of Sports and Youth Services, Poona-1(i.e. Grant-in-aid authority).

8. Please acknowledge.

Place : Wadala, Mumbai - 31.
Date : 30th October, 2009.

Yours faithfully,

[G.V. PARGAONKAR]
Principal of the B.P.C.A.'s
College of Physical Education
Wadala, Mumbai- 400 031

Received
30/10/09

[A.N. NAIK]
Chairman of the
Governing Body of the B.P.C.A.'s
College of Physical Education,
Wadala, Mumbai- 400 031.

Bharatiya Kreeda Mandir, Naigaum Cross Road, Wadala, Mumbai – 400 031.
Website : www.bpcacpemumbai.org E-mail : office@bpcacpemumbai.org / bpcacpe@vsnl.net

6/8/97.

CPE/P/810

To,

Shri. Asai Kailas Kawdu
Vartak Road, Dongarpada,
Virar (West),
PIN - 401 303.

Dear Sir,

With reference to your application dated 20th June,1997 the Governing Body is pleased to inform you that you are hereby appointed to the full-time post of Lecturer in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, on the starting pay of Rs. 7,030/- p.m. in the time-scale of pay of Rs. 2200-75-2800-100-4000 with effect from 9th August,97.

2. Your appointment is temporary for a period of one academic year only i.e. upto 31st March,1998.(Adhoc appointment)

3. Your services will be governed by the provisions of the Bombay University Act,1974 & the Statutes, Ordinances, Regulations & Rules of the University for the time being in force and the Rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptance is not received upto 14th August,1997 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate from your present employer, if any, and to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. You will have to pass the eligibility test prescribed for lecturers conducted by U.G.C.,CSIR, or similar test accredited by the University Grants Commission.

8. Please acknowledge.

Received letter
06/08/97

Principal
B. P. C. A.'s
College of Physical Education
Wadala, Bombay-400 031.

Yours faithfully,
M G Mane
(Shri. M.G. Mane)
Chairman
Bombay Physical Culture Association,
Wadala, Mumbai - 31.

B. P. C. A.'S
COLLEGE OF PHYSICAL EDUCATION
Bharatiya Kreeda Mandir,
Naigaum Cross Road,
Wadala, Mumbai - 400 031.

CPE/P/174

01-09-2005

APPOINTMENT LETTER

To,
Mrs. Neetu O. Joshi
C/o. Ravi S. Sethi
B/002, Sahayog Complex,
Tiku-ji-wadi Road, Manpada,
Thane (W), PIN - 400 610.

Sir,

With reference to your application, dated 11th April, 2005, the Principal is pleased to inform that, you are hereby appointed to the full-time post of Lecturer in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, Mumbai - 31, on a starting pay of Rs. 18,740/- p.m. in the time scale of pay of Rs. 8000-275-13500 with effect from 1st October, 2005.

2. Your appointment is on probation for a period of two years upto 30th September, 2007.

3. Your services will be governed by the provisions of the Mumbai University Acts, 1974 and the Statutes, Ordinances, Regulations and Rules of the University for the time being in force and rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptance is not received upto 17th September, 2005, your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate(s) from your present employer(s), if any, and to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. Your appointment is subject to approval of the University of Mumbai and Director of Sports and Youth Services, Poona-1(i.e. Grant-in-aid authority).

8. Please acknowledge.

Place : Wadala, Mumbai - 31.
Date : 01-09-2005

Yours faithfully,

[G.V. PARGAONKAR]
Principal of the B.P.C.A.'s
College of Physical Education
Wadala, Mumbai- 400 031

2/9/05

[A.N. NAIK]
Chairman of the
Governing Body of the B.P.C.A.'s
College of Physical Education,
Wadala, Mumbai- 400 031.

xxxxxxxxxxxxxxxxxxx
I/C Principal : Shri. G.V. Pargaonkar

CPE/P/269

1st September, 1995.

To,

Smt. Bansode Anita Vitthal
C/o. Shri. Venkat Parse
139, Bhavani Peth,
Near Gokul Talim,
PUNE : 2.

Dear Madam,

With reference to your application dated 3rd July, 1995 the Governing Body is pleased to inform you that you are hereby appointed to the full-time post of Lecturer in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, on the starting pay of Rs. 5,358/- p.m. in the time-scale of pay of Rs.2200-75-2800-100-4000 with effect from 1st Septermber, 1995.

2. Your appointment is on probation for a period of two years subject to the approval of University & Government (Director of Sports, Poona).

3. Your services will be governed by the provisions of the Bombay University Act, 1974 & the Statutes, Ordinances, Regulations & Rules of the University for the time being in force and the Rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptance is not received upto 11th September, 1995 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate from your present employer, if any, & to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. Please acknowledge.

Yours faithfully,

M.G. Mane

(Shri. M.G. Mane)
Chairman
Bombay Physical Culture Association
Wadala, Bombay - 31.

G.V. Pargaonkar
I/C Principal
B.P.C.A.'s
College of Physical Education,
Wadala, Bombay-400 031

CPE/P/489 5-11-98

To,
Shri. Shelke Rajendra Nana,
180, New Prabudha Nagar,
R.A.Kidwai Road,
Wadala,
Mumbai-400 031.

Dear Sir,

1. With reference to your application dated 22nd May,1998 for the post of Lecturer, the Governing Body is pleased to inform you that you are hereby appointed to the full-time post of Lecturer in the subject of Physical Education in B.P.C.A'S College of Physical Education, Wadala, on the starting pay of RS. 7,756/- p.m. in the time-scale of pay of Rs.2200-75-2800-100-4000 w.e.f.16th November,1998.

2. your appointment is temporary for a period of One year as per University Circular No.CONCOL/VCD/34 dated 17th March,1993 and चम निदेश/१९६ dated 1st March,1996 as you have not passed the NET/SET examination. A Xerox copies of the above circulars is enclosed herewith for your information.

3. Your services will be governed by the provisions of the Mumbai University Act,1974 and the Statutes, Ordinances, Regulations and Rules of the University for the time being in force and the Rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptance is not received up to 20th November,98 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate from your present employer, if any and to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. you will have to pass the eligibility test prescribed for lecturers conducted by U.G.C., CSIR.,OR similar test accredited by the University Grants Commission.

8. Please acknowledge.

Yours faithfully,

(Shri. A.N. Naik)
Hon. Gen. Secretary,
B.P.C.A. Wadala, Mumbai-31.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

5-10-98

CPE/P/289

19 Nov. 1991

To,

Shri.Dhakne Rajendra Ranganath,
C/o.Mr. Lalit R. Dhakne,
6/119, New Customs Quarters,
Five Gardens, Matunga,
Bombay-400019.

Dear Sir,

With reference to your application dated 24th July,1991 the Selection Committee is pleased to informed you that, you are hereby appointed to the full time post of 'Lecturer' in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, Bombay-400031 ~~for~~ the post which is for unreserved category in this College in the grade of Rs.2200-75-2800-100-4000 on the starting pay of Rs.3,872/-.

2. Your appointment is in the clear vacancy of open category on probation period of two years w.e.f. 1st December, 1991.

3. Your services will be governed by the provisions of the Bombay University Act,1974 and the statutes, Ordinances, Regulations and Rules of the University for the time being in force and the Rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptances is not received upto 30th November,1991 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate(s) from your present employer(s), if any.

contd.....2....

7. You will have to undergo medical examination which will be conducted by our Association's doctor within six months from the day of your appointment. If you are found medically unfit, your services will be terminated with one month notice.

8. You will have to submit the medical certificate from civil surgeon after joining the duties at an earliest.

9. You will have to work as per condition's duties and responsibilities of services of Teaching and non-teaching staff which is enclosed herewith.

10. Please acknowledge.

Yours faithfully,

Hon. Gen. Secretary,
Bombay Physical Culture Association

Principal
B. P. C. A.'s
College of Physical Education,
Wadala, Bombay-400 031.

19/11/91

BOMBAY PHYSICAL CULTURE ASSOCIATION'S

COLLEGE OF PHYSICAL EDUCATION

NAAC Accredited (Affiliated to the Uni. of Mumbai, Recognised by the Govt. of Maharashtra and N.C.T.E.)

Principal : *Dr. G. V. Pargaonkar*

E-mail : bpcacpe@vsnl.net
info@bpcacpe.org

☎ : 2416 8609
Fax : 2417 2457

Ref. No. : CPE/P/481

Date : 12.12.06.

APPOINTMENT LETTER

To,
Miss.Sushama Narayan Chougule,
B-604, Sixth Floor,
Bhumiraj Casa Co.Op.Housing Society Ltd.
Plot No.5, Sec.15, Palm Beach Road,
Sanpada (East), Vashi,
Navi Mumbai- 40-0 705.

Sir,

With reference to your application, dated 25th May, 2006 the Governing Body/Principal is pleased to inform that, you are hereby appointed to the full-time post of Lecturer in the subject of Physical Education in the B.P.C.A.'s College of Physical Education, Wadala, Mumbai - 31, on a starting pay of Rs. 20180/- p.m. in the time scale of pay of Rs. 8000-275-13500 with effect from 2nd January,2007.

2. Your appointment is on probation for a period of two years up to 1st January, 2009.

3. Your services will be governed by the provisions of the Mumbai University Acts, 1974 and the Statutes, Ordinances, Regulations and Rules of the University for the time being in force and rules of the Governing Body not inconsistent with the Act, Statutes, Ordinances, Regulations and Rules of the University.

4. You will be entitled to receive the allowances as per rules.

5. If your acceptance is not received up to 15th December, 2006 your appointment is liable to be cancelled.

6. In case you accept the appointment, you shall have to submit discharge certificate(s) from your present employer(s), if any, and to execute a deed of contract of service in the enclosed form at the time of joining the duties.

7. Your appointment is subject to approval of the University of Mumbai and Director of Sports and Youth Services, Poona-1(i.e. Grant-in-aid authority).

8. Please acknowledge.

Place : Wadala, Mumbai - 31.
Date : 12/12/2006

Yours faithfully,

[G.V. PARGAONKAR]
Principal of the B.P.C.A.'s
College of Physical Education
Wadala, Mumbai- 400 031

12/12/2006

[A.N. NAIK]
Chairman of the
Governing Body of the B.P.C.A.'s
College of Physical Education,
Wadala, Mumbai- 400 031.

Appendix 38

ORGANIZING COMMITTEE

PATRONS

Hon'ble Shri Sanjay Shete (President, BPCA)
Dr.G.V. Pargaonkar (Director, BPCACPE)

CHAIRMAN

Dr.R.R.Dhakne (I/C Principal, BPCACPE)
Prof. D.K.Dureha (President, SPAI)

ORGANIZING SECRETARY

Dr. Neetu Joshi

JOINT ORGANIZING SECRETARIES

Dr. Anuradha Solanki , (Secretary General, SPAI)
Dr.Kishore Maru, Dr. Jaising Hotkar

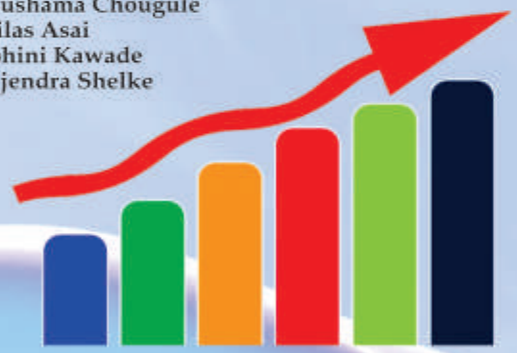
ADVISORY COMMITTEE

Prof. M.L.Kamlesh, SPAI

Prof. N.S. Mann (SPAI)
Prof. Avinash Sidhu (SPAI)
Prof. Jayshree Acharya (SPAI)
Dr.K.S. Gurjar (Finance Secretary,SPAI)
Dr. Reena Kaul (SPAI)
Dr.Anil Ramchandran (SPAI)

EXECUTIVE MEMBERS

Dr.Dhananjay Shaw (SPAI)
Dr.Suresh Kutty (Academic Secretary,SPAI)
Dr.Lalit Sharma (Editorial Secretary,SPAI)
Dr.Ghansham Dhokrat
Smt. Sushama Chougule
Dr.Kailas Asai
Dr. Rohini Kawade
Dr. Rajendra Shelke



CONFERENCE VENUE

B.P.C.A' s COLLEGE OF PHYSICAL EDUCATION.

Bhartiya Krida Mandir, Naigaon Cross Road, Sahakar Nagar,
Wadala, Mumbai 400 031, Maharastra
Tel.No 022 24168609 Fax: 022 24172457
Mob.No 9869507224 / 7506201885 / 9869412807 / 9821316213
website: www.bpcacpemumbai.org
Email: bpcaspc@gmail.com

REGISTRATION FEES

Category	Before 25th Nov, 2017	After 25th Nov, 2017
Delegates	Rs. 3000/-	Rs. 3500/-
SPAI Members	Rs.2500/-	Rs. 3000/-
Students/Scholars	Rs. 2000/-	Rs. 2500/-

Full time students must provide proof of student while submitting their Registration form and payment.(Attested copy of students Identity card or a letter from the college/ Institution)

NOTE

1. Registration Fees include Conference kit, Breakfast & Lunch.
2. Only Limited (upto 60 mens, 20 womens) confirmed registration before 25th November, 2017 will be provided free accommodation on first come first basis in college hostel on sharing basis.
3. Registration fee does not include accommodation charges and dinner during conference .
4. Last date for submission of Abstract of paper is 1st Nov, 2017.
5. Last date for submission of full paper is 15th Nov, 2017.
6. Full papers along with Abstract, Registration form, Fee details should reach the Organizing Secretary through mail only.
7. Online registration also available on www.bpcacpemumbai.org
8. SPAI Executive Body Meeting will be held on 28th Dec, 2017.
9. SPAI General Body Meeting will be held on 29th Dec, 2017.

CORRESPONDENCE

Dr. Neetu Joshi
Organzing Secretary
28th National Conference of Sports Psychology
B.P.C.A's College of Physical Education.
Bhartiya Krida Mandir, Naigaon Cross Road, Sahakar Nagar,
Wadala, Mumbai 400 031, Maharashtra

COMMUNICATION

Tel.No 022 24168609 Fax: 022 24172457
Mob.No 9869507224 / 7506201885 / 9869412807 / 9821316213
website: www.bpcacpemumbai.org
Email: bpcaspc@gmail.com

Any enquiry related to accommodation contact to
Dr. Ghansham Dhokrat
09930295833

28th National Conference of Sports Psychology on

CONTEMPORARY ISSUES OF SPORTS PSYCHOLOGY IN THE 21ST CENTURY

28th - 30th December, 2017

organized by

B.P.C.A's College of Physical Education,
Wadala, Mumbai, Maharashtra

under the aegis of

Sports Psychology Association of India (SPAI)
(Approved by Ministry of Youth Affairs & Sports, Govt. of India)

Website: www.bpcacpemumbai.org
Email: bpcaspc@gmail.com

28th National Conference of Sports Psychology on CONTEMPORARY ISSUES OF SPORTS PSYCHOLOGY IN THE 21ST CENTURY

28th – 30th December, 2017

ABOUT THE ORGANIZER

BPCACPE is situated in the heart of mega cosmopolitan Mumbai city, which is the state capital of Maharashtra. The college which has been established by the Bombay Physical Culture Association (popularly known as BPCA) in 1978, conducts various programmes in Physical Education & Sports viz. B.P.Ed, M.P.Ed & Ph.D as well as Certificate Courses in Fitness, Yoga & various games & sports. The College has been recently awarded BEST COLLEGE AWARD by the University of Mumbai for its Academic excellence. At present, ours is the only college in the state which has been re-accredited by NAAC with 'A' Grade in 3rd cycle of assessment and accreditation.

ABOUT THE CONFERENCE

BPCACPE invites you to participate in this 28th National Conference of Sports Psychology on the theme, "CONTEMPORARY ISSUES OF SPORTS PSYCHOLOGY IN THE 21ST CENTURY". Since, the Conference is being organized under the aegis of Sports Psychology Association of India (SPAI), eminent speakers & resource persons are chosen meticulously to create awareness about recent developments & 21st Century thinking about Sports Psychology in Indian as well as International perspectives. Students, Faculties, Scientists/ Researchers in the field of Physical Education & Sports as well as other Social Sciences can attend this conference.

SUB THEMES / AREAS

1. Past, Present and Future trends in Physical Education & Sports Psychology.
2. Psychology for Physical Activity, Recreational Sport and Lifestyle Management.
3. Physiological Aspects of Sports Psychology.
4. Psychological Interventions and Athletic Performance.
5. Psychometrics and Technological Advancements.
6. Sports Psychology – Mass Media and Marketing.
7. Sports Medicine and Psychology.
8. Sports Nutrition and Body-Mind Approach.
9. Fitness, Health, Wellness and Sports Psychology.

CALL FOR PAPERS

- Send Abstract (upto 200 words),
- Full paper (upto 2000 words)

By email: bpcaspc@gmail.com

POSTER PRESENTATION

Poster Size: 3'x4'

Photo sizes: 5"x7"

Poster text: 18 pt.Times Roman

Contents:

Introduction, Methodology, Result & Summary. Full colour.

Title: 90 pt Times Roman

Subtitle; authors with designation & address departments, university - 75 pt. Times Roman

Border (1/2 inch)

Presentation: verbal at poster site.

28th National Conference of Sports Psychology on CONTEMPORARY ISSUES OF SPORTS PSYCHOLOGY IN THE 21ST CENTURY

28th – 30th December, 2017

REGISTRATION FORM

Name (as on certificate) : _____

Gender : Male/ Female

Designation: _____

University/Institute : _____

Mailing Address: _____

E-mail Id: _____

Mobile. No: _____ Phone (O): _____

I am interested in:		Category:	
1.Participation	☐	1.Delegate (SPAI Member)	☐
2.Paper presentation	☐	2.Delegate	☐
3.Poster presentation	☐	3.Student/Scholar	☐

Title of the paper : _____

Mode of payment: Cash/Demand draft/ NEFT-RTGS

DD No. Date:

Bank: Branch:

Place: Date: Signature:

Note: Participants can deposit their fee by direct transfer in the Conference Account or by Demand Draft as per the details given below:

Demand Draft in favour of – National Conference, B.P.C.A's College of Physical Education, Wadala, Mumbai – 31 (Please mention the participants name & Phone No. at the back (overleaf of DD)

NEFT-RTGS

A/c Name: National Conference, B.P.C.A's College of Physical Education

A/c No. : 09780100006053

IFSC Code: UCBA0000978

Bank Name: UCO BANK

Branch: Wadala, Mumbai – 31

Signature

28th NATIONAL CONFERENCE ON SPORTS PSYCHOLOGY
28TH -30TH DECEMBER, 2018
List of Participants

Sr. No.	Name of Student
1	Anagha Kulkarni (Mumbai)
2	Jaywant Mane (Panvel)
3	Abhitsen Vartak
4	Narendra Kunder (Teacher,Mumbai)
5	Nishant Kolhe (Teacher,Mumbai)
6.	Vimla Tiwari (Teacher,Mumbai)
7.	Omkar Chavan (Teacher,Mumbai)
8.	Sheetal Vetale (Teacher,Mumbai)
9.	Rohit Chandan (Teacher,Mumbai)
10.	Nikita Salvi (Teacher,Mumbai)
11.	Mrs. Poonam Dwivedi (Kanpur)
12.	K. Shanthi (Tamilnadu)
13.	Mr. Ashwani Bali (Amravati)
14.	Mr. Mohammad Ashraf Khan (Amravati)
15.	Mr. Waseem Raja Malik,(Amravati)
16	Miss. Sumia Ramzan, (Amravati)
17	Ravi Gaikwad,(Aurangabad)
18	Ashutosh Potnis, (Aurangabad)
19	Ujwala Gaikwad,Dept of PE, UOM
20	Nikita Dandekar,Dept of PE, UOM
21	Sachin Shinde,Coach
22	Trupti Save (Teacher,Mumbai)
23	Kiran Aher (Ahmednagar)
24	Gautam Jadhav (Baramati)
25	Lokman Saikh (Pune)
26	Kavita Gadade (Nasik)
27	Sachin Kavinde (Thane)
28	Mrs Usha Singh (New Delhi)

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Sr. No.	Name of Student
29	Jesmy Jose (Kerala)
30	Jitendra Ambekar, Dept of PE, UOM
31	Harish Waidande (Teacher)
32	Kiran Thorat (Teacher)
33	Siddhi Deshpande (Mumbai)
34	Dr. K.Kannadasan (Tamilnadu)
35	Dr.Manish Marjanday
36	Vishal Londhe
37	Susan S. Sunny
38	Sheetal Vetale
39	Monica Gill
40	Sonica gill
41	Veena Shelatkar
42	Prashant Bangale
43	Ramanand Gaikwad
44	Rajesh Kateshiya
45	Nitin Khanvilkar
46	Deepak Patil
47	Vishal Salve
48	Sandeep Punia
49	Vikram Satpute
50	Rajesh Shigavan
51	Sachin Tambare
52	Sumit Kamble
53	Siddharth Waghmare
54	Swapnil Shetty
55	Sunil Pawar
56	Dipali Patil
57	Pratiksha Kshirsagar
58	Manoj Verma
59	Shital Gaikwad

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Sr. No.	Name of Student
60	Nishant Patil
61	Lalit Dhawde
62	Milind Jadhav
63	Numa Patil/ Prajakta Raut
64	Mahendra Bhandare
65	Vinay Saini
66	Mini Lobo
67	/Bhilare Bhagyashree A
68	/Figueiredo Loveena S
69	/Kapoor Jaspreet Kaur J
70	/Karkera Pratiksha R
71	/Kode Shwetali M
72	/More Ambrita S
73	/Phadatare Shubhangi
74	/Ramteke Pragati N
75	/Sakharkar Manisha J
77	/Tambe Swapanali A
78	/Verma Divya K
79	Balmiki Rajeshkumar R
80	Balwar Gayasuddin S
81	Dias Royal Basco
82	Ghadshi Manoj S
83	Khan Anwaruzzama B
84	Khobarekar Snehal A
85	Mhapankar Vishal V
86	Mohite Harshad H
87	Parab Krishnapratik U
88	Patel Kalpesh S
89	Pisal Anil R
90	Yadav Abhishek V
91	Yadav Ganesh C

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Sr. No.	Name of Student
92	/Daund Pradnya S
93	/Gaikhe Madhuri K
94	/Gupta Vaishali P
95	/Jadhav Priya S
96	/Kamble Sanjivani S
97	/Khule Snehal R
98	/Patil Jagruti P
99	/Shinde Aishwarya D
100	/Torkadi Deepali S
101	Arakal Ansel S
102	Bagal Randhir D
103	Bankar Yogesh Y
104	Chavan Mayur A
105	Darawade Sanju G
106	Dundle Ajay B
107	D'Souza Priyesh V
108	Gaganmalle Anil M
109	Girane Sachin S
110	Gulvi Bhavesh R
111	Kalapurathu Adarsh M
112	Parab Mandar M
113	Saroj Shyamnarayan C
114	Sharma Abhilash D
115	Shinde Atul S
116	Yadav Sunil L

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

NATIONAL CONFERENCE ON SPORTS PSYCHOLOGY
28TH -30TH DECEMBER, 2018
List of Resource Persons

Sr. No.	Name of Student
1	Mr. Lalit Sharma
2	Mrs. Reena Kaul
3	Mr. D. K. Dureha
4	Mrs. A. D. Dureha
5	Mr. K. S. Gujar
6	Ms. Jayashree Acharya
7	Mrs. Anuradha Solanki
8	Mrs. Jolly Roy
9	Dr.Tarasankar Dey
10	Dr.Anil Ramchandran
11	Dr.M.L.Kamlesh
12	Dr.Gautam Gavli
13	Dr.T.K.Bera
14	Dr.Manmath Gharote
15	Dr. Vishwambar Jadhav

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 39 A

B.P.C.A's College of Physical Education,
Wadala, Mumbai - 31
B.P.Ed. - Semester I
Online Theory Time Table (May, 2021)

w. e. f. 01.05.2021

01.05. 2021	Holiday – Maharashtra Day	
03. 05. 2021	9.00 am to 9.40 am	Dr. Kawade C- II U- II
	10.00 am to 10.40 am	Dr. Hotkar C- I, U-II
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Dhakne C- II U- III
04. 05. 2021	9.00 am to 9.40 am	Dr. M. M. Gharote C- II U- I & IV
	10.00 am to 10.40 am	Dr. M. M. Gharote C- II U- I & IV
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Dhakne C- II U- III
05. 05. 2021	9.00 am to 9.40 am	Dr. Asai C- I, U- I
	10.00 am to 10.40 am	Dr. Kawade C- II U- II
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Joshi C- II U - V
06. 05. 2021	9.00 am to 9.40 am	Dr. M. M. Gharote C- II U- I & IV
	10.00 am to 10.40 am	Dr. M. M. Gharote C- II U- I & IV
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Dhakne C- II U- III
07. 05. 2021	9.00 am to 9.40 am	Dr. Dhakne C- II U- III
	10.00 am to 10.40 am	Dr. Kawade C- II U- II
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Dr. Dhokrat C I - U- IV
08.05. 2021	9.00 am to 9.40 am	Dr. Hotkar C- I, U-II
	10.00 am to 10.40 am	Dr. Dhakne C- II U- III
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Dr. Dhokrat C I - U- IV
10. 05. 2021	9.00 am to 9.40 am	Dr. Kawade C- II U- II
	10.00 am to 10.40 am	Dr. Asai C- I, U- I
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Maru C- II U - V
11. 05. 2021	9.00 am to 9.40 am	Dr. M. M. Gharote C- II U- I & IV
	10.00 am to 10.40 am	Dr. M. M. Gharote C- II U- I & IV
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Asai C- I, U- I

12. 05. 2021	9.00 am to 9.40 am	Dr. Kawade C- II U- II
	10.00 am to 10.40 am	Dr. Maru C- II U - V
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Hotkar C- I, U-II
13. 05. 2021	9.00 am to 9.40 am	Dr. Maru C- II U - V
	10.00 am to 10.40 am	Dr. Shelke C- I, U-III
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Dr. Dhokrat C I - U- IV
14. 05. 2021	Holiday – Ramjan Eid	
15. 05. 2021	9.00 am to 9.40 am	Dr. Asai C- I, U- I
	10.00 am to 10.40 am	Dr. Dr. Dhokrat C I -U- IV
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Chaugule C I - U- V
17. 05. 2021	9.00 am to 9.40 am	Dr. Shelke C- U- III
	10.00 am to 10.40 am	Dr. Asai C- I, U- I
	11.00 am to 11.40. am	All Special Method
	12.00 pm to 12.40 pm	Dr. Chaugule C I - U- V
	1.00 pm to 2.00 pm	Interaction Meeting with Principal regarding Online University Exam.
18. 05. 2021	10.00 am to 10.30 am	Mock Test of Online Uni. Exam (MCQ)
	11.00 am to 12.00 pm	Mock Test of Online Uni. Exam (Descriptive)
19.05. 2021	10.00 am to 11.00 am	Feedback on Mock Test
20. 05. 2021 to 22. 05. 2021	Online Internal Examination- MCQ (Term Paper)	
24. 05. 2021 to 26. O5. 2021	Break for preparation of Online University Examination (MCQ & Descriptive)	
27. 05. 2021 to 29.05. 2021	Online University Examination (MCQ & Descriptive)	

Theory In charge
Dr. G. K. Dhokrat
Associate Professor

Dr. G.V. Pargaonkar
Principal
B.P.C.A.C.P.E

BPCA'S COLLEGE OF PHYSICAL EDUCATION,

WADALA, MUMBAI, 400031

EVELUATION PROCEDURE

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI, 400031

EVELUATION PROCEDURE

Introduction

Evaluation is an integral part of the Teaching Learning Process (TLP). Evaluation helps for the development of both the student and teacher in the TLP. Evaluation is an ongoing process. Evaluation serves as an important part of the curriculum to monitor students' academic progress. Thus, evaluation plays an important role in any educational program. Theoretical, practical and practice lessons are important parts of the degree and postgraduate courses of BPCA'S College of Physical Education.

Policy

1. Encourage students to formulate/disclose the knowledge they have acquired
2. Effective implementation of consistent and comprehensive evaluation.
3. Giving students the opportunity to demonstrate their knowledge in non-verbal assessment based on various assessment techniques.
4. Use of various qualitative and quantitative evaluation techniques in internal evaluation. E.g. (Interview, Project, Assignment, Demonstration, Role Presentation, Designation Category, Group Discussion, Presentation, Personal Study, etc.)
5. Use of technology in the evaluation process.
6. To maintain transparency in the evaluation of internal Evaluations.
7. Maintain a stress-free environment during internal evaluation.

Procedure of Internal Evaluation (Theory)

1. Schedule internal Evaluations.
2. To solicit questions from the professors according to the subject.
3. Display the received question from faculty members on app min. 10 days prior to exam dates. (only applicable to online examination) / on college notice board / on respective what app groups
4. Display time table of Internal Evaluation.

5. To take the Evaluation as per the rules of the college.

a) If a candidate misses an internal Evaluation, he/she will have another chance or chances with the permission from college Principal in consultation with the theory coordinator. Such additional opportunities for internal assessment shall not be the right of the student.

b) If the candidate fails the internal Evaluation after repeated attempts provided by the teacher, candidate will not be allowed to appear for the external Evaluation of the concerned course and will have to complete/repeat the course in the subsequent semester/ during 5th/6th semester whichever is applicable.

c) Candidate must secure minimum passing standard in every internal assessment. Concerned teacher of the course may provide another opportunity to the student who misses an internal exam or who fails to obtain minimum passing standard in each of the internal assessment. It should be noted that the candidate who gets extra opportunity in the internal assessment will be awarded only minimum passing standard (i.e. 40%).

d) If a student is absent for the morning field activity without prior permission or valid reason, he/she will not be allowed to appear for internal theory exam/tutorial. Students will not be allowed to retake the subject. It is mandatory to complete the process but the subject will get zero marks.

AC 26/2/2015
Item No. 4.10

UNIVERSITY OF MUMBAI

Ordinances, Regulations and Syllabus
Program – B.P. Ed
Course – Physical Education
(Sem. I to IV)

(As per Credit Based Semester and Grading System with effect from the academic year 2015-2016)

Appendix 40 B

AC 26/2/2015
Item No. 4.27

UNIVERSITY OF MUMBAI

Amended Regulations 8673, 8676 and Syllabus

Program : M.P. Ed.

Course : Education

(As per Credit Based Semester and Grading System
with effect from the academic year 2015-2016)

B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Academic Calendar 2020-2021
Sem I and II B.P.Ed. (First Year)

Events	Date
Sem 1 Commencement	5th March 2021
Ground Practical Session Induction Begins	7th March
Ground Practical Session 1	Students are made familiar with the online practical aspects of various activities
Ground Practical Session 2	
Ground Practical Session 3	
Sem 1 Theory lectures begins	7th March
Sem 1 Method selection	15th March
Sem 1 Micro Teaching Optional Subjects (Begins)	Last Week of March
Sem 1 Course wise online practice test (MCQ)	25th April
Sem 1 Projects & Assignments on Internal Assessment	30th April
Sem 1 Date of submission of Projects	5th May
Sem 1 Online Internal Theory Examination (MCQ)	18th May
Sem 1 University Examination	27th May
Sem 1 Semester Break	30th May to 15th June
Sem 2 Commencement (Induction Programme)	16th June
Sem 2 Theory lectures begins	16th June
Demo of teaching optional method (Lesson)	25th June
Practical Session begins	26th June
Sem 2 School Lessons Optional Subjects (2 Lessons Online) Peer group	8th July
Sem 2 Course wise online practice test (Mock Test)	12th July
Practicals on Athletics Begin (Online)	18th July
Celebration of Independence Day (Online & Offline)	15th August
Celebration of National Sports Day (Online & Offline)	31st August
Lecture on Dr. Shri Sarvapalli RadhaKrishnan by Dr. M.M. Gharote	5th September
Sem 2 Projects & Assignments on Internal Assessment	17th September
Sem 2 Date of submission of Projects	22nd September
Online Practical Examination (Internal)	20th October
Sem 2 Theory Internal Examination	22nd October
Sem 2 University Examination (MCQ)	24th October to 26th October
Online Practical Examination (External)	26th October to 28th October

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B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Academic Calendar 2021-2022
Sem III and IV B.P.Ed. (Second Year)

Events	Date
Sem 3 offline teaching learning process begins	**16th November**
Practical Session begins	17th November
Demonstration of Micro Teaching Lessons	7th January, 2022
Online Lectures Begin Due to Covid	10th January
Celebration of Republic Day (Online & Offline)	26th January
Micro Teaching Lesson Day 1	9th February
Micro Teaching Lesson Day 2	12th February
Micro Teaching Lesson Day 3	15th February
Celebration of Chhatrapati Shivaji Jayanti	19th February
Celebration of Marathi Divas	28th February
Fira Programme	7th March
Celebration of Women's Day	8th March
Inter House Dumbbells Competition	12th March
Inter House Zanz Competition	22nd March
Educational Visit (Balewadi, Pune)	25th March
Inter House Folk Dance Competition	31st March
Sem 3 Internal Exam	1st April
Sem 3 Practical Examination	2nd April
Sem 3 University Examination	4th April
Sem 4 Commencement	**18th April**
Athletics Training at University Sports Pavilion, Marine Lines	19th April to 23rd April
Demonstration of Practice Teaching Model Lesson	26th April
1st Practice Teaching Simulation Lesson	13th, 18th and 20th May
Summer Vacations	21st May to 22nd June

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B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Academic Calendar 2020-2021

Sem I and II M.P.Ed. (First Year)

Events	Date
Sem I Commencement	20th September, 2020
Induction program	21st September
Sem 1 Orientation of the course ONLINE	22nd September
Selection of specialization games / activities ONLINE	24th September
Practical Classes beings ONLINE	1st October
Distribution of Topic for Seminar Presentation (C-IV) ONLINE	10th October
Seminar Presentation (Course-IV) ONLINE	20th and 21st October
Project on Historical Aspects (C-I) ONLINE	18th November
Celebration of Indian Constitution day ONLINE	26th November
Distribution of Topic for Seminar Presentation (C-I) ONLINE	28th November
Seminar Presentation (C-I) ONLINE	4th December
Practical Examination ONLINE	16th to 18th December
Reopening of the College ONLINE	2nd January, 2021
Organisation of Testing of Physiological Testing ONLINE	5th to 8th January
Theory Examination (Sem-I) ONLINE	15th to 18th January
Feedback of online Theory Examination	19th January
University Examination (Sem-I)	3rd week of January
Celebration of Republic day	26th January
Sem II Re-opening of the college	4th Week of January
Orientation of the Programme	3rd February
Distribution of topics for Presentation for C-VI	15th February
Demonstration Model Lesson And Discussion	20th February
Preparation of Seminar Presentation (Course VI)	21st February
Advance Coaching Lesson Begins	22nd February
Seminar Presentation (Course VI)	2nd and 3rd March
Preparation of Seminar Presentation (Course –VIII)	4th March
Participation in National Conference on Sports Psychology at Chandigarh	18th to 20th March
Advance Coaching Lesson Guidance	21st March
Seminar Presentation (Course-VIII)	9th April
Submission of Project	19th April
Second Semester Theory Examination	24th to 27th April
Feedback on II Semester Examination	28th April
Supervised study programme	29th April to 10th May
Semester II – University Theory Examination	2nd Week of May

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Academic Calendar 2021-2022
Sem III and IV M.P.Ed. (Second Year)

Events	Date
Sem III Reopening of the college ONLINE	11th July, 2021
Orientation of the course ONLINE	12th July
Selection of specialization games / activities ONLINE	28th July
Selection of Dissertation topics and discussion with Guides ONLINE	8th August
Celebration of Independence day ONLINE	15th August
Practical Classes begins ONLINE	25th August
Celebration of National Sports Day ONLINE	31st August
Dissertation Preparation begins ONLINE	1st September
Preparation of Seminar Presentation (Course-X) ONLINE	12th September
Discussion (Course-XI) ONLINE	14th September
Seminar Presentation (Course-X) ONLINE	25th & 26th September
Yoga Model Lesson and discussion ONLINE	29th September
Practical Examination (Athletic Activity) ONLINE	13th October
Practical Examination of Yoga ONLINE	14th and 15th October
Practical Examination ONLINE	23rd to 25th November
Theory Examination ONLINE	10th to 15th December
Feedback of Theory Examination	18th December
ONLINE UNIVERSITY EXAMINATION	2nd week of January, 2022
Sem IV Reopening of the College	22nd January
Orientation of the course	25th January
Celebration of Republic Day	26th January
Demonstration Model Lesson And Discussion	27th January
Preparation of Seminar Presentation (Course XIV)	5th February
Seminar Presentation (Course XIV)	12th and 13th February
Methodology Presentation (Dissertation)	15th and 16th February
Advance Coaching Lesson Guidance	20th February
Advance Coaching Lesson Begins	22nd February
Discussion on Given Topic (Course-XVI)	20th April
Semester IV Theory Examination INTERNAL	12th May to 16th May
Feedback on IV Semester Examination	17th May
Sem IV ONLINE University Theory Examination	21st and 22nd May

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Academic Calendar of Common Programs (2020-2022)

For all Courses (BPEd & MPEd)

Events	Date
Independence Day	15th August 2020
National Sports Day	31st August
Teachers Day	5th September
Diwali Break	29th October to 16th November
World Energy Conservation Day	14th December
Farmers day	23rd December
Celebration of Chhatrapati Shivaji Jayanti	19th February
Celebration of Marathi Divas	28th February
Women's Day Celebration	8th March, 2021
Placement Days (On Campus Interview)	1st and 2nd week of April
Summer Break	30th May to 15th June
Academic Year 2021-2022 Second Year Sem 3 Admission	5th November
Academic Year 2021-2022 Second Year Sem 3 Commencement	17th November
CET process For 2021-2023 First Year Admission begins	July 2021
CET Online Test & Field/Ground Test For 2021-2022 First Year Admission	• Online: 4th to 6th Sept, 2021 • Field test: 8th, 9th ,10th Sept, 2021 • Online: 11th Sept, 2021 • Field Test: 14th, 15th, 16th Sept, 2021

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B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Work Distribution 2020-2021

Sr. No.	Faculty	Other Responsibilities
1	RRD	Research Coordinator, Academic Calendar, Co-ordinator IQAC, other academic & administrative work
2	GKD	Theory Internal & External Exam BPEd, Reports, SET Workshop, Technology assistant guidelines-workshop
3	NOJ	Theory Internal & External Exam MPEd, Advanced Coaching Lesson, Placement Cell, Intramural MPEd
4	RCK	School Practice Lessons, Cultural Program, Extramural Sports, Officiating, Practice Teaching in Physical Education
5	JMH	Practical Exam BPEd, Equipment Room, Intramurals BPEd, Demos
6	SNC	Publication, Extension Wing, Attendance
7	KJM	ICT, Smart Board, Program Photos, Computer Lab
8	RNS	Trip & Visits, Camp, First Aid, Anti-ragging Affidavits, Alumni Association, Practice Teaching in Optional Method
9	KKA	Web Site, Extension activities, ID Cards, Report Writing (NAAC)

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Faculty Work Load 2020-2022

B. P.Ed. Two Years Course (Theory)

Sem	Paper. No.	Title of the Paper	Name of the Faculty
1	101	Foundations of Physical Education & Sports	JMH, RCK, KKA
	102	Yoga Education & Environmental Studies	MMG, RRD, RCK
	103	Methodology of Teaching	GKD, RRD, RCK, KKA, JMH, KJM, NOJ, SNC, RNS
2	104	Anatomy, Physiology & Health Education	RRD, KJM
	105	Officiating, Coaching and Sports Training	JMH, GKD, SNC
	106	Organization, Administration & Sports Management in Physical Education	NOJ, KKA, RCK, RNS
3	107	Psychology of Education, Physical Education & Sports	NOJ, SNC, RCK
	108	Fitness, Wellness, Nutrition & Weight Management	KJM, AKK, RRD, JMH
	109	Methodology of Teaching Physical Education	JMH, GKD, RCK, RNS
4	110	Measurement, Evaluation & Statistics in Physical Education	NOJ, KJM
	111	Sports Medicine, Physiotherapy & Rehabilitation	SNC, RCK, JMH
	112	Kinesiology & Biomechanics	RRD, JMH

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Faculty Work Load 2020-2022

M. P.Ed. Two Years Course (Theory)

Sem	Course. No.	Title of the Paper	Name of the Faculty
1	I	Foundations of Physical Education and Sports	KKA, RCK
	II	Research Methodology and Computer Application in Physical Education & Sports	JMH, NOJ
	III	Science of Training and Coaching in Sports and Games	KKA, RNS
	IV	Exercise and Sports Physiology	RRD, KJM
2	V	Test, Measurement and Evaluation in Physical Education and Sports	KKA, RNS
	VI	Psychology of Physical Education and Sports	SNC, NOJ
	VII	Statistics in Physical Education and Sports Research	JMH, KJM
	VIII	Sports Biomechanics	RRD, KJM
3	IX	Applied Yoga in Physical Education and Sports	RCK, MMG
	X	Management of Physical Fitness and Wellness	KJM, NOJ
	XI	Health Education	KKA, RCK
	XII	Sports Medicine	RRD, SNC
4	XIII	Management and Professional Preparation in Physical Education and Sports	RNS, JMH
	XIV	Sports Nutrition	RRD, SNC
	XV	Journalism, Marketing and Event Management in Physical Education and Sports	NOJ, KJM, RCK
	XVI	Current trends and policies in Physical Education and Sports	RNS, KKA
	XVII	Dissertation	RRD, KKA, RCK, NOJ, SNC, RNS, JMH, KJM

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BPCA'S COLLEGE OF PHYSICAL EDUCATION'S

CODE OF CONDUCT

Purpose of the Code of Conduct:

The Code of Professional Conduct for Teachers applies to all registeredteachers. Its purpose is threefold:

1. To serve as a guideline for teachers to seek ethical and respectful courses through their career in teaching and to uphold the honor and dignity of the teaching profession.
2. This code of conduct may be used by the teachers for their understanding and expectations towards teaching profession.
3. The Code has also been developed in relation to continuing professional development.

   There are four unseen pillars of any teaching institutions, code of conduct is based on these pillars viz. CARE, REPECT, TRUST AND INTEGRITY OF AND FOR THE TEACHERS

1. Code of conduct for Principal

a. The Principal of an Institution should always be honest, fair, objective, supportive, protective and law abiding.

b. He must Implement the new ideas and plan to execute the vision and mission.

c. Promote institution interaction and inculcate research development activities.

d. Listen to the student's ideas and set a supportive tone.

e. Ensure that the staff and students are aware of rules, policies and procedures laid down by the college.

f. Be fair in his disciplinary actions for all the members of faculty, non-teaching staff and students.

g. Recommend and forward communication to the authorities.

h. Monitor, manage and educate the administration of the institution and take remedial actions based on the stakeholder's feedback.

i. Execute any other qualitative and quantitative work for the welfare of the students and institution.

j. Empower all his staff and students to reach their maximum potential.

2. Duties and Responsibilities of the Coordinators / in-charge

In addition to his duties and responsibilities as a teacher, he shall perform following additional duties and responsibilities:

a. He shall supervise and control the working of the teachers and the employees working in the Department.

b. He shall review the Self-Assessment Reports of the teachers and employees working in the Department and submit Confidential Reports to the Principal.

c. He shall, in consultation with the Departmental Committees, prepare the annual budget of the Department, time table of theory/practical teaching and seminars/assignments and examination and/or test to be conducted during the academic year.

d. He shall also prepare developmental plans with regard to infrastructure development, linkages, new courses and research plans of the Department in continuation of earlier plans in consultation with the Departmental Committee.

e. He shall plan co-curricular and extra-curricular activities of the department in consultation with the Departmental Committee.

f. He shall, in consultation with the Departmental Committee, recommend the disciplinary action against erring students, and such recommendation shall be sent to the Principal for consideration.

g. He shall monitor the purchase of equipment, books etc. which are required to be purchased for his Department as per the procedure laid down by the college.

h. He shall be responsible for the smooth conduct of the examinations/tests conducted by the Department.

i. He shall perform such other duties and responsibilities as may be assigned to him/her by the Principal from time to time.

3. Code of Conduct for the Teacher

a. Every Teacher shall discharge his/her duties efficiently and diligently to match with the academic standards and performance norms laid down by the College Management from time to time.

b. The teacher shall devote his time and energy to develop and improve his academic and professional competence by availing of all opportunities to attend and participate in academic programs, such as Seminars, Orientation programs, Refresher Courses, In-service Training programs, etc. The College Authority shall give the teacher every possible opportunity to do so.

c. The teacher shall perform his academic duties such as preparation of lectures, demonstrations, tutorials, assessment, research, guidance to research fellows, examinations etc. and shall encourage pursuit of learning in the students.

d. The teacher shall engage the classes regularly and punctually and impart such lessons and instructions as allotted by the Head from time to time, and shall not ordinarily remain absent from work without prior permission or grant of leave.

e. Every Teacher shall conduct himself/herself with absolute dignity and decorum in his/her dealing with the superiors, colleagues and students every time.

f. Every faculty member should report to the college at least 5 minutes before the commencement of Institute timing and should remain in the campus till the end of the College hours.

g. Prior written permission should be obtained for reporting late or leaving early without detriment to their duties. This is subject to restrictions as regards frequency. Permission for going out of the College shall not be given during the class hours.

h. Teachers should sign the attendance register while reporting for duty.

i. Teachers must be aware that their workload is 40 hours a week.

j. All faculty members must be enthusiastic in taking up the subjects allotted to them.

k. All faculty members should prepare a lesson/teaching plan, notes, academic file well in advance before commencement of the classes.

l. Teachers should be good counselors and Facilitators. They should help, guide, encourage and assist the students to ensure that the Teaching-Learning Processis effective and successful.

m. All staff members should maintain the image of the institute through standards of dress, general courtesy, etc. Teachers should attend the College neatly dressed, and wearing shoes. Dress regulations should be followed as the occasion demands. Jeans pants & T-Shirts are prohibited.

n. Teachers are barred from using cell phones while taking classes (Except in special case/ if needed for teaching etc.)

o. Teachers must always wear their identity cards while inside the college premises.

p. Mentoring scheme must be followed and the teacher should take proper care of his group of students by guiding, motivating, counseling and monitoring their attendance and performance.

q. Every faculty member should be responsible to conduct regular classes and practical and also take extra classes whenever necessary.

r. Every faculty member shall respect the right and dignity of the student in expressing his/her opinion.

s. Every faculty member shall deal impartially with students regardless of their religion, caste, economic, social and physical identity.

t. No teacher shall accept any honorary or other assignment given to him/her by any external agency without the prior permission of the College Management.

u. No teacher shall associate with any political party or take part in any other organizational actively, which is not in line with the duties and ethics of the teaching profession.

v. No teacher shall act in any manner that violates the norms of decency or morality in his/her conduct or behavior inside and outside the College Campus.

w. No teacher shall incite, provoke or instigate any students or any other member ofthe staff into any form of action against the College Management, or that seeks to disrupt the academic activities of the College.

x. No teacher shall by act or deed degrade, harass or insult any other person for any reason whatsoever or act in a manner unbecoming of the teaching profession.

y. No Staff employed in a college shall absent himself from his/her duties without prior permission. In case of sickness or absence on medical ground, a medical certificate to the satisfaction of the college authorities shall be produced within a week.

z. No Staff employed in a college shall engage directly or indirectly in any trade or business. In the case of remunerative work like private clubs etc. then specific sanction of the college authorities in writing shall be obtained.

aa. Every teacher in the service of the College shall at all the time strive for academic excellence in the discharge of his/her duties and conduct himself/herself in the manner of a perfect role model for others to emulate.

bb. The College Management may, however, at its sole discretion provide an opportunity to the teaching staff for presenting his/her case through a personal hearing before taking a final decision. The decision of the College Management will be final and binding and will not be subject to any appeal to any individual orforum.

cc. The teacher shall observe the provisions of the University Act, Statutes, Ordinances, Regulations and Rules in force and as modified, from time to time and abide by the decisions of the University and shall ensure the interest of the University. Such decisions, however, shall not be inconsistent with the provisionsof the Act, Statutes, Ordinances, Regulations, etc.

dd. In addition to the duties of teaching and allied activities, the teacher shall, when required, attend to extra-curricular, co-curricular activities organised by the College, and administrative and supervisory work and maintenance of records and Assessment Reports or any other duties befitting the status of a teacher assigned to him/her by the Principal.

ee. A teacher shall help the college authorities to enforce and maintain discipline andgood habits among the students.

ff. A teacher shall assist the College in smooth conduct of the University Examinations.

gg. Teachers are expected to Volunteer, to take up extra classes for students of Certificate, Diploma and other Career Oriented programs.

hh. No teacher shall send circulars / distribute handbills to the staff, organize meetings in the campus without permission from the Principal.

4. Publication of Research Papers & Books and Participation in Research Projects, Seminars, Conferences etc.

a. Staff members must take initiative to write text books, publish articles in reputed Journals and present papers in Seminars and Conferences.

b. Staff members are expected to take up Research projects.

c. Staff members should also attend Faculty Development Programs, Quality Improvement Programs etc. to update their knowledge.

d. Staff members must undergo Practical Training in Industry and can take consultancy Work as part of Industry – Institute interaction.

e. Absence from duty to the above matters will be treated as on duty and may be suitably rewarded at the discretion of the management either monetarily or by Way of consideration during promotion.

5. Code of Conduct for Non-Teaching Staffs employed in a College

a. Every Non-Teaching staff employed in the college shall discharge his/her duties efficiently and diligently and shall conform to the rules and regulations.

b. No Non-Teaching Staff employed in a college shall absent himself from his/her duties without prior permission. In case of sickness or absence on medical ground, a medical certificate to the satisfaction of the college authorities shall be produced within a week.

c. No Non-Teaching Staff employed in a college shall engage directly or indirectly in any trade or business. In the case of remunerative work like private clubs etc. then specific sanction of the college authorities in writing shall be obtained.

d. Every Non-Teaching staff member employed in the Institute shall discharge his/her duties efficiently and diligently as per the rules and regulations laid by the college Authority.

e. Every Non-Teaching staff should report for duty at least 15 minutes in advance.

f. Every Non-Teaching staff should wear the Uniform provided/decided by the College.

g. All Non-Teaching staff must always wear their identity badge during working hours.

h. Non-Teaching Staff assigned to classrooms/rooms/laboratories etc should keep that and premises clean.

i. Any Loss or damage to any equipment/things frim Labs or ClassRoom should be reported to the Principal in writing immediately.

j. Non-Teaching Staff shall maintain a stock register for all the articles, equipments etc. It shall be submitted to the HOD and or the Principal at the end of each semester and their signatures obtained.

k. Non-Teaching staff shall not leave the College premises without permission before college time.

l. All Staff members should display the highest possible standards of professional behavior.

m. All Staff members should be punctual and disciplined towards their work.

n. Every- Staff member shall maintain the appropriate levels of confidentiality with respect to student and staff records and other sensitive matters.

o. Every Staff member should cooperate with students, colleagues & superiors.

p. All staff members should maintain the image of the institute through standards of dress, general courtesy, etc.

q. All the staff members should respect the rights and opinions of others.

r. Every staff member should follow all norms and job details assigned by the Management, HOD & Principal from time to time with full dedication.

s. All Staff members must refrain from any form of harassment or unlawful discrimination based on existing legislative norms relating to gender/sexuality/age/marital status.

t. No staff employed in a college shall engage himself/herself in any political activity. He / She shall not associate with any political party or any organization which takes part in politics or shall subscribe to, or assist in any other manner, any political movement.

Violations of code of conduct by the Teaching & Non-teaching staff are subject to Disciplinary action, Show Cause Notice, Memo, Enquiry Committee, Transfer to any otherInstitute, Suspension, Termination etc. or any other action as per the Competent Authority.

RULES AND REGULATIONS

FOR LEARNER

Bombay Physical Culture Association's

College of Physical Education

Wadala, Mumbai - 400 031

General Code of Conduct

- Classes start from 8.00 a.m. and continue up to 2.30 p.m. on all the Six days of a week. Students are advised to come to the Institute by 7.50 am to attend classes. As per university rules 75% attendance is mandatory to appear in semester end examination.
- Students must adhere to the Dress Code of the Institute.
- Use of mobile phones in the classrooms, Library, labs, Play Field area etc.is strictlyprohibited.
- Every student must carry his / her Identity Card while entering the campus and identifyhimself with help of the Identity Card whenever asked for.
- No guests / visitors shall be allowed with the students in the class/lab/ library and as well as prior permission of the In-charge.
- Students must help keep the institute neat and clean and also eatables / beverages are not allowed inside the study areas including labs, library. Students should have their tiffin at given places. Smoking is strictly prohibited in the premises of the institute.
- Students must conserve electricity and water. They must switch off lights & fans whenthey leave the class room, laboratories.

Rules to be followed in laboratory / library / Class Room / Play Field etc.

- All the labs follow certain safety and academic norms for their smooth functioning. Students are advised to keep themselves updated on those norms and follow them accordingly.
- Any removable data storage device or hardware attachments for software operations cannot be taken in or out without written approval of the department in charge. A violation of this will be considered as an intention for piracy / theft.

- While studying at the Institute, students will have to operate tools carefully and observe all safety regulations and see that no damage is caused to self, others or to the Institute's property, equipment. In case it is found that they have caused any damage to the Institute's property they shall be required to reimburse or make good the damage caused. Any decision regarding the extent of their liability on such account shall be at the discretion of the Institute, which shall be final.
- The nature of learning in any program may require the students to purchase tools, stationary items from time to time. Specific instructions in this regard will be given by the concerned department / faculty at the beginning of various courses.
- In case of medical emergency in the campus, the student must inform the faculty member / technical assistant without any hesitation.

Rules about Late for Ground/Theory

- Record of late comers will be kept for both practical and theory classes.
- Late record will be considered as absent mark.
- If student joins class after fifteen minute will be marked absent.
- If any student leaves class or practical in between will be considered as absent for that particular session / day.

Rules about Extramural

- Defaulters for attendance and behavior will not be allowed to represent college in extramural competition.
- Each student has to participate maximum in 3 extramural events.

Note: Student will be given only one chance to reappear for internal ground exam and internal theory if he/she had missed during extramural competition.

Behavioral Expectation

- Attending both theory & practical classes in time is mandatory.
- Every Student is supposed to meet the deadlines for submission of assignments, homework and projects.
- Student should respect the college members and speak politely with all the members of the institution. Students should not argue with the teachers, non-teaching staff and seniors, peers.
- Student is expected not to use offensive or foul language.
- Earrings for boys, fancy haircuts and tattoos are strictly prohibited in college.
- Students are not allowed to roam around in malls, theatres etc. or outside wearing the college uniform.
- It is expected that students maintain silence during the classes. It is expected that the students do not disrupt the class by cross- talking, singing, playing games etc.
- Students are not allowed to use mobile phones, tabs, laptops, other gadgets etc. during the lectures / other educational programme / events.
- Students should respect and give space to other individuals.
- Every student is expected to contribute towards the cleanliness of college and campus. Thereby, maintain highest levels of personal and social cleanliness and hygiene.
- It is expected that students maintain their attendance for theory and practical classes. Students should not remain absent without permission.
- Students should take care of their personal belongings and library books.
- Students should maintain dignity of college and all members.

Following examples of misbehaviors is strictly prohibited

- Fighting during class, in hostel, in the campus
- Argument with Teaching and Non-Teaching Faculty
- Argument with students during class or Disruptive talking during class
- Comments, taunts (Teacher & Students) or Physical Abuse
- Discrimination of any form
- Use of Mobile phones in ground sessions, Class and Library
- Misbehavior during Intramural and Extramural
- Sleeping in class and Library
- Indecent or socially unaccepted behavior
- Misbehave with other gender
- Cheating / mal practicing in Examination
- Destruction / Damage of Physical Property of the institution.
- Video / Audio recording by students
- Theft
- Substance abuse or consuming Alcohol-tobacco or any drugs other than medicine
- Birthday celebration in college campus
- Sports uniform in class is not allowed

Any other Behavior that is found inappropriate or detrimental to College Discipline.

Library Rules

- While coming in library it is compulsory to have your college ID card
- Library Timing
- All Working days of the Institute Monday to Saturday: - 10.00 am to 5.30 pm.

Membership

- All registered students of the institute are eligible to become members of Library.
- To become a member of Library, a student has to submit 3 copies stamp size photograph, his/her address proof, Photocopy of College Fee Challan to the Library Assistant, who will further guide him/her regarding membership procedure. Readers shall always notify any change of his/her permanent address to the Librarian in writing.
- Membership to the library is not transferable.
- Library membership cards or other identity cards are to be shown, if demanded, at the time of entering into the library or whenever asked for in the library.
- While in the library, all persons shall observe all basic and elementary principles of library ethics, obey the rules and procedures of the library, and maintain to discipline enforced by the Librarian.
- Dress code for students will be observed in the library even beyond class timings.
- Conversation, gossiping, sleeping, sitting on top of the table and speaking, use of mobile are not allowed in the library.
- The arrangement of chairs in the reading rooms should not be disturbed.
- Users are not allowed to distort or deface any book, magazine, newspaper. If a student requires any article, it may be photocopied / photo from mobile with permission of the Librarian.
- No reader shall bring any non-member into the library, nor shall lend, even temporarily, library books borrowed by him to others.
- Without obtaining special permission from the head of the institution, no other person is allowed to use the library.

- Upon any infringement of the Library rules, students may forfeit the privileges and memberships.
- No reader who has been thus excluded from the privileges of the library shall be allowed to borrow books unless and until such person be reinstated by the Library Committee.
- Every member of the library shall be responsible for the safe custody of any library book borrowed by him for study in the Library Reading Room or for use at home.
- Library books shall never be left unattended on the table of the library. The borrower shall be held responsible for loss, mutilation or damage, if any, while the book stands issued on his account.

Note: Use of the Library is strictly reserved for the readers possessing BPC A CPE library borrower's Library card.

Circulation Rules

- One book against producing one Reader's ticket could be borrowed for a period of 15 days from the date of issue.
- Only 1 book will be issued on 1 card. Each student will get maximum 3 books.
- Use your own Library Card.
- Exchange of cards is strictly prohibited.
- Students will not be allowed to take books home without Library Card.
- CD/ periodicals /Thesis will be issued only in Reading Hall.
- Student can get one Additional book for study at home by depositing the additional deposit amount of Rs:-100/- (refundable, only after checking the condition and no of pages of the books)
- Xerox Copies will not make available for students.

- Fine of Rs.5/-per day will be charged if the books are not returned on due date.
- In case borrowers fail to replace a lost or damaged book within a month from the due date of its return, he/she shall pay to the library 5 times of the book.
- Master 2nd years student can issue only master degree thesis for period of 15 days. Failing to return the thesis after 15 days the student will be charged a fine of Rs.10/-per day.
- A borrower shall replace a book if it is lost while in custody.
- A person losing or damaging Library books repeatedly shall be debarred from using the library.
- All readers are required to maintain the perfect silence and Discipline in the Library.
- Reference material not to be lent-out

Renewal of Books

- The same book may be re-issued 2 times, if it is not in demand. Loss of Identity cards should be immediately reported to the Librarian.
- A duplicate thereof, shall be issued after payment of Rs:-100/-

NO Dues

- The users of Library must return all the Library books and other documents borrowed by them and cleared all Library dues before the Year end.

Reading Hall Rules

- Mobile Phone to be kept on silent mode in Library Premises
- The student must carry ID card along with them while sitting in the library reading hall.
- Eatables in the library is not allowed
- Please report to us immediately, if you find anyone damaging the library materials.
- Any infringement of library rules may lead to the withdrawal of membership privileges.

Following activities shall be deemed as act of indiscipline

- Disruption of, or improper interference with the academic, administrative, sporting, social or other activities of the institute, whether on institute premises or elsewhere
- Using abusive language and creating nuisance in the premises of this institute, disturbing the peace and independent rights of fellow students and faculty members;
- Violent, indecent, disorderly, threatening or offensive behavior or language and action likely to cause injury or impair safety on this premises; whilst on BPCACPE premises.
- Fraud, deceit, deception, dishonesty or theft in relation to this institute or its staff, or in connection with holding any office in BPCACPE, or in relation to being a student of this institute;

- Damage to, or defacement of, BPCACPE property caused intentionally or recklessly, or misappropriation of such property which includes, damaging library books, resources and furniture like cupboards / lockers / file cabinets / walls / doors / windows / white board / tables / equipment / chairs etc. by way of writing names / painting / scribbling etc.;
- Misuse or unauthorized use of the institute premises or items of property, including computer misuse; equipments, library materials, research tools etc.
- Being instrumental directly or indirectly for mass absenteeism or boycott of classes resulting in vilating the atmosphere of the Institute; Threatening, physically preventing or using any other means from preventing the students from attending classes;
- Consuming drugs, alcohol or any other activity in Campus/ Hostel which is construed as a societal offence at large.

Penalties for minor disciplinary violation

- Where the violation is considered minor by the Competent Authority, the following penalties may be imposed at the discretion of the Competent Authority for minor disciplinary violations:
- A warning to be issued to the student for first offence may not be placed in the students' record. However, in case of a repeat offence the censure may be placed on the student's record and may initiate action;
- A fine may be imposed for each violation / offence;
- Withholding scholarship or other benefits/ grade cards / offer letters
- Informing parents for legal / suspension action in any

Penalties for major disciplinary violation

- When violation is considered major by the Competent Authority, the following penalties may be imposed for the major disciplinary violations:

- Suspension / debarment from the institute/ hostel where the student will be declared suspended / debarred from entering the premises, facilities and from attending the classes or;
- Permanent expulsion from the institute or;
- The defaulter may be debarred form taking an examination or examinations for one year or more than one year.
- Any other course of action which may be reasonable in the circumstances.

Consequences of Misbehavior

Any incidence of misbehavior occurred would be dealt with in the following manner:

- Warning & Record by the coordinator / In-charge
- Written letter & Parents meeting with Principal (information to parent & meeting with parent at discretion of the principal)
- Denying Privileges like Hostel/ Intramural / Extramural / Exam / Programme etc.
- Debarring from appearing for University Examination
- Debarring from admission to a course
- Rustication/ Expulsion from the college

Note: Above rules and regulations, expected behaviors are in addition to that mentioned in the guidelines of the university. College will employ disciplinary measures as suggested by the university and according to college discipline policy.

Penalties for ragging

As per Supreme Court Judgment ragging is - any disorderly conduct whether by words spoken or written or by an act with the effect of teasing, treating or handling with rudeness any other student, Indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not do in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student.

The punishment may also take the shape of:

- withholding scholarships or other benefits
- debarring from representation in events
- withhold results
- suspend or expel from hostel or institute

Forums for discussions / complaints / suggestions

- Any complaint regarding women's sexual harassment may be addressed to the internal complaints committee or the Principal in writing or orally. Details of the committee are displayed in the college.
- Any complaint regarding ragging should be addressed to the Anti-ragging committee. Details of the same are available in the college and hostel premises.
- Complaints/suggestions/opinions regarding other issues/matters can be conveyed through drop box, or can be told directly to the coordinator / In-charge or the Principal in written.

Bombay Physical Culture Association's
COLLEGE OF PHYSICAL EDUCATION
(Affiliated to the University of Mumbai, Recognised by the Govt. Of Maharashtra, N.C.T.E. & Accredited by NAAC)
Estd. 1978
'A' Grade (CGPA-3.29) : NAAC
Best College Award : Uni of Mumbai

Appendix 41 B

Ref. No. :

Date :

Grievance Redressal Cell

The College has its Grievance Redressal Cell.

Objectives -

- To resolve the complaints and grievances of the students
- To keep educational environment more healthy, fair and safe by all means.
- To make students aware of their rights and responsibilities

Grievance Redressal Cell -

Dr. G. V. Pargaonkar (Principal)	Chairman
Dr. R.R. Dhakne (Sr. Teacher)	Member
Student Representative	Member
Dr. Mrs. N. O. Joshi (Female Teacher)	Member Co-ordinator

Execution -

- Complaint box is placed at a designated place in the library. Students drop their complaints in it. Students are informed about availability of the complaint box regarding any grievances.
- A locked complaint box is opened on the 1st day (working) of each month in front of the committee.
- The meeting of Committee conducted immediately. In case of any complaint found in the box the committee deliberate and do theneedful.
- All the decisions are recorded in Meeting Register.
- In case of no complaint nil report is recorded.

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Academic Calendar 2020-2021
Sem I and II B.P.Ed. (First Year)

Events	Date
Sem 1 Commencement	**5th March 2021**
Ground Practical Session Induction Begins	7th March
Ground Practical Session 1	Students are made familiar with the online practical aspects of various activities
Ground Practical Session 2	
Ground Practical Session 3	
Sem 1 Theory lectures begins	7th March
Sem 1 Method selection	15th March
Sem 1 Micro Teaching Optional Subjects (Begins)	Last Week of March
Sem 1 Course wise online practice test (MCQ)	25th April
Sem 1 Projects & Assignments on Internal Assessment	30th April
Sem 1 Date of submission of Projects	5th May
Sem 1 Online Internal Theory Examination (MCQ)	18th May
Sem 1 University Examination	27th May
Sem 1 Semester Break	30th May to 15th June
Sem 2 Commencement (Induction Programme)	**16th June**
Sem 2 Theory lectures begins	16th June
Demo of teaching optional method (Lesson)	25th June
Practical Session begins	26th June
Sem 2 School Lessons Optional Subjects (2 Lessons Online) Peer group	8th July
Sem 2 Course wise online practice test (Mock Test)	12th July
Practicals on Athletics Begin (Online)	18th July
Celebration of Independence Day (Online & Offline)	15th August
Celebration of National Sports Day (Online & Offline)	31st August
Lecture on Dr. Shri Sarvapalli RadhaKrishnan by Dr. M.M. Gharote	5th September
Sem 2 Projects & Assignments on Internal Assessment	17th September
Sem 2 Date of submission of Projects	22nd September
Online Practical Examination (Internal)	20th October
Sem 2 Theory Internal Examination	22nd October
Sem 2 University Examination (MCQ)	24th October to 26th October
Online Practical Examination (External)	26th October to 28th October

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Academic Calendar 2021-2022
Sem III and IV B.P.Ed. (Second Year)

Events	Date
Sem 3 offline teaching learning process begins	**16th November**
Practical Session begins	17th November
Demonstration of Micro Teaching Lessons	7th January, 2022
Online Lectures Begin Due to Covid	10th January
Celebration of Republic Day (Online & Offline)	26th January
Micro Teaching Lesson Day 1	9th February
Micro Teaching Lesson Day 2	12th February
Micro Teaching Lesson Day 3	15th February
Celebration of Chhatrapati Shivaji Jayanti	19th February
Celebration of Marathi Divas	28th February
Fira Programme	7th March
Celebration of Women's Day	8th March
Inter House Dumbbells Competition	12th March
Inter House Zanz Competition	22nd March
Educational Visit (Balewadi, Pune)	25th March
Inter House Folk Dance Competition	31st March
Sem 3 Internal Exam	1st April
Sem 3 Practical Examination	2nd April
Sem 3 University Examination	4th April
Sem 4 Commencement	**18th April**
Athletics Training at University Sports Pavilion, Marine Lines	19th April to 23rd April
Demonstration of Practice Teaching Model Lesson	26th April
1st Practice Teaching Simulation Lesson	13th, 18th and 20th May
Summer Vacations	21st May to 22nd June

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Academic Calendar 2020-2021
Sem I and II M.P.Ed. (First Year)

Events	Date
Sem I Commencement	**20th September, 2020**
Induction program	21st September
Sem 1 Orientation of the course ONLINE	22nd September
Selection of specialization games / activities ONLINE	24th September
Practical Classes beings ONLINE	1st October
Distribution of Topic for Seminar Presentation (C-IV) ONLINE	10th October
Seminar Presentation (Course-IV) ONLINE	20th and 21st October
Project on Historical Aspects (C-I) ONLINE	18th November
Celebration of Indian Constitution day ONLINE	26th November
Distribution of Topic for Seminar Presentation (C-I) ONLINE	28th November
Seminar Presentation (C-I) ONLINE	4th December
Practical Examination ONLINE	16th to 18th December
Reopening of the College ONLINE	2nd January, 2021
Organisation of Testing of Physiological Testing ONLINE	5th to 8th January
Theory Examination (Sem-I) ONLINE	15th to 18th January
Feedback of online Theory Examination	19th January
University Examination (Sem-I)	3rd week of January
Celebration of Republic day	26th January
Sem II Re-opening of the college	**4th Week of January**
Orientation of the Programme	3rd February
Distribution of topics for Presentation for C-VI	15th February
Demonstration Model Lesson And Discussion	20th February
Preparation of Seminar Presentation (Course VI)	21st February
Advance Coaching Lesson Begins	22nd February

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Seminar Presentation (Course VI)	2nd and 3rd March
Preparation of Seminar Presentation (Course –VIII)	4th March
Participation in National Conference on Sports Psychology at Chandigarh	18th to 20th March
Advance Coaching Lesson Guidance	21st March
Seminar Presentation (Course-VIII)	9th April
Submission of Project	19th April
Second Semester Theory Examination	24th to 27th April
Feedback on II Semester Examination	28th April
Supervised study programme	29th April to 10th May
Semester II – University Theory Examination	2nd Week of May

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Academic Calendar 2021-2022
Sem III and IV M.P.Ed. (Second Year)

Events	Date
Sem III Reopening of the college ONLINE	**11th July, 2021**
Orientation of the course ONLINE	12th July
Selection of specialization games / activities ONLINE	28th July
Selection of Dissertation topics and discussion with Guides ONLINE	8th August
Celebration of Independence day ONLINE	15th August
Practical Classes begins ONLINE	25th August
Celebration of National Sports Day ONLINE	31st August
Dissertation Preparation begins ONLINE	1st September
Preparation of Seminar Presentation (Course-X) ONLINE	12th September
Discussion (Course-XI) ONLINE	14th September
Seminar Presentation (Course-X) ONLINE	25th & 26th September
Yoga Model Lesson and discussion ONLINE	29th September
Practical Examination (Athletic Activity) ONLINE	13th October
Practical Examination of Yoga ONLINE	14th and 15th October
Practical Examination ONLINE	23rd to 25th November
Theory Examination ONLINE	10th to 15th December
Feedback of Theory Examination	18th December
ONLINE UNIVERSITY EXAMINATION	2nd week of January, 2022
Sem IV Reopening of the College	**22nd January**
Orientation of the course	25th January
Celebration of Republic Day	26th January
Demonstration Model Lesson And Discussion	27th January
Preparation of Seminar Presentation (Course XIV)	5th February
Seminar Presentation (Course XIV)	12th and 13th February
Methodology Presentation (Dissertation)	15th and 16th February
Advance Coaching Lesson Guidance	20th February
Advance Coaching Lesson Begins	22nd February
Discussion on Given Topic (Course-XVI)	20th April
Semester IV Theory Examination INTERNAL	12th May to 16th May
Feedback on IV Semester Examination	17th May
Sem IV ONLINE University Theory Examination	21st and 22nd May

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Academic Calendar of Common Programs (2020-2022)

For all Courses (BPEd & MPEd)

Events	**Date**
Independence Day	15th August 2020
National Sports Day	31st August
Teachers Day	5th September
Diwali Break	29th October to 16th November
World Energy Conservation Day	14th December
Farmers day	23rd December
Celebration of Chhatrapati Shivaji Jayanti	19th February
Celebration of Marathi Divas	28th February
Women's Day Celebration	8th March, 2021
Placement Days (On Campus Interview)	1st and 2nd week of April
Summer Break	30th May to 15th June
Academic Year 2021-2022 Second Year Sem 3 Admission	5th November
Academic Year 2021-2022 Second Year Sem 3 Commencement	17th November
CET process For 2021-2023 First Year Admission begins	July 2021
CET Online Test & Field/Ground Test For 2021-2022 First Year Admission	• Online: 4th to 6th Sept, 2021 • Field test: 8th, 9th ,10th Sept, 2021 • Online: 11th Sept, 2021 • Field Test: 14th, 15th, 16th Sept, 2021

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Work Distribution 2020-2021

Sr. No.	Faculty	Other Responsibilities
1	RRD	Research Coordinator, Academic Calendar, Co-ordinator IQAC, other academic & administrative work
2	GKD	Theory Internal & External Exam BPEd, Reports, SET Workshop, Technology assistant guidelines-workshop
3	NOJ	Theory Internal & External Exam MPEd, Advanced Coaching Lesson, Placement Cell, Intramural MPEd
4	RCK	School Practice Lessons, Cultural Program, Extramural Sports, Officiating, Practice Teaching in Physical Education
5	JMH	Practical Exam BPEd, Equipment Room, Intramurals BPEd, Demos
6	SNC	Publication, Extension Wing, Attendance
7	KJM	ICT, Smart Board, Program Photos, Computer Lab
8	RNS	Trip & Visits, Camp, First Aid, Anti-ragging Affidavits, Alumni Association, Practice Teaching in Optional Method
9	KKA	Web Site, Extension activities, ID Cards, Report Writing (NAAC)

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Faculty Work Load 2020-2022

B. P.Ed. Two Years Course (Theory)

Sem	Paper. No.	Title of the Paper	Name of the Faculty
1	101	Foundations of Physical Education & Sports	JMH, RCK, KKA
	102	Yoga Education & Environmental Studies	MMG, RRD, RCK
	103	Methodology of Teaching	GKD, RRD, RCK, KKA, JMH, KJM, NOJ, SNC, RNS
2	104	Anatomy, Physiology & Health Education	RRD, KJM
	105	Officiating, Coaching and Sports Training	JMH, GKD, SNC
	106	Organization, Administration & Sports Management in Physical Education	NOJ, KKA, RCK, RNS
3	107	Psychology of Education, Physical Education & Sports	NOJ, SNC, RCK
	108	Fitness, Wellness, Nutrition & Weight Management	KJM, AKK, RRD, JMH
	109	Methodology of Teaching Physical Education	JMH, GKD, RCK, RNS
4	110	Measurement, Evaluation & Statistics in Physical Education	NOJ, KJM
	111	Sports Medicine, Physiotherapy & Rehabilitation	SNC, RCK, JMH
	112	Kinesiology & Biomechanics	RRD, JMH

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Faculty Work Load 2020-2022

M. P.Ed. Two Years Course (Theory)

Sem	Course. No.	Title of the Paper	Name of the Faculty
1	I	Foundations of Physical Education and Sports	KKA, RCK
	II	Research Methodology and Computer Application in Physical Education & Sports	JMH, NOJ
	III	Science of Training and Coaching in Sports and Games	KKA, RNS
	IV	Exercise and Sports Physiology	RRD, KJM
2	V	Test, Measurement and Evaluation in Physical Education and Sports	KKA, RNS
	VI	Psychology of Physical Education and Sports	SNC, NOJ
	VII	Statistics in Physical Education and Sports Research	JMH, KJM
	VIII	Sports Biomechanics	RRD, KJM
3	IX	Applied Yoga in Physical Education and Sports	RCK, MMG
	X	Management of Physical Fitness and Wellness	KJM, NOJ
	XI	Health Education	KKA, RCK
	XII	Sports Medicine	RRD, SNC
4	XIII	Management and Professional Preparation in Physical Education and Sports	RNS, JMH
	XIV	Sports Nutrition	RRD, SNC
	XV	Journalism, Marketing and Event Management in Physical Education and Sports	NOJ, KJM, RCK
	XVI	Current trends and policies in Physical Education and Sports	RNS, KKA
	XVII	Dissertation	RRD, KKA, RCK, NOJ, SNC, RNS, JMH, KJM

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BPCA'S COLLEGE OF PHYSICAL EDUCATION,
PRACTICAL TEACHING PLAN FOR B.P.ED (YEAR 2019-2020)

PROGRAM	SEMESTER	COURSE NO.	COURSE TITLE		ACADEMIC YEAR	NAME OF THE TEACHER
BPED	III	113	PHYSICAL ACTIVITY - AEROBICS		2019-20	DR. N.O.JOSHI
MONTH	**DETAILS**		**RESOURCES BOOK/ YOU TUBE**	**TEACHING METHOD**	**EXPECTED OUTCOME**	**ASSESSMENT STRATEGIES**
FEBRUARY W-I W-II	Credit – 1 • Information about Aerobic Exercises • Procedure of Aerobics • Demonstration of various steps- 1. Step touch 2. Double Step touch 3. Grapewine 4. KneeLift 5. Hamcurl 6. Toe Touch_Front, Side, Back 7. Heel Touch_Front, Side 8. Calf Raises 9. Press Down 10. Reach Out_up, side, forward, down 11. V-Step, V-Step in Circle 12. Diamond 13. L-Step 14. A-Step		"Jane Fondas Workout Book" by Jane Fonda. "Low Impact Aerobics & Stretch" by Jane Fonda. Videos on Steps of Aerobics: • https://www.youtube.com/watch?v=T6jeHhykWFU • https://www.youtube.com/watch?v=FyDo5IatGZc • https://www.youtube.com/watch?v=IAP8LXEb5Ps • https://www.youtube.com/watch?v=zDquIe1TfAI	• Demonstration • Self-learning • Co-operative • Showing video and discussion	• Students will understand the different steps of Aerobics. • Understanding low impact Aerobic Exercise • Understanding high impact Aerobic Exercise • Understanding of the importance of music & its beats	FORMATIVE EVALUATION 1. Demonstration of skills (individual) 2. Demonstration of skills (group) 3. Aerobics Display Inter-house Competition scheduled on last Saturday of the month.
W-III	• Practicing skills • Practice matches				• Understanding of the strategies for winning the matches.	

Teaching Objectives

1. To help student- teacher understand basic steps of Aerobics.

2. To help student-teacher learning combination of Steps of Aerobics.

3. To help student-teacher practice skills with the help of music.

4. To help students to understand the beats of music & to put up Aerobics Demonstration for the various functionslike Annual Sports Day, Independence day, Republic Day, etc.

5. To acquaint students with various teaching style and when to use it.

BPCA'S COLLEGE OF PHYSICAL EDUCATION,
PRACTICAL TEACHING PLAN FOR B.P.ED (YEAR 2019-2020)

PROGRAM	SEMESTER	COURSE NO.	COURSE TITLE		ACADEMIC YEAR	NAME OF THE TEACHER
BPED	II	108	PHYSICAL ACTIVITY - KABADDI		2019-20	DR. N.O.JOSHI
MONTH	**DETAILS**		**RESOURCES BOOK/ YOU TUBE**	**TEACHING METHOD**	**EXPECTED OUTCOME**	**ASSESSMENT STRATEGIES**
JANUARY W-I W-II W-III	Credit – 1 • Information of dimensions • Procedure of ground marking • Demonstration of skills- 1. Hand touch/ running hand touch 2. Toe touch 3. Back kick 4. Side kick 5. Block 6. Thigh hold 7. Knee hold 8. Waist/back hold 9. Wrist hold 10. Ankle hold 11. Escape from ankle hold 12. Escape from knee hold 13. Escape from thigh hold		"The Complete Handbook of Kabaddi" by E Prasad Rao. • https://www.youtube.com/watch?v=wASv-j5iAJA Videos On various Skills of Kabaddi: • https://www.youtube.com/watch?v=T6jeHhykWFU • https://www.youtube.com/watch?v=vHfvqso7jTU • https://www.youtube.com/watch?v=OksgI1wF188 • https://www.youtube.com/watch?v=T6jeHhykWFU&list=PLCRFWpTrhsilyYZhzLK-RQBCR2XYBqWxX • https://www.youtube.com/watch?v=aAhk-T1ZlSM • https://www.youtube.com/watch?v=IUmsv4CMk8Y • https://www.youtube.com/watch?v=2hSKiA_5Ll8	• Demonstration • Self-learning • Co-operative • Showing video and discussion	• Student will understand the different methods of ground marking. • Understanding of positioning of the players • Understanding of various kicks and their utility in the game • Understanding of the importance of conditioning	FORMATIVE EVALUATION 1. Ground Marking Assignment (in group) 2. Demonstration of skills (individual) 3. Planning of circuit training
W-IV	• Practicing skills • Practice matches				• Understanding of the strategies for winning the matches.	

Teaching Objectives

1. To help student- teacher understand basic skills of Kabaddi.

2. To help student-teacher learning basic skills of Kabaddi.

3. To help student-teacher create variety of drills for teaching, its progression and application in game situation.

4. To help students to understand Offensive & Defensive skills, class formation for drills, safety precautions to be taken.

5. To acquaint students with various teaching style and when to use it.

M. P. Ed Theory Teaching Plan for the Year 2019-2020

Program	Semester	Course no.		Course title	Academic year	Name of the teacher
M.P.ED.	I	MPED 103		Science of Training and coaching in sports and games	2019-20	DR. R. N.Shelke
	Details	Resource books/ Websites/e-material	Teaching method or innovative strategies	Expected outcome		Differentiation strategies
Month & Week	Credit – 02 Characteristics and principles of sports training Sports talent identification process and procedures Understand Rules games and sports and their interpretation.			To understand the concept, principles and forms of sports training. Learn principles of sports training. To apply scientific principles of training and coaching.		
January 20 W – I W – II	• Principles of sports training • Process and identification of sports talent • Rules of games and interpretation of game rules. • Principles of sports training	• Sports principles • Characteristics Of sports games. Rules of games • Sports principles	. Self-Learning Co-operative Learning			Formative assessment 1) Written test 2) Writing assignment 3) Project related work

W – III	• Process and identification of sports talent Rules of games and interpretation of game rules	• Characteristics Of sports games. Rules of games Short term and long term training plans	Self learning co-operative learning			Formative assessment 1) Written test 2) Writing assignment Project related work
W - IV	Planning Periodization and Preparation for competition	Periodization and types Preparation build up competition frequency, psychology preparation	Self learning and co-operative learning	Conceptual clearance		Oral / Viva after Presentation

Objectives

1) To understand the concept, Principles and forms of sports training
2) To help students to understand of science related to games and sports
3) To help students in application of basics science in various skills of games and sports
4) To apply the scientific principles of training and coaching
5) To understand the methods of planning and phases of training.

Name of teacher : DR. R. N.Shelke

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M. P. Ed Theory Teaching Plan for the Year 2019-2020

Program	Semester	Course no.		Course title	Academic year	Name of the teacher
M.P.ED.	II	MPED 201		Test, Measurements and Evaluation in Physical Education and sports	2019-20	DR. R. N.Shelke
	Details	Resource books/ Websites/e-material	Teaching method or innovative strategies	Expected outcome		Differentiation strategies
Month & Week	Credit – 02 Sports skill and Psychological Tests Skill test for Badminton Basket Ball Hockey	Test materials for testing		To gain knowledge about selection, constructions, and administration of test. To understand the use of sports skills tests.		Formative assessment 1) Written test 2) Writing assignment 3) Project related work
January 20 W – I W – II	Skill test for lawn tennis, Hockey Soccer		. Self-Learning Co-operative Learning	To acquire the knowledge of various tests regarding physical fittnes components, anthropometric measurements, motor ability fitness.		Formative assessment 4) Written test 5) Writing assignment 6) Project related work

W – III W - IV	Volley ball Soccer Volley ball		Self learning co-operative learning Self learning and co-operative learning	Conceptual clearance		Formative assessment 3) Written test 4) Writing assignment Project related work Oral / Viva after Presentation

Objectives

6) To understand the use sports skills tests.
7) To help students to understand of science related to sports skills of various games and sports
8) To help students in application of skills test games and sports
9) To apply the scientific research activity as a means of professional development
10) To understand the involvements of Test, Measurement, evaluation.

Name of teacher : DR. R. N.Shelke

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B.P.ED. PROGRAMME FOR THE YEAR 2015-17
LIST OF THE STUDENTS APPEARED FOR THE B.P.ED. (SEMESTER-IV) EXAMINATION HELD IN FIRST HALF OF 2017.

/female

Sr. No.	Seat No.	Name of the student	Grade
1	1111	/Adak Ashwini Sampat Chandrabhaga	A
2	1112	Adurkar Swapnil Laxman Shievanti	B
3	1113	/Agarwal Bhagyashree Pravin Rita	O
4	1114	Alugade Ajinkya Sambhaji Shila	A
5	1115	Arakal Ansel Sebastian Philomina	A
6	1116	Ayre Nikhil Chandrakant Charushila	A
7	1117	Bagal Randhir Dadaso Sharada	A
8	1118	Bandal Prajval Pandurang Jyoti	O
9	1119	/Bangera Pooja Vijay Jayashree	A
10	1120	Bankar Yogesh Yashvant Yogita	A
11	1121	Bhingarde Akshay Dilip Jayashree	A
12	1122	/Bhoir Jyosna Bhalchandra Kamal	O
13	1123	Bhusara Avinash Soma Saguni	A
14	1124	/Chandorkar Mrunal Ratnakant Tejashree	O
15	1125	Chavan Mayur Anil Ashwini	A
16	1126	Chavan Tejas Chandrashekhar Aparna	A
17	1127	/Dadarkar Jui Prashant Shubhangi	O
18	1128	Dalwadi Keyur Bhupendra Bela	A
19	1129	Dias Pritam Patrick Mary	A
20	1130	Dias William Lawrence Martin	B
21	1131	Dighe Akshay Prakash Pooja	A
22	1132	Diwale Sagar Anant Pallavi	A
23	1133	D'Mello Santosh Joseph Jona	A
24	1134	/Dound Pradnya Swapnil Ujwala	A
25	1135	Dundle Ajay Bhagwan Anita	O
26	1136	Fadwale Vishnu Vanasha Vimal	A
27	1137	Gaganmalle Anil Mhalappa Sugalabai	A
28	1138	/Gaikhe Madhuri Kailas Aasha	O

Sr. No.	Seat No.	Name of the student	Grade
29	1139	Gavalkar Vighnesh Krishna Snehal	A
30	1140	Gulvi Bhavesh Ramdas Pushpa	A
31	1141	/Gurav Poorva Dattaram Darshana	A
32	1142	Harad Pravin Balu Jayshri	A
33	1143	/Jadhav Priya Sundar Shobha	A
34	1144	Jadhav Rajesh Balu Yamuna	A
35	1145	Jaitapkar Aniket Anant Savita	A
36	1146	Kadam Shailesh Shivaji Shubhangi	A
37	1147	Kalapurathu Adarsh Murali Sobha	A
38	1148	/Kambale Shraddha Shahaji Anita	A
39	1149	/Kamble Prerna Sunil Munnidevi	F
40	1150	/Kamble Sanjivani Sunil Smita	O
41	1151	Kamble Suhas Bhupal Mariya	O
42	1152	/Kasare Priyanka Bhau Sandhya	A
43	1153	Kesla Deva Suresh Anita	B
44	1154	Khanvilkar Akshay Vilas Vandana	O
45	1155	Khorasiya Gaurang Hasmukhbhai Bhavanaben	O
46	1156	/Khule Snehal Ramesh Savita	A
47	1157	/Kudale Megha Ankush Surekha	A
48	1158	/Lad Shraddha Vinayak Siddhi	O
49	1159	/Mali Dhanashri Sunil Ranjana	A
50	1160	Mishra Nileshkumar Kripashankar Manju	A
51	1161	Naik Rohit Raghunath Laxmi	A
52	1162	/Nawadkar Nayana Yuvraj Lata	A
53	1163	Pal Ratankumar Phoolchand Shantidevi	A
54	1164	/Parab Ankita Milind Manali	A
55	1165	Parab Mandar Mohan Manisha	O
56	1166	/Parab Shraddha Sanjay Shubhangi	O
57	1167	/Patil Jyoti Maruti Maya	A
58	1168	Patil Swapnil Shridhar Shilpa	A

Sr. No.	Seat No.	Name of the student	Grade
59	1169	Pawar Trushant Suryakant Reshma	F
60	1170	Pednekar Sagar Sanjay Lata	A
61	1171	Pereira Snowel Emelian Doloroja	A
62	1172	/Rai Priyanka Arun Munni	O
63	1173	Rodrigues Kristan Patrick Koshav	F
64	1174	/Salkar Ashwini Anant Anita	A
65	1175	Salunkhe Nitin Anant Meena	A
66	1176	Saroj Shyamnarayan Chhotelal Amravati	A
67	1177	/Savar Anita Puran Rama	A
68	1178	Sawant Hemant Vithoba Rukhmini	A
69	1179	/Sawant Priyanka Kishor Prajakta	A
70	1180	Sharma Abhilash Dineshkumar Arti	A
71	1181	Sharma Hemant Dayadhar Geeta	A
72	1182	Shelar Sushant Ganpat Meena	A
73	1183	/Shinde Aishwarya Devendra Divya	A
74	1184	Shinde Jayaram Tukaram Sulochana	A
75	1185	Singh Abhishekkumar Adityanarayan Usha	A
76	1186	Singh Roshan Amit Sunitadevi	B
77	1187	Sonkatale Avishkar Laxman Shobha	A
78	1188	/Thakur Bindu Suresh Samidha	B
79	1189	/Torkadi Deepali Satyawan Suman	O
80	1190	Tuscano Sandesh Agustin Agnecia	B
81	1192	Valiyavila Libin Samkunju Lilly	A
82	1193	Verma VirendraPratap Shivnarayan Laxmi	O
83	1194	/Wadekar Trupti Dinkar Sheetal	O
84	1195	Wayal Yogesh Lahu Anita	A
85	1196	/Yadav Babita Rakesh Nirmaladevi	A
86	1197	Yadav Devesh Ramakbal Geeta	A

B.P.ED. PROGRAMME FOR THE YEAR 2015-17

LIST OF THE STUDENTS APPEARED FOR THE B.P.ED. (SEMESTER-IV) EXAMINATION HELD IN FIRST HALF OF 2017.

Result at Glance	
O	18
A	59
B	06
C	00
F	03
Total	86

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

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OFFICE REGISTER FOR BACHELOR OF PHYSICAL EDUCATION (SEM I/II 2 Yr.) (CBSGS) EXAMINATION HELD IN MAY 2017
COLLEGE : 248 B.P.C.A. COLLEGE

SEAT NO. / PRN.	NAME OF CANDIDATE / CENTRE	PP1 TH	PP1 IN	PP1 TOT	PP2 TH	PP2 IN	PP2 TOT	PP3 TH	PP3 IN	PP3 TOT	PR1 IN	PR2 IN	TOT	RSLT	REM
	MAX MARKS:	75	25	100	75	25	100	75	25	100	150	100	550		
	MIN MARKS:	30	10	---	30	10	---	30	10	---	60	40			

01:113:MEASUR.EVAL.& STAT.IN PHYS.EDU. 02:114:SPORT MEDI.PHYSI.REHABILI. 03:115:KINESIOLOGY & BIOMEC
04:116:PHYSICAL EDUCATION ACTIVITIES 05:117:PHYSICAL TEACHING IN PHYSICAL EDU

SEAT NO.	NAME	PP1 TH	PP1 IN	PP1 TOT	PP2 TH	PP2 IN	PP2 TOT	PP3 TH	PP3 IN	PP3 TOT	PR1 IN	PR2 IN	TOT	RSLT	REM
1112	ADURKAR SWAPNIL LAXMAN SHEVANTI	34	13	47	35	19	54	30	13	43	117	081	342	P	
	I MUMBAI										@3		@3		
		4 D 3 12			4 C 4 16			4 E 2 8			5 O 7 42	4 O 7 28			
GPA:SEM-I-5.91	II-5.73 III-7.00 IV- 4.82												22 106	5.87	B
1114	ALUGADE AJINKYA SHAMBHAJI SHILA	47	21	68	48	22	68	48	23	71	091	083	381	P	
	I MUMBAI			@2			@2						@4		
		4 O 7 28			4 O 7 28			4 O 7 28			6 O 7 42	4 A 5 24			
GPA:SEM-I-6.82	II-7.00 III-6.78 IV- 6.82												22 150	6.86	A
1115	ARAKAL ANSEL SEBASTIAN PHILOMINA	42	23	65	59	22	81	47	19	66	145	084	441	P	
	I MUMBAI														
		4 A 6 24			4 O 7 28			4 A 6 24			6 O 7 42	4 O 7 28			
GPA:SEM-I-6.82	II-7.00 III-7.00 IV- 6.64												22 146	6.87	A
1116	AYRE NIKHIL CHANDRAKANT CHARUSHILA	31E	19E	50	51E	15E	66	20F	20E	40	101E	072E	329	F	
	I MUMBAI														
		4 C 4 16			4 A 6 24			4 E 2 8			6 O 7 42	4 O 7 28			
GPA:SEM-I-7.00	II-7.00 III-7.00 IV- 5.36												18	0.00	F
1118	BANDAL PRAJVAL PANDURANG JYOTI	51	23	74	60	23	83	54	23	77	139	084	457	P	
	I MUMBAI														
		4 O 7 28			4 O 7 28			4 O 7 28			6 O 7 42	4 O 7 28			
GPA:SEM-I-7.00	II-7.00 III-7.00 IV- 7.00												22 154	7.00	O
1120	BANKAR YOGESH YASHVANT YOGITA	37	22	59	58	23	81	42	19	61	143	081	425	P	
	I MUMBAI														
		4 B 5 20			4 O 7 28			4 A 6 24			6 O 7 42	4 O 7 28			
GPA:SEM-I-6.27	II-5.91 III-7.00 IV- 6.45												22 142	6.41	A
1121	BHINGARDE AKSHAY DILIP JAYASHREE	33	21	54	47	23	70	52	21	73	137	075	409	P	
	I MUMBAI														
		4 C 4 16			4 O 7 28			4 O 7 28			6 O 7 42	4 O 7 28			
GPA:SEM-I-7.00	II-6.82 III-7.00 IV- 6.45												22 142	6.82	A
1123	BHUSARA AVINASH SOMA SAGUNI	49	23	72	40	23	63	44	23	67	136	076	414	P	
	I MUMBAI									@3			@3		
		4 O 7 28			4 A 6 24			4 O 7 28			6 O 7 42	4 O 7 28			
GPA:SEM-I-7.00	II-7.00 III-7.00 IV- 6.82												22 150	6.96	A
1124	/CHANDORKAR MRUNAL RATNAKANT TEJASHR EE	48	23	71	60	23	83	52	23	75	128	078	435	P	
	I MUMBAI														
		4 O 7 28			4 O 7 28			4 O 7 28			6 O 7 42	4 O 7 28			
GPA:SEM-I-6.82	II-7.00 III-7.00 IV- 7.00												22 154	6.96+@0.04=7.00	O

/:FEMALE; P:SUCCESSFUL/PASS; F:UNSUCCESSFUL/FAILS; AA/ABS:ABSENT; +:MARKS CARRIED; E:EXMP CAN BE CLAIMED; O: 70 & ABOVE: 7;
A: 60 TO 69.99: 6; B: 55 TO 59.99: 5; C: 50 TO 54.99: 4; D: 45 TO 49.99: 3; E: 40 TO 44.99: 2; F(FAIL): 39.99 & BELOW: 1;
FOR GPA:GRADE - 7:O; 6:A; 5:B; 4:C; 3:D; 2:E; 1:F; --:NOT APPLICABLE;#:0229; @:0.5042/0.5043/0.5044A; *:0.5045; RCC:0.5050; RPV:PROVISIONAL ADMISSION;

Appendix 44 B

B.P.C.A's College of Physical Education

B.P.Ed. Progarmme (2019-21)

Semester IV

Internal Marks of Marks of Course – XIV, XV, XVI, XVII, & XVIII

Roll. No.	XIV-25	XV-25	XVI-25	XVII-150	XVIII-100	Total-325
1	23	23	21	129	86	282
2	23	23	20	132	88	286
3	22	22	20	132	88	284
4	22	20	17	123	82	264
5	22	22	21	129	86	280
6	23	21	21	131	87	283
7	22	22	20	122	81	267
8	21	23	21	119	79	263
9	20	19	21	127	85	272
10	22	23	24	133	88	290
11	23	24	23	133	89	292
12	23	23	23	141	94	304
13	21	21	20	121	80	263
14	23	21	21	126	84	275
15	23	24	23	131	87	288
16	22	22	21	127	85	277
17	22	22	21	130	87	282
18	20	22	20	123	82	267
19	22	24	22	133	88	289
20	21	23	18	128	85	275
21	20	22	22	127	84	275
22	22	21	22	128	85	278
23	22	24	22	136	90	294
24	22	21	22	133	88	286
25	23	20	23	122	81	269
26	22	22	20	126	84	274
27	21	21	22	128	85	277
28	22	22	19	126	84	273
29	20	21	22	120	80	263
30	24	24	20	131	87	286
31	21	20	22	121	80	264
32	22	20	19	130	87	278

33	19	19	20	125	83	266
34	21	22	20	131	87	281
35	23	22	20	127	84	276
36	23	21	22	129	86	281
37	21	22	19	119	79	260
38	21	22	20	129	86	278
39	22	22	21	128	85	278
40	21	22	19	126	84	272
41	19	21	21	120	80	261
42	21	21	22	130	86	280
43	21	22	20	124	82	269
44	20	22	22	127	85	276
45	21	21	21	123	82	268
47	22	20	21	121	81	265
48	21	22	20	130	87	280
49	22	22	21	129	86	280
50	22	21	19	131	87	280
51	22	21	20	126	84	273
52	20	21	22	123	82	268
53	22	21	21	125	83	272
54	20	22	21	131	87	281
55	19	22	20	118	78	257
56	22	22	23	126	84	277
57	21	21	22	126	84	274
58	21	22	21	133	89	286
59	22	22	20	126	84	274
60	22	23	21	135	90	291
61	22	22	22	128	85	279
62	19	21	17	103	68	228
63	21	21	23	131	87	283
64	20	21	21	127	85	274
65	22	21	22	126	84	275
66	21	21	20	126	84	272
67	21	21	22	123	82	269
69	21	17	18	118	78	252
70	21	23	23	134	89	290
71	22	20	21	126	84	273
72	22	20	19	121	80	262
73	21	22	22	128	85	278
75	22	21	21	133	89	286
76	22	22	22	132	88	286
77	23	21	22	133	88	287
78	22	21	20	124	83	270
79	22	20	21	133	88	284

80	23	23	21	137	91	295
81	20	22	19	124	83	268
82	20	21	17	118	79	255
83	21	22	20	123	82	268
84	21	22	22	132	88	285
85	21	21	20	132	88	282
86	21	21	19	125	83	269
87	22	23	20	129	86	280
88	20	22	21	124	82	269
89	21	23	20	129	86	279
90	22	20	22	136	90	290
91	22	21	21	122	81	267
92	21	20	20	121	81	263
93	19	22	22	115	76	254
94	21	22	23	127	84	277
95	22	21	20	131	87	281
96	18	21	18	117	78	252
97	21	22	20	127	84	274
98	22	22	17	122	81	264
99	22	21	20	127	85	275
100	21	22	20	126	84	273

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M.P.ED. (Sem- IV) 2020-2021

Internal Mark List

			XIII Management & Professional Preparation in Phy. Ed, & Sports	**XIV Sports Nutrition**	**XVII Dissertation**	**Total Of 160**
1	BALKHANDE DIPALI YASHAVANT PANCHASHILA	4001	36	34	70	140
2	DAIT JYOTI MANOJ	4002	37	36	70	143
3	GURAV BHARAT DEVDAS DARSHANA	4003	35	35	60	130
4	HATKHAMBEKAR ABHISHEK VILAS VISHAKA	4004	35	31	50	116
5	HULE RAJU BABAN SUGANDHA	4005	36	30	65	131
6	JADHAV TEJASHRI TULASHIDAS RADHIKA	4006	37	32	70	139
7	JOTSHI SHIVANI SUNIL ARTI	4007	38	36	65	139
8	KADAM JAYDEEP SHAM RESHMA	4008	37	36	72	145
9	KAMBLE SUHAS BHUPAL MARIYA	4009	38	34	80	152
10	KASHID RUPALI PANDURANG PUSHPA	4010	36	32	70	138
11	LOKEGAONKAR PRANIL PANDURANG PRITI	4011	35	35	65	135
12	MALVIYA RINKU NENMAL MANJU	4012	38	32	80	150
13	PARAB SHRADDHA SANJAY SHUBHANGI	4013	31	32	75	138
14	PATIL DIPESH KRISHNA MANUBAI	4014	36	30	60	126
15	RAWOOL HARSHAD VISHNU YASHASHRI	4015	36	36	65	137
16	SAHANE KAVITA BHIWAJI GULAB	4016	36	36	75	147
17	SAVARDEKAR BHALCHANDRA BALARAM S.	4017	36	34	60	130
18	SAWANT PRIYANKA KISHOR PRAJAKTA	4018	37	32	60	129
19	SHINDE PRASAD VIJAY AARTI	4019	38	31	74	143
20	SHINDE RAMESHWAR SOMESHWAR SUNITA	4020	35	32	78	145
21	SHIRODKAR TANVI GANESH DIPTI	4021	38	37	80	155
22	SUMI HOSHIKALI K KHETOHO ATOLI	4022	37	30	78	145
23	TAVATE SHREENATH MAHADEO S.	4023	37	37	60	134
24	TIPPIREDDY VIVEK BABURAO KALAVATI	4024	38	33	60	131
25	WADEKAR AKSHAY MADHUKAR LEELA	4025	38	34	60	132

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A's College of Physical Education

B.P.Ed. Progarmme (2019-21)

Semester IV

Internal Marks of Marks of Course – XIV, XV, XVI, XVII, & XVIII

Roll. No.	**XIV-25** Measurement, Evaluation and Statistics in Physical Education	**XV-25** Sports Medicine, Physiotherapy and Rehabilitation	**XVI-25** Kinesiology and Biomechanics	**XVII-150** Physical Education Activities	**XVIII-100** Practice Teaching in Physical Education	**Total-325**
1	23	23	21	129	86	282
2	23	23	20	132	88	286
3	22	22	20	132	88	284
4	22	20	17	123	82	264
5	22	22	21	129	86	280
6	23	21	21	131	87	283
7	22	22	20	122	81	267
8	21	23	21	119	79	263
9	20	19	21	127	85	272
10	22	23	24	133	88	290
11	23	24	23	133	89	292
12	23	23	23	141	94	304
13	21	21	20	121	80	263
14	23	21	21	126	84	275
15	23	24	23	131	87	288
16	22	22	21	127	85	277
17	22	22	21	130	87	282
18	20	22	20	123	82	267
19	22	24	22	133	88	289
20	21	23	18	128	85	275
21	20	22	22	127	84	275
22	22	21	22	128	85	278
23	22	24	22	136	90	294
24	22	21	22	133	88	286
25	23	20	23	122	81	269
26	22	22	20	126	84	274
27	21	21	22	128	85	277
28	22	22	19	126	84	273
29	20	21	22	120	80	263
30	24	24	20	131	87	286

31	21	20	22	121	80	264
32	22	20	19	130	87	278
33	19	19	20	125	83	266
34	21	22	20	131	87	281
35	23	22	20	127	84	276
36	23	21	22	129	86	281
37	21	22	19	119	79	260
38	21	22	20	129	86	278
39	22	22	21	128	85	278
40	21	22	19	126	84	272
41	19	21	21	120	80	261
42	21	21	22	130	86	280
43	21	22	20	124	82	269
44	20	22	22	127	85	276
45	21	21	21	123	82	268
47	22	20	21	121	81	265
48	21	22	20	130	87	280
49	22	22	21	129	86	280
50	22	21	19	131	87	280
51	22	21	20	126	84	273
52	20	21	22	123	82	268
53	22	21	21	125	83	272
54	20	22	21	131	87	281
55	19	22	20	118	78	257
56	22	22	23	126	84	277
57	21	21	22	126	84	274
58	21	22	21	133	89	286
59	22	22	20	126	84	274
60	22	23	21	135	90	291
61	22	22	22	128	85	279
62	19	21	17	103	68	228
63	21	21	23	131	87	283
64	20	21	21	127	85	274
65	22	21	22	126	84	275
66	21	21	20	126	84	272
67	21	21	22	123	82	269
69	21	17	18	118	78	252
70	21	23	23	134	89	290
71	22	20	21	126	84	273
72	22	20	19	121	80	262
73	21	22	22	128	85	278
75	22	21	21	133	89	286
76	22	22	22	132	88	286
77	23	21	22	133	88	287

78	22	21	20	124	83	270
79	22	20	21	133	88	284
80	23	23	21	137	91	295
81	20	22	19	124	83	268
82	20	21	17	118	79	255
83	21	22	20	123	82	268
84	21	22	22	132	88	285
85	21	21	20	132	88	282
86	21	21	19	125	83	269
87	22	23	20	129	86	280
88	20	22	21	124	82	269
89	21	23	20	129	86	279
90	22	20	22	136	90	290
91	22	21	21	122	81	267
92	21	20	20	121	81	263
93	19	22	22	115	76	254
94	21	22	23	127	84	277
95	22	21	20	131	87	281
96	18	21	18	117	78	252
97	21	22	20	127	84	274
98	22	22	17	122	81	264
99	22	21	20	127	85	275
100	21	22	20	126	84	273

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

(2)

University of Mumbai

Research Project No 46

NAME OF THE RESEARCHER : Dr. Sushama N. Chougule

SUBJECT : Physical Education

NAME OF COLLEGE : Bombay Physical Culture Association's College of Physical Education, Bharatiya Krida Mandir, Naigaon Cross Road Kalachala, Mumbai-400031

AMOUNT SANCTIONED : Rs

Ref No. APD/237/644 of 2017

~~19th January, 2016~~
15th feb, 2017

Sir/Madam,

With reference to the Research Proposal forwarded by you in respect of Shri/~~Kum~~/Smt. Dr. Sushama N. Chougule, I am directed to inform you that the said proposal has been considered by the University and the authority has sanctioned research grant as quoted above to the researcher. The Researcher need to utilize the grant on the following purposes:-

1) Typing and Stationery	Rs. 4,000/-
2) Books Journals	Rs. 4,000/-
3) Travel	Rs. 5,000/-
4) Others	Rs. 5000/-
5) Tools and Techniques	Rs. 10,000/-

The sanctioned amount will be disbursed in two installments. The first installment of 80% of the sanctioned amount will be disbursed within 15 days **on receiving undertaking** (copy enclosed) from the researcher. The remaining 20% amount will be disbursed upto 31st March, 2016.

The researcher is expected to spend 20% amount initially from his/her own resources to carry out the work.

Further, I am to inform you that the researcher will have to utilize the sanctioned amount before 31st March, 2016 and submit original bills/vouchers of the expenditure alongwith Utilization Certificate duly certified by the Principal/ Director/ Head / Institute / University Department of the College to the Accounts Section of University.

Please note, that 20% balance amount, out of sanctioned grant will be released on the submission of utilization certificate including bills/vouchers/receipts in original through University Accounts Section.

The report of the research work carried out by the concerned researcher will have to be submitted to the University on or before 31st July 2016.

The Principal/Head of the Institute are requested to inform the researcher accordingly and arrange to forward his/her undertaking immediately to enable this office to release first installment of the research grant.

Yours faithfully
P. S. Dhumale
for Registrar

****

To,

The Principal of the College, who have forwarded research proposal of the teacher working under him/her, for consideration of the University.

(2)

University of Mumbai

Research Project No 45

NAME OF THE RESEARCHER : Kishor J Maru

SUBJECT : Physical Education

NAME OF COLLEGE : Bombay Physical Culture Association's College of Physical Education, Bhartiya Krida Mandir, Naigaonk Cross Road, Kladda, Mumbai-400031

AMOUNT SANCTIONED : Rs

Ref No. APD/237/643/of 2017

~~19th January, 2016~~
15th feb, 2017

Sir/Madam,

With reference to the Research Proposal forwarded by you in respect of Shri/~~Kum~~/Smt. Dr. Kishor J. Maru, I am directed to inform you that the said proposal has been considered by the University and the authority has sanctioned research grant as quoted above to the researcher. The Researcher need to utilize the grant on the following purposes:-

1) Typing and Stationery	Rs. 5,000/-
2) Books Journals	Rs. 5,000/-
3) Travel	Rs. 4000/-
4) Others	Rs. 4000/-
5) Tools and Techniques	Rs. 12000/-

The sanctioned amount will be disbursed in two installments. The first installment of 80% of the sanctioned amount will be disbursed within 15 days **on receiving undertaking** (copy enclosed) from the researcher. The remaining 20% amount will be disbursed upto 31st March, 2016.

The researcher is expected to spend 20% amount initially from his/her own resources to carry out the work.

Further, I am to inform you that the researcher will have to utilize the sanctioned amount before 31st March, 2016 and submit original bills/vouchers of the expenditure alongwith Utilization Certificate duly certified by the Principal/ Director/ Head / Institute / University Department of the College to the Accounts Section of University.

Please note, that 20% balance amount, out of sanctioned grant will be released on the submission of utilization certificate including bills/vouchers/receipts in original through University Accounts Section.

The report of the research work carried out by the concerned researcher will have to be submitted to the University on or before 31st July 2016.

The Principal/Head of the Institute are requested to inform the researcher accordingly and arrange to forward his/her undertaking immediately to enable this office to release first installment of the research grant.

Yours faithfully
P. S. Dhumale
for Registrar

****

To,

The Principal of the College, who have forwarded research proposal of the teacher working under him/her, for consideration of the University.

(2)

University of Mumbai

Research Project No

NAME OF THE RESEARCHER : Dr. Rohini C. Kawade 44

SUBJECT : Physical Education.

NAME OF COLLEGE : Bombay Physical Culture Association's College of Physical Education, Bhartiya Krida Mandir, Naigaon Cross Road, Kladda Mumbai 400031

AMOUNT SANCTIONED : Rs

Ref No. APD/2371642/of 2017

~~19th January, 2016~~
15th feb, 2017

Sir/Madam,

With reference to the Research Proposal forwarded by you in respect of Shri/~~Kum~~/Smt. Dr. Rohini C. Kawade, I am directed to inform you that the said proposal has been considered by the University and the authority has sanctioned research grant as quoted above to the researcher. The Researcher need to utilize the grant on the following purposes:-

1) Typing and Stationery	Rs. 6,000/-
2) Books Journals	Rs. 6000/-
3) Travel	Rs. 4,000/-
4) Others	Rs. 4,000/-
5) Tools and Techniques	Rs. 16,000/-

The sanctioned amount will be disbursed in two installments. The first installment of 80% of the sanctioned amount will be disbursed within 15 days **on receiving undertaking** (copy enclosed) from the researcher. The remaining 20% amount will be disbursed upto 31st March, 2016.

The researcher is expected to spend 20% amount initially from his/her own resources to carry out the work.

Further, I am to inform you that the researcher will have to utilize the sanctioned amount before 31st March, 2016 and submit original bills/vouchers of the expenditure alongwith Utilization Certificate duly certified by the Principal/ Director/ Head / Institute / University Department of the College to the Accounts Section of University.

Please note, that 20% balance amount, out of sanctioned grant will be released on the submission of utilization certificate including bills/vouchers/receipts in original through University Accounts Section.

The report of the research work carried out by the concerned researcher will have to be submitted to the University on or before 31st July 2016.

The Principal/Head of the Institute are requested to inform the researcher accordingly and arrange to forward his/her undertaking immediately to enable this office to release first installment of the research grant.

Yours faithfully
P. S. Dhumale
for Registrar

****

To,

The Principal of the College, who have forwarded research proposal of the teacher working under him/her, for consideration of the University.

(2)

University of Mumbai

Research Project No 47

NAME OF THE RESEARCHER : Dr. Nitoo O. Joshi

SUBJECT : Physical Education

NAME OF COLLEGE : Bombay Physical Culture Association's College of Physical Education, Bharatiya Krida Mandir, Naigaon Cross Road Hadda Mumbai-400031

AMOUNT SANCTIONED : Rs

Ref No. APD/237/641/of 2017

~~19th January, 2016~~

15th feb, 2017

Sir/Madam,

With reference to the Research Proposal forwarded by you in respect of Shri/~~Kum~~/Smt. Dr. Nitoo O Joshi, I am directed to inform you that the said proposal has been considered by the University and the authority has sanctioned research grant as quoted above to the researcher. The Researcher need to utilize the grant on the following purposes:-

1) Typing and Stationery	Rs. 4,000/-
2) Books Journals	Rs. 6,000/-
3) Travel	Rs. 6,000/-
4) Others	Rs. 4,000/-
5) Tools and Techniques	Rs. 10,000/-

The sanctioned amount will be disbursed in two installments. The first installment of 80% of the sanctioned amount will be disbursed within 15 days **on receiving undertaking** (copy enclosed) from the researcher. The remaining 20% amount will be disbursed upto 31st March, 2016.

The researcher is expected to spend 20% amount initially from his/her own resources to carry out the work.

Further, I am to inform you that the researcher will have to utilize the sanctioned amount before 31st March, 2016 and submit original bills/vouchers of the expenditure alongwith Utilization Certificate duly certified by the Principal/ Director/ Head / Institute / University Department of the College to the Accounts Section of University.

Please note, that 20% balance amount, out of sanctioned grant will be released on the submission of utilization certificate including bills/vouchers/receipts in original through University Accounts Section.

The report of the research work carried out by the concerned researcher will have to be submitted to the University on or before 31st July 2016.

The Principal/Head of the Institute are requested to inform the researcher accordingly and arrange to forward his/her undertaking immediately to enable this office to release first installment of the research grant.

Yours faithfully

P. S. Dhumale

for Registrar

****

To,

The Principal of the College, who have forwarded research proposal of the teacher working under him/her, for consideration of the University.

(2)

University of Mumbai

Research Project No 43

NAME OF THE RESEARCHER : Dr. Jayshing M. Hotkar

SUBJECT : Physical Education.

NAME OF COLLEGE : Bombay Physical Culture Association's College of Physical Education, Bhartiya Krida Mandir, Naigaon Cross Road, Wadala Mumbai-400031

AMOUNT SANCTIONED : Rs

Ref No. APD/237/640 of 2017

~~19th January, 2016~~
15th feb, 2017

Sir/Madam,

With reference to the Research Proposal forwarded by you in respect of Shri/~~Kum~~/Smt. Dr. Jaysingh M. Hotkar, I am directed to inform you that the said proposal has been considered by the University and the authority has sanctioned research grant as quoted above to the researcher. The Researcher need to utilize the grant on the following purposes:-

1) Typing and Stationery	Rs. 6,000/-
2) Books Journals	Rs. 4000/-
3) Travel	Rs. 6000/-
4) Others	Rs. 5000/-
5) Tools and Techniques	Rs. 14000/-

The sanctioned amount will be disbursed in two installments. The first installment of 80% of the sanctioned amount will be disbursed within 15 days **on receiving undertaking** (copy enclosed) from the researcher. The remaining 20% amount will be disbursed upto 31st March, 2016.

The researcher is expected to spend 20% amount initially from his/her own resources to carry out the work.

Further, I am to inform you that the researcher will have to utilize the sanctioned amount before 31st March, 2016 and submit original bills/vouchers of the expenditure alongwith Utilization Certificate duly certified by the Principal/ Director/ Head / Institute / University Department of the College to the Accounts Section of University.

Please note, that 20% balance amount, out of sanctioned grant will be released on the submission of utilization certificate including bills/vouchers/receipts in original through University Accounts Section.

The report of the research work carried out by the concerned researcher will have to be submitted to the University on or before 31st July 2016.

The Principal/Head of the Institute are requested to inform the researcher accordingly and arrange to forward his/her undertaking immediately to enable this office to release first installment of the research grant.

Yours faithfully
P. S. Dhumale
for Registrar

****

To,
The Principal of the College, who have forwarded research proposal of the teacher working under him/her, for consideration of the University.

(2)

University of Mumbai

Research Project No 48

NAME OF THE RESEARCHER : Dr. Rajendra N. Shelke

SUBJECT : Physical Education

NAME OF COLLEGE : Bombay Physical Culture Association's College of Physical Education Bhartiya Krida Mandir, Naigaon Cross Road, Wadala Mumba-400031

AMOUNT SANCTIONED : Rs

Ref No. APD/2371 639 of 2017

~~18th January, 2016~~

15th ~~Feb~~, 2017

Sir/Madam,

With reference to the Research Proposal forwarded by you in respect of Shri/~~Kum~~/Smt. Dr. Rajendra N. Shelke, I am directed to inform you that the said proposal has been considered by the University and the authority has sanctioned research grant as quoted above to the researcher. The Researcher need to utilize the grant on the following purposes:-

1) Typing and Stationery	Rs. 6,000/-
2) Books Journals	Rs. 5000/-
3) Travel	Rs. 3000/-
4) Others	Rs. 6,000/-
5) Tools and Technique	Rs. 14,000/-

The sanctioned amount will be disbursed in two installments. The first installment of 80% of the sanctioned amount will be disbursed within 15 days **on receiving undertaking** (copy enclosed) from the researcher. The remaining 20% amount will be disbursed upto 31st March, 2016.

The researcher is expected to spend 20% amount initially from his/her own resources to carry out the work.

Further, I am to inform you that the researcher will have to utilize the sanctioned amount before 31st March, 2016 and submit original bills/vouchers of the expenditure alongwith Utilization Certificate duly certified by the Principal/ Director/ Head / Institute / University Department of the College to the Accounts Section of University.

Please note, that 20% balance amount, out of sanctioned grant will be released on the submission of utilization certificate including bills/vouchers/receipts in original through University Accounts Section.

The report of the research work carried out by the concerned researcher will have to be submitted to the University on or before 31st July 2016.

The Principal/Head of the Institute are requested to inform the researcher accordingly and arrange to forward his/her undertaking immediately to enable this office to release first installment of the research grant.

Yours faithfully

P. S. Dhumale

for Registrar

****

To,

The Principal of the College, who have forwarded research proposal of the teacher working under him/her, for consideration of the University.

Appendix 48

BPCA'S COLLEGE OF PHYSICAL EDUCATION

RESEARCH PROCEDURE

Introduction

The vision and mission statements play an important role in every organization. In view of the Vision & Mission, BPCA'S College of Physical Education (BPCACPE) has established a Research Centre in 1997. It is a separate entity under the direction of Principal. Research atmosphere is to be promoted & research culture to be developed; staff shall be motivated to guide masters & other research scholars to engage them in research activities. It is essential to create an enthusiastic research environment among teachers and research scholars at the Instituion to improve the quality of the field.

Policy Statement

BPCA'S College of Physical Education is well known College and offering degree in Physical Education. We have tradition of research since 1996. Though there ample of research available in in Physical Education there is aneed of improve the quality and standard of research in the field of Physical Education, Sports and allied discipline. Physical Education is an essential subject for every student in the school. There are many problems faced by Physical Educators. Problems create obstacles in the progression therefore these problems must be solved through research. Also there are many problems regarding fitness, physical activities, sports and sports related science. All these problems could be resolved by doing research.

Research is scientific process; it must be logical & systematic. To make research scientific, systematic & logical there must be some standard procedure decided by the authorities. All researchers must know about this, hence this procedure is drawn after discussion with faculty and experts. The intention of this procedure is to motivate, guide and manage monitor and control the creativities of the faculties and research scholars towards quality research in the field of Physical Education, Sports, Fitness and allied discipline. This research procedure will encourage scholar and faculty to conduct major and minor research projects. It will develop attitude among college staff towards organizing of national and international conferences, seminars and workshops. The other very important purpose of this policy is to provide appropriate procedure for proper coordination of all research activities of the college and aligning these to the vision and

missions of the college and national development goals. This will also help them in presenting research papers and their publication in reputed journals, and similar other research-related matters.

Proposes this research procedure to develop collaborations and become part of active community that shares the mission objectives. Taking these arguments into considerations, following **"BPCA'S COLLEGE OF PHYSICAL EDUCATION RESEARCH PROCEDURE**" is implemented.

Scope of the Research Procedure

This Research Procedure is implementable in the field of Physical Education and can serve as guideline for other Physical Education Institutions. This BPCACPE research procedure shall be applied to all the research scholars of research centre of the college. This procedure suggests the following scope of Research.

I. In view of this policy faculty, staff members & students can conduct research under research centre.

a) All staff including academic & administrative departments, temporary and permanent, who are active in teaching, research, administration and provision ofany form of support to the main functions of the college;

b) All students registered with the college;

c) All visiting & guest faculties, mentors, approved research guides, external experts and sponsors associated with any of the research activities of the college.

II. This procedure will be applied to all the research and related activities of the college. The scope in concern is as given below.

a) Educational or academic programs could be conducted as research.

b) Research activities including action research, basic research, and applied research could be undertaken.

c) There is a scope of research in knowledge gathering and communication activities with respect to Physical Education & Sports.

d) There is also scope to maintain academic developments in any knowledge domain such as textbook writing, textbook chapters, monographs; developing/updating curriculum, etc.

e) There is always a scope to enrich the field of Physical Education as research Projects undertaken by post graduate, MPhil or PhD candidates are part of the PE curriculum.

f) Research scholars can publish, present and communicate their research outcomes and related activities.

III. Publication & Presenting Research Work

a) Organize seminars/conferences/workshops on research topics and training programmes.

b) To publish research material in English as well as local language and to make it available to the end users from Physical Education & the society.

c) To bring about periodic collection of abstracts or research papers presented by the staff and students in various seminars, conferences & workshops.

d) To ensure publications in quality journals, indexed in Journal listed under UGC with impact factor.

e) To compile data on all the research work or projects undertaken by the teachers and students in to a database for easy monitoring and analysis of the progress being made by them from year to year.

Research Advisory Committee

College will establish a Research Advisory Committee for the better implementation of the research policy &to achieve the objectives of it. Committee will have the following composition

1) Principal & Director of Research Centre - Chairperson
2) Coordinator - Member Secretary (From BPCACPE)
3) Research Guides - Members (From BPCACPE)
4) Field Expert & Research Guide - Member (From other institute)

Research Advisory Committee may be expanded including of more senior & eminent faculty members as advisors.

The implementation and updating of Research procedure shall be carried out by Research Advisory Committee. This committee will assist and advice in matters related to research to be carried at the BPCA'S Research Centre.

Research Procedure Execution Guidelines

The Research Centre of the college shall be responsible for implementing this research procedure of the college by working closely with the college management. The mechanism of the procedure and specific role of the research center will be as follows_

1) Research coordinator will coordinate overall management of research activities under the supervision of Principal.
2) Research advisory committee and administrative committee shall be responsible foroverall functioning of research activities within the Research Centre.
3) Each scholar will carry out independent Research for degree purpose.
4) Faculty members may have combined research project/ s & distribute the responsibilities of conducting the same.
5) Combined research project may be conducted within the college faculty as well as outside experts or research scholar or NGO or any Institute.
6) Researcher will be provided the research facilities in terms of laboratory equipment, research journals, questionnaire, testing tools etc. required for his/her research study.
7) To encourage and promote a research culture teaching work load may be reduced when required also opportunities for attending conferences will be given to all staff members and the registered scholars.
8) Separate time shall be allotted in the timetable itself for guiding research scholars, this period of guidance shall be considered as work load.
9) Research guides shall keep record of guidance regularly.

10) Every research scholar must report to the research center twice in a month (on Saturday) to meet his / her guide to update his / her research work.

11) College shall organize scientific conferences, workshops, seminars, symposium training programmes etc. regularly & periodically considering different areas of research in the field of Physical Education, Sports, Fitness and allied discipline.

12) Every faculty and scholars of BPCACPE is expected to publish quality research work in the form of research paper, article or literature every year.

13) Research techniques should not violate established professional ethics pertaining to the health, safety, privacy, and other personal rights of human beings or to the infliction of injury or pain on subjects selected for experiment.

14) Make efforts by applying proposal for aids to improve the facility of research infrastructure requirements.

15) All researchers are bind to work within the ambit of law established by apex bodies like University, UGC etc.

EXECUTION OF THE PROCEDURE

To execute the Research procedure BPCACPE will follow the given procedure of research

1. Establish & Run Research Centre within BPCACPE with potential for Excellence.
2. BPCACPE will identify research areas and specify research topics of academic, practical and socially relevant significance.
3. BPCACPE research center will apply or encourage researchers to select different Research methods like experimental research, longitudinal research, case studies, etc.

4. Interdisciplinary collaborations and partnerships with Universities, & other institutions will be created & successfully implemented
5. To identify and establish linkages including MOU's for long term relationships with national and international research organizations for widening the scope of research opportunities and funding options available to the faculty and scholars of the college.
6. To promote interdisciplinary research and conducting joint research projects covering more than related knowledge domain.
7. To endorse strategies for linking external agencies & experts in interdisciplinary research projects.

1) Possibilities to avail the research schemes & funds.

a. Research opportunities declared by different government & non-government agencies or organizations will be informed to scholars & encourage them for studies.

b. BPCACPE will take efforts to manage & generate a research fund for supporting and enabling research initiatives and projects of faculty members and researchscholars.

2) Establishing the Standard Operating Procedure & ethical considerations

a. BPCACPE will create & ensure high level of efficient and effective support systemto facilitate faculty and research scholars in their research activities.

b. Institutional capacities will be reinforced for scheduled, methodological and operational planning, budgeting and control of all research activities of the college.

c. To prepare and regularly update the research agenda of the college outlining thepreferred focus areas and priorities of research activities to be supported

d. To develop, prescribe and administer rules and procedures to ensure the compliance of all research scholars to the research quality assurance framework,the research code and all the applicable rules and regulations.

e. To serve as a facilitator providing professional guidance, technical support to ensure quality, integrity and ethics in research.

f. To draw up and adopt a research code, which informs all research scholars aboutthe ethical and legal norms and principles to be followed in the conduct of research

g. Create and maintain a database of research work and research projects undertaken by the faculty and students as well as collect data by metrics such asCitation Index, Impact Factor, h-index, SNIP, SJR, etc.

h. Develop and implement an official Code of Ethics to check malpractices and plagiarism in research.

i. Facilitate Interdepartmental / interdisciplinary research projects.

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http://ilkogretim-online.org
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MATHEMATICAL MODULE FOR PREDICTING HEALTH FITNESS INDEX AMONG ADOLESCENTS MALE OF MUMBAI

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Abstract- The aim of this study was to develop the mathematical module Health Fitness Index of health related physical fitness of Adolescents Male of Mumbai District.The review of literature does not indicate any studies to evaluate the Mathematical Module for predicting Health Fitness Index among Adolescents Male of Mumbai District. The study was conducted by adopting the Multiple Regression Analysis. The Research Designs of the study was predicting new values for the dependent variable from the given independent variables (Predictive Modeling Technique). To accomplish this objective 3200 Boys / Adolescents Malefrom all the educational divisions of Mumbai District was taken for data collection. The subject's age group was range from 12 to 19years. The entire participants underwent 14 Physical Fitness Test i.e. Health Related Physical fitness Test components comprise of five test items and Edwin A. Fleishman Test Battery comprise of nine test items. Once the data were collected then the researcher solved the questionnaire and used IBMM SPSS-22 Software for analysis and the data were analyzed by employing Linear Regression Analysis (Analysis of Variance).The result of the study showed that In case of percentage of joint as well as individual contribution the best predictor of Health Fitness Index of Adolescents Male was found to be Muscular Strength, Muscular Endurance and Flexibility of Adolescents Male.Regression Equation for predicting Health Fitness Index on the basis of Age and Health Related Physical Fitness of Adolescents Male.$Y= 0.49 X_1 + 0.37 X_2 + 0.39 X_3 + 0.09 X_4 + 0.43 X_5 + 0.10 X_6 + 42.921$ {Y =Health Fitness Index X_1 =Age X_2=Muscular Strength X_3 =Muscular Endurance X_4 =Cardiovascular Endurance X_5 =Flexibility X_6 =BodyComposition}.

Keywords: Health Related Physical Fitness, Mathematical Module, Muscular Strength, Muscular Endurance, Cardio Vascular Endurance, Flexibility, Body Composition, Edwin A. Fleishman Test battery.

I. INTRODUCTION:

Health is an important input in the development process. An unhealthy society cannot be a high-achieving society and will not make a nation great. The need for a healthy society and a system of education to support it is beyond doubt and debate. If a nation is to succeed and face the opportunities and challenges of the next generation, it cannot ignore health, education and physical education. It is not only a humanitarian, moral and ethical investment in health, it is an economic necessity. Health is a continuum from circumstances of maximum dependency and incapacitation to a blissful life of maximum self-reliance. "Etymologically" the word "Health" is derived from the English term meaning "whole," which in turn means a well-integrated holistic living condition. The equivalent word in Sanskrit is 'SWASTHYA,' which means depending on one's own blissful state (Rao, 1999).

Healthrelatedfitnessisdefinedastheabilitytoperformstrenuousactivitywithout excessive fatigue showing evidence of traits thatlimit the risks of developing diseases and disorders which affect a person's functional capacity. Components of health-related physical fitness are identified as muscular strength, endurance, flexibility, cardio- respiratoryenduranceandbodycomposition.However,thedegreeofdevelopmentofeach varies with the type of physical activity (Siedentop, 1994).

Considering the weightage given to physical education in the recent syllabus, measurement and evaluation would be an important problem encountered. This study proposed to develop a simple and objective method of assessing the students with to their health related physical fitness.
The study would help in-

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A STUDY OF EFFECT OF INTEGRATED EXERCISE TRAINING MODULE ON PSYCHOLOGICAL PARAMETERS OF VOLLEYBALL PLAYERS*

BY

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ABSTRACT

Context:

Stress is an internal state which can be caused by physical demands on the body (diseased conditions, exercise, extremes of temperature and the like) or by environ mental and social situations which are evaluated as potentially harmful, uncontrollable or exceeding our resources for coping life events and pressures of everyday life. Physical, environmental and social causes of the stress are called stressors. **Physical Stress**-Over for long time, can lead to diminished health or illness and is reflected in frequent headaches, fatigue, monotony, muscular tension, elevated heart rate, etc Psychological Variables (stress) plays an important role to decrease the functional stability of mind of volleyball players. There is a greater scope and need for research in knowing Psychological variables of boys - VOLLEY Ball players. Anxiety is a feeling of fear, dread, and uneasiness. It might cause you to sweat, feel restless and tense, and have a rapid heartbeat. It can be a normal reaction to stress. For example, you might feel anxious when faced with a difficult problem at work, before taking a test, or before making an important decision (Medline Plus, 2021). Competitive state anxiety occurs when the demands of the sport are greater than that athletes perceived abilities. While a bit of anxiety before a game gives us the push we need to tackle challenges, uncontrolled anxiety can wreak havoc on your performance in the ring. The key to competitive anxiety is accepting it. Once you accept it and learn how to manage it, it can then be used to your advantage to facilitate your performance. Here is a Integrated Training Module develop by the researcher to distress before hopping in the Volleyball tournaments.

Aims

To compare adjusted mean scores of Stress and of state level male Volleyball players of the integrated exercise training group and non-integrated exercise training group by taking pre stress as co-variate. Conduct test of Psychological Parameters i.e. Stress before Pre-test & after Post test

To compare adjusted mean scores of Anxiety and of state level male Volleyball players of the integrated exercise training group and non-integrated exercise training group by taking pre Anxiety as co-variate. conduct test of Psychological Parameters i.e. Anxiety before Pre-test & after Post test

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PREDICTION OF HEALTH FITNESS INDEX THROUGH MATHEMATICAL MODULE FOR ADOLESCENTS FEMALES OF MUMBAI DISTRICT

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Abstract

In order to maintain and promote the health status of individuals, Physical Fitness tests are important. The aim of the study was to develop the mathematical module fitness index of Health Related Physical Fitness components. The review of literature does not indicate any studies to evaluate the Prediction of health fitness index through mathematical module for adolescents Females of Mumbai District. The study was conducted by adopting the Multiple Regression Analysis. The Research Designs of the study was predicting new values for the dependent variable from the given independent variables (Predictive Modeling Technique). Considering the stratified random sampling a sample of 3,200 Girls / Female students from all the educational divisions of Mumbai District was taken for data collection. The subject's age group was range from 12 to 19 years. The entire participants underwent 14 Physical Fitness Test i.e. Health Related Physical Fitness Test components comprise of five test items and Edwin A. Fleishman Test Battery comprise of nine test items. Once the data were collected then the researcher solved the questionnaire and used IBMM SPSS-22 Software for analysis and the data were analyzed by employing Linear Regression Analysis (Analysis of Variance). This study, within limitations, helped to warrant following conclusions, in case of percentage of joint as well as individual contribution the best predictor of Health Fitness Index of Adolescents Females was found to be Muscular Strength, Muscular Endurance and Flexibility of Adolescents Females. Regression Equation for predicting Health Fitness Index on the basis of Age and Health Related Physical Fitness of Females Adolescents. $\mathbf{Y = -0.28\,X_1 + 0.32X_2 + 0.40\,X_3 - 0.11\,X_4 - 0.25\,X_5 + 0.16\,X_6 + 54.195}$ {**Y**= Health Fitness Index $\mathbf{X_1}$= Age $\mathbf{X_2}$=Muscular Strength $\mathbf{X_3}$=Muscular Endurance $\mathbf{X_4}$=Cardiovascular Endurance $\mathbf{X_5}$=Flexibility $\mathbf{X_6}$=Body Composition} merely, establishing the norms does not have value until the norms are graded. In this study, the researcher has formulated the grades on the basis of Likert's five-point scale. Now the new Fitness Index has developed and standardized in this study and got a full form to be administered to assess Fitness Index of any Adolescents Females in the age group 12 to 19 years belonging to the Maharashtra State.

Keywords:
Health Related Physical Fitness, Mathematical Module, Muscular Strength, Muscular Endurance, Cardio Vascular Endurance, Flexibility, Body Composition, Edwin A. Fleishman Test battery.

INTRODUCTION:

Health Related Physical Fitness is characterized by components such as Muscular Strength, Muscular Endurance, Cardiovascular Endurance, Flexibility and Body Composure. On the basis of some validated, reliable, scientifically based physical tests, physical education teachers have carried out some tests that give every child a fitness score. Some norms have been put in place by other researchers, helping other teachers to provide fitness scores to students accordingly. Fitness such as Muscular Strength, Muscular Endurance, Cardiovascular Endurance, Flexibility and Body Composition was the basic fitness of every

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A STUDY OF EFFECT OF INTEGRATED EXERCISE TRAINING MODULE ON MOTOR FITNESS COMPONENTS OF VOLLEYBALL PLAYERS

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ABSTRACT

Context:

Motor Fitness Components include power, speed, balance, coordination , accuracy, and agility. Reaction time is also considered by some to be a component of motor fitness; however, some also contend that it is a type of speed, i.e. "reaction speed ". Improvements in endurance, stamina, strength, and flexibility come about through conditioning / training. Training refers to activity that improves performance through a measurable organic change in the body. Concurrently, improvements in coordination, agility, balance, and accuracy are developed through practice. Practice refers to activity that improves performance through changes in the nervous system. Power and speed are adaptations of both training and practice.

These study results help to interpret that the Integrated Exercise Training were useful in improving Motor Fitness Components Time of Volleyball Players. The improvement has been recorded in Motor Fitness Components by decreased time in seconds of the Volleyball players.

Aims

- To compare the adjusted mean scores of Speed of state level Volleyball players of the Integrated Exercise Training Group and Control Group by taking Pre- Speed as co-variate.
- To compare the adjusted mean scores of Agility of state level Volleyball players of the Integrated Exercise Training Group and Control Group by taking Pre- Agility as co-variate.
- To compare the adjusted mean scores of Balance of state level Volleyball players of the Integrated Exercise Training Group and Control Group by taking Pre-Balance as co-variate.
- To compare the adjusted Mean Scores of Reaction Time of Volleyball Players of the Integrated Exercise Training Group and Control Group by taking Pre- Reaction Time as co-variate.
- To compare the adjusted mean scores of Co-ordination of state level Volleyball players of the Integrated Exercise Training Group and Control Group by taking Pre-Co-ordination as co-variate.

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Yoga and Aerobics for Girls with Irregular Menstruation Cycle

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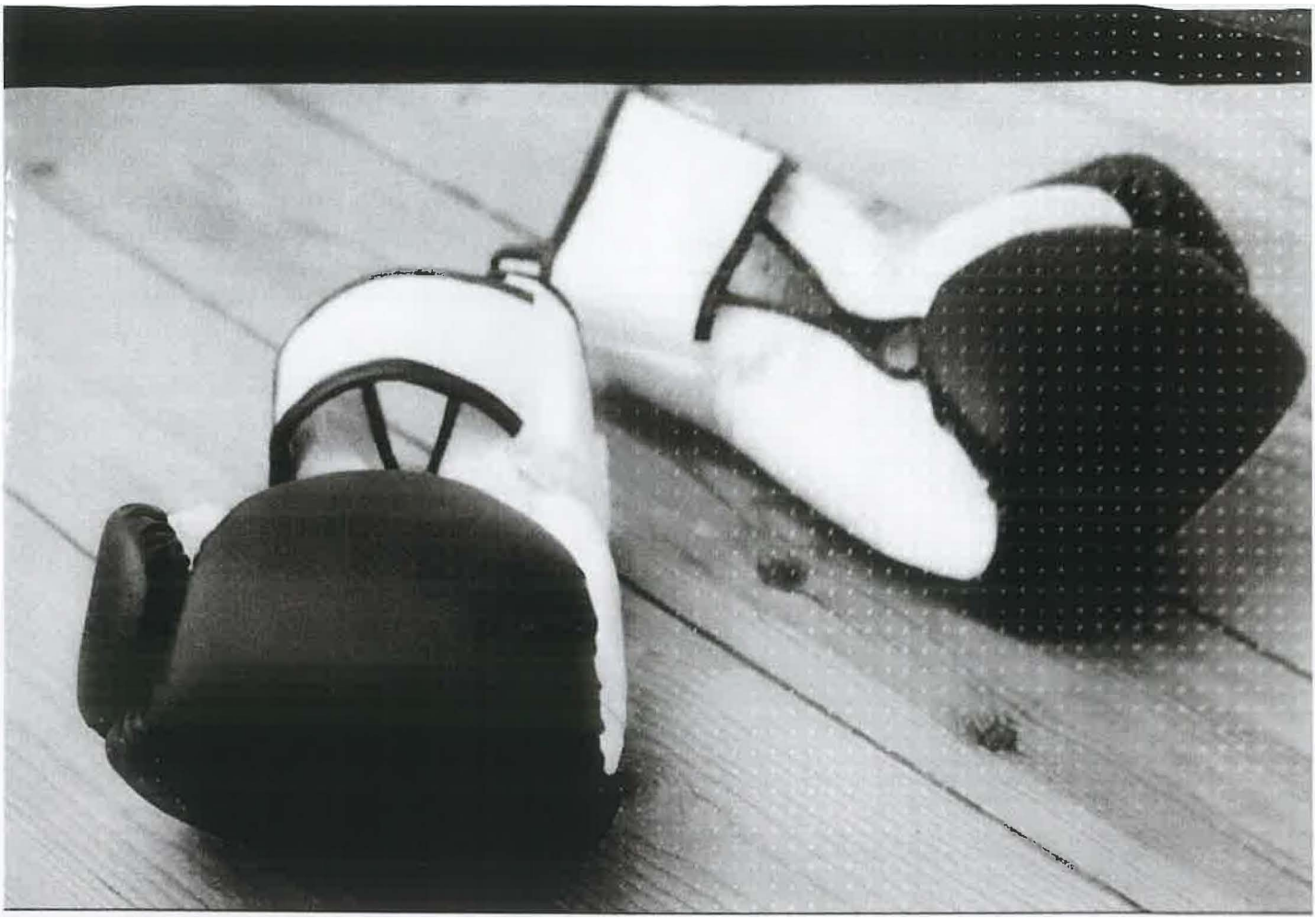

Rajendra R. Dhakne

Specific Training for Motor Fitness of Elite Male Boxers

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Kailas Asai

Personality Profile of Physical Education Teachers

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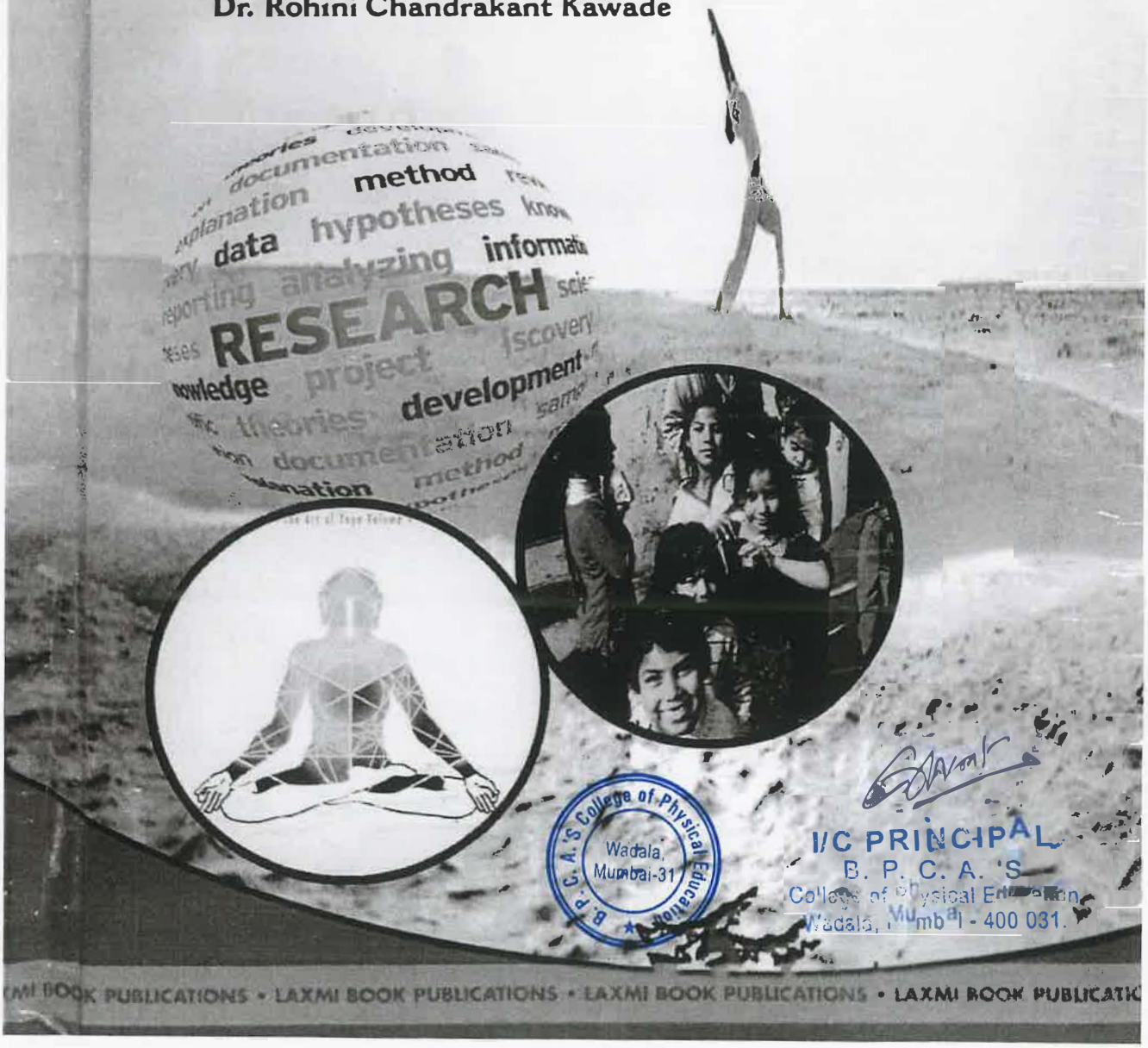
Yogic Practices for Health Related Physical Fitness and Mental Health Abilities of Slum Areas School Girls

Dr. Rohini Chandrakant Kawade



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Dr. Rohini Chandrakant Kawade

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Physical Education has been accepted as an integral part of general education in India. There is a great scope and need for research in physical education applying the Yogic Practices for the development of Health Related Physical Fitness and General Well being of Senior Wing Girls of NCC. There is review of literature does not indicate any studies to evaluate the utility Yogic Practices for the development of Health Related Physical Fitness and General Well being of Senior Wing Girls of NCC. The present study is aimed at collecting scientific evidence about the utility of Yogic Practices for improvement in performance of Health Related Physical Fitness and General Well being of Senior Wing Girls of NCC. It is hoped that the result of the present investigation may be helpful to those who are interested in the applied aspects of effect of Yogic Practices for improvement in performance of Health Related Physical Fitness and General Wellbeing of Senior Wing Girls of NCC.

Dr. Kishore J. Maru pursued B.Com., B.P.Ed. & M.P.Ed. at the University of Mumbai. As a scholar he completed Ph.D. with theme of Holistic Fitness in 2015. Dr. Maru is an Assistant Professor in Physical Education at the B.P.C.A.'s College of Physical Education, Wadala, Mumbai. He has contributed to many National & International Journals.

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Yoga for Health of Senior Wing Girls NCC

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Yogic Practices for Fitness and General Wellbeing of NCC Girls

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Physical Education has been accepted as an integral part of general education in India. There is a great scope and need for research in physical education applying the training of Judo training for the development of Health Related Physical Fitness of school boys.Their view of literature does not indicate any studies to evaluate the utility of Judo training for the development of Health Related Physical Fitness and Psychological Variable of school boys. The present study is aimed at collecting scientific evidence about the utility of Judo training for improvement in performance of Health Related Physical Fitness and Psychological Variable of School Boys. It is hoped that the result of the present investigation may be helpful to those who are interested in the applied aspects of effect of Judo training for improvement in performance of Health Related Physical Fitness and Psychological Variable of School Boys.

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Psychophysical Fitness of School Boys through Judo Training Programme

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Physical Education has been accepted as an integral pan of general education in India. There is a great scope and need for research in Physical Education applying the training of Taekwondo for the development of Health Related Physical Fitness of School Boys. The review of related literature does not indicate any studies to evaluate the utility of Taekwondo Training for the development of Health Related Physical Fitness Variable of School Boys. The present study is aimed at collecting scientific evidence about the utility of Taekwondo Training for improvement in the performance of Health Related Physical Fitness Variable of School Boys. It is hoped that the result of the present investigation may be helpful to those who are interested in the applied aspects of the effect of Taekwondo training for improvement in the performance of Health Related Physical Variable of School Boys.

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Kishore J. Maru

Taekwondo Training and Health Related Physical Fitness of School Boys

Dr. Kishore J. Maru pursued B.P.Ed., M.P.Ed. and Ph.D. at the University of Mumbai. Dr. Maru is an Assistant Professor at BPCA's College of Physical Education, Wadala, Mumbai affiliated to the University of Mumbai. He has contributed to many National & International Journals.

I/C PRINCIPAL
B. P. C. A. 'S
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Wadala, Mumbai-31

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The concept of holistic fitness in this study is that all potential contributing factors which may affect an individual's well-being, are taken into consideration when assessing a person's overall health. Therefore this approach upholds that an adolescent's Physical, Physiological, Mental, Emotional, social and Spiritual aspects of personality should be taken into consideration and perceived as a whole. Since the holistic health and fitness is the recent concept, there are no specific studies available in this regard, in order to see the effects by way of integrating the appropriate approach by the researcher/Author.

Dr. Kishore J. Maru pursued B.Com., B.P.Ed. & M.P.Ed. at the University of Mumbai. As a scholar he completed Ph.D. with theme of Holistic Fitness in 2015. Dr. Maru is an Assistant Professor in Physical Education at the B.P.C.A.'s College of Physical Education, Wadala, Mumbai. He has contributed to many National & International Journals.

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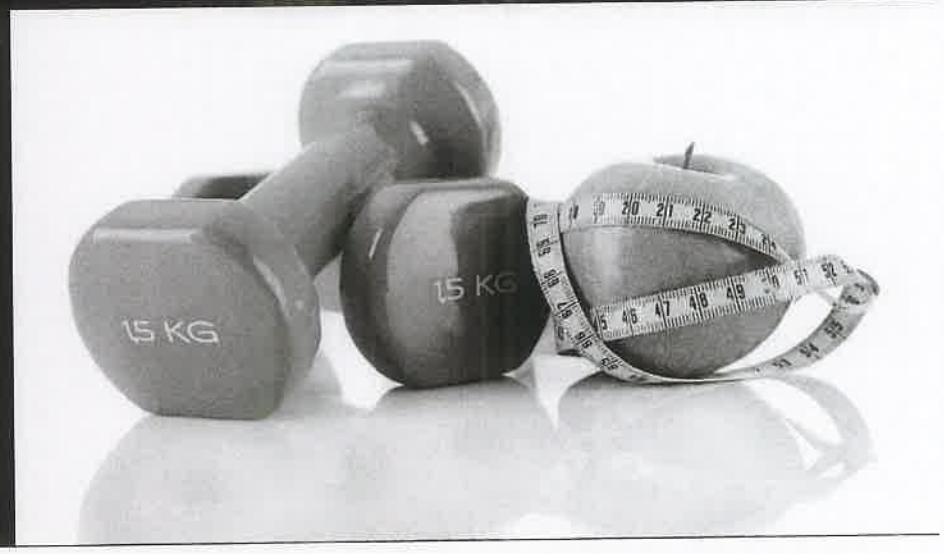
Holistic Approach to Health and Fitness

Maru



Kishore J. Maru

Holistic Approach towards Adolescent Health and Fitness

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Appendix 51

B. P. C.A's,
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Marathi Rashtra Bhasha Gaurav Din

27th February 2018

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

On 27th February, the renowned Jnanpith award-winning writer, playwright and poet Kusumagraj also known as, Mr V.V Shirwadkar celebrated his birthday on, 27th February 2018, in the college. Day's theme on this occasion students of BPED 1st year and 2nd year presented poems written by Mr V.V Shirwadkar some students also presented their own poetry a lecture was given by DR Shri M.M. Gharote, director, and Lonavla Yoga Institute, Lonavla. A total 127 Students of UG were Present.

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Environment Day

5th June 2018

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

In the academic year 2018-19, in the remembrance of Gandhi Jayanti, a Tree-Plantation Drive and Environment Protection Rally was organized in the college on June 2018.

On 15th June, the college students, principal, college teaching staff and non-teaching staff, planted trees like, basil, neem, palm trees and some flowering plants on the premises of the chatrapati shahu maharaj hostel bandra east and each student took individual responsibility of nurturing a tree. Similarly, awareness was raised in public interest to oppose noise pollution, keep our environment waste and plastic-free, and the benefits of using environment friendly materials, on this occasion the chairman and Secretary, Han. Shri sanjay shette and Deepak shette respectively and some other members of the management of bpca, as well as principal of the college and in charge of chatrapati shahu maharaj hostel were present. A total 175 Students of UG and PG were Present.

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B. P. C.A's,

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International Yoga Day

21st June 2018

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

International Yoga Day was celebrated on 21st June 2018 in the college, in association with the lonavala yoga institute. On this occasion, B.P.C.A. College students, professors and some parents and local residents around the college practiced yoga and pranayama collectively. The college student's demonstrated attractive Yogic practices which was appreciated by everyone. The program was attended by, chairman and Secretary, Han. Shri Sanjay shette and Deepak Shette respectively and some other members of the management. A total 100 Students of UG and PG were Present.

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Lecture on Self Defence for Girls

Date: -29th September, 2018

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

On September 29, 2018, a student of MPED program Shri Haresh Waidande deliver lecture on self-defence for girls the lecture, highlighted the importance of the self defence of the girls due to increasing attacking on the girls. The students of 1st year and 2nd year the BPED attended the lecture. A total 100 Students of PG were Present.

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B. P. C.A's,

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Clean India (cleanliness campaign) Report

Date: - 19th October 2018

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

'Swachh Bharat Pandharwada' was celebrated in the college during the academic year 2018-19 from 1st to 15th March 2018. During this period the 32-acre campus at the Maharashtriya Mandal's Sports Complex was cleaned from 7.00 am to 7.30 am. Waste was segregated into dry and wet sections, and disposed in a proper manner. The 'Swachh Bharat Pandharwada was celebrated under the leadership of the professors by dividing the students into groups-college house colours. This created a social awareness among the students about the importance of a healthy and safe environment. A total 100 Students of UG and PG were Present.

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B. P. C.A's,

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Swachh Bharat Abhiyan (cleanliness campaign)

Date:-04th November 2018.

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

Under the Swachh Bharat Abhiyan in association with the Sahakar nagar municipal school a cleanliness drive was organised in the college and the school on every forth Saturday of every month the students cleaned the office library staff-room classrooms, Sports room, ICT lab, and others labs Cleaned the bookshelves of the professor's staff room / teachers room and library and arranged the books properly in the shelves.

They also, cleaned the rooms of the gymnasium, boys' and girls' hostel etc. The students took the initiative and counselled the residents of the neighbouring area for plastic-material elimination and pollution free environment. A total 110 Students of UG and PG were Present.

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Debate competition

Date:-28th November 2018

B.P.C.A's College Of Physical Education, Wadala, Mumbai-31was established in the year 1978 and is the Pioneer College of Physical Education in the jurisdiction of university of Mumbai. The College runs Undergraduate and Postgraduate courses in Physical Education, namely B.P.Ed. M.P.Ed., Ph.D. (Physical Education) it also runs a Research Centre.

A debate competition was organized on the 'Life and Work of Mahatma Gandhi' on September 28, 2018. A total of 15 students from B.P.ED program participated. The members of Mahatma Ghandi Vyasan mukti Kendra bandra where present on the occusion.The participated students were facilitated for their participation and presentation. . A total 100 Students of UG were Present.

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Percentage of student participation in International Yoga Day such as Inter School Competition, Marathi Rashtra Bhasha Gaurav Din, Environment day, Clean India, Swach Bharat Abhiyan and Debate Competition during the last five years

Year	Name of the Activity	Date/s	Organizing unit/ agency/ collaborating agency	Nature of Activity	Number of students participated
2018-19	Marathi Rashtra Bhasha Gaurav Din	27-02-2018	BPCACPE		127
2018-19	Environment Day	05th June 2018	BPCACPE		149
2018-19	International Yoga Day	21st June 2018	BPCACPE		175
2018-19	Lecture on Self Defence for Girls	29th Sep 2018	BPCACPE		100
2018-19	Clean India	19th Oct 2018	BPCACPE		100
2018-19	Swach Bharat Abhiyan	4th Nov 2018	BPCACPE		110
2018-19	Debate Competition	28th Nov 2018	BPCACPE		100
2018-19	Inter-school Hind Trophy Competition Hind Karandak Sports events (Kabaddi,Kho-kho,Langdi)	04th to 10th Jan 2019	BPCACPE	Inter School Competition	175
2018-19	Hind Karandak Cultural events	29-01-2019	BPCACPE	Inter School Lezium Compitition	175

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Wadala, Mumbai - 400 031.

International Yoga Day

Dr. Abdulkalam Vachan Prerna Din

Kabaddi Din

मुंबई शारीरिक शिक्षण मंडळाचे
शारीरिक शिक्षण महाविद्यालय
BEST COLLEGE AWARD
COLLEGE OF PHYSICAL EDUCATION
POSTURE GRID

OUR VISION
OUR EMBLEM

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI – 400 031.

STUDENT COUNCIL

The formation of Student Council was done in the month of August as per the guidelines of University.

For appointing the selected candidates to work collectively towards various activities for the year ahead.

The college held the Investiture Ceremony with great enthusiasm.

Student Council Members:

Sr. No.	Discipline	Name of the Student
1	General Secretary	Winny Lopes
2	Lady Student Representative	Darshana Sanas
3	Class Representative MPED	Dipesh Patil
4	Class Representative BPED	Sagar Dole
5	Extramural In-Charge MPED	Bharat Gurav
6	Extramural In-Charge BPED	Nikhil Lad
7	Intramural In-Charge MPED	Tanvi Shirodkar
8	Intramural In-Charge BPED	Abhishek Pandey
9	Backward Class Student Representative	Aditya Sawant
10	Student Member Cultural Activity	Hardik Tamore
11	Outstanding Sports Performance	Bodke Omkar Vilas

Student Council Coordinator Dr. J.M. Hotkar congratulated all the Student Council Members and explained them all the duties and responsibilities and also discussed about students ideas about various programs.

Notice of the Meeting

All the members of the Student Council are hereby informed that there will be a student council meeting on 3rd January, 2019 to discuss the following business:

Business/Agenda of the Meeting:

- To organize talent display in gymnastics for the students of the age 5 to 15 years.
- To organize mass competition for elderly people in the month of December.
- To approach Director of Sahakari Bhandar for sponsorship.
- To organize some competition for the Children belonging to age group of 5 to 15 years within the vicinity of Sahakar Nagar, Edenwala Road and Azad Nagar.
- Any other business with the permission of Chair.

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Minutes of the Meeting

The minutes of the meeting of the Student Council was held on 3rd January, 2019. The following members were present for the meeting:

Sr. No.	Discipline	Name of the Student
1	General Secretary	Winny Lopes
2	Lady Student Representative	Darshana Sanas
3	Class Representative MPED	Dipesh Patil
4	Class Representative BPED	Sagar Dole
5	Extramural In-Charge MPED	Bharat Gurav
6	Extramural In-Charge BPED	Nikhil Lad
7	Intramural In-Charge MPED	Tanvi Shirodkar
8	Intramural In-Charge BPED	Abhishek Pandey
9	Backward Class Student Representative	Aditya Sawant
10	Student Member Cultural Activity	Hardik Tamore
11	Outstanding Sports Performance	Bodke Omkar Vilas

The Secretary of the Student Council welcomed all the members, IQAC Coordinator, Teacher In-charge and Principal. After the permission of the Chair, the meeting was initiated. The following business were discussed:

- It was decided to organize mass competition for elderly people in the month of December. The Competition should include the activities such as Musical chair, 50m race, Shot put, Volleyball, Lemon and Spoon and Sack race.
- It was decided to organize talent display in gymnastics for the students of the age 5 to 15 years in the month of March.

- It was decided to organize some competition for the Children belonging to age group of 5 to 15 years within the vicinity of Sahakar Nagar, Edenwala Road and Azad Nagar.

As there was no such business, the meeting was concluded with the Vote of Thanks by the Student Council Teacher In-Charge Dr. J.M. Hotkar.

General Secretary Student Council	Coordinator Student Council	Principal

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Mahatma Phule Education Trust's
MANOHAR JOSHI COLLEGE
Arts, Science & Commerce
Bldg. No. 31/13, P.M.G.P. Colony, Opp. Maharashtra Nature Park, Dharavi, Mumbai - 400 017
Tel.: 022-2401 6259 • Fax : 022-2408 3344 • E-mail : manoharjoshi.junior@gmail.com • Website : www.mpet.in

Date: 08.2.18

The Principal,
B.P.C.A College,
Wadala, Mumbai.

Respected Sir/Madam

On behalf of Mahatma Phule Education Trust's Manohar Joshi College, Sion-Dharavi, I thank your young, dynamic, energetic students for conducting the practical session in the subject of "Physical Education" in our Junior College. I thank them for sparing their valuable time with their valuable inputs. Their experience and in depth knowledge helped our students to get the insight of the subject.

With warm regards,

Thanking You,

Dr. Prashant Shelar.

Principal

नोंदणी क्र.- एस - ३८५/१९४९-५०

अखिल भारतीय विद्यार्थी परिषद, मुंबई

३, मार्बल आर्च, सेनापती बापट मार्ग, माटुंगा रोड (प.रे.), माहिम, मुंबई-४०००१६

☎ ०२२-२४३०६३२१/ २४३७८६६ 🖷 ०२२-२४३१३९३८

ABVPMumbai | ABVPMumbai | abvpmumbai@gmail.com | ABVPMumbai | www.abvp.org

To,

Bombay Physical Culture Associations

College Off Physical Education- wadala

20th March, 2018

Subject: Thank You for "Mission SAHASI" Mega Event on 6th March, 2018

Respected Sir/Madam,

We are delighted to inform you that phase 1 of "**Mission SAHASI – *Making of the Fearless***" concluded successfully on 6th March, 2018 at MMRDA Grounds, BKC Mumbai. Success of this event could not have been possible without the support of your esteemed institution.

Mission SAHSI was able to train 7000 plus girls within the city of which nearly 5000 girls participated in the final event Mission SAHASI wherein they demonstrated the crucial self-defense, self-esteem and survival techniques that they learnt during the training camps jointly organized by Akhil Bharatiya Vidyarthi Parishad and Vidyarthi Nidhi in association with Shifuji's Mission Prahar. The Mega Demonstration was embraced by various dignitaries, to name a few, Hon'ble Chief Minister of Maharashtra Shri Devendra Fadnavis, renowned actress Ms Raveena Tandon, SNDT Women's University VC Smt. Shashikala Vanjari, and Consul General of Consulate of Israel in Mumbai, Shri Yaakov Finkelstein.

We are thankful to you and your institution for encouraging your girl students to embark upon the path of self empowerment by learning crucial self-defence techniques. Without the support from your institution, this event would not have been as successful. We hope your institution will continue to support ABVP in all its future endeavors to empower women and society at large. Looking forward to a lasting association.

Thanking you.

Regards,

Ravi Jaiswal

कुष्ठरोग निवारण समिती

रजि. ई-४२ (के)

शांतिवन, पो. नेरे, ता. पनवेल, जि. रायगड - ४१० २०६.

श्रमसंस्कार शिबिर मालिका

सन २०१७-२०१८

सन्मानपत्र

मुंबई शारिरीक शिक्षण मंडळ बी.पी.एड. कॉलेज, वडाळा - मुंबई

आपल्या महाविद्यालयाने समाजसेवा, मूल्यशिक्षण या विषयांतर्गत सन २०१७ - २०१८ या वर्षात कुष्ठरोग निवारण समिती, शांतिवन येथील श्रमसंस्कार शिबिर मालिकेत सहभाग घेऊन शांतिवनच्या कार्यात महत्वाचे योगदान दिले. आदर्श महाविद्यालय म्हणून आपला हरिभाऊ दामले पुरस्काराने गौरव करण्यात येत आहे. तसेच आपल्याला हे सन्मानपत्र देण्यात येत आहे.

आपल्या महाविद्यालयाचे हार्दिक अभिनंदन व महाविद्यालयाच्या भावी वाटचालीसाठी संस्थेकडून हार्दिक शुभेच्छा !

दि. 23 नोव्हेंबर 2018

श्रीमती मीराताई लाड	श्री. विष्णू प्रभूदेसाई	श्री. सतिश चिंदरकर	श्री. निळकंठ कोळी
कार्याध्यक्षा	कार्यवाह	शिबीर समिती अध्यक्ष	शिबीर प्रमुख

कुष्ठरोग निवारण समिती, शांतिवन

सल्लागार मंडळ :
श्री. सुवीर कुमार चौधरी
डॉ. वि. वि. डोंगरे

कुष्ठरोग निवारण समिती

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स्थापना : १९५२ (रजिस्टर्ड नं. ई-४२ (के.)
दूरध्वनी : (०२१४३) २३८०७०, २३८३०१
E-mail : krnspanvel@yahoo.in
Website : kushtarognivaransamiti.org

विश्वस्त मंडळ :
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डॉ. पी. एम्. केडीया
श्री. एन्. एन्. खंबाटी
श्रीमती मीरा लाड
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पदसिद्ध सभासद :
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जिल्हाधिकारी, रायगड
सहाय्यक संचालक, आरोग्य सेवा (कुष्ठरोग), रायगड.

जा.क्र. २-११/२०१८/२२९ दिनांक : १८ नोव्हेंबर २०१८

मा. प्राचार्य
मुंबई शारिरीक शिक्षण मंडळ,
बी.पी.एड, कॉलेज, वडाळा,
मुंबई-४०० ०३१.

सस्नेह नमस्कार,

सन २०१७-१८ या शैक्षणिक वर्षात आपल्या महाविद्यालयाच्या विद्यार्थी, प्राध्यापक व सेवक यांनी तीन दिवसांच्या मुल्याधिष्ठीत श्रमसंस्कार शिबीरात शांतिवनमध्ये येऊन सहभाग घेतला त्याबद्दल धन्यवाद.

दरवर्षी आम्ही एका महाविद्यालयाला आदर्श महाविद्यालय पुरस्कार देत असतो. या शैक्षणिक वर्षामध्ये आपल्या महाविद्यालयाची कै. हरिभाऊ दामले पुरस्कारासाठी निवड करण्यात आली आहे. त्याबद्दल आपले अभिनंदन.

आपण हा पुरस्कार स्विकारण्यासाठी शुक्रवार दि. २३ नोव्हेंबर २०१८ रोजी सकाळी १०.०० वा. कै.हरिभाऊ दामले शिबिर संकुल कुष्ठरोग निवारण समिती, शांतिवन येथे उपस्थित राहावे ही विनंती.

आपला,
विष्णु प्रभुदेसाई
कार्यवाह

कुष्ठरोग निवारण समितीला मिळालेल्या देणग्या आयकर कायदा १९६१ च्या ८० जी कलमान्वये करमुक्त आहेत.

SIR J. J. MAHANAGAR RAKTAPEDHI

MANAGED BY S.B.T.C., Govt of Maharashtra

Byculla, Mumbai - 400 008. Phone No. : 022-23735585 / 23733531 / 32

सत्यमेव जयते

12/04/2019

Certificate

Shri / Smt. / M/s. B.P.C.A's College of Physical Education

Has organised blood donation drive successfully and motivated the community to participate in voluntary Blood donation drive.

For this noble social cause we highly appreciate your efforts & in your honour this certificate is issued.

Authorised Signatory

SBTC
महाराष्ट्र राज्य रक्त संक्रमण परिषद
State Blood Transfusion Council

NABH
Accredited Blood Bank
Certificate No.-BB-2011-0027

SBTC SIR J.J.MAHANAGAR RAKTAPEDHI
MANAGED BY : STATE BLOOD TRANSFUSION COUNCIL
(Govt. of Maharashtra)

NABH
Accredited Blood Bank
Certificate No.-BB-2011-0027

DATE: 3rd May 2019

TO,
The Principle
B.P.C.A College of physical education
Wadala

Thank You for conducting a Blood Donation Camp!

Respected Sir,

We are grateful to all students of B.P.C.A. College of physical education for Conducting a Blood Donation Drive in on **date 12th April 2019. 73** donors donated blood to save precious lives.

We take this opportunity to thank all the blood donors for their noble gesture. We also thank those who came forward to donate blood, but could not do so for some medical reason or the other.

The arrangements during the drive were excellent, & your team received our blood bank staff very courteously. Every member of your team deserves appreciation for the sincerity and commitment towards making the Blood Donation camp successful.

We consider it a privilege to be associated with B.P.C.A College you deserves the appreciation from the entire community.

Thanking you,

Yours sincerely,

SIR J.J. MAHANAGAR RAKTAPEDHI MUMBAI

Utpala Hegde,
Public Relation Officer,
Mobil No - 9769523005
Sir J.J. Mahanagar Raktapedhi,
Near Sir J.J. Marg Police Station,
Byculla, Mumbai-400008.

Address: Gr. Floor, F.D.Petit Building., J.J.Campus, J.J.Road, Nr. J.J.Marg Police Station,Byculla, Mumbai - 400 008
Tel. : 2373 5585
Fax. : 2373 3338
E-mail : jjmr@mahasbtc.com
Website : www.mahasbtc.com

नोंदणी क्र. - एफ - ४२१०१ (मुंबई)
शासन मान्यता प्राप्त : शासन निर्णय क्र. एसएसएन-२०१३/(८/१३)/टिएनटि-२, शालेय शिक्षण विभाग, महाराष्ट्र शासन दि. ४ सप्टेंबर २०१४

शिक्षक भारती

शिक्षणाच्या हक्कासाठी! शिक्षकांच्या सन्मानासाठी!

अध्यक्ष : अशोक बेलसरे • कार्याध्यक्ष : सुभाष किसन मोरे
मध्यवर्ती कार्यालय : पोयबावडी म्यु.प्रा.स्कूल, केईएम जवळ, कामगार मैदान, परळ, मुंबई-१२. फोन ०२२-२४१५०५७६.
Email - shikshakbharati1@gmail.com / shikshakbharatimumbai@gmail.com
Like us - www.facebook.com/shikshak.bharati

दिनांक : १३/०२/२०२०

प्रति,
मा. डॉ. श्री. गोरक्ष पारगावकर
प्राचार्य, शारीरिक शिक्षण महाविद्यालय
वडाळा, मुंबई.

आभार पत्र!

महोदय,
शिक्षक भारतीचे पहिले राज्यस्तरीय अधिवेशन ८ फेब्रुवारी २०२० रोजी शारीरिक शिक्षण मंडळाच्या भारतीय क्रीडा स्टेडियममध्ये दिमाखात पार पडले. या अधिवेशनात ज्येष्ठ नेते आदरणीय शरद पवार साहेब आणि खासदार संजय राऊत साहेब उपस्थित होते.

सदर अधिवेशनासाठी राज्यभरातून आलेल्या शिक्षकांना आपल्या महाविद्यालयाच्या आवारात सर्व सोयी उपलब्ध करून दिल्यात. तसेच आपले सहकारी व विद्यार्थी यांनी अधिवेशनाच्या आयोजनात सर्व प्रकारचे सहकार्य केले. अधिवेशनाच्या यशस्वी आयोजनात आपण केलेल्या सहकार्याबद्दल शिक्षक भारती आपली आभारी आहे.

आपला स्नेहांकित,

सुभाष मोरे
कार्याध्यक्ष, शिक्षक भारती

सत्यमेव जयते

कपिल हरिश्चंद्र पाटील

सदस्य, महाराष्ट्र विधान परिषद

दिनांक : १३/०२/२०२०

प्रति,

मा. डॉ. श्री. गोरक्ष पारगावकर

प्राचार्य, शारीरिक शिक्षण महाविद्यालय

वडाळा, मुंबई.

आभार पत्र !

महोदय,

शिक्षक भारतीचे पहिले राज्यस्तरीय अधिवेशन ८ फेब्रुवारी २०२० रोजी शारीरिक शिक्षण मंडळाच्या भारतीय क्रीडा स्टेडियममध्ये दिमाखात पार पडले. या अधिवेशनात ज्येष्ठ नेते आदरणीय शरद पवार साहेब आणि खासदार संजय राऊत साहेब उपस्थित होते.

सदर अधिवेशनासाठी राज्यभरातून आलेल्या शिक्षकांना आपल्या महाविद्यालयाच्या आवारात सर्व सोयी उपलब्ध करून दिल्यात. तसेच आपले सहकारी व विद्यार्थी यांनी अधिवेशनाच्या आयोजनात सर्व प्रकारचे सहकार्य केले. अधिवेशनाच्या यशस्वी आयोजनात आपण केलेल्या सहकार्याबद्दल मी आपला आभारी आहे.

आपला स्नेहांकित,

कपिल पाटील

कपिल पाटील

वि.प.स.

संपर्क: शिक्षक भारती, पोयबावडी, केईएम हॉस्पिटल जवळ, कामगार मैदान,परळ, मुंबई-400 012. फोन: 022-2415 0576

/KapilHPatil @KapilHPatil kapilpatilmumbai.blogspot.in kapilhpatil@gmail.com

भारतीय गैर न्यायिक

भारत INDIA

रु. 500 FIVE HUNDRED RUPEES

पाँच सौ रुपये Rs. 500

सत्यमेव जयते

INDIA NON JUDICIAL

महाराष्ट्र MAHARASHTRA ◐ 2019 ◐ AU 858091

प्रधान मुद्रांक कार्यालय, मुंबई
प.म.नि.क्र. 1000095
17 DEC 2019
सक्षम अधिकारी

श्री राजाराम म. परब

MEMORANDUM OF UNDERSTANDING

BETWEEN

BPCA's College of Physical Education – University of Mumbai

and

Gayo Fitness Academy, Mumbai

in the matters of

Vocational / Professional / Value Add-on Courses in

Fitness & Exercise Science and Nutrition Sciences

jointly conducted by

BPCA's College of Physical Education – University of Mumbai

and

Gayo Fitness Academy, Mumbai

THIS MEMORANDUM OF UNDERSTANDING IS MADE AT MUMBAI ON THIS DAY OF December 17, 2019 between BPCA'S COLLEGE OF PHYSICAL College (hereinafter referred to as **"BPCACPE")** located at Bharatiya Kreeda Mandir, Naigaum Cross Road, Wadala, Mumbai – 400 031, of the ONE PART and **GAYO FITNESS**

MEMORANDUM OF UNDERSTANDING

Between

BPCA'S COLLEGE OF PHYSICAL EDUCATION

And

THE LONAVLA YOGA INSTITUTE, (INDIA)

The **BPCA's College of Physical Education, Wadala, Mumbai.,** and **The Lonavla Yoga Institute, (India).,** will agree on the following conditions for professional development through following common Interest and Purpose: -

1. Use of subject related literature available in library of the parties for the purpose of research in Yoga and Physical Education
2. Rendering their services regarding to research in Physical Education, Yoga, and Health & Fitness.
3. Faculty Exchange and articulated degree programs.
4. Utilizing technical materials such as research tools, Questionnaire, Software and Research Laboratories of the Institutions.
5. This agreement includes demonstration Yoga and celebrations of International Yoga Day, exchange of faculty, scholars, and students between institutions for the development of profession.
6. All activities shall be subject to the availability of funds, infrastructure, and the approval of each institution's authorities.
7. This agreement shall be effective for **5 years** from the date it is signed. The agreement shall be extended automatically unless a special circumstance arises. The agreement can be amended, modified, and terminated upon both parties' agreement at least 60 days prior to the incident regardless of the duration of the effective date.

Specific content and methods of cultural exchange and cooperation will be decided upon in accordance with each party's consent. Both parties have executed this agreement and it is written in English.

Date: - **Monday of 08th January 2018.**

SANJAY BABURAO SHETE

Chairman

BPCA'S COLLEGE OF PHYSICAL EDUCATION WADALA,

MUMBAI.

MANMATH MANOHAR GHAROTE

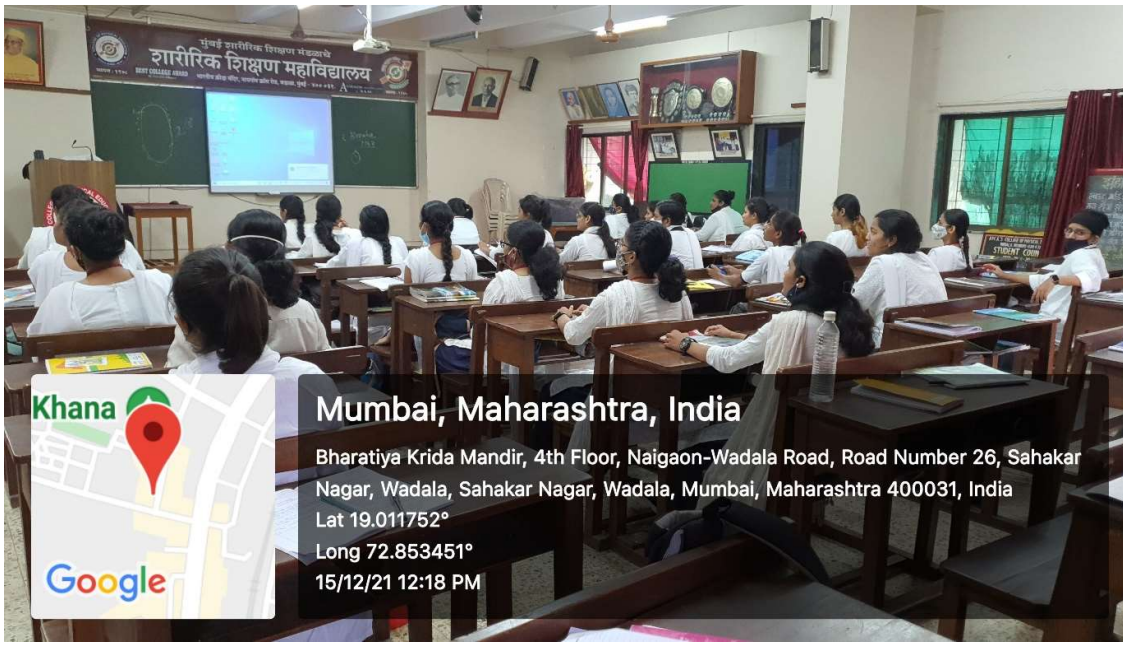
Chairman

THE LONAVLA YOGA INSTITUTE,

(INDIA)

Classroom

OUR VISION
OUR EMBLEM
Khana
Google
Mumbai, Maharashtra, India
Bharatiya Krida Mandir, 4th Floor, Naigaon-Wadala Road, Road Number 26, Sahakar Nagar, Wadala, Sahakar Nagar, Wadala, Mumbai, Maharashtra 400031, India
Lat 19.01175°
Long 72.853453°
15/12/21 12:23 PM


शारीरिक शिक्षण महाविद्यालय
Khana
Google
Mumbai, Maharashtra, India
Bharatiya Krida Mandir, 4th Floor, Naigaon-Wadala Road, Road Number 26, Sahakar Nagar, Wadala, Sahakar Nagar, Wadala, Mumbai, Maharashtra 400031, India
Lat 19.011752°
Long 72.853451°
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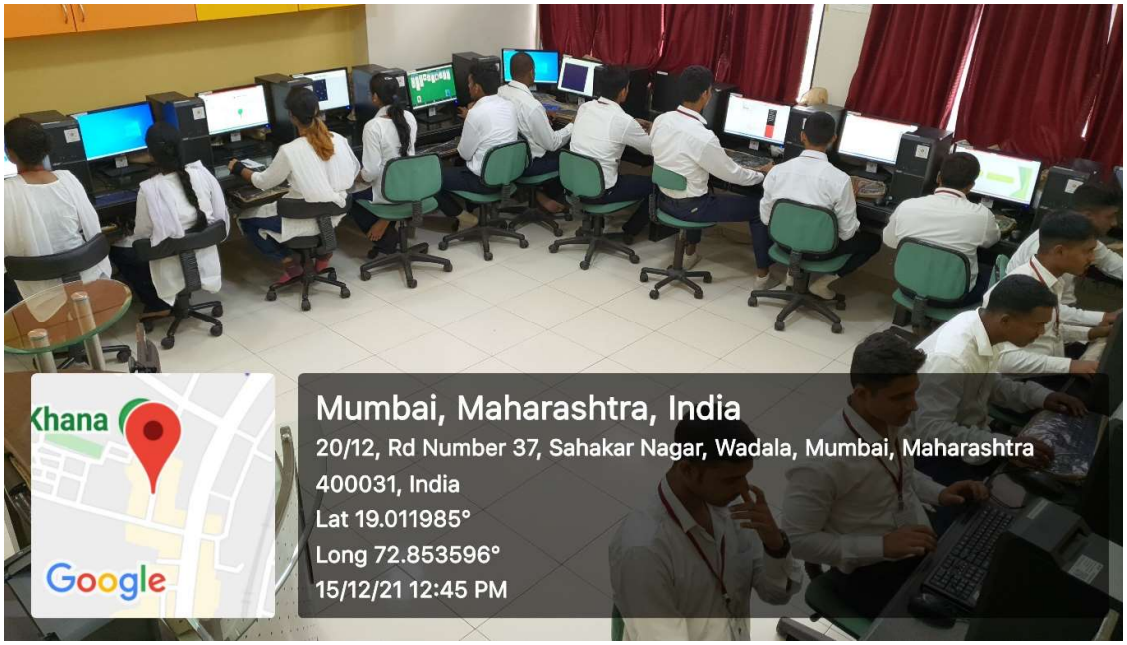
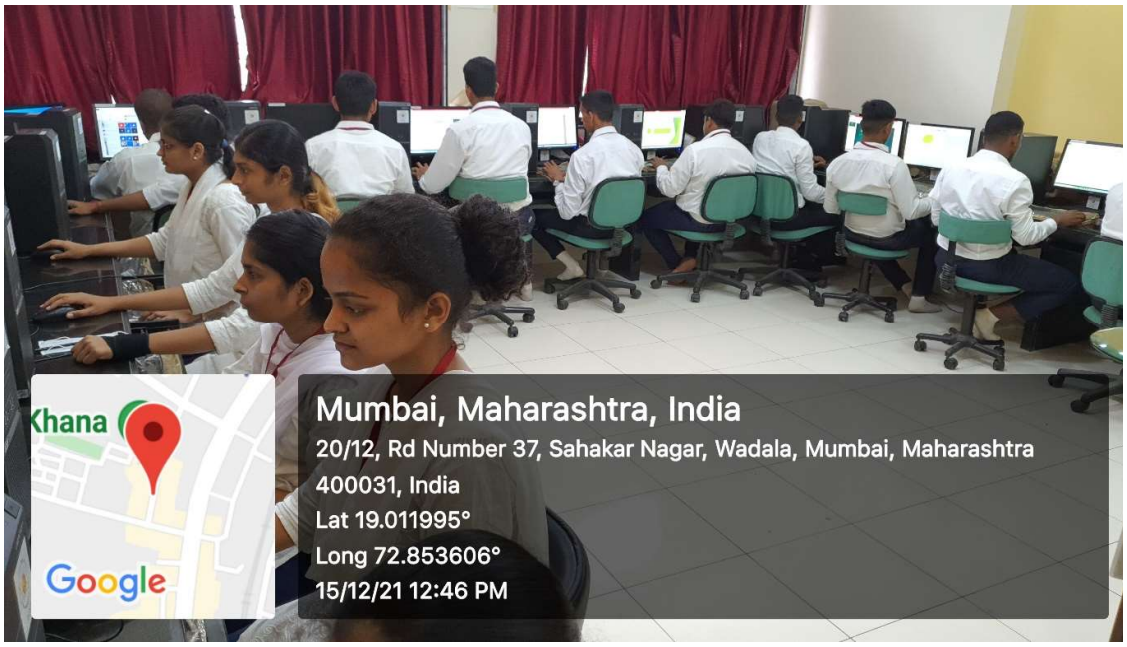
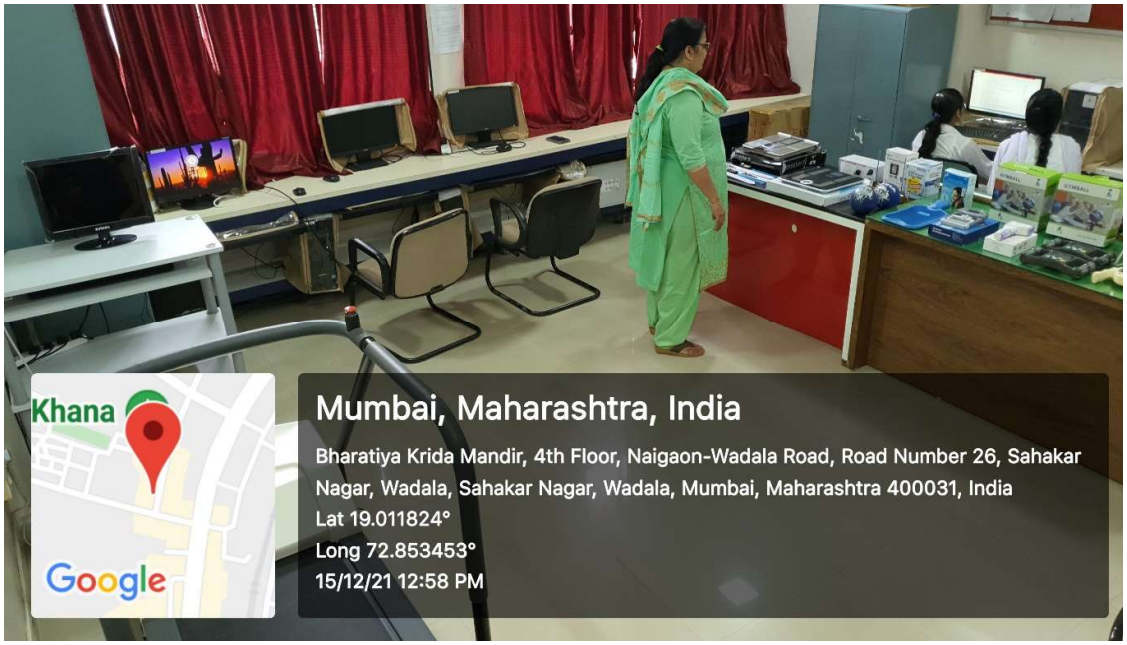
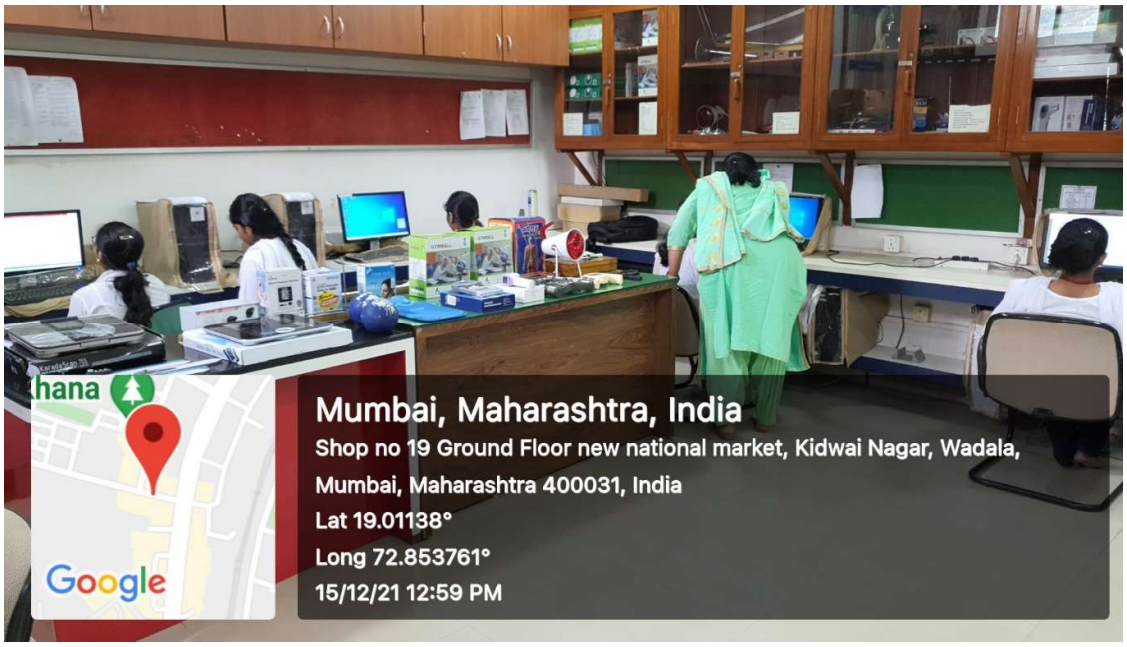
Computer Laboratory



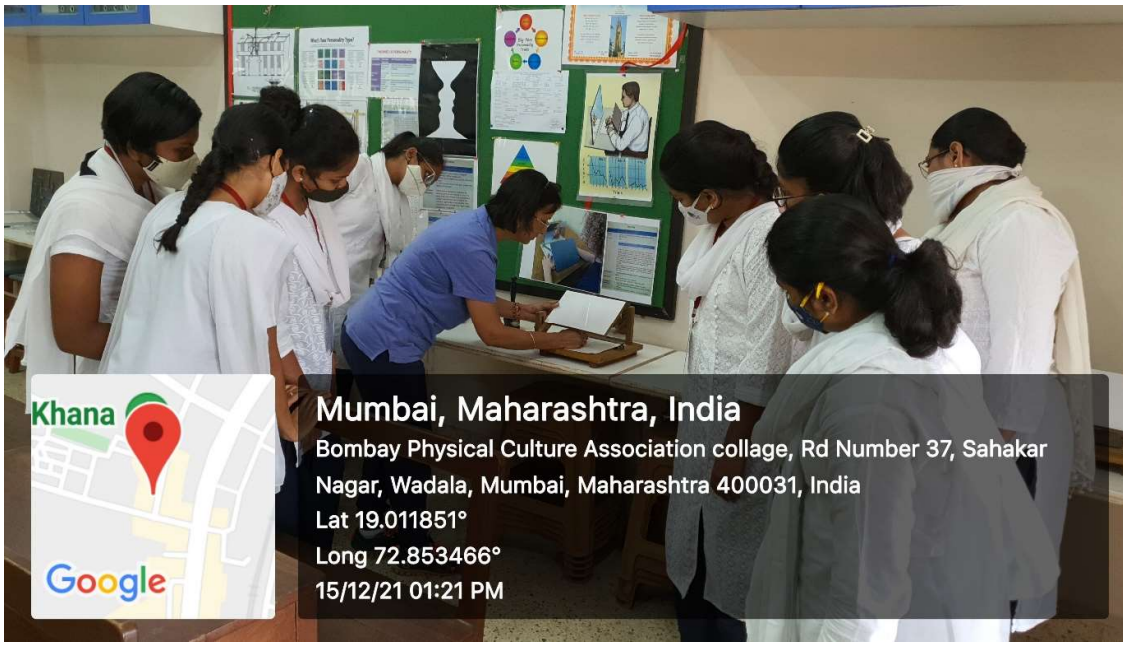


Physio-Rehabilitation Laboratory

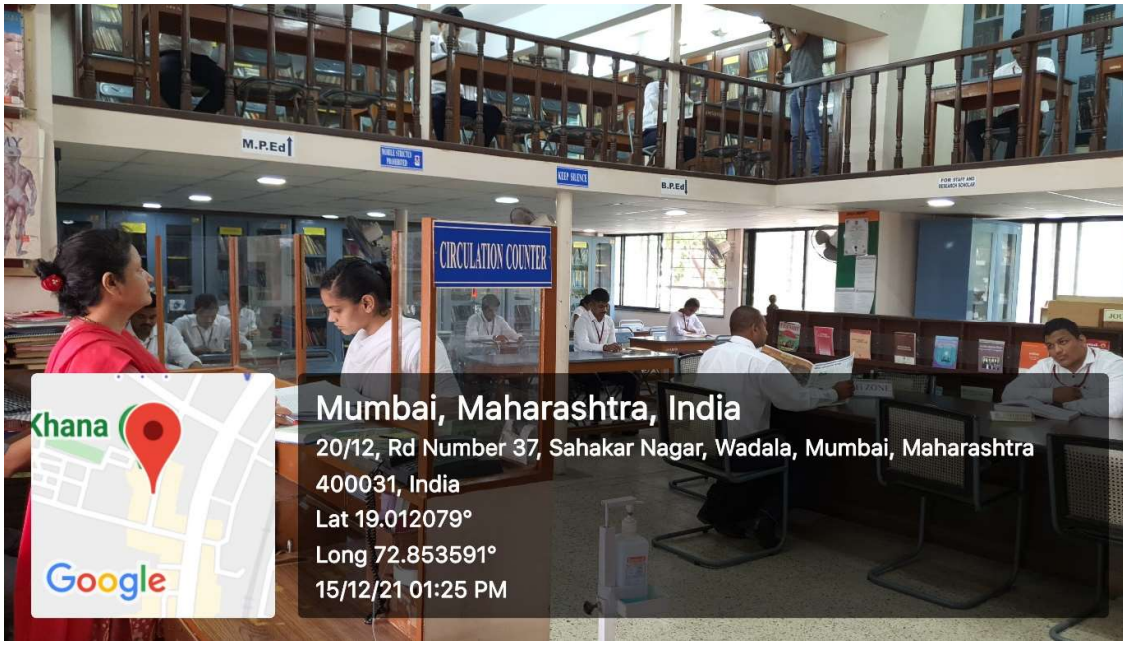


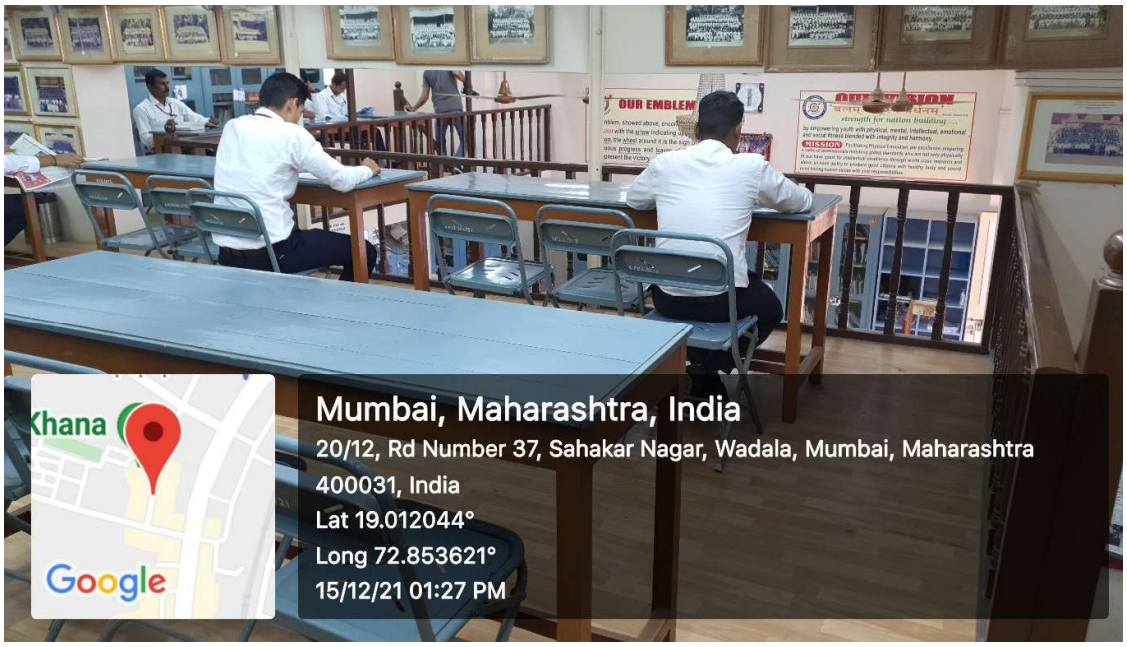


Psychology Laboratory

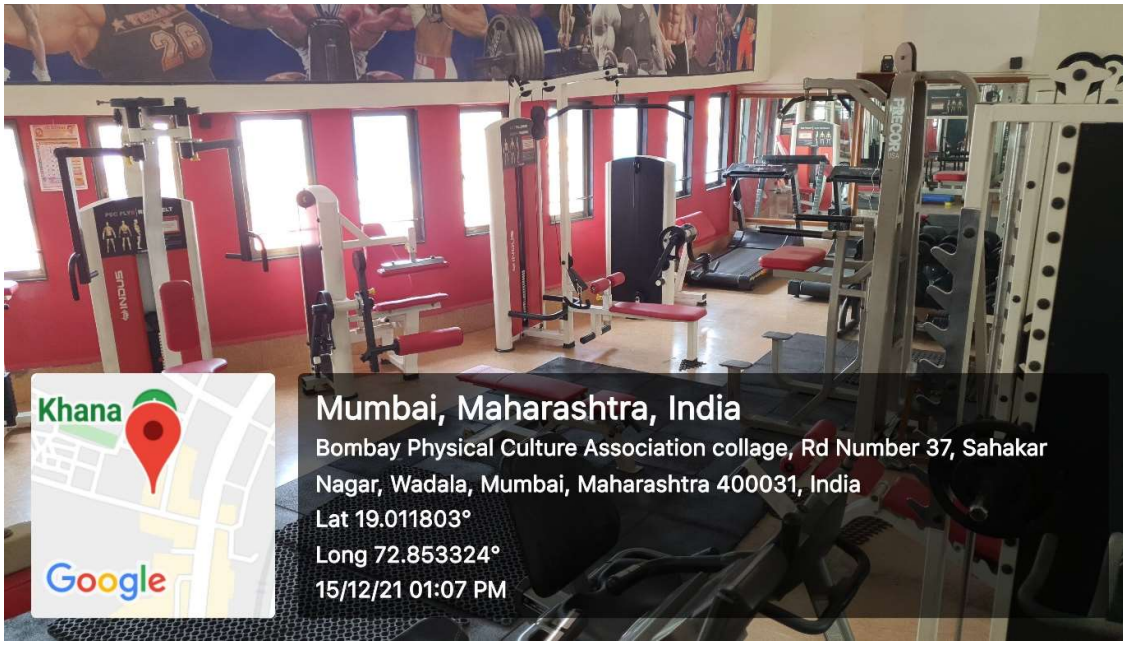


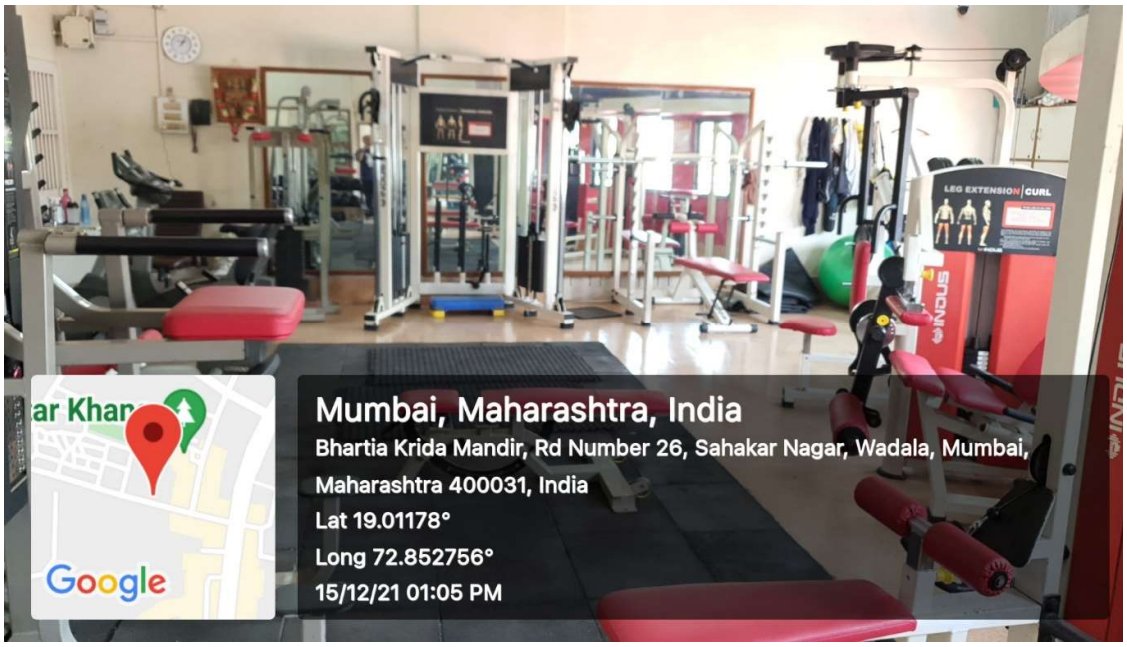
Library


M.P.Ed
CIRCULATION COUNTER
B.P.Ed
Mumbai, Maharashtra, India
20/12, Rd Number 37, Sahakar Nagar, Wadala, Mumbai, Maharashtra
400031, India
Lat 19.012079°
Long 72.853591°
15/12/21 01:25 PM
Google

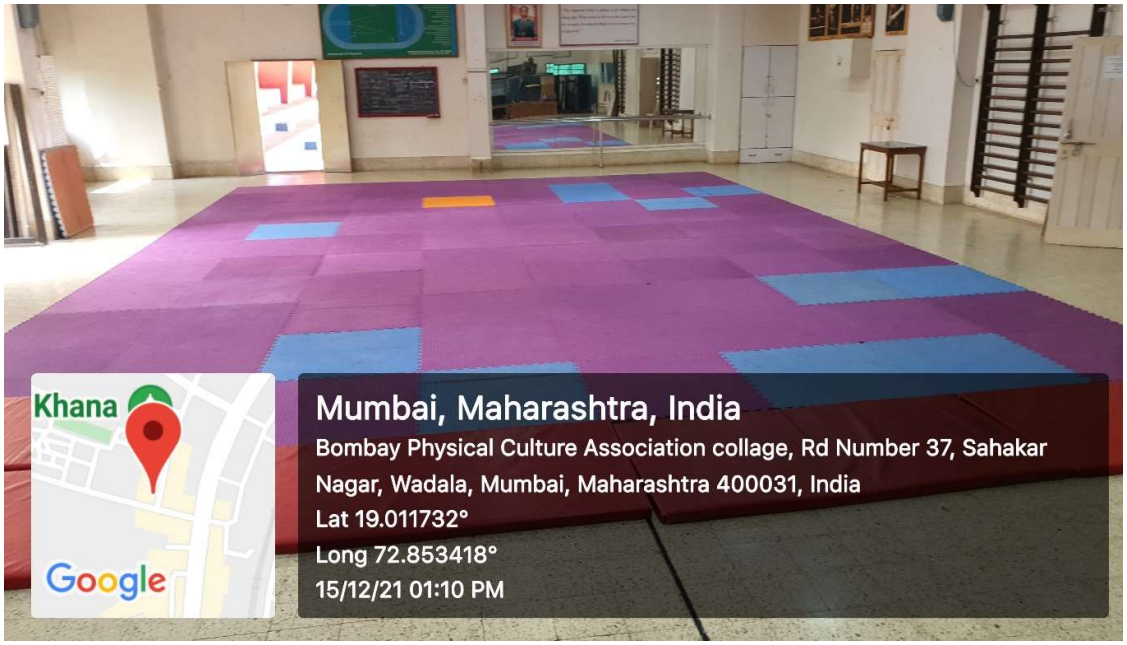

OUR EMBLEM
Mumbai, Maharashtra, India
20/12, Rd Number 37, Sahakar Nagar, Wadala, Mumbai, Maharashtra
400031, India
Lat 19.012044°
Long 72.853621°
15/12/21 01:27 PM
Google

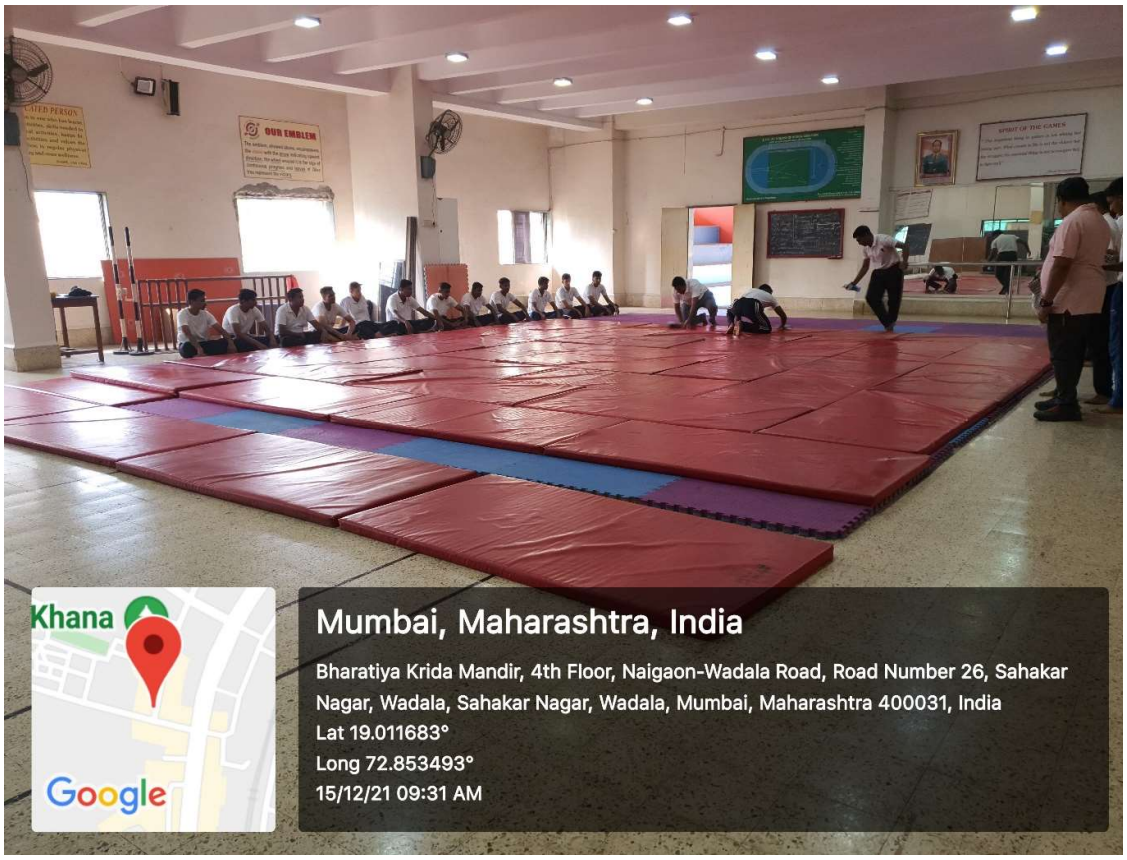
Fitness Centre



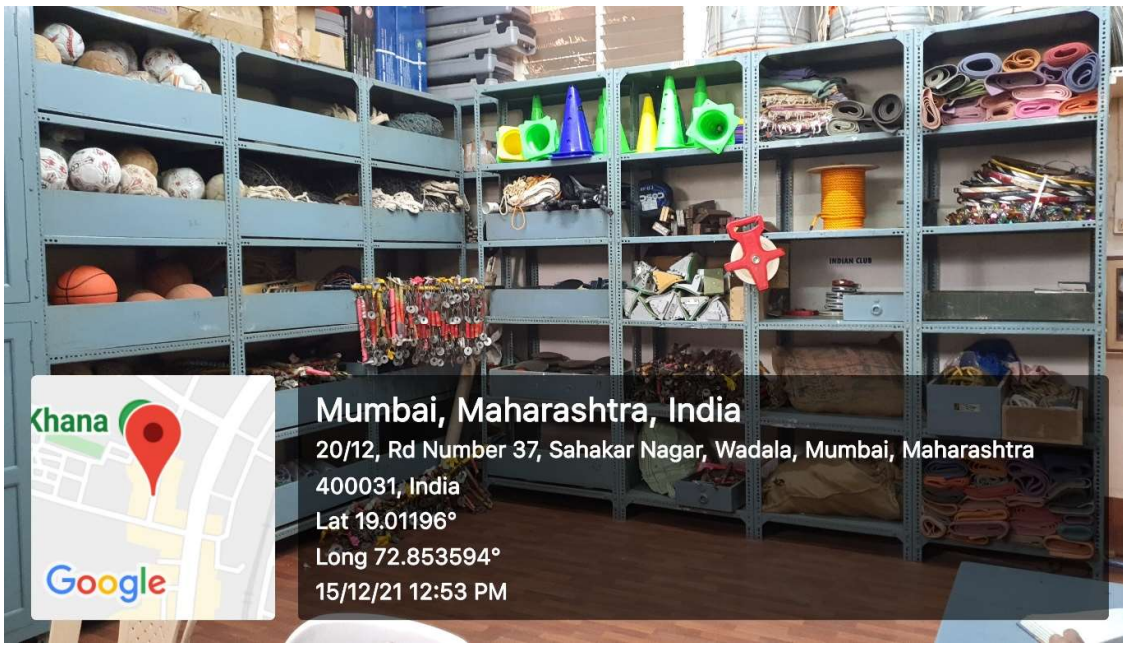


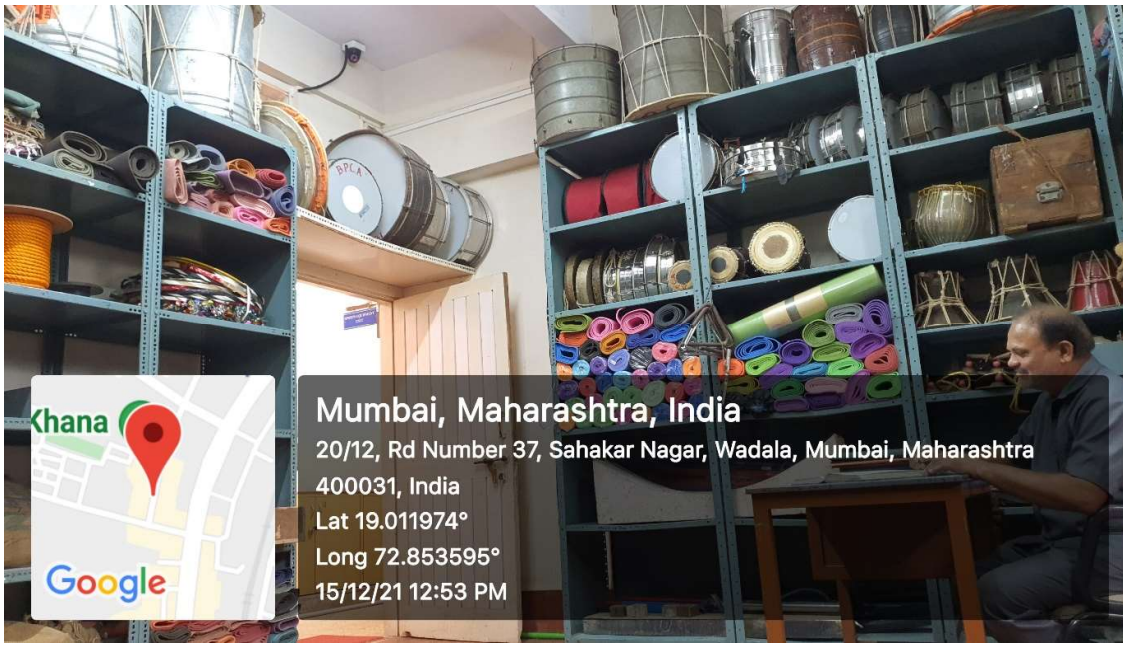
Activity Hall





Equipment Room





BPCA'S COLLEGE OF PHYSICAL EDUCATION,WADALA,MUMBAI-31

4.1.1 List of Infrastructure

NO	PARTICULARS	AREA(IN SQ.MTS)	QUANTITY
1.	TOTAL LAND AREA	7669.04 sq.mts	01
2.	TOTAL PLINTH AREA	1191.66 sq.mts	01
3.	OPEN SPACE	6455.37 sq.mts	01
4.	PRINCIPAL'S OFFICE	20 sq.mts	01
5.	OFFICE ROOM	53 sq.mts	01
6.	STAFF ROOM	40 sq.mts	01
7.	STORE ROOM	40 sq.mts	01
8.	GIRLS COMMON ROOM	65 sq.mts	01
9.	CLASS ROOM (LECTURE HALL)	130 sq.mts	01
10.	IQAC –CUM- PLACEMENT CELL	18 sq.mts	01
11.	MULTIPURPOSE/ GYMNASIUM HALL HALL NO-1(GROUND FLOOR) HALL NO-2(2ND FLOOR) HALL NO-3(4TH FLOOR)	 350 sq.mts 280 sq.mts 360 sq.mts	01
12.	STUDENTS HOSTEL	26 sq.mts	06
13.	STAFF QUARTERS (FOR PRINCIPAL)	42 sq.mts	01
14.	SPORTS MEDICINE & HEALTH EDUCATION LABORATORY	40 sq.mts	01
15.	EDUCATION TECHNOLOGY & PSYCHOLOGY LABORATORY	54 sq.mts	01
16.	COMPUTER LABORATORY	40 sq.mts	01
17.	LIBRARY AND READING ROOM	318.80 sq.mts	01
18.	PLAY GROUND	6000 sq.mts	01
19.	COVERED STADIUM(GALLERY)	1333 sq.mts	01
20.	TOILETS (MEN & WOMEN)	50 sq.mts	01
21.	CHANGING ROOM	10 sq.mts	01
22.	SECURITY ROOM (AT THE ENTRANCE)	06 sq.mts	01
23.	CHANGING ROOM(FOR FITNESS TEACHER)	06 sq.mts	01

BPCA'S COLLEGE OF PHYSICAL EDUCATION,WADALA,MUMBAI-31

College Facilities for Students

1. Human performance lab
2. ICT lab
3. Lecture Hall
4. Ladies room
5. Library
6. Reading room
7. Sports equipment Room
8. Changing room for gents day scholars
9. Changing room for ladies day scholars

PRINCIPAL

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Classroom

OUR VISION
OUR EMBLEM
Khana
Google
Mumbai, Maharashtra, India
Bharatiya Krida Mandir, 4th Floor, Naigaon-Wadala Road, Road Number 26, Sahakar Nagar, Wadala, Sahakar Nagar, Wadala, Mumbai, Maharashtra 400031, India
Lat 19.01175°
Long 72.853453°
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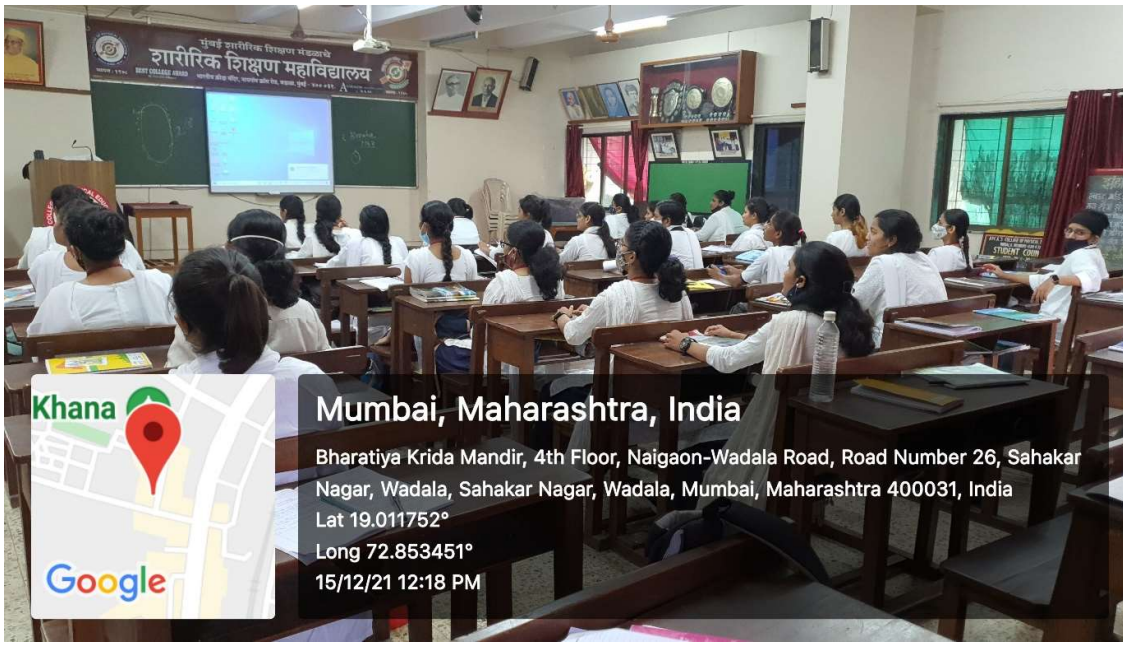

शारीरिक शिक्षण महाविद्यालय
Khana
Google
Mumbai, Maharashtra, India
Bharatiya Krida Mandir, 4th Floor, Naigaon-Wadala Road, Road Number 26, Sahakar Nagar, Wadala, Sahakar Nagar, Wadala, Mumbai, Maharashtra 400031, India
Lat 19.011752°
Long 72.853451°
15/12/21 12:18 PM

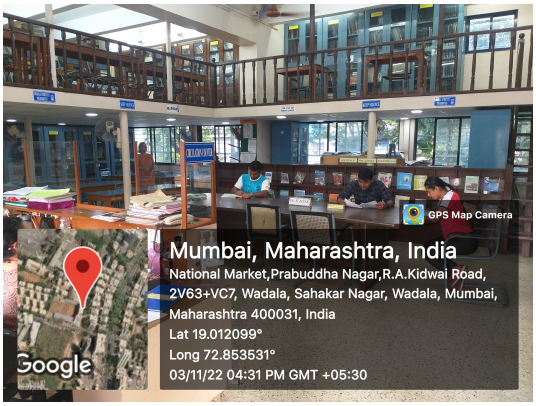
4.2 Library as a Learning Resource

4.2.1 Library is automated using Integrated Library Management System (ILMS)

***Link for Additional Information (Link for Library website)

Library

The Library is the heart of the institution. Focusing upon the very important role of the library, our college Library has been growing steadily over the years. At present the Library possesses a very rich collection of Books, Periodicals, CD's, Bound Volumes E-Resources to cater the changing needs of staff and students fraternity. The books are available in three languages English, Marathi & Hindi. Being Physical Education College the collection of library is mainly related to subjects like Books and other material is like Physical Education, Sports, Health Education, Fitness and other allied subjects



Library	Main Library	Mezzanine Floor
Year of Establishment	June,1978	August,2014
Area	316 sq.mtr.	300 sq.mtr.
Seating Capacity	50	20
Timings	11.00 a.m. to 6.00 p.m. (Monday to Saturday)	

The Library is having two separate sections-

Main Library :

It has four sections Issue Return Counter, Book Stacking Area (Frequently Used Books), Reading Room for Students and Staffs and Internet Facility Section.

Mezzanine Floor :

It contains Book Stacking Area (Game wise Books), Ph.D Theses, M.Phil Dissertations, M.P.Ed Dissertations and Bound Volume of Journals. It also has a separate section for Staff and Research Scholars

Library Advisory Committee

To make the library more learner-centric and user friendly the college has constituted a Library Advisory Committee. It facilitates effective and smooth governance of the Library.

The Composition of the Committee is as follows:

1.	Dr. G.K.Dhokrat	Principal	Member
2.	Dr. R.R.Dhakne	Sr. Teacher	Member
3.	Dr.J.M.Hotkar	Sr. Teacher	Member
4.	Dr.N.O.Joshi	Sr. Teacher	Member
5.	Dr.S.N.Chougule	Sr. Teacher	Member
6.	Name of the Student	Secretary-Student Council	Member
7.	Name of the Student	P.G. Representative	Member
8.	Mrs. M. A. Samant	Librarian	Member-Secretary

Library Staff

Mrs. Manisha A. Samant

Librarian
(M.com., M.L&I Sc.,NET)

Shri.Rohit A. Shitole

Peon
(B.Com)

Library Collection

Books	**7039**
Audio/Visual Materials- CDs	**110**
Journal/Periodicals (including Magazines) International Journals e-journals	 **04** **02**

Indian Journals (including Magazines)	**28**
Maps & Other Teaching Aids	**150**
Dissertations:	
❖ M.P.Ed.- 421	
❖ M.Phil - 80	**501**
Theses	**183**
Research Projects	
❖ Minor Research Project - 15	
❖ Major Research Project - 3	**18**
Other Reference Materials:	
Research Proposals /Abstracts/ Synopsis of M.Phil. and Ph.D.	
Abstracts :-	
❖ M.Phil	**77**
❖ Ph.D.	**42**
❖ Minor Research Project	**10**
Synopsis :-	
❖ M.Phil	**07**
❖ Ph.D.	**44**
Research Proposals :-	
Ph.D.	**60**
Bound Volume	**95**

Library Facilites

- **Reading Hall**

The reading hall of the library accommodates about 70 readers. There is a separate section for Ph.D. Students & Staff members. The Baggage counter is provided for the students at the entrance of the Library. The students have to enter their details in Daily Attendance Register.

Reference Reading

Periodicals/Magazines, Newspapers are to be referred to in the library only. For issue the same students are required to give details at the Reference Counter of the Library.

The students are allowed to issue two books at a time for reference. After returning the same they can issue other books. There is no limit for number of books issued for reference per day.

Home Lending

The home lending facility is kept open between 11.00 am to 6.00 pm. on all working days of the week. Students can borrow one study book for Seven days and fiction books for fifteen days from this counter

- **Reference Service**

The staff of the library and librarian help the readers in finding relevant information for their Projects, Assignments, Seminar Presentation, and Dissertation and Thesis Writing. The subjects covered are Physical Education, Health, Sports, Value Education, Yoga, Track & Field Marking,

Health etc. Readers are also provided with relevant documents, which are of interest to them and they are shown the technique of finding information.

The books are also available for preparing lesson plans for classroom teaching includes Minor Games, Recreational Games, Drill & Marching, and Information about Indian Flag & Patriotic Songs.

- **Bibliographic Service**
  - List of books is provided to the faculty as well as students if it is demanded by them.

Display of New Arrival of Books

- New books purchased in the academic year will be displayed on "New Arrival Display Rack" every fortnight and the list of New Arrival of Books will be displayed on the Notice Board.

Inter-Library Loan Facility

The College Library is planning to sign MoU with Nirmala Niketan College of Home Science, Mumbai which enables to provide Inter Library Loan facility to its readers to cater to the extra reading needs of its readers.

- **Photo/Scan the Document Facility with mobile**

The library possesses a good collection of reference books that cannot be given to the readers for home lending. Readers can Scan or Take a Photograph of part of those Reference Material (limited pages) with their Mobile Phone at the specified place at the Entrance of the Library.

- **Photocopying Facility**

The library has been providing photocopying facility to its readers. The students can take photocopy of Old Question Papers of B.P.Ed. and M.P.Ed. Programmes

- **Wi-Fi Zone/ Free Internet Facility**

The library has created **Wi-Fi Zone** near the entrance of the library where students can use their Mobile Phone and Laptop for searching the required information with Free Internet Facility. For which User Id and Password has been provided for use of Internet Access.

Charging Facility

The Charging Facility is available Only for Laptop

Subscribed Online Learning Resources

The College library has subscribed following two Online Learning Resources which are used by the Staff, B.P.Ed., M.P.Ed., and Ph.D. students.

1	**Online Learning Resources:-** 1. NLIST programme- https://nlist.inflibnet.ac.in/ The N-LIST project provides access to e-resources to students, researchers and faculty from colleges and other beneficiary institutions. The users from our college can now access 6000+ e-journals and 3100000+ e-books. Registered members can download articles and book chapters required by them directly from the publisher's website. Member Login (To access N-list programme click on following Link) https://nlistidp.inflibnet.ac.in/idp/profile/SAML2/Redirect/SSO?execution=e1s1 a) e-books (under N-List) b) e-books (through NDL) c) e-journals 2. E-journals (Print + Online) E-journals published by Taylor and Francis (To access click on following Link) https://www.tandfonline.com/action/showLogin?uri=%2Fjournals%2Fujrd20 **Two E-journals Subscribed-** a) Research Quarterly for Exercise and Sport b) Journal of Physical Education, Recreation & Dance (JOPERD)	**1,99,500 + 6,00,000 + 6,000+**

Online Resources
Open Educational Resources
• Shodhaganga
• Shodhgangotri
• NDLI (National Digital Library of India)
• PROJECT GUTENBERG
• DOAB (Directory of Open Access Books)
• DOAJ (THE DIRECTORY OF OPEN ACCESS JOURNALS)

• Marathi E-Books
• Egyankosh
E-Papers
• Navbharat Times
• Sakal
• Lokmat
• Loksatta
• Employment News

Curricular Activities

- **Library Orientation**

An Orientation Program is held for all new students (B.P.Ed., M.P.Ed. and Ph.D.) at the beginning of every academic year. Through this program, an effort is made to familiarize every new member with the use of the library and acquaint them with its policies. The resources, services, facilities etc. offered by the Library are discussed. The PPTs of How to Use Online Learning Resources and User Manuals of NList and e journals subscribed by Taylor & Francis are provided to students through emails regarding.

- **Display of New Arrivals**

New books, which are recently added to the library collection, are displayed in the Display Racks at the entrance library to make students and faculty aware about them.

- **Visitor**

The students, Faculty members from other colleges and universities and eminent sports personalities are allowed to use the library.

The Ex-students of the college are also allowed to use the library only for reference.

- **Vachan Prerana Din**

Former President, Dr. A. P. J. Abdul Kalam's Birth Anniversary is celebrated as 'Vaachan Prerna Din' (Reading Inspiration Day). On the occasion, a book exhibition on various subject of Physical Education & Sports is organized.

Rules and Regulations of the Library

- Do not carry mobile phone while entering in the library.
- Students should keep their bags at the baggage counter.
- Student should wear I-Card while entering in the library.
- It is mandatory for every student to write his/her name in the library register at the entrance counter while entering in the library.
- Free Wi-Fi facility is provided for students and staff with User ID and Password.
- Students should handle library materials (books and journals) very carefully. While issuing of library books the condition of the same should be checked.
- Do not tear the pages of library books.
- Students are allowed to take photograph of required pages of Books /Journals/Research Proposal /Synopsis with prior permission of the Library
- Xeroxing of library books and journals are not allowed. If anybody found violating the rule the strict action will be taken.
- Keep silence in the library.

Grievance Redressal Mechanism of The Library

Discussion with the Librarian:

Students can discuss any problem related to the library and its services with the librarian. The librarian tries to settle them in her capacity and if unresolved the Principal of the college can be approached.

Suggestion Box

A suggestion box is kept in the library seeking valuable suggestions and recommendations from the readers of the library. The suggestions made by them are taken up, discussed in the library committee meeting and implemented, if relevant.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.Ed
Laboratory EXP.

Appendix 59

INVOICE

To, M/s B. P. C. A`S COLLEGE OF PHYSICAL EDUCATION, BHARATIYA KRIDA MANDIR, NAIGAUM CROSS ROAD, WADALA, Mumbai - 400 031	**BILL NO. RE/20-21/01** **DATE: 01/10/2020**

SR. NO.	PARTICULARS	AMOUNT
1.	Software Support of Package Payroll System v1.1 as per before 6th Pay Commission	Rs. 4500/-
2.	Software Support of Package Payroll System v1.1 as per 6th Pay Commission	Rs. 4500/-
3.	Software Support of Package Library System v1.1	Rs. 4000/-
4.	Software Support of Package Content Management	Rs. 2000/-

TOTAL IN WORDS [Rupees Fourteen Thousand Only]	**TOTAL** Rs. 15,000/-

For Abhijit B. Ambekar
ABAmbekar

05/10/2020

APPROVED
Rs. 15,000/-
Principal

by NEFT by ch. no. 000384

B.P.C.A.'S College of Physical Education, Wadala, Mumbai

N-List National Library & Information Services Infrastructure for scholarly content
E Journals Published by Taylor and Francis
List of Users

Sr. No.	Name	Email	Designation	Department	Validity	Status	Action
1	Dr. G.V. Pargaonkar	bpcacpemumbai@gmail.com	Principal	Physical Education	31-03-2023		
2	Dr. G.K.Dhokrat	g_doctor@rediffmail.com	Faculty	Physical Education	31-12-2023		
3	Shri.J.M.Hotkar	jmhotkar@gmail.com	Faculty	Physical Education	31-12-2023		
4	Dr.K.K.Asai	asaikailas@gmail.com	Faculty	Physical Education	31-12-2023		
5	Dr.N.O.Joshi	neetuomjoshi_2007@rediffmail.com	Faculty	Physical Education	31-12-2023		
6	Smt.R.C.Kawade	rohinikawade@gmail.com	Faculty	Physical Education	31-12-2023		
7	Smt.S.N.Chougule	sushamachougule01@gmail.com	Faculty	Physical Education	31-12-2023		
8	Shri.R.N.Shelke	rajendrashelke1969@gmail.com	Faculty	Physical Education	31-12-2023		
9	Dr.K.J.Maru	kishoremaru@gmail.com	Faculty	Physical Education	31-12-2023		
10	Smt.Manisha A.Samant	bpcacpelibrary15@gmail.com	Librarian	Library	31-12-2023		
11	Shri.Prashant B. Bangale	prash88@gmail.com	Research Scholar	Physical Education	30-12-2021		
12	Shri.Mahendra S. Bhandare	mahenbhandare@gmail.com	Research Scholar	Physical Education	31-12-2021		
13	Shri.Nitin P. Khanvilkar	khanvilkarnitin078@gmail.com	Research Scholar	Physical Education	30-09-2020		
14	Shri.Sunil B. Pawar	sunilsports2514@gmail.com	Research Scholar	Physical Education	30-09-2020		
15	Shri.Vinay K. Saini	vinaysainiddun@gmail.com	Research Scholar	Physical Education	30-09-2020		
16	Shri.Swapnil A. Shetty	swapattac@yahoo.com	Research Scholar	Physical Education	31-12-2023		
17	Shri.Milind M. Jadhav	milindj678@gmail.com	Research Scholar	Physical Education	30-09-2020		
18	Shri.Siddharth D. Waghmare	Siddharth.wagmare72@gmail.com	Research Scholar	Physical Education	31-12-2023		
19	Shri.Vikram D. Satpute	Vikramsatpute1@gmail.com	Research Scholar	Physical Education	30-09-2020		
20	Shan Vikash Singh	vikashshan42@gmail.com	Post-Graduate Students	Physical Education	31-12-2022		

1	**Online Learning Resources:-** 1. NLIST programme- https://nlist.inflibnet.ac.in/ The N-LIST project provides access to e-resources to students, researchers and faculty from colleges and other beneficiary institutions. The users from our college can now access 6000+ e-journals and 3100000+ e-books. Registered members can download articles and book chapters required by them directly from the publisher's website. Member Login (To access N-list programme click on following Link) https://nlistidp.inflibnet.ac.in/idp/profile/SAML2/Redirect/SSO?execution=e1s1 a) e-books (under N-List) b) e-books (through NDL) c) e-journals 2. E-journals (Print + Online) E-journals published by Taylor and Francis (To access click on following Link) https://www.tandfonline.com/action/showLogin?uri=%2Fjournals%2Fujrd20 **Two E-journals Subscribed-** a) Research Quarterly for Exercise and Sport b) Journal of Physical Education, Recreation & Dance (JOPERD)	**1,99,500 + 6,00,000 + 6,000+**

nlist.inflibnet.ac.in/index.php

N-LIST
National Library and Information Services Infrastructure for Scholarly Content
extending access to e-Resources to colleges in India

College Admin Login | Licences and Fair Use | FAQs | Downloads | Awareness Programme

HOME | ABOUT | MEMBERS | REGISTER | E-RESOURCES | SEARCH

A college component of e-ShodhSindhu consortium with access to 6,000+ journals, 1,99,500+ ebooks under N-LIST and 6,00,000 ebooks through NDL.

READ MORE

Who are eligible?

All colleges covered under Sections 12(B) and 2(f) of the UGC Act.

Non-Aided colleges (except Agriculture, Engineering, Management, Medical, Pharmacy, Dentistry and Nursing).

JOIN

REGISTERED
MEMBER'S LOGIN

Important for the colleges under firewall, the port nos 2048-3251 required to be open for login. Please ask your Network Admin/ISPs.

Login Help Manual

LOGIN

FOR PAYMENT RELATED QUERIES
paymentinfo[at]inflibnet.ac.in

Search e-books and e-journals

FOR ACCESS RELATED ISSUES
college[at]inflibnet.ac.in

COLLEGE ADMINISTRATOR

Administrator Login | Admin Manual

The Proforma Invoice, Invoice and Payment Receipt of Annual Membership / Renewal Fees

SUMMARY STATISTICS
@ N-LIST PROGRAMME

3406	568543	8317
Beneficiary Colleges	Total Active Users	Users Activated in Jun-2022

TOP 10 COLLEGE USERS
BASED ON MAY-2022 USAGES

tandfonline.com

informa

Taylor & Francis Online

Access provided by **College of Physical Education**

Hi Dr G K Dhokrat
Your account

Cart

This year, prioritize your mind. **Join The Knowledge Retreat** for free expert advice on focus and inspiration when writing.

Search peer-reviewed journals and articles

Explore research | Submit articles | Discover open access

Enter keywords, authors, DOI, ORCID etc

Advanced search

4,767,000+ articles

0 B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2017
B.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salaries to Staff			**By Fees from Students**		
Teaching Staff	2,67,07,335.00		Admission Fee	6,100.00	
Non-Teaching Staff	45,05,326.00	3,12,12,661.00	Computer Training Fees	35,000.00	
			Costume	1,30,000.00	
To Audit Fees	28,376.00		Course Material Fees	65,000.00	
To Computer Expenses (Software)	32,861.00		Eligibility Fees	4,880.00	
To Competition Expenses	25,053.00		Enrolment Fees	16,060.00	
To Contingencies	17,567.12		Examination Fees	1,22,910.00	
To Costume Expenses	1,91,860.00		First aid Charges	13,000.00	
To Course Material Expenses	23,354.00		Gymkhana	26,000.00	
To Convocation Expenses	21,500.00		Library	13,000.00	
To Electricity Bill	3,47,033.00		Medical Check up	1,220.00	
To Eligibility Fees	4,400.00		Revised Fess	5,03,320.00	
To Enrolment Fees	14,400.00		Scout Camp	42,700.00	
To Examination Fees	1,64,850.00		Souvinr Fees	19,500.00	
To Gymkhana Expenses	1,56,940.00		Sports and Yoga Equipment	58,500.00	
To ICT in Education (UGC)	24,985.00		Tuition	3,91,000.00	
To IQAC Expenses (Honoratium to Coordinator) (UGC)	36,000.00		University Fees	19,220.00	
To IQAC Expenses (Secretarial Expenses) (UGC)	36,000.00		Yuva Raksha Fees	3,180.00	14,70,590.00
To IQAC Expenses (Contingency) (UGC)	8,180.00				
To Library Journals (UGC)	83,862.00		**By Other Fees**		
To Maintenance of Equipment (UGC)	1,22,262.00		T.C.Fees		1,600.00
To Medical Expenses	7,850.00				
To NAAC Expenses	2,90,927.00		**By Other Charges**		
To News paper and Periodicals	19,428.00		By Awards and Incentives (F.D.R. Int.)	385.00	
To Postage and Telephone	51,512.00		By Administrative Charges (G.O.I Scholarship)	80.00	
To Printing and Stationary	60,782.00		By Miscellaneous Receipts	3,145.00	3,610.00
To Laboratory Expenses	17,063.00				
To Scout Camp Expenses	1,66,894.00		By Bank Interest		
To Souvinr Expenses	31,376.00		Saving Account	62,909.00	
To Travelling Expenses	9,354.00		Interest on F.D.R.	43,831.00	1,06,740.00
To University Fees	17,780.00				
To Yearly Affiliation fees	20,000.00		**By Government Grants**		
To Yuva Raksha Expenses (Insurance)	2,844.00		Salary Grant	1,66,59,925.00	
To Bank Charges (Central Bank of India)	690.00	20,35,983.12	Sixth Pay Arrears	1,07,10,519.00	
			Career Advancement Arrears	38,43,000.00	3,12,13,444.00
To Depreciation					
Audio Visual Aids	32.74		By UGC Grant		10,84,896.00
Computers	10,241.61				
Computers (U.G.C. Carrer and Counseling)	1,577.88		By Book Bank Grant		4,290.00
Computers (U.G.C. Net Work)	733.29				
IQAC Equipment (UGC)	27,273.85		By NAAC Receipt		1,18,739.00
Electricity Fittings	122.55				
Equipment (U.G.C.)	2,20,039.54				
Fans and Fittings	47.82				
Furniture & Fixtures	2,290.05				
Library Books	66,928.42				
Office Equipment	6.10				
Sports Equipment	80,584.79				
Sundry Stores	483.60	4,10,362.14			
To Excess of Income Over Expenditure		3,44,902.74			
Total		3,40,03,909.00			3,40,03,909.00

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Place- Mumbai
Dated: 27/07/2017

For BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen. Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 62 A

2

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA.
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2017
B.P.ED.COURSE

Liabilities	Amount	Amount
Reserve Fund		5,00,000.00
Depreciation Fund		
Bal : As per last Balance sheet	46,00,030.03	
Add : Addition during the year	4,10,362.14	50,10,392.17
Deposits		
Caution	5,950.00	
Library	15,810.00	
Laboratory Deposit	36,900.00	
Hostel	50.00	58,710.00
Advances & Deposits		
Advance payable to M.Ed. (Phy.) Course	60,000.00	
Advance payable to B.P.C.A.	11,25,000.00	11,85,000.00
Scholarship Payable		
EBC Scholarship	3,960.00	
G.O.I. Scholarship	10,900.00	14,860.00
Liabilities for Expenses		
Audit Fees	25,000.00	
Hostel Grant paybale to B.P.C.A.	15,040.00	
Rent payable to B.P.C.A.	1,28,000.00	
U.G.C. Arrears	5,392.00	
B.C.Scholarship (Miscellaneous)	1,800.00	1,75,232.00
Income and Expenditure Account		
Excess of Income Over Expenditure	3,44,902.74	
Less : Balance As Per Last Balance sheet	1,76,154.18	1,68,748.56
Total		71,12,942.73

Asset	Amount	Amount
Audio Visual Aids :		
Bal: As per last Balance Sheet		1,35,459.31
Computers		
Bal: As per last Balance Sheet	10,82,408.00	
Add: Additions during the year	2,500.00	10,84,908.00
Computers (U.G.C.Network Resource)		
Bal: As per last Balance Sheet		2,50,678.00
Carrer and Counseling (U.G.C.) Equipment		
Bal: As per last Balance Sheet		2,04,086.00
Electricity Fittings		26,995.20
Equipments (UGC)		
Bal: As per last Balance Sheet	13,66,785.95	
Add: Addition During The Year	36,285.00	14,03,070.95
Fans and Fittings		
Bal: As per last Balance Sheet		4,131.50
Furniture & Fixtures :		
Bal : As per last Balance sheet		2,04,409.48
IQAC Expenses Fixed Asset (UGC)		
Bal: As per last Balance Sheet	56,187.00	
Add: Addition During The Year	71,013.00	1,27,200.00
Library Book		
Bal : As per last Balance sheet	8,14,385.54	
Add : Additions during the year	32,054.00	
Add : Book Bank Grant	4,440.00	8,50,879.54
Office Equipments		24,434.00
Sports Equipment		
Bal : As per last Balance sheet	9,13,632.13	
Add : Additions during the year	1,52,628.00	10,66,260.13
Sundry Stores		39,010.00
Advances & Deposits		
Advances for Expenditure	3,231.75	
Deposit with B.E.S.T.	15,500.00	18,731.75
Investment		
Fixed Deposits With Uco Bank	5,00,000.00	
Fixed Deposit for Awards & Incentives	5,000.00	5,05,000.00
Cash & Bank Balances		
Cash in Hand	4,889.00	
UCO Bank, Wadala	10,78,357.57	
Bank of Maharashtra	48,302.00	
Current Acoount Central Bank of India	6,140.30	11,37,688.87
Total		71,12,942.73

As per our report of even date attached

For Sanjay Rane and Assocates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated :27/07/2017

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2018
B.P.ED.COURSE

Expenditure ,	Amount	Amount	Income	Amount	Amount
To Salaries to Staff			**By Fees from Students**		
Teaching Staff	1,28,30,559.00		Admission Fee	13,500.00	
Non-Teaching Staff	21,59,100.00	1,49,89,659.00	Competition Fees	1,32,000.00	
			Convocation Fees	17,250.00	
			Costume Fees	1,14,000.00	
To Audit Fees	29,500.00		Course Material Fees	1,35,000.00	
To Competition Expenses	27,572.00		Eligibility Fees	5,740.00	
To Contingencies	33,751.68		Enrolment Fees	19,360.00	
To Costume Expenses	1,18,562.00		Examination Fees	2,53,410.00	
To Costume to Peons	16,772.00		First aid Charges	13,200.00	
To Course Material Expenses	37,882.00		Gymkhana Fees	1,35,000.00	
To Convocation Expenses	17,000.00		Library Fees	67,500.00	
To EBC Scholarship	15,000.00		Laboratory Fees	74,250.00	
To Electricity Bill	2,83,970.00		Medical Check up	6,600.00	
To Eligibility Fees	5,600.00		Scout Camp Fees	1,35,000.00	
To Enrolment Fees	16,400.00		Souviner Fees	27,000.00	
To Examination Fees	2,58,050.00		Sports and Yoga Equipment	1,32,000.00	
To First Aid Charges	15,200.00		Tuition Fees	4,06,000.00	
To Gymkhana Expenses	15,720.00		University Fees	20,660.00	
To Library Journals	7,875.00		Yuva Raksha Fees	3,140.00	17,10,610.00
To Medical Expenses	7,500.00				
To News paper and Periodicals	12,850.00		**By Other Fees**		
To NCTE Registration Charges	15,177.00		T.C.Fees		1,700.00
To Postage and Telephone	46,794.00				
To Printing and Stationary	59,841.00		**By Other Charges**		
To Laboratory Expenses	1,76,547.00		By Awards and Incentives (F.D.R. Int.)	411.00	
To Scout Camp Expenses	1,48,957.00		By Administrative Charges (G.O.I Scholarship)	170.00	
To Souviner Expenses	30,000.00		By Miscellaneous Receipts	9,320.00	9,901.00
To Travelling Expenses	100.00				
To University Fees	27,710.00		**By Bank Interest**		
To Refund of Grants to UGC	1,54,919.00		Saving Account	62,323.00	
To Yearly Affiliation fees	20,000.00		Interest on F.D.R.	42,773.00	1,05,096.00
To Yuva Raksha Expenses (Insurance)	2,808.00	16,02,057.68			
			By Government Grants		1,49,89,659.00
To GST Payment					
Input CGST	46,391.00		**By Book Bank Grant**		8,000.00
Input SGST	46,391.00				
Inpurt IGST	2,440.00	95,222.00	**By EBC Scholarship**		225.00
To Depreciation			**By Excess of Expenditure over Income**		2,07,504.85
Audio Visual Aids	13.09				
Computers	4,096.64				
Computers (U.G.C. Carrer and Counseling)	631.15				
Computers (U.G.C. Net Work)	293.32				
IQAC Equipment (UGC)	32,213.44				
Electricity Fittings	110.30				
Equipment (U.G.C.)	1,51,476.32				
Fans and Fittings	43.04				
Furniture & Fixtures	2,061.04				
Library Books	41,429.07				
Office Equipment	2.44				
Sports Equipment	1,13,000.51				
Sundry Stores	386.80	3,45,757.17			
Total		**1,70,32,695.85**			**1,70,32,695.85**

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
Mem. No.037862
Place- Mumbai
Dated: 20.07.2018

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

(2)

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA.
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2018
B.P.ED.COURSE

Liabilities	Amount	Amount	Asset	Amount	Amount
eserve Fund		5,00,000.00	**Audio Visual Aids :**		
epreciation Fund			Bal: As per last Balance Sheet		1,65,459.31
Bal : As per last Balance sheet	50,10,392.17				
Add : Addition during the year	3,45,757.17	53,56,149.34	**Computers**		
			Bal: As per last Balance Sheet		10,84,908.00
eposits					
Caution	5,950.00		**Computers (U.G.C.Network Resource)**		
Library	15,810.00		Bal: As per last Balance Sheet		2,50,678.00
Laboratory Deposit	36,900.00				
Hostel	50.00	58,710.00	**Carrer and Counseling (U.G.C.) Equipment**		
			Bal: As per last Balance Sheet		2,04,086.00
dvances & Deposits					
Advance payable to M.Ed. (Phy.) Course	60,000.00		**Electricity Fittings**		26,995.20
Advance payable to B.P.C.A.	11,25,000.00	11,85,000.00			
			Equipments (UGC)		
cholarship Payable			Bal: As per last Balance Sheet	14,03,070.95	
EBC Scholarship	3,960.00		Add: Addition During The Year	1,80,000.00	15,83,070.95
G.O.I. Scholarship	22,975.00	26,935.00			
			Fans and Fittings		
iabilities for Expenses			Bal: As per last Balance Sheet		4,131.50
Audit Fees	29,500.00				
Hostel Grant paybale to B.P.C.A.	15,040.00		**Furniture & Fixtures :**		
Rent payable to B.P.C.A.	1,28,000.00		Bal : As per last Balance sheet		2,04,409.48
U.G.C. Arrears	5,392.00				
B.C.Scholarship (Miscellaneous)	1,800.00	1,79,732.00	**IQAC Expenses Fixed Asset (UGC)**		
			Bal: As per last Balance Sheet		1,27,200.00
			Library Book		
			Bal : As per last Balance sheet	8,50,879.54	
			Add : Additions during the year	13,155.00	8,64,034.54
			Office Equipments		24,434.00
			Sports Equipment		
			Bal : As per last Balance sheet	10,66,260.13	
			Add : Additions during the year	1,16,594.00	11,82,854.13
			Sundry Stores		39,010.00
			Advances & Deposits		
			Advances for Expenditure	3,231.75	
			Deposit with B.E.S.T.	15,500.00	18,731.75
			Investment		
			Fixed Deposits With Uco Bank	5,00,000.00	
			Fixed Deposit for Awards & Incentives	5,000.00	5,05,000.00
			Cash & Bank Balances		
			Cash in Hand	15,987.00	
			UCO Bank, Wadala	8,82,641.89	
			Bank of Maharashtra	65,923.00	
			Current Acoount Central Bank of India	18,215.30	9,82,767.19
			Income and Expenditure Account		
			Excess of Expenditurte over Income	2,07,504.85	
			Less : Balance As Per Last Balance sheet	1,68,748.56	38,756.29
Total		73,06,526.34			73,06,526.34

As per our report of even date attached
For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
Mem. No.037852
Place- Mumbai
Dated 20.07.2018

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA.
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH . 2018
M.P.ED COURSE

Liabilities	Amount	Amount	Assets	Amount	Amount
Depreciation Fund :			**Furniture and Fixture**		
Bal : As per last Balance Sheet	11,34,044.98		Bal: as per last Balance Sheet		5,02,311.00
Add : Additions during the year	59,409.98	11,93,454.96			
			Library Books		
			Bal: as per last Balance Sheet	1,24,173.75	
			Add : Addition During the year	10,852.00	1,35,025.75
Deposits :					
Caution Money	4,760.00				
Library	11,940.00	16,700.00	**Research Equipment**		
			Bal: as per last Balance Sheet		48,101.00
Advances and Deposits					
Advance from B.P.C.A.	40,412.51		**Fans and Fittings**		
Advance from Cent.Govt. for Research Equipment	75,000.00	1,15,412.51	Bal: as per last Balance Sheet		1,08,882.00
Audit Fees Payable		23,600.00	**Audio Visual Aids**		
			Bal: as per last Balance Sheet		92,398.00
Income and Expenditure Account					
Balance as per last Balance Sheet	6,60,847.12		**Office Equipment**		67,464.00
Less: Excess of Expenditure over Income	3,26,594.94	3,34,252.18			
			Sundry Stores		1,200.00
			Computer Expenses		
			Bal: Balance as per last Balance Sheet	4,13,775.00	
			Add: Additions during the year	51,599.00	4,65,374.00
			Sports Equipment		39,678.00
			Advances & Deposit		
			Advance to B.Ed.(Phy.) course	60,000.00	
			Deposit with B.E.S.T	15,000.00	75,000.00
			Cash and Bank Balancs		
			Cash in Hand	28,224.00	
			Saving Account No. 3341	1,19,761.90	1,47,985.90
Total		16,83,419.65	**Total**		16,83,419.65

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
Mem No 037852
Place- Mumbai
Dated 20/07/2018

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2018
PH.D.CENTRE

Liabilities	Amount	Amount	Assets	Amount	Amount
Depricitation Fund			**Fixed Assets**		
Balance as per Last B/S	22,851.50		Library Books		
Add: Additions during the year	11,752.35	34,603.85	Balanace As per last Balance Sheet	24,414.00	
			Add: Additions during the year	37,612.00	62,026.00
Advance and Deposits					
Refundable Deposits	38,400.00		**Cash and Bank Balances**		
Caution Money	40,000.00	78,400.00	Cash in Hand	18,980.00	
			Cash in Bank Account No. 5122	2,57,109.00	2,76,089.00
Audit Fees Payable		2,950.00			
Income and Expenditure Account					
Balance as per last Balance Sheet	3,91,153.50				
Less: Excess of Expenditure over income	1,68,992.35	2,22,161.15			
Total		**3,38,115.00**	**Total**		**3,38,115.00**

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
Mem. No.037852
Place- Mumbai
Dated : 20/07/2018

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

COLLEGE OF PHYSICAL EDUATION WADALA.

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2019

B.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salaries to Staff			**By Fees from Students**		
Teaching Staff	14,409,240.00		Admission Fee	19,000.00	
Non-Teaching Staff	2,293,009.00	16,702,249.00	Competition Fees	180,000.00	
			Convocation Fees	20,000.00	
			Costume Fees	153,000.00	
To Audit Fees	25,000.00		Course Material Fees	190,000.00	
To Advertisement	119,648.00		Eligibility Fees	5,440.00	
To Competition Expenses	137,892.00		Enrolment Fees	22,440.00	
To Contingencies	37,774.14		Examination Fees	345,815.00	
To Costume Expenses	147,000.00		First aid Charges	18,000.00	
To CET Expenses	6,385.00		Gymkhana Fees	190,000.00	
To Course Material Expenses	108,199.00		Library Fees	95,000.00	
To Convocation Expenses	19,750.00		Laboratory Fees	104,500.00	
To Electricity Bill	277,431.00		Medical Check up	9,000.00	
To Eligibility Fees	5,200.00		Scout Camp Fees	190,000.00	
To Enrolment Fees	19,600.00		Souviner Fees	38,000.00	
To Examination Fees	274,695.00		Sports and Yoga Equipment	180,000.00	
To First Aid Charges	16,000.00		Tuition Fees	572,000.00	
To Gymkhana Expenses	19,650.00		University Fees	29,000.00	
To Library Journals	19,252.00		Yuva Raksha Fees	3,640.00	2,364,835.00
To Medical Expenses	8,900.00				
To News paper and Periodicals	12,270.00		**By Other Fees**		
To Postage and Telephone	47,477.00		T.C.Fees		1,000.00
To Printing and Stationary	77,792.00				
To Laboratory Expenses	147,965.00		**By Other Charges**		
To Scout Camp Expenses	227,384.00		By Awards and Incentives (F.D.R. Int.)	324.00	
To Souviner Expenses	30,000.00		By Administrative Charges (G.O.I Scholarship)	220.00	
To Travelling Expenses	19,350.00		By Miscellanenous Receipts	26,169.00	26,713.00
To University Fees	22,890.00				
To Refund of Grants to UGC	168,686.00		**By Bank Interest**		
To Yearly Affiliation fees	20,000.00		Saving Account	62,809.00	
To Yuva Raksha Expenses (Insurance)	3,560.00	2,019,750.14	Interest on F.D.R.	42,408.00	105,217.00
			By Government Grants		16,702,242.00
To Depreciation					
Audio Visual Aids	5.24		**By U.G.C. Grant**		59,501.00
Computers	1,638.66				
Computers (U.G.C. Carrer and Counseling)	117.33		**By Excess provision reversed**		4,500.00
Computers (U.G.C. Net Work)	252.46				
IQAC Equipment (UGC)	12,885.38				
Electricity Fittings	99.27				
Equipment (U.G.C.)	114,590.53				
Fans and Fittings	38.74				
Furniture & Fixtures	1,854.94				
Library Books	41,462.93				
Office Equipment	0.98				
Sports Equipment	142,851.11				
Sundry Stores	309.44	316,107.01			
To Execess of Income over expenditure		225,901.85			
Total		**19,264,008.00**			**19,264,008.00**

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

CA Sanjay Rane)
M.No.107852

Place- Mumbai
Dated: 01.07.2019

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2019
B.P.ED.COURSE

Liabilities	Amount	Amount
Reserve Fund		500,000.00
Depreciation Fund		
Bal : As per last Balance sheet	5,356,149.34	
Add : Addition during the year	316,107.01	5,672,256.35
Deposits		
Caution	5,950.00	
Library	15,810.00	
Laboratory Deposit	36,900.00	
Hostel	50.00	58,710.00
Advances & Deposits		
Advance payable to M.Ed. (Phy.) Course	60,000.00	
Advance payable to B.P.C.A.	1,125,000.00	1,185,000.00
Scholarship Payable		
EBC Scholarship	3,960.00	
G.O.I. Scholarship	10,900.00	14,860.00
Liabilities for Expenses		
Audit Fees	25,000.00	
Hostel Grant paybale to B.P.C.A.	15,040.00	
Rent payable to B.P.C.A.	128,000.00	
U.G.C. Arrears	5,392.00	
B.C.Scholarship (Miscellaneous)	1,800.00	175,232.00
Income and Expenditure Account		
Excess of Income over expenditure	225,901.85	
Less: Balance as per last Bal.Sheet	38,756.29	187,145.56
Total		7,793,203.91

Asset	Amount	Amount
Audio Visual Aids :		
Bal: As per last Balance Sheet		165,459.31
Computers		
Bal: As per last Balance Sheet		1,084,908.00
Computers (U.G.C.Network Resource)		
Bal: As per last Balance Sheet		250,678.00
Carrer and Counseling (U.G.C.) Equipment		
Bal: As per last Balance Sheet		204,086.00
Electricity Fittings		26,995.20
Equipments (UGC)		
Bal: As per last Balance Sheet		1,583,070.95
Fans and Fittings		
Bal: As per last Balance Sheet		4,131.50
Furniture & Fixtures :		
Bal : As per last Balance sheet		204,409.48
IQAC Expenses Fixed Asset (UGC)		
Bal: As per last Balance Sheet		127,200.00
Library Book		
Bal : As per last Balance sheet	864,034.54	
Add : Additions during the year	69,816.00	933,850.54
Office Equipments		24,434.00
Sports Equipment		
Bal : As per last Balance sheet	1,182,854.13	
Add : Additions during the year	208,909.00	1,391,763.13
Sundry Stores		39,010.00
Advances & Deposits		
Advances for Expenditure	3,231.75	
Deposit with B.E.S.T	15,500.00	
Input GST	114,457.00	133,188.75
Investment		
Fixed Deposits With Uco Bank	500,000.00	
Fixed Deposit for Awards & Incentives	5,000.00	505,000.00
Cash & Bank Balances		
Cash in Hand	10,717.00	
Uco Bank (Rusa) Wadala	1,000.00	
UCO Bank, Wadala	1,023,957.75	
Bank of Maharashtra	73,862.00	
Current Account Central Bank of India	5,482.30	1,115,019.05
Total		7,793,203.91

SANJAY RANE & ASSOCIATES ★ Chartered Accountants ★ MUMBAI

As per our report of even date attached
For Sanjay Rane and Associates
Chartered Accountants
(CA Sanjay Rane)
M.No.047952
Place: Mumbai
Dated 01.07.2019

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2019
M.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salary of Teaching Staff	5,03,100.00		By Fees Account		
To Salary of Non-Teaching Staff	1,78,700.00	6,81,800.00	By Convocation Fees	6,250.00	
			By Development Fees	42,350.00	
			By Examination Fees	1,44,430.00	
To Affiliation Fees	29,500.00		By Gymkhana Fees	20,000.00	
To Audit Fees	20,000.00		BY Registration Fees	20,625.00	
To CET Expenses	8,469.00		By Tuition Fees	6,05,000.00	
To CET Registration Fees	21,728.00		By University Fees	7,500.00	
To College Development Charges	34,300.00		By Yuva Raksha Fees	1,000.00	8,47,155.00
To Contingency	16,428.80				
To Convocation	6,000.00		By Miscellanous Receipts		744.00
To Costume Expenses	1,05,550.00				
To Deputation Expenses	46,137.00		By Bank Interest		22,161.00
To Gymkhana Expenses	1,500.00				
To Examination Fees	1,08,863.00		By Grants Received from B.P.C.A..		4,50,000.00
To Functional Expenses	605.00				
To Honorarium to Guiding Teacher	42,000.00		By Excess provision reversed		3,600.00
To Library Journals	27,898.00				
To Printing Expeses	2,200.00		By Excess of Expenditure over Income		4,357.45
To Professional Charges	48,000.00				
To Registration Fees	20,625.00				
To Stationary Expenses	16,950.00				
To Travelling Expenses	27,212.00				
To University Fees	3,000.00				
To Yuva Raksha Fees	1,000.00	5,87,965.80			
To Depreciation					
Audio Visual Aids	21.97				
Computer Expenses	23,530.19				
Fans and Fittings	3,093.34				
Furniture and Fixture	22,072.51				
Library Books	4,563.43				
Office Equipment	4,538.61				
Research Equipment	2.77				
Sports Equipment	426.62				
Sundry Stores	2.21	58,251.65			
Total		13,28,017.45			13,28,017.45

As per our report of even date attached

For Sanjay Rane & Associates
Chartered Accountants

(CA Sanjay Rane)
M.No 037852

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Place- Mumbai
Dated:01/07/2019

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2019
PH.D.CENTRE

Expenditure	Amount	Amount	Income	Amount	Amount
To Audit Fees (Ph.D.)	2,500.00		**By Fees**		
To Affiliation Fees	29,500.00		Ashwamedha	540.00	
To Bank Charges	583.90		Computer Internet	27,000.00	
To Conveyance to Visiting Staff	16,104.00		Development Fee	13,500.00	
To Group Insurance	760.00		Dissaster Relief Fund	270.00	
To Hon. To Teaaching Staff	69,000.00		E-Charges Fee	540.00	
To Hon. To Non - Teaaching Staff	26,000.00		E-Suvidha Fee	1,350.00	
To Hon to Resource Persons	33,000.00		Group Insurance	1,080.00	
To Library Journals	34,835.00		Gymkhakhana Fee	5,400.00	
To Printing Charges	20,000.00		Library Fee	27,000.00	
To University Share	46,000.00	278,282.90	Magazine Fee	2,700.00	
			Other Fee/ Extrcurricular Activities)	5,400.00	
To Depriciation			Student Welfare	1,350.00	
Library Books		16,453.29	Tuition Fee	162,000.00	
			Univeristy Sports and Cultural Activities	810.00	
			Utility Fee	6,750.00	
			Vice Chancellor Fund	540.00	256,230.00
			By Bank Interest		13,726.00
			By Excess provision reversed		450.00
			By Excess of expenditure over income		24,330.19
		294,736.19			294,736.19

As per our report of even date attached

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated -01/07/2019

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

(1)

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2020
B.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salaries to Staff			**By Fees from Students**		
Teaching Staff	2,40,30,442.00		Admission Fee	18,600.00	
Non-Teaching Staff	25,38,289.00	2,65,68,731.00	Competition Fees	1,86,000.00	
			Convocation Fees	24,250.00	
			Costume Fees	1,44,000.00	
To Audit Fees	25,000.00		Course Material Fees	1,86,000.00	
To Competition Expenses	1,21,069.00		Eligibility Fees	5,680.00	
To Contingencies	24,857.08		Enrolment Fees	22,220.00	
To Costume Expenses	1,65,537.00		Examination Fees	4,13,240.00	
To CET Expenses	9,791.00		First aid Charges	18,600.00	
To Course Material Expenses	1,16,625.00		Gymkhana Fees	1,86,000.00	
To CET Registration	20,000.00		Laboratory Fees	1,02,300.00	
To Electricity Bill	2,51,270.00		Library Fees	93,000.00	
To Eligibility Fees	9,800.00		Medical Check up	9,300.00	
To Enrolment Fees	15,400.00		Scout Camp Fees	1,86,000.00	
To Examination Fees	2,57,701.00		Souviner Fees	37,200.00	
To First Aid Charges	20,014.00		Sports and Yoga Equipment	1,86,000.00	
To Gymkhana Expenses	61,970.00		Tuition Fees	5,58,000.00	
To Library Journals	80,239.00		University Fees	30,500.00	
To Medical Expenses	9,800.00		Yuva Raksha Fees	3,960.00	24,10,850.00
To Legal Fees	1,60,976.00				
To NCTE Registration Charges	15,159.00		**By Other Fees**		
To News paper and Periodicals	13,620.00		T.C.Fees		1,500.00
To Postage and Telephone	41,547.00				
To Printing and Stationary	94,416.00		**By Other Income**		
To Professional Fees	15,000.00		By Awards and Incentives (F.D.R. Int.)	326.00	
To Laboratory Expenses	1,71,746.00		By Administrative Charges (G.O.I Scholarship)	80.00	
To Scout Camp Expenses	2,31,863.00		By Miscellanenous Receipts	20,140.00	20,546.00
To Souviner Expenses	33,000.00				
To Library Expenses	4,029.00		**By Bank Interest**		
To Uniform To Peons	28,048.00		Saving Account	85,027.00	
To Travelling Expenses	50.00		Interest on F.D.R.	41,241.00	1,26,268.00
To University Fees	13,000.00				
To Deputation Expenses	10,063.00		**By Government Grants (Salary Grant)**		2,65,68,731.00
To Yealry Affiliation fees	20,000.00				
To Yuva Raksha Expenses (Insurance)	4,602.00	20,46,192.08			
To Depreciation		3,35,068.76			
To Execess of Income over expenditure		1,77,903.16			
Total		2,91,27,895.00			2,91,27,895.00

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated: 19.11.2020

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION
बलम् राष्ट्रस्य वर्धनम्
ESTD. 1935
MUMBAI

STATEMENT SHOWING DEPRECIATION CHARGED ON FIXED ASSETS FOR THE YEAR ENDING 31ST MARCH, 2020
B. P. ED. COURSE
SCHEDULE FIXED ASSETS

SN	Particulars	Deprn	Op Bal	Addition During Year			DEPRECIATION			W D V	
				30.09.2019	01.10.2019	Total	Op Bal	Addition	Total	31.03.2020	31.03.2019
1	Audio Visual Aids	60	1,65,459.31			1,65,459.31	1,65,455.82	1.49	1,65,457.31	2.00	3.49
2	Computer	60	10,84,908.00	95,800.00		11,80,708.00	10,83,815.56	58,135.44	11,41,951.00	38,757.00	1,092.44
3	Computer (UGC Network)	60	2,50,678.00			2,50,678.00	2,50,599.79	47.21	2,50,647.00	31.00	78.21
4	Computer (UGC)	60	2,04,086.00			2,04,086.00	2,03,917.69	100.31	2,04,018.00	68.00	168.31
5	IQAC Equipment	60	1,27,200.00			1,27,200.00	1,18,609.75	5,154.25	1,23,764.00	3,436.00	8,590.25
6	Equipment (U G C)	60	15,83,070.95			15,83,070.95	15,06,677.28	45,835.67	15,52,512.95	30,558.00	76,393.67
7	Electricity Fittings	10	26,995.20			26,995.20	26,101.80	89.40	26,191.20	804.00	893.40
8	Funriture & Fixtures	10	2,04,409.48		3,220.00	2,07,629.48	1,87,715.04	1,830.44	1,89,545.48	18,084.00	16,694.44
9	Fans & Fittings	10	4,131.50			4,131.50	3,782.86	34.64	3,817.50	314.00	348.64
10	Library Books	60	9,33,850.54		-9,299.00	9,43,149.54	8,71,300.59	40,319.95	9,11,620.54	31,529.00	62,549.95
11	Office Equipment	60	24,434.00	15,254.00		39,688.00	24,433.35	9,152.65	33,586.00	6,102.00	0.65
12	Sports Equipment	60	13,91,763.13		1,81,020.00	15,72,783.13	11,92,074.56	1,74,119.57	13,66,194.13	2,06,589.00	1,99,688.57
13	Sundry Stores	20	39,010.00			39,010.00	37,772.26	247.74	38,020.00	990.00	1,237.74
			60,39,996.11	1,11,054.00	1,93,539.00	63,44,589.11	56,72,256.35	3,35,068.76	60,07,325.11	3,37,264.00	3,67,739.76

As per our report of even date attached

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

For Sanjay Rane and Assoicates
Chartered Accountants

Place- Mumbai
Dated 19/11/2020

M.No.037852

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2020
PH.D.CENTRE

Expenditure	Amount	Amount	Income	Amount	Amount
To Audit Fees (Ph.D.)	2,500.00		By Fees		
To Affiliation Fees	59,000.00		Admission Processing Fees	2,800.00	
To Bank Charges	616.61		Ashwamedha	600.00	
To Conveyance to Visiting Staff	13,264.00		Computer Internet	30,000.00	
To Group Insurance	1,300.00		Convocation Fees	3,500.00	
To Library Journals	34,575.00		Development Fee	15,000.00	
To Printing Charges	2,000.00		Disaster Relief Fund	300.00	
To Registration Charges	10,250.00		Document Verification Fees	5,600.00	
To University Share	52,000.00	1,75,505.61	E-Charges Fee	600.00	
			Eligibility Fees	660.00	
To Depriciation		58,053.22	Enrolment Fees	660.00	
			E Suvidha Fees	1,500.00	
To Excess of Income Over Expenditure		1,07,018.17	Examination Fees	9,100.00	
			Group Insurance	1,200.00	
			Gymkhakhana Fee	6,000.00	
			Identity Card Fees	700.00	
			Library Fee	30,000.00	
			Magazine Fee	3,000.00	
			Other Fee/ Extrcurricular Activities).	6,000.00	
			Registration Form Fees	14,350.00	
			Student Welfare	1,500.00	
			Tuition Fee	1,80,000.00	
			Univeristy Sports and Cultural Activities	900.00	
			Utility Fee	7,500.00	
			Vice Chancellor Fund	600.00	3,22,070.00
			By Bank Interest		18,507.00
		3,40,577.00			3,40,577.00

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated -19/11/2020

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION
बलम् राष्ट्रस्य वर्धनम्
ESTD. 1935
MUMBAI

1

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
B.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salaries to Staff			**By Fees from Students**		
Teaching Staff	22,725,186.00		Admission Fee	16,000.00	
Non-Teaching Staff	3,149,583.00	25,874,769.00	Competition Fees	188,000.00	
			Convocation Fees	24,250.00	
			Costume Fees	153,000.00	
To Audit Fees	25,000.00		Course Material Fees	188,000.00	
To Competition Expenses	15,239.00		Eligibility Fees	6,780.00	
To Advertising Expenses	4,340.00		Enrolment Fees	22,000.00	
To Interest on Statutory Payment	2,515.00		Examination Fees	151,380.00	
To Scholarship Paid	126,497.50		First aid Charges	18,800.00	
To Contingencies	28,201.07		Gymkhana Fees	160,000.00	
To Book Band Expenses	5,278.00		Laboratory Fees	88,000.00	
To CET Expenses	44,098.00		Library Fees	80,000.00	
To Electricity Bill	77,450.00		Medical Check up	9,400.00	
To Examination Fees	78,118.00		Scout Camp Fees	188,000.00	
To First Aid Charges	6,025.00		Souviner Fees	32,000.00	
To Library Journals	52,902.00		Sports and Yoga Equipment	188,000.00	
To News paper and Periodicals	7,995.00		Tuition Fees	480,000.00	
To Postage and Telephone	39,096.00		University Fees	28,710.00	
To Printing and Stationary	36,047.00		Yuva Raksha Fees	3,380.00	2,025,700.00
To Professional Fees	30,000.00				
To Laboratory Expenses	149,156.00		**By Other Fees**		
To Souviner Expenses	30,000.00		T.C.Fees		3,300.00
To Library Expenses	5,740.00				
To Travelling Expenses	1,756.00		**By Other Income**		
To Yealry Affiliation fees	20,000.00	785,453.57	By Awards and Incentives (F.D.R. Int.)	293.00	
			By G.O.I Scholarship Received	126,497.50	
To Depreciation		266,780.05	By Book Band Grant Received	5,221.00	
			By Miscellanenous Receipts	7,000.00	139,011.50
To Execess of Income over expenditure		1,183,738.88			
			By Bank Interest		
			Saving Account	37,020.00	
			Interest on F.D.R.	30,941.00	67,961.00
			By Government Grants (Salary Grant)		25,874,769.00
Total		28,110,741.50			28,110,741.50

4,200.00

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated: 13/09/2021

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A.'S
College of Physical Education,
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

UDIN-21037852AAAABI9101

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
B P Ed Course
SCHEDULE FIXED ASSETS

SN	Particulars	Deprn	Op Bal	Addition During Year 30.09.2020	Addition During Year 01.10.2020	Total	DEPRECIATION Op Bal	DEPRECIATION Addition	DEPRECIATION Total	W D V 31.03.2021	W D V 31.03.2020
1	Audio Visual Aids	60	165,459.31			165,459.31	165,457.31	1.20	165,458.51	0.80	2.00
2	Computer	60	1,180,708.00		125,623.00	1,306,331.00	1,141,951.00	60,941.10	1,202,892.10	103,438.90	38,757.00
3	Computer (UGC Network)	60	250,678.00			250,678.00	250,647.00	18.60	250,665.60	12.40	31.00
4	Computer (UGC)	60	204,086.00			204,086.00	204,018.00	40.80	204,058.80	27.20	68.00
5	IQAC Equipment	60	127,200.00			127,200.00	123,764.00	2,061.60	125,825.60	1,374.40	3,436.00
6	Equipment (U G C)	60	1,583,070.95			1,583,070.95	1,552,512.95	18,334.80	1,570,847.75	12,223.20	30,558.00
7	Electricity Fittings	10	26,995.20			26,995.20	26,191.20	80.40	26,271.60	723.60	804.00
8	Furniture & Fixtures	10	207,629.48		86,905.00	294,534.48	189,545.48	6,153.65	195,699.13	98,835.35	18,084.00
9	Fans & Fittings	10	4,131.50			4,131.50	3,817.50	31.40	3,848.90	282.60	314.00
10	Library Books	60	943,149.54		24,803.00	967,952.54	911,620.54	26,358.30	937,978.84	29,973.70	31,529.00
11	Office Equipment	60	39,688.00			39,688.00	33,586.00	3,661.20	37,247.20	2,440.80	6,102.00
12	Sports Equipment	60	1,572,783.13		83,152.00	1,655,935.13	1,366,194.13	148,899.00	1,515,093.13	140,842.00	206,589.00
13	Sundry Stores	20	39,010.00			39,010.00	38,020.00	198.00	38,218.00	792.00	990.00
			6,344,589.11		320,483.00	6,665,072.11	6,007,325.11	266,780.05	6,274,105.16	390,966.95	337,264.00
	RUSA ASSETS										
	Building Premises WIP				4,536,331.00	4,536,331.00	-	-	-	4,536,331.00	-
	Computers	60			1,300,000.00	1,300,000.00	-	390,000.00	390,000.00	910,000.00	-
	Sports Equipment	60			1,143,634.00	1,143,634.00	-	343,090.20	343,090.20	800,543.80	-
			-		6,979,965.00	6,979,965.00		733,090.20	733,090.20	6,246,874.80	
			6,344,589.11		7,300,448.00	13,645,037.11	6,007,325.11	999,870.25	7,007,195.36	6,637,841.75	337,264.00

As per our report of even date attached
For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)
M.No.03785

Place- Mumbai
Dated : 13/09/2021
UDIN - 21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President — Gen.Secretary — Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
PH.D.CENTRE

Expenditure	Amount	Amount	Income	Amount	Amount
To Audit Fees	2,500.00		By Fees		
To Affiliation Fees	29,500.00		Ashwamedha	540.00	
To Bank Charges	366.51		Computer Internet	27,000.00	
To Eligibility Fees	220.00		Development Fee	13,500.00	
To Enrollment Fees	220.00		Disaster Relief Fund	270.00	
To internet Charges	5,200.00		E-Charges Fee	540.00	
To Honararium	196,000.00		E Suvidha Fees	1,350.00	
To Library Journals	36,675.00		Group Insurance	1,080.00	
To Registration Charges	3,325.00		Gymkhakhana Fee	5,400.00	
To University Share	54,000.00	328,006.51	Library Fee	27,000.00	
			Magazine Fee	2,700.00	
To Depriciation		57,458.93	Other Fee/ Extrcurricular Activities)	5,400.00	
			Student Welfare	1,350.00	
			Tuition Fee	162,000.00	
			Univeristy Sports and Cultural Activities	810.00	
			Utility Fee	6,750.00	
			Vice Chancellor Fund	540.00	256,230.00
			By Bank Interest		3,143.00
			by Excess of Expenses Over Income		126,092.44
		385,465.44			385,465.44

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated -13/09/2021
UDIN - 21037852AAAABI9101

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD 1930 MUMBAI

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
P HD COURSE
SCHEDULE FIXED ASSETS

SN	Particulars	Deprn	Op Bal	Addition During Year			DEPRECIATION			W D V	
					Addition	Total	Op Bal	Addition	Total	31.03.2021	31.03.2020
1	Library Books	60	62,026.00		6,695.00	68,721.00	57,638.46	4,521.02	62,159.48	6,561.52	4,387.54
2	CC TV Camera	15	9,880.00			9,880.00	741.00	1,370.85	2,111.85	7,768.15	9,139.00
3	Computer & Laptops	60	114,123.00		45,106.00	159,229.00	50,730.90	51,567.06	102,297.96	56,931.04	63,392.10
			186,029.00	-	51,801.00	237,830.00	109,110.36	57,458.93	166,569.29	71,260.71	76,918.64

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated -13/09/2021
UDIN - 21037852AAAABI9101

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

B.P.C.A.'S College of Physical Education, Wadala, Mumbai

4.2.4 Average annual expenditure for purchase of books, journals, and e-resources during the last five years (INR in Lakhs)

Year	Expenditure on the purchase of books in (INR in lakhs)	Expenditure on the purchase of journals in (INR in lakhs)	Expenditure on subscription to e-journals (INR in lakhs)	Expenditure on subscription to other e-resources (INR in lakhs)	Total
2020-21	0.31	-	0.84	0.06	**1.21**
2019-20	0.09	0.08	1.08	-	**1.25**
2018-19	0.70	0.08	0.68	0.06	**1.52**
2017-18	0.62	0.03	-	0.05	**0.69**
2016-17	0.36	0.14	0.58	0.12	**1.20**
				TOTAL	**5.88**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 62 B

B.P.C.A.'S College of Physical Education

Department - Library

Document showing the number of teachers & students using library for 20 days each for five months during last completed year

Academic Year - 2020 - 21

Sr. No.	Date	No. of Teachers	No. of Students	Total No. of Readers
1	01 December 2020	0	0	0
2	02 December 2020	5	0	5
3	03 December 2020	0	0	0
4	04 December 2020	3	0	3
5	05 December 2020	0	0	0
6	06 December 2020	SUNDAY	SUNDAY	SUNDAY
7	07 December 2020	2	0	2
8	08 December 2020	1	0	1
9	09 December 2020	4	0	4
10	10 December 2020	0	1	1
11	11 December 2020	3	0	3
12	12 December 2020	1	2	3
13	13 December 2020	SUNDAY	SUNDAY	SUNDAY
14	14 December 2020	1	0	1
15	15 December 2020	0	0	0
16	16 December 2020	3	0	3
17	17 December 2020	0	0	0
18	18 December 2020	3	0	3
19	19 December 2020	0	0	0
20	20 December 2020	SUNDAY	SUNDAY	SUNDAY
21	21 December 2020	3	0	3
22	22 December 2020	0	0	0
23	23 December 2020	3	0	3
24	24 December 2020	0	0	0
25	25 December 2020	0	0	0
26	26 December 2020	0	0	0
27	27 December 2020	SUNDAY	SUNDAY	SUNDAY
28	28 December 2020	0	0	0
29	29 December 2020	0	0	0
30	30 December 2020	0	0	0
31	31 December 2020	0	0	0
	TOTAL	**32**	**3**	**35**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'S College of Physical Education

Department - Library

Document showing the number of teachers & students using library for 20 days each for five months during last completed year

Academic Year - 2020 - 21

Sr. No.	Date	No. of Teachers	No. of Students	Total No. of Readers
1	01 January 2021	0	0	0
2	02 January 2021	1	0	1
3	03 January 2021	SUNDAY	SUNDAY	SUNDAY
4	04 January 2021	3	0	3
5	05 January 2021	0	2	2
6	06 January 2021	5	0	5
7	07 January 2021	2	0	2
8	08 January 2021	1	0	1
9	09 January 2021	1	0	1
10	10 January 2021	SUNDAY	SUNDAY	SUNDAY
11	11 January 2021	3	0	3
12	12 January 2021	1	0	1
13	13 January 2021	4	0	4
14	14 January 2021	0	0	0
15	15 January 2021	0	0	0
16	16 January 2021	0	0	0
17	17 January 2021	SUNDAY	SUNDAY	SUNDAY
18	18 January 2021	1	0	1
19	19 January 2021	0	0	0
20	20 January 2021	3	0	3
21	21 January 2021	1	0	1
22	22 January 2021	2	0	2
23	23 January 2021	3	0	3
24	24 January 2021	SUNDAY	SUNDAY	SUNDAY
25	25 January 2021	1	0	1
26	26 January 2021	4	0	4
27	27 January 2021	0	0	0
28	28 January 2021	1	0	1
29	29 January 2021	3	0	3
30	30 January 2021	0	0	0
31	31 January 2021	SUNDAY	SUNDAY	SUNDAY
	TOTAL	**40**	**2**	**42**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'S College of Physical Education

Department - Library

Document showing the number of teachers & students using library for 20 days each for five months during last completed year

Academic Year - 2020 - 21

Sr. No.	Date	No. of Teachers	No. of Students	Total No. of Readers
1	01 February 2021	2	0	2
2	02 February 2021	0	0	0
3	03 February 2021	4	0	4
4	04 February 2021	2	0	2
5	05 February 2021	0	0	0
6	06 February 2021	0	0	0
7	07 February 2021	SUNDAY	SUNDAY	
8	08 February 2021	5	0	5
9	09 February 2021	0	0	0
10	10 February 2021	3	5	8
11	11 February 2021	2	7	9
12	12 February 2021	5	0	5
13	13 February 2021	1	0	1
14	14 February 2021	SUNDAY	SUNDAY	
15	15 February 2021	0	0	0
16	16 February 2021	4	0	4
17	17 February 2021	2	0	2
18	18 February 2021	5	0	5
19	19 February 2021	1	0	1
20	20 February 2021	1	0	1
21	21 February 2021	SUNDAY	SUNDAY	
22	22 February 2021	2	0	2
23	23 February 2021	4	3	7
24	24 February 2021	1	0	1
25	25 February 2021	4	2	6
26	26 February 2021	0	2	2
27	27 February 2021	4	0	4
28	28 February 2021	SUNDAY	SUNDAY	
	TOTAL	**52**	**19**	**71**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'S College of Physical Education

Department - Library

Document showing the number of teachers & students using library for 20 days each for five months during last completed year

Academic Year - 2020 - 21

Sr. No.	Date	No. of Teachers	No. of Students	Total No. of Readers
1	01 March 2021	4	4	8
2	02 March 2021	4	1	5
3	03 March 2021	2	0	2
4	04 March 2021	3	2	5
5	05 March 2021	0	0	0
6	06 March 2021	0	0	0
7	07 March 2021	SUNDAY	SUNDAY	SUNDAY
8	08 March 2021	0	12	12
9	09 March 2021	0	12	12
10	10 March 2021	5	0	5
11	11 March 2021	0	0	0
12	12 March 2021	5	3	8
13	13 March 2021	0	0	0
14	14 March 2021	SUNDAY	SUNDAY	SUNDAY
15	15 March 2021	4	5	9
16	16 March 2021	0	0	0
17	17 March 2021	4	2	6
18	18 March 2021	0	0	0
19	19 March 2021	4	4	8
20	20 March 2021	0	0	0
21	21 March 2021	SUNDAY	SUNDAY	SUNDAY
22	22 March 2021	4	0	4
23	23 March 2021	1	0	1
24	24 March 2021	5	1	6
25	25 March 2021	0	0	0
26	26 March 2021	4	0	4
27	27 March 2021	1	0	1
28	28 March 2021	SUNDAY	SUNDAY	SUNDAY
29	29 March 2021	0	0	0
30	30 March 2021	0	0	0
31	31 March 2021	0	2	2
	TOTAL	**50**	**48**	**98**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'S College of Physical Education

Department - Library

Document showing the number of teachers & students using library for 20 days each for five months during last completed year

Academic Year - 2020 - 21 (COVID Lockdown)

Sr. No.	Date	No. of Teachers	No. of Students	Total No. of Readers
1	01 April 2021	0	0	0
2	02 April 2021	0	0	0
3	03 April 2021	0	0	0
4	04 April 2021	SUNDAY	SUNDAY	SUNDAY
5	05 April 2021	0	0	0
6	06 April 2021	0	0	0
7	07 April 2021	0	0	0
8	08 April 2021	0	0	0
9	09 April 2021	0	0	0
10	10 April 2021	0	0	0
11	11 April 2021	SUNDAY	SUNDAY	SUNDAY
12	12 April 2021	0	0	0
13	13 April 2021	0	0	0
14	14 April 2021	0	0	0
15	15 April 2021	0	0	0
16	16 April 2021	0	0	0
17	17 April 2021	0	0	0
18	18 April 2021	SUNDAY	SUNDAY	SUNDAY
19	19 April 2021	0	0	0
20	20 April 2021	0	0	0
21	21 April 2021	0	0	0
22	22 April 2021	0	0	0
23	23 April 2021	0	0	0
24	24 April 2021	0	0	0
25	25 April 2021	SUNDAY	SUNDAY	SUNDAY
26	26 April 2021	0	0	0
27	27 April 2021	0	0	0
28	28 April 2021	0	0	0
29	29 April 2021	0	0	0
30	30 April 2021	0	0	0
	TOTAL	**0**	**0**	**0**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'S College of Physical Education

Department - Library

Document showing the number of teachers & students using library for 20 days each for five months during last completed year

Academic Year - 2020 - 21 (COVID Lockdown)

Sr. No.	Date	No. of Teachers	No. of Students	Total No. of Readers
1	01 May 2021	0	0	0
2	02 May 2021	SUNDAY	SUNDAY	SUNDAY
3	03 May 2021	0	0	0
4	04 May 2021	0	0	0
5	05 May 2021	0	0	0
6	06 May 2021	0	0	0
7	07 May 2021	0	0	0
8	08 May 2021	0	0	0
9	09 May 2021	SUNDAY	SUNDAY	SUNDAY
10	10 May 2021	0	0	0
11	11 May 2021	0	0	0
12	12 May 2021	0	0	0
13	13 May 2021	0	0	0
14	14 May 2021	0	0	0
15	15 May 2021	0	0	0
16	16 May 2021	SUNDAY	SUNDAY	SUNDAY
17	17 May 2021	0	0	0
18	18 May 2021	0	0	0
19	19 May 2021	0	0	0
20	20 May 2021	0	0	0
21	21 May 2021	0	0	0
22	22 May 2021	0	0	0
23	23 May 2021	SUNDAY	SUNDAY	SUNDAY
24	24 May 2021	0	0	0
25	25 May 2021	0	0	0
26	26 May 2021	0	0	0
27	27 May 2021	0	0	0
28	28 May 2021	0	0	0
29	29 May 2021	0	0	0
30	30 May 2021	SUNDAY	SUNDAY	SUNDAY
31	31 May 2021	0	0	0
	TOTAL	**0**	**0**	**0**

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

10/12/2020

Sr. No.	Name of the Students	Class	Roll No.	Time Taken	Sign.
1)	Barla Stephen	MPEd II	09	11:10	Bst
	Total: 1				

12/12/2020

①	Prathamesh Rane	MPEd-II	18	11:10	
②	Akshay Kaelan	MPEd-II	13	4:50	
	Total: 2				

05/01/2021

①	Omkar V. Rajbhar	BPed	83	11:20	
②	Barla Stephen	MPed	09	11:40	Bst
	Total 2				

10/02/2021

Sr.No.	Name of the Student	Class	Roll No	Time In	Time Out	Sign
1	Raju B. Hule	MPEd(II)	14	12:00	1:20	[illegible]
2	Dipali Bulkhande	—"—	01	1:00	3:02	[illegible]
3.	Raju B. Hule	M.P.Ed	14	2:30		[illegible]
4	Priyanka Sawant	MPEd	10	2:00	3:02	[illegible]
5	Tejashri Jadhav	MPED	4	2:00	3:02	[illegible]

Total : 5

11/02/2021

1	Rinku Maurya	M.P.Ed II	07	12:45		[illegible]
2	Shivani Jotshi	M.P.Ed II	05	12:45	2:05	[illegible]
3	Rameshwar Shinde	MPed-II	22	12:45	1.45	[illegible]
4.	Tanvi Shirodkar.	MPEd-II	11	1:10	2.10	[illegible]
5	Jyoti M. Dail	M.P.Ed II	02	1.35	2.10	[illegible]
6	Raju B. Hule	MPEd II	14	12:10		[illegible]
7	Dipali Bulkhand	—"—	01	1:42		[illegible]

Total : 7

23/02/2021

Sr.No	Name					
1	Rinku. Maurya	M.P.Ed II	07	11:58		
2.	Tanvi Shirodkar	M.P.Ed II	11	9:20		
3	Tejashri Jadhav	MPed II	04	11:18		
	Total: 3					

25/02/2021

1)	Tejashri Jadhav	MPed	04	11:18	
2)	Pranit Lolegaonkar	M.P.Ed.	17	12:00	
	Total: 2				

26/02/2021

1)	Shivani Jotshi	M.P.Ed	05	10.00	
2)	Rinku Maurya	M.P.Ed II	07	10:38	
	Total: 2				

01/03/2021

1)	Manoj R. Verma.	Ph.D.		9:30	
2)	Tanvi Shirodkar.	M.P.Ed II		9:40	
3)	Rinku Maurya	M.P.Ed II	07	9:57	
4)	Dipesh Patil	M.P.Ed II	18	1.45	
	Total: 4				

2/3/2021

SR.NO	Name	Class	Roll NO.	Time In	Time Out	Sign.
1	Priyanka Sawant	MPEd II	10	11:00	1:22	
	Total: 1					
	4/03/2021					
1.	Tanvi G. Shirodkar	M.P.Ed (II)	11	10:05		
2.	Rameshwar Shinde	MP.Ed-II	22	10.25		
	Total: 2					
	8/03/2021					
1.	Tanvi G. Shirodkar	M.P.Ed (II)	11	10.07	2:15.	
2	Prasad Vijaykumar	— II —	21	11.13		
3	Sandeep Kadam	— II —	15	11.13		
4	Priyanka Sawant	— II —	10	11:26		
5	Dipali Balkhande	— II —	01	11:57	2:15	
6.	Kavita Sahare	— II —	09	11.57		
7.	Shraddha Parab	— II —	08	12.01	2:15	
8.	Jyoti M. Dait	— II —	02	12.01	2.15	
9	Tejaswini Jadhav	— II —	04	12.03		
10	Shivani Jotshi	— II —	05	12.45		
11	Bhalchandra Sawantdekar	— II —	20	12.45		
12	Sinkal Maliya	— II —	07	1.17		
	Total: 12					

09/03/2021

Sr.No.	Name	class	RollNo.	In	Out	Sign
1	Akshay Wadekar	M.P.Ed	45	10:30		
2	VIVEK B. REDDY	M.P.Ed	24	11:14		
3	Bhalchandra Sawardekar	MPEd	20	12.00		
4.	Tanvi Shirodkar.	M.P.Ed.	11	12:00	12:30.	
5.	Dipesh Patil	M.P.Ed	18	12.30	2.20	
6	Harshad Rawool	M.PEd	19	12:30		
7.	Abhishek Hadkhambekar	M.P.ed	13	1:11		
8.	Shreenath Tavale	M.P.Ed	23	12.20		
9.	Jaydeep Kalam	MPEd	15	12.30		
10.	Bharat D Gaun	〃	12	12:30	2.00	
11	Raju Hule	MPEd II	14	2.00		
12	Ramchandra Shinde	MPed-II	22	2:45		

Total: 12

12 march 2021

1	VIVEK B. REDDY	M.P.Ed	24	12.25		
2	Dipesh. Patil	M.P.Ed	18	12.25		
3	Raju B. Hule	M.P.Ed	14	12.50	12.51	

Total 3

15th March 2021

1)	Shivani	MPEd	10.00	11.50		
2)	Bhalchandra	MPEd	20	10.00		
3)	Shraddha	MPEd	08	12.10		
4)	Priyanka Sawant	〃	10	12:35		
5)	Jyoti Dait	〃	02	12.40		

Total: 5

17 march 2021

1) Dipesh Patil.
2) Bhar

Total: 2

19th March 2021

Ss.No	Name	Class	Roll No	In	Out	Sign
01	Bharat Dardas Gurav	M.P.Ed-II	12	1:15		
02	Harshad V. Rawool	M.P.Ed II	14	1:20		
03	Jaydeep Kadam	"	15	1.2		
04	Shreenath Tavale	"	23	1.40		
	Total: 4					
	24/March 2021					
01	Raju B. Hule	M.P.Ed II	14	12:05		
	Total: 1					
	31 March 2021					
01.	Kavita Sahane	M.P.Ed II	09	11.05		
02.	Raju B. Hule	M.P.Ed II	14	12:24		
	Total: 2					

TIME & SIGNATURE

DAILY ATTENDANCE FOR THE MONTH OF December 2020

No.	NAME		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	No. of Days: Present	Absent	Leave	Late	TOTAL	REMARKS
1.	Dr. G. Y. Pargaonkar Principal	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
2.	Dr. R. R. Dhakne Asstt Prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
3.	Dr. G. K. Dhokrat Asso. Prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
4.	Dr. J. M. Hotkar Asstt prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
5.	Dr. N. O. Joshi Asstt. Prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
6.	Dr. S. N. Chougule Asstt. Prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
7.	Dr. K. K. Asai Asstt. Prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
8.	Dr. K. J. Maru Asstt. prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
9.	Dr. R. C. Kawade Asstt. prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
10.	Dr. R. N. Shelke Asstt Prof	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
		TIME IN																																					
		TIME OUT	0	5	0	3	0		2	1	4	0	3	1		1	0	0	3	0		3	0	3	0	0	0		0	0	0	0							
		SIGN.																																					
		TIME IN																																					
		TIME OUT																																					
		SIGN.																																					

TIME & SIGNATURE

DAILY ATTENDANCE FOR THE MONTH OF January 2020

No.	NAME		1	2	3	4	5	6	7	8	9	10	11	12	13	14	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	No. of Days: Present	Absent	Leave	Late	TOTAL	REMARKS
1.	Dr. G.V. Pargaonkar Principal	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
2.	Dr. R.R. Dhakne Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
3.	Dr. G.K. Dhokrat Asso. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
4.	Dr. J. M. Hotkar Asstt Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
5.	Dr. N.O. Joshi Asstt Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
6.	Dr. S.N. Chougule Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
7.	Dr. K.K. Asai Asstt Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
8.	Dr. K.J. Maru Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
9.	Dr. R.C. Kawade Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
10.	Dr. R.N. Shelke Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
		TIME IN	0	9	3	0	2	1	1		3	1	4	0				1	0	3	1	2	3		1	4	0	1	3	0	0							
		TIME OUT																																				
		SIGN.																																				
		TIME IN																																				
		TIME OUT																																				
		SIGN.																																				

TIME & SIGNATURE

DAILY ATTENDANCE FOR THE MONTH OF Feb 2020

No.	NAME		1	2	3	4	5	6	7	8	9	10	11	12	13	14	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Present	Absent	Leave	Late	TOTAL	REMARKS
1.	Dr. G. V. Pargaonkar Principal	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
2.	Dr. R. R. Dhakne Asstt Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
3.	Dr. G. K. Dhokrat Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
4.	Dr. J. M. Hotkar Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
5.	Dr. N. O. Joshi Asstt Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
6.	Dr. S. N. Chougule Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
7.	Dr. K. K. Asai Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
8.	Dr. K. J. Mary Asstt. Prof	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
9.	Dr. R. C. Kawade Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
10.	Dr. R. N. Shelke Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
		TIME IN																																				
		TIME OUT	2	0	4	2	0	0		5	0	3	2	5	0		52	6	1	0		2	4	1	4	0	4										
		SIGN.																																				
		TIME IN																																				
		TIME OUT																																				
		SIGN.																																				

TIME & SIGNATURE

DAILY ATTENDANCE FOR THE MONTH OF March 20 2021

No.	NAME		1	2	3	4	5	6	7	8	9	10	11	12	13	14	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Present	Absent	Leave	Late	TOTAL	REMARKS
1.	Dr. G.V. Pargaonkar Principal.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
2.	Dr. R.R. Dhakne Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
3.	Dr. G.K. Dhokrat Asso. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
4.	Dr. J.M. Hotkar Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
5.	Dr. N.D. Joshi Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
6.	Dr. S.N. Chougule Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
7.	Dr. K.K. Asai Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
8.	Dr. K.J. Mann Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
9.	Dr. R.C. Kawade Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
10.	Dr. R.N. Shelke Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
		TIME IN																																				
		TIME OUT																																				
		SIGN.	4	4	2	3	0	0			0	0	5		5	0	0	4	0	4	0		4	1	5	0	4	1										
		TIME IN																																				
		TIME OUT																																				
		SIGN.																																				

TIME & SIGNATURE

DAILY ATTENDANCE FOR THE MONTH OF April 2021

No.	NAME		1	2	3	4	5	6	7	8	9	10	11	12	13	14	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Present	Absent	Leave	Late	TOTAL	REMARKS
1.	Dr. G.V. Pargaonkar principal.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
2.	Dr. R.R. Dhakne Asstt Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
3.	Dr. G.K. Dhokrat Asso. prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
4.	Dr. J.M. Hotkar Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
5.	Dr. N.D. Joshi Asstt. Prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
6.	Dr. S.N. Chougule Asstt prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
7.	Dr. K.K. Asai Asstt. prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
8.	Dr. K.J. Maru Asstt prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
9.	Dr. R.C. Kawade Asstt prof.	TIME IN																																				
		TIME OUT																																				
		SIGN.																																				
10.	Dr. R.N. Shelke Asstt. prof.	TIME IN																																				
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		SIGN.																																				
		TIME IN																																				
		TIME OUT																																				

Due to Covid Pandemic College was not functioning as per the direction of Govt. of India & University. Hence No faculty appointed to the College

TIME & SIGNATURE

Lockdown May - 2021

THE MONTH OF May 2021

No.	NAME		DAILY ATTENDANCE FOR 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	No. of Days Present	Absent	Leave	Late	TOTAL	REMARKS
1.	Dr. G.V. Pargaonkar Principal.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
2	Dr. R.R. Dhakne Asst. Prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
3	Dr. G.K. Dhokrat Asso. Prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
4.	Dr. J.M. Hotkar Asst. Prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
5.	Dr. N.D. Joshi Asst. Prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
6.	Dr. S.N. Chongule Asst. prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
7.	Dr. K.K. Asai Asst. prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
8.	Dr. K.J. Maru Asst. prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
9.	Dr. R.C. Kawade Asstt prof.	TIME IN																																					
		TIME OUT																																					
		SIGN.																																					
10.	Dr. R.N. Shelke Asstt. prof.	TIME IN																																					
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Due to Covid Pandemic College was not functioning as per the direction from Govt. of India & University. Hence, No faculty reported to the College.

TAX INVOICE FOR SUPPLY OF SERVICES

Service Provider:
Star Vision Net
27/5, Azad Nagar, R A Kidwai Rd, Wadala (W)
Tel: 022-24152256 / 9322111146/9870060526, **Email:** starnetwadala@gmail.com
GSTIN: 27AAZPT3141Q1ZM, **PAN No:** AAZPT3141Q
Place Of Supply: MAHARASTRA
State Code: 27 **State Code:**

STAR VISION NET

Service Receipient:
Name: B.P.C.A, COLLEGE OF PHYSICAL EDUCATION
Account Id: 1238
Username: library
Address: 2nd flr, BHARTIYA KIRDA MANDIR, NAIGOAN CROSS ROAD, Wadala - Mumbai - 400031
Tel: 9930366578, **Email:** bpcacpemumbai@gmail.com
GSTIN: 27AAATB1720C1ZH, **PAN No:**

Zone: Star Vision Net
Invoice No: SV678
Invoice Date.: 14-Apr-2022
Period: 01-Apr-2022 - 29-Jun-2022
Payment Due Date: 16-Apr-2022

Sr.no	Description of services	SAC	Gross Value	Disc	Taxable Value	CGST		SGST		Total
						Rate	Amount	Rate	Amount	
1	UL50Mbps-90Days	9984	1800	0.00	1800	9%	162.00	9%	162.00	2124
Total Amount Due			**1800**	0.00	**1800**	9%	162.00	9%	162.00	**2124**
Balance Payable										**2124**

Bank Details: The Greater Bombay Co Op Bank Ltd Wadala Branch. A/C no -10203002980. IFSC CODE - GBCB0000003.

Rupees in words: Two Thousand One Hundred And Twenty-four Only

1) Register your mobile number to receive regular updates and confirmation of payment through SMS.
2) Pay your bills before due date to avoid disconection and late fee Charges
3) Installation charges are nonrefundable.
4) The subscriber should take payment receiver's signature without fail on receipt.
5) Kindly make A/c Payee cheque/DD/Pay Order in favour of **Star Vision Net**

This is a system generated Invoice and does not require any signature

TAX INVOICE FOR SUPPLY OF SERVICES

Service Provider:

Star Vision Net

27/5, Azad Nagar, R A Kidwai Rd, Wadala (W)

Tel: 022-24152256 / 9322111146/9870060526, **Email:** starnetwadala@gmail.com

GSTIN: 27AAZPT3141Q1ZM, **PAN No:** AAZPT3141Q

Place Of Supply: MAHARASTRA

State Code: 27 **State Code:**

STAR VISION NET

Service Receipient:

Name: B.P.C.A, COLLEGE OF PHYSICAL EDUCATION

Account Id: 1669

Username: iqac

Address: 1st flr, BHARTIYA KIRDA MANDIR, NAIGOAN CROSS ROAD, Wadala - Mumbai - 400031

Tel: 9870505106, **Email:** bpcacpemumbai@gmail.com

GSTIN: 27AAATB1720C1ZH, **PAN No:**

Zone: Star Vision Net

Invoice No: SV680

Invoice Date.: 14-Apr-2022

Period: 01-Apr-2022 - 29-Jun-2022

Payment Due Date: 16-Apr-2022

Sr.no	Description of services	SAC	Gross Value	Disc	Taxable Value	CGST		SGST		Total
						Rate	Amount	Rate	Amount	
1	UL100 Mbps 90Day	9984	2700	0.00	2700	9%	243.00	9%	243.00	3186
Total Amount Due			**2700**	0.00	**2700**	9%	243.00	9%	243.00	**3186**
Balance Payable										**3186**

Bank Details: The Greater Bombay Co Op Bank Ltd Wadala Branch. A/C no -10203002980. IFSC CODE - GBCB0000003.

Rupees in words: Three Thousand One Hundred And Eighty-six Only

1) Register your mobile number to receive regular updates and confirmation of payment through SMS.
2) Pay your bills before due date to avoid disconection and late fee Charges
3) Installation charges are nonrefundable.
4) The subscriber should take payment receiver's signature without fail on receipt.
5) Kindly make A/c Payee cheque/DD/Pay Order in favour of **Star Vision Net**

This is a system generated Invoice and does not require any signature

TAX INVOICE FOR SUPPLY OF SERVICES

Service Provider:
Star Vision Net
27/5, Azad Nagar, R A Kidwai Rd, Wadala (W)
Tel: 022-24152256 / 9322111146/9870060526, **Email:** starnetwadala@gmail.com
GSTIN: 27AAZPT3141Q1ZM, **PAN No:** AAZPT3141Q
Place Of Supply: MAHARASTRA
State Code: 27 **State Code:**

STAR VISION NET

Service Receipient:
Name: B.P.C.A, COLLEGE OF PHYSICAL EDUCATION
Account Id: 1677
Username: bpca(office)
Address: 1st flr, BHARTIYA KIRDA MANDIR, NAIGOAN CROSS ROAD, Wadala - Mumbai - 400031
Tel: 9820686578, **Email:** bpcacpemumbai@gmail.com
GSTIN: 27AAATB1720C1ZH, **PAN No:**

Zone: Star Vision Net
Invoice No: SV679
Invoice Date.: 14-Apr-2022
Period: 01-Apr-2022 - 29-Jun-2022
Payment Due Date: 16-Apr-2022

Sr.no	Description of services	SAC	Gross Value	Disc	Taxable Value	CGST		SGST		Total
						Rate	Amount	Rate	Amount	
1	UL50Mbps-90Days	9984	1800	0.00	1800	9%	162.00	9%	162.00	2124
Total Amount Due			**1800**	0.00	**1800**	9%	162.00	9%	162.00	**2124**
Balance Payable										**2124**

Bank Details: The Greater Bombay Co Op Bank Ltd Wadala Branch. A/C no -10203002980. IFSC CODE - GBCB0000003.

Rupees in words: Two Thousand One Hundred And Twenty-four Only

1) Register your mobile number to receive regular updates and confirmation of payment through SMS.
2) Pay your bills before due date to avoid disconection and late fee Charges
3) Installation charges are nonrefundable.
4) The subscriber should take payment receiver's signature without fail on receipt.
5) Kindly make A/c Payee cheque/DD/Pay Order in favour of **Star Vision Net**

This is a system generated Invoice and does not require any signature

TAX INVOICE FOR SUPPLY OF SERVICES

Service Provider:
Star Vision Net
27/5, Azad Nagar, R A Kidwai Rd, Wadala (W)
Tel: 022-24152256 / 9322111146/9870060526, **Email:** starnetwadala@gmail.com
GSTIN: 27AAZPT3141Q1ZM, **PAN No:** AAZPT3141Q
Place Of Supply: MAHARASTRA
State Code: 27 **State Code:**

STAR VISION NET

Service Receipient:
Name: BOMBAY PHYSICAL CULTURE ASSOCIATION
Account Id: 1606
Username: mcga
Address: GRD FLR, BHARTIYA KIRDA MANDIR, NAIGOAN CROSS ROAD, Wadala West - Mumbai - 400031
Tel: 9870505106, **Email:**
GSTIN: 27AAATB1720C1ZH, **PAN No:**

Zone: Star Vision Net
Invoice No: SV666
Invoice Date.: 01-Apr-2022
Period: 01-Apr-2022 - 29-Jun-2022
Payment Due Date: 03-Apr-2022

Sr.no	Description of services	SAC	Gross Value	Disc	Taxable Value	CGST		SGST		Total
						Rate	Amount	Rate	Amount	
1	ULT40Mbps-90Days	9984	1800	0.00	1800	9%	162.00	9%	162.00	2124
Total Amount Due			**1800**	0.00	**1800**	9%	162.00	9%	162.00	**2124**
Balance Payable										**2124**

Bank Details: The Greater Bombay Co Op Bank Ltd Wadala Branch. A/C no -10203002980. IFSC CODE - GBCB0000003.

Rupees in words: Two Thousand One Hundred And Twenty-four Only

1) Register your mobile number to receive regular updates and confirmation of payment through SMS.
2) Pay your bills before due date to avoid disconection and late fee Charges
3) Installation charges are nonrefundable.
4) The subscriber should take payment receiver's signature without fail on receipt.
5) Kindly make A/c Payee cheque/DD/Pay Order in favour of **Star Vision Net**

This is a system generated Invoice and does not require any signature

Appendix 64 B

BPCA's College of Physical Education

LIST OF AVAILABILITY OF COMPUTERS AND RELATED MATERIAL AS ON 12/07/2021

I. COMPUTER LABORATORY

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON	RAM	8 GB	19
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	
2	Canon Printer	imageCLASS LBP6030B	Laser Beam Printer	01
3	NETGEAR Nighthawk	AC2300 Smart WiFi Router (5G WiFi)	1GHz Dual Core Processor, Wave 2 WiFi with MU-MIMO	01
4	GRANDSTREAM	GWN7605	802. 11ac Wave-2 2x2:2 Wi-Fi Access Point	01

II. INTERNAL QUALITY ASSURANCE CELL (IQAC)

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON	RAM/ROM	8 GB	01
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	

III. SPORTS EQUIPMENT ROOM

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON	RAM/ROM	8 GB	01
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	

I/C PRINCIPAL
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Mumbai - 400 031

29/12/21

B.P.C.A.'S College of Physical Education Wadala, Mumbai-31

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Earlier Quantity of articles available पुर्वीचे शिल्लक नग	Usable Quantity उपयोगी नग	Non-Usable Quantity निरुपयोगी नग	Total Quantity available एकूण उपलब्ध नग	Remarks शेरा

IV. PHYSIOTHERAPY, ATHLETIC CARE AND REHABILITATION LABORATORY/RESEARCH CENTRE

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON	RAM/ROM	8 GB	02
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	
2	HP	RAM/ROM	RAM 4 GB/1 TB HDD/	01
		Processor	Core i3 7th Gen	
		Operating System	Windows 10 Home	
		MS Office	2016	
		Quick Heal	Expiry Date:	
3	LENOVO ThinkCentre	RAM/ROM	RAM 1 GB/500 GB HDD	01
		Processor	Pentium	
		Operating System	Windows 8.1	
		MS Office	2016	
		Quick Heal	Expiry Date:	
4	DELL OptiPlex 3020	RAM/ROM	(RAM 8 GB/1 TB/)	01
		Processor	Core i5 7th Gen	
		Operating System	Windows 10	
		MS Office	2016	
		Quick Heal	Expiry Date:	
5	ACER VERITON	RAM/ROM	RAM 4 GB/1 TB HDD	01
		Processor	Core i3 7th Gen	
		Operating System	Windows 10 Home	
		MS Office	2016	
		Quick Heal	Expiry Date:	
6	Wipro	RAM/ROM	RAM 4 GB/1 TB HDD	01
		Processor	Core i3 7th Gen	
		Operating System	Windows 10 Home	
		MS Office	2016	
		Quick Heal	Expiry Date:	
7	Trenda	Router	WiFi Router	01
8	HP	Printer	HP link Tank Wireless 419	01

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29/12/21

Earlier Quantity of articles available पुर्वीचे शिल्लक नग	Usable Quantity उपयोगी नग	Non-Usable Quantity निरुपयोगी नग	Total Quantity available एकूण शिल्लक नग	Remarks शेरा

V. BPED MAIN CLASS ROOM

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON	RAM/ROM	8 GB	01
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	

VI. MPED CLASS ROOM

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON (25)	RAM/ROM	8 GB	01
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	

VII. TEACHERS COMMON ROOM

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON (26)	RAM/ROM	8 GB	01
		Processor	Intel(R) Core(TM) i5-9400 9th Gen	
		Operating System	Windows 10 Home Single Language	
		MS Office	2013	
		Quick Heal	Expiry Date: 11/04/2024	

VIII. PRINCIPAL'S OFFICE

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Acer VERITON	RAM/ROM	4 GB/500 GB	01
		Processor	Intel(R) i3-3220	
		Operating System	Windows 10 Pro	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	

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IX. ADMINISTRATIVE OFFICE

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	DELL	RAM/ROM	1 GB/1 TB	01
		Processor	Intel(R) i3-9100	
		Operating System	Windows 10 Pro	
		MS Office	Standard 2013	
		Quick Heal	Expiry Date:	
2	DELL	RAM/ROM	2 GB/500 GB	01
		Processor	Intel(R) Core (TM) 2 Duo	
		Operating System	Windows 7 Professional	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	
3	DELL	RAM/ROM	4 GB/500 GB	01
		Processor	Intel(R) i5-7500	
		Operating System	Windows 10 Pro	
		MS Office	Standard 2016	
		Quick Heal	Expiry Date:	
4	HP	RAM/ROM	8 GB/1 TB	01
		Processor	Intel(R) i58-6500	
		Operating System	Windows 10 Pro	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	
5	Cannon Printer	Pinter/Scanner/Copier	Cannon Image RUNNER ADVANCE C3520	01
6	HP Printer	Pinter/Scanner/Copier	Laser Jet Pro M202 dw	01
7	Fax and Copier	Fax	Plain Paper Fax & Copier Function	01
8	tp-Link	Router	WiFi Router	01

X. ALUMNI ASSOCIATION OFFICE (GROUND)

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	Wipro	RAM/ROM	2 GB/500 GB	01
		Processor	Intel(R) Core (TM) 2 Duo	
		Operating System	Windows 8.1	
		MS Office	Standard 2016	
		Quick Heal	Expiry Date:	
2	EPSON Printer	Pinter/Scanner/Copier	M200	01
3	tp-Link	Router	WiFi Router	01

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XI. LIBRARY

Sr.	Name of Material/ Brand	Specification	Configuration	Quantity
1	DELL (Main)	RAM/ROM	4 GB/1 TB	01
		Processor	Intel(R) i5-8500	
		Operating System	Windows 10 Pro	
		MS Office	Standard 2013	
		Quick Heal	Expiry Date:	
2	HCL	RAM/ROM	2 GB/500 GB	01
		Processor	Intel(R) Core (TM) 2 Duo	
		Operating System	Windows 8.1	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	
3	Wipro	RAM/ROM	RAM 4 GB/1 TB HDD	01
		Processor	Core i3 7th Gen	
		Operating System	Windows 10 Home	
		MS Office	Standard 2016	
		Quick Heal	Expiry Date:	
4	DELL	RAM/ROM	2 GB/500 GB	01
		Processor	Intel(R) Core (TM) 2 Duo	
		Operating System	Windows 8.1	
		MS Office	Standard 2016	
		Quick Heal	Expiry Date:	
5	DELL	RAM/ROM	2 GB/500 GB	01
		Processor	Intel(R) Core (TM) 2 Duo	
		Operating System	Windows 8.1	
		MS Office	Standard 2016	
		Quick Heal	Expiry Date:	
6	HP Printer	Pinter/Scanner/Copier	HP Laser Jet Pro MEP MI26nw	01
7	tp-Link	Router	WiFi Router	01

XII. LAPTOPS

Sr.	Name of Brand	Specification	Configuration	Quantity
1	HCL MS. Manisha Samant (Librarian)	RAM/ROM	2 GB/500 GB	01
		Processor	Pentium (R) Dule-Core	
		Operating System	Windows 10 Pro	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	
	HP (Dr. R. R. Dhakne)	RAM/ROM	RAM 4 GB/1 TB HDD	01
		Processor	Core i3 7th Gen	
		Operating System	Windows 10 Home	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	

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Earlier Quantity of article पुर्वी	Usable Quantity	Non-Usable Quantity	Total Quantity	Remarks

3	HP (Shri. Sunil Sawant)	RAM/ROM	RAM 4 GB/1 TB HDD	01
		Processor	Core i3 7th Gen	
		Operating System	Windows 10 Home	
		MS Office	Home and Business 2013	
		Quick Heal	Expiry Date:	
4	ASUS VivoBook (Smt. Nutan Shinde)	RAM/ROM	RAM 8 GB/256 GB SSD	01
		Processor	Core i5 11th Gen	
		Operating System	Windows 10 Home	
		MS Office	Home and Student 2019	
		Quick Heal	Expiry Date:	
5	MacBook Air	RAM/ROM	RAM 8GB/121 GB HDD	01
		Processor	Core i5 11th Gen	
		Operating System	macOS Big Sur Version 11.6.2	
		MS Office		
		Quick Heal	Expiry Date:	

SUMMARY

1. **Total Number of PC/ Computers : 42**
2. **Total Number of Laptop : 05**
3. **Total Number of Printer : 07**
4. **Xerox Machine : 01**
5. **Fax Machine : 01**
6. **Internet Wi-Fi Router : 05**
7. **Internet Buster : 01**

(Computer Laboratory/Section Incharge)

Prepared by:- Dr. Kishore J. Maru

29/12/21

Ckecked by:- Dr. Neetu O. Joshi

29/12/21

(Principal)

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai -400 031.

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

Earlier Quantity of articles available पुर्वीचे शिलक नग	Usable Quantity उपयोगी नग	Non-Usable Quantity निरुपयोगी नग	Total Quantity available एकुण उपलब्ध नग	Remarks शेरा

BPCA's College of Physical Education

ICT Department

Physical Verification of the Non-Working Stock Available in ICT for the year 2020-21

I. Desktops not in Working Condition

Sr.	Qty	Brand	Processor	Operating System	RAM	Remark
	Central Processing Unit (CPU)					
1	05	HCL	Core 2 Duo	Windows 8.1	2GB	Not Working
2	01	HP Pro	i3 Processor	Windows 8.1	2GB	Not Working
3	01	HP	Pentium 4	Windows 8.1	2GB	Not Working
4	01	Compaq Presario	Pentium 4	Windows 8.1	2GB	Not Working
5	01	Wipro	i3 Processor	Windows 8.1	2GB	Not Working
6	01	Zebronics	-	-	-	Not Working
7	02	Assembled	Pentium 4	Windows XP	1GB	Not Working
	12	**Total**				
	Display Monitor					
1	04	HCL				Not Working
2	01	IBM				Not Working
3	01	Samsung				Not Working
4	02	SMARTRON	(Monochrome)			Not Working
5	01	Samsung	(Monochrome)			Not Working
	09	**Total**				

II. UPS not in Working Condition

Sr.	Quantity	Brand	Remark
1	03	APC	APC
2	01	Cyber Power	Cyber Power
	04	Total	

III. Printer not in Working Condition

Sr.	Quantity	Brand	Model	Remark
1	01	HP	Deskjet D4368	Not Working
2	01	Cannon (ICT)	PIXMA iP1700	
	02	**Total**		

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Wadala, Mumbai - 400 031.

29/12/21

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

25/12/21

Earlier Quantity of articles available पुर्वीचे शिल्लक नग	Usable Quantity उपयोगी नग	Non-Usable Quantity निरुपयोगी नग	Total Quantity available एकूण उपलब्ध नग	Remarks शेरा

IV. **Laptop not in Working Condition**

Sr.	Quantity	Brand	Processor	Operating System	RAM	Remark
1	03	HCL	Core 2 Duo	Windows 8.1	2GB	Not Working
2	01	Compaq Presario	Centrino	Windows XP	1GB	Not Working
3	01	Lenovo	Pentium Dual-Core inside	Windows XP	1GB	Not Working
4	01	HP Pavilion	Intel Core i5	Windows 10	4 GB	Not Working
5	01	MacBiik Air	Intel Core i5	macOS	4 GB	Not Working
	07	**Total**				

SUMMARY

1. **Total Number of PC/ Computers : 12**
2. **Display Monitor : 09**
3. **UPS Stabiliser : 04**
4. **Total Number of Laptop : 07**
5. **Total Number of Printer : 02**

(Computer Laboratory/Section Incharge)

(Principal)

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Prepared by:- Dr. Kishore J. Maru

29/12/21

Ckecked by:- Dr. Neetu O. Joshi

29/12/21

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

Sr. No.	Description	Configuration	Asset Identification No	Place	Location	Cost
1	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/01	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/01	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/01	ICT Lab	1st Floor	
2	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/02	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/02	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/02	ICT Lab	1st Floor	
3	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/03	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/03	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/03	ICT Lab	1st Floor	
4	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/04	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/04	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/04	ICT Lab	1st Floor	
5	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/05	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/05	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/05	ICT Lab	1st Floor	
6	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/06	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/06	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/06	ICT Lab	1st Floor	
7	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/07	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/07	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/07	ICT Lab	1st Floor	
8	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/08	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/08	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/08	ICT Lab	1st Floor	
9	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/09	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/09	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/09	ICT Lab	1st Floor	
10	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/10	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/10	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/10	ICT Lab	1st Floor	

I/C PRINCIPAL
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Sr. No.	Description	Configuration	Asset Identification No	Place	Location	Cost
11	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/11	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/11	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/11	ICT Lab	1st Floor	
12	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/12	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/12	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/12	ICT Lab	1st Floor	
13	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/13	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/13	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/13	ICT Lab	1st Floor	
14	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/14	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/14	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/14	ICT Lab	1st Floor	
15	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/15	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/15	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/15	ICT Lab	1st Floor	
16	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/16	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/16	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/16	ICT Lab	1st Floor	
17	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/17	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/17	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/17	ICT Lab	1st Floor	
18	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/18	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/18	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/18	ICT Lab	1st Floor	
19	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/ICTLab/Desktop/19	ICT Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/19	ICT Lab	1st Floor	
			BPCACPE/RUSA/ICTLab/Keyboard/19	ICT Lab	1st Floor	

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Sr. No.	Description	Configuration	Asset Identification No	Place	Location	Cost
20	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/MedLab/Desktop/20	Medicine Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/MedLab/Monitor/20	Medicine Lab	1st Floor	
			BPCACPE/RUSA/MedLab/Keyboard/20	Medicine Lab	1st Floor	
21	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/MedLab/Desktop/21	Medicine Lab	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/MedLab/Monitor/21	Medicine Lab	1st Floor	
			BPCACPE/RUSA/MedLab/Keyboard/21	Medicine Lab	1st Floor	
22	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/IQAC/Desktop/22	IQAC	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/IQAC/Monitor/22	IQAC	1st Floor	
			BPCACPE/RUSA/IQAC/Keyboard/22	IQAC	1st Floor	
23	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/Store/Desktop/23	Store	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/Store/Monitor/23	Store	1st Floor	
			BPCACPE/RUSA/Store/Keyboard/23	Store	1st Floor	
24	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/BPEdClass/Desktop/24	BPEd Class Room	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
	ACER Monitor	Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/24	ICT Lab (Locker 60)	1st Floor	
			BPCACPE/RUSA/BPEdClass/Keyboard/24	BPEd Class Room	1st Floor	

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Sr. No.	Description	Configuration	Asset Identification No	Place	Location	Cost
25	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/MPEdClass/Desktop /25	MPEd Class Room	2nd Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
	ACER Monitor	Acer 19.5"	BPCACPE/RUSA/ICTLab/Monitor/25	ICT Lab (Locker 60)	1st Floor	
			BPCACPE/RUSA/MPEdClass/Keyboard/25	MPEd Class Room	2nd Floor	
26	ACER Desktop	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB / 1TB / Win10	BPCACPE/RUSA/Staffroom/Desktop/ 26	Staffroom	1st Floor	Rate: Rs.50,000 + GST: Rs. 9,000 Total: Rs. 59,000
		Acer 19.5"	BPCACPE/RUSA/Staffroom/Monitor/ 26	Staffroom	1st Floor	
			BPCACPE/RUSA/Staffroom/Keyboard /26	Staffroom	1st Floor	
(A)					Rate per PC + CGST 9 % + SGST 9 % =	Rs. 15,34,000.00
28	Cannon Printer	imageCLASS LBP6030B (Laser Beam Printer)	BPCACPE/RUSA/ ICTLab /Printer /01	ICT Lab	1st Floor	Rs.10,169.49
29	Internet Router	NETGEAR Nighthawk AC2300 Smart WiFi Router (5G WiFi)	BPCACPE/RUSA/ ICTLab /Router /01	ICT Lab	1st Floor	Rs. 7,203.33
30	Internet Buster	GRANDSTREAM GWN7605	BPCACPE/RUSA/ ICTLab / Buster /01	ICT Lab	1st Floor	Rs. 15,677.96
(B)					Total	Rs. 33,050.78
					Grand Total (A)+ (B)	Rs.15,67,050.78

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Description	Configuration	Asset Identification No	Place	Location	Cost
HP 14q-CS0005TU	Core i3 7th Gen(RAM 4 GB/1 TB HDD/Windows 10 Home)	BPCACPE/Faculty/Laptop /01	Dr. R. R Dhakne		
HP 14q-CS0005TU	Core i3 7th Gen(RAM 4 GB/1 TB HDD/Windows 10 Home)	BPCACPE/Faculty/Laptop /02	Mr. Sunil Savant		
DELL Desktop	OptiPlex 5060Core i5 7th Gen (RAM 8 GB/1 TB/ Windows 10 Pro)	BPCACPE/Library/Desktop/01	Library	2nd Floor	
		BPCACPE/Library/Monitor/01	Library	2nd Floor	
		BPCACPE/Library/Keyboard/01	Library	2nd Floor	
HCL	Core 2 Duo (RAM 2 GB/500 GB/ Windows 8.1)	BPCACPE/Library/Desktop/02	Library	2nd Floor	
		BPCACPE/Library/Monitor/02	Library	2nd Floor	
		BPCACPE/Library/Keyboard/02	Library	2nd Floor	
Wipro	Core i3 7th Gen(RAM 4 GB/1 TB HDD/Windows 10 Home)	BPCACPE/Library/Desktop/03	Library	2nd Floor	
ASER		BPCACPE/Library/Monitor/03	Library	2nd Floor	
ASER		BPCACPE/Library/Keyboard/03	Library	2nd Floor	
DELL Desktop	Core 2 Duo (RAM 2 GB/500 GB/ Windows 8.1)	BPCACPE/Library/Desktop/04	Library	2nd Floor	
		BPCACPE/Library/Monitor/04	Library	2nd Floor	
		BPCACPE/Library/Keyboard/04	Library	2nd Floor	
DELL Desktop	Core 2 Duo (RAM 2 GB/500 GB/ Windows 8.1)	BPCACPE/Library/Desktop/05	Library	2nd Floor	
		BPCACPE/Library/Monitor/05	Library	2nd Floor	
		BPCACPE/Library/Keyboard/05	Library	2nd Floor	
HP Printer	HP Laser Jet Pro MEP M126nw	BPCACPE/Library/Printer/06	Library	2nd Floor	
Router	tp Link	BPCACPE/Library/Router/01	Library	2nd Floor	
HP	Core i3 7th Gen (RAM 4 GB/1 TB HDD/Windows 8.1)	BPCACPE/Office/Desktop/01	Administrative Office	1st Floor	
		BPCACPE/Office/Monitor/01	Administrative Office	1st Floor	
		BPCACPE/Office/Keyboard/01	Administrative Office	1st Floor	
DELL	Core 2 Duo (RAM 2 GB/1 TB HDD/Windows 7 Professional)	BPCACPE/Office/Desktop/02	Administrative Office	1st Floor	
		BPCACPE/Office/Monitor/02	Administrative Office	1st Floor	
		BPCACPE/Office/Keyboard/02	Administrative Office	1st Floor	

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Description	Configuration	Asset Identification No	Place	Location	Cost
DELL	Core i5 7th Gen(RAM 4 GB/1 TB HDD/Windows 10 Pro)	BPCACPE/Office/Desktop/03	Administrative Office	1st Floor	
		BPCACPE/Office/Monitor/03	Administrative Office	1st Floor	
		BPCACPE/Office/Keyboard/03	Administrative Office	1st Floor	
HP	Core i5 7th Gen(RAM 8 GB/1 TB HDD/Windows 10 Pro)	BPCACPE/Office/Desktop/04	Administrative Office	1st Floor	
		BPCACPE/Office/Monitor/04	Administrative Office	1st Floor	
		BPCACPE/Office/Keyboard/04	Administrative Office	1st Floor	
Cannon Printer	Cannon Image RUNNER ADVANCE C3520	BPCACPE/Office/Cannon Printer/05	Administrative Office	1st Floor	
HP Printer	Laser Jet Pro M202 dw	BPCACPE/Office/HP Printer/06	Administrative Office	1st Floor	
Fax and Copier	Plain Paper Fax & Copier Function	BPCACPE/Office/Fax and Copier/07	Administrative Office	1st Floor	
Router	tp Link	BPCACPE/Office/Router/01	Administrative Office	1st Floor	
HP	Core i3 7th Gen (RAM 4 GB/1 TB HDD/10 Pro)	BPCACPE/PrincipalOffice/Desktop/04	Principal Office	1st Floor	
		BPCACPE/PrincipalOffice/Monitor/04	Principal Office	1st Floor	
		BPCACPE/PrincipalOffice/Keyboard/04	Principal Office	1st Floor	
HP Printer	Laser Jet 1020 Plus	BPCACPE/Principal-Office/HP Printer/02	Principal Office	1st Floor	
HP	Core i3 7th Gen (RAM 4 GB/1 TB HDD/Windows 10 Home)	BPCACPE/P.A.R Lab/Desktop/01	P.A.R Lab	1st Floor	
		BPCACPE/P.A.R Lab /Monitor/01	P.A.R Lab	1st Floor	
		BPCACPE/P.A.R Lab /Keyboard/01	P.A.R Lab	1st Floor	

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Description	Configuration	Asset Identification No	Place	Location	Cost
LENOVO	ThinkCentrePentium (RAM 1 GB/500 GB HDD/Windows 8.1)	BPCACPE/P.A.R Lab /Desktop/02	P.A.R Lab	1st Floor	
Wipro		BPCACPE/P.A.R Lab /Monitor/02	P.A.R Lab	1st Floor	
Logitech K200		BPCACPE/P.A.R Lab /Keyboard/02	P.A.R Lab	1st Floor	
DELL Desktop	OptiPlex 3020Core i5 7th Gen (RAM 8 GB/1 TB/ Windows 10)	BPCACPE/P.A.R Lab /Desktop/03	P.A.R Lab	1st Floor	
ACER		BPCACPE/P.A.R Lab /Monitor/03	P.A.R Lab	1st Floor	
ACER		BPCACPE/P.A.R Lab /Keyboard/03	P.A.R Lab	1st Floor	
ACER VERITON	Core i3 7th Gen (RAM 4 GB/1 TB HDD/Windows 10 Home)	BPCACPE/P.A.R Lab /Desktop/04	P.A.R Lab	1st Floor	
		BPCACPE/P.A.R Lab /Monitor/04	P.A.R Lab	1st Floor	
		BPCACPE/P.A.R Lab /Keyboard/04	P.A.R Lab	1st Floor	
Wipro	Core i3 7th Gen (RAM 4 GB/1 TB HDD/Windows 10 Home)	BPCACPE/P.A.R Lab /Desktop/05	P.A.R Lab	1st Floor	
Wipro		BPCACPE/P.A.R Lab /Monitor/05	P.A.R Lab	1st Floor	
DELL		BPCACPE/P.A.R Lab /Keyboard/05	P.A.R Lab	1st Floor	
Router	Trenda WiFi Router	BPCACPE/IQAC/Router/02	IQAC	1st Floor	

Prepared by :- Dr. K.J. Maru 30/06/21

checked by :- Dr. N.O. Joshi 30/06/21

B.P.C.A.'S College of Physical Education Wadala, Mumbai-31

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Original for Buyer

TAX INVOICE

SAIBA ENTERPRISES

GALA NO. 5, SR. NO. 627, NEAR NAGAR MANMAD ROAD, DUDH DAIRY, VADGAON GUPTA. AHMEDNAGAR

STATE - MAHARASHTRA STATE CODE - 27

Ph. No. - 9067552584 Email id - saiba.enterprises70@gmail.com

GSTIN: 27CBBPA4739G1ZW	Mode of Transport : By Road
Invoice Date: 02/02/2021	Veh.No :
Invoice Serial r Feb-31	Freight : To Pay / Paid
P.O.No.	
Details of Receiver (Billed to)	**Details of Consignee (Shipped to)**
Name: BPCA's College of Physical Educatio	Name: BPCA's College of Physical Education
Address : Naigaon Cross road, Wadala,Mumb	Address : Naigaon Cross road, Wadala,Mumbai
State: Mahar State Code : 27	State: MH State Co 27
GSTIN/Unique I 27AAATB1720C1ZH	GSTIN/Unique 27AAATB1720C1ZH

Sr. No	Description of Goods	HSN Code	UOM	Qty	Rate (Rs.)	Taxable value (Rs.)
1	Acer Veriton Desktop - i5 9th Gen 9400 I 8GB /1TB/ 19.5"/ Win10	84715000		26	50000	1300000.00
						0.00
						0.00
						0.00
						0.00
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						0.00

Rs. In words- Fifteen Lakh thirty four thosand only	TOTAL	1300000.00
	ADD - CGST 9%	117000.00
Bank Account No.- 50200028489912	ADD - SGST 9%	117000.00
Bank Name: HDFC BANK	ADD - IGST %	0.00
IFSC code: HDFC0004202	TOTAL AMOUNT	1534000.00

Terms & Conditions : -

For SAIBA ENTERPRISES

SAIBA ENTERPRISES M.I.D.C. 414111 AHMEDNAGAR

Authorised Signatory

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI – 400 031.

Policy and Procedures/Rules and Regulation

1. Sports Equipment
2. Library
3. Hostel
4. Human Performance Laboratory
5. Computer laboratory

Sports Equipment Storeroom Policy and Procedure

Policies are related to purchasing sports equipment.

1. College formed purchased committee will take the final decision of the purchase of any sports-related equipment.

2. Before placing an order of new for any sports equipment's the review of present equipment in-store should be taken.

3. For any purchase above five thousand rupees, minimum of three quotations should be asked for the said equipment from reputed Sports Stores.

4. Always ask for quotations for credentials or branded sports equipment.

5. The purchase should be made only after clearance from the purchase committee of the college.

Policies regarding maintenance of sports store equipment.

1. College sports store equipment should maintain a record book of all equipment in the sports storeroom.

2. Wherever possible bar code should be applied to the equipment's storage facility.

3. Quarterly check of the equipment should be done, and worn-out material/equipment should be disposed of in presence of the principal of the college and store in charge.

4. Quarterly maintenance and repair should be carried out for equipment as well as a storage facility.

Policies regarding the issue of sports equipment to students.

1. A separate record book should be maintained for the issue of sports equipment for all classes separately.

2. Day-to-day issues and return of equipment by students during ground activity should be maintained in the day-to-day issue register. In case students do not return it on the same day, then it should be recorded in their names in their respective class issue record book.

3. Only college regular students will be allowed to issue sports equipment.

4. Equipment's to be issued related to current physical activities going on for the class at the ground, and for practice purposes only. Such issued equipment should be returned before the start of the ground activity.

5. Students will not be issued equipment for their personal use or training. In special cases, they need to take permission from the principal.

6. No issued equipment will be taken out of the college campus.

7. Issued equipment should be returned within seven days from the issue date. In case it is required for more days then the students should renew it again.

8. In case the issued equipment is damaged, the college committee will decide on a penalty for it and the same will be deducted from students' deposited amount with the college.

9. Students who do not oblige the policies related to issues of sports equipment will be blacklisted.

Policies of issuance during Physical Education Lesson in peer group.

1. Students should plan their lessons with minimum sports equipment.

2. Issue of equipment during the home lessons on peer groups should be maintained in the day-to-day register.

3. The number of equipments to be issued for lesson purposes will be decided by the storekeeper. Students should not demand or argue for a greater number of equipment.

4. Students can transfer the issued equipment amongst themselves during in-home ground lessons, but it will be in the record of the first person in whose name it was issued. It will be the first person's responsibility to return the issued equipment.

5. Equipment issued for home physical education lessons should be returned on the same day.

6. Students who do not oblige the policies related to issues of sports equipment will be blacklisted.

Policies of issuance during Physical Education Lesson in schools.

1. For school lessons, the lesson in charge will make leaders (2-3) for each lesson. Pre decides equipment will be issued to leaders only.

2. In case any student of the group wants some special equipment for a lesson then it will be issued to his name and only if it is available.

3. All issued equipment should be returned as soon as the school lessons are over.

4. All students should plan their lessons with minimum sports equipment.

5. Issue of equipment during school lessons should be maintained in a separate register.

6. The number of equipment's to be issued for lesson purposes will be decided by the storekeeper. Students should not demand or argue for a greater number of equipment.

7. In case of damage or loss of equipment during school lessons, the college committee will decide on a penalty for it and the same will be equally deducted from the deposited amount with the college for all students in the group.

8. Students can transfer the issued equipment amongst themselves during school ground lessons, but it will in the record of the leader of the group in whose name it was issued. It will be the leader's responsibility to return the issued equipment.

LIBRARY RULES

Library Rules

- While coming in library it is compulsory to have your college ID card

Library Timing: All Working days of the Institute

Monday to Saturday: -10.00 am to 5.30 pm

Membership

- All registered students of the institute are eligible to become members of Library.
- To become a member of Library, a student has to submit 3 copies stamp size photograph, his/her address proof, Photocopy of College Fee Challan to the Library Assistant, who will further guide him/her regarding membership procedure. Readers shall always notify any change of his/her permanent address to the Librarian in writing.
- Membership to the library is not transferable.
- Library membership cards or other identity cards are to be shown, if demanded, at thetime of entering into the library or whenever asked for in the library.
- While in the library, all persons shall observe all basic and elementary principles of library ethics, obey the rules and procedures of the library, and maintain to disciplineenforced by the Librarian.
- Dress code for students will be observed in the library even beyond class timings.
- Conversation, gossiping, sleeping, sitting on top of the table and speaking, use of mobile are not allowed in the library.
- The arrangement of chairs in the reading rooms should not be disturbed.
- Users are not allowed to distort or deface any book, magazine, newspaper. If a student requires any article, it may be photocopied / photo from mobile with permission of the Librarian.
- No reader shall bring any non-member into the library, nor shall lend, even temporarily,library books borrowed by him to others.
- Without obtaining special permission from the head of the institution, no other person is allowed to use the library.
- Upon any infringement of the Library rules, students may forfeit the privileges andmemberships.

- No reader who has been thus excluded from the privileges of the library shall be allowed to borrow books unless and until such person be reinstated bythe Library Committee.
- Every member of the library shall be responsible for the safe custody of any library bookborrowed by him for study in the Library Reading Room or for use at home.
- Library books shall never be left unattended on the table of the library. The borrower shall be held responsible for loss, mutilation or damage, if any, while the bookstands issued on his account.

Note: Use of the Library is strictly reserved for the readers possessing BPCACPE library borrower's Library card.

Circulation Rules

- One book against producing one Reader's ticket could be borrowed for a period of 15days from the date of issue.
- Only 1 book will be issued on 1 card. Each student will get maximum 3 books.
- Use your own Library Card.
- Exchange of cards is strictly prohibited.
- Students will not be allowed to take books home without Library Card
- CD/ periodicals /Thesis will be issued only in Reading Hall.
- Student can get one Additional book for study at home by depositing the additional deposit amount of Rs:-100/- (refundable, only after checking the condition and no of pages of the books)
- Xerox Copies will not make available for students.
- Fine of Rs.5/-per day will be charged if the books are not returned on duedate.
- In case borrowers fail to replace a lost or damaged book within a month from the duedate of its return, he/she shall pay to the library 5 times of the book.
- Master 2nd years student can issue only master degree thesis for period of 15 days. Failingto return the thesis after 15 days the student will be charged a fine of Rs.10/- per day.
- A borrower shall replace a book if it is lost while in custody.
- A person losing or damaging Library books repeatedly shall be debarred from using thelibrary.
- All readers are required to maintain the perfect silence and Discipline in the Library.

Reference material not to be lent-out.

Renewal of Books

- The same book may be re-issued 2 times, if it is not in demand. Loss of Identity cards should be immediately reported to the Librarian.
- A duplicate thereof, shall be issued after payment of Rs:-100/-

NO Dues

- The users of Library must return all the Library books and other documents borrowed bythem and cleared all Library dues before the Year end.

Reading Hall Rules

- Mobile Phone to be kept on silent mode in Library Premises
- The student must carry ID card along with them while sitting in the library reading hall.
- Eatables in the library is not allowed
- Please report to us immediately, if you find anyone damaging the library materials.
- Any infringement of library rules may lead to the withdrawal of membership privileges.

RULES AND REGULATIONS FOR HOSTEL RESIDENTS

1. HOSTEL MANAGEMENT

1 The following officers constitute the Hostel Management:

a) Hostel In-charge

b) Student Council In- charge Faculty

2 Hostel is managed by the Hostel In-charge appointed by the institution.

3 The students can approach the above in-charge for help, guidance and grievance redressal, if any & the same must be forwarded through proper channel for action to be initiated.

2. ACCOMMODATION

1 Hostel accommodation is available to students of BPED & MPED, only during a working semester. No student will have a right to occupy a room during vacation.

2 Hostel accommodation is available to students of BPED & MPED for a maximum length of stay for Two years i.e. duration of programme.

3. CONDITIONS OF ALLOTMENT

1 At the time of admission of a student into the hostel and at the beginning of every year, each resident is required to submit a duly completed Personal Data Form. **The telephone number of the parent with STD code, must be provided.** Local Guardian's address and phone number is mandatory. Email of the parent (if available) should also be provided. Any change of address / telephone number of the parent / local guardian, has to be intimated to the hostel In-charge in writing.

2 The Students residing in the hostel will generally provide minimum furniture and fittings such as one each of cot, table, chair & ceiling fan with regulator and, a tube light fittings.

3 Rooms once allotted to the students for an academic year will not be changed except on special situations.

4 The students are entitled for accommodation in the hostel as long as they are full time registered students. Accommodation will not be provided to any student whose registration is cancelled / completed the programme. Any student who is removed from the Rolls of Institute will automatically cease to be a member of the hostel.

4. CODE OF CONDUCT

1 All residents are required to maintain the rules laid down by the Institution. They are expected to behave courteously and fairly with everyone both inside and outside the campus.

2 All residents are required to carry their valid Identity Cards issued to them by the Institute.

3 The rooms, common areas and surroundings should be kept clean and hygienic. Notices, Posters, Study Material etc. shall not be pasted on walls and walls shall not be scribbled.

4 All the boys / girl students are expected to be in the hostel before 10:30 p.m. If any student wishes to be away from the hostel during the weekend, holidays or any other time, He/she has to take prior permission from the In-charge as well as Head of the institution.

5 The cleanliness & the proper arrangement inside the rooms allotted to each student is his/ her personal responsibility. He/she should see to the upkeep of his / her room, hostel and its environment. Students should bring to the notice to the In-charge regarding the routine maintenance works (Civil, Furniture and Electrical), if any, to be carried out in their rooms.

6 Students should co-operate in carrying out maintenance work and vacate their rooms completely when the Hostel Management requires the rooms for this purpose. On such occasions, the management will try to provide alternate accommodation. If any maintenance work is to be carried out when the room is under occupation.

7 The students should not screen pirated / unauthorized / unlicensed movies in their computers and common rooms. Any violation will be dealt severely. Punishment for the same will be decided by authorities.

8 The resident of a room is responsible for any damage to the property in the room during his / her occupancy of that room and will be required to make good the damage or pay the charges occurred for its repair. He/she is required to fill in the inventory of the furniture and other items available and hand over the furniture & other materials in good condition when he/she changes/vacates the room/hostel.

9 In case of damage to or loss of hostel property the cost will be recovered from the students responsible for such damage or loss

10 The resident shall not move any furniture from its proper allotted place and also not damage them in anyway. If there are any additional items other than the above belonging to the hostel in a room, the occupant of the room shall hand over them to the In-charge, failing which he/she will be charged a penal rent as decided by the In-charge.

11 The resident shall not remove any fittings from any other room and get them fitted in his/her room.

12 The residents are required to sign a Hostel Upkeep Undertaking form, a copy of a written form should be provided to In-charge. In case of any damage, the cost and a fine amount proportional to the damage shall be levied by the Hostel Management.

13 Ragging of students admitted to the Institute is totally banned. Any violation of this by the students will be dealt with very severely. For your understanding, ragging which is CRIMINAL & NON-BAILABLE offence is defined in legal parlance as, " display of noisy, disorderly conduct doing any act which causes or is likely to cause physical or psychological harm or raise apprehension or fear, shame or embarrassment to a student in any academic Institution and includes:- Teasing, abusing, of playing practical jokes on or causing hurt to such student; or Asking the student to do any act or perform something which such student will not in the ordinary course be willing to do".

The Head of the institution (Vice-Chancellor/ Director/ Principal, etc.) should take immediate action on receipt of the recommendation of the Disciplinary Committee. He can also take action suo motto if the circumstances so demand.

Freshers should be encouraged to report incidents of ragging. Those who do not do so even when being witnesses or victims, should also be punished suitably.

14 All the students residing in the hostel, are required to sign an Anti-Ragging Undertaking form.

15 Smoking/ Tobacco and consumption of alcoholic drinks and / or narcotic drugs in the hostel premises is strictly prohibited. Students shall not enter the hostel premises in intoxicated state and should not possess such materials. Severe action will be taken immediately if any resident is found to violate this, resulting in expulsion from hostels and rustication from the Institute. Hostel zone is a smoke-free zone in the Institute. Students should not smoke inside the hostel / College premises. Depending on the case, the management reserves the right to take direct disciplinary action, amounting to even expulsion at short notice from the hostel.

16 Employing unauthorized persons for personal work such as washing clothes, etc., is not permitted.

17 Any student who is found to be indulging in undesirable activities such as physical assault, Verbal abuse, damage to properly, etc., will be liable to the following punishments:

a) He / she will be expelled from the hostel.

b) A record of his / her misconduct will be made in the personal file.

c) The cost of damage will be fully recovered from him / her together with penalty.

d) He / she will also be fined commensurate with the offence committed.

18 Any student found hosting / harbouring an offender will be also liable to the punishments mentioned in rule no 17.

19 Residents should not participate in any anti-national, anti- social or undesirable activity in or outside the campus. The visit of a person of the opposite sex to the hostel is strictly restricted to common room and lounge.

5. GUESTS

1 A guest of a resident may be permitted, with the prior approval by the In-charge and the head of the institution, hostel for not more than a day. The guest can be permitted only if the permission is obtained prior to entertaining the guest in the room. For this purpose every person other than resident of the hostel will be considered as a guest for definition.

2 Entertaining unauthorized guests will lead to severe punishment including expulsion from the hostel.

3 No overnight guests are permitted in a student's room without permission of the In-charge. No person of the opposite sex either guest or otherwise shall be permitted to stay overnight in any part of the hostel.

6. VISITORS

1 All visitors to the hostel including the parents/guardians will have to make necessary entries in the visitor's book available at the hostel entrance with the In-charge.

2 The visit of men students to the women's hostel and vice- versa is restricted.

7. USE OF APPLIANCES

1 The use of electrical appliances such as immersion heaters, electric stove / heaters / electric iron are forbidden in any of the rooms allotted for residence. Private cooking in the hostels / student's room is strictly forbidden. Such appliances, if found will be confiscated and a fine will also be imposed.

2 The uses of audio systems which may cause inconvenience to other occupants are not allowed. The use of personal TV, VCR and VCD / DVD is prohibited. The students should not hire objectionable CDs from outside.

3 When the students go out of their room they should switch off all the electrical / electronic appliances, and keep it locked (at all times). Violation will attract suitable penalty and punishment as decided by authorities.

8. COLLECTIVE RESPONSIBILITIES

1 If the students who caused the damage could not be identified, general damage to the hostel property will be the collective responsibility of all the residents and they will be required to make good such damage.

2 Residents should not indulge in practices / activities, which may endanger their own personal safety as well as others.

3 Residents will be personally responsible for the safety of their belongings.

4 Residents are duty bound to report to the In-charge in case they notice any unwanted incident or undesirable activity going on in the hostel or on the campus.

5 Students should not arrange any functions or meeting within the hostel or outside or within the Institute campus.

6 Students should not arrange for any picnic outside without specific permission of In-charge.

7 Residents are required to be conscious of the environment in which they live by keeping it clean, healthy and presentable. Students should not throw litter indiscriminately and should keep campus plastic free.

8 The residents of the hostel are responsible for the safe keeping of their personal belongings. They are advised to keep under lock (preferably a branded one) all valuable items such as Laptop, Mobile Phone, etc. and lock the room even when they are out for a short period.

9 Any case of theft should be reported promptly to the In-charge.

10 Any incidence liable for punishment from police or legal actions outside the jurisdiction of BPCACPE is the responsibility of respective residents of the hostel.

11 The students when they go out should plan to return to the campus before 10:30 p.m.

12 BPCACPE will do its utmost to protect you as long as you are on the right side of the law. Do not overstep your limits. Help us to help you.

9. RIGHTS OF HOSTEL MANAGEMENT

1 Any breach of these rules will invite an enquiry that will be conducted by the Management. If the student is found guilty, then the Management will take disciplinary action that it deems fit. Depending on the case, the management reserves the right to take direct disciplinary action, amounting to even expulsion at short notice from the hostel.

2 The Management reserves its right to change these rules from time to time keeping the students informed through general circulars displayed on the hostel notice boards.

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION

WADALA, MUMBAI – 400 031.

Human Performance Lab

(BPCACPE)

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI – 400 031.

Human Performance Lab

1. Introduction 4
2. Aim and Objective of HPL 4
3. Who can use the resources and facilities in HPL 4
4. Procedure of using Equipments from HPL 4
5. Procedure of Equipment Issuing of HPL 4

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI – 400 031.

Human Performance Lab

1. Introduction:

BPCA's College of Physical Education has a well-equipped Human Performance Laboratory. This laboratory has most of the facilities and equipment to check the fitness and performance of sports person or the fitness of any person.

Human Performance Lab is equipped with various Fitness equipments, Anthropometry Equipments, Psychology related equipments and questionnaire and also equipments to check physiological parameters.

Human Performance Lab is used by all the students of the college i.e. BPEd, MPEd and Ph.D. Students and also from the students from other institutes with the permission from the Principal of the college.

2. Aim and Objective of HPL:

● To provide scientific knowledge to the students of BPCACPE related to the performance and Fitness assessment in sports.

● To develop scientific attitude related to the performance and Fitness assessment in sports among the students of BPCACPE.

● To facilitate to the research scholars to have various research in the field of fitness, sports and allied discipline.

● To give hand on experience related to the performance and Fitness assessment in sports and sports science to all the students of BPCACPE.

3. Who can use the resources and facilities in HPL:

● All the Bonafide students of BPCACPE for all the programmes can avail the facilities of HPL.

● Students from other institutes can also use the facilities of HPL by following all the rules and regulations and procedure laid by BPCACPE

● All the staff of BPCACPE can use the facilities of HPL

4. Procedure of using HPL Equipment and Issuing:-

For BPEd and MPEd Students of BPCACPE:

● Students have to write a permission letter for the equipments required for the purpose.

● In-charge of HPL get the sanction from the Principal and then hand over the equipment to the student.

● Student have to return the equipment within given time in proper condition. If the equipment is damaged, the amount/equipment of the same should be recovered from the respective student.

For PhD Students:

● Students have to give written application mentioning all the details of equipment and quantity along with the purpose and have to submit to coordinator of HPL

● In-charge of HPL get the sanction from the Principal and then hand over the equipment to the student.

● Student have to return the equipment within given time in proper condition. If the equipment is damaged, the amount/equipment of the same should be recovered from the respective student.

● Student have to deposit security amount if the equipment is expensive and he has to take it outside the college premises. Security amount will be returned after checking of the equipment which is given outside the premises.

Instructions for Computer Usage

- Enter the computer lab without footwear.
- Read/See Do's and Don'ts before using the computer lab.
- See that the switches of all the computers are off before starting main buttons.
- Switch on the lights and fan when required and off before leaving the lab.
- 'On' modem and router switches.
- Switch on the servers.
- Start computers and perform educational work.
- Log off the computers and power off switches before leaving the lab.

- The servers are to be properly shut down after 4:00 pm.

Strict actions will be taken against students who fail to obey rules and regulations laid down by the college authorities regarding usage of the computer lab.

The lab has to be used in lab timings and students are supposed to take prior permissions to use the Computer Lab.

Lab Timings: 8:30 am to 4:00 pm

Note: Students are allowed to use the computer lab for educational purpose beyond lab timings but need to take prior permission from the Head of the Institution.

B. P. C. A's
COLLEGE OF PHYSICAL EDUCATION
Wadala, Mumbai – 400 031.

KHO-KHO INTRAMURAL 2017-2018

RULES of the Competition (Kho - Kho)

a. The matches will be played on the basis of CONSOLATION for men and women.

b. In case of any match ended with No score or Equal score, the rule of Tie breaker will be applied.

c. Every match is of is Four quarters, every member of a house will play at least **two complete quarters** in every match.

d. Duration of each match of Men & women is 31 Min. (5-2-5 - 7 - 5-2-5)

e. In case of equal score in tie breaker, rule of sudden death will be applicable.

f. Substitute players of each team should participate in one half of each match.

INTRAMURAL INCHARGE
INCHARGE
Dr. K. K. Asai

ACTIVITY

Dr. K. K. Asai

Fixture

M. No.	House	Time
1	Pratap Vs Vijay	*08.00 A. M.*
2	Anand Vs Sangram	*09.00 A. M.*
3	Pragati Vs Shakti	*10.00 A. M.*
	B R E A K	
4	Looser Vs Looser (Men Sec.)	*11.30 A. M.*
5	Winner Vs Winner (Men Sec.)	*12.30 A. M.*

INTRAMURALS 2017-18

CLOSING CEREMONY PROGRAMME - Sem. II

Date 11.04.2018

Time	Particulars
1:15 p.m.	Assembly of the participant teams
1:20 p.m.	Declaration of the result
1:30 p.m.	Vote of thanks by the Secretary of Intramural committee
1:35 p.m.	Declaration of closing the intramural competitions by Intramural Director
1:45 p.m.	Lowering of flag
1:50 p.m.	National Anthem

Asst. Director of Intramural
(Dr. K. K. Asai)

Intramural Director
(Dr. G. V. Pargaonkar)

IV) **Jury of Appeal** :- The following members will constitute the Jury of Appeal.

1. Director of Intramural - Dr. G. V. Pargaonkar
2. Asst. Director of Intramural - Dr. K. K. Asai
3. Activity Incharge of Intramural (As per game)

V) **Rules of Intramural Tournaments:-**

1) All members of the house will have to participate in a way decided by the committee.
2) Participation of all members of the house is compulsory.
3) Exemption from participation will be given only if a student is ill or cannot participate due to injury. In such case, he must obtain prior permission of Intramural Director/Joint Director or concerned Staff incharge of the game.
4) Intramural Tournaments of the various games will be held as per the following.programme.

SR. NO.	GAME **Sem. IV**	DATE	METHOD		ORGANISING HOUSE	ACTIVITY INCHARGE
			For Mens	For Womens		
1	**Handball**	**23.03.2018**	Consolation	Knockout	**Sangram**	Dr. R.C. Kawade
2	**Hockey**	**27.03.2018**	Consolation	Knockout	**Anand**	Dr. G. K. Dhokrat
3	**Volleyball**	**29.03.2018**	Consolation	Knockout	**Pratap**	Dr. R. R. Dhakne

SR. NO.	GAME **Sem. II**	DATE	METHOD		ORGANISING HOUSE	ACTIVITY INCHARGE
			For Mens	For Womens		
1	Volleyball	29.03.2018	Knockout	Knockout	**Anand**	Dr. R. R. Dhakne
2	Kabaddi	23.04.2018	Knockout	Knockout	Pratap	Dr. N. O. Joshi
3	Kho-Kho	25.04.2018	Knockout	Knockout	Vijay	Dr. K.K. Asai

N.B. **Opening and Closing ceremony will be organized by Pragati and Shakti**

5) Standard rules of the game will be followed while officiating.

B.P.C. A's College of Physical Education, Wadala, Mumbai - 31

B.P.Ed. 2021-22 - Semester III

w.e.f. 01/03/2022

Time	Monday	Tuesday 01.03.2022	Wednesday 02.03.2022	Thursday 03.03.2022	Friday 04.03.2022	Saturday 05.03.2022
11.30 am. to 12.20 p.m.	XXXXXXXXXX	Holiday Mahashivratri	Dr. Dhakne C - XI	Dr. Maru C - XI	Dr. Dhakne C - XI	Dr. Maru C - XI
12.25 p.m. to 1.15 p.m.			Dr. Maru C - XI	Dr. Dhakne C - XI	Dr. Maru C - XI	Dr. Dhakne C - XI
1.20 p.m. to 2.10 p.m.			Dr. Dhokrat C XII	Dr. Dhokrat C XII	Dr. Dhokrat C XII	Zero Problem Period
Time	**Monday 07.03.2022**	**Tuesday 08.03.2022**	**Wednesday 09.03.2022**	**Thursday 10.03.2022**	**Friday 11.03.2022**	**Saturday 12.03.2022**
11.30 am. to 12.20 p.m.	Programme of FIRA (Federation of Indian Rationalist Asso.) (अंधश्रद्धा निर्मूलन)	Dr. Dhakne C - XI	Dr. Maru C - XI	Dr. Dhakne C - XI	Dr. Maru C - XI	Dr. Dhakne C - XI
12.25 p.m. to 1.15 p.m.		Dr. Maru C - XI	Dr. Dhakne C - XI	Dr. Maru C - XI	Dr. Dhakne C - XI	Dr. Maru C - XI
1.20 p.m. to 2.10 p.m.		Dr. Dhokrat C XII	Dr. Dhokrat C XII	Dr. Dhokrat C XII	Dr. Dhokrat C XII	Dr. Dhokrat C XII
Time	**Monday 14.03.2022**	**Tuesday 15.03.2022**	**Wednesday 16.03.2022**	**Thursday 17.03.2022**	**Friday 18.03.2022**	**Saturday 19.03.2022**
11.30 am. to 12.20 p.m.	Dr. Kawade C-X & XII	Dr. Joshi U- II & V	Dr. Kawade C-X & XII	Dr. Kawade C-X & XII	Holiday Dhulivandan	Dr. Joshi U- II & V
12.25 p.m. to 1.15 p.m.	Dr. Joshi U- II & V	Dr. Kawade C-X & XII	Dr. Joshi U- II & V	Dr. Joshi U- II & V		Dr. Dhakne C - XI
1.20 p.m. to 2.10 p.m.	Dr. Dhakne C - XI	Dr. Dhakne C - XI	Dr. Dhakne C - XI	Dr. Kawade C-X & XII		Zero Problem Period

Theory Incharge
Dr. Asai

28/2/22
I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031

B.P.ED
SEMESTER-II

First

B. P. C. A'S
COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31.
B.P.Ed. Programme (Second Year) (2017 -2018)
REVISED PRACTICAL TIME TABLE

w.e.f. 6th April 2018

Date	Time	Activity	Faculty
06.04.2018	07:30 am. To 10:00 am.	Kabaddi Kho-Kho	Dr. Joshi Dr. Asai
	11.00am. to 1:30pm.	Motor Fitness HRPF Band Training	Dr. Joshi Dr. Kawade Dr. Shelke
07.04.2018	07:30 am. onwards	Kho-Kho & Preparation of Kabaddi Intramural	Dr. Joshi Dr. Asai
	11.00 am. to 1:30 pm.	Motor Fitness HRPF Band Training	Dr. Joshi Dr. Kawade Dr. Shelke
09.04.2018	07:30 am. onwards	**Kabaddi Intramural** **Kabaddi Examination (Play)**	All Faculty Dr. Joshi & Dr. Dhokrat
10.04.2018	07:30 am. To 10:00 am.	Preparation of Kho-Kho Intramural & Skill test of Kabaddi	Dr. Asai Dr. Joshi & Dr. Dhokrat
	11.00 am. to 1:30 pm.	Motor Fitness HRPF Band Training	Dr. Joshi Dr. Kawade Dr. Shelke
11.04.2018	**07:30 am. Onwards**	**Kho-Kho Intramural** **Kho-Kho Examination (Play)**	All Faculty Dr. Asai & Smt. Chougule
12.04.2018	07:30 am. To 10:00 am.	Motor Fitness HRPF Skill Test of Kho-Kho	Dr. Joshi Dr. Kawade Dr. Asai & Smt. Chougule
13.04.2018	07:30 am. To 10:00 am.	Motor Fitness HRPF Band Training	Dr. Joshi Dr. Kawade Dr. Shelke
	11.00 am. to 1:30 pm.	Practical Examination of Motor Fitness, HRPF Band Training	Dr. Joshi & Dr. Dhokrat Dr. Kawade & Dr. Hotkar Dr. Shelke & Smt. Chougule
14.04.2018	**HOLIDAY BHARATRATN DR. BABASAHEB AMBEDKAR JAYANTI**		
16.04.2018 To 19.04.2018	10.30 am. to 2:30 pm.	Theory	As per Theory Time Table
20.04.2018 To 23.04.2018	07:30 am. 10:30 am.	Demo Practice	Dr. Dhakne, Dr. Asai, Dr. Joshi
	11:20 am. To 02:40 am.	Theory	As per Theory Time Table
24.04.2018	07:30 am. onwards	Demo Practice	All Faculty
	4:30 pm. Onwards	**Rehearsal of Demo**	**All Faculty**
25.04.2018	**04:30 onwards**	**Annual Prize Distribution Function**	**All Faculty**
26.04.2018 To 30.04.2018	**B R E A K**		

Assembly - Dr. Joshi, Warming up – By Rotation

Dr. J. M. Hotkar
Practical Co-ordinator

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B.P.C.A.'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31
B.P.ED. PROGRAMME (2018-19)
SEMESTER IV

PRACTICAL TIME TABLE w. e. f. 1.4.2019

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01.04.19	02.04.19	03.04.19	04.04.19	05.04.19	06.04.19
12.00.p.m. to 2.30 p.m.	Hockey Intramural Practice & Preparation **GKD, RNS,RCK, KJM**	**Hockey Intramural (7.30am onwards) GKD, JMH, RRD, RCK**	Handball Intramural Practice & Preparation **NOJ, RCK, KJM, GKD, JMH**	**Handball Intramural (7.30am onwards) RCK, RRD, JMH, GKD**	Volleyball Intramural Practice & Preparation **NOJ, RCK, KJM, SNC**	**Holiday (Gudhipadva)**
	08.04.19	09.04.19	10.04.19	11.04.19	12.04.19	13.04.19
12.00.p.m. to 2.30 p.m.	**Volleyball Intramural (7.30am onwards) ALL FACULTY**	**Break**	**Demo Practice RRD, JMH, GKD, KJM**	**Demo Practice RRD, JMH, GKD, KJM**	**Demo Practice RRD, JMH, GKD, KJM**	**Demo Practice RRD, JMH, GKD, KJM**
	15.04.19	16.04.19	17.04.19	18.04.19	19.04.19	20.04.19
12.00.p.m. to 2.30 p.m.	**Demo Practice ALL FACULTY**	**Annual Prize Distribution Function**	**Break**	**Break**	**Break**	**Break**
	22.04.19	23.04.19	24.04.19	25.04.19	26.04.19	27.04.19
12.00.p.m. to 2.30 p.m.	Skill Practice of Hockey Handball, Softball **GKD, JMH, RNS, AKK, KJM**	Practical Examination of Skills of Hockey Handball, Softball **GKD, JMH, RNS, AKK, KJM, RCK**	Practical Examination of Circuit & Weight Training **GKD, JMH, RNS, AKK, KJM,**	**Theory (As per theory time table)**	**Theory (As per theory time table)**	**Theory (As per theory time table)**
	29.04.19	30.04.19	01.05.19	02.05.19	03.05.19	04.05.19
12.00.p.m. to 2.30 p.m.	**HOLIDAY (ELECTION)**	**Theory (As per theory time table)**	**HOLIDAY MAHARASHTRA DAY**	**SEMESTER END THEORY EXAMINATION 9.00 AM to 11.30 AM**		

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B.P.C.A.'s College of Physical Education, Wadala, Mumbai-400 031.
B.P.Ed. Programme (Second Year) (2019-20)

REVISED

PRACTICAL TIME TABLE

Semester- IV

w.e.f. 02.03.2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Warming Up	02.03.2020	03.03.2020	04.03.2020	05.03.2020	06.03.2020	07.03.2020
					Dr.Hotkar	
12.00.p.m. to 2.30 p.m.	Athletic Training	Athletics Exam	Workshop Athletic Meet	Annual Athletics Meet (Sem.I)	Hockey Wrestling High Jump	Annual Athletics Meet(Sem IV)
	09.03.2020	10.03.2020	11.03.2020	12.03.2020	13.03.2020	14.03.2020
Warming Up	Dr.Dhokrat	Dr.Maru	Dr.Shelke	Dr.Kawade	Dr.Hotkar	Dr.Shelke
	Hockey Wrestling Handball	Holiday (Dhulivandan)	Hockey Wrestling Handball	Wt. Training Circuit Training Handball	Wt. Training Circuit Training Handball	Wt. Training Circuit Training Handball
Warming Up	16.03.2020	17.03.2020	18.03.2020	19.03.2020	20.03.2020	21.03.2020
	Dr.Maru	Dr.Dhokrat	Dr.Kawade	Dr.Shelke	Dr.Maru	Dr.Hotkar
	Wt. Training Circuit Training Handball	Wt. Training Circuit Training Handball	Wt. Training Circuit Training Handball	Wt. Training Circuit Training Handball	Wt. Training Circuit Training Handball	Practical Exam Preparation
	23.03.2020	24.03.2020	25.03.2020	26.03.2020	27.03.2020	28.03.2020
Warming Up	Dr.Kawade	Dr.Shelke		Dr.Dhokrat		
	Practical Exam	Practical Exam	Holiday (Gudhipadva)	Intramural Preparation	Intramural (Handball)	Practice of Intramural
	30.03.2020	31.03.2020				
	Intramural Preparation	Intramural (Hockey				

NOTE: There will be Official classes and examination of Handball on 21st & 22nd March, 2020

Assembly: Dr. Shelke, Hockey /Wt. Training: Dr. Hotkar, Wrestling: Dr. Shelke, Handball: Dr. Kawade, Circuit: Dr. Dhokrat

Dr.R.R. Dhakne
Practical Incharge

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B.P.C.A.'s College of Physical Education, Wadala, Mumbai-400 031.
B.P.Ed. Programme (First Year) (2019-20)

REVISED THEORY TIME TABLE

Semester- II

w.e.f. 12.03.2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				12.03.2020	13.03.2020	14.03.2020
11.45.a.m. to 12.30 p.m.				Dr.Asai	Dr.Shelke	Dr.Dhakne
12.35 p.m. to 1.20 p.m.				Dr.Dhakne	Dr.Dhakne	Dr.Chougule
1.25 p.m. to 2.10 p.m.				Dr.Chougule	Dr.Asai	Dr.Asai
	16.03.2020	17.03.2020	18.03.2020	19.03.2020	20.03.2020	21.03.2020
11.45.a.m. to 12.30 p.m.	School	SCHOOL	Dr.Joshi	Dr.Joshi	Dr.Shelke	Dr.Joshi
12.35 p.m. to 1.20 p.m.	Lesson	LESSON	Dr.Chougule	Dr.Joshi	Dr.Dhakne	Dr.Chougule
1.25 p.m. to 2.10 p.m.			Dr.Asai	Dr.Chougule	Dr.Chougule	Dr.Asai
	23.03.2020	24.03.2020	25.03.2020	26.03.2020	27.03.2020	28.03.2020
11.45.a.m. to 12.30 p.m.	Dr.Joshi	SCHOOL	Holiday	Dr.Dhakne	Dr.Joshi	Dr.Joshi
12.35 p.m. to 1.20 p.m.	Dr.Chougule	LESSON	(Gudhipadva)	Dr.Joshi	Dr.Asai	Dr.Chougule
1.25 p.m. to 2.10 p.m.	Dr.Asai			Dr.Chougule	Dr.Dhakne	Dr.Asai
	30.03.2020	31.03.2020				
11.45.a.m. to 12.30 p.m.	Intramural	Dr.Joshi				
12.35 p.m. to 1.20 p.m.	Competition	Dr.Asai				
1.25 p.m. to 2.10 p.m.		Dr.Dhakne				

Shift Time:- 8.20 a.m. to 2.20 p.m.

Dr.G. K. Dhokrat
Theory Incharge

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'s College of Physical Education, Wadala, Mumbai-400 031.
B.P.Ed. Programme (Second Year) (2019-20)

REVISED THEORY TIME TABLE
Semester- IV

w.e.f. 12.03.2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	09.03.2020	10.03.2020	11.03.2020	12.03.2020		14.03.2020
8.00.a.m. to 8.55 a.m.				Dr.Joshi	Dr.Dhakne	Dr.Asai
9.00.a.m. to 9.45 a.m.				Dr.Hotkar	Dr.Chougule	Dr.Dhokrat
9.50 a.m. to 10.35 a.m.				Dr.Kawade	Dr.Dhokrat	Dr.Kawade
10.40 a.m. to 11.25 a.m.				Dr.Shelke	Dr.Hotkar	Dr.Shelke
	16.03.2020	17.03.2020	18.03.2020	19.03.2020	20.03.2020	21.03.2020
8.00.a.m. to 8.55 a.m.	Dr.Dhakne	Dr.Joshi	Dr.Asai	Dr.Dhakne	Dr.Joshi	Dr.Asai
9.00.a.m. to 9.45 a.m.	Dr.Dhokrat	Dr.Joshi	Dr.Dhokrat	Dr.Hotkar	Dr.Kawade	Dr.Maru
9.50 a.m. to 10.35 a.m.	Dr.Chougule	Dr.Dhakne	Dr.Chougule	Dr.Chougule	Dr.Maru	Dr.Chougule
10.40 a.m. to 11.25 a.m.	Dr.Kawade	Dr.Dhakne	Dr.Dhakne	Dr.Maru	Dr.Hotkar	Dr.Hotkar
	23.03.2020	24.03.2020	25.03.2020	26.03.2020	27.03.2020	28.03.2020
8.00.a.m. to 8.55 a.m.	Dr.Joshi	Dr.Joshi	-	Dr.Dhakne	-	Dr.Asai
9.00.a.m. to 9.45 a.m.	Dr.Kawade	Dr.Joshi	Holiday (Gudhipadva)	Dr.Kawade	Intramural (Handball) Dr.Joshi (1.00 p.m. to 2.50 p.m.)	Dr.Hotkar
9.50 a.m. to 10.35 a.m.	Dr.Chougule	Dr.Maru		Dr.Chougule		Dr.Chougule
10.40 a.m. to 11.25 a.m.	Dr.Maru	Dr.Maru		Dr.Dhokrat		Dr.Dhokrat
	30.03.2020	31.03.2020				
8.00.a.m. to 8.55 a.m.	Dr.Dhakne	Dr.Asai				
9.00.a.m. to 9.45 a.m.	Dr.Kawade	Dr.Dhokrat				
9.50 a.m. to 10.35 a.m.	Dr.Chougule	Dr.Hotkar				
10.40 a.m. to 11.25 a.m.	Dr.Maru	Dr.Kawade				

Shift Time:- 8.50 a.m. to 2.50 p.m.

Dr.G. K. Dhokrat
Theory Incharge

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A.'s College of Physical Education, Wadala, Mumbai-400 031.

REVISED

B.P.Ed. Programme (Second Year) (2019-20)

PRACTICAL TIME TABLE

Semester- IV

w. e. f. 12.03.2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12.00 p. m to 2.30 p. m				12.03.2020	13.03.2020	14.03.2020
Warming Up				Dr.Kawade	Dr.Hotkar	Dr.Shelke
				Wt. Training	Wt. Training	Wt. Training
				Circuit Training	Circuit Training	Circuit Training
				Handball	Handball	Handball
Warming Up	16.03.2020	17.03.2020	18.03.2020	19.03.2020	20.03.2020	21.03.2020
	Dr.Hotkar	Dr.Dhokrat	Dr.Kawade	Dr.Shelke	Dr.Maru	Dr.Hotkar
	Wt. Training	Wt. Training	Wt. Training	Wt. Training	Wt. Training	Wt. Training
	Circuit Training	Circuit Training	Circuit Training	Circuit Training	Circuit Training	Circuit Training
	Handball	Handball	Handball	Handball	Handball	Handball
	23.03.2020	24.03.2020	25.03.2020	26.03.2020	27.03.2020	28.03.2020
Warming Up	Dr.Kawade	Dr.Shelke		Dr.Dhokrat		
	Wt. Training	Wt. Training	Holiday (Gudhipadva)	Intramural Preparation (Handball)	Intramural (Handball)	Preparation Practical Examination
	Circuit Training	Circuit Training				
	Handball	Handball				
	30.03.2020	31.03.2020				
12.00.p.m. to 2.30 p.m.	Practical Exam	Practical Exam				

NOTE: There will be Official classes and examination of Handball on 21st & 22nd March, 2020

Assembly: Dr. Shelke, Hockey /Wt. Training: Dr. Hotkar , Wrestling: Dr. Shelke, Handball: Dr. Kawade, Circuit: Dr. Dhokrat
Shift Time:- 8.50 a.m. to 2.50 p.m.

Dr. R. R. Dhakne
Practical Incharge

PRINCIPAL
B. P. C. A. 'S
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Wadala, Mumbai - 400 031.

B.P.C.A.'s College of Physical Education, Wadala, Mumbai-400 031.
B.P.Ed. Programme Second Year) (2019-20)

PRACTICAL TIME TABLE Semester- IV

w.e.f. 02.03.2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Warming Up 12.00.p.m. to 2.30 p.m.	02.03.2020	03.03.2020	04.03.2020	05.03.2020	06.03.2020	07.03.2020
					Dr.Hotkar	
	Athletic Training	Athletics Exam	Workshop Athletic Meet	Annual Athletics Meet (Sem.I)	Hockey Wrestling High Jump	Annual Athletics Meet(Sem IV)
	09.03.2020	10.03.2020	11.03.2020	12.03.2020	13.03.2020	14.03.2020
	Dr.Dhokrat	Dr.Maru	Dr.Shelke	Dr.Kawade	Dr.Hotkar	Dr.Shelke
	Hockey Wrestling High Jump	Holiday (Dhulivandan)	Hockey Wrestling High Jump	Wt. Training Circuit Training Hockey	Wt. Training Circuit Training Hockey	Wt. Training Circuit Training Hockey
	16.03.2020	17.03.2020	18.03.2020	19.03.2020	20.03.2020	21.03.2020
	Dr.Maru	Dr.Dhokrat	Dr.Kawade	Dr.Shelke	Dr.Maru	Dr.Hotkar
	Hockey Wt. Training Circuit Training	Hockey Wt. Training Circuit Training	Hockey Wt. Training Circuit Training	Hockey Wt. Training Circuit Training	Hockey Wt. Training Circuit Training	Practical Exam Preparation
	23.03.2020	24.03.2020	25.03.2020	26.03.2020	27.03.2020	28.03.2020
	Dr.Kawade	Dr.Shelke		Dr.Dhokrat		
	Practical Exam	Practical Exam	Holiday (Gudhipadva)	Intramural Preparation	Intramural (Handball)	Practice of Intramural
	30.03.2020	31.03.2020				
	Dr.Maru					
	Intramural Preparation	Intramural (Hockey)				

Assembly - Dr. Shelke, Hockey - Dr. Hotkar, Wrestling - Dr. Dhokrat
HighJump - Dr. Shelke, Dr. Kawade

Dr.R.R. Dhakne
Practical Incharge

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Placement Cell

Career Guidance and Campus Interview

CAMPUS INTERVIEW
COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI - 400 031.

Marcos Quay
B.P.C.A
WADALA

B.P.C.A's College of Physical Education
Wadala, Mumbai - 31
CAMPUS INTERVIEW
Date: 14th May, 2018
D. S High School
B.P.C.A
WADALA

B.P.C.A's College of Physical
Education, Wadala,
Mumbai - 31
CAMPUS INTERVIEW
Date:- 14th May, 2018
IISA

CAMPUS
INTERVIEW
T.I.S.A

B.P.C.A'S College of Physical
Education, Wadala
Organises
CAMPUS INTERVIEW
Date: 5th May 2017
Conducted by
Run India Run
Fitness for life

Appendix 67 C

ONLINE TEACHING AND INTERNAL ASSESSMENT TECHNIQUE

2020-2021

Name of Course & Semester	SYBPEd. Semester- III Paper 110: Psychology of Physical Education
	SYBPEd. Semester- III Paper 111: Fitness, Wellness and Nutrition
	SYBPEd. Semester- III Paper 112 : Methodology of teaching PE
Faculties	Dr. N.O. Joshi, Dr. K. J. Maru, Dr. G. K. Dhokrat

INTERNAL EVALUATION INCLUDES

Date	Examination	Methodology /Mode
SYBPEd. . Semester- III Paper 110: Psychology of Physical Education		
	Experiment – Transfer of learning	ZOOM
	Online Mock Test – Mcq Type	ZOOM
SYBPEd. Semester- III Paper 111: Fitness, Wellness and Nutrition		
	Assignment on Fitness Testing	ZOOM
	Online Mock Test – Mcq Type	ZOOM
	Submission Of The Assignment and oral examination	ZOOM
SYBPEd. Semester- III Paper 112 : Methodology of teaching PE		
	Computes assessed lesson note	ZOOM
	Micro lesson	ZOOM

https://forms.gle/XnfnMTPXUKyzAmAK9

https://classroom.google.com/c/MzMzODM1NTkzOTMy

https://docs.google.com/forms/d/15suUHBFXdKvnFk6zodxc4wnOoz-6A6bKwzqNZu7FHwo/edit

https://docs.google.com/forms/d/1KcBwkFFUNTRjb99Dg8Bq3QvLTkCxOQTk2_fZOhDMxEg

https://us04web.zoom.us/j/9755195202?pwd=eURDc2drY2pER3U0UkxtMkhtTlVMZz09

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 67 D

Invitation

BPCA' COLLEGE OF PHYSICAL EDUCATION WADALA, MUMBAI

B.P.Ed 1st Year 2019-20

3rd Intramural - VOLLEYBALL

Organized By Pratap House

VANUE: BPCA PLAY GROUND

DATE: 29th Feb 2019

Activity In-charge	Asst. Director of Intramural	Director of Intramural
(Dr. R. R. Dhakne)	(Dr. K. K. Asai)	(Dr. G.V. Pargaonkar)

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College of Physical Education
Wadala, Mumbai - 400 031.

INVITATION

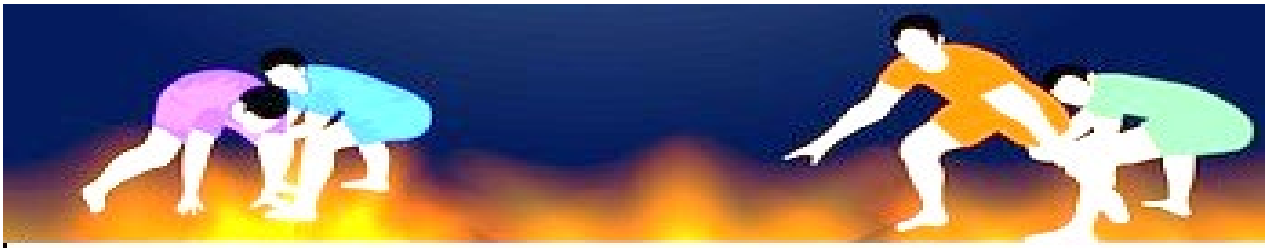
BPCA' COLLEGE OF PHYSICAL EDUCATION WADALA, MUMBAI

B.P.ED 1ST YEAR 2019-20

2ND Intramural - KABADDI

Organized By Shakti House

24/03/2018



Activity In-charge	Asst. Director of Intramural	Director of Intramural
(Dr. N.O.Joshi)	(Dr. K. K. Asai)	(Dr. G.V. Pargaonkar)

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Dr. D. N. Sansanwal conducting Workshop on Research Methodology and Statistics

Dr. D. N. Sansanwal Explaining
How to Prepare Research Paper for Seminar and Publication

International Conference in Physical Education and Sports Sciences January 9th-11th 2020

Manipal University, Rajasthan

National Seminar cum Workshop on Advances in Applied Sports Psychology, 18th-19th March 2017

D.A.V College, Chandigarh

First Price in Paper Presentation

Third Price in Paper Presentation

Bombay Physical Culture Association's
COLLEGE OF PHYSICAL EDUCATION
(Affiliated to the University of Mumbai, Recognised by the Govt. Of Maharashtra, N.C.T.E. & Accredited by NAAC)
Estd. 1978
'A' Grade (CGPA-3.29) : NAAC
Best College Award : Uni of Mumbai

Appendix 68 A

Ref. No. :

Date :

Grievance Redressal Cell

The College has its Grievance Redressal Cell.

Objectives -

- To resolve the complaints and grievances of the students
- To keep educational environment more healthy, fair and safe by all means.
- To make students aware of their rights and responsibilities

Grievance Redressal Cell -

Dr. G. V. Pargaonkar (Principal)	Chairman
Dr. R.R. Dhakne (Sr. Teacher)	Member
Student Representative	Member
Dr. Mrs. N. O. Joshi (Female Teacher)	Member Co-ordinator

Execution -

- Complaint box is placed at a designated place in the library. Students drop their complaints in it. Students are informed about availability of the complaint box regarding any grievances.
- A locked complaint box is opened on the 1st day (working) of each month in front of the committee.
- The meeting of Committee conducted immediately. In case of any complaint found in the box the committee deliberate and do theneedful.
- All the decisions are recorded in Meeting Register.
- In case of no complaint nil report is recorded.

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College of Physical Education
Wadala, Mumbai - 400 031.

Bharatiya Krida Mandir, Naigaon Cross Road, Wadala, Mumbai - 400 031. Maharashtra. Tel.: 022 2416 8609 Fax : 022 2417 2457
Email : bpcacpemumbai@gmail.com • Website : www.bpcacpemumbai.org

दि : 02/03/2019

प्रति :

प्रधानाचार्य

शासकीय शिक्षा महाविद्यालय

वसई, मुंबई.

विषय: ग्रंथालय से किताब मिलने हेतु से

महोदय, हम बी.पी.एड 2020-2022 के छात्र अपने महाविद्यालय मे पढ़ते है। महाविद्यालय के ग्रंथालय मे बहुत सारी किताबें और आसनव्यवस्था बहुत अच्छी है। सभी बी.पी.एड की किताबें पढाई के लिए हमेशा उपलब्ध होती है। परन्तु परीक्षा के समय हमे दो हफ्तों के लिए घर लेके जाकें पढने की व्यवस्था हो ताकि ज्यादा पढाई करके हम अच्छे गुणों से पास हो जाए।

हम आपसे यही विनंती करते है की हमे यह सुविधा जल्द से जल्द प्राप्त हो जाए।

आपका आज्ञाकारी

(सत्य राजपूत)

Received

Date: 1.12.2021

To

The Principal,

BPCACPE, Mumbai.

Subject: Insufficient break between theory and practical.

Respected Sir,

We, the students of BPED 2020-22 Batch bring your kind attention regarding subject mentioned above that there is only 30 minutes break between practical and theory sessions. Sir, it is very difficult for all of us to take bath, have tiffin and get ready for theory sessions in this short break. Especially the girls are finding it very difficult because there are no sufficient facilities of washroom for girls.

Sir, please look into the matter at the earliest and do the needful in the matter.

In anticipation,
Yours faithfully,

1. Aaliya Khan . . .
2. Prajakta Almeida . . .
3. Ashwini Malkar . . .
4. Yogiraj Bhadbhade . .
5. Aniket Khadpe . . .

Received

BPCA's COLLEGE OF PHYSICAL EDUCATION
Wadala, Mumbai-31.

B. P. Ed. Program
Scholarship Record of College during Last Five Years is as under

YEAR 2016-17

NAME LIST OF THE STUDENTS THOSE RECEIVED GOVERNMENT SCHOLARSHIP

Category	No. of Students Received Scholarship
OBC	**14**
SC	**12**
NT	**07**
ST	**07**
SBC	**03**
TOTAL	**43**

NAME LIST OF THE STUDENTS THOSE RECEIVED MARATHA BHAGINI SAMAJ SCHOLARSHIP FOR ECONOMICAL POOR STUDENTS

1. **Priyanka Chintaman Meher**
2. **Manisha Kailas Suryavanshi**
3. **Puja Raghunath Kadu**

NAME OF THE STUDENTS THOSE RECEIVED SCHOLARSHIP OF ANGC EDUCATIONAL AND WELFARE FUND.

1	/Balkhande Dipali Yashavant	11	/Patil Sheetal Milind
2	/Devkar Ashwini Anil	12	/Pawar Rohini Ramesh
3	/Gaikwad Pragati Prashant	13	/Suryavanshi Manisha Kailas
4	/Kalamkar Dipali Prakash	14	/Thange Laxmi Mahadev
5	/Karbhal Sujata Nagu	15	Adurkar Swapnil Laxman
6	/Khotare Sharmila Ravaji	16	Bhusara Avinash Soma
7	/Kudu Pooja Raghunath	17	Fadwale Vishnu Vanasha
8	/Mali Dhanshri Sunil	18	Ganganmalle Anil Mhalappa
9	/Meher Priyanka Chintaman	19	Jadhav Rajesh Balu
10	/Padvi Divya Suresh	20	Lende Bawar Pandurang

YEAR 2017-18

NAME LIST OF THE STUDENTS THOSE RECEIVED GOVERNMENT SCHOLARSHIP

Category	No. of Students Received Scholarship
OBC	**12**
SC	**01**
NT	**01**
ST	**O6**
SBC	**02**
TOTAL	**22**

NAME LIST OF THE STUDENTS THOSE RECEIVED MARATHA BHAGINI SAMAJ SCHOLARSHIP FOR ECONOMICAL POOR STUDENTS

1. **Priyanka Chintaman Meher**
2. **Manisha Kailas Suryavanshi**
3. **Hemangi Kapure**
4. **Dipali Balkhande**
5. **Samiksha Kore**

NAME OF THE STUDENTS THOSE RECEIVED SCHOLARSHIP OF ANGC EDUCATIONAL AND WELFARE FUND.

1	/Pal Sarita Rameshchand Dhanpati	8	Roy Suhotro Samir Tapati
2	/Navarat Neha Gajanan Rohini	9	Yadav Shiwasare Kailash Nath Pramila
3	/Gaykar Ashwini Anant Anita	10	Sule Navnath Sunil Sindhu
4	/Kapure Hemangi Surendra Lata	11	Kadam Akshay Anil Sharda
5	/Kore Samiksha Ramakant Reshma	12	Gupta Jitendra Ramashray Lilavati
6	/Patil Krutika Anil Ankita	13	Shinde Rameshwar Someshwar Sunita
7	Ram Arjun Rudal Sanjadhe Devi	14	Golambade Swapnil Devaji Sunita

YEAR 2018-19

NAME LIST OF THE STUDENTS THOSE RECEIVED GOVERNMENT SCHOLARSHIP

Category	No. of Students Received Scholarship
OBC	**14**
SC	**04**
NT	**02**
ST	**11**
SBC	**02**
TOTAL	**33**

NAME LIST OF THE STUDENTS THOSE RECEIVED MARATHA BHAGINI SAMAJ SCHOLARSHIP FOR ECONOMICAL POOR STUDENTS

1. **Hemangi Kapure**

NAME OF THE STUDENTS THOSE RECEIVED SCHOLARSHIP OF ANGC EDUCATIONAL AND WELFARE FUND.

1	/Pal Sarita Rameshchand Dhanpati	8	Roy Suhotro Samir Tapati
2	/Navarat Neha Gajanan Rohini	9	Yadav Shiwasare Kailash Nath Pramila
3	/Gaykar Ashwini Anant Anita	10	Sule Navnath Sunil Sindhu
4	/Kapure Hemangi Surendra Lata	11	Kadam Akshay Anil Sharda
5	/Kore Samiksha Ramakant Reshma	12	Gupta Jitendra Ramashray Lilavati
6	/Patil Krutika Anil Ankita	13	Shinde Rameshwar Someshwar Sunita
7	Ram Arjun Rudal Sanjadhe Devi	14	Golambade Swapnil Devaji Sunita

YEAR 2019-20

NAME LIST OF THE STUDENTS THOSE RECEIVED GOVERNMENT SCHOLARSHIP

Category	No. of Students Received Scholarship
OBC	**03**
SC	**04**
NT	**03**
ST	**11**
SBC	**01**
TOTAL	**22**

NAME LIST OF THE STUDENTS THOSE RECEIVED MARATHA BHAGINI SAMAJ SCHOLARSHIP FOR ECONOMICAL POOR STUDENTS

1 Two Students (Names are Not Available)

NAME OF THE STUDENTS THOSE RECEIVED SCHOLARSHIP OF ANGC EDUCATIONAL AND WELFARE FUND.

1	/Pal Sarita Rameshchand Dhanpati	9	Satarkar Ashish Ramakant
2	/Lawangare Ashwini Ganesh	10	Dhumal Vikas Vaman
3	/Yadav Nisha Bhagwandas	11	Thakur Vijay Mheshsingh
4	/Sinh Khushabu Markande	12	Roy Suhotro Samirn
5	/Vasave Ashlesha Jagan	13	Bharadwaj Rahul Ashok
6	/Ghadge Jueeli Rajesh	14	Gupta Jitendra Ramshray
7	/Pednekar Madhura Sanjay	15	Dhanmeher Bhavik Mukesh
8	/Gaykar Ashwini Anant	16	Martin Soldman Karl

YEAR 2020-21

NAME LIST OF THE STUDENTS THOSE RECEIVED GOVERNMENT SCHOLARSHIP

Category	No. of Students Received Scholarship
OBC	**10**
SC	**09**
NT	**02**
ST	**14**
SBC	**02**
TOTAL	**37**

NAME LIST OF THE STUDENTS THOSE RECEIVED MARATHA BHAGINI SAMAJ SCHOLARSHIP FOR ECONOMICAL POOR STUDENTS

----------**Nil**----------

NAME OF THE STUDENTS THOSE RECEIVED SCHOLARSHIP OF ANGC EDUCATIONAL AND WELFARE FUND.

1	/Gavit Ribika Vilas	9	/Naik Ravina Ruvaji
2	/Suryawanshi Manisha Dilip	10	/Ghode Shilpa Rajara
3	/Dhuri Kanchan Mrlidhar	11	Kokani Suraj Chhaya
4	/Jagtap Aparna Popat	12	Gadekar Shubham Shashikant
5	/Deshmukh Anjalee Bharat	13	Vende Rakesh Ankush
6	/Ugale Janhavi Rajesh	14	Palkar Akshay Ashok
7	/Vasave Dropadi Arvind	15	Chalke Ashutosh Vijay
8	/Gavit Priyanka Shankar	16	Ahire Sachin Sahebrao

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

PLACEMENT CELL REPORT

Details of Campus Interview (2016-17)

1. Conducted Campus Interview on 5th June, 2017 in Computer Laboratory of B.P.C.A's College of Physical Education, Wadala, Mumbai-31 by **Khyati Oza,** Manager-HR, **Imperial International Sports Academy (IISA)**, Malad (W), Mumbai-64

2. Conducted Campus Interview on 5th June, 2017 in Computer Laboratory of B.P.C.A's College of Physical Education, Wadala, Mumbai-31 by Nikita More, **Run India Run**, A-1, Delite Palace, M.G. Road, Ghatkopar (W), Mumbai-86

3. Conducted Campus Interview on 6th June, 2017 in Computer Laboratory of B.P.C.A's College of Physical Education, Wadala, Mumbai-31 by Sanket Shetye, Director, **Unistar Sporting Exellence Pvt. Ltd**.,+91 9819701483/ +91 9664766472

REPORT OF THE CAMPUS INTERVIEW

Campus interview was conducted on 14th May, 2018 from 11.00 am onwards. Around 7 company & schools were present on the day for conducting Campus Interview. B.P.Ed I year programme Students gave interview for part time coaches post, whereas B.P.Ed II year & M.P.Ed programme students gave interview for Physical Education teachers post. Our students definitely has exposure, learnt to face interview & some of them will be definitely recruited in the institutions.

1. Mr. Azeem Durrani,
   Academic Director
   Moonstar Global School,
   Next to Tanwar Nagar TMC Gate,
   Kausa, Mumbra,
   Thane – 400 612
   Tel. No: 022 25355558
   Email.id: knoworld@gmail.com

2. Mr.Sanket Shette,
   Unistar Sports,
   Unistar Sporting Excellence Pvt Ltd,
   108, Prithvivandan CHS,
   Lower Parel €, Mumbai – 400 013
   Tel.No: 9664766472
   Email.id: sanket.shetye@unistarsports.com

3. Suffah English School,
   Plot.No.7,
   3rd Sant Savta Lane,
   Near Balaji Hospital,
   Mustafa Bazar,
   Byculla (E), Mumbai – 400 027
   Tel. No: 65155570 / 5

4. Mr.Manish Chotrani & Dr.Meera Chotrani
   Champs,
   Scientific Fitness training For Athletes & Sports Enthusiasts,
   16/128 Anand Nagar, Vakola Police Station Road,
   Off WE Highway, Santacruz East,

Mumbai – 400 055
Tel.No: 022 26680014

5. Mrs.Amruta Karkhanis,
   D.S.High School,
   Next to Guru Nank High School,
   Sion, Mumbai
   Mob.No: 9820590484

6. Ms.Kausar Fruitwala,
   Principal,
   Niyaz National School,
   Ouchit Pada, Bhiwandi

7. Mr.Sanjay Patil & Mr.Pnkaj Mali,
   Marcos Quay Sporting Excellence Pvt Ltd,
   Pace House, 5th Floor, JVPD road.no.1,
   7 Swastika Society, Vile Parle (W),
   Mumbai – 400 056

Thanking you,

Yours Sincerely,

Dr.Neetu Joshi
Placement Cell Incharge

Principal

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

PLACEMENT CELL REPORT

Details of Campus Interview (2016-17)

1. Conducted Campus Interview on 5th June, 2017 in Computer Laboratory of B.P.C.A's College of Physical Education, Wadala, Mumbai-31 by **Khyati Oza,** Manager-HR, **Imperial International Sports Academy (IISA)**, Malad (W), Mumbai-64

2. Conducted Campus Interview on 5th June, 2017 in Computer Laboratory of B.P.C.A's College of Physical Education, Wadala, Mumbai-31 by Nikita More, **Run India Run**, A-1, Delite Palace, M.G. Road, Ghatkopar (W), Mumbai-86

3. Conducted Campus Interview on 6th June, 2017 in Computer Laboratory of B.P.C.A's College of Physical Education, Wadala, Mumbai-31 by Sanket Shetye, Director, **Unistar Sporting Exellence Pvt. Ltd**.,+91 9819701483/ +91 9664766472

REPORT OF THE CAMPUS INTERVIEW

Campus interview was conducted on 14th May, 2018 from 11.00 am onwards. Around 7 company & schools were present on the day for conducting Campus Interview. B.P.Ed I year programme Students gave interview for part time coaches post, whereas B.P.Ed II year & M.P.Ed programme students gave interview for Physical Education teachers post. Our students definitely has exposure, learnt to face interview & some of them will be definitely recruited in the institutions.

1. Mr. Azeem Durrani,
   Academic Director
   Moonstar Global School,
   Next to Tanwar Nagar TMC Gate,
   Kausa, Mumbra,
   Thane – 400 612
   Tel. No: 022 25355558
   Email.id: knoworld@gmail.com

2. Mr.Sanket Shette,
   Unistar Sports,
   Unistar Sporting Excellence Pvt Ltd,
   108, Prithvivandan CHS,
   Lower Parel €, Mumbai – 400 013
   Tel.No: 9664766472
   Email.id: sanket.shetye@unistarsports.com

3. Suffah English School,
   Plot.No.7,
   3rd Sant Savta Lane,
   Near Balaji Hospital,
   Mustafa Bazar,
   Byculla (E), Mumbai – 400 027
   Tel. No: 65155570 / 5

4. Mr.Manish Chotrani & Dr.Meera Chotrani
   Champs,
   Scientific Fitness training For Athletes & Sports Enthusiasts,
   16/128 Anand Nagar, Vakola Police Station Road,
   Off WE Highway, Santacruz East,

Mumbai – 400 055
Tel.No: 022 26680014

5. Mrs.Amruta Karkhanis,
   D.S.High School,
   Next to Guru Nank High School,
   Sion, Mumbai
   Mob.No: 9820590484

6. Ms.Kausar Fruitwala,
   Principal,
   Niyaz National School,
   Ouchit Pada, Bhiwandi

7. Mr.Sanjay Patil & Mr.Pnkaj Mali,
   Marcos Quay Sporting Excellence Pvt Ltd,
   Pace House, 5th Floor, JVPD road.no.1,
   7 Swastika Society, Vile Parle (W),
   Mumbai – 400 056

Thanking you,

Yours Sincerely,

Dr.Neetu Joshi
Placement Cell Incharge

Principal

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B- 2016 - 2018

R. K. PALVI VIDYAMANDIR, PADGHA

Balaji Nagar, At & Po. – Padgha, Tal: Bhiwandi, Dist: Thane

Date :- 13/09/2021

Name:- Miss. Dipali Yashvant Balkhande
Address:- E-Wing, 001 Moreshwar Residency, Jay Malhar Nagar, Kalyan Padgha Road. Tal- Bhiwandi. Dist.Thane.

APPOINTMENT ORDER

Dear Mr. / Mrs.

With reference to your application and subsequent interview you had with us, we are pleased to offer you employment as an Assistant Teacher, As Temporary Employee of R. K. PALVI VIDYAMANDIR, PADGHA w.e.f 13th September 2021. as per the following terms and conditions.

1. You will be on Probation for a period of one year, in the first instance, from the date of your joining duty. This period of probation will be liable to be extended by another period of one year at the sold discretion of the school management. Unless an order in writing confirming your service is issued by the school, you will not be deemed to have been confirmed in the service but you shall continue as a probationer.

2. During the period of probation or any extension thereof, you may resign from the services after giving one month's notice and salary of one months in thereof.

3. During your probation period of any extension thereof, your monthly salary will be Rs.20000/- Per Month.

4. On confirmation of your services by the school you will be entitled to the benefits as available to confirmed employees according to rules.

5. You shall be governed by the Rules and Regulation, Service agreement-code of conduct of the school which are in force from time to time and also through office circulars issued in this behalf. You may go through the copy of the same before signing the duplicate appointment letter, in token of acceptance of the terms thereof.

6. You will be required to keep strictly confidential all information, documents, etc. Coming to you in the course of your employment with the school.

7. Continuation of service is purely depend upon your performance agreeable by the management any unsatisfactory performance during this period can be consider as your failure for which the management will have the right to cancel this appointment order at any instance.

8. During the course of your employment with the school you shall not take up any other employment or vocation or engage in talking private tuitions or any business on any other basis.

This employment is based on the information supplied by you to us in your personal particulars form and otherwise will be considered null and void if a material omission (in the school's opinion) is discovered therein at any time during the employment.

This letter is served on you in duplicate. Kindly sign and return duplicate appointment letter, in token of acceptance of terms and conditions herein.

We wish you good luck. Thanking You.

Yours Faithfully,

Principal
R.K.Palvi Vidyamandir,Padgha.

B - 2016 - 2018

Seva Mandal Education Society

Smt. Parameshwari Devi Gordhandas Garodia Educational Complex
338, Rafi Ahmed Kidwai Road, Matunga, Mumbai - 400 019.
Phone : 2409 5869 / 2409 5792 / 2402 6511

PRESIDENT: Dr. Dilip R. Trivedi
CHAIRMAN: Dr. Ashok V. Mehta
VICE-CHAIRMEN: Shri Hiren V. Shah, Shri Mahesh G. Garodia
HON. SECRETARIES: Dr. Bharat M. Pathak, Shri. Pravin G. Shah
HON. TREASURER: Shri Vasant J. Kheta

TRUSTEES: Shri Hans B. Khimji (Mg. Trustee), Dr. Ashok V. Mehta, Shri. Hiren V. Shah, Dr. Bharat M. Pathak, Shri. Mahesh G. Garodia, Shri. Chandrakant M. Ladhawala, Shri. Nishant M. Garodia

Ref. No.:-139-B

Date : 01.08.2021

Appointment Letter

To,
Ms. Dipali Kalamkar
Sharda Sadan
RH-12, Plot No. F/17
Omkar Housing Society 12
Kharghar – 410 210.

Subject: Appointment of Sports Teacher on Full Time basis in Dr. BMN College of Home Science

Madam,

We are pleased to inform you that you are here by appointed on the post of Sports Instructor on Full Time Contractual basis in the department of Sports for the academic year 2021 - 2022.

The Terms and Conditions of your appointment are as follows:

1. Your Appointment is on **Full Time Contractual basis for 10 months** from **01/08/2021 to 31/05/2022**.
2. You are appointed with a consolidated salary of Rs.17,325 /- per month. Your duty Hours shall be at least 40 hours per week on campus. (daily 5-8 hours)
3. Your appointment will be terminated automatically on expiry of the Contractual Period (10 months) from date of joining unless otherwise extended further by the Authorities.
4. During the said contractual period, the services can be terminated on either side by giving a notice of One month. (Notice period will depend on the contract period of appointment)
5. You are requested to submit the relevant original certificates to the office for verification within 7 (seven) days from the date of joining. The original certificates will be returned to you immediately after verification by the staff. If it is proved that the information given by you in your application is false and or a degree/ any other certificate/ documents submitted by you are forged or tempered with, your appointment shall be terminated automatically from the date of appointment.
6. Your services shall be governed by the (a) provisions of the S.N.D.T. Women's University Statutes, Ordinances, Rules, Regulations and Directions framed under it, from time to time and (b) the prevailing rules, regulation and service codes framed by the Management of Seva Mandal Education Society (c) any rules regulation stipulated by concerned professional bodies as the case may be.

...2/-

BPCA's College of Physical Education Wadala Mumbai

List of students enrolling for higher education (MPEd) in last academic year

Sr. No.	Name	Name of Institution
1	Kamble Kuldeep Sahebrao	BPCA's College of Physical Education Wadala Mumba
2	Pandey Manish Kumar	BPCA's College of Physical Education Wadala Mumba
3	/Pednekar Madhura Sanjay	BPCA's College of Physical Education Wadala Mumba
4	Tamore Hardik Vinayak	BPCA's College of Physical Education Wadala Mumba
5	Chauhan Vikas Gopal	BPCA's College of Physical Education Wadala Mumba
6	Anuj Kumar	BPCA's College of Physical Education Wadala Mumba
7	Patkar Prasad Ramchandra	BPCA's College of Physical Education Wadala Mumba
8	/Chavan Pranali Mukesh	BPCA's College of Physical Education Wadala Mumba
9	/Kumbhar Itishree Prasad	BPCA's College of Physical Education Wadala Mumba
10	Patkar Prasad Ramchandra	BPCA's College of Physical Education Wadala Mumba
11	Kadale Vishal Prakash	BPCA's College of Physical Education Wadala Mumba
12	/Mungekar Shivani Uttam	BPCA's College of Physical Education Wadala Mumba
13	Sawant Siddharth Sushil	BPCA's College of Physical Education Wadala Mumba
14	Nikshe Abhishek Shashikant	University of Mumbai (Department of Physical Education)
15	/Katakdhond Sneha Dattatray	University of Mumbai (Department of Physical Education)
16	Shah Firoz Hasmuddin	University of Mumbai (Department of Physical Education)
17	/Jaybhaye Jyoti Vishnu	University of Mumbai (Department of Physical Education)
18	/Vasave Ashlesha Jagan	University of Mumbai (Department of Physical Education)
19	Bhoye Dilip Damu	University of Mumbai (Department of Physical Education)
20	Mahala Vinit Sonu	University of Mumbai (Department of Physical Education)

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031

Sr. No.	Name	Name of Institution
21	More Sangramsing Sanjay	P.E.S.C.P.E, Aurangabad
22	Singh Satyendra Ravindraprasad	P.E.S.C.P.E, Aurangabad
23	Sathe Pratiksha Krishna	P.E.S.C.P.E, Aurangabad
24	Chandaliya Suraj Rajendra	P.E.S.C.P.E, Aurangabad
25	/Thevar Subbulaxmi Pechimuthu	Chandrashekhar Agashe College of physical education, Pune
26	Joshi Omey Jayant	Chandrashekhar Agashe College of physical education, Pune
27	Mali Kailash Devraj	Chandrashekhar Agashe College of physical education, Pune
28	Cheeroth Abhishek Anil	N. S. S. M. Nagpur
29	Kailkhura Pratik	N. S. S. M. Nagpur
30	/ Dhanawade Komal Manoj	Savitribai Phule Pune University (Department of Physical Education)

B. P. C. A.'S College of Physical Education
Wadala, Mumbai-31

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BPCA's College of Physical Education Wadala Mumbai

List of students enrolling for higher education (PhD.) in last academic year

Sr. No.	Name	Name of Institution
1	Mohd Shafiq Mohd Sadeeq	BPCA's College of Physical Education Wadala Mumba
2	/Sahu Shivani Radheshyam	BPCA's College of Physical Education Wadala Mumba
3	Maurya Sneha Omprakash	BPCA's College of Physical Education Wadala Mumba
4	Deshmukh Yashraj Arun	BPCA's College of Physical Education Wadala Mumba
5	/Solanki Tejal Kisan	University of Mumbai (Department of Physical Education)
6	Kamble Krishna Baburao	University of Mumbai (Department of Physical Education)
7	Pagare Sagar Raju	University of Mumbai (Department of Physical Education)

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

5.2.3 Percentage of students qualifying state/national level examination during the last five years NET/ SLET/ TET/ CTET)

5.2.3.3: Number of students qualifying in state/national level examinations (eg. NET/ SLET/ TET/ CTET) during the last five years.

Year	Name of the examination											
	NET			SLET			TET			CTET		
	Name of the Student	Registration No.	Qualified (Y/N)	Name of the Student	Registration No.	Qualified (Y/N)	Name of the Student	Registration No.	Qualified (Y/N)	Name of the Student	Registration No.	Qualified (Y/N)
2016	Anagha Anil Kulkarni	Ref.No 17081 Roll.No: 48009308	Y	Rupesh Vasant Rupwate	Seat No.: **643011**	Y						
Total	01			01								
2017	----	----	------	-----	-----	------	----	----	------	-----	-----	------
Total	----	----	------	-----	-----	------	----	----	------	-----	-----	------
2018	----	----	------	-----	-----	------	----	----	------	-----	-----	------
Total	----	----	------	-----	-----	------	----	----	------	-----	-----	------
2019	----	----	------	Deepali Torkadi	SET Ref. No 3761 Seat No. 715366	Y	----	----	------	-----	-----	------
	----	----	------	Pooja Gajanan Jamkar	SET Ref. No 3045 Seat No. 715272	Y	----	----	------	-----	-----	------
Total	----	----	------	02			----	----	------	-----	-----	------
2020	Balakrishna Yallamalli		Y	Balakrishna Yallamalli	SET Ref. No.: 0522 Seat No.: **314588**	Y	----	----	------	-----	-----	------
	----	----	------	Krishna Baburao Kamble	SET Ref. No.: 0516 Seat No.: **314466**	Y	----	----	------	-----	-----	------

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

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Wadala, Mumbai - 400 031.

				Sagar Pagare	SET Ref. No.: 0519 Seat No.: **314498**	Y	----	----	------	-----	-----	------
Total	----	----	------	03			----	----	------	-----	-----	------
2021	Bhalchandra Savardekar	Ref.No 210510809941 Roll.No MR16001949	------	Suhotro Roy	SET Ref. No.: 0935 Seat No.: **513970**	Y	------	-----	-----	------	-----	------
	----	----	------	Nishant Ganesh Kolhe	SET Ref. No.: 0934 Seat No.: **513916**	Y	------	-----	-----	------	-----	------
	----	----	------	Vimala Tiwari	SET Ref. No.: 0937 Seat No.: **514004**	Y	------	-----	-----	------	-----	------
	----	----	------	Suhas Bhupal Kamble	SET Ref. No.: 0933 Seat No.: **513908**	Y	------	-----	-----	------	-----	------
	----	----	------	Yashraj Deshmukh	SET Ref. No.: 0929 Seat No.: **513865**	Y	----	----	------	-----	-----	------
	----	----	------	Aamir Shahensha Ansari	SET Ref. No.: 0928 Seat No.: **513839**	Y	----	----	------	-----	-----	------
Total	01 ---- -----			06			----	----	----	----	------	-----

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate No.: 161017081

University Grants Commission
NATIONAL EDUCATIONAL TESTING BUREAU

ज्ञान-विज्ञानं विमुक्तये

NATIONAL ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

UGC Ref. No.: 17081/(NET-JULY 2016) Roll No.: 48009308

Certified that KULKARNI ANAGHA ANIL

Son/Daughter of ANIL B. KULKARNI

and ADITI ANIL KULKARNI had applied for the UGC-NET for eligibility for Assistant Professor held on 10-07-2016 in the GENERAL category and qualified by securing marks at par with the qualifying cut-off for GENERAL category in the Subject PHYSICAL EDUCATION

As per the information provided by the candidate, he/she had not completed his/her Master's degree or equivalent examination at the time of applying for NET.

The date of eligibility for Assistant Professor is the date of declaration of NET result, i.e., 21st November 2016 , OR the date of completion of Master's degree or equivalent examination with required percentage of Marks within two years from the date of declaration of NET result, i.e., by 20th November 2018 , whichever is later.

This is an electronic certificate only and its authenticity should be verified from the UGC by the employer. This electronic certificate can also be verified by scanning QR Bar Code printed on the electronic certificate.

Validity of this electronic certificate is forever.

Date of Issue: 27-02-2017

Head
NET Bureau

Note: a) UGC has issued the electronic certificate on the basis of information provided by the candidate in his/her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the Commission is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for NET as laid down in the notification for UGC-NET.

b) Wherever SC/ST/OBC/PWD is shown in the UGC Ref. No., the institution/recruitment body should check the relevant documents of that category.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

NATIONAL TESTING AGENCY
(उच्चतर शिक्षा विभाग, शिक्षा मंत्रालय, भारत सरकार के तहत एक स्वायत्त संगठन)
(An Autonomous Org. under the Department of Higher Education, Ministry of Education, Govt. of India)
विश्वविद्यालय अनुदान आयोग
Block C 20/1A/8, Sector 62, IITK Outreach Centre, Gautam Buddh Nagar 201309, Uttar Pradesh (India) Phone: 0120-6895200

JRF AWARD LETTER

Date: 10.12.2020

NTA Ref. No. 200510037787

Roll No. MR2850500065

BALAKRISHNA
Son/Daughter of **MAHAKALI**
and **KONDAYYA**
Subject: **PHYSICAL EDUCATION**

Dear Candidate,

I am pleased to inform you that you have qualified for Junior Research Fellowship (JRF) and eligibility for Assistant Professor in the National Eligibility Test (UGC-NET) conducted in June 2020. The tenure of fellowship is five years and it commences from the date of declaration of NET result, i.e., **30th November,2020** *(or) from the date of admission under M.Phil./Ph.D. (or) from the date of joining M.Phil./Ph.D. programme, whichever is later. The summary of financial assistance offered under the scheme is mentioned at* ***Annexure I*** *available on www.ugc.ac.in/netjrf*

The Awardee is required to get admission and registration for regular and full time M.Phil./Ph.D. course in a University/Institution/College recognized by UGC at the first available opportunity ***but not later than three years*** *from the date of issue of this award letter. University/Institution/College is requested to process for award of JRF based on this letter, in accordance with the procedure available on www.ugc.ac.in/netjrf.*

It may be noted that the fellowship amount shall be disbursed through Canara Bank to bank account of the Awardee (any bank) directly. UGC has developed a dedicated web portal (https://scholarship.canarabank.in) for capturing data of the awardee. The Universities/Colleges/Institutions will link the data of the awardee with the master data on the UGC web portal with unique Maker/Checker Ids which have already been provided to them along with the passwords. The Universities/Colleges/Institutions shall update the information in the master data (regarding monthly payment confirmation, HRA, up-gradation, resignation etc.) of the beneficiaries on monthly basis. Based on the data updated on UGC web portal by the concerned Universities/Colleges/Institutions, the payment of the fellowship will be made to the beneficiaries (Detailed process available at https://www.ugc.ac.in/ugc_notices.aspx?id=2153).

It may also be noted that UGC has proposed to link "AADHAAR" with bank account of students so that there can be direct cash transfer and effective disbursal of fellowship into bank account of the student. In this regard, Secretary, UGC has already requested the universities to help students in Aadhaar enrolment vide D.O. No. F.14-3/2011 (CPP-II) dated 11.01.2013.

It may please be noted that the award is liable to be cancelled by Implementing/Awarding agency and it will also attract legal action against the Awardee in the following cases:

i. *If the awardee is found to be ineligible to receive the award at any point during the entire duration of fellowship,*
ii. *Misconduct of Awardee,*
iii. *Unsatisfactory progress of research work,*
iv. *Failure in any examination related to M.Phil./Ph.D.,*
v. *In case any other fellowship is drawn from other source(s),*
vi. *Concealment of facts.*

The e-Certificate of eligibility for Assistant Professor has been uploaded on https://ecertificate.nta.ac.in. The eligibility of the candidate is to be ensured by the institution/appointing authority. The category in which the candidate had appeared may be verified from NTA.

This electronic JRF award letter can also be verified by scanning the QR Code.

With best wishes,

Sdarashar

(Dr Sadhana Parashar)
Senior Director

Note: NTA has issued the electronic JRF award letter on the basis of information provided by the candidate in his/her online application form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for JRF award or appointment, as the NTA will not be liable for any false information provided by the candidate. The NTA is only responsible for the result which can be verified from the repository available in the website of NTA (ugcnet.nta.nic.in). The candidate must fulfil the minimum eligibility conditions as laid down in the notification for UGC-NET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

NATIONAL TESTING AGENCY

Excellence In Assessment

Certificate No.: 20D/21J39611

University Grants Commission

ज्ञान-विज्ञान विमुक्तये

NATIONAL ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

NTA Ref. No: 210510809941 *Roll No:* MR16001949

Certified that BHALCHANDRA SAVARDEKAR

Son/Daughter of SUNANDA

and BALARAM *has qualified*

the UGC-NET for eligibility for Assistant Professor held on 21-11-2021

for December 2020 and June 2021 (merged session) in the subject

Physical Education

As per information provided by the candidate, he/she had completed/appeared or was pursuing his/her Master's degree or equivalent examination in the related subject at the time of applying for UGC-NET.

The date of eligibility for Assistant Professor is the date of declaration of UGC-NET result, i.e., 19-02-2022 *, or the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of UGC-NET result, i.e. by* 18-02-2024 *, whichever is later.*

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from National Testing Agency (NTA) by the institution/appointing authority. This electronic certificate can also be verified by scanning the QR Code.

The validity of this electronic certificate is forever.

Date of issue: 12-03-2022

Senior Director, NTA

Note NTA has issued the electronic certificate on the basis of information provided by the candidate in his/her online Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the NTA will not be liable for any false information provided by the candidate. The NTA is only responsible for the result which can be verified from the repository available in the website of NTA (ugcnet.nta.nic.in). The candidate must fulfil the minimum eligibility conditions as laid down in the notification for UGC-NET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai

SAVITRIBAI PHULE PUNE UNIVERSITY
STATE ELIGIBILITY TEST

STATE ELIGIBILITY TEST (SET) FOR ASSISTANT PROFESSORSHIP

Conducted by Savitribai Phule Pune University as the State Agency
(Ref.: Government of Maharashtra Resolution No.: USG-1391/2066/VS-4 dt. 14-7-1994)
(Accredited by University Grants Commission, New Delhi)
(Valid in the States of Maharashtra & Goa only)

Seat No. : 643011

Certified that RUPWATE RUPESH VASANT

Son / Daughter of RUPWATE RANJANA VASANT (Mother)

and RUPWATE VASANT BHIMAJI (Father)

has qualified the State Eligibility Test held on 29th May 2016 in the subject Physical Education.

His / Her Post-graduation subject is Physical Education.

MEMBER SECRETARY
(STEERING COMMITTEE, SET)
Date of Result: 07/09/2016

CHAIRMAN
(STEERING COMMITTEE, SET)
Date of Issue: 08.11/2016

Note: a) Savitribai Phule Pune University, as the authorised Nodal Agency for Government of Maharashtra & Goa, for SET, has issued the certificate based on the attested documents only, provided by the candidate. The appointing authority should verify the original records / certificates of the candidate while considering him/her for appointment.

b) For candidates belonging to Scheduled Caste / Scheduled Tribe / Vimukta Jati / Nomadic Tribes / Other Backwards Class / Special Backward Class / Physically challenged persons with disability category, the appointing authority should check the relevant documents before appointment.

c) Authenticity of this certificate should be verified by the employer from the SET website www.setexam.unipune.ac.in

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 19203761

SAVITRIBAI PHULE PUNE UNIVERSITY
NODAL AGENCY

STATE ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Accredited by University Grants Commission, New Delhi)
(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 3761/(SET-JUN 2019) Seat No.: **715366**
Certified that **TORKADI DEEPALI SATYAWAN**
Son/Daughter of **TORKADI SATYAWAN MHATARBA** and
TORKADI SUMAN SATYAWAN, has qualified the SET for eligibility for Assistant Professor held on 23rd June 2019 in the subject **Physical Education.**

As per the information provided by the candidate, he/she had completed his/her Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 11/10/2019 , OR the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of SET result, i.e., by 10/10/2021, whichever is later.

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 20/11/2019

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his/her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 19203045

SAVITRIBAI PHULE PUNE UNIVERSITY
NODAL AGENCY

STATE ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Accredited by University Grants Commission, New Delhi)
(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 3045/(SET-JUN 2019) Seat No.: **715272**
Certified that **JAMKAR POOJA GAJANAN**
Son/Daughter of **JAMKAR GAJANAN MAHADEV** and
JAMKAR SUNITA GAJANAN, has qualified the SET for eligibility for Assistant Professor held on 23rd June 2019 in the subject **Physical Education.**

As per the information provided by the candidate, he/she had completed his/her Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 11/10/2019 , OR the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of SET result, i.e., by 10/10/2021, whichever is later.

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 19/11/2019

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his/her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 20210522

SAVITRIBAI PHULE PUNE UNIVERSITY
NODAL AGENCY

STATE ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Accredited by University Grants Commission, New Delhi)
(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0522/(SET-DEC 2020) Seat No.: 314588
Certified that **YALLAMALLI BALAKRISHNA**
Son/Daughter of **YALLAMALLI KONDAYYA** and
YALLAMALLI MAHAKALI, has qualified the SET for eligibility for Assistant Professor held on 27th December 2020 in the subject Physical Education.

As per the information provided by the candidate, he/she had completed his/her Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 07/04/2021 , OR the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of SET result, i.e., by 06/04/2023 , whichever is later.

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 19/04/2021

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his/her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 20210516

SAVITRIBAI PHULE PUNE UNIVERSITY
NODAL AGENCY

STATE ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Accredited by University Grants Commission, New Delhi)
(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0516/(SET-DEC 2020) Seat No.: **314466**

Certified that **KAMBLE KRISHNA BABURAO**
Son/Daughter of **KAMBLE BABURAO EKNATH** and
KAMBLE PARVATI BABURAO, has qualified the SET for eligibility for Assistant Professor held on 27th December 2020 in the subject **Physical Education.**

As per the information provided by the candidate, he/she had completed his/her Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 07/04/2021 , OR the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of SET result, i.e., by 06/04/2023 , whichever is later.

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 19/04/2021

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his/her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him/her for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 21220935

MAHARASHTRA STATE ELIGIBILITY TEST (M-SET)

(SPPU Nodal Agency Accredited by UGC & Nominated by Government of Maharashtra and Goa.)

SAVITRIBAI PHULE PUNE UNIVERSITY

ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0935/(SET-SEPT 2021) Seat No.: **513970**
Certified that **ROY SUHOTRO**
Son of **ROY SAMIR KUMAR** and
ROY TAPATI , has qualified the SET for eligibility for Assistant Professor, held on 26th September 2021 in the subject **Physical Education.**

As per the information provided by the candidate, he had not completed his Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of SET result, i.e., by 27/01/2024 .

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 04/02/2022

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 21220934

MAHARASHTRA STATE ELIGIBILITY TEST (M-SET)

(SPPU Nodal Agency Accredited by UGC & Nominated by Government of Maharashtra and Goa.)

SAVITRIBAI PHULE PUNE UNIVERSITY

ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0934/(SET-SEPT 2021) Seat No.: **513916**
Certified that **KOLHE NISHANT GANESH**
Son of **KOLHE GANESH LAXMAN** and
KOLHE MEERA GANESH, has qualified the SET for eligibility for Assistant Professor, held on 26th September 2021 in the subject **Physical Education.**

As per the information provided by the candidate, he had completed his Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 28/01/2022 .

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 04/02/2022

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 21220937

MAHARASHTRA STATE ELIGIBILITY TEST (M-SET)

(SPPU Nodal Agency Accredited by UGC & Nominated by Government of Maharashtra and Goa.)

SAVITRIBAI PHULE PUNE UNIVERSITY

ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0937/(SET-SEPT 2021) Seat No.: **514004**
Certified that **TIWARI VIMLA RAMESHCHANDRA**
Daughter of **TIWARI RAMESH HARISHCHANDRA** and
TIWARI LEELADEVI RAMESHCHANDRA, has qualified the SET for eligibility for Assistant Professor, held on 26th September 2021 in the subject **Physical Education.**

As per the information provided by the candidate, she had completed her Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 28/01/2022 .

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 04/02/2022

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in her Application Form. The appointing authority should verify the original records/certificates of the candidate while considering her for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 21220933

MAHARASHTRA STATE ELIGIBILITY TEST (M-SET)

(SPPU Nodal Agency Accredited by UGC & Nominated by Government of Maharashtra and Goa.)

SAVITRIBAI PHULE PUNE UNIVERSITY

ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0933/(SET-SEPT 2021) Seat No.: **513908**
Certified that **KAMBLE SUHAS BHUPAL**
Son of **KAMBLE BHUPAL BHIMA** and
KAMBLE MARIYA BHUPAL, has qualified the SET for eligibility for Assistant Professor, held on 26th September 2021 in the subject **Physical Education.**

As per the information provided by the candidate, he had not completed his Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of completion of Master's degree or equivalent examination with required percentage of marks within two years from the date of declaration of SET result, i.e., by 27/01/2024 .

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 04/02/2022

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 21220929

MAHARASHTRA STATE ELIGIBILITY TEST (M-SET)

(SPPU Nodal Agency Accredited by UGC & Nominated by Government of Maharashtra and Goa.)

SAVITRIBAI PHULE PUNE UNIVERSITY

ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0929/(SET-SEPT 2021) Seat No.: **513865**
Certified that **DESHMUKH YASHRAJ ARUN**
Son of **DESHMUKH ARUN BAJIRAO**
and **DESHMUKH SADHANA ARUN,**
has qualified for MAHARASHTRA SET for eligibility for Assistant Professor, held on 26th September 2021 in the subject **Physical Education.**

As per the information provided by the candidate, he had completed his Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 28/01/2022 .

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 04/02/2022

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Electronic Certificate Number: 21220928

MAHARASHTRA STATE ELIGIBILITY TEST (M-SET)

(SPPU Nodal Agency Accredited by UGC & Nominated by Government of Maharashtra and Goa.)

SAVITRIBAI PHULE PUNE UNIVERSITY

ELIGIBILITY TEST FOR ASSISTANT PROFESSOR

(Valid in the States of Maharashtra & Goa only)

SET Ref. No.: 0928/(SET-SEPT 2021) Seat No.: 513839

Certified that ANSARI AAMIR SHAHENSHA

Son of ANSARI SHAHENSHA NABIALAM and

ANSARI FARIDA SHAHENSHA, has qualified the SET for eligibility for Assistant Professor, held on 26th September 2021 in the subject Physical Education.

As per the information provided by the candidate, he had completed his Master's degree or equivalent examination at the time of applying for SET.

The date of eligibility for Assistant Professor is the date of declaration of SET result, i.e., 28/01/2022 .

This is an electronic certificate only, its authenticity and category in which the candidate had appeared should be verified from the Nodal Agency by the Institution/Appointing Athourity. This electronic certificate can also be verified by scanning Bar code printed on the electronic certificate.

Validity of this electronic certificate is forever.

MEMBER SECRETARY
STEERING COMMITTEE, SET

CHAIRMAN
STEERING COMMITTEE, SET

Date of Issue : 04/02/2022

Note : The Nodal Agency has issued the electronic certificate on the basis of information provided by the candidate in his Application Form. The appointing authority should verify the original records/certificates of the candidate while considering him for appointment, as the Nodal Agency is not responsible for the same. The candidate must fulfil the minimum eligibility conditions for SET as laid down in the notification for SET.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B. P. C. A's COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI – 400 031.

STUDENT COUNCIL

The formation of Student Council was done in the month of August as per the guidelines of University. For appointing the selected candidates to work collectively towards various activities for the year ahead. The college held the Investiture Ceremony with great enthusiasm.

Student Council Members:

Sr. No.	Discipline	Name of the Student
1	General Secretary	Vaishnavi Mashalkar
2	Lady Student Representative	Aaliya Khan
3	Class Representative MPED	Prathamesh Rane
4	Class Representative BPED	Yogiraj Bhadbhade
5	Extramural In-Charge MPED	Ankush Whalgade
6	Extramural In-Charge BPED	Aniket Khadpe
7	Intramural In-Charge MPED	Devanshi Dedia
8	Intramural In-Charge BPED	Noel Worlikar
9	Backward Class Student Representative	Parth Zambre
10	Student Member Cultural Activity	Sandeep Dhami
11	Outstanding Sports Performance	Aditya Palwe

Student Council Coordinator Dr. J.M. Hotkar congratulated all the Student Council Members and explained them all the duties and responsibilities and also discussed about students ideas about various programs.

Minutes of the Meeting of Student Council:

COMPETITION FOR ELDERLY PEOPLE

Date: 10th December, 2019

- It was decided to organize mass competition for elderly people in the month of December. The Competition should include the activities such as Musical chair, 50m race, Shot put, Volleyball, Lemon and Spoon and Sack race.
- It was decided to distribute the gift vouchers of Sahakari Bhandar and some useful gifts to the elderly people.
- It was decided to organize food on the day of competition sponsored by S.S. Bank.
- It was decided to facilitate the student clerks for their outstanding work towards helping the people affected due to heavy rains.
- It was decided to organize some competition for the Children belonging to age group of 5 to 15 years within the vicinity of Sahakar Nagar, Edenwala Road and Azad Nagar.

General Secretary Student Council	Coordinator Student Council	Principal

Minutes of the Meeting of Student Council:

Date: 6th November, 2021

- The action plan for the various games and programs to be conducted during the year was discussed.
- It was decided to organize various activities/ programs of sports and culture maybe initiated after the re-opening of the college in offline mode.
- It was decided as per the discussion that the Teacher's Day program may be arranged on 18th of November 2021.
- It was decided that as soon as the college re-opens in offline mode, the Student Council should organize cleanliness campaign.
- Lady Student Representative gave an idea to organize fitness tests to check the physical ability of the learners as due to lockdown there was no intensive physical work/activity done by the students.
- As the SOP from the Government and the University stating the re-opening of college in offline mode from 14th of November, 2021 for the first time nearly after 18 months, it was decided to have induction programme with the help of members of the alumni to orient the learners about the various programmes as well as the infrastructure of the institution.

General Secretary Student Council	Coordinator Student Council	Principal

Minutes of Meeting of Student Council:

Date: 26 January 2020

CELEBRATION OF REPUBLIC DAY

- On the occasion of India completing 70 years of Republic, it was decided to organize competition for children within the vicinity of Sahakar Nagar, Edenwala Road and Azad Nagar of 5 to 25 years.
- The following events were included in the competition: Musical chair, 100m run, Shot put, Volleyball, Relay, Standing Broad Jump and Sack race.
- 352 children participated in the competition.
- All the participants were given certificate of participation. Also a T-shirt sponsored by S.S. Bank was distributed.
- The winner of the various races were felicitated with the gift hampers which includes raincoats, umbrellas, school bags, water bottles, set of note books, pencil and rubber donated by Sahakari Bhandar, Mumbai and S.S. Bank.
- The members of CDC and IQAC appreciated the work done by the Student Council.

General Secretary Student Council	Coordinator Student Council	Principal

ENERGY, GREEN AND WASTE MANAGEMENT

Date: September, 2021

- As the college is heading towards the preparation of IV cycle of NAAC, it was decided to update all the departments.
- The college should introduce the audit plans for energy, green and waste management.
- The quotation for the same should be asked from various agencies.
- The student council members should be given responsibility to complete and do the needful pertaining to the above mentioned audits.
- Member secretary of the council gave an idea that along with energy, green and waste audits, AAA Audit be initiated as per the guidelines of Government and NAAC.

General Secretary Student Council	Coordinator Student Council	Principal

ACTIVITIES CONDUCTED BY STUDENT COUNCIL

- Organized International Competition for Stephen High School for the Deaf and Mute Ad Office on 20th September 2019.
- The State Women's and Child Development Officer, Mumbai Sub-Division organized Chacha Nehru Children's Festival 2019-20 for orphans the various Sports Competition at Chembur Home, Mankhurd dated 10th to 12th December, 2019.
- The State Women's and Child Development Officer, Mumbai City organized Sports Competition for orphans on the occasion of Children's Day between 20th to 22nd December, 2019.
- Divisional Sub-Commissioner, State Women's and Child Development Officer, Kokan organized Kho-Kho, Kabaddi, Carrom, Chess and Athletic events at various levels on the occasion of Chacha Nehru Children's Festival in Sasoon Industrial School, Mahim on 19th, 20th and 21st January, 2020.

General Secretary Student Council	Coordinator Student Council	Principal

Handball Intramural

Kabaddi Intramural

Kho-Kho Intramural

Volleyball Intramural

Annual Athletic Meet

BPCA's College of Physical Education

Alumni Association

Name	Designation	Mobile No.	Email Id
I/C Prin. Dr. G. K. Dhokrat	Chairperson	9930295833	ghansham1964@gmail.com
Dr. R. N. Shelke	Secretary	7021437635	rajendrashelke1969@gmail.com
Dr. N. O. Joshi	Joint Secretary	9869507224	drneetujoshi@gmail.com
Dr. K. K. Asai	Treasurer	9271355707	asaikailas@gmail.com
Dr. S. N. Chougule	Joint Treasurer	9082490725	sushamachougule01@gmail.com

Members	
Prin. Dr. D. V. Pawar	Dr. Sandhya Jinturkar
Prin. Sudhir Thale	Dr. Deepak Shendkar
Prin. Dr. Sandeep Shinde	Dr. Sunil Pawar
Prin. Shri. Sanjay Patil	Dr. Vishal Salve
Dr. S. A. Sonawane	Dr. Sumit Kamble
Dr. M. M. Gharote	Dr. Manoj Varma
Dr. Nilesh Lohar	Dr. Pratiksha Kshirsagar
Dr. Vishwambhar Jadhav	Shri. Dhairyadhar Patil
Dr. Mery Benson	Shri. Yashwant Paste
Dr. Jitendra Limkar	Shri. Nilesh Jalnawala
Dr. Yatin Rane	Shri. Ram Vhavale
Dr. Sachin Shinde	Shri. Kiran Powar
Dr. Pires Thomes	Smt. Shivani Sahu
Dr. Rajesh Kateshia	Shri. Nishant Kolhe

B. P. C. A. S College of Physical Education Wadala, Mumbai-31

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 78 A

Date: 06/04/2021

To,
Dr. Manmath Gharote,
Director,
Lonavla Yoga Institute, Lonavla.
Pune, Maharashtra

Subject: Yoga and life in this pandemic.

This gives me an immense pleasure to invite you for lecture on Yoga and life in this pandemic.

During this pandemic the entire life and living style of all the people are affected. Everyone is facing problems at workplace, home and neighbourhood. We know that Yoga which is an Indian traditional activity can make the positive change in the life of the people. We thought it was desirable to have your guidance in this regards.

You are informed to communicate your acceptance at the earliest.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Date: 29/11/2021

To,
Shri. Haresh Waidande,
P.H.D Scholar BPCACPE.

Subject: Self-defence for girls

This gives me an immense pleasure to invite you for lecture on Self-defence for girls.
As the woman's / Girls are facing the increasing physical as well as verbal abuses during last couple of years. Therefore it is an need for an hour that they should be made aware and train regarding their own safety. College would like to take initiative in this regard and it was thought appropriate to conduct lecture cum training session on girls.

You are inform to conduct lectures by giving emphasis on the above mention parameters of the Girls. You are inform to communicate your acceptance at the earliest.
Thanking you in anticipation.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Date: 14/04/2021

To,
Shri. Mahendra Bhandare,
Scholar research center, BPCACPE,
Wadala, Mumbai

Subject: To conduct lecture on Yoga.

This gives me an immense pleasure to invite you for lecture on Yoga & its application.
During this pandemic the elderly citizens are facing problems with respect to depression, stress, anxiety etc. By taking the cognizance of the senior citizens the college decided to have interaction / practical sessions to withstand in this stressful situation.

You are inform to conduct lectures by giving emphasis on the above mention parameters of the elderly people. You are inform to communicate your acceptance at the earliest.
Thanking you in anticipation.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Date: 03/05/2021

To,
Shri. Rajesh Kateshiya,
Senior Teacher, Chatrabhuj Narsi School,
Andheri, Mumbai.

Subject: Preparation for NET / SET examination.

This gives me an immense pleasure to invite you for lecture on Preparation for NET / SET examination.
As one of the notable alumni of our institute we take this opportunity for your guidance to the students pursuing NET / SET examination. During this situation of lockdown, the students are finding it very difficult to get the necessary and appropriate guidance for these examinations. You are suggested to conduct lecture on Paper 1 i.e General knowledge, Aptitude & Reasoning.

You are inform to conduct lectures by giving emphasis on the above mention. You are inform to communicate your acceptance at the earliest.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Date: 12/05/2021

To,
Shri. Vishal Salvi,
Supervisor IB school, Borivali.

Subject: Preparation for NET / SET examination.

This gives me an immense pleasure to invite you for lecture on Preparation for NET / SET examination.

As one of the notable alumni of our institute we take this opportunity for your guidance to the students pursuing NET / SET examination. During this situation of lockdown, the students are finding it very difficult to get the necessary and appropriate guidance for these examinations. You are suggested to conduct lecture on the topics of history and principle of coaching respectively.

You are inform to conduct lectures by giving emphasis on the above mention. You are inform to communicate your acceptance at the earliest.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BPCA's College of Physical Education

Wadala Mumbai

Executive Committees of the College for Academic Year 2020-21

SN	Committee	Committee Member
1	College Development Committee	Shri. Sanjay Baburao Shete (Chairperson) I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Tukaram A. Shiware Shri. Raghunath Shankar Gurav Dr. Manmath M. Gharote Dr. Rajendra Rangnath Dhakne Dr. Jaysing Malhari Hotkar Dr. Neetu Omprakash Joshi Mrs. Nutan Ganesh Shinde (Administrative Staff) Dr. Murli S. Kurhade Smt. Aaliya Zahra Safdar Khan (Student) Shri. Bhadbhade Yogiraj Ramchandra (Student) Shri. Deepak Baburao Shete (Secretary)
2	IQAC Committee	Dr. I/C Prin. Ghansham Kashinath Dhokrat Dr. Jaysing Malhari Hotkar Dr. Kailas Kavadu Asai Dr. Neetu Omprakash Joshi Dr. Kishore Jagubhai Maru Dr. Sushama Narayan Chougule Shri. Deepak Baburao Shete Smt. Nutan Ganesh Shinde (Administrative Staff) Dr. Manmath Manohar Gharote Dr. V.V. Jadhav Shri. Dilip Hebale Dr. Rajendra Rangnath Dhakne (Co-ordinator)
3	Internal Complaint Committee	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Rajendra Rangnath. Dhakne (Co-ordinator) Dr. Rohini Chandrakant Kawade Dr. Jaysing Malhari Hotkar Dr. Neetu Omprakash Joshi Dr. Vishwambhar. V. Jadhav Smt. Urusa Saquib Khan (Student) Shri. Aniket Manoj Khadpe (Student)
4	Anti-Ragging Committee	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Rajendra Rangnath Dhakne (Coordinator) Dr. Kailas Kavadu Asai Dr. Neetu Omprakash Joshi Smt. Nutan Ganesh Shinde (Administrative Staff) Dr. Safdar Husain Khan (Parents) Mrs. Rajani Jabare (Parents)

B. P. C. A.'S College of Physical Education Wadala, Mumbai-31

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B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

SN	Committee	Committee Member
5	Grievance Redressal Cell	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Rajendra Rangnath. Dhakne Smt Aaliya Zahra Safdarkhan (UG Student) Shri. Prathmesh Sanjay Rane (PG Student) Dr. Rohini Chandrakant Kawade (Co-ordinator)
6	Minority Cell	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Rajendra Rangnath Dhakne (Co-ordinator) Dr. Jaysing Malhari Hotkar Dr. Kailas Kavadu Asai Dr. Rohini Chandrakant Kawade
7	Purchase Committee	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Jaysing Malhari Hotkar Dr. Neetu Omprakash Joshi Dr. Sushama Narayan Chougule Dr. Kishore Jagubhai Maru Mrs. Manisha A. Samant (Library) Smt. Nutan Ganesh Shinde (Administrative Staff) Dr. Rajendra Rangnath Dhakne (Co-ordinator)
8	Committee for SC/ST	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Jaysing Malhari Hotkar Dr. Rohini Chandrakant Kawade Dr. Kailas Kavadu Asai (Coordinator)
9	OBC Cell	I/C Prin. Dr. Ghansham Kashinath Dhokrat Dr. Jaysing Malhari Hotkar Dr. Sushama Narayan Chougule (Co-ordinator)

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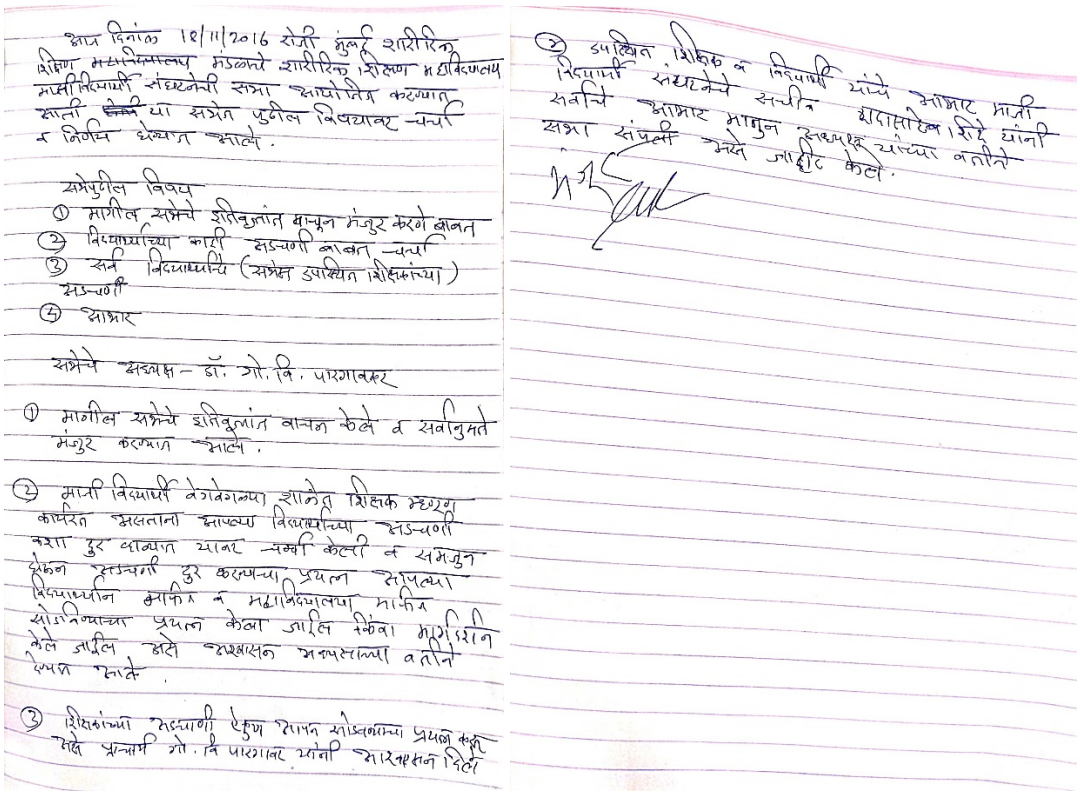
5.4.3.: NUMBER OF MEETINGS OF ALIMMNI ASSOCIATION HELD DURING THE LAST FIVE YEARS

Agenda of the meeting dated 18/11/2016

1) Confirmation of the minutes of the last meeting held on 08/04/2016
2) Congratulating Ph. D. students
3) Discussion about difficulties faced by the teachers
4) Thanks by the secretary

Secretary

Chairman



आज दिनांक 18/11/2016 रोजी मुंबई शारीरिक शिक्षण महाविद्यालय मंडळाचे शारीरिक शिक्षण महाविद्यालय माजी विद्यार्थी संघटनेची सभा आयोजित करण्यात आली ~~होती~~ या सभेत खालील विषयावर चर्चा व निर्णय घेण्यात आले.

सभेपुढील विषय
1. मागील सभेचे इतिवृत्तांत वाचून मंजुर करणे बाबत
2. विद्यार्थ्यांच्या काही अडचणी बाबत चर्चा
3. सर्व विद्यार्थ्यांचे (सभेस उपस्थित शिक्षकांच्या) अडचणी
4. आभार

सभेचे अध्यक्ष - डॉ. गो. वि. परशनकर

1. मागील सभेचे इतिवृत्तांत वाचन केले व सर्वानुमते मंजुर करण्यात आले.

2. माजी विद्यार्थी वेगवेगळ्या क्षेत्रात शिक्षक म्हणून कार्यरत असताना आपल्या विद्यार्थ्यांच्या अडचणी कशा दुर होतील यावर चर्चा केली व समजुन घेऊन अडचणी दुर करण्याचा प्रयत्न आपल्या विद्यार्थ्यांन करिता व महाविद्यालय करिता सोडविण्याचा प्रयत्न केला जाईल किंवा मार्गदर्शन केले जाईल असे आश्वासन सभासदांच्या वतीने देण्यात आले.

3. शिक्षकांच्या अडचणी ऐकुण त्यावर सोडवण्याचा प्रयत्न करू असे प्राचार्य गो. वि. परशनकर यांनी आश्वासन दिले

2. उपस्थित शिक्षक व विद्यार्थी यांचे आभार माजी विद्यार्थी संघटनेचे सचिव श्री. दासतोष शिंदे यांनी सभा संपली असे जाहीर केले.

Agenda of the meeting dated 14/07/2017

1) Confirmation of the minutes of the last meeting held on 18/11/2016
2) Discussion about difficulties faced by the teachers
3) Any other business placed by the permission of chairman

Secretary Chairman

आज दिनांक 14/07/2017 रोजी मुंबई शारीरिक शिक्षण मंडळाच्या शारीरिक शिक्षण महाविद्यालयात माजी विद्यार्थी संघटनेची सभा आयोजित करण्यात आली. सभेत पुढील विषयावर निर्णय घेण्यात आले.

सभेचे अध्यक्ष – डॉ. गो. वि. पारगावकर

① मागील सभेचा इतिवृत्तांत वाचुन मंजुर करणे
② Ph.D. विद्यार्थ्यांचे अभिनंदन
③ शिक्षकांच्या अडचणीवर चर्चा
④ सभेचे आभार

① दिनांक 18/11/2016 रोजी झालेल्या सभेचे इतिवृत्तांत वाचुन कोणत्या विषयाच्या संदर्भात कोणाकडुन काय घेऊ शकतो ते सांगितले व काही विषय पुढे घेऊन मागील सभेचा इतिवृत्तांत मंजुर केला.
इतिवृत्तांत सर्वानुमते मंजुर

② मुंबई शारीरिक शिक्षण महाविद्यालयातून काही विद्यार्थ्यांना Ph.D. (विद्यावाचस्पती पदवी) पास झालेल्या सर्व विद्यार्थी विद्यार्थीनी यांचे अभिनंदनाचा प्रस्ताव सर्वानुमते मंजुर केला

③ शारीरिक शिक्षकांच्या पदोन्नती बाबत सविस्तर माहिती घेऊन डॉ. लिमकर यांच्याशी संपर्क वेगवेगळ्या संघटनांशी चर्चा करुन सोडविण्याचा प्रयत्न करणे.

④ संघटनेचे खजिनदार सचिव श्री दादासाहेब शिंदे यांनी सर्वांचे आभार मानले पुढील मिटींग डिसेंबर करावे असे सांगितले. मंजुर

Agenda of the meeting dated 08/12/2017

1) Confirmation of the minutes of the last meeting held on 14/07/2017
2) Discussion about difficulties faced by the teachers
3) Any other business placed by the permission of chairman

Secretary Chairman

आज दिनांक 8/12/2017 रोजी मुंबई शारीरिक शिक्षण महाविद्यालयात माजी विद्यार्थी संघटनेची सभा आयोजीत करण्यात आली होती सभेत पुढील विषयावर चर्चा व निर्णय घेण्यात आले.

सभेपुढील विषय –

1) मागील सभेचा इतिवृत्तांत वाचुन मंजुर करणेबाबत
2) शिक्षक (शालेय शिक्षण) यांना येणाऱ्या अडचणी बाबत चर्चा.
3) अध्यक्ष यांच्या परवाणगीने घेणारे इतर विषय

सभेचे अध्यक्ष – डॉ. गो. वि. पारगावकर

1) दिनांक 14/07/2017 रोजी झालेल्या सभेचे इतिवृत्तांताचे वाचन मा. सचिव यांनी केले व सर्वानुमते इतिवृत्तांत मंजुर केला.
मागील सभेचा इतिवृत्तांत सर्वानुमते मंजुर

2) नोकरी करत असताना शारीरिक शिक्षण शिक्षक यांना येणाऱ्या अडचणी बाबत सविस्तर चर्चा केली व कोणत्या संघटने मार्फत व आपल्या महाविद्यालयातील कोणते विद्यार्थी आपणास सहकार्य करतील याची चाचपणी करून घेणाऱ्या अडचणी कशा दुर करता येतील ते पहाण्या साठी ठराविक सभासदांची कमेटी करावी पुढील सभेत सांगावे
सर्वानुमते मंजुर

3) अध्यक्ष यांच्या पुढे कोणताही विषय आला नाही शेवटी अध्यक्ष यांच्या परवाणगीने सभा संपली असे सचिव यांनी सांगितले व पुढील सभा दिनांक व वेळ नंतर कळविण्यात येईल असे जाहीर केले.

Agenda of the meeting dated 29/06/2018

1) Confirmation of the minutes of the last meeting held on 08/12/2017
2) Discussion about committee which deals with difficulties faced by the teachers
3) Any other business placed by the permission of chairman

Secretary Chairman

आज दिनांक 29/06/2018 रोजी मुंबई शारीरिक शिक्षण मंडळाच्या शारीरिक शिक्षण महाविद्यालयात माजी विद्यार्थी संघटना यांची सभा घेण्यात आली या सभेत पुढील विषयावर चर्चा व निर्णय घेण्यात आले.

सभे पुढील विषय –

१) मागील सभेचा इतिवृत्तांत वाचुन मंजुर करणे बाबत
2) शारीरिक शिक्षण शिक्षक अडचणी बाबत
3) अध्यक्ष यांच्या परवाणगीने येणारे विषय

1) दिनांक 8/12/2017 रोजी झालेल्या सभेचे इतिवृत्तांत माजी संघटनेचे सचिव श्री दादासाहेब शिंदे यांनी वाचन केले.
मागील सभेचे इतिवृत्तांत सर्वानुमते मंजुर केले.

२) मागील सभेत शारीरिक शिक्षण शिक्षकाच्या अडचणी सोडवण्याबाबत संबंधीत शिक्षक संघटनात जे कोणी माजी विद्यार्थी कार्यरत आहेत यांची समिती तयार करण्याबाबत सर्व शिक्षकाना ~~अवगत~~ आवाहन करण्यास सांगितले ते निवडण्याबाबत प्राचार्य निर्णय घेतील
सर्वानुमते मंजुर केले.

3) अध्यक्ष यांच्या पुढे आयत्यावेळेत कोणत्याही विषयावर चर्चा किंवा विषय न आल्यामुळे या बाबत काहीही निर्णय नाही घेण्यात आला तसेच सचिव यांनी अध्यक्ष यांच्या परवाणगीने आजची सभा संपली असे जाहिर केले.
पुढील सभेची वेळ व दिनांक सचिव कळवतील.

धन्यवाद.

Agenda of the meeting dated 18/01/2019

1) Confirmation of the minutes of the last meeting held on 29/06/2018
2) Discussion about difficulties faced by the teachers
3) Discussion about the vacancy of the sports director in Mumbai university
4) Any other business placed by the permission of chairman

Secretary Chairman

आज दिनांक 18/01/2019 रोजी मुंबई शारीरिक शिक्षण मंडळाच्या शारीरिक शिक्षण महाविद्यालयात सभा आयोजित करण्यात आली होती या सभेत पुढील विषयावर चर्चा व निर्णय घेण्यात आले.

सभे पुढील विषय —
1) मागील सभेचा इतिवृत्तांत वाचुन मंजुर करणे बाबत
2) शारीरिक शिक्षण शिक्षक यांच्या समिती बाबत
3) अध्यक्ष यांच्या परवानगीने येणारे विषय बाबत

सभेचे अध्यक्ष – डॉ. गो. वि. पारगावकर

१) दिनांक २९/०६/२०१८ रोजी झालेल्या सभेचे इतिवृत्तांत संघटनेचे सचिव यांनी वाचन केले व मागील सभेच्या विषयावर चर्चा करून मान्यता देण्यात आली
मागील सभेचा इतिवृत्तांत सर्वानुमते मंजुर

२) मागील सभेत शारीरिक शिक्षण शिक्षकांच्या अडचणी व काही कला शिक्षक यांच्या अडचणी बाबत चर्चा केली व श्री लिंबकर सर यांना बोलावुन त्यांच्या मार्गदर्शना खाली पुढील कार्यवाही करावी असे निर्देश श्री पारगावकर सर यांनी दिले व सचिव यांनी त्याचा पाठपुरावा करावा असे ठरले
अध्यक्ष यांचे निर्देश सर्वानुमते मंजुर

मंजुर

३) या नंतर अध्यक्ष यांच्या परवानगीने विषयात विद्यापीठ शारीरिक शिक्षण संचालक या बाबत विषय आला परंतु श्री पारगावकर सर यांना पुढे एका मिटींग साठी जाणे होते त्यांनी सांगितले हा विषय पुढील सभेत चर्चेस आणावे व सचिव यांनी सर्वांचे आभार मानुन सभा संपली असे जाहीर केले.

Bombay Physical Education Culture Association's

COLLEGE OF PHYSICAL EDUCATION

Wadala, Mumbai - 400031

(Affiliated to University of Mumbai, Recognised by the Govt. of Maharashtra, N.C.T.E. & Accredited by NAAC)

❖ Vision

Our vision is 'बलंम राष्ट्रस्य वर्धनम' that means strength for nation building ... by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony

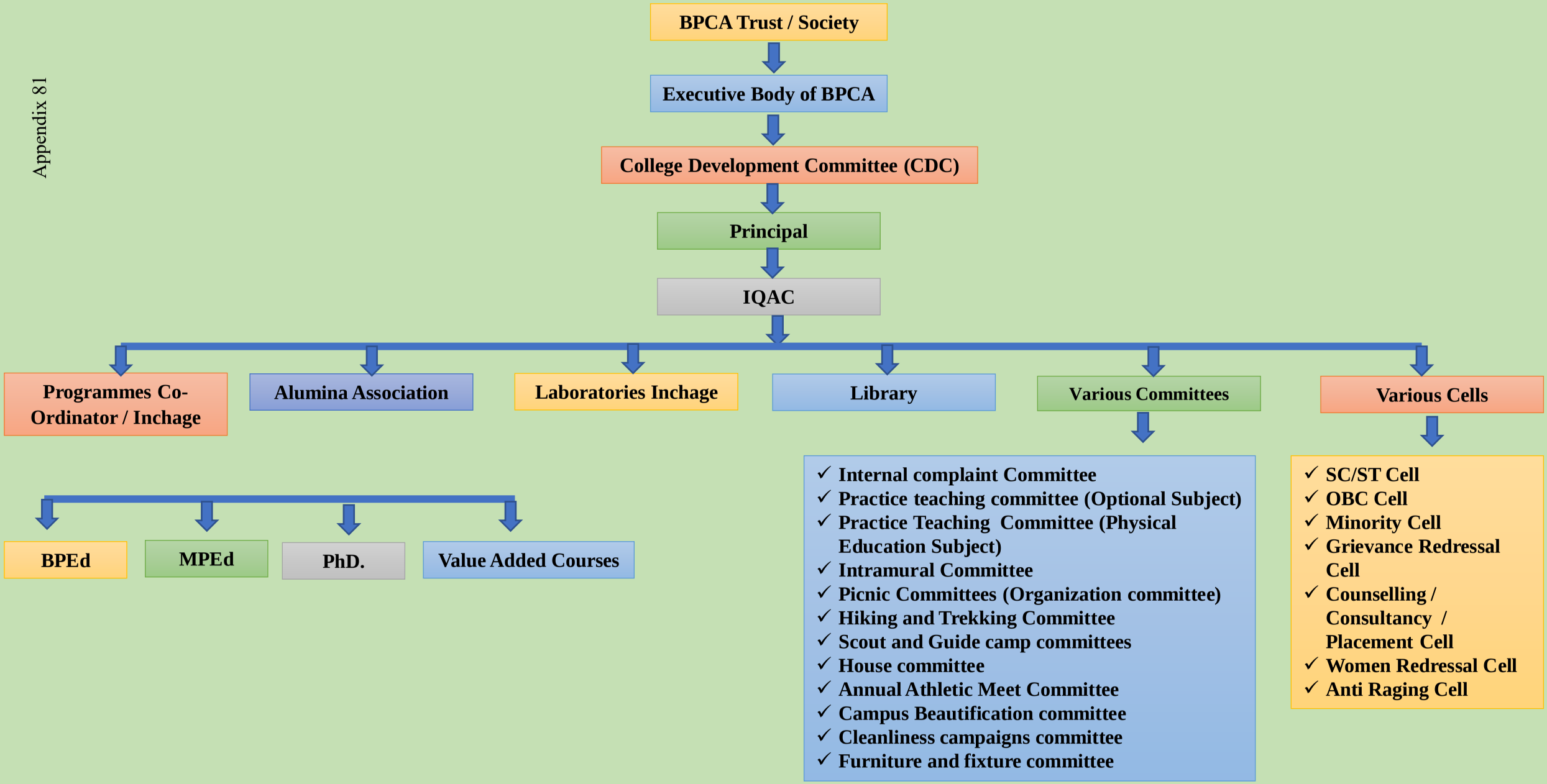
❖ Mission

Our Mission is Facilitating Physical Education, par excellence, preparing a cadre of professionals matching global standards who are not only physically fit but have quest for intellectual excellence through world class research and above all have ability to produce good citizens with healthy body and sound mind having human values with civic responsibilities.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 81


BPCA Trust / Society
Executive Body of BPCA
College Development Committee (CDC)
Principal
IQAC
Programmes Co-Ordinator / Inchage
Alumina Association
Laboratories Inchage
Library
Various Committees
Various Cells
BPEd
MPEd
PhD.
Value Added Courses
✓ Internal complaint Committee
✓ Practice teaching committee (Optional Subject)
✓ Practice Teaching Committee (Physical Education Subject)
✓ Intramural Committee
✓ Picnic Committees (Organization committee)
✓ Hiking and Trekking Committee
✓ Scout and Guide camp committees
✓ House committee
✓ Annual Athletic Meet Committee
✓ Campus Beautification committee
✓ Cleanliness campaigns committee
✓ Furniture and fixture committee
✓ SC/ST Cell
✓ OBC Cell
✓ Minority Cell
✓ Grievance Redressal Cell
✓ Counselling / Consultancy / Placement Cell
✓ Women Redressal Cell
✓ Anti Raging Cell

Sanjay Rane & Associates

CHARTERED ACCOUNTANTS

23, Chanchal Smruti C.H.S. Ltd.,
2nd Floor, 25, G. D. Ambekar Marg,
Wadala, Mumbai - 400 031.

Phone : 43600200
Telefax : 43600205
Email : admin@ssrane.net
Website : www.ssraneancico.com

INDEPENDENT AUDITORS REPORT

To

The BOMBAY PHYSICAL CULTURE ASSOCIATION, MUMBAI.

Report on the Financial Statements

We have audited the accompanying financial statements of **"THE BOMBAY PHYSICAL CULTURE ASSOCIATION , MUMBAI.."**, which comprise the Balance sheet as at 31st March 2017, the Profit and Loss account for the year then ended and other explanatory information.

Management's Responsibility for the Financial Statement

The management is responsible for the preparation of these financial statements in accordance with The Maharashtra State Co-operative Societies Act, 1960 and rules made there under. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with the standards on auditing issued by the Institute of Chartered Accountant of India. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain to reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor consider internal control relevant to the association preparation and fair presentation of the financial statement in order to design audit procedure that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by the management, as well as evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Opinion

In our opinion and to the best of our information and according to explanation given to us, the financial statements subject to our comments and observation contained in Audit Memorandum, give the information required by The Maharashtra State Co-operative Societies Act, 1960 and Rules made there under in the manner so required and give true and fair view in conformity with the accounting principles generally accepted in India:

i) In case of Balance Sheet, of the state of affairs of the association as at 31st March 2017,

ii) In the case of the Profit and Loss Account, of the Profit for the year ended on that date,

Report on other Legal and Regulatory Matters

The Balance sheet and the Profit and Loss Account have been drawn up in accordance with the provisions of The Maharashtra State Co-operative Societies Act, 1960.

We report that:

a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;

b) In our opinion, proper books of accounts as required by law have been kept by the association so far as it appears from our examination of those books and proper returns adequate for the purpose of our audit have been received from association;

c) In our opinion and according to information given to us, there has been no material impropriety or irregularity in the expenditure or in the realization of money due to the association;

d) To the best of our information and explanation given to us, the transactions of the association, which have come to our notice, have been within the competence of the association.

e) The Balance sheet and Profit and Loss Account deal with by this report are in agreement with the books of accounts and returns.

For SANJAY RANE & ASSOCIATES
Chartered Accountants

Place: Mumbai

Date: 27/07/2017

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Sanjay Rane & Associates

CHARTERED ACCOUNTANTS

Unit No.344, Kewal Industrial Estate,
Senapati Bapat Marg,
Next to Phoenix Mill Compound,
Lower Parel (West), Mumbai – 400 013

Phone : 43600200
43600204
Email : admin@ssrane.net
Website : www.ssraneandco.com

INDEPENDENT AUDITORS REPORT

To

The BOMBAY PHYSICAL CULTURE ASSOCIATION, MUMBAI.

Report on the Financial Statements

We have audited the accompanying financial statements of **"THE BOMBAY PHYSICAL CULTURE ASSOCIATION, MUMBAI."**, which comprise the Balance sheet as at 31st March 2018, the Income and Expenditure account for the year then ended and other explanatory information.

Management's Responsibility for the Financial Statement

The management is responsible for the preparation of these financial statements in accordance with The Maharashtra State Co-operative Societies Act, 1960 and rules made there under. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with the Standards on Auditing issued by the Institute of Chartered Accountant of India. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain the reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the association preparation and fair presentation of the financial statement in order to design audit procedure that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by the management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion and to the best of our information and according to explanation given to us, the financial statements subject to our comments and observation contained in Audit

RANE & ASSOCIATES MUMBAI Chartered Accountants

Memorandum, give the information required by The Maharashtra State Co-operative Societies Act, 1960 and Rules made there under in the manner so required and give true and fair view in conformity with the accounting principles generally accepted in India:

i) In case of Balance Sheet, of the state of affairs of the association as at 31st March 2018,
ii) In the case of the Income and Expenditure Account, of the Profit for the year ended on that date; and

Report on other Legal and Regulatory Matters

The Balance sheet and the Income and Expenditure Account have been drawn up in accordance with the provisions of The Maharashtra State Co-operative Societies Act, 1960.

We report that:

a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;

b) In our opinion, proper books of accounts as required by law have been kept by the association so far as it appears from our examination of those books and proper returns adequate for the purpose of our audit have been received from association;

c) In our opinion and according to information given to us, there has been no material impropriety or irregularity in the expenditure or in the realization of money due to the association;

d) To the best of our information and explanation given to us, the transactions of the association, which have come to our notice, have been within the competence of the association.

e) The Balance sheet and Income and Expenditure Account deal with by this report are in agreement with the books of accounts and returns.

For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

C.A. Sanjay Rane
Mem No. 037852

Date: 20th July 2018
Place: Mumbai

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Sanjay Rane & Associates

CHARTERED ACCOUNTANTS

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Management's Responsibility for the Financial Statement

The management is responsible for the preparation of these financial statements in accordance with The Bombay Public Trust Act, 1950 and rules made there under. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with the Standards on Auditing issued by the Institute of Chartered Accountant of India. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain the reasonable assurance about whether the financial statements are free from material misstatement.

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We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion and to the best of our information and according to explanation given to us the financial statements subject to our comments and observation contained in Audit

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Memorandum, give the information required by The Bombay Public Trust Act, 1950 and Rules made there under in the manner so required and give true and fair view in conformity with the accounting principles generally accepted in India:

i) In case of Balance Sheet, of the state of affairs of the association as at 31st March 2019,
ii) In the case of the Income and Expenditure Account, of the loss for the year ended on that date; and

Report on other Legal and Regulatory Matters

The Balance sheet and the Income and Expenditure Account have been drawn up in accordance with the provisions of The Bombay Public Trust Act, 1950.

We report that:

a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;

b) In our opinion, proper books of accounts as required by law have been kept by the association.so far as it appears from our examination of those books and proper returns adequate for the purpose of our audit have been received from association;

c) In our opinion and according to information given to us, there has been no material impropriety or irregularity in the expenditure or in the realization of money due to the association;

d) To the best of our information and explanation given to us, the transactions of the association, which have come to our notice, have been within the competence of the association.

e) The Balance sheet and Income and Expenditure Account deal with by this report are in agreement with the books of accounts and returns.

For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

C.A. Sanjay Rane
Mem No. 037852

Date: 20th July 2019
Place: Mumbai

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

UDIN: 19037852AAAAAC1195

Sanjay Rane & Associates

CHARTERED ACCOUNTANTS

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INDEPENDENT AUDITORS REPORT

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We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Opinion

In our opinion and to the best of our information and according to explanation given to us, the financial statements subject to our comments and observation contained in Audit Memorandum, give the information required by The Bombay Public Trust Act, 1950 and Rules made there under in the manner so required and give true and fair view in conformity with the accounting principles generally accepted in India:

i) In case of Balance Sheet, of the state of affairs of the association as at 31st March 2020,
ii) In the case of the Income and Expenditure Account, of the loss for the year ended on that date; and

Report on other Legal and Regulatory Matters

The Balance sheet and the Income and Expenditure Account have been drawn up in accordance with the provisions of The Bombay Public Trust Act, 1950.

We report that:

a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;

b) In our opinion, proper books of accounts as required by law have been kept by the association so far as it appears from our examination of those books and proper returns adequate for the purpose of our audit have been received from association;

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d) To the best of our information and explanation given to us, the transactions of the association, which have come to our notice, have been within the competence of the association.

e) The Balance sheet and Income and Expenditure Account deal with by this report are in agreement with the books of accounts and returns.

For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(C.A. Sanjay Rane)
M No. 037852

Date: 19.11.2020
Place: Mumbai

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

UDIN : 20037852AAAAAN8424

Sanjay Rane & Associates

CHARTERED ACCOUNTANTS
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INDEPENDENT AUDITORS REPORT

To

The BOMBAY PHYSICAL CULTURE ASSOCIATION, MUMBAI.

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We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion and to the best of our information and according to explanation given to us, the financial statements subject to our comments and observation contained in Audit

RANE & ASSOCIATES MUMBAI Chartered Accountants

Memorandum, give the information required by The Bombay Public Trust Act, 1950 and Rules made there under in the manner so required and give true and fair view in conformity with the accounting principles generally accepted in India:

i) In case of Balance Sheet, of the state of affairs of the association as at 31st March 2021,
ii) In the case of the Income and Expenditure Account, of the loss for the year ended on that date; and

Report on other Legal and Regulatory Matters

The Balance sheet and the Income and Expenditure Account have been drawn up in accordance with the provisions of The Bombay Public Trust Act, 1950.

We report that:

a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;

b) In our opinion, proper books of accounts as required by law have been kept by the association so far as it appears from our examination of those books and proper returns adequate for the purpose of our audit have been received from association;

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For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

CA. Sanjay Rane
Mem No. 037852

Date: 13th September,2021
Place: Mumbai
UDIN: 21037852AAAABI9101

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 83 A

BPCA'S College of Physical Education, Wadala, Mumbai- 400 031.

PRESPECTIVE PLAN

2019-20 TO 2023-24

Introduction

Situated in the heart of Mumbai city, the Bombay Physical Culture Association (popularly known as BPCA) is one of the pioneer voluntary organizations rendering invaluable services to humanity for propagating the cultural heritage of India since its inception. Three eminent personalities and great visionaries viz., Late Padmashree Krishnaji Shripad Alias Bapusaheb Mhaskar, Late Namaskaracharya, J.K. Alias Bhausaheb Soman and Patrapandit, and Late P.H. Alias Nanasaheb Khadilkar had established this Association on 29 June 1935, during British period, with a great vision 'बलम राष्ट्रस्य वर्धनम' which means strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony. In fact, this vision of the institute is based on the universal truth Survival of the fittest and true national spirit, mainly for the promotion of the indigenous games and exercise systems. Bhartiya Kreeda Mandir is a campus perhaps of its own kind in the country having big stadium and other sports infrastructure specifically designed and created for the promotion of Indian games & sports.

The idea of setting up a college for physical education was born and government permission for this establishment was also obtained in 1932. However, it took 45 long years before the college was finally established in 1978. During the interim period of these forty-five years, the intuition offered its services in preparing physically fit youth in various capacities. It offered free training to school going children to get physically fit in pre and post-independence years

BPCA'S College of Physical Education is affiliated to the MUMBAI University, is accredited by NAAC whit A grade (CGPA 3.29) and is recognized as a Research Centre in physical education. It offers a range of Bachelor's and Master's Courses in physical education and PhD. courses. All the modern administrative facilities are housed in suitable buildings. The college also has its own hostel and mess facilities. BP CACPE is a centre for quality physical education, one of its kind, known and recognized widely across the state of Maharashtra and the country.

Vision

'बलम राष्ट्रस्य वर्धनम' which means **strength for nation building - by empowering youth with physical, mental, intellectual, emotional and social fitness blended with integrity and harmony.**

Mission

Mission of facilitating Physical Education - par excellence, preparing a cadre of professionals matching global standards who are not only physically fit but have quest for intellectual excellence through world class research and above all have ability to produce good citizens with healthy body and sound mind having human values with civic responsibilities**.**

Objectives

- To develop highly qualified human resource in the field of Health, Physical Education and Sports that will be proactive and accountable to the complete transformation of the discipline.
- To equip the potential educator to become involved citizens
- To design the most relevant academic programs which inculcate social responsibilities amongst students and provide entrepreneurship opportunities.
- To develop research culture by establishing a functional research and innovation cell.
- To design and organize professional development programs catering to needs of all the stakeholders.
- To provide mentorship, skill development opportunities to the in -house faculties and staff and learners.
- To develop and provide necessary infrastructure that helps in achieving the institutional goals and benefits in general all the components and society.

Key Aspects	Short Term	Long Term
Academic	1. Prepare, Discuss & Implement Teaching Plan. 2. Use of Student Centred Teaching Methods. 3. PEER Evaluation. 4. Increase Faculty Development Program. 5. Use of different Authentic Assessment Techniques in Teaching Learning Process (TLP). 6. Use of Technology to Enhance TLP. 7. Evaluation of the Course Outcomes 8. 100% Result 9. Academic Auditing	1. Online Course related to PE & Sports. 2. Evaluation of the Program outcomes. 3. Development of e-content 4. Talks & Interaction through Video Conferencing. 5. To start Magazine/Journal about Health, PE & Sports.
Research	1. Publishing Book of Abstracts 2. All faculties with Ph.D. 3. Organize State / National and International level workshops 4. Increase in Ph.D./ M.Phil. Results 5. To create Literature in Marathi language 6. Increase the number of Research Publications by faculty members 7. Submitting Minor Research Project (MRP).	1. Submitting Major Research Project. 2.. Subscribe Online Data Base & Journals
Extension	1. Collaborations & linkages with industries. 2. Starting Value Added & Certificate Courses — Sports Nutrition, M.A Yoga, Outdoor Fitness Instructor, Gym Instructor, Aerobics Instructor, Yoga Instructor, Skating Instructor. 3. To start Social activities. 4. Program with other bodies/ Organization. 5. Making Effective use of Social Media. 6. Providing Expertise — Officiating Testing, Event Management & PE Program. 7. Organize Short Term Courses for Faculty Development. 8. Conduct Activities for Special	1. Starting Health & Fitness Assessment & Counselling Centre. 2. Starting of Different Courses — B.A. Yoga, B.A. Physical Education Course, Strength & Conditioning course, Sports Nutrition diploma, Degree course of elite sportsman. 3. Faculty Exchange. 4. Organize Refresher Course.
	1. Increase in the number of classrooms 2. Renovation of Basketball Courts	1. Increasing Parking. 2. Constructing Indoor Multi-

Infrastructure	3. Compliance of Sports Equipment and Human Performance Laboratory as per NCTE New Regulations. 4. Renovation of Athletic Track	3. Purpose Hall with Gym, Guest Rooms, Changing Rooms for Day Scholars & Faculty. 4. Building New Hostel Facility.
Student Support	1. Increasing the Scope & Function of Placement Cell. 2. Conduct Up-gradation courses for Alumni. 3. Starting classes to improve students Soft Skills & Life Skills. 4. Increase in the Student Welfare Fund. 5. Increase in Library Timing. 6. Start Counselling, Mentoring Session and Medical Support for Students.	1. Start facility of Canteen.
Governance	1. Planning of each Department or Event in the college. 2. Form different committee for Decentralize Administration. 3. Purchase Campus Management Software and Mobile App. 4. Outbound Program for Faculty.	1. Apply for Awards — Staff & College. 2. Undergo Administrative Audit. 3. Apply for Autonomous College.

Plan for the Year 2019 – 2020

- Prepare, Discuss & Implement Teaching Plans.
- Use of Student Centred Teaching Methods.
- Use of different Authentic Assessment Technique in TLP.
- Use of Technology to enhance TLP.
- 100% Result.
- Publishing Book of Abstracts.
- Conducting State level Workshop on Functional fitness.
- Organizing one Day Workshop on ’Sports Nutrition’.

- Conducting Workshop on State Eligibility test (SET) in Physical Education.
- Starting Certificate courses on Outdoor Fitness Instructor, Gym Instructor, Aerobics Instructor, Yoga Instructor, and Skating Instructor.
- Conducting Volleyball (M) & Hand Ball (M) Inter collegiate competition.
- Organizing Basketball Zonal Level Competition.
- Increase in Classrooms.
- Compliance of Sports Equipment and Human Performance Laboratory as per NCTE new Regulations.
- Increasing the scope and function of Placement cell.
- Conducting Up gradation courses for Alumni.
- Purchasing Office Management Software and Mobile App.

Plan for the Year 2020 – 2021

- Prepare, Discuss & Implement Teaching Plans.
- Use of Student Centred Teaching Methods.
- Use of different Authentic Assessment Technique in TLP.
- Use of Technology to enhance TLP.
- 100% Result.
- Academic Auditing.
- All faculties with Ph.D.
- Organizing International Workshop on Strength & Conditioning.
- Organizing State Level Seminar on Olympic Movement.
- Conducting Workshop on State Eligibility test (SET) in Physical Education.

- Conducting Volleyball (M) & Athletics Inter collegiate competition.
- Organizing Volleyball (W) Zonal Level Competition.
- Starting Sports Nutrition Diploma course, M.A Yoga Course.
- Organize Faculty Development Short term course for Multi-disciplinary faculty on Yoga for life.
- Renovation of Athletic track.
- Conducting Up gradation courses for Alumni.

Plan for the Year 2021 – 2022

- Prepare, Discuss & Implement Teaching Plan.
- Use of Student Centred Teaching Methods.
- Use of different Authentic Assessment Technique in TLP.
- Use of Technology to Enhance TLP.
- 100% Result.
- Evaluation of Program outcome.
- Apply for Best College Award.
- Subscribe online data base & Journals.
- Conducting state level Workshop on ’Rehabilitation’.
- Organizing National Level Seminar on 'Sports Management ’.
- Conducting Workshop on State Eligibility test (SET) in Physical Education.
- Conducting Table Tennis (M) & Judo (W) Inter collegiate competition.
- Organizing Foot Ball (W) Zonal Level Competition.
- Starting B.A Physical Education Course.
- Renovation of Basket Ball Court.
- Conducting Up gradation courses for Alumni.
- To do an Administrative Audit.

Plan for the Year 2022 – 2023

- Prepare, Discuss & Implement Teaching Plan.
- Use of Student Centred Teaching Methods.
- Use of different Authentic Assessment Technique in TLP.
- Use of Technology to Enhance TLP.
- 100% Result.
- Development of e-Content.
- Submitting Major Research project.
- Conducting state level workshop on Minor & Modified Games.
- Conducting Workshop on State Eligibility test (SET) in Physical Education.
- Conducting Kho—Kho (M) Inter collegiate competition.
- Organizing Kho-Kho (M) Zonal Level Competition.
- Organizing Kho-Kho (M) All India Level Competition.
- Starting B.A Yoga Course.
- Starting Health & Fitness Assessment & Counselling Centre.
- Create more space in Parking Lot.
- Renovation of Hostel Facility.
- Conducting Up gradation courses for Alumni.

Plan for the Year 2023 – 2024

- Prepare, Discuss & Implement Teaching Plan.
- Use of Student Centred Teaching Methods.
- Use of different Authentic Assessment Technique in TLP.
- Use of Technology to Enhance TLP.
- 100% Result.
- To start magazine/Journal about Health, PE & Sports.
- Organizing State level seminar on 'Adapted Physical Education'.
- Conducting Volley Ball (M) & Basket Ball (W) Inter collegiate competition.
- Conducting Workshop on State Eligibility test (SET) in Physical Education.
- Organizing Foot Ball (W) Zonal Level Competition.
- Organize Refresher course for Health, Physical Education & Sports Professionals.
- Constructing Indoor multipurpose hall with Gym, Guest rooms, Changing Room for Day.
- Scholars & Faculty.
- Conducting Up gradation courses for Alumni.

IQAC COORDINATOR
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BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

B.P.Ed Theory Teaching Plan for the Year 2019-2020

Program	**Semester**	**Course no.**	**Course title**	**Academic year**	**Name of the teacher**
BPEd	1	103	Learning to Teach Physical Education	2019-20	
Month & Week	Details	Resource books/ Websites/e-material	Teaching method or innovative strategies(if any)	Expected outcome	Assessment strategies week or Differentiation strategies(if any)
September W2 **W3**	Credit:1 • Objectives of Physical Education • Physically educated person • stages & phases of motor learning • Effective and Ineffective learning environment	Demonstration Self Learning Showing video and discussion	1. Self Learning 2. CO-operative	• Students will understand the aims of physical education • Students will understand difference between effective and ineffective learning environment • Students will make extension refinement and application of at least one skill	Formative Evaluation 1: written test Formative Evaluation 2: Interview Formative Evaluation 3: written test Formative Evaluation 4: Objective Test Formative Evaluation 5: Presentation
				Student can do annual planning and lesson planning	

NAME:- Dr. J. M. Hotkar

BPCA'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI-31

Year 2020-21 Practical Teaching Plan

Program	BPED/MPED Year	Activity	Academic year	Name of the teacher
	BPEd	FOOTBALL	2020-21	

Teaching Objectives

1. **To help student- teacher understand basic skills of Football.**
2. **To help student-teacher learning basic skills of Football.**
3. **To help student-teacher create variety of drills for teaching, its progression and application in game situation.**
4. **To help students to understand cues of skills, class formation for drills, safety precautions to be taken,**
5. **To acquaint students with various teaching style and when to use it.**

Period	Main Part	Description/Activities/Details	Teaching strategies
1.	Introduction to Football. Introduction to Kicking and receiving the football. Introduction to football field.	#Teacher will introduce Football Spots to students in brief #Will inform them about football field, and Players compulsory kit. #will introduce basic skill- Kicking and receiving ball' #Emphasize proper posture and foot contact while kicking the ball. #Teacher will explain cues. #Students will practice Kicking and receiving ball with partners	# Command and Practice style of teaching will be used. #Revision at the end of class will be done # Queries of students will be resolved.
2.	Continuing with kicking and receiving the football Introduction to ball dimensions and player's kit.	#Students will be kicking and receiving the football # Teacher will increase difficulty level of drills. #Teacher will give task to students to prepare more drills. # Teacher will give feedback on student's drills.	# Practice style and incusion style teaching will be used. #Guided and Convergent discovery tyle of teaching will be used.
3.	Continuing with kicking and receiving the ball	#Students will be kicking and receiving the football.	# Practice style and Inclusion style of

		# Teacher will increase difficulty level of drill. 2 vs 2 3 vs 3 (Match situation)	teaching will be used.
4.	Introduction to individual drills.	# Teacher will introduce individual drills # Teacher will emphasize on body position, ball position while performing individual drills. #Variety with increase in difficulty/ intensity of drill is taken. # Teacher will explain cues.	#Command and Practice style of teaching will be used. #Queries of students will be resolved.
5.	Continue with Introduction to individual drills.	# Teacher will introduce individual drills # Teacher will increase difficulty level of drill. # Teacher will give task to students to prepare more drills. # Teacher will give feedback on student's drills.	# Practice style and Inclusion style of teaching will be used. #Guided and Convergent discovery style of teaching will be used.
6.	Continue with # Stucents will practice individual drills.	#Teacher will increase difficulty level of drill. Against 1 defender, 2 defenders, (Match situation)	#Practice style and Inclusion style of teaching will be used.
7.	Introduction to air ball control # Teacher will introduce Air ball control. (Chest, thigh, and foot)	#Teacher will emphasize on body position while receiving and controlling air bal. #Variety with increase in difficulty/ intensity of drill s taken. # Teacher will explain cues.	#Command and Practice style of teaching will be used. #Queries of students will be resolved.
8.	Continue with air ball control	#Students will practice Air ball control. (Chest, thigh, and foot) # Teacher will increase difficulty level of drill. # Teacher will give task to students to prepare more drills. # Teacher will give feedback on student's drills.	# Practice style and Inclusion style of teaching will be used. # Guided and Convergent discovery style of teaching will be used.
9.	Introduction to different kicks	#Teacher will different kicks used in football- Goal kick, Corner kick, Penalty, Free kicks. # Teacher will increase difficulty level of drill. (Match situation)	# Practice style and Inclusion style of teaching will be used.

10.	Introduction to Attacking and Defensive skills	#Teacher will take practice of Attacking and Defensive skills # Teacher will explain different strategies used in match situations.	# Command and Practice style of teaching will be used. # Queries of students will be resolved.
11.	Introduction to throw in and offside rules.	# Teacher will introduce throw in and offside rules. # Teacher will teach throw in and explain offside rules rules and take situational practice.	#Practice style and Inclusion style of teaching will be used. #Guided and Convergent discovery style of teach will be used.
12.	Introduction to Small-sided games, grid games and modified games	#Teacher will introduce small-sided games, grid games and modified games. # Discuss importance of small-sided games.	#Practice style and Inclusion style of teaching will be used. #Guided and Convergent discovery style of teaching will be used.
13.	Continue with Small-sided games, grid games and modified games.	Teacher will continue with small-sided games, grid games and modified games.	# Practice style and inclusion style of teaching will be used. # Guided and Convergent discovery style of teaching will be used.
14.	Discussion on rules and regulation of Football	#Teacher will explain rules and regulations of games with the help of video.	# Command method teaching. # Students queries will be resolved.
15.	Practice of all skills	#Students will practice all the skills.	Self-teach style.

Expected outcome

1. Students will learn basic drills of Football.
2. Students will learn to create drills of Football.
3. Students will understand game of Football and will develop strategies develop game.
4. Students will learn small-sided games related to Football.
5. Students will understand rules and regulations of Football.

Resource books/ Websites/e-material

1. FIFA rule book- FIFA laws of the games.
2. https://www.voutube.com/watch?v=Em40PPCI1TE
3. https:/l/www.voutube.com/watch?v=y1d_uHGOso

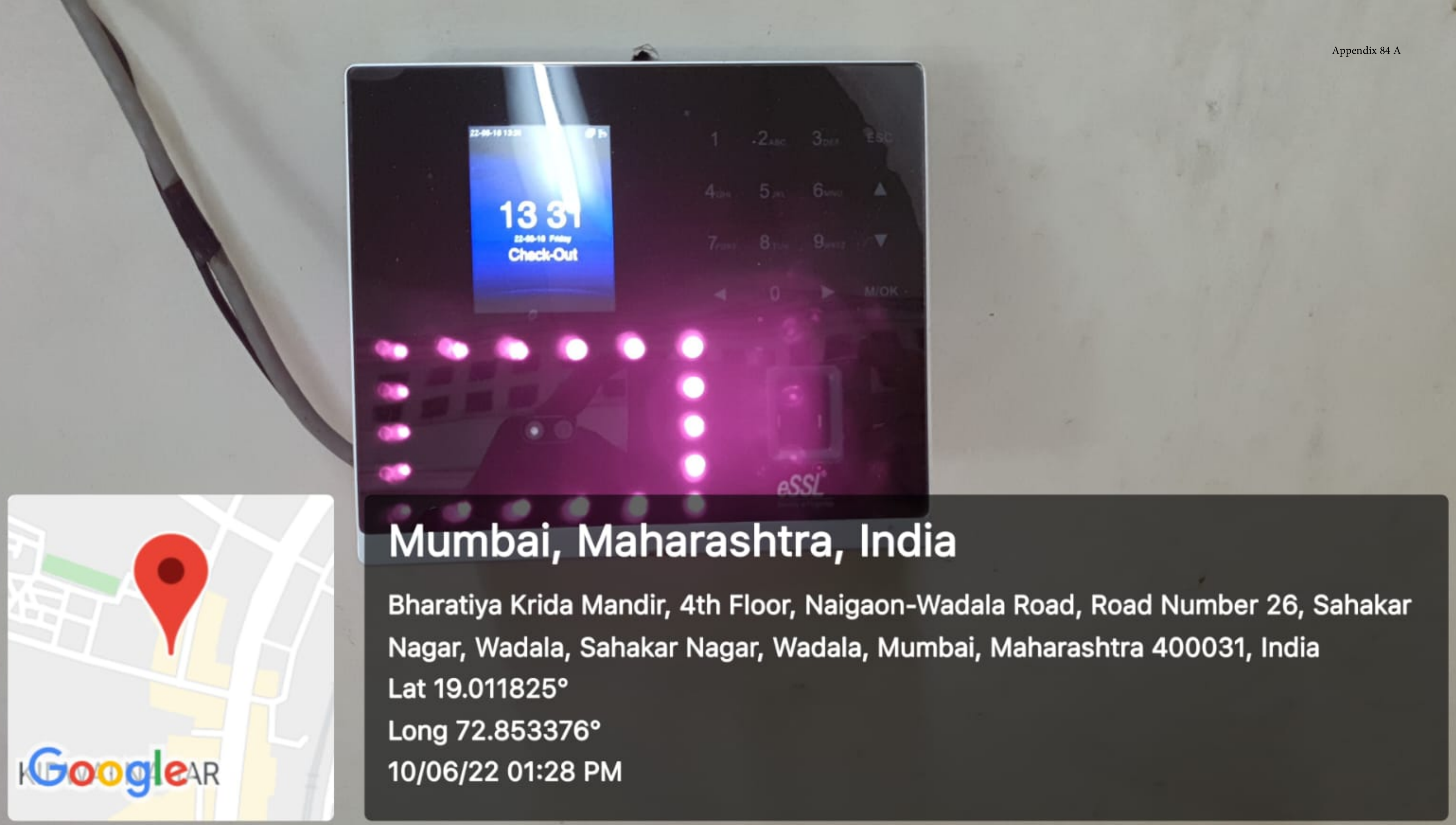
Description of the Evaluation Scheme

Bifurcation of Skill	Kicking, passing, and receiving the ball	Dribbling and air ball control	Throw in skill and defensive skill	Kicking with power	Viva
Marks	20	20	20	20	20

PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Dr. J. M. Hotkar

NAME & SIGNATURE OF TEACHER


13 31
Check-Out
eSSL
Mumbai, Maharashtra, India
Bharatiya Krida Mandir, 4th Floor, Naigaon-Wadala Road, Road Number 26, Sahakar Nagar, Wadala, Sahakar Nagar, Wadala, Mumbai, Maharashtra 400031, India
Lat 19.011825°
Long 72.853376°
10/06/22 01:28 PM
Google

B.P.Ed office Equipment Vishal
Fixed Asseds

TAX INVOICE

(ORIGINAL FOR RECIPIENT)

Arpita Infocomm Pvt.Ltd.
FB-48 ,1st Floor, Highland Corporate Centre
Near Big Bazar, Majiwada
Thane (West) - 400607
022-25415059/ 41006578
GSTIN/UIN: 27AAJCA4784B1ZO
State Name : Maharashtra, Code : 27
CIN: U72900MH2011PTC217102
E-Mail : sales@arpcomp.in

Service People

Invoice No. **AIPL/403/19-20**	Dated **1-Aug-2019**
Delivery Note **554**	Mode/Terms of Payment **IMMIDIATE**
Supplier's Ref.	Other Reference(s)
Buyer's Order No. **MAIL CONFIRMATION**	Dated **1-Aug-2019**
Despatch Document No.	Delivery Note Date **1-Aug-2019**
Despatched through	Destination
Terms of Delivery **IMMIDIATE**	

Consignee
BOMBAY PHYSICAL CULTURE ASSOCIATION
BHARATIYA KRIDA MANDIR, NAIGAON CROSS ROAD,
WADALA, MUMBAI-400 031
(O): 022 2416 8609 / F: 022 2417 2457
CELL :9930 366 578
email : bpcacpemumbai@gmail.com
GSTIN/UIN : 27AAATB1720C1ZH
State Name : Maharashtra, Code : 27

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Appendix 84 B

Buyer (if other than consignee)
BOMBAY PHYSICAL CULTURE ASSOCIATION
BHARATIYA KRIDA MANDIR, NAIGAON CROSS ROAD,
WADALA, MUMBAI-400 031
(O): 022 2416 8609 / F: 022 2417 2457
CELL :9930 366 578
EMAIL : Bpcacpemumbai@gmail.Com
GSTIN/UIN : 27AAATB1720C1ZH
State Name : Maharashtra, Code : 27

Sl No.	Description of Goods	HSN/SAC	Quantity	Rate	per	Disc. %	Amount
1	**FACE & FINGERPRINT BIOMETRIC MACHINE** *WITH INSTALLATION* *AEXY183260221*	85437099	**1 NO**	15,254.00	NO		**15,254.00**
	Output CGST @9%			9	%		**1,372.86**
	Output SGST @9%			9	%		**1,372.86**
	Sales Round Off						**0.28**
	Total		**1 NO**				**RS 18,000.00**

Received Ch.No.: 000291
10/09/19
30/8/19

APPROVED
Rs. 18000/-
Principal

Amount Chargeable (in words) E. & O.E
Rupees Eighteen Thousand Only

HSN/SAC	Taxable Value	Central Tax Rate	Central Tax Amount	State Tax Rate	State Tax Amount	Total Tax Amount
85437099	15,254.00	9%	1,372.86	9%	1,372.86	2,745.72
Total	**15,254.00**		**1,372.86**		**1,372.86**	**2,745.72**

Tax Amount (in words) : **Rupees Two Thousand Seven Hundred Forty Five and Seventy Two paise Only**

Company's PAN : **AAJCA4784B**

Declaration
I/We hereby certify that my/our registration certificate under the maharashtra value Added Tax Act 2002 is in force on the date on which the sale of goods specified in this tax invoices is made by me/us and that the transaction of sale covered by this tax inovice has been effected by me/us & it shall be accounted for in the turnover of sales while filling of return and the due tax,if any payable on the sale has been paid or shall be paid.

Company's Bank Details
Bank Name : **TJSB SAHAKARI BANK LTD.**
A/c No. : **005130100000315**
Branch & IFS Code: **79 K'villa Rabodi & TJSB0000005**

for Arpita Infocomm Pvt.Ltd.

Authorised Signatory

This is a Computer Generated Invoice

The college takes feedback from a variety of stakeholders. Most of the time, it has been observed that the response has been extremely positive and they have been very appreciative and encouraging The feedback includes very few suggesions or remarks for improvements.
These singular remarks are also given cognizance and action Is taken by the college :

Sr No.	Suggestion	Action Taken
1	Lot of scope to improve and thinking should be of wide perspective	The college ensures providing a wide range of real life experience for its internees. Student-teachers The diverse situations such as experience In urban, semi urban and rural settings is provided along with varying educational levels right from pre-primary to higher secondary schools. The STs also get experience of teaching in schools of varying socio-economic backgrounds, i.e from corporation schools to affluent International schools of state, national and international board affiliations.
2	The student could plan better and conduct better lessons	The college has recently prepared lesson policy and procedure to improve the quality of lessons and to maintain consistency in them. So that students can better plan and execute lessons,

Signature of Principal

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

Bpca's
college of physical education ,
Wadala, Mumbai -400031

List of beneficiaries of welfare measurements

provided by the Institution - 2020-21

Sr no.	Welfare scheme	Names of beneficiaries
1	Casual Leave	Dr. Ghansham Dhokrat
		Dr. Rajendra Dhakne
		Dr. Rohini Kawade
		Dr. Kailas Asai
		Dr. Jaysing Hotkar
		Dr. Neetu Joshi
		Dr. Rajendra Shelke
		Dr. Sushama Chougule
		Dr. Kishore Maru
		Ms. Manisha Samant
		Mr. Randhir bagal
		Mr. Rohit Shitole
		Mr. Kishor Hambir
		Mr. Eknath Khedkar
		Ms. Prabhavati Pawar
		Ms. Nutan Shinde
2	Duty Leave	Dr. Ghansham Dhokrat
		Dr. Rajendra Dhakne
		Dr. Rohini Kawade
		Dr. Kailas Asai
		Dr. Jaysing Hotkar
		Dr. Neetu Joshi
		Dr. Rajendra Shelke
		Dr. Sushama Chougule
		Dr. Kishore Maru
		Ms. Manisha Samant
		Mr. Randhir bagal
		Mr. Rohit Shitole
		Mr. Kishor Hambir
		Mr. Eknath Khedkar
		Ms. Prabhavati Pawar
		Ms. Nutan Shinde

3	Earned Leave for non teaching	Ms. Manisha Samant
		Mr. Randhir bagal
		Mr. Rohit Shitole
		Mr. Kishor Hambir
		Mr. Eknath Khedkar
		Ms. Prabhavati Pawar
		Ms. Nutan Shinde
4	Medical Leave	Dr. Ghansham Dhokrat
		Dr. Rajendra Dhakne
		Dr. Rohini Kawade
		Dr. Kailas Asai
		Dr. Jaysing Hotkar
		Dr. Neetu Joshi
		Dr. Rajendra Shelke
		Dr. Sushama Chougule
		Dr. Kishore Maru
		Ms. Manisha Samant
		Mr. Randhir bagal
		Mr. Rohit Shitole
		Mr. Kishor Hambir
		Mr. Eknath Khedkar
		Ms. Prabhavati Pawar
		Ms. Nutan Shinde

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

Bharat Friends Association's

Bharat College of Arts & Commerce

Hendrepada, Kulgaon, Badlapur (W)

(Permanently Affiliated to University of Mumbai)

Reaccredited by NAAC with Grade "B"

CERTIFICATE OF PARTICIPATION

This is to certify that Chougule Sushama Narayan of

BPCA's College Of Physical Education, Wadala

has participated in Seven-days Faculty Development Program on "BEFRIEND TECHNOLOGY WITH THE NEW EDUCATOR'S CODE - Transformation from Physical to Digital" organised by IQAC in collaboration with Department of Computer Science from 27th July 2020 to 2nd August 2020.

CA Bharat Khatri	Ms. Vrushali Kulkarni	Dr. Neetu Kapoor
Resource Person	Convener	I/C Principal

University of Mumbai

Department of Physical Education

Santacruz (East), Mumbai - 400098

&

Niranjana Majithia College of Commerce

Kandivali (West), Mumbai - 400067

Certificate of Participation

This is to Certify that Dr./Mrs./Mr./Ms. Rajendra N. Shelke
Of B.P.C.A College of Physical Education
has Actively participated in the "National Seminar cum Workshop on Physical Education, Sports and Yoga" jointly organized by Department of Physical Education, Santacruz (East), Mumbai-400098, University of Mumbai & Niranjana Majithia College of Commerce, Kandivali (West), Mumbai-400067 on 3rd March 2020, at Department of Physical Education, University of Mumbai, Sports Complex, Santacruz (East) Mumbai-400098, Maharashtra.

Dr. Vishwambhar Jadhav
Organizing Secretary
Department of Physical Education
University of Mumbai

Mr.Jayesh Majithia
Co-Convener
Niranjana Majithia College of Commerce,
Kandivali, Mumbai

Dr. Manohar Mane
Convener / Head
Department of Physical Education
University of Mumbai

UNIVERSITY GRANTS COMMISSION

HUMAN RESOURCE DEVELOPMENT CENTRE
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

(Established by Government of Central Provinces Education Department by Notification No.513 dated the 1st August, 1923 & presently a State University governed by Maharashtra Universities Act, 1994)

UGC SPONSORED REFRESHER COURSE

Certificate of Participation

This is to certify that Dr./Mr./Miss./Mrs. Sushama N. Chougule, Assistant Professor, B. P. C. A's College of Physical Education, Wadala, Mumbai, affiliated to University of Mumbai, Mumbai, participated in the Refresher Course in Physical Education from 09th September to 21st September, 2019 and obtained Grade A.

COORDINATOR | DIRECTOR | VICE-CHANCELLOR

Scanned with CamScanner

UNIVERSITY GRANTS COMMISSION

HUMAN RESOURCE DEVELOPMENT CENTRE

LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION, GWALIOR

(NAAC Accredited A++ Deemed University)

Government of India, Ministry of Youth Affairs and Sports

ज्ञान-विज्ञान विमुक्तये

UGC-Sponsored Refresher Course (Online)

This is to certify that ***Dr. Sushama Narayan Chougule***

Designation ***Assistant Professor*** *College/University* ***Bombay Physical Culture Association's College of Physical Education***

Place ***Wadala, Mumbai*** *Affiliated to* ***University of Mumbai***

Participated in online Refresher Course in the subject ***Physical Education***

held from ***17/11/2020*** *to* ***30/11/2020*** *and obtained grade* ***A***

Director

Course Coordinator

Vice-Chancellor

Scanned with CamScanner

UNIVERSITY GRANTS COMMISSION

UGC-
HUMAN
RESOURCE
DEVELOPMENT
CENTRE
(UGC-HRDC)

This is to certify that
Dr. Joshi Neetu O.,
Assistant Professor of
Bombay Physical Culture Association's
College of Physical Education, Wadala affiliated
to University of Mumbai, Mumbai,
participated in the Refresher Course in the subject
Teachers Educators (Physical Education)
conducted at the Department of Education &
Extension, Savitribai Phule Pune University,
Pune 411007,
from 04/07/2016 to 24/07/2016 under the
UGC Scheme and has obtained Grade 'A'

SAVITRIBAI
PHULE
PUNE
UNIVERSITY

I/C DIRECTOR COORDINATOR REGISTRAR / VICE-CHANCELLOR

Grade Scale : A : 75% and Above B : 60 - 74% C : 50 - 59%

"WE GALVANIZE ATTITUDE"

16-17TEED-I-20

ज्ञान–विज्ञानं विमुक्तये

University Grants Commission
Human Resource Development Centre
Kumaun University, Nainital (Uttarakhand)

UGC - Sponsored Faculty Induction Programme

Online Mode

This is to certify that

Dr. Rohini Chandrakant Kawade — *Assistant Professor*

(Name of the participant) — **(Designation)**

B.P.C.A"S College of Physical Education — *Wadala, Mumbai, Maharashtra*

(College/University) — **(Place)**

affiliated to *Mumbai Univercity* **University**

participated in the Faculty Induction Programme *FIP-III*

from *24/02/2021* **to** *26/03/2021* **and obtained Grade** *'A'*

Director — **Coordinator.** — **Registrar/Vice-Chancellor**

REPORT OF AN AUDITOR RELATING TO ACCOUNTS

AUDITED UNDER SUB-SECTION (2) OF SECTION 33 & 34

AND RULE 19 OF THE BOMBAY PUBLIC TRUSTS ACT.

Registered Number :- F – 330 (MUMBAI)

Name of the Public Trust:- BOMBAY PHYSICAL CULTURE ASSOCIATION MUMBAI

For the year ending 31.03.2017

a. Whether accounts are maintained regularly and in accordance ith the provisions of the Act and the rules:	-YES-
b. Whether receipts and disbursements are properly and correctly shown in the accounts:	-YES-
c. Whether the cash balance and vouchers in the custody of the manager or trustee on the date of audit were in agreement with the accounts:	-YES-
d. Whether all books ,deeds, accounts ,vouchers or other documents or records required by the auditor were produced before him;	-YES-
e. Whether a register of movable and immovable properties is properly maintained, the changes therein are communicated from time to time to the regional office, and the defects and inaccuracies mentioned in the previous audit report have been duly complied with;	-NO-
f.Whether manager or trustee or any other person required by the auditor to appear before him did so and furnished the necessary information required by him;	-YES-
g. Whether any property or funds of the trust were applied for any object or purpose other than the object or purpose or the trust	-NO-
h. The amounts of outstanding for more than one year and the amounts written off if any;	-NIL-
i. Whether tenders were invited for repairs or construction involving expenditure exceeding Rs.5000	-NO-
j. Whether any money of the public trust has been invested contrary to the provisions of section 35;	-NO-

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

SANJAY RANE & ASSOCIATES
MUMBAI
Chartered Accountants

k. Alienations, if any of the immovable property contrary to the provisions of section 36 which have come to the notice of the auditors	-NO-
l. All cases of irregular, illegal or improper expenditure ,or failure or omission to recover monies or other property belonging to the public trust or of loss or waste of money or other property belonging to the public trust or of loss or waste of money or other property thereof,and whether such expenditure ,failure ,omission ,loss or waste was caused in consequence of breach of trust or misapplication or any other misconduct on the part of the trustees or any other person while in the management of the trust	-NO-
m. Whether the budget has been filed in the form provided by rule 16A	-YES-
n. Whether the maximum and minimum number of the trustee is maintain .	-YES-
o. Whether the meetings are held regularly as provided in such instrument.	-YES-
p. Whether the minute books of the proceedings of the meeting is maintained.	-YES-
q. Whether any of the trustees has any interest in the investment of the trust.	-NO-
r. Whether any of the trustees is a debtor or creditor of the trust.	-NO-
s. Whether the irregularities pointed out by the auditors in the accounts of the previous year have been duly complied with by the trustees during the period of audit.	-N.A-
t. Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner	-NO-

SANJAY RANE & ASSOCIATES
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Partner
Chartered Accountants
Auditor

Dated at 27/07/2017

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

REPORT OF AN AUDITOR RELATING TO ACCOUNTS

AUDITED UNDER SUB-SECTION (2) OF SECTION 33 & 34

AND RULE 19 OF THE BOMBAY PUBLIC TRUSTS ACT.

Registered Number :- F – 330 (MUMBAI)

Name of the Public Trust:- **BOMBAY PHYSICAL CULTURE ASSOCIATION MUMBAI**

For the year ending **31.03.2019**

a. Whether accounts are maintained regularly and are in accordance with the provisions of the Act and the rules:	-YES-
b. Whether receipts and disbursements are properly and correctly shown in the accounts:	-YES-
c. Whether the cash balance and vouchers in the custody of the manager or trustee on the date of audit were in agreement with the accounts:	-YES-
d. Whether all books, deeds, accounts ,vouchers or other documents or records required by the auditor were produced before him;	-YES-
e. Whether a register of movable and immovable properties is properly maintained, the changes therein are communicated from time to time to the regional office, and the defects and inaccuracies mentioned in the previous audit report have been duly complied with;	-NO-
f. Whether manager or trustee or any other person required by the auditor to appear before him did so and furnished the necessary information required by him;	-YES-
g. Whether any property or funds of the trust were applied for any object or purpose other than the object or purpose or the trust	-NO-
h. The amounts of outstanding for more than one year and the amounts written off if any;	-NIL-
i. Whether tenders were invited for repairs or construction involving expenditure exceeding Rs.5000	-NO-
j. Whether any money of the public trust has been invested contrary to the provisions of section 35;	-NO-

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

SANJAY RANE & ASSOCIATES
MUMBAI
Chartered Accountants

k. Alienations, if any of the immovable property contrary to the provisions of section 36 which have come to the notice of the auditors	-NO-
l. All cases of irregular, illegal or improper expenditure, or failure or omission to recover monies or other property belonging to the public trust or of loss or waste of money or other property thereof,and whether such expenditure ,failure ,omission ,loss or waste was caused in consequence of breach of trust or misapplication or any other misconduct on the part of the trustees or any other person while in the management of the trust	-NO-
m. Whether the budget has been filed in the form provided by rule 16A	-NO-
n. Whether the maximum and minimum number of the trustee is maintain.	-YES-
o. Whether the meetings are held regularly as provided in such instrument.	-YES-
p. Whether the minute books of the proceedings of the meeting is maintained.	-YES-
q. Whether any of the trustees has any interest in the investment of the trust.	-NO-
r. Whether any of the trustees is a debtor or creditor of the trust.	-NO-
s. Whether the irregularities pointed out by the auditors in the accounts of the previous year have been duly complied with by the trustees during the period of audit.	-N.A-
t. Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner	-NO-

For, Sanjay Rane and Associates

Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

C.A. Sanjay Rane

Mem No. 037852

Date: 20th July 2019

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

REPORT OF AN AUDITOR RELATING TO ACCOUNTS

AUDITED UNDER SUB-SECTION (2) OF SECTION 33 & 34

AND RULE 19 OF THE BOMBAY PUBLIC TRUSTS ACT.

Registered Number :- **F – 330 (MUMBAI)**

Name of the Public Trust:- **BOMBAY PHYSICAL CULTURE ASSOCIATION MUMBAI**

For the year ending **31.03.2021**

a. Whether accounts are maintained regularly and are in accordance with the provisions of the Act and the rules:	-YES-
b. Whether receipts and disbursements are properly and correctly shown in the accounts:	-YES-
c. Whether the cash balance and vouchers in the custody of the manager or trustee on the date of audit were in agreement with the accounts:	-YES-
d. Whether all books, deeds, accounts ,vouchers or other documents or records required by the auditor were produced before him;	-YES-
e. Whether a register of movable and immovable properties is properly maintained, the changes therein are communicated from time to time to the regional office, and the defects and inaccuracies mentioned in the previous audit report have been duly complied with;	-NO-
f. Whether manager or trustee or any other person required by the auditor to appear before him did so and furnished the necessary information required by him;	-YES-
g. Whether any property or funds of the trust were applied for any object or purpose other than the object or purpose or the trust	-NO-
h. The amounts of outstanding for more than one year and the amounts written off if any;	-NIL-
i. Whether tenders were invited for repairs or construction involving expenditure exceeding Rs.5000	-NO-
j. Whether any money of the public trust has been invested contrary to the provisions of section 35;	-NO-

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

k. Alienations, if any of the immovable property contrary to the provisions of section 36 which have come to the notice of the auditors	-NO-
l. All cases of irregular, illegal or improper expenditure, or failure or omission to recover monies or other property belonging to the public trust or of loss or waste of money or other property thereof,and whether such expenditure ,failure ,omission ,loss or waste was caused in consequence of breach of trust or misapplication or any other misconduct on the part of the trustees or any other person while in the management of the trust	-NO-
m. Whether the budget has been filed in the form provided by rule 16A	-NO-
n. Whether the maximum and minimum number of the trustee is maintain.	-YES-
o. Whether the meetings are held regularly as provided in such instrument.	-YES-
p. Whether the minute books of the proceedings of the meeting is maintained.	-YES-
q. Whether any of the trustees has any interest in the investment of the trust.	-NO-
r. Whether any of the trustees is a debtor or creditor of the trust.	-NO-
s. Whether the irregularities pointed out by the auditors in the accounts of the previous year have been duly complied with by the trustees during the period of audit.	-N.A-
t. Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner	-NO-

For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

CA. Sanjay Rane
Mem No. 037852

Date: 13th September,2021
Place: Mumbai

UDIN: 21037852AAAABI9101

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Bombay Physical Culture Association's
College of Physical Education,
Wadala, Mumbai – 400 031.

Internal Quality Assurance Cell Committee Meeting
Minutes of the meeting (Meeting No.1)

Meeting	IQAC committee meeting no. 1
Date & Day, Time	22nd August, 2020, 11.00 a.m.
Venue	Principal's Office
Members Present	Dr. G.V. Pargaonkar (Chairman)
	Dr. G.K. Dhokrat
	Dr. J.M. Hotkar
	Dr. K.K. Asai
	Dr. K.J. Maru
	Dr. V. Jadhav
	Shri. Dilip Hebale
	Dr. R.R. Dhakne (Co-ordinator)

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Agenda	Discussion	Action
Agenda 1 Confirmation of the last meeting		
	The minutes of the last meeting read by co-ordinator and the discussion the minutes was confirmed	The minutes after the discussion was approved
Agenda 2 Preparation of documents and templates for NAAC		
	The co-ordinator suggested that the next year the college is going to apply for A & A process of NAAC. It was decided to circulate manual as well as related documents of new NAAC process to the members and faculty	Accordingly the related documents pertaining to new process of NAAC is provided to all the members as well as faculty
Agenda 3 To prepared PLOs and CLOs of all the programmes		
	After the discussion it was decided that a committee should be form and given responsibility to prepared PLOs and CLOs	Approved with the formation of committee.
Agenda 4 Energy, green and waste management audit		
	It was suggested that as per the direction of NAAC college should have audit of energy, green and waste management audit.	Approved and it was suggested that the college should go for administration and academic audit too.
Agenda 5 Finalising Academic Calendar for the year 2020-21		
	Academic Calendar for the academic year 2020-21 was presented by the respective theory and practical Incharge	The academic calendar was approved and the suggestion made by the faculty was incorporated in the academic calendar
Agenda 6 Any other business		
	1. Discussion related to online mode of teaching and various tools. 2. It was suggested to prepared code of conduct of college for faculty, non-teaching and students. 3. To faculty as well as students regarding various aspects of online teaching	1 After the discussion it was decided to take appropriate action regarding the various tools and methods of online teaching. 2 Committee is formed to prepared to code of conduct for college 3 It was decided to have two days FDP regarding online teaching.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
B.P.ED COURSE

Receipts	Amount	Amount	Payment	Amount	Amount
By Opning Balance			**By Salaries By Staff**		
Cash in Hand	16,768.00		Teaching Staff	22,725,186.00	
UCO Bank , Wadala	10,952,785.67		Non-Teaching Staff	3,149,583.00	25,874,769.00
Bank of Maharashtra	90,587.00				
Current Account Central Bank of India	364,790.80	11,424,931.47	To Audit Fees	25,000.00	
			To Competition Expenses	15,239.00	
By Fees from Students			To Advertising Expenses	4,340.00	
Admission Fee	16,000.00		To Interest on Statutory Payment	2,515.00	
Competition Fees	188,000.00		To Contingencies	28,201.07	
Convocation Fees	24,250.00		To Book Band Expenses	5,278.00	
Costume Fees	153,000.00		To CET Expenses	44,098.00	
Course Material Fees	188,000.00		To Electricity Bill	77,450.00	
Eligibility Fees	6,780.00		To Examination Fees	78,118.00	
Enrolment Fees	22,000.00		To First Aid Charges	6,025.00	
Examination Fees	151,380.00		To Library Journals	52,902.00	
First aid Charges	18,800.00		To News paper and Periodicals	7,995.00	
Gymkhana Fees	160,000.00		To Postage and Telephone	39,096.00	
Laboratory Fees	88,000.00		To Printing and Stationary	36,047.00	
Library Fees	80,000.00		To Professional Fees	30,000.00	
Medical Check up	9,400.00		To Laboratory Expenses	149,156.00	
Scout Camp Fees	188,000.00		To Souviner Expenses	30,000.00	
Souviner Fees	32,000.00		To Library Expenses	5,740.00	
Sports and Yoga Equipment	188,000.00		To Travelling Expenses	1,756.00	
Tuition Fees	480,000.00		To Yealry Affiliation fees	20,000.00	658,956.07
University Fees	28,710.00				
Yuva Raksha Fees	3,380.00	2,025,700.00	**By Fixed Assest**		
			RUSA Building Premises	4,536,331.00	
By Other Fees			RUSA Computers	1,300,000.00	
T.C.Fees	3,300.00	3,300.00	RUSA Sports Equipment	1,143,634.00	
			Computers	125,623.00	
By Other Income			Furniture & Fixtures	86,905.00	
Awards and Incentives (F.D.R. Int.)	293.00		Library Books	24,803.00	
Book Band Grant Received	5,221.00		Sports Equipment	83,152.00	7,300,448.00
G.O.I Scholarship	126,497.50				
Miscellanenous Receipts	7,000.00	139,011.50	GST Input 2021-22 Carried Forward		1,846.00
			Advance For Expenses		105.00
By Bank Interest					
Saving Account	37,020.00				
Interest on F.D.R.	30,941.00	67,961.00	BPCA Headoffice		517,296.00
By Government Grants		25,874,769.00	**By Closing Balance (Cash and Bank)**		
			Cash in Hand	1,674.00	
By Advance For Expenses Refund		12,000.00	UCO Bank , Wadala	5,259,052.35	
			Bank of Maharashtra	105,947.00	
By Stale Cheque Reversed		24,537.00	Current Account Central Bank of India	358,109.30	5,724,782.65
By SD Received Mahindra Realators Infrasturcture P Ltd		81,006.00			
By SD Received Mahindra Realators Infrasturcture P Ltd		119,000.00			
By Rusa Grand Fund					
Grant Received During the Year					
Add : Saving Bank Interest	291,007.00				
Tender Cost Received	15,000.00				
Less : Contingencies	20.25	305,986.75			
Total		**40,078,202.72**	**Total**		**40,078,202.72**

As per our report of even date attached
For Sanjay Rane and Assoicates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated : 13/09/2021
UDIN- 21037852AAAABI9101

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
B.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salaries to Staff			**By Fees from Students**		
Teaching Staff	22,725,186.00		Admission Fee	16,000.00	
Non-Teaching Staff	3,149,583.00	25,874,769.00	Competition Fees	188,000.00	
			Convocation Fees	24,250.00	
			Costume Fees	153,000.00	
To Audit Fees	25,000.00		Course Material Fees	188,000.00	
To Competition Expenses	15,239.00		Eligibility Fees	6,780.00	
To Advertising Expenses	4,340.00		Enrolment Fees	22,000.00	
To Interest on Statutory Payment	2,515.00		Examination Fees	151,380.00	
To Scholarship Paid	126,497.50		First aid Charges	18,800.00	
To Contingencies	28,201.07		Gymkhana Fees	160,000.00	
To Book Band Expenses	5,278.00		Laboratory Fees	88,000.00	
To CET Expenses	44,098.00		Library Fees	80,000.00	
To Electricity Bill	77,450.00		Medical Check up	9,400.00	
To Examination Fees	78,118.00		Scout Camp Fees	188,000.00	
To First Aid Charges	6,025.00		Souviner Fees	32,000.00	
To Library Journals	52,902.00		Sports and Yoga Equipment	188,000.00	
To News paper and Periodicals	7,995.00		Tuition Fees	480,000.00	
To Postage and Telephone	39,096.00		University Fees	28,710.00	
To Printing and Stationary	36,047.00		Yuva Raksha Fees	3,380.00	2,025,700.00
To Professional Fees	30,000.00				
To Laboratory Expenses	149,156.00		**By Other Fees**		
To Souviner Expenses	30,000.00		T.C.Fees		3,300.00
To Library Expenses	5,740.00				
To Travelling Expenses	1,756.00		**By Other Income**		
To Yealry Affiliation fees	20,000.00	785,453.57	By Awards and Incentives (F.D.R. Int.)	293.00	
			By G.O.I Scholarship Received	126,497.50	
To Depreciation		266,780.05	By Book Band Grant Received	5,221.00	
			By Miscellanenous Receipts	7,000.00	139,011.50
To Execess of Income over expenditure		1,183,738.88			
			By Bank Interest		
			Saving Account	37,020.00	
			Interest on F.D.R.	30,941.00	67,961.00
			By Government Grants (Salary Grant)		25,874,769.00
Total		28,110,741.50			28,110,741.50

As per our report of even date attached

4,200.00

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated: 13/09/2021

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

UDIN-21037852AAAABI9101

B.P.C.A. COLLEGE OF PHYSICAL EDUATION WADALA,
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2021
B.P.ED COURSE

Liabilities	Amount	Amount	Asset	Amount	Amount
Reserve Fund		500,000.00	**Fixed Assets**		
			(As Per Schedule)		13,645,037.11
Depreciation Fund					
Bal : As per last Balance sheet	6,007,325.11		**Advances & Deposits**		
Add : Addition during the year	999,870.25	7,007,195.36	Advances for Expenditure	3,231.75	
			Deposit with B.E.S.T.	15,500.00	
RUSA Grant Fund			GST Carried Forward 2020-21	1,846.00	
Opening Balance	10,043,322.00		BPCA Head Office	788,709.00	809,286.75
Add : Saving Bank Interest	291,007.00				
Tender Cost Received	15,000.00		**Investment**		
Less : Depreciation & Contingencies	733,110.45	9,616,218.55	Fixed Deposits With Uco Bank	500,000.00	
			Fixed Deposit for Awards & Incentives	5,000.00	505,000.00
Deposits					
Caution	5,950.00				
Library	15,810.00		**Cash & Bank Balances**		
Laboratory Deposit	36,900.00		Cash in Hand	1,674.00	
Hostel	50.00	58,710.00	Uco Bank (Rusa) Wadala	3,130,495.75	
			UCO Bank, Wadala	2,128,556.60	
Advances & Deposits			Bank of Maharashtra	105,947.00	
Advance payable to M.Ed. (Phy.) Course	60,000.00		Current Acoount Central Bank of India	358,109.30	5,724,782.65
Advance payable to B.P.C.A.	1,125,000.00	1,185,000.00			
Scholarship Payable					
EBC Schclarship	3,960.00				
G.O.I. Scholarship	364,235.00	368,195.00			
Sundry Creditors					
Inmac Computers P Ltd	10,620.00				
Mayur Medical Stores	10,127.00	20,747.00			
Liabilities for Expenses					
Audit Fees	25,000.00				
Hostel Grant paybale to B.P.C.A.	15,040.00				
Rent payable to B.P.C.A.	128,000.00				
SD - Mahendra Realators & Infrastructure P.L.	119,000.00				
RM - Mahendra Realators & Infrastructure P.L.	81,006.00				
Telephone Charges Payable	3,790.00				
TDS Payable	225.00				
U.G.C. Arrears	5,392.00				
B.C.Scholarship (Miscellaneous)	1,800.00	379,253.00			
Income and Expenditure Account					
Balance as per last Bal.Sheet	365,048.72				
Excess of Income over expenditure	1,183,738.88	1,548,787.60			
Total		20,684,106.51			20,684,106.51

As per our report of even date attached
For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated :13/09/2021
UDIN- 21037852AAAABI9101

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
B P Ed Course
SCHEDULE FIXED ASSETS

SN	Particulars	Deprn	Op Bal	Addition During Year 30.09.2020	Addition During Year 01.10.2020	Total	DEPRECIATION Op Bal	DEPRECIATION Addition	DEPRECIATION Total	W D V 31.03.2021	W D V 31.03.2020
1	Audio Visual Aids	60	165,459.31			165,459.31	165,457.31	1.20	165,458.51	0.80	2.00
2	Computer	60	1,180,708.00		125,623.00	1,306,331.00	1,141,951.00	60,941.10	1,202,892.10	103,438.90	38,757.00
3	Computer (UGC Network)	60	250,678.00			250,678.00	250,647.00	18.60	250,665.60	12.40	31.00
4	Computer (UGC)	60	204,086.00			204,086.00	204,018.00	40.80	204,058.80	27.20	68.00
5	IQAC Equipment	60	127,200.00			127,200.00	123,764.00	2,061.60	125,825.60	1,374.40	3,436.00
6	Equipment (U G C)	60	1,583,070.95			1,583,070.95	1,552,512.95	18,334.80	1,570,847.75	12,223.20	30,558.00
7	Electricity Fittings	10	26,995.20			26,995.20	26,191.20	80.40	26,271.60	723.60	804.00
8	Furniture & Fixtures	10	207,629.48		86,905.00	294,534.48	189,545.48	6,153.65	195,699.13	98,835.35	18,084.00
9	Fans & Fittings	10	4,131.50			4,131.50	3,817.50	31.40	3,848.90	282.60	314.00
10	Library Books	60	943,149.54		24,803.00	967,952.54	911,620.54	26,358.30	937,978.84	29,973.70	31,529.00
11	Office Equipment	60	39,688.00			39,688.00	33,586.00	3,661.20	37,247.20	2,440.80	6,102.00
12	Sports Equipment	60	1,572,783.13		83,152.00	1,655,935.13	1,366,194.13	148,899.00	1,515,093.13	140,842.00	206,589.00
13	Sundry Stores	20	39,010.00			39,010.00	38,020.00	198.00	38,218.00	792.00	990.00
			6,344,589.11	-	320,483.00	6,665,072.11	6,007,325.11	266,780.05	6,274,105.16	390,966.95	337,264.00
	RUSA ASSETS										
	Building Premises WIP				4,536,331.00	4,536,331.00	-	-	-	4,536,331.00	-
	Computers	60			1,300,000.00	1,300,000.00	-	390,000.00	390,000.00	910,000.00	-
	Sports Equipment	60			1,143,634.00	1,143,634.00	-	343,090.20	343,090.20	800,543.80	-
			-	-	6,979,965.00	6,979,965.00	-	733,090.20	733,090.20	6,246,874.80	-
			6,344,589.11	-	7,300,448.00	13,645,037.11	6,007,325.11	999,870.25	7,007,195.36	6,637,841.75	337,264.00

As per our report of even date attached
For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)
M.No.03785

Place- Mumbai
Dated :13/09/2021
UDIN-21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
RUSA CASH Flow

Particulars			Rusa Fund	Rusa Assets	EMD	GST	Retention
Add : Deposit During Year							
Fund	10,000,000.00		10,000,000.00				
S B interest	327,591.00		327,591.00				
S B interest	18.00		18.00				
EmD	119,000.00				119,000.00		
Tender Form	6,720.00		6,720.00				
Tender Form	15,000.00	10,468,329.00	15,000.00				
Less : Withdrawal During Year							
bank Chg	20.25		(20.25)				
Computer	1,300,000.00			1,300,000.00			
Equipment	1,143,634.00			1,143,634.00			
Building	4,536,331.00			4,536,331.00			
GST Computer	234,000.00					234,000.00	
GST Computer	205,854.00	7,419,839.25				3,254,343.75	
		3,048,489.75					
Retention		81,006.00					81,006.00
		3,129,495.75					
			10,349,308.75	6,979,965.00	119,000.00	3,488,343.75	81,006.00

As per our report of even date attached
For Sanjay Rane and Associates
Chartered Accountants

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

(CA Sanjay Rane)
M No 03785

Place- Mumbai
Dated :13/09/2021
UDIN-21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. MUMBAI

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
M.P.ED.COURSE

Receipts	Amount	Amount	Payments	Amount	Amount
To Balance B/F			By Salary of Teaching Staff	411,700.00	
Cash in Hand	1,105.00		By Salary of Non-Teaching Staff	157,400.00	569,100.00
Cash at Bank A/C. No. 09780100003341	136,760.47	137,865.47			
			By Affiliation Fees	29,500.00	
To Fees Account			By Audit Fees	20,000.00	
To Convocation Fees	6,250.00		By College Development Charges	39,716.00	
To Development Fees	41,503.00		By Contingency	34,506.91	
To Eligibility Fees	1,200.00		By Examination Fees	58,675.00	
To Enrollment Fees			By Stationary Expenses	5,595.00	187,992.91
To Examination Fees	155,575.00				
To Gymkhana Fees	19,600.00		By Honararium Previous Year		54,000.00
To Registration Fees	19,800.00				
To Transfer Certificate Fees	100.00		By BPCA PHD Course		150,000.00
To Tuition Fees	592,900.00				
To University Fees	7,350.00		**By Fixed Assets**		
To Yuva Raksha Fees	980.00	845,258.00	By Aquaguard		10,690.00
To Grants from B.P.C.A		495,000.00	**By GST Input**		6,050.00
To Bank Interest		7,861.00	By Balance C/F		
			Cash in hand	6,521.00	
			Cash at Bank A/C. 09780100003441	501,630.56	508,151.56
Total		**1,485,984.47**			**1,485,984.47**

0.00

As per our report of even date attached

For SANJAY RANE & ASSOCIATES
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated:13/09/2021
UDIN - 21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
M.P.ED.COURSE

Expenditure	Amount	Amount	Income	Amount	Amount
To Salary of Teaching Staff	411,700.00		**By Fees Account**		
To Salary of Non-Teaching Staff	157,400.00	569,100.00	By Convocation Fees	6,250.00	
			By Development Fees	41,503.00	
To Affiliation Fees	29,500.00		By Eligibility Fees	1,200.00	
To Audit Fees	20,000.00		By Examination Fees	155,575.00	
To College Development Charges	39,716.00		By Gymkhana Fees	19,600.00	
To Contingency	34,506.91		BY Registration Fees	19,800.00	
To Examination Fees	58,675.00		By Transfer Certificate Fees	100.00	
To Stationary Expenses	5,595.00	187,992.91	By Tuition Fees	592,900.00	
			By University Fees	7,350.00	
To Depreciation		40,821.25	By Yuva Raksha Fees	980.00	845,258.00
			By Bank Interest		7,861.00
To Excess of Income Over Expenses		550,204.84	By Grants Received from B.P.C.A..		495,000.00
Total		**1,348,119.00**			**1,348,119.00**

As per our report of even date attached

For SANJAY RANE & ASSOCIATES
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated:13/09/2021
UDIN-21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2021.
M.P.ED.COURSE

Liabilities	Amount	Amount	Assets	Amount	Amount
Depreciation Fund :			**Fixed Assets**		
Bal : As per last Balance Sheet	1,323,440.75		(As Per Schedule)		1,570,703.75
Add : Additions during the year	40,821.25	1,364,262.00			
			Advances & Deposit		
Deposits :			Advance to B.Ed.(Phy.) course	60,000.00	
Caution Money	4,760.00		Deposit with B.E.S.T.	15,000.00	
Library	11,940.00	16,700.00	Advance For Expenses	4,000.00	
			B P C A Head Office	42,836.49	121,836.49
Advances and Deposits					
Advance from Cent.Govt. for Research Equipment		75,000.00	**Cash and Bank Balancs**		
			Cash in Hand	6,521.00	
Current Liabilities & Provisions			Saving Account No. 3341	501,630.56	508,151.56
Audit Fees Payable		20,000.00			
Income and Expenditure Account					
Balance as per last Balance Sheet	174,524.96				
Add : Excess of Income over Expenditure	550,204.84	724,729.80			
Total		2,200,691.80	Total		2,200,691.80

As per our report of even date attached

For SANJAY RANE & ASSOCIATES
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated :13/09/2021
UDIN -21037852AAAABI9101

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD. 1935 MUMBAI

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
M P Ed Course
SCHEDULE FIXED ASSETS

SN	Particulars	Deprn	Op Bal	Addition During Year		Total	DEPRECIATION			W D V	
				30.09.2020	01.10.2020		Op Bal	Addition	Total	31.03.2021	31.03.2020
1	Furniture & Fixtures	10	542,141.00			542,141.00	363,354.00	17,878.70	381,232.70	160,908.30	178,787.00
2	Library Books	60	135,025.75			135,025.75	133,808.75	730.20	134,538.95	486.80	1,217.00
3	Research Equipment	60	48,101.00			48,101.00	48,100.00	0.60	48,100.60	0.40	1.00
4	Fans & Fittings	10	108,882.00			108,882.00	83,826.00	2,505.60	86,331.60	22,550.40	25,056.00
5	Audio Visual Aids	60	92,398.00			92,398.00	92,392.00	3.60	92,395.60	2.40	6.00
6	Office Equipments	60	67,464.00			67,464.00	66,254.00	726.00	66,980.00	484.00	1,210.00
7	Sundry Stores	20	1,200.00			1,200.00	1,193.00	1.40	1,194.40	5.60	7.00
8	Comptuer	60	525,124.00	-		525,124.00	494,949.00	18,105.00	513,054.00	12,070.00	30,175.00
9	Aquaguard	15			10,690.00	10,690.00	-	801.75	801.75	9,888.25	-
10	Sports Equipment	60	39,678.00			39,678.00	39,564.00	68.40	39,632.40	45.60	114.00
			1,560,013.75	-	10,690.00	1,570,703.75	1,323,440.75	40,821.25	1,364,262.00	206,441.75	236,573.00

As per our report of even date attached

For SANJAY RANE & ASSOCIATES
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

SANJAY RANE & ASSOCIATES MUMBAI Chartered Accountants

Place- Mumbai
Dated:13/09/2021
UDIN - 21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

BOMBAY PHYSICAL CULTURE ASSOCIATION ESTD 1935 MUMBAI

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDING 31ST MARCH,2021
PH.D.CENTRE

RECEIPT	Amount	Amount	PAYMENT	Amount	Amount
To Opening Balance			To Audit Fees	2,500.00	
Cash in hand	424.00		To Affiliation Fees	29,500.00	
Cash at Bank	152,682.49	153,106.49	To Bank Charges	366.51	
			To Eligibility Fees	220.00	
To Fees			To Enrollment Fees	220.00	
Ashwamedha	540.00		To internet Charges	5,200.00	
Computer Internet	27,000.00		To Honararium	196,000.00	
Development Fee	13,500.00		To Library Journals	36,675.00	
Disaster Relief Fund	270.00		To Registration Charges	3,325.00	
E-Charges Fee	540.00		To University Share	54,000.00	328,006.51
E Suvidha Fees	1,350.00				
Group Insurance	1,080.00		**Addition To Fixed Assets**		
Gymkhakhana Fee	5,400.00		Library Book	6,695.00	
Library Fee	27,000.00		Computer & Laptop	45,106.00	51,801.00
Magazine Fee	2,700.00				
Other Fee/ Extrcurricular Activities)	5,400.00		By GST Payment		8,569.00
Student Welfare	1,350.00				
Tuition Fee	162,000.00		**By Closing Balnce**		
Univeristy Sports and Cultural Activities	810.00		Cash in hand	12,083.00	
Utility Fee	6,750.00		Cash at Bank	364,786.73	376,869.73
Vice Chancellor Fund	540.00	256,230.00			
BPCA M P Ed Course		150,000.00			
ICSSR Research Fund	198,500.00				
Add : Saving Bank interest	4,287.00				
Less : Bank Charges	20.25	202,766.75			
Saving Bank Interest		3,143.00			
		765,246.24			**765,246.24**
					0.00

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No 037852

Place :Mumbai
Dated :13/09/2021
UDIN- 21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH , 2021.
PH.D.CENTRE

Expenditure	Amount	Amount	Income	Amount	Amount
To Audit Fees	2,500.00		By Fees		
To Affiliation Fees	29,500.00		Ashwamedha	540.00	
To Bank Charges	366.51		Computer Internet	27,000.00	
To Eligibility Fees	220.00		Development Fee	13,500.00	
To Enrollment Fees	220.00		Disaster Relief Fund	270.00	
To internet Charges	5,200.00		E-Charges Fee	540.00	
To Honararium	196,000.00		E Suvidha Fees	1,350.00	
To Library Journals	36,675.00		Group Insurance	1,080.00	
To Registration Charges	3,325.00		Gymkhakhana Fee	5,400.00	
To University Share	54,000.00	328,006.51	Library Fee	27,000.00	
			Magazine Fee	2,700.00	
To Depriciation		57,458.93	Other Fee/ Extrcurricular Activities)	5,400.00	
			Student Welfare	1,350.00	
			Tuition Fee	162,000.00	
			Univeristy Sports and Cultural Activities	810.00	
			Utility Fee	6,750.00	
			Vice Chancellor Fund	540.00	256,230.00
			By Bank Interest		3,143.00
			by Excess of Expenses Over Income		126,092.44
		385,465.44			385,465.44

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated -13/09/2021
UDIN-21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
BALANCE SHEET FOR THE YEAR ENDING 31ST MARCH , 2021.
PH.D.CENTRE

Liabilities	Amount	Amount	Assets	Amount	Amount
Depricitation Fund			Fixed Assets		
Balance as per Last B/S	109,110.36		(As Per Schedule)		237,830.00
Add: Additions during the year	57,458.93	166,569.29			
			Loans & Advances		
ICSSR Scholarship Fund			BPCA Head Office		25,493.00
ICSSR Research Fund	198,500.00				
Add : Saving Bank interest	4,287.00		Cash and Bank Balances		
Less : Bank Charges	20.25	202,766.75	Cash in Hand	12,083.00	
			Uco Bank ICSSR 09780110040232	203,766.75	
Advance and Deposits			Uco Bank 5122	161,019.98	376,869.73
Refundable Deposits	49,600.00				
Caution Money	40,000.00	89,600.00			
Audit Fees Payable		2,500.00			
Income and Expenditure Account					
Balance as per last Balance Sheet	304,849.13				
Less: Excess of Expenses over income	126,092.44	178,756.69			
Total		640,192.73	Total		640,192.73

0.00

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated : 13/09/2021
UDIN - 21037852AAAABI9101

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

B.P.C.A'S COLLEGE OF PHYSICAL EDUATION WADALA,
P HD COURSE
SCHEDULE FIXED ASSETS

SN	Particulars	Deprn	Op Bal	Addition During Year			DEPRECIATION			W D V	
					Addition	Total	Op Bal	Addition	Total	31.03.2021	31.03.2020
1	Library Books	60	62,026.00		6,695.00	68,721.00	57,638.46	4,521.02	62,159.48	6,561.52	4,387.54
2	CC TV Camera	15	9,880.00			9,880.00	741.00	1,370.85	2,111.85	7,768.15	9,139.00
3	Computer & Laptops	60	114,123.00		45,106.00	159,229.00	50,730.90	51,567.06	102,297.96	56,931.04	63,392.10
			186,029.00	-	51,801.00	237,830.00	109,110.36	57,458.93	166,569.29	71,260.71	76,918.64

As per our report of even date attached

For Sanjay Rane and Associates
Chartered Accountants

(CA Sanjay Rane)
M.No.037852

Place- Mumbai
Dated -13/09/2021
UDIN - 21037852AAAABI9101

FOR BOMBAY PHYSICAL CULTURE ASSOCIATION

President Gen.Secretary Treasurer

I/C PRINCIPAL
B. P. C. A. 'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 92 A

2022

Campus Environmental Audit- BPCA's College of Physical Education Wadala Mumbai

Navy Blue Energy
NavyBlue Resources Integration and Solutions Pvt Ltd

BPCA's COLLEGE OF PHYSICAL EDUCATION WADALA, MUMBAI-31

List of Activities Responsible for ensuring Quality Culture

Sr.No.	Name of the Activity
1	Conformation of objectives of the institution
2	Prepare five-year prospective plan
3	To carry Academic and Administrative audit
4	Prepare Procedures documents of different area of college
5	Prepared Code of conduct for Students, Teaching and Non-teaching faculty
7	Feedback taken by various stakeholder
8	Prepared rules and regulations for students.
9	Organised faculty development program on 1. online teaching, tools, and technics 2. Group Discussion on NEP2020 3. workshop on Research methodology
10	Social Activities
11	Initiate Green Audit
14	Verification of Template and Documents for NAAC
16	Organization of interschool lazium and hind karandak competition
17	Prepare Year Plan, academic calendar, and teaching plans

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

2019 - 21

Appendix 93

B.P.C.A.'s College of Physical Education, Wadala, Mumbai- 31.

Programme: B.P.Ed. / M.P.Ed-I /M.P.Ed-II

B. Evaluation of Facilities and Programme of the College

NB: Encircle the correct number indicating to what extent the following attributes are present, Wherein the numbers stands for as follows :-

7-Excellent , 6- Good, 5- Above Average, 4- Average, 3- Below Average, 2- Poor, 1– Unsatisfactory

Sr. No.	Facilities	Rating Scale	Sr. No.	Programmes	Rating Scale
1	Playing facilities	1 2 3 4 5 6 7	1	Practice Teaching • Academic subject • Physical Education or • Advance Coaching Lesson	1 2 3 4 5 6 7 1 2 3 4 5 6 7
2	Office Facilities	1 2 3 4 5 6 7	2	Practicals (Phy. Education)	1 2 3 4 5 6 7
3	Lecturer Hall Facilities	1 2 3 4 5 6 7	3	Theory Classes	1 2 3 4 5 6 7
4	Library facilities	1 2 3 4 5 6 7	4	Internal Evaluation system	1 2 3 4 5 6 7
5	Laboratory facilities	1 2 3 4 5 6 7	5	Inter Collegiate Competition	1 2 3 4 5 6 7
6	ICT facilities	1 2 3 4 5 6 7	6	Intramural	1 2 3 4 5 6 7
7	Audio-Visual facilities	1 2 3 4 5 6 7	7	Inter School Competition or Seminars/Discussion	1 2 3 4 5 6 7
8	Hostel Facilities/ Common Room Facility	1 2 3 4 5 6 7	8	Technical Official Classes	1 2 3 4 5 6 7
9	Method Room Facilities	1 2 3 4 5 6 7	9	Scout & Guide Training Camp, Hiking-Trekking or Field Visits	1 2 3 4 5 6 7
10	Toilet, Bathroom & Drinking water facilities	1 2 3 4 5 6 7	10	Annual Athletic Meet or Workshop/Conferences	1 2 3 4 5 6 7
11	Any other suggestions for further improvement :				
	① Canteen facility should be there for college student's.				
	② Ground available for all season'				

Signature of the Student _____ Signature of the Incharge _____

Name of the Student VIVEK B. TIPPIREDDY Name of the Incharge _____

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

Appendix 94 A

B. P. C. A's College of Physical Education, wadala, Mumbai

Report of the Work done by IQAC

Sr No.	Name of the Activity	Details
1	Confirmation of the Objectives in line of vision and mission of the institution for quality enhancement	After the discussion it was decided that the objectives of the institution are though in the alignment of the vision and mission there is need to organise activities, events, and programmes to fulfil the objectives for the quality of the educational render by the institution.
2	Prepare five year prospective plan	The key elements of all the college's prospective plans for the next five years were discussed. Accordingly the prospective plan of the college for the year 2022 to 2023 was prepared and discussed with all the stakeholders and it was uploaded on the website of the college with the approval of CDC committee.
3	Conduct Academic and Administrative audit	The academic and administrative audit of the college was conducted on 3rd December 2020 by IQAC Cluster India.
4	Prepare Policy and Procedures documents of different area of college	A total of 10 policies and procedures including Curriculum Delivery, Evaluation, Research, Sports, Technology, Mentoring, Practice Teaching, Extension, Consultancy and Student Welfare have been prepared and uploaded on the College website after approval of IQAC.
5	Prepared Code of conduct for Students, Teaching and Non teaching faculty	A three-member committee was set up to prepare a code of conduct for teachers and non-teaching staff in the college. After the committee submitted its report, it was presented to the IQAC committee and approved by IQAC committee.
6	Started Conceptual Magazine	The college started Magazine called गतिमान शारिरीक शिक्षण. The first edition was published on July 25, 2020
7	Feedback taken by different stakeholder	Feedback was taken from various stakeholders like students, teachers, employers, alumni and action was taken on it.
8	Organised faculty development program on	Following faculty development program was organized by IQAC 1. Different Teaching Methods 2. Teaching Styles in Physical Education 3. Research Writing 4. Group Discussion on NEP2020

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

9	Social Activities	Various social activities were implemented for the students of "Eklavya Arogya Nyasa' NGO to create social awareness among the students.
10	Initiate Green Audit	Green audit has been initiated through IQAC cluster India
11	Initiate Gender Audit	Although gender sensitivity is considered in various programs and systems of the college, a formal audit has been started by the college.
12	Organised International conference LEAP	The first international seminar was successfully organized in the college
13	Prepare Template for Documentation	Some templates have been created through Iqac for systematic documentation of various activities taking place in the college.
14	Started Special program for All students: PRIDE-Personal Responsibility in Delivering Excellence	IQAC has planned and implemented a special program to inculcate various values in the students and make them self reliant.
15	Organization of Obstacle Race	The obstacle race was successfully organized by the college to promote and spread awareness among school and college students.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI 400 031

Report of the Work done by IQAC

Ser.no.	Name of the activity	Details
1	Prepare five year prospective plan	The key elements of all the college's prospective plans for the next five years were discussed. Accordingly, the prospective plan of the college for the year 2022 to 2023 was prepared and discussed with all the stakeholders and it was uploaded on the website of the college with the approval of CDC committee.
2	Provided financial flexibility for paying the fees	The IQAC in meeting decided that due to the lockdown the learners are facing problem related to finance specially the learners residing in the rural and tribal areas. The members of the IQAC they decided to provide flexibility in paying the fees in slots from Rs.3000 onwards. .
3	Prepare Policy and Procedures documents of different area of college	A total of 05 policies and procedures including Evaluation, Research, Sports, Technology, Mentoring, Consultancy and Student Welfare have been prepared and uploaded on the College website after approval of IQAC.
4	Prepared Code of conduct for Students, Teaching and Non-teaching faculty	A three-member committee was set up to prepare a code of conduct for teachers and non-teaching staff in the college. After the committee submitted its report, it was presented to the IQAC committee and approved by IQAC committee.
5	Started Conceptual Magazine	The college started Magazine called गतिमान शारिरीक शिक्षण. The first edition was published on July 25, 2020
6	Feedback taken by different stakeholder	Feedback was taken from various stakeholders like students, teachers, employers, alumni and action was taken on it.
7	Organised faculty development program on	Following faculty development program was organized by IQAC 1. Different Teaching Methods 2. Teaching Styles in Physical Education 3. Research Writing 4. Group Discussion on NEP2020
8	Training of online teaching of theory and practical	Two days workshop was conducted in the month of august to acquaint faculty to online mode of teaching with various online tools for teaching theory and practical aspects .

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

BOMBAY PHYSICAL CULTURE ASSOCIATION'S COLLEGE OF PHYSICAL EDUCATION, WADALA, MUMBAI 400 031

Report of the Work done by IQAC

Ser.no.	Name of the activity	Details
1	Prepare Document of student induction	The key elements of all the colleges are student they must be aware about the entire events, activities, curricular, co-curricular and other relevant activities maintained in the syllabus. Therefore, the induction program must be conducted with proper document.
2	Conduct Academic and Administrative audit	The academic and administrative audit of the college was conducted on 3rd December 2020 by IQAC Cluster India.
3	Prepare Policy and Procedures documents of different area of college	A total of 10 policies and procedures including Curriculum Delivery. Evaluation, Research, Sports, Technology, Mentoring, Practice Teaching, Extension, Consultancy and Student Welfare have been prepared and uploaded on the College website after approval of IQAC.
4	Prepared rules and regulation for Students	A three-member committee was set up to prepare rules and regulation for student about their behaviour with respect to various departments. After the committee submitted its report, it was presented to the IQAC committee and approved by IQAC committee.
5	Feedback taken by different stakeholder	Feedback was taken from various stakeholders like students, teachers, employers, alumni and action was taken on it.
6	Organised faculty development program on	Following faculty development program was organized by IQAC 1. Different Teaching Methods 2. Teaching Styles in Physical Education 3. Research Writing 4. Group Discussion on NEP2020

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

ACTION TAKING REPORT

Action reports on the decision of the IQAC meeting held on 18/12/2020.To implement the decision of the above mentioned meeting of the IQAC. The following actions were taken.

SR.NO	DECISION	ACTION TAKEN
1.	Curriculum planning	It was decided to revise the curriculum planning with respect to practical & theory by considering present online teaching mode. To carry out smooth functioning of transaction of theory as well as practical. A committee was formed under the chairmanship of principal with the incharge of practical and theory and accordingly revised plan was prepared.
2.	Cet Cell Report(College)	As per the discussion held the new batch will commence only after admission of 50% of students for the first year program.
3.	Preparation of procedures/policy	It was decided to prepare procedures/policies on research mentoring evaluation practice teaching & research which are the important aspects of teaching learning. A committee under the of principal were formed to decide on these procedure/policies. The prepared procedure/policies were discussed and finalized.
4.	Online conference	To update and orient research scholars with respect to statistical aspects and methodology. It was decided to conduct online conference and same was conducted in the month of January 2021.
5.	Offline teaching	It was decided to clean and sanitize the various departments, laboratories, classroom, library as per the SOP received from the government and university. Accordingly, various department of the college as well as the exterior part of the building were clean and sanitized

This report is to be presented in the next IQAC meeting for its approval and feedback.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

Principal & chairman of the IQAC

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

ACTION TAKING REPORT

Action reports on the decision of the IQAC meeting held on 06/02/2021.To implement the decision of the above-mentioned meeting of the IQAC. The following actions were taken.

SR.NO	DECISION	ACTION TAKEN
1.	Curriculum planning	As decided earlier the modified and revised curriculum plan be continued till the new SOP from the respective department/authority received. The plan was executed and conducted.
2.	Effectiveness of program	It was decided the teachers should read cLOs & pLOs before the beginning of the new session of online teaching and should adopt new strategies & techniques of online teaching. Accordingly teachers initiated using various modes/techniques/strategies in their online teaching learning process.
3.	Preparation of NAAC	It was decided to formulate NAAC core committee for the preparation of 4Th cycle of NAAC in the year 2022. Accordingly, the core NAAC committee was formed under the chairmanship of principal. The said committee will communicate the faculty and orient them regarding the new procedure of assessment of NAAC.

This report is to be presented in the next IQAC meeting for its approval and feedback.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

Principal & chairman of the IQAC
PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

ACTION TAKING REPORT

Action reports on the decision of the IQAC meeting held on 14/04/2021.To implement the decision of the above mentioned meeting of the IQAC. The following actions were taken.

SR.NO	DECISION	ACTION TAKEN
1.	Online university examination	It was decided that the theory and practical incharge should circulate notice regarding the preparation of course wise question bank and circulate the same on student whatsapp group. The notice was prepared and circulated to all the faculties for further needful action.
2.	Internal assessment- BPED & MPED	As per decision taken the internal assessment for both theory and practical of UG & PG program respectively was conducted in the month of may.
3.	Interaction with PhD scholars	As discussed in the above mentioned meeting the students admitted in the year 2019-20 to research center the interaction was conducted to inform them about presentation of methodology and other required aspects of their research topics.
4.	Academic calendar	As per discussion held the respective incharge of theory & practical of BPED & MPED program respectively, prepare the academic calendar for the year 2021-22.

This report is to be presented in the next IQAC meeting for its approval and feedback.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

Principal & chairman of the IQAC

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

ACTION TAKING REPORT

Action reports on the decision of the IQAC meeting held on 21/11/2021.To implement the decision of the above-mentioned meeting of the IQAC. The following actions were taken.

SR.NO	DECISION	ACTION TAKEN
1.	Reopening and induction program	It was decided to reopen both BPED & MPED program on offline mode from 16/11/21. Accordingly the time table was prepared for both the program and after the gap of around 18 months the college was reopened on 16th November 2021 . On the first day the faculty along with members of the alumni conducted induction program for the students.
2.	Academic calendar	As discussed in the earlier meeting the IQAC coordinator along with the in charge of theory and practical of MPED & BPED program respectively prepared the academic calendar for the year 2021-22 and after discussion it was finalized.
3.	Orientation	As decided earlier the admitted students in the year 2021 for the year 2022 be oriented for the clear understanding of the internal assessment program the physical education activities the orientation program was conducted by respective in charge.
4.	Duration BPED & MPED program	It was decided to increase the timing of the college for one hour so as to orient the activities and the important events during semester 1 and 2. Accordingly the college timing was increased by one hour and the time table was prepared and circulated along with the notice.

This report is to be presented in the next IQAC meeting for its approval and feedback.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

Principal & chairman of the IQAC

PRINCIPAL
B. P. C. A.'S
College of Physical Education
Wadala, Mumbai - 400 031.

UNIVERSITY OF MUMBAI

Certificate Course in Personal Fitness Training

(With Effect from the Year 2016-17)

INTRODUCTION:

Health & Fitness Science is still in an infant stage in our country. But it has proved to be of vital importance for enhancing athletic performance as well as individual fitness irrespective of health barriers in scientific manner.

The course includes theoretical and practical knowledge of Health, Anatomy, Physiology, Fitness, Medicine, Nutrition and Psychology which influences decision regarding improvement of fitness and performance level of athletes. It also renders its influence on the activity level and fitness of individuals of all ages. The Certificate Course in Personal Fitness Training (CCPFT) offers knowledge and Skills including varied means of promoting the same on individual basis.

OBJECTIVES:

1. To prepare professionals in Personal Fitness Training.
2. To enhance the quality of Physical Education Teachers through the value added course.
3. To understand the basic concept of Fitness Training.
4. To enable the learner to understand the basic structure and function of human body.
5. To acquire the knowledge regarding effect of exercise on the body as a whole.
6. To understand the Biomechanical aspect of Exercise.
7. To study the posture related deformities and corrective exercises.
8. To understand and learn practical aspects in exercise training.
9. To acquire the knowledge pertaining to the legal issues and documentation
10. To study the principles of training related to exercise.
11. To study and learn the anthropometry and fitness related tests.
12. To study the basics of Nutrition, weight management and safety measures.

CERTIFICATE

We here by certify that we carried out Green Audit in the BPCA's College of Physical Education Wadala-Mumbai, between 7th to 10th March and following Observations were presented below. The Management is pro-active towards Green Initiative by Harvesting, Solar Energy project planning, Planting Trees, Better water conservation, Waste Management, Carbon Foot Print; A continual improvement in Green Initiative is appreciated. We appreciate the efforts of the campus management this regard.

Navy Blue Resources Integration & Solutions Pvt. Ltd. Navi Mumbai

Pravin J. Awatade
BEE-CEM/CEA
EA-28824

BPCA's
COLLEGE OF PHYSICAL EDUCATION
WADALA, MUMBAI-400031

ENERGY POLICY

Statement of policy

The policy of CACPE is to conserve natural environment, develop sustainable solutions, innovations and control energy consumption in order:

- To build awareness among students about conservation of natural resources and development of sustainable environments for National prosperity
- To adopt fair, ethical and environmentally friendly approach

Specific

Measures Measures & practices regarding Water conservation

Objective- To inculcate the habit of water conservation, optimum water use etc

1. Sports fields and arenas need
2. watering for maintenance. This watering is done manually to prevent excessive and unnecessary use of water. It should be done only when essential and sparingly.
3. Frequency of such watering should be kept at its minimum to avoid wastage.
4. Watering the sports fields will not be watered during the rainy season, unless needed.
5. General use/Drinking water taps should be turned off when not in use and they should be opened half way so that water is not wasted
6. Bathroom, latrine use of water should be properly done and taps should be closed after use.
7. All the taps are fixed with aerators to control the pressure, thus saving water.
8. The hostel students should turn off the taps/showers when not in use. Use water judiciously.
9. All the college members should carry refillable water bottles
10. Any leakage should be immediately reported to the estate manager/office so as to sort the issue in time.

Objective- To sensitize about conservation of energy

1. Use of energy efficient light bulbs such as CFL/LED for lighting & reducing energy is done.
2. Make use of natural light from windows and skylights. It is advised that artificial light will be used only when necessary

3. The lights in the unoccupied rooms should not be on. A reminder is placed in each room to turn off the lights when the room is unoccupied.

4. The members should ensure that the computers, monitors, printers, copiers are turned off when not in use.

5. Hostel members are not allowed to use personal water heaters or any electrical appliances.

6. When purchasing new office equipment, preference is given to equipment with ENERGY STAR. It is recommended that energy saving, automatic power down equipment be purchased.

Objective- To create awareness about eco-friendly & sustainable environment

1. The institute ensures to maintain a green campus by maintaining eco-friendly and eco sensitive campuses.

2. The campus boasts of more than 1000 trees of huge variety that leads to a sustainable environment.

3. The variety of trees ensures biodiversity and green campus hosting a variety of species in the ecosystem.

4. Regular tree plantation drives are organized from time to time.

5. The management ensures that there are enough empty spaces.

6. The dry leaves are used for mulching of the trees and wherever needed.

7. A composting unit is in place for recycling the waste, the compost is used as fertilizer for the trees.
8. Plastic free campus- institute tries to minimize the use of plastic.

9. Guests of functions are presented with saplings as and when possible.

10. There is a marked no vehicle zone in the campus. Campus visitors are supposed to park their vehicles in specified locations before entering the no vehicle zone.

11. College encourages use of bicycles for commuting, special days are celebrated.

12. The e-waste produced, if functioning, is given away to needy people for their use, the rest is sold off. Unnecessary purchase is avoided.

13. Paper is used judiciously. For regular printing, the college prints on blank sides of used papers, thus saving papers and needing to buy less quantity.

14. Classrooms have reminder boards to check and turn off the projector/lights/fans/computers and the windows before leaving them.

IQAC COORDINATOR
BPCACPE
Wadala, Mumbai - 400 031.

PRINCIPAL
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College of Physical Education
Wadala, Mumbai - 400 031.

शिक्षण विभाग (प्राथमिक), जिल्हा परिषद, ठाणे.

email : ednprim1@gmail.com | कार्यालय दूरध्वनी ०२२-२५३६२४४५/२५३३३३८३

जा.क्र.ठाजिप/शिक्षण/प्राथ/नियो-५/वशी/ ७३२
शिक्षण विभाग, (प्राथ.) जिल्हा परिषद ठाणे.
दिनांक – २० / १२ /२०१८

प्रति,
मा. प्राचार्य,
शारीरिक शिक्षण महाविदयालय,
वडाळा, मुंबई

विषय :- जिल्हास्तरीय क्रीडास्पर्धासाठी पंच उपलब होण्याबाबत.

उपरोक्त विषयांन्वये शैक्षणिक वर्ष सन २०१८-२०१९ साठी ठाणे जिल्हास्तरीय क्रीडास्पर्धा आदर्श विदयालय, कुळगाव बदलापुर जि. ठाणे येथे दिनांक ०८/०१/२०१९ रोजी आयोजित करण्यात आले आहेत.

सदर क्रीडास्पर्धासाठी कबड्डी (मुले/मुली), लंगडी (मुले/मुली), लांबउडी (मुले/मुली), लेझीम (मुले/मुली), १०० मीटर धावणे, ५० मीटर धावणे (मुले/मुली), संगीत खुर्ची (मुले/मुली), आणि २५ x ४ रिले (मुले/मुली), इत्यादी सांघिक व वैयक्तिक खेळ समाविष्ट आहे. तसेच पाच तालुक्यांचे लेझीम पथकांचे प्रात्यक्षिकांचे आयोजन केले असून त्या दृष्टीने आपल्या शारिरीक शिक्षण महाविदयालयातील विदयार्थी क्रीडा प्रकारनुसार पंच म्हणून उपलब्ध करुन देवून दरवर्षी प्रमाणे सहकार्य करावे ही विनंती.

कळावे

शिक्षणाधिकारी, (प्राथमिक)
जिल्हा परिषद ठाणे.

।। बाल देवो भव ।।

शिशु विहार मंडळ संचालित

ताराबाई मोडक अध्यापक विद्यालय

Jr. College of Education

Govt. Permanent No 17612 dt. 27-2-1975
Approved by NCTE. Bhopal Code No. 112098

लखमसी नप्पू मार्ग, हिंदू कॉलनी, दादर, मुंबई - १४. फोन : २४१४ ४० ९४ / २४१४ २३ २४

पत्र क्रमांक : तामअवि/ 17/64 दिनांक : 10/1/2019

प्रति,
प्राचार्य,
शिक्षणशास्त्र अध्यापक महाविद्यालय,
(बी.पी.एड. कॉलेज),वडाळा,मुंबई.

विषय – आंतर अध्यापक विद्यालय खो.खो. च्या सामन्यासाठी पंच मिळणेबाबत.

महोदय,

आमच्या प्राचार्य सेवा संघातर्फे मंगळवार दिनांक २९/१/२०१९ रोजी शिवाजी पार्क येथील समर्थ व्यायाम मंदिराच्या प्रांगणात खो.खो. चे सामने आयोजित केले आहेत. (सामने सकाळी ७ ते १२ या वेळेत होतील) या सामन्यासाठी आपल्या अध्यापक महाविद्यालयाचे चांगले प्रशिक्षणार्थी पंच म्हणून दयावेत ही विनंती.

प्राचार्य
ताराबाई मोडक अध्यापक विद्यालय

प्राचार्य
ताराबाई मोडक अध्यापक विद्यालय

RAHUL SHEWALE
Member of Parliament
(Lok Sabha)
Mumbai - South Central Constituency
MEMBER :
- Parlimentary standing Committee on Urban Development
- Railway Convention Committee
- Consultative Committee for the Ministry of Chemicals & Fertilizers
- Telephone Advisory Committee, Mumbai.

सत्यमेव जयते

DELHI OFFICE :
167, South Avenue, New Delhi - 110 011
Telefax : 011 -23794726
E-mail : rr.shewale@sansad.nic.in

MUMBAI OFFICE :
101-102, Eastern Court, S.T.Road,
Chembur, Mumbai- 400 071.
Tel.: 022-25291001 • Fax : 022-25221001

RS/132/10/18

दि. ०५/१०/२०१७

Received 21.10.18
Inward 75
Files permission file

प्रति,
व्यवस्थापक,
भारतीय क्रिडा मंदिर स्पोर्टस् कॉम्प्लेक्स,
वडाळा, मुंबई.

यांस सस्नेह जय महाराष्ट्र !

विषय : सांस्कृतिक कार्यक्रमासाठी मैदान आरक्षित करण्याबाबत.

महोदय,

शनिवार दि. १७ नोव्हेंबर २०१८ रोजी महिलांसाठी ''खेळ मांडिला'' या खेळाचे आयोजन करण्यात येणार आहे. या कार्यक्रमास होम मिनिस्टर फेम मा.श्री. आदेशजी बांदेकर हे उपस्थित राहणार आहेत.

तरी भारतीय क्रिडा मंदिर, स्पोर्टस् कॉम्प्लेक्सचे क्रिडांगण आरक्षित करून सहकार्य करावे ही विनंती.

धन्यवाद !

आपला स्नेहांकित

RShewale

राहुल रमेश शेवाळे
खासदार

आदेश बांदेकर -
9892861495

permission file

Mumbai Resi.: "Shivtirth", 10-B/12, B.A.R.C., New Mandala Colony, Opp. Gate No.6, Sion-Trombay Road, Mumbai- 400 088.
E-mail : mprahulshewaleforu@gmail.com

MARWARI VIDYALAYA SANCHALIT

SMT. KAMALADEVI GAURIDUTT MITTAL COLLEGE OF ARTS & COMMERCE

Accredited by NAAC B+

Near Liberty Garden ,Nahar Nagar Malad (W), Mumbai – 400 064.

Tel. No. 2882 1673 .Tele fax: 2882 2452. **E-mail:** mittalcollege@rediffmail.com

Date : 18th Jan,2020

NO. 287/2019-20

To,
The Principal
B.P.C.A'S
College of Physical Education
Wadala,

Respected Sir/Madam,

Sub: Request to depute your teachers as Referees for our Annual Sports Meet.

With reference to the above subject, I have to kindly request you to depute eight teachers from your college to act as referees for our Annual Sports Meet on 23.01.2020 from 8.30 a.m. to 2.00 p.m. at Prabhodhankar Kridhabhavan,Goregaon West, Mumbai.

Thanking you in anticipation,

PRINCIPAL
SMT.K. G. MITTAL COLLEGE OF ARTS & COMMERCE
Nahar Nagar, Near Navy Nagar,
Malad (West), Mumbai - 400 064

Permission till
20/3/2020

The Stephen High School for the Deaf and Aphasic

Regd. Bombay Public Trust Act. 1950 (Recognised by the Govt.)
Plot No. 898, S. K. Bole Road, Prabhadevi,
Next to Bank of Baroda, Dadar (West), Mumbai - 400 028.
Ph.: (022) 2432 1572 - Email : stephenhsdf@gmail.com
www.stephenhighschoolfordeaf.org

CARE FOR THE DEAF

23/09/2019

To,
The Principal,
Bombay Physical Culture Association College,
Wadala West,
Road No. 37,
Sahakar Nagar,
Mumbai – 400031.

Received On 26.9.19
Inward No 44
Files Name permission

Respected Sir,

Greetings of the season!

On behalf of the students, faculty, staff and administration at The Stephen High School for the Deaf and Aphasic. Thank you for deputing two officials for our event.

Looking forward for your continued contribution and support to our Interschool Sports and Games Meet.

Thank you.

Yours sincerely,

Principal.
Headmistress
The Stephen High School
for the Deaf & Aphasic
Prabhadevi, Dadar (W)
Mumbai 400 028

Permission till

PEOPLE'S EDUCATION SOCIETY'S
DR. AMBEDKAR COLLEGE OF COMMERCE & ECONOMICS
Founder : Bharat Ratna Dr. B. R. Ambedkar
M.A., Ph.D., D.Sc. (London), LL. D. (Columbia), D. Lit. (Osmania), Bar-at-Law

Secretary, P. E. Society
Dr. D. J. Gangurde
M.Com., LL.M., Ph.D.

Principal & Research Guide :
Dr. Siddharth R. Kamble
M.Com., D.H.E., LL.B.(Gen.), M.Phil., Ph.D.

Accredited B+ Grade By "NAAC"

Chairman, P. E. Society
Shri. Ramdasji Athawale
Minister of State for Social Justice & Empowerment (Govt. of India)

Dy. Chairman, P. E. Society
Adv. Ashok G. Talwatkar
B. A., LL.B., DJPR

TILAK ROAD EXTENSION, OPP. BEST BUS DEPOT, WADALA, MUMBAI - 400 031. ☎ Prin. : 65513600, Off. : 65513604, Fax : 022-24147798
E-mail : drambedkarcollege@yahoo.co.in
Website : www.ambedkarcollege.net

Ref No:- COM/_____/2019-2020 Date :- 13th September , 2019

To,
The Principal,
BPCL, Wadala,
Mumbai – 400 031.

Sub.: Kabbadi Mat.

Sir,
With reference to the above subject, please lend us kabbadi mat for three days. There mats are required to practice over it as D.S.O. matches at kabbadi are schedules on 16/09/2019.

I assure you to return it in safe condition as our practice overs.

Thanking you,

kos available
Permission file
18/9/19

Yours Truly

PRINCIPAL

Principal
Dr. Ambedkar College Of Commerce And Economics
Wadala, Mumbai - 400 031.

महाराष्ट्र शासन

जिल्हा क्रीडा अधिकारी कार्यालय,मुंबई शहर

भारतरत्न राजीव गांधी जिल्हा क्रीडा संकुल ,सायन पश्चिम,धारावी,मुंबई-१७

Email-ID dsomumbaicity@gmail.com दूरध्वनी क्रमांक 8655032373

जा.क्र.जिक्रीअ/मुं.श/शा.शा.क्री.स्प/२०१९-२०/ का - ५ दिनांक :- 27/8 /२०१९

प्रति,

मा. प्राचार्य
भारतीय क्रीडा मंडळाचे
बी.पी.सी.ई. फिजीकल
कॉलेज वडाळा. मुंबई.

Received On 27.8.19
Inward No. 85
Files Name Permission file

विषय :- जिल्हास्तरीय / ~~विभागीय~~ शालेय जिम्नॅस्टिक क्रीडा स्पर्धा सन २०१९-२० करीता मैदान / हॉल इ. सुविधा उपलब्द करुन देणेबाबत.....

महोदय,

महाराष्ट्र शासनाच्या शालेय शिक्षण व क्रीडा विभागामार्फत जिल्हा क्रीडा परिषद, व जिल्हा क्रीडा अधिकारी कार्यालय, मुंबई - शहर द्वारा सन २०१९-२० या शैक्षणिक वर्षातील १४,१७,१९ मुले / मुली वयोगटातील जिल्हास्तरीय / विभागीय शालेय...जिम्नॅस्टिक..... क्रीडा स्पर्धेचे आयोजन दि. 25/9/2019.....ते दि.28/9/2019 .....२०१९ या कालावधीत ....बी.पी.सी.ई. कॉलेजचे जिम्नॅस्टिक हॉल येथे करण्याचे निच्छित झालेले आहे.

सदर स्पर्धेचे आयोजन करण्याकरीता आपल्या अधिपत्याखालील..जिम्नॅस्टिक हॉल ~~मैदान~~/ हॉल (आखणीसह) आवश्यक क्रीडा साहित्य, खेळाडूंना कपडे बदलण्यासाठी(मुले / मुली) स्वतंत्र खोली, प्रसाधनगृह, पिण्याच्या पाण्याची व्यवस्था, प्रथमोपचार पेटी इत्यादी उक्त कालावधीत विनामुल्य उपलब्द करुन शासकिय शालेय क्रीडा स्पर्धा यशस्वी पार पाडण्याकरीता सहकार्य करावे, अशी आपणांस विनंती आहे.

सहकार्याच्या अपेक्षेसह, धन्यवाद !

जिल्हा क्रीडा अधिकारी
मुंबई- शहर

जिल्हा क्रीडा अधिकारी
मुंबई सहर

प्रत महितीस्तव सविनय सादर

१. मा. जिल्हाधिकारी तथा अध्यक्ष, जिल्हा क्रीडा परिषद, मुंबई – शहर.

२. मा. शिक्षणाधिकारी, माध्यमिक / उच्च माध्यमिक जिल्हा परिषद, मुंबई – शहर.

Permission file

Received On 26.8.19
Inward No. 34
File Name permission file

आमदार डॉ. सुधीर तांबे

नाशिक पदवीधर मतदार संघ.
सदस्य, विधान परिषद, महाराष्ट्र राज्य.

सत्यमेव जयते

जावक क्र. 259/2019

दिनांक 23/08/2019

विषय : विनाअनुदानित उच्च. माध्यमिक संगमनेर तालुका जि.अहमदनगर येथील शिक्षकांना मोफत राहण्याची व्यवस्था करणेबाबत...

महोदय,

संगमनेर तालुक्यातील विनाअनुदानित उच्च. माध्यमिक शिक्षकांमध्ये २० महिला शिक्षक व ४० पुरूष शिक्षक हे सोमवार दि.२६/०८/२०१९ रोजी, आझाद मैदान, मुंबई येथे आंदोलनांसाठी येणार आहोत.

तरी संगमनेर तालुक्यातील विनाअनुदानित उच्च माध्यमिक शिक्षकांची, मुंबई शारीरिक शिक्षण मंडळाचे शारीरिक शिक्षण महाविद्यालय, वडाळा मुंबई येथे दि.२६/०८/२०१९ रोजी निवासाची मोफत व्यवस्था करणेकामी सहकार्य करावे ही विनंती.

कळावे,

आपला,

(डॉ.सुधीर तांबे)

प्रति,
मा.अध्यक्ष / प्राचार्य सो.,
मुंबई शाररिक शिक्षण मंडळाचे,
शाररिक शिक्षण महाविद्यालय,
वडाळा मुंबई. ४०००३१

permission file

ऑफिस : जयहिंद कार्यालय, नविन अकोले रोड, संगमनेर, जि. अहमदनगर. टेलिफॅक्स : +९१२४२५ – २२५६८८,
मोबा. ९८२२०६१३३२, व्हाटस् ॲप नंबर ७७२०९३२५०७. पिन कोड – ४२२ ६०५ E-mail : drsudhirtambe@rediffmail.com

Uttan Vividh Lakshyee Shikshan Sanstha's

RAM RATNA VIDYA MANDIR

English Medium Co-education Residential & Day Boarding School.

C.B.S.E AFFILATION NO.: 1130044

CERT ISO 9001 | INTERNATIONAL SCHOOL AWARD | Educomp

To,

Date:23/08/2019

The Principal
B.P.C.A's College,
College of Physical Education,
Wadala,
Mumbai 400 030.

Received On 23.8.19
Inward No 33
Files Name permission file

Subject: Student official required for Inter-School Sports.

Respected Sir/Madam

We wish to inform you that on 30th August 2019 our school is going to organize **"VVSSC Inter School Sports Meet 2019-20"** at our institution. Therefore to make event successful, we required 16 B.P.Ed or M.P.Ed Students for the officiating of the tournament. Requirement of official as game wise is as follow:

6. Volleyball	03 Boys and 02 Girls	Total 05
7. Football (5 a side)	03 Boys and 02 Girls	Total 05
8. Carrom	02 Boys or Girls	Total 02
9. Chess	02 Boys or Girls	Total 02
10. T.T.	02 Boys or Girls	Total 02

We will be going to provide them T.A., Pick up & Drop from Bhayandar Railway Station, Food (Breakfast, Lunch and Snack) and Certificate.

Reporting time: 08:00am to 05:00pm

Venue: Ram Ratna Vidya Mandir
Keshav Srushti, Uttan Road,
Bhayandar (West)

10 to 12 — 10 to 12 + 2 to 5

Thanking You.

KAVITA SINGH
PRINCIPAL

KAVITA SINGH
PRINCIPAL
RAM RATNA VIDYA MANDIR
AN ISO 9001:2015 CERTIFIED INSTITUTION
CBSE AFFILIATION NO. 1130044
KESHAV SRUSHTI, UTTAN,
BHAYANDAR (W), DIST. THANE - 401 106

30/8/19 - 8:00 AM
10-12

- Event pamphlet permission file

6396629061 Ajay Sharma
Teacher.

Keshav Srushti, Gorai Road, Uttan, Bhayandar (W), Dist. Thane-401106, Maharashtra India.
Tel. +91 - 22 - 28450707, 28451681, 09833718336 Fax : +91 - 22 - 2845 0500

The Mumbai Suburban District Athletic Association

MSDAA

(Affiliated to Maharashtra Athletic Association)
Registered under Bombay Public Trust Act 1950, cert. E-14833 GBBSD DIT (E)

OFFICE :
izvi House,
Hill Road,
andra (W),
bai 400 050.
: 30905480

RESIDENT
tar Hasan Rizvi
nber of Parliament
ya Sabha)

Received On 17.7.19
Inward No. 28
Files Name permission file

To
The Principal,
B.P.C.A's College of Physical Education,
Bharatiya Krida Mandir,
Wadala,
Mumbai 400031.

Sub: Annual Athletic Meet of M.S.D.A.A. on 25th & 26th July 2019.

Dear Sir,

Mumbai Suburban District Athletic Association was established way back in 1983, with the aim to promote, organize and conduct various sports activities in the Eastern and Western Suburbs of Mumbai. The entire region from Bandra to Dahisar in the Western Suburbs and Sion to Mulund in the Eastern Suburb comes under the jurisdiction of the M.S.D.A.A.

M.S.D.A.A. is organizing the Annual Championship 2019-20 on 25th & 26th July 2019 at the Sports Authority of India Grounds Kandivali (E). Around 200 events will be conducted for the Age Groups of 14 to 20 years both for Boys & Girls. It will attract over 1500 entries and large number of spectators for the 2 days.

In the light of the above, we would like to request you to kindly depute 15 Trainees of your College (students) to assist us in the above Meet for both the days. This practical experience will help them to be good teachers in the future.

We shall provide them the Hospitality, Travelling Allowance as well as a Certificate.

Smt. Chougule
closed/duty
17/7/19

All correspondence to be addressed to
Rizvi House, Hill Road, Bandra (W), Mumbai 400 050
Tel. : 30905480

Hind Trophy Inter School Competition

Dattaram Lad Inter School Lezium Competition